

OCTOBER 2017

DELIVERED MONTHLY TO 6,800 HOUSEHOLDS

your **MILLRISE SHAWNESSY**

BRINGING MILLRISE, SHAWNESSY & SHAWNEE SLOPES RESIDENTS TOGETHER



2 PAIR OF GLASSES
\$ 199.99
includes progressive or single vision scratch resistant plastic lenses



We Direct Bill

JAFFERY OPTICAL
www.jafferoptical.com

Jaffery Optical - Braeside Center
 #25B - 11440 Braeside Dr. SW
 Calgary, AB T2W 3N4
 Ph: 403-452-1273

Jaffery Optical - Midnapore
 258 - 22 Midlake Blvd SE
 Calgary, AB T2X 2X7
 Ph: 403-984-3275



ONE MONTH FREE

Nestled in the well-established community of Millrise, near Fish Creek Provincial Park in Southwest Calgary. Call today to learn more about our move in incentives*.

**One month free granted in the fourth month of residence at Millrise Seniors Village.*

TO BOOK YOUR
 PERSONALIZED LUNCH & TOUR,
 PLEASE CALL **403 410 9155**

14911 5 Street SW, Calgary, AB
mill.info@retirementconcepts.com



HUG MOMMY
 Private Day home

Professional & Affordable
 We provide day home and before/after school services.

**NOW ACCEPTING
 NEW CLIENTS**

587-966-3545
hugmommy@yahoo.com

Prompt Care Medical Centre

Now Open!

A patient-centered clinic with a compassionate and caring healthcare team.
Accepting new patients, walk-ins welcome

Dr Dapo Olayiwola Family Physician

Mon- Fri: 8.30am to 5.30pm
 Saturdays: 10am to 2pm

www.PromptCareMedicalCentre.ca

Unit 33,240 Midpark Way SE ,T2X 1N4
 (Located behind Dollarama)

587 356 5333



Roofing | Eavestroughing

FREE Estimates
FREE Inspections

138 - 23 Millrise Dr SW
info@ebenezerroofing.ca
www.ebenezerroofing.ca

ACCREDITED BUSINESS

Hank Van Riesen | 587-899-7053

Bag to Earth®
Food Waste Bags

Approved for use in the City of Calgary Green Bin Collection Program. Our Bags are a Proven Alternative to Keep Your Kitchen & Curb-side Food Scraps Collection Bins Clean & Odour-free.

- Our Paper Bag **is made entirely of renewable and sustainable resources**
- Features Unique Leak-Resistant Cellulose Lining... **it's "clear paper" - not plastic**
- Tough... **No need to double-bag as with other bag products**
- Environmentally Friendly... **and completely compostable**
- Certified Compostable... **Meets BPI/ASTM industry standards**
- Used in Households Across Canada
- Available in 2 Convenient Sizes ... **Small 10-pack & Large 5-pack**

Available at major Grocery, Club, Mass Merchandiser, Pharmacy and Home Improvement stores in the Calgary Area. **Made in Canada** 🇨🇦

Visit www.bagtoearth.com
 for more product information & how to purchase



VOTE

ADAM BOECHLER

CITY COUNCILLOR

WARD 13

Oct. 16

Voice for the community

Advocate for Ward 13

Ensuring responsible governance

Fiscal accountability of our tax dollars

Partnership and relationship builder

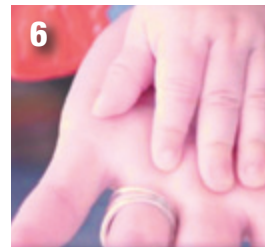





www.voteadamb.com

CONTENTS

- 6 RESIDENT PERSPECTIVES: FOSTERING POTENTIAL AND WELL-BEING
- 7 SHAWNESSY BOARD MEETINGS
- 9 SHAWNEE-EVERGREEN REAL ESTATE UPDATE
- 12 SERENE SCENES
- 14 MILLRISE REAL ESTATE UPDATE
- 15 SHAWNESSY REAL ESTATE UPDATE
- 16 BUSINESS CLASSIFIEDS
- 18 MLA GRAHAM SUCHA'S REPORT





YOUR MILLRISE/SHAWNESSY

Delivered monthly to 6,800 households and businesses for 5 years!

