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THE OFFICIAL NORTH GLENMORE PARK COMMUNITY NEWSLETTER



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newsletter@ngpca.ca
Editorial Content DEADLINE
1st of each month for the next month's issue

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Fundraising	Volunteers Needed	

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PRESIDENT'S MESSAGE

By Jill Mitchell

Looking Back and Moving Forward

I'm very pleased to take on the role of President of the North Glenmore Park Community Association for the upcoming two-year term. The Board's goal is to keep our community vibrant, active and connected. Over the past year, several important community initiatives came to fruition:

- **Completed renovations.** New locker rooms, the lounge renovation and two commercial-grade kitchens were finished.
 - **A continued positive partnership with the Calgary Girls School.** Students enjoy our gym and locker rooms for their physical education program, and the kitchens for their cooking option.
 - **Special events.** Members enjoyed the 'Spaghetti Western'; 'Holiday in the Park' Craft Fair and Family Fun Day; St. Patrick's Day pub night; a volunteer appreciation event; and Annual Stampede Breakfast.
 - **Neighbourhood Clean-Up Day,** a great service offered in conjunction with the City. Neighbours dropped all sorts of recycling, garbage and donation items.
 - **Kids' Summer Day Camps.** Thanks to a generous donation from RBC, nearly 70 campers created art and enjoyed sports at our facility, the Glenmore Aquatic Centre and the Glenmore reservoir.
 - **'This is My Neighbourhood.'** North Glenmore Park was fortunate to be selected as a 'This is My Neighbourhood' Community this year and benefited from several family-friendly events including 'Lawn Chair Theatre', a temporary skateboard park and an indoor Family Play Day.
 - **New community project teams.** The playground team is working to create a new playground and the public art team has been busy selecting artists to create new neighbourhood banners and bins.
 - **Free fitness and dance classes.** Through the support of the City, a weekly gentle fitness class and a variety dance class have been enjoyed by more than 30 community members this fall.
- Plans for the upcoming year include:**
- Phase three of our renovations, including an upgrade



Call for Submissions!

We have received some beautiful photographs in recent months from talented residents, showcasing the vast beauty in and around North Glenmore Park.

In upcoming months, we are looking for new photos that demonstrate the beautiful changing of seasons in our community. High resolution photos are preferred, all submissions can be sent to admin@ngpca.ca – you will be contacted should your photo be used and, if not, keep shooting! There's a newsletter every month.

Winner will receive their photo on the cover of our newsletter and a complimentary Tim Horton's Gift Card!

to two of our furnaces and modernization of our fire alarm and safety system.

- Community events, including the addition of a FUNdraiser for the new playground.
 - Public art installations on neighbourhood banners and bins.
 - Expansion of our summer day camp program.
 - Continuation of gentle fitness classes.
 - A membership drive.
 - A casino – our most important fundraiser - on January 3rd and 4th.
 - Bingos. After a hiatus, bingos are back!
- We cannot be successful without a tremendous volunteer effort. In particular, we're going to need lots of volunteers to help with our casino and bingos. These events are a great way to meet your neighbours and make new friends! If you'd like information on how to get involved please feel free to contact me (jags4@shaw.ca), Leah Wilson (generalmanager@ngpca.ca), or any board member. We'd love for you to join us!

NGPCA UPCOMING COMMUNITY PROGRAMS AND EVENTS



Holiday in the Park Craft Fair and Family Fun Day

What: Join us for a craft fair plus family-friendly activities including **sleigh rides, cookie decorating and Santa visits!** This will be a great opportunity to buy or renew your community membership, and meet members of the Public Art and Playground Project Teams!

When: Sunday, December 4th from noon to 3pm

Where: The North Glenmore Park Community Association gym and outdoor space.

Cost: Admission is free. Non-perishable items/cash donations for the Veterans' Food Bank will be gratefully accepted.

North Glenmore Park's Most Important Fundraising Event

What: North Glenmore Park Community Association's casino is our most important fundraising opportunity. **We need many volunteers to make this event a success!** The money raised at the casino will allow us to continue offering programs and activities, and to maintain facility operations and maintenance. Free parking, a free meal and snacks are included for volunteers.

