

SEPTEMBER 2017

BRINGING MEADOWLARK PARK RESIDENTS TOGETHER

# the MEADOWLARKER

THE OFFICIAL MEADOWLARK PARK COMMUNITY NEWSLETTER





# Bruce Miller

BSc, BSc Psych, CCS, CNE  
EXECUTIVE PLATINUM AWARD

B: 403.294.1500  
 F: 403.266.0941  
 C: 403.667.1441  
[www.brucemiller.ca](http://www.brucemiller.ca)

#100 707 10 Ave SW Calgary, AB T2R 0B3

Long Term Inner City Resident

LEADING REAL ESTATE COMPANIES OF THE WORLD

# SAFETYSYNC

Manage Your Workplace Safety

[safetysync.com](http://safetysync.com)

# Linda Johnson

FOR CALGARY WARD 11

- Listen to the feedback, concerns, and questions in Ward 11 – and represent those interests in the decision making process.
- Collaborate with community groups, residents, and governments at all levels to deliver policy results that builds sustainable and vibrant Ward 11 neighborhoods.
- Support Calgary's entrepreneurial spirit and invest in a future that continues to make this city the best place to live while respecting our economic realities.

[lindajohnson.ca](http://lindajohnson.ca)



 @lindajohnsonyyyc

28 YEARS

Did you know that your restaurant can put a menu in our newsletter?

YOUR INSERT HERE

Turn local residents into local customers.

Contact us:  
403-263-3044  
[sales@great-news.ca](mailto:sales@great-news.ca)

87 Monthly Community Newsletters  
391,000 Households

# CONTENTS

5	CASINO
7	MPCA ADVISORY COMMITTEE
10	SOUTH WEST COMMUNITIES RESOURCE CENTRE
11	GET TO KNOW YOUR LOCAL FARMER'S MARKET: ALBERTA APPROVED AND PUBLIC
13	TAKE ON WELLNESS: BACK TO SCHOOL HEALTH CHECKLIST
16	MP KENT HEHR'S REPORT
17	MLA GREG CLARK'S REPORT
18	COUNCILLOR BRIAN PINCOTT'S REPORT
19	AT A GLANCE







**MEADOWLARK PARK  
COMMUNITY ASSOCIATION**

623-58 Ave SW, Calgary, AB T2V 4X5  
Phone: 403.252.0737 • Fax: 403.255.1407  
www.meadowlarkpark.org • info@meadowlarkpark.org  
Delivered monthly to 1,500 households and businesses for 2 years!

**Editorial Submissions**  
kcamarta@gmail.com  
All editorial content must be submitted by the 1<sup>st</sup> of the month for the following month's publication.

**Advertising Opportunities**  
403-263-3044 | sales@great-news.ca  
All advertisements must be submitted by the 1st of the month for the following month's publication.

**Published by Great News Publishing**  
Serving Calgary communities for 28 years  
87 newsletters reaching over 391,000 households in Calgary and surrounding areas.

#34-4550 112 Ave SE  
Calgary, AB  
T2C 2K2

Check out our website:  
[www.great-news.ca](http://www.great-news.ca)



*The opinions expressed within any published article, report or submission reflect those of the author and should not be considered to reflect those of the Meadowlark Park Community Association and Great News Publishing.*  
*The information contained in this newsletter is believed to be accurate, but is not warranted to be so.*  
*The Meadowlark Park Community Association and Great News Publishing and do not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.*

**IMPORTANT NUMBERS**

ALL EMERGENCY CALLS		911
Alberta Adolescent Recovery Centre	403-253-5250	
Alberta Health Care	403-310-0000	
AHS Addictions Hotline	1-866-332-2322	
ATCO Gas – 24 Hour Emergency	403-245-7222	
Calgary HEALTH LINK 24/7	811	
Calgary Police – Non Emergency	403-266-1234	
Calgary Women’s Emergency Shelter	403-234-7233	
Child Abuse Hotline	1-800-387-5437	
Kids Help Line	1-800-668-6868	
Child Safe Canada	403-202-5900	
Distress/Crisis Line	403-266-4357	
ENMAX – Power Trouble	403-514-6100	
Poison Centre - Alberta	1-800-332-1414	
HOSPITALS / URGENT CARE		
Alberta Children’s Hospital	403-955-7211	
Foothills Hospital	403-944-1110	
Peter Lougheed Centre	403-943-4555	
Rockyview General Hospital	403-943-3000	
Sheldon M. Chumir Health Centre	403-955-6200	
South Calgary Urgent Care Health Centre	403-943-9300	
South Health Campus	403-956-1111	
OTHER		
Calgary Humane Society	403-205-4455	
Calgary Parking Authority	403-537-7000	
SeniorConnect	403-266-6200	
Calgary Kerby Elder Abuse Line	403-705-3250	
Alberta One-Call Corporation	1-800-242-3447	
City of Calgary	311	
Social Service Info & Referral	211	
Community Mediation Calgary Society	403-269-2707	
RNR Lockworks Ltd.	403-479-6161	
Road Conditions – Calgary	511	
Weather Information		
Gamblers Anonymous	403-237-0654	



**Great news everyone - our  
January casino revenue has  
come through!**

Casino events are hosted by our community every 18 months. Revenue from these events are earmarked for “beautification” of our neighbourhood. After this year’s revamp of the community centre parking lot, funds will be directed toward the Central Park (pending city approval, of course). This money makes our neighbourhood a better place to live in, and increases property values.

Thanks again to all those who volunteered at this event. We had a great time and raised a whack of money!

Our next event is in Q3, 2018. Hope to see you there!

Drumroll please.....