Advertising Opportunities

403-263-3044 | sales@great-news.ca

Editorial Submissions

news@great-news.ca

All advertisements and editorial submissions must be submitted by the 1st of the month for the following month's publication.

Published by Great News Publishing

Serving Calgary communities for 28 years
87 newsletters reaching over 391,000 households in Calgary and surrounding areas.

#34-4550 112 Ave SE
Calgary, AB
T2C 2K2

Check out our website:
www.great-news.ca



The opinions expressed within any published article, report or submission reflect those of the author and should not be considered to reflect those of Great News Publishing.

The information contained in this newsletter is believed to be accurate, but is not warranted to be so.

Great News Publishing does not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.

RESIDENT PERSPECTIVES



Fostering Potential and Well-Being

Any number of social issues can leave children and youth unable to live at home. Enter Mark and Nancy, foster parents who have cared for more than 65 children in their home over the past 15 years. Children in their care have stayed for a few days, up to a few years, depending on the circumstances, with Nancy and Mark providing each child with support until they are able to return home, are adopted, go live with family, or an alternative permanency plan is in place.

These experiences have proved rewarding not just for Nancy and Mark but for their whole family. "Each of these children have become a member of our family," says Nancy. To this day they have a number of their foster children come back to visit as adults.

Over the years, Nancy's philosophy and reasons for wanting to help have remained the same: "Mark and I believe it takes a village to raise a child and we just want to do our part." Time and again, Nancy has seen that the more individuals who support a child and contribute healthy experiences, the more these children have thrived, preparing them to make a positive impact on the next generation. Even though the youth and children in her care have come and gone, Nancy feels that the connections formed last a lifetime. "I have often said that when a child leaves, they leave a bit of themselves with us, and take a bit of us with them." Now that seems like a fair trade.

The third week of October each year is Foster Family Appreciation Week: a week dedicated to celebrating the commitment of individuals, like Mark and Nancy, who open their hearts and homes to children in need.

Tenchoe Dorjee works with community to share the positive impact of Foster Care in supporting vulnerable children and youth in Calgary and area.



Shawnessy Board Meetings

Board meetings take place at 8:30 pm at the Barn, on the first Monday of the month, every month between September and June, unless otherwise announced on the website and/or in the newsletter—The Shawnessy and Millrise Chronicle. In the event the first Monday of the month is a holiday, the board meeting will be held on the following Monday, same time, same place.



Covenant Christian Reformed Church
403-254-2505; 50 Millrise Blvd SW

Peace Lutheran Church
403-256-1439; 14640 6 St SW

South Gate Alliance Church
(not to be confused with the Baptist church of the same name)
403-254-1030; 1436 James Mckevitt Rd SW

Southgate Baptist Church
(not to be confused with the Alliance church of the same name)
403-561-6648; 115 Shannon Dr. SW at Samuel W. Shaw School

St. Patrick's Parish Church
403-254-6878; 1414 Shawnessy Blvd SW

Save The Date. Lose The Fat.

CoolEvent: October 26, 1pm

Join us for our CoolEvent to learn more about CoolSculpting®
The world's #1 non-invasive fat removal treatment.

- Information Session • Watch a live demonstration • Receive a free consultation

Contact Us at 403.571.3141 To Reserve Your Spot!

 **JEFFREY C. DAWES MD, FRCSC**
PLASTIC AND DERMATOLOGIC SURGERY
403.571.3141 102 - 47 SUNPARK DRIVE SE

BeautifulNaturalYou.ca



Results and patient experience may vary.
In the U.S., the CoolSculpting procedure is FDA-cleared for the treatment of visible fat bulges in the submental area, thigh, abdomen, and flank. In Taiwan, the CoolSculpting procedure is cleared for the breakdown of fat in the flank (love handle) and abdomen. Outside of the U.S. and Taiwan, the CoolSculpting procedure for non-invasive fat reduction is available worldwide. CoolSculpting, the CoolSculpting logo, the Snowflake design, and Fear No Mirror are registered trademarks of ZELTIQ Aesthetics, Inc. © 2015. All rights reserved. IC1973-A





MILLRISE/SHAWNESSY/ SHAWNEE-EVERGREEN

P.O.Box 76119 Millrise RPO
Calgary, AB T2Y 2Z9
www.millrise.org

ELECTED OFFICIALS



**Councillor Diane Colley-
Urquhart Ward 13 Office**
P.O. Box 2100, Station M
Calgary, AB, Canada T2P 2M5
Phone: 403-268-1624
Fax: 403-268-8091
Email: ward13@calgary.ca
Web: www.calgary.ca/ward13