When: Tuesday, January 3rd and Wednesday, January 4th, 2017. Day and evening shifts are available.

Where: Deerfoot Inn and Casino.

How to volunteer: To volunteer, or for more information, please contact Leah Wilson at the Association office. Call 403-246-4243 or email generalmanager@ngpca.ca

Gentle Fitness for Older Adults

After a successful inaugural session this fall, and with positive feedback from participants, gentle fitness for older adults will be offered again for the winter session.

What: This gentle fitness class includes seated/standing combo exercises using Bender Balls and Therabands to increase muscular strength, muscular endurance, flexibility and balance. A variety of exercises are offered with the intent of improving functional fitness, designed to assist you with your daily living. The class is also a great way to meet new friends and neighbours!

When: Classes will run every Thursday from 11am to noon from January 12th through April 13th.

Cost: Flat rate: \$75 for 14 classes. North Glenmore Park Community Association members receive a 10% discount (\$67.50). 10-class pass: \$65. Drop-in fee: \$8 per class.

How to register: Call the Association office at 403-246-4243 to register, or drop by and register in person at 2231 Longridge Drive SW.



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Please come help us celebrate Jesus' birth!

Christmas Eve Candlelight Services: 5 & 7 pm
Christmas Morning Worship Service: 10 am
Weekly Sunday Worship: 11 am

NORTH GLENMORE PARK SCHOOLS

Schools in and around North Glenmore Park include:

- Bishop Carroll High School (CCSD)
- Bishop Pinkham Junior High School (CBE)
- Career & Technology at Lord Shaugnessy (CBE)
- Central Memorial High School (CBE)
- Calgary Girls' School (charter)
- Connect Charter School
- Emily Follensbee School (CBE)
- Jennie Elliott Elementary (CBE)
- St. James Elementary & Junior High (CCSD)



McDougall United Church, 8516 Athabasca Street S.E.
(No religious content, non-denominational)

Wednesday mornings, 9:00 – 11:00 a.m.

Next Session: January 4th to March 22nd

Artisans in quilting, knitting, crocheting, card making, as well as a "do-as-you-wish" table meet to learn and practice their art in a community setting. No experience is required. Come and learn from instructors, obtain advice, but mostly enjoy the company of women across the ages, make friends, and have a personal time out!

Registration preferred, but drop in is available, babysitting supplied. Please contact Lori at McDougall United Church 403-252-1620.

CHURCHES IN & AROUND NORTH GLENMORE PARK

Saint James Catholic Parish

Pastor: Fr. Edmund Vargas
5504 - 20 Street SW • Telephone: 403-243-2680
Weekend Mass times: Saturday 5pm,
Sunday: 9am & 11:15am.

Lakeview United Church

Minister: Jope Langejans
3023 63 Ave SW • Telephone: 403-242-5760
Website: www.lakeviewunitedchurch.com
Sunday Services: 10:00am

Lakeview Baptist Church

Pastor: Reverend Rick Gordon
5336 Lakeview Drive SW • Telephone: 403-249-7359
Website: www.lakeviewbc.ca
Sunday Services: 9:30am

St. Laurence Anglican Church

Assistant Priest: Rev. MJ Lewis-Kirk
Rector: Rev. Anna Greenwood-Lee
5940 Lakeview Dr. SW • Telephone: 403-249-6184
Website: www.stlaurence.ca
Sunday Services: 10:00am

Rainbow Christian Church

Pastor: Yi Zheng
5336 Lakeview Dr., SW • Telephone: 403-452-8872
Website: www.rainbowchurch.ca
Sunday Services: Chinese Sunday service: 11:15am
English service: 9:30am

First Church of the Nazarene

Pastor: Bryan Roller
65 Richard Way SW • Telephone: 403-242-1718
Website: www.firstnaz.ca
Sunday Services: 10:45am

Free Reformed Church of Calgary

Pastor: Hans Overduin
2419-54 Avenue, SW
Telephone: 403-259-6591
Website: www.calgaryfrc.com
Sunday Service: 9:30 a.m. & 4:00 p.m.