**\$68,460.57**

Steve Forbes, Director at Large/Casino

# Meadowlark Park Community Association

## Meadowlark Park Executive Board Contact Information

Verna Leask, President	president@meadowlarkpark.org
Warren Cronin, Vice President	vicepresident@meadowlarkpark.org
Karen Camarta, Social Director	social@meadowlarkpark.org
Bill Richards, Treasurer	treasurer@meadowlarkpark.org
Margo Fearn, Secretary	secretary@meadowlarkpark.org
Glenn Downey, Membership Director	memberships@meadowlarkpark.org
Steve Forbes, Director At Large	directoratlarge1@meadowlarkpark.org
Austin Muir, Director At Large	directoratlarge2@meadowlarkpark.org

623-58 Ave SW  
Calgary, AB T2V 4X5  
Phone: 403.252.0737  
Fax: 403.255.1407  
www.meadowlarkpark.org  
info@meadowlarkpark.org

## Hall Rental Details

**Non-member rental rate: \$55/hour • Resident member rental rate: \$40/hour • Damage deposit: \$500**

Rental inquiries can be made by emailing [hallrental@meadowlarkpark.org](mailto:hallrental@meadowlarkpark.org) and stating the date and time you are interested in. You will be contacted within 2 days. If the hall is available for your requested date, you will be asked to complete a rental application form. This will give us the required information for the rental contract. If you aren't familiar with the hall, a time will be set up to show you the hall to ensure it will meet your needs. If it does, the rental contract will be completed and payment of the damage deposit and rental fee arranged. Please note that at least 20 days notice is required for rentals.

	UPPER HALL	LOWER HALL	HOCKEY SHACK LOUNGE (available to resident members only)
Capacity (overall 150 in the entire hall at one time)	Dining & beverage – 105 Non fixed table & chairs – 132 Non fixed chairs - 150 Seated guests - 105	Dining & beverage – 105 Non fixed table & chairs – 150 Non fixed chairs - 150 Seated guests - 126	60
Barrier-Free Access	Yes	No	No
Kitchen	Yes	Yes	Yes

**Reservations will be accommodated to a total maximum hall capacity of 150 people.**



## Did you know

The Meadowlark Park Community Association website has been updated? Check us out online:  
**[www.meadowlarkpark.org](http://www.meadowlarkpark.org)**

## MPCA ADVISORY COMMITTEE

As a valued community partner, you are invited to join the This is My Neighbourhood - Meadowlark Park advisory committee.

A little bit about "This is My Neighbourhood" (TIMN)

This is my neighbourhood aims to transform how The City of Calgary works in neighbourhoods. Through the engagement of local residents, community associations, non-profit organizations and businesses, we'll work with you to develop a neighbourhood vision that outlines your future aspirations.

Guided by this vision, The City will work with you to create and deliver initiatives which may include small-scale infrastructure improvements, programs and services that will help your neighbourhood be an even better place to live, work and play.

TIMN began in 2015 with a group of 14 inaugural neighbourhoods. As part of the TIMN program, The City partnered with the first group of neighbourhoods to deliver more than 100 programs, services and small scale projects requested by residents. More information can be found on [Calgary.ca](http://Calgary.ca)

### TIMN Engagement

As part of the TIMN initiative, The City of Calgary plans to collect feedback from residents online and in person at a variety of events, throughout the year in the neighbourhood.

We will be asking residents to give their ideas about the neighbourhood vision what is most important in Meadowlark Park.

### TIMN Advisory Committee expectations:

- Be a champion of This is my neighbourhood within Meadowlark Park: be creative, share the process with your neighbourhood and learn about your neighbour's ideas for Meadowlark Park.
- Commit to the engagement process with the neighbourhood and stay involved in the program until implementation of the initiatives through 2018.

### Potential Meeting Schedule

Meeting 1: February – Introduction to the TIMN neighbourhood Advisory Committee/community asset mapping. COMPLETE (with the Community Association

Board)! The asset map will be a 'living document' and updated as required.

Meeting 2: September/October – Meet new group members and give your input into the neighbourhood vision.

Meeting 3: late November – Review the results of the community engagement, recommend a neighbourhood vision.

Meeting 4: December - Neighbourhood tour to discuss potential initiatives.

Meeting 5: January 2018 – Provide input on the list of potential initiatives to start the creative community initiative engagement process.

Meeting 6: March 2018 – Presentation of approved initiatives. Provide specific implementation input, if needed.

Meeting 7: Once initiatives are completed/near completion – Celebration of initiatives.

This is not an exhaustive list of the meeting dates as there could be more added based on the initiatives selected by the neighbourhood or some work may be done over email.

This is not an exhaustive list of the meeting dates as there could be more added based on the initiatives selected by the neighbourhood or some work may be done over email.

If you would like to be involved or would like more information please contact:

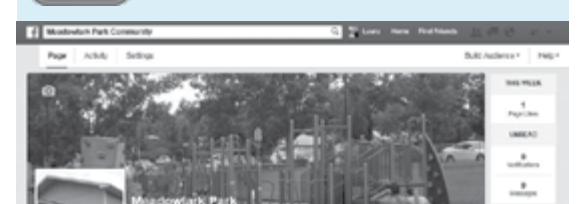
*Jenna Findlater – [jenna.findlater@calgary.ca](mailto:jenna.findlater@calgary.ca)  
Neighbourhood Partnership Coordinator, The City of Calgary*

You know your neighbourhood best and we would like to hear about it!



### LIKE US ON FACEBOOK

for instant community updates –  
join the conversation!







# Meadowlark Park Knitting Group

It is a perfect time to start knitting – all of those cozy scarves, cowls, hats, scarves, sweaters just waiting to be made! Our knitting group is always open to new members of all skill levels. It's a great opportunity to get to know your neighbours in the community. We meet most Monday evenings at the Hockey Shack lounge at the community hall (entrance faces the hall parking lot).