**Dave Rodney
Calgary-Lougheed**
#311A, 2525 Woodview Drive SW
Calgary, AB Canada T2W 4N4
Phone: (403) 238-1212
Fax: (403) 251-5453
Email: calgary.lougheed@
assembly.ab.ca



**MLA Graham Sucha
Calgary-Shaw**
#328, 22 Midlake Blvd SE
Calgary, AB Canada T2X 2X7
Phone: (403) 256-8969
Fax: (403) 256-8970
Email: calgary.shaw@assembly.ab.ca

IMPORTANT NUMBERS

ALL EMERGENCY CALLS	911
Alberta Adolescent Recovery Centre	403-253-5250
Alberta Health Care	403-310-0000
AHS Addictions Hotline	1-866-332-2322
ATCO Gas – 24 Hour Emergency	403-245-7222
Calgary HEALTH LINK 24/7	811
Calgary Police – Non Emergency	403-266-1234
Calgary Women's Emergency Shelter	403-234-7233
Child Abuse Hotline	1-800-387-5437
Kids Help Line	1-800-668-6868
Child Safe Canada	403-202-5900
Distress/Crisis Line	403-266-4357
ENMAX – Power Trouble	403-514-6100
Poison Centre - Alberta	1-800-332-1414
HOSPITALS / URGENT CARE	
Alberta Children's Hospital	403-955-7211
Foothills Hospital	403-944-1110
Peter Lougheed Centre	403-943-4555
Rockyview General Hospital	403-943-3000
Sheldon M. Chumir Health Centre	403-955-6200
South Calgary Urgent Care Health Centre	403-943-9300
South Health Campus	403-956-1111
OTHER	
Calgary Humane Society	403-205-4455
Calgary Parking Authority	403-537-7000
SeniorConnect	403-266-6200
Calgary Kerby Elder Abuse Line	403-705-3250
Alberta One-Call Corporation	1-800-242-3447
City of Calgary	311
Social Service Info & Referral	211
Community Mediation Calgary Society	403-269-2707
RNR Lockworks Ltd.	403-479-6161
Road Conditions – Calgary	511
Weather Information	511
Gamblers Anonymous	403-237-0654



Shawnee-Evergreen Real Estate Update

Last 12 Months Shawnee-Evergreen
MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price
August 2017	\$545,000	\$527,000
July 2017	\$498,400	\$482,500
June 2017	\$679,900	\$661,000
May 2017	\$599,900	\$577,500
April 2017	\$624,900	\$603,000
March 2017	\$634,950	\$619,250
February 2017	\$683,400	\$693,500
January 2017	\$509,900	\$493,750
December 2016	\$749,900	\$730,000
November 2016	\$612,400	\$595,444
October 2016	\$649,950	\$627,500
September 2016	\$522,500	\$494,250

Last 12 Months Shawnee-Evergreen
MLS Real Estate Number of Listings Update

	No. New Properties	No. Properties Sold
August 2017	1	1
July 2017	3	2
June 2017	4	5
May 2017	4	5
April 2017	0	2
March 2017	6	2
February 2017	5	2
January 2017	3	2
December 2016	0	1
November 2016	2	2
October 2016	4	2
September 2016	3	2

To view more detailed information that comprise the above
MLS averages please visit shawnee_slopes.great-news.ca

COMMUNITY NEWSLETTER AD SALES
Great News Publishing Ltd.
403.720.0762 | 403.263.3044
sales@great-news.ca
www.great-news.ca

Special Interest In Migraine Relief

Call Dr. Alma Nenshi, DC
403-254-5774

Free Consult www.CalgaryWellness.com

the Gutter Doctor
EAVESTROUGH
Cleaning • Repair • Installation
FASCIA • SOFFIT • SIDING • ROOFING
20,000 happy customers since 2003!
403-714-0711 gutterdoctor.ca

InStyle Hair Co.
OVER 17 YEARS EXPERIENCE | REDKEN TRAINED
*Special Offer
with Christina*
FREE TREATMENT WITH A HAIR CUT
Offering a full range of services including,
Women, Men, and Children cuts | Wash & Style
Full Colour | Highlights | Balayage | Toner
and more!
618 - 12100 MacLeod Tr. SE
403-225-0228
Christinashairlove@gmail.com
@ChristinasHairLove



We give **FLU SHOTS!**
Talk to our pharmacist or book online at
WeGiveFluShots.ca
Available Oct. 23

Sobeys
Pharmacy

Pharmacy
at SAFEWAY



For more information:
403-531-9130 www.stmu.ca

St. Mary's University
OPEN HOUSE
Saturday, Oct. 21, 2017



South Calgary PAP Clinic
PAP tests - BREAST exams - Early Prenatal Care

When was your last PAP test?

- STI testing, Contraception, Prenatal Care.
- Our women's clinic provides a safe informative environment for sexual and reproductive health exams. Female physicians only.
- Welcome to Dr. Laura Huber who is now accepting patients in her family practice.

Evening and Saturday appointments available.
Call (403) 254-2030 to book an appointment.
Visit our website at www.thesundanceclinic.com

The Sundance Clinic
FAMILY PRACTICE - SPECIALTY CLINICS - BABY CLINIC - SOUTH CALGARY PAP CLINIC

South Calgary Health Centre Building
31 Sunpark Plaza SE Calgary T2X 3W5

CURBMASTER
CONCRETE & LANDSCAPE

www.curbmasterfx.com

SNOW REMOVAL

Family Owned & Operated

❄️ 403.240.2526 ❄️

Monthly Contracts start at \$99.00




Your Personal Courier and Delivery Agents.
www.DeliverX.com

FAST-FOOD
Wendy's, DQ, Burger King, A&W, McDonalds and more!

ALCOHOL*
Beer, Wine, Liquor
(*Must be Legal Age, ID and Signature Required)

GROCERIES
Walmart Pick-Up - Order Online and We'll Deliver!

RESTAURANTS
Greek, Mexican, Italian, Indian, Burgers and More

CONVENIENCE STORES
Drycleaning, Prescriptions, Packages

Don't Drink and Drive, Use DeliverX.com instead.
Please drink responsibly.

When you're hungry remember
DeliverX.com

Dislike the gym?
Frustrated by lack of time to workout?
Never stick to an exercise program?

Get Started.
Book a FREE consultation.
Try our 1-on-1, 15-minute workout



www.evolvedhealth.ca
403-244-1377

NORTH 1414 Kensington Rd NW
SOUTH 380 Canyon Meadows Dr SE



Re-elect Mary Martin
Trustee Wards 13 and 14 Calgary Catholic School District

Serving you as:

- Director, Alberta Catholic School Trustees' Association (2007-2010)
- Director, Alberta School Boards Association (2010-2011)
- Member, Alberta School Boards Association Task Force on Student Health (2009-2013) Lead, Alberta School Boards Association Student Health Regional Teams (2010-2013)
- Alberta Representative, National Committee on Student Health (2012-2013)
- Member, Alberta School Boards Association Transformation of School Board Governance Task Force
- Chair, Metro School Boards Group (2012-2014)

- Vice-Chair, Calgary Catholic School District Board of Trustees (2010-2011)
- Chair, Calgary Catholic School District Board of Trustees (2011-2014)
- Vice President, Alberta School Boards Association (2015-2017)
- President, Alberta School Boards Association (2017-present)

For:

- Effective, authentic engagement
- The creation and strengthening of strategic partnerships
- Shared responsibility and transparency

I am asking for your vote on October 16th

Please feel free to contact me at: marylrmartin@gmail.com
Tel: 403-238-3298 Cell: 403-827-2196 [Twitter.com/marylrmartin](https://twitter.com/marylrmartin) www.marylrmartin.ca

This beautiful series of outdoor photos utilizes texture, colour and light in an inspiring and serene setting.

Photo credit: Sarah Campbell of Neu Image Photography

Submit your photos to news@great-news.ca for a chance to be featured in your local newsletter.