If you are interested joining us, please email me at [christine.franke72@gmail.com](mailto:christine.franke72@gmail.com) or call me at 403-209-2566 to confirm the next date.



McDougall United Church, 8516 Athabasca Street S.E.

(No religious content, non-denominational)

Artisans in quilting, knitting, crocheting, card making, as well as a "do-as-you-wish" table meet to learn and practice their art in a community setting. No experience is required. Come and learn from instructors, obtain advice, but mostly enjoy the company of women across the ages, make friends, and have a personal time out!

Wednesday mornings, 9:00 – 11:00 a.m., our current session is April 5 to June 21. Our fall session will start Wednesday, September 6 and finish November 29. Registration is preferred, but drop in is available, babysitting supplied. Please contact Lori at McDougall United Church 403-252-1620.



## Meadowlark Park Real Estate Update

Last 12 Months Meadowlark Park  
MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price
July 2017	\$0	\$0
June 2017	\$587,500	\$567,650
May 2017	\$641,950	\$617,500
April 2017	\$806,950	\$804,950
March 2017	\$738,950	\$734,500
February 2017	\$550,000	\$500,000
January 2017	\$659,900	\$643,000
December 2016	\$746,900	\$735,000
November 2016	\$726,500	\$660,000
October 2016	\$0	\$0
September 2016	\$594,400	\$555,000
August 2016	\$0	\$0

Last 12 Months Meadowlark Park  
MLS Real Estate Number of Listings Update

	No. New Properties	No. Properties Sold
July 2017	0	0
June 2017	2	2
May 2017	3	2
April 2017	3	2
March 2017	5	2
February 2017	2	1
January 2017	3	2
December 2016	0	2
November 2016	5	2
October 2016	1	0
September 2016	0	2
August 2016	1	0

To view more detailed information that comprise the above MLS averages please visit [meadowlark\\_park.great-news.ca](http://meadowlark_park.great-news.ca)



## COMMUNITY ASSOCIATION MEMBERSHIP FORM

Mail or drop off your completed application to:  
Meadowlark Park Community Association, 623 58<sup>th</sup> Ave SW T2V 0H8  
Email Verna Leask – [v\\_leask@shaw.ca](mailto:v_leask@shaw.ca)  
**Membership: 1 Year - \$20.00**

Name: \_\_\_\_\_  
Home Address: \_\_\_\_\_ (please print)  
Phone Number: \_\_\_\_\_  
Email Address: \_\_\_\_\_  
Payment Enclosed: \_\_\_\_\_

Be sure to include your email address so we can keep you up to date with community news and events of interest to you.  
Your support through membership is critical to Meadowlark Park Community Association's success in negotiations with the various governments (municipal, provincial and federal) and business entities that your board interacts with on a regular basis.  
Thank you for your participation.



# SOCIAL UPDATE

**Oktoberfest -TBD**  
**Christmas Party -TBD**

*Meadowlark Park needs residents like you to help with  
planning these 2017 Social Events!*

If you're interested in volunteering, please contact  
Karen at: [Social@meadowlarkpark.org](mailto:Social@meadowlarkpark.org)

## South West Communities Resource Centre

Located in the Professional Wing of the Oakridge Co-Op Mall

#42 2580 Southland Drive SW, T2V 4J8

Phone: 403-238-9222 • Email: info@swcrc.ca • www.swcrc.ca



South West Communities Resource Centre

It's the start of a new season, and a perfect opportunity to try something new.

Did you know that residents living in South West Communities have free access to all our programs and services? This September we are introducing new programs and opportunities to make a difference in the lives of our families:

- Parenting Courses: "Positive Discipline" - an 8-week program for parents of children of all ages. Starts Tuesday September 19th.
- Speaker series: "Brain development of young children" - 5 sessions start September 13th
- Youth Tutoring: Wednesday evenings 6:00 pm for grades 7 - 12. Starts September 27th (Consider becoming one of our volunteer tutors/mentors for the year).
- Stress Management: an 8-week program with the Canadian Mental Health Association. Starts September 20th.
- Skill building workshops: finding employment, using a computer, money management and more! Dates to be confirmed.

If you are interested in any of these please give our office a call at 403 238-9222 for more information.

If you're not sure what you are looking for, come visit our Community Resource Workers. Marylou and Aynsley would be happy to talk about what you may need and help you access the right information and resources.

Everyone is welcome in our Community Resource Centre.



**the Gutter Doctor**

EAVESTROUGH

Cleaning • Repair • Installation

FASCIA • SOFFIT • SIDING • ROOFING

20,000 happy customers since 2003!

403-714-0711 gutterdoctor.ca



CALGARY PUBLIC LIBRARY



### Free Homework Help

If your kids are heading back to school this fall, we've got them covered. Free homework help, available through a variety of in-person and online programs, is available at the Library. Here's a sampling:

**School Support** is for students aged 10 to 14. Drop in with your English Language Arts or math assignments to get help from trained volunteers. Visit [calgarylibrary.ca](http://calgarylibrary.ca), click programs, and search 'School Support' to find out where and when the program is offered.

Students in Grade 2 to Grade 12 can access free online tutoring at [calgarylibrary.ca/resource/brainfuse](http://calgarylibrary.ca/resource/brainfuse). Students in Grade 3 to 12 can prepare for tests and final exams, take lessons, and review coursework at [calgarylibrary.ca/resource/solaro](http://calgarylibrary.ca/resource/solaro). Both resources are aligned with the Alberta curriculum.

### 2017 Author in Residence

Calgary Public Library's 2017 Author in Residence is Bruce Hunter, an award-winning writer and poet. Hunter will offer public programs, readings, and individual manuscript consultations, from September 11 to November 24. Whether you're a beginner or established writer, you can meet with Hunter at Central Library. Email [air@calgarylibrary.ca](mailto:air@calgarylibrary.ca) starting August 28 to book an appointment.