SERENE SCENES





CALGARY CAREER AND EMPLOYMENT CENTRE (CCEC)

NO COST services designed to assist you identify the steps required to achieve your employment and career goals

- ✓ Career Coaching
- ✓ Job Search
- ✓ Resumes and Cover Letters
- ✓ Interview Techniques
- ✓ Computer One-On-One
- ✓ Resource Centre
- ✓ Webinars
- ✓ Weekly Career Café
- ✓ Employer Services

403-668-5445

Southcentre Executive Tower
350, 11012 Macleod Trail S.E.
Calgary, AB T2J 6A5
www.mcbridecareergroup.com



Millrise Real Estate Update

Last 12 Months Millrise

MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price
August 2017	\$450,000	\$437,500
July 2017	\$400,000	\$387,500
June 2017	\$439,500	\$434,000
May 2017	\$487,400	\$485,500
April 2017	\$419,900	\$404,000
March 2017	\$449,900	\$442,500
February 2017	\$409,950	\$403,500
January 2017	\$407,444	\$394,550
December 2016	\$472,350	\$463,500
November 2016	\$414,950	\$402,500
October 2016	\$457,400	\$444,500
September 2016	\$399,950	\$388,500

Last 12 Months Millrise

MLS Real Estate Number of Listings Update

	No. New Properties	No. Properties Sold
August 2017	12	5
July 2017	6	9
June 2017	13	7
May 2017	8	4
April 2017	8	3
March 2017	3	7
February 2017	9	8
January 2017	6	4
December 2016	6	4
November 2016	2	4
October 2016	6	10
September 2016	8	4

To view more detailed information that comprise the above MLS averages please visit millrise.great-news.ca

COMMUNITY NEWSLETTER AD SALES

Great News Publishing Ltd.
403.720.0762 | 403.263.3044
sales@great-news.ca
www.great-news.ca



Shawnessy Real Estate Update

Last 12 Months Shawnessy

MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price
August 2017	\$419,900.00	\$407,500.00
July 2017	\$433,700.00	\$420,500.00
June 2017	\$416,000.00	\$413,500.00
May 2017	\$429,900.00	\$422,000.00
April 2017	\$454,944.00	\$445,000.00
March 2017	\$424,900.00	\$405,000.00
February 2017	\$415,416.50	\$399,666.50
January 2017	\$355,000.00	\$348,500.00
December 2016	\$449,900.00	\$430,000.00
November 2016	\$415,000.00	\$395,000.00
October 2016	\$444,700.00	\$436,500.00
September 2016	\$419,900.00	\$412,500.00

Last 12 Months Shawnessy

MLS Real Estate Number of Listings Update

	No. New Properties	No. Properties Sold
August 2017	12	8
July 2017	9	6
June 2017	17	13
May 2017	24	11
April 2017	12	12
March 2017	13	9
February 2017	9	6
January 2017	8	3
December 2016	0	7
November 2016	3	3
October 2016	7	10
September 2016	9	9

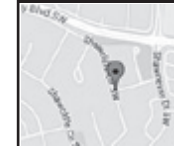
To view more detailed information that comprise the above MLS averages please visit shawnessy.great-news.ca

COMMUNITY NEWSLETTER AD SALES

Great News Publishing Ltd.
403.720.0762 | 403.263.3044
sales@great-news.ca
www.great-news.ca



Shawnessy Plaza Dental Clinic



Dr. Roman Koutsil

"We don't sell dentistry — we give people a lifetime of smiles with natural-looking teeth!"

LOCATION

647 Shawcliffe Gate SW Calgary, AB T2Y 1W1

403-254-1124

info@smilesareus.ca | smilesareus.ca

Reliable Affordable Professional Plumbing & Heating

No job too small! Call for your **FREE ESTIMATE**

Plumbing & Tap Repair | Heating | Gas Fitting
Repair & Replace of Hot Water Tanks & Furnaces
Drain & Sewer Cleaning

Residential & Commercial | 24 hour Emergency Service

Master Plumber & Gas Fitter | Licensed & Insured

587-216-7919
RAPplumbingandheating@gmail.com



HIGH STANDARD INSTALLATION

Committed to Excellence!



ROOFING AND EXTERIOR CONTRACTOR

Metal Roof - Asphalt Shingle - Cedar Shake - Tile Siding - Stucco - Masonry - Windows - Doors

For a High Standard quality and service call:

403-816-5607 or 587-888-3654

www.highstandardinstallation.com



403-714-9769

www.littlevictoriesphotography.com

littlevictoriesphotography@gmail.com

NEPTUNE PLUMBING & HEATING LTD: Qualified journeymen plumbers/gasfitters, very experienced in Millrise/Shawnessy. Upfront pricing. Reliable, conscientious, fully guaranteed. Mon - Fri 8:00 am - 5:00 pm. 24-hour emergency service, call 403-255-7938. "Showering you with great service."

RIGHTWAY PLUMBING AND HEATING: Has been happily serving the Millrise/Shawnessy area with quality work, happy clients and fair pricing; with second generation experience, there is no job we can't handle. Furnaces, softeners, garburators, appliances, humidifiers, faucets, water heaters, bathroom renos and gas lines also! Installed with great warranties. Call 403-968-6630.

GIVE YOUR HOME A FRESH NEW LOOK: A. Trust Renovations provides exceptional home improvement services like: bathroom renovation, drywall, painting, tiles and hardwood floor installation, new doors, handyman services. BBB accredited and insured. Call us at 403-201-4054 or email: rey@atrustrenovations.com, our website: www.atrustrenovations.com.

AFFORDABLE DENTAL CARE: Cut through the noise. Message received loud and clear from Albertans. We follow all dental insurance fees. No extra billing, no surprises, no fluff, no frills. All dental plans accepted OAC direct billing. Everyone welcome. Visit calgarydentalcenters.com. Call today 403-272-7272 or 403-287-6453. Save money, live better!

HOME BUSINESS OPPORTUNITY: Clinicair is the leading provider of indoor air quality and medical grade duct cleaning services in Canada. We are looking for a dealer in Calgary to represent our growing company. We offer a royalty-free business. Clinicair supplies you with the latest technology and training. Call Craig: 1-416-277-6067.

PROFESSIONAL ACCOUNTANT: Personal and corporate income tax return preparation and e-filing, general accounting services (bookkeeping, financial statements, GST, payroll, T4/T5 slips). Certified General Accountant with 30 years' experience, personable, reasonable rates, convenient location. Daryl Pallesen CPA CGA, #145 - 251 Midpark Blvd SE. Please call 403-988-2175 or email daryl.pallesen@shaw.ca.



DOG WALKING & PET SITTING SERVICES
As a dog lover and owner of a large dog, I will be happy to provide pet sitting and dog walking for ANY kind of dogs.
Call Dana at 587-434-2106 and leave a message

YOUR RENOVATION SPECIALIST: For all your renovation projects. 25 years' experience. Kitchens, bathrooms, basements, garages, additions from start to finish. Call Clive for a free quote 403-926-8144. Or email clivescholfield@gmail.com.

NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

ALL TYPES OF DRYWALL: Boarding, taping, and texturing. Complete basement developments and renovations. Licensed and insured. References. Call Austin Construction 403-852-2785.

WORK WHILE KIDS IN SCHOOL: We train you to clean nice homes in South Calgary. Work 8:30 am - 4:30 pm, Monday-Friday. No evenings! No weekends! All holidays off! Must have car. Mileage paid. \$15 per hour to start. Call 403-225-3441.

YARD BUSTERS LANDSCAPING: Snow removal \$129.95. Some conditions. Landscape construction and yard renovation: stone patios, walks, raised beds and rock walls, synthetic grass, sod and trees and shrubs, landscape lighting, water features and decks and fences and superhero window cleaning. Licensed. Insured. Seniors' discount. Phone: 403-265-4769. yardbusterslandscaping.com.

HOME DELIVERY BY DELIVERX.COM: Fast food, beer, wine, liquor (Alcohol delivery must be legal age, ID and signature required). Wendy's, Burger King, McDonalds, A&W, DQ and more! Walmart groceries pick-up/delivery! Convenience store. Favourite restaurants: Greek, Mexican, Indian etc. Visit DeliverX.com for all your delivery needs!

NOW HIRING: Delivery drivers, full and part-time. Independent contractors required for busy home delivery service. Be your own boss, use your own vehicle, and make money driving. Prior delivery experience would be helpful, but is not required. Sign-up at www.DeliveryDriversNeeded.com.

E.G.K. GENERAL CONTRACTING: Renovations / developments, drywalling, taping, texturing, tile work, painting, t-bar ceilings, carpentry, flooring, window and door replacements, plumbing and electrical, all handyman services and more! Serving Calgary and area for over 30 years! WCB and BBB accredited. Licensed and insured. Contact Erich at 403-606-2493, or email egkgencon@gmail.com.