### Saddletowne Early Learning Centre

There's a new place to play in Calgary! Step inside the transformed space at the Saddletowne Library and discover the five stages of early learning. Play is a priority at the Library, because it's central to how kids learn and grow. The Saddletowne Early Learning Centre opens mid-September.

Looking for more places to play? Check out the Early Learning Centres at Fish Creek, Shawnessy, Quarry Park, and Village Square Libraries. Central Library hosts *The New Adventures of Engine 23* interactive fire-truck exhibit, and the Forest Lawn Library Nature Play-ground opened in August. Come play!



## Get to Know Your Local Farmers' Market: Alberta Approved and Public

In Alberta, there are two different types of markets – Alberta approved farmers' markets and public markets. Both types of markets involve a gathering of vendors who sell their products directly to consumers. The difference lies in the ownership/management of the market and the privileges accorded to each type of market. One is not better than the other – they are simply different.

An Alberta approved farmers' market is one that has been approved by Alberta Agriculture and Forestry (AF) and as such meets the requirements of the program guidelines that have been approved by the Minister. These include:

- Being sponsored by a not-for-profit community group, local Chamber of Commerce, municipality or agricultural society or forming their own not-for-profit society under the Societies Act. Privately-owned markets are not eligible to operate under the banner of an Alberta approved farmers' market.
- Operate under the direction of an advisory body or board of directors. Public markets typically have for-profit ownership and there is no requirement for an advisory body or board of directors in that situation.
- 80 per cent of the vendors are Albertans who meet the "make it, bake it, grow it" criteria; the remaining 20 per cent of the vendors are selling products that complement the market mix.
- Sale of any used good or flea market products are prohibited.
- Must operate for no less than ten days per year and for two hours per market day.
- Have at least one vendor meeting per year.
- Have developed a set of rules which govern the operation of the market.

- A copy of these rules must be made available to AF and all the vendors at the market.
- Adhere to the administrative requirements of the program.
- As an approved farmers' market, it receives the following benefits:

- All markets follow the same guidelines that set minimum standards thereby strengthening the markets across the province.
- Approved farmers' markets are recognized as such in Part 3 of the Alberta *Public Health Act* Food Regulation.
- Only Alberta approved farmers' markets can use the official mark - Sunnygirl - in their advertising and promotion and can make arrangements to use the Sunnygirl logo on highway signage.
- Alberta approved farmers' markets can take advantage of the free promotion provided by AF.

A public market is generally one that is privately-owned and includes all types of operations, including flea markets. As a public market, each food vendor must have an individual food permit and be operating in a Health-approved facility. Most municipalities require each vendor at a public market to have a business or peddler's license, whereas often only a single license is required for the approved farmers' market because of its not-for-profit status. A public market does not receive any of the above noted benefits enjoyed by an approved farmers' market. To find more information about farmers' markets near you visit [www.agric.gov.ab.ca](http://www.agric.gov.ab.ca).

With copy via [alberta.ca](http://alberta.ca).





## 52 City of Calgary Squadron Royal Canadian Air Cadets Recruiting Open House

Do you want to get your pilots license? Are you looking for fun, adventure and to meet new friends? Come and join 52 City of Calgary Air Cadet Squadron. For ages 12 – 19. We parade on Tuesday nights.

### Free Activities

Sports, Marksmanship, Music Training, Adventure and Survival Training, Leadership Skills,

### Recruiting Open House and Registration

Saturday September 16th, 2017, 10 am - 2 pm  
Southwood Community Association – 11 Sackville Dr.  
S.W. Calgary, AB

\*\*\* Anyone wishing to join will need to bring a parent/guardian, a provincial health care card and government issued proof of age (birth certificate, passport, permanent resident card, etc.) \*\*\*

For more information go to: [www.52aircadets.ca](http://www.52aircadets.ca) or call 403-255-5922.



Ripe cranberries will bounce  
like little rubber balls.



## Back-to-School Safety Tips

For the youngest of Calgarians, September means time for a brand-new school year. School zones in September often bring more congestion, distraction and more pedestrians than in the summer. Here are three tips to keep in mind when in school zones this September and all year around. Exercising caution and care, we can make our communities safer.

**Follow the speed limit:** First and foremost, follow the posted speed limit with is 30 km/h. School and playground time zones are between the hours of 7:30 a.m. – 9 p.m. A collision with a pedestrian at 30 km/h is more likely to end injury than a possible fatality going at residential speed of 50 km/h.

**Stay in between the lines:** We want to set good example for young pedestrians. Stop, look both ways, always good practice to look one more time to the left then walk across the street between the cross walk. Attempt to make yourself as visible as possible. These are all good habits to role model.

**Follow directions:** Listen and watch for directions from the school safety patrollers. Follow the direction of signals, signs and the specific rules that the school has implemented. These directions are for your safety, reducing congestion and reducing risks.

For more resources, check out our website at [calgarycommunities.com](http://calgarycommunities.com)



## TAKE ON WELLNESS



It's that time of year again. Store shelves are stacked with back-to-school supplies and racks of summer clothes are being replaced with sweaters and long pants. Getting your child ready for the new school year includes stocking up on notebooks, binders and pencils, but there's more to making the most of the year ahead—taking care of your child's health. As the most important head-start you can give your child, beginning the year with good health is also simple with this back-to-school health check-list:

- **Immunization:** Ensure your child's immunizations are up-to-date for his or her age. This is especially important for kids entering kindergarten or elementary school. If your son or daughter is in Grade 5 and/or Grade 9, also watch for immunization consent forms coming home early in the school year. Remember: your signature on these forms is needed for your child to get his or her important grade 5 and/or grade 9 immunizations.
- **Vision screening:** Have your child's vision tested before he or she starts kindergarten (ideally by age three) and again every year, until 18 years of age. It's estimated that up to 80 per cent of learning is visual, so keeping your kid's eyes healthy goes a long way in encouraging their full learning potential. Eye exams for children up to 18 years of age are free of charge, covered by Alberta Health.
- **Hearing/speech screening:** If you suspect your child may have a hearing or speech problem, ask your family doctor for a referral to an audiologist and/or speech specialist. Left untreated, these problems could interfere with your child's learning.



# Back to School Health Checklist

- **Dental checkup:** Regular dental checkups start early! If your child hasn't had his or her teeth examined prior to starting school, now is a good time to start. Remember: good oral health is essential to good overall health. Regular checkups and cleanings help detect dental problems early, and ensure your child's teeth stay healthy for life.
- **Emergency contacts:** Make sure the school has up-to-date emergency numbers for each of your children, including contact information for parents, physicians, etc.
- **Health conditions:** Ensure the school has up-to-date information about any health conditions, allergies or physical impairments your child may have. Also inform the school about any medications your child takes.
- **Backpack basics:** Your child's backpack should fit properly and shouldn't be too heavy for him or her to carry, which means it should weigh no more than 10 to 15 per cent of your child's body weight. The backpack should have broad shoulder straps and a waist strap that keeps the bag firmly on the spine. Watch for warning signs that the bag may be too heavy, including sore shoulders or changes in posture. For more information visit: <https://myhealth.alberta.ca/health/pages/conditions.aspx?Hwid=abk0958>
- **Nutrition plan:** Ensure your child has a healthy breakfast before heading to school in the mornings, and help him or her pack a nutritious lunch. Planning meals ahead of time and involving children in planning and preparation can make this task more manageable and fun. For more information visit: <http://www.albertahealthservices.ca/assets/info/nutrition/if-nfs-whats-for-lunch.pdf>.



# Happy September!

We hope you all had a great summer! At Calgary Humane Society, we are winding down from another successful season of summer camps that saw hundreds of compassionate children and teens spend a summer learning how to care for animals.

Helping animals is a great way for kids to become involved with their community! Many children feel a connection to the natural world and enjoy learning about animals of all shapes and sizes, but these interactions build more than just knowledge! Research has shown that children who spend time with animals learn enhance many social skills including:

- **Empathy** – Empathy is considered by many psychologists to be the root of “pro-social” behavior. Pro-social behaviors are the behaviors that allow us to build relationships, maintain friendships and connect with our communities. Interacting with animals allows children to practice skills of non-verbal empathy as they try to understand how an animal is experiencing the world.
- **Compassion** – Empathy is a foundation for understanding others, but compassion moves those feelings into action. Through acting compassionately, children learn that they can have a profound impact on the community around them and that they play a key role in “creating the world they want to live in”.
- **Respect** – When children help others they learn more about why other people (and animals) sometimes need help, and why needing help is not a bad thing. Through helping animals, children learn that even the smallest fish deserves to have good food and a safe home by virtue of being a living, thinking, feeling being.

Are you looking for a great way for your child to become more involved in helping animals? We would love to help! While our minimum age to volunteer is 16 (for safety reasons) we have many great programs for kids of all ages!

• **Attend a youth program!** Children in our kids’ clubs and youth programs get to participate in select animal interactions with carefully chosen animals and complete fun activities with animal loving peers!

• **Party with a purpose!** Check out Calgary Humane Society’s birthday party program and spend your next birthday with us! Our experienced birthday staff lead the party for you – all you do is bring the cake and presents!

• **Collect donations/wish list items** – Another great way to get kids involved in helping is to raise funds or collect items for animals in need! Kids who collect donations for the shelter can book a special ‘behind the scenes’ tour with our humane education department too!

• **Take great care of your pets!** Your child can be an “ambassador” for great animal care by encouraging them to learn more about your pets and help with their care.

Looking for more information on our programs or more ideas on how to get your child involved in helping animals? Our Humane Education team would love to help! Visit [www.calgaryhumane.ca](http://www.calgaryhumane.ca) or call 403-205-4455 for more information.

## Shibui

is the Japanese aesthetic of simple, unassuming, and unobtrusive beauty. Interestingly enough, it also means “sour”.



## BUSINESS CLASSIFIEDS

For business classified ad rates call Great News Publishing at 403-263-3044 or [sales@great-news.ca](mailto:sales@great-news.ca)

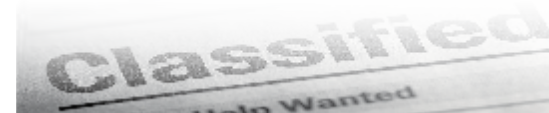
**HOME BUSINESS OPPORTUNITY:** Clinicair is the leading provider of Indoor Air Quality and Medical Grade Duct Cleaning services in Canada. We are looking for a dealer in Calgary to represent our growing company. We offer a royalty free business. Clinicair supplies you with the latest technology, and training. Call Craig: 1-416-277-6067.

**NEIGHBOURHOOD CONFLICT?** Community Mediation Calgary Society (CMCS) is a no cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! [www.communitymediation.ca](http://www.communitymediation.ca), 403-269-2707.

**YARD BUSTERS LANDSCAPING:** Snow removal \$129.95. Some conditions. Landscape construction and yard renovation: stone patios, walks, raised beds and rock walls, synthetic grass, sod and trees and shrubs, landscape lighting, water features and decks and fences and superhero window cleaning. Licensed. Insured. Seniors discount. Phone: 403-265-4769. [yardbusterslandscaping.com](http://yardbusterslandscaping.com).