WHAT IS HEALTH COACHING? Health coaching provides the right system, right support and accountability to help you transform your health and body for good. Who would benefit? If what you've been doing isn't working, and you're looking for something greater to get you what you want, this is for you. Contact nicole.holisticcoach@gmail.com.

HUNTER'S HEATING AND COOLING: Woodbine-based Red Seal journeyman committed to honest, quality work and fair pricing. Top Quality Lennox Air Conditioners and Furnaces. We also install tank-less hot water heaters, garage heaters and more. Payment plans available. For a free quote and trustworthy advice, call Breck at 403-969-2735 or visit www.huntersheating.com.

THE GUTTER DOCTOR! We install, fix and clean eaves-troughs and downspouts. We also install and fix fascia, soffit, drip-edge, siding, roofing, cladding. Over 20,000 happy customers since 2003! Insured and guaranteed work with references. We take pride in doing a good job. A+ rated BBB member. 2017 Consumer Choice Award winner. www.gutterdoctor.ca, 403-714-0711.

K2 BOOKKEEPING: Are you too busy to keep up with your bookkeeping? Experienced bookkeeper now accepting new clients. Specializing in small to medium-sized businesses. Twelve years of experience with QuickBooks and Simply Accounting, GST, payroll, WCB, filing, T4 filing, and competitive rates. Phone Katie 403-870-0737.

MASONRY CONCERNS? UGLY FIREPLACE? Contact Harry for all stone and brick repairs, old-new renovations, remodelling, face lifts, flooring, landscapes, interior and exterior, etc. 30 year Journeyman. Contact Harry at 403-256-1991 or email at harekat@shaw.ca.

LIVING KINDNESS YOGA: Classes at the Parkland Community Hall. Peaceful Meditative Movements: a flowing and gentle hatha yoga. Classes for ages 3 to 50+. The Theory and Practice of Meditation: making effective use of Yogic, Buddhist and Christian meditative methods. Please see website www.livingkindnessyoga.ca for dates, times and registration details.

GUITAR, PIANO AND FLUTE LESSONS: Experienced teacher. All ages welcome. Private lessons, classical and pop methods taught. RCM. Practical and theory exam. Preparation available. Suzuki classical guitar private and group. Daytime and evening lessons. For more information contact: mandy@sundancemusicstudio.com or call 403-256-7276, sundancemusicstudio.com.

NEDA'S CLEANING SERVICES LTD: offers professional house cleaning. Bonded and insured. We offer one-time cleaning; regular service (weekly, bi-weekly, monthly), move in, move out, construction and renovation cleaning. Neda's Cleaning Services' trained team can handle any job. Flexible appointment scheduling and 100% satisfaction guarantee. Free Estimates. 403-702-5098, ganicneda@gmail.com.

OFFICIAL PLUMBING & HEATING: Home of the \$25 service fee. Lower service fees, better warranties. Specializing in residential service and installs. Services include furnace service and replacement, hot water tank service and replacement, leaks, clogs. Licensed and insured. Why wait? Call today and get it fixed today! Available 24/7, we accept debit/VISA/MasterCard. Call/text 403-837-4023.

GARAGE DOORS AND OPENERS: Sales, repairs, replacements, quick service on broken springs and emergencies. 25 years of experience. Door sales on now! 403-891-3534. Support local business. sales@thomsondoors.com www.thomsondoors.com.

~cont'd next page~

BUSINESS CLASSIFIEDS

CONT'D

For business classified ad rates call Great News Publishing at 403-263-3044 or sales@great-news.ca

HOME REPAIRS AND RENOVATIONS: Affordable pricing, high quality and detailed work. Drywall, doors and windows, lighting, bathrooms, kitchens, painting and more. Receive a 10% discount on labour only if you mention this ad. Insured Member of BBB. Mon-Fri 8-5pm. Call 403-703-8648 – TH Maintenance Services. Find us on Facebook.

INTERIOR PAINTING: Ready for a change? A fresh coat of paint throughout your home may be just what you need. Unique Interiors will do the job for you or work along side you. We can teach you painting techniques and offer advice on painting supplies. 18 years' business experience, references call Colleen at Unique Interiors 403-830-3456.

ZANELLA AUTO REPAIR: Dominic and sons Vincent and Charlie - in business since 1986. 258082 16 St. West DeWinton. Family owned and operated. Most makes/models worked on. MC, Visa, American Express, and Debit. Licensed Out of Province Inspection Facility. A member of AMVIC, BBB. Do business where you live. Call 403-938-7937 for an appointment. www.ZanellaAutoRepair.com.

Hills, Hills, Hills!
In Alberta, there are several towns that include the word "hill" in their name, including Two Hills, Three Hills, Round Hill, Rolling Hill, and Hairy Hill. That's a lot of hills for the prairie!

PLUMBER
PLUMBOB For All Your Plumbing Needs

- ✓ Small Company
- ✓ Low Overhead, Great Rates
- ✓ Sewer and Drain Cleaning
- ✓ Free Estimates & Advice
- ✓ Hot Water Tank Specials
- ✓ Gas Fitter

Call Bob: 403.257.3465 / 403.461.3490



Speaking at the opening of 162nd Ave

MLA Calgary-Shaw
Graham D. Sucha
#328, 22 Midlake Blvd SE
Calgary, AB Canada T2X 2X7
403-256-8969
403-256-8970
calgary.shaw@assembly.ab.ca

Now that the fall season is upon us, I am reflecting about the very busy summer we had in Calgary-Shaw. As I am sure you have noticed, there have been a number of construction projects in and surrounding Calgary-Shaw. The intersection at 162nd Ave and McLeod Trail has been completed, the first diverging diamond interchange in Canada. The interchange provides better traffic flow for east and west traffic on 162nd and Sun Valley Blvd. There is also, of course, the SW Calgary Ring Road. This major project will create hundreds of jobs for Calgarians. It is not just roads and highways our government has invested in. We have also made important investments in upgrading schools, including some here in Calgary Shaw. This work also provides construction jobs as well as makes schools safer for kids. We inherited a large infrastructure deficit after forming government. Now is a great time to make these investments due to low commodity prices. Leveraging these prices makes economic sense and it will help get many Albertans back to work.

The Legislative Assembly will be resuming at the end of this month and it is my duty to make sure your concerns are addressed in Edmonton. When session resumes my top priority will be creating stable, full-time jobs for Albertans. We are seeing our economy slowly recover- jobs are up, manufacturing is up, exports are up and we are seeing gains across most sectors of the economy where other provinces still see declines. This is great news but there is still a lot of work to be done. I am always interested in hearing constituent's ideas for job creations and to discuss how government programs can help small businesses grow. If you have anything you want to share, please email me at calgary.shaw@assembly.ab.ca.

WIC
WEST ISLAND COLLEGE
Grades 7 to 12

Join us for WIC's annual
Open House
October 26, 2017
7 p.m.

To RSVP, register online at
www.westislandcollege.ab.ca/openhouse

Be Bold. Be Brave. Be Ready.
OWN YOUR FUTURE

f West Island College Calgary @WICYC
in West Island College Calgary

westislandcollege.ab.ca 403.444.0023
7410 Blackfoot Trail S.E. admissions@mywic.ca

CA'S AP



PrimeCARE
Health

Medical Clinic

Douglasglenn

Suite 123, 11420 27 Street SE

**Now Accepting
New Patients & Walk-ins**

Dr. Kamel
Female Physician

Dr. Henderson
Female Physician

Dr. Thibodeau
Female Physician

Dr. Papadopoulou
Female Physician

Dr. Al-Witry
Male Physician

Dr. Rai
Female Physician

Dr. Schnitman
Male Physician



587.318.0740

www.primecarehealth.ca

RRSP

Lundgren & Young

INSURANCE

RESP



Life



Home



Auto



Commercial

Terry Burton

Home - Life - Group - Travel - RRSP
Mortgage Insurance - Business Property

☎ 403.539.0269

📱 403.860.3615

✉ terry.burton@landy.ca

Darcy Burton

Home - Auto
Commercial Auto

403.539.9518 ☎

403.860.3617 📱

darcy.burton@landy.ca ✉



Fivecees | FAMILY PHYSICIANS Medical Centre & WALK-IN CLINIC

Female & Male Doctors Accepting New Patients

IUDs, PAPs, Joint Injections, Insurance Medical,
Family Care, Botox Injections

HOURS OF OPERATION

Monday - Friday: 9 am-6pm
Saturdays: 10am-5pm
Sundays: Closed

403-457-5009 • 635 Shawcliffe Gate SW (beside 7-Eleven)