**THE GUTTER DOCTOR!** We install, fix and clean eaves-troughs and downspouts. We also install and fix fascia, soffit, drip-edge, siding, roofing, cladding. Over 20,000 happy customers since 2003! Insured and guaranteed work with references. We take pride in doing a good job. A+ rated BBB Member. 2017 Consumer’s Choice Award Winner. [www.gutterdoctor.ca](http://www.gutterdoctor.ca) 403-714-0711.

**K2 BOOKKEEPING:** Are you too busy to keep up with your bookkeeping? Experienced bookkeeper now accepting new clients. Specializing in small to medium sized business. Twelve years of experience with QuickBooks and Simply Accounting, GST, Payroll, WCB Filing, T4 Filing, and competitive rates. Phone Katie 403-870-0737.



### YOUR CITY OF CALGARY

## Farewell to the Leaf & Pumpkin program



The City of Calgary will no longer be offering the community Leaf & Pumpkin drop off sites this fall. With the roll out of the Green Cart program, residents will now have a convenient option to compost their yard waste right at their door.

For residents that would like to remove their yard waste quicker, a Fall Yard Waste program will be available from September 29 to October 29, 2017. If you choose to, you can bring yard waste to a City landfill for free composting at that time. More details can be found at [calgary.ca/yardwaste](http://calgary.ca/yardwaste). Please do not bring yard waste to former Leaf & Pumpkin depot sites.

Thank you to Calgarians for helping to support the Leaf & Pumpkin program for over 20 years!

## 2017 Municipal Election: Vote for your Mayor, Councillor, and School Board Trustee

This Fall Calgarians will vote for their Mayor, Councillors, and School Board Trustees in the 2017 Municipal Election. Voters can choose to cast their ballot during the Advance Vote from October 4 – 11, excluding October 9 (Thanksgiving) or on Election Day, October 16. There are many ways to vote, so be sure to check the website [www.electionscalgary.ca](http://www.electionscalgary.ca) for a complete list of voting options. Voting station locations will be available online after September 19, 2017, or you can watch the mail for your official Election Guide.





**MP Calgary Centre**  
**Hon. Kent Hehr**  
 950 6 Ave SW, Calgary, Alberta T2P 1E4  
 ✉ kent.hehr@parl.gc.ca ☎ 403-244-1880 🌐 www.KentHehrMP.ca

Before I begin with this month's newsletter I wanted to make sure you knew about my BBQ on Sunday, September 10th. We'll be at the Sunalta Community Hall (1627-10 Ave SW) from 11:00 AM to 1:00 PM, where we will have my father, Richard Hehr, doing his best Elvis impersonation, free food, and a celebration to cap off the end of summer.

Next, I wanted to share with you an update about an issue near and dear to Calgary Centre.

It's about the work we're doing in the nation's capital to make sure all Canadians are free to identify themselves and express their gender as they wish, without fear of discrimination and hate. With having Pride this September, it's both topical and relevant. Calgary Centre is a Pride community – in the heart of its downtown core, we have one of the most vibrant LGBTQ2 communities in North America.

I have had the pleasure of working with advocates – like my caucus mate and special advisor to the Prime Minister on LGBTQ2 issues, MP Randy Boissonnault – and others across my involvement. At each place and stage my efforts were to make sure that no one should be refused a job, be disadvantaged in the workplace, be unable to access services, or be the target of harassment and violence because of their gender identity or gender expression.

One part of this was with Gay Straight Alliances being supported in every school across Alberta where and when students want them: first with my motion (Motion 503), which with community supporters, students, parents, and staff, ultimately making it the law of the land. The research is there that students have a reduced rate of suicide – across the entire population of students, not just LGBTQ2 students – with policies that encourage and allow students to support one another.

Since moving federally this work has not stopped or stalled. Our government has moved full-steam ahead with:

- Passing C-16, a bill that ensures the full protection of transgender people across Canada,

- Announced a strategy to prevent and address gender-based violence,
- Introduced legislation to remove section 159 of the Criminal Code – ensuring Canadians are not unfairly criminalized for consensual activities,
- Flying the pride, transgender, and bi flags on Parliament Hill for the first time,
- Beginning the process of an apology to the entirety of the LGBTQ2 community for previous governments' failings to defend their rights and freedoms.

I am proud to be able to be an ally to the community and work with Canadians as your Member of Parliament in supporting good public policy. As always, my door is open to you. You can subscribe to e-updates online through my website at [www.KentHehrMP.ca/](http://www.KentHehrMP.ca/) email-updates, come by my office at 950-6 Ave SW, call at 403.244.1880, or send me an email at [kent.hehr@parl.gc.ca](mailto:kent.hehr@parl.gc.ca).



## Are you looking for Adventure?

**Then, Scouting is the place for you!**



**We are a volunteer organization for youth aged 5-26 years. If you are interested in volunteering or registering your child, please visit our website at [myscouts.ca](http://myscouts.ca) for information and group locations.**

**We are an inclusive organization and financial assistance is available.**

**Helpdesk toll free number: 1-888-855-3336**



**MLA Calgary-Elbow**  
**Greg Clark**  
 Leader - Alberta Party  
 ☎ 403 252-0346  
 ✉ [calgary.elbow@assembly.ab.ca](mailto:calgary.elbow@assembly.ab.ca)  
 @GregClark4AB

September is an exciting time for kids (and certainly for parents too!). New schools and new friends, all supported by tremendous teachers and staff. As kids head back to school please be careful driving around schools; those kids are excited to get back to school and may not always be paying as much attention as they should.

As fall sets in I'm moving on from a busy summer of community activities and shifting my focus to activities in the Alberta Legislature. I was appointed to the all-party Ministerial Panel on Child Intervention early this year to look at ways to improve Alberta's child intervention system. In the initial phase, the panel heard from stakeholders across from Alberta and engaged in an open and collaborative conversation about how to strengthen Alberta's child death review process. The panel provided detailed recommendations to streamline and strengthen the child death review process, which led to the passage of Bill 18 *Child Protection and Accountability Act* last spring.

In Phase 2, the Panel is reviewing legislation, policies, current practices, literature, relevant data, and past recommendations, including those from the Office of the Child and Youth Advocate and the Auditor General. It is also soliciting feedback from the public, subject matter experts, Indigenous communities, Albertans with lived experience and frontline staff (the comment period is still open; you can make a submission via email at [CIPanel.questions@gov.ab.ca](mailto:CIPanel.questions@gov.ab.ca)).

Our next step is to visit reserves across the province to hear from Indigenous people in their own communities about the vast over-representation of Indigenous children in Alberta's child intervention system. Currently, 69% of the over 10,000 children receiving services in Alberta are Indigenous.

Upon completion of our work the panel will submit recommendations addressing:

- The root causes and factors that contribute to child and family involvement in the child intervention system
- Current funding and resource levels for the child intervention system as well as an assessment of workplace culture and staff morale

- Existing supports for families, including supports for kinship caregivers, foster parents, and families at-risk of needing child intervention services
- Opportunities and concrete actions to improve the child intervention system, address over-representation of Indigenous children in intervention system and improve outcomes for all children receiving child intervention services
- Identifying recommendations of past studies, prioritizing them and discussing implementation timelines and oversight

Whenever possible panel meetings are open to the public. A complete list of all upcoming meetings will be posted on the panel's website as soon as dates, times and locations are confirmed. Details can be found at <https://www.alberta.ca/child-intervention-panel.aspx>. Again, if you have questions or comments you wish to share with the panel you can submit your thoughts via email to [CIPanel.questions@gov.ab.ca](mailto:CIPanel.questions@gov.ab.ca).

And as always, I am very interested in hearing from you on this or any other issue. My constituency office can be reached at [Calgary.Elbow@assembly.ab.ca](mailto:Calgary.Elbow@assembly.ab.ca) or (403) 252-0346.

RBC Dominion Securities Inc.

## QUESTIONING YOUR INVESTMENTS?

Get a professional second opinion on your portfolio

MARTIN ADVISORY GROUP OF RBC DOMINION SECURITIES



**MICHAEL MARTIN, MBA, CFA, CFP**  
 Investment Advisor  
 403-266-9655  
[michael.t.martin@rbc.com](mailto:michael.t.martin@rbc.com)

If market volatility is making you second-guess your investments strategy, contact me today for a no obligation, objective evaluation of your portfolio. An unbiased review can help you answer key questions including:

- Is your portfolio still on the right track?
- Are you taking too much risk in your portfolio?
- Which investments are likely to recover and which ones aren't?

[www.martinwealth.ca](http://www.martinwealth.ca)



There's Wealth in Our Approach.™



**Councillor, Ward 11  
Brian Pincott**  
P.O. Box 2100 Stn. M, #8001A  
Calgary, AB T2P 2M5  
📞 403-268-2430 🌐 [www.ward11calgary.ca](http://www.ward11calgary.ca)

### Ward 11 Summer Newsletter 2017

Welcome to your Ward 11 Summer Newsletter. There are a number of important updates to projects under-way or coming up in this newsletter.

#### Event:

#### **61<sup>st</sup> Avenue Greenway Corridor Celebration & Thank You Event – July 29**

After a long construction period, The City organized an event on Saturday, July 29 to celebrate the new features along 61<sup>st</sup> Avenue SW and thank the area businesses for their patience.

#### News:

#### **ATCO Pipeline Natural Gas System Upgrade & Project Construction Notification from Acadia to 14 Street SW**

Construction along 14 Street SW is on track to be complete by late August as per the original schedule. You can view the 14 Street SW projects on the ATCO website.

- The Project Notification is for the installation of a natural gas pipeline starting late July from Ancourt Road SE and 88 Avenue in Ward 9. Construction will continue westbound along 88 Avenue SE through Bonaventure Park. Construction will enter Ward 11 at MacLeod Trail between 86 Avenue SW and 90 Avenue SE, heading west along 89 Avenue and Hoover Place, finishing at 14 Street SW.

#### **Green Cart Program & Collection**

The Green Cart Program for single-family homes (up to and including fourplexes) continues to roll out across the city. Collection started in the SW on July 17. Learn about the program, collection, what goes in your cart and composting:

- How the Green Cart Program works
- Collection schedule
- Using your Green Cart
- What goes in the Green Cart
- Compostable bags and alternatives
- Composting facility

#### **Southwest Ring Road Project**

The Southwest Ring Road Project is underway. The

Government of Alberta is responsible for the design, construction, management and operation of Calgary's Ring Road. For more information on the construction of the SWRR, the contractor KGL's website contains information on construction, alignment maps and traffic detours.

- Pile Driving near 90<sup>th</sup> Avenue SW

KGL will be pile driving near 90 Avenue SW in the Transportation Utility Corridor for the future interchange of the SWRR and 90 Avenue SW. Residents in Oakridge and Lakeview may hear elevated construction noise until August 4<sup>th</sup>. KGL may be contacted directly at 403-242-0565 24 hours a day.

The City of Calgary is also beginning work to extend streets to connect Calgary's road network to the ring road, while improving some existing roads to make sure the SWRR fits with our city's road network.

- Anderson Road Widening

The City is widening Anderson Road SW from four to six lanes between the SWRR and Elbow Drive SW to improve the road network and east-west travel. Construction will begin in late July or early August. Construction of the noise barriers along Anderson Road will also start this year.

#### **SW Transitway BRT Construction Update**

Construction on the transit only lane in the road right of way at the southeast corner of the Crowchild Trail and Glenmore Trail SW interchange has started. This new lane will be used by BRT buses only during times of congestion on Crowchild Trail to the Glenmore Trail flyover. This construction is expected to be complete by October 2017.

We hope you're having a great summer!



## Hue Knew?

When the company got its start, blue, black, brown, green, orange, red, violet, and yellow were the eight original crayon colours that Crayola made in 1903. Now they make an array of 120 colours!

## YOUR COMMUNITY/CITY EVENTS AT A GLANCE...

#### **Autumn Pumpkin Festival – Calgary Corn Maze & Fun Farm, Weekends in October**

Celebrate Autumn each weekend in October at the corn maze, the fun farm and the petting zoo. Endless activities to keep the wee ones occupied and then pick a pumpkin to take home on your way home. Not all activities included in admission price. More info: [calgarycornmaze.com](http://calgarycornmaze.com).

#### **The Great Grilled Cheese Cook-off – Jerome's Appliance Gallery, Oct. 1**

Amateur and professional chefs will prepare their very own gourmet grilled cheese recipes in support of Brown Bagging for Calgary's Kids. Your mission is to taste 10 samples and then judge them along with a distinguished panel of judges, with a hand-crafted soda to wash it all down.

#### **Piaf! The Show – Arts Commons, Oct. 4**

A powerful and moving celebration of the life and music of the legendary French chanteuse, Edith Piaf. Starring Anne Carrere who has been hailed as "Edith Piaf's legitimate musical heiress," Piaf! The Show has received rave reviews around the globe. More info: [artscommons.ca](http://artscommons.ca).

#### **Wordfest – various venues, Oct. 10 – 15**

Wordfest is a not-for-profit organization that hosts year-round literary events featuring the world's best writers at around 70 events in our city. More info: [wordfest.com](http://wordfest.com).

#### **Reconciliation Journey: Walking a Path Together – Carriage House Inn, Oct. 12**

This is the second conference planned this year by the Indigenous Advisory Committee through the Enough For All Catalyst Fund. Expect discussions of the organization's work on Reconciliation as they relate to the 94 Calls to Action, as well as special guests, keynote speakers and panel discussions about the exciting work happening across Calgary. More info: [vibrantcalgary.com](http://vibrantcalgary.com).

#### **Ghoul's Night Out – Heritage Park, Oct. 26 – 27**

Heritage Park will be transformed into a spooky extravaganza for families with children three to nine. Ghostly encounters, crafts, treats, festive festooning and so much more! Look for more info to come: [heritagepark.ca](http://heritagepark.ca).

#### **HALLOWEENDS – CALAWAY PARK SEPT. 9 – OCT. 9**

Enjoy Calaway in full spooky splendour with the Boo Crew, and don't miss: face painting, Thriller dance lessons, scavenger hunts, special guests, family photos and more! There will even be a costume contest on Sept. 16. More info: [calawaypark.com](http://calawaypark.com).



#### **ZACHARY LUCKY – GALLERY HOUSE CONCERT SOCIETY, OCT. 2**

Check out this unapologetically old-school country performer. Armed with his husky, baritone voice, he has received comparisons to Gordon Lightfoot and Kris Kristofferson. He sings of Canadian places and people, and puts on a sultry and intimate performance. More info: [galleryhouseconcerts.com](http://galleryhouseconcerts.com).



#### **CANADA SOCCER'S TOYOTA NATIONAL CHAMPIONSHIP U-15 CUP - CALGARY SOCCER CENTRE, OCT. 5 – 9**

These championships are the definite amateur soccer event of the year, crowning the country's best community soccer clubs. Over 3,000 participants and spectators from across Canada are estimated to be part of the 2017 U-15 Cup in Calgary this year. More info: [canadasoccer.com](http://canadasoccer.com).



OCTOBER OCTOBER OCTOBER



# Hoffman

INSTITUTE

**"The Hoffman Process helped me enormously.  
It was pivotal, enlightening and life-changing"**

*Brett Wilson - Dragon's Den judge, philanthropist and Hoffman Grad.*

**The Hoffman Process** helps remove the barriers that are holding you back from being the best version of yourself.

Make peace with your past  
Release from negative behaviors  
Emotionally heal and forgive  
Discover your authentic self

Email **shift@hoffmaninstitute.ca** to get more information on the Hoffman Process in Canada and receive a "free" book on how to live a happier life.



## Letter to the editor

Dear Great News Publishing,

Please **DO NOT** run my ad next month. My ad has been **WAY TOO EFFECTIVE**. My phone won't stop ringing with people saying they saw my ad in the newsletter. I'm amazed at how well this worked!

Thanks for all your help,

Sincerely,  
Laura  
Owner of Buds and Blooms

Contact us today to find out how you can make this customer's experience your reality!

**403-263-3044**

**sales@great-news.ca**

\*Actual customer experience.

## divine intervention

### Eligible Entrepreneur

Our 6'1, fit and handsome bachelor is a catch. Driven, well educated and down-to-earth, this dynamic, well traveled and successful entrepreneur enjoys life with a very flexible schedule.

He loves outdoor sporting activities, staying fit, and spending time with family and friends.

He is looking for a very pretty, slim, feminine, smart, 5'5"+, activity loving lady (age 28-38) who wants to build a family.

Contact in confidence (fees paid by client)  
info@divinematchmaking.com  
divinematchmaking.com | 403-456-4870

**GREAT NEWS** PUBLISHING  **28** YEARS

**FYI - Great News Publishing  
Chooses to Forge Ahead During  
All Economic Downturns.**

**If You Feel the Same Let's Talk.**

**403-263-3044**