CASINO



Volunteers Needed!

We're in desperate need of casino volunteers! North Glenmore Park Community Association's next fundraising casino will be held on

Tuesday, January 3rd and Wednesday, January 4th, 2017.

We need approximately 40 volunteers to help make our most important fundraiser a success. Free parking, a free meal, and snacks are included.

The casino is our most important fundraiser. It is critical that we staff the casino with volunteers to pay for the Association's facility maintenance and operations, and to ensure we can continue to provide programs and events to residents.

Volunteering at the casino is a great way to meet your neighbours while helping the North Glenmore Park Community Association raise money that is needed to improve our community.

To volunteer, or for more information, please contact Leah Wilson at the Association office. Call 403-246-4243 or email generalmanager@ngpca.ca

BUSINESS CLASSIFIEDS

For business classified ad rates call Great News Publishing at 403-263-3044 or sales@great-news.ca

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BMP MECHANICAL LTD: is a professional mechanical company offering plumbing, heating, air conditioning and drain cleaning services for Calgary and area homeowners. Our services include: repairs and installation of new furnaces; hot water tanks and air conditioning systems; regular maintenance and emergency drain cleaning - including drain video inspections. Contact us at 403-816-4409 or service@bmpmechanical.com.

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HOME BUSINESS OPPORTUNITY: Clinicair is the leading provider of Indoor Air Quality and Medical Grade Duct Cleaning services in Canada. We are looking for a dealer in Calgary to represent our growing company. We offer a royalty free business. Clinicair supplies you with the latest technology, and training. Call Craig: 1-416-277-6067.

NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

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Community Art Project Update

Introducing the Artists

Our September call to artists received a fantastic response, and we would like to thank all artists who applied. Three artists have been selected to design artwork for our North Glenmore Park community banners. Two of the artists will each prepare artwork for six banners, and the third artist will work alongside the other artists as a protégé to design an additional banner. All banners will be hung and displayed in various parts of our community. Feedback from residents throughout the engagement portion of *This is my Neighbourhood* program indicated that community signage would be a meaningful addition to our segmented community, an effective way to unite and identify all sections of North Glenmore Park.

The Artists:

Bonnie MacRae-Kilb is a Lakeview Village resident of 48 years who grew up with North Glenmore Park as an inspiring backyard for both work and play. Bonnie was selected by the Calgary Stampede in 2016 to be one of three visual artists from

across Canada to be honoured in the Ranch Project. During the Stampede, Bonnie commemorated the replacement of the Stampede Indian Village by painting her interpretation of this event, which will hang in the Sweetgrass Lodge on the Stampede grounds.

Kim Parrent is a resident of North Glenmore Park who believes in the importance of community. Some of you may know Kim already, as she was the instructor for the North Glenmore Park Community Association art camp this past summer. One of Kim's recent accomplishments was providing graphic design and mural work for the National Music Centre of Calgary, Studio Bell.

Hiba Ibrahim is a sociology student at Mount Royal University and is a young, aspiring artist. Hiba will work with Bonnie and Kim to design an additional banner. This experience will provide her with the valuable experience of creating artwork that contributes to developing a sense of community.

We are excited to have Kim, Bonnie, and Hiba working with us! We encourage residents to attend the 'Holiday in the Park' craft fair and family fun day at the Association building on December 4th between 12pm and 3pm, where you can meet the artists, check out their artwork and ideas, and provide feedback on their proposed designs.



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Sat: 7:30AM-1PM



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Purchasing an annual North Glenmore Park Community Association membership is a cost-effective investment in your community and comes with many benefits including:

- **Free and discounted events.** The association hosts several events throughout the year. In the past year, these included a Stampede Breakfast, Community Clean Up and Swap, an Easter 'Eggstravaganza', a Christmas Craft Market and fair, and the 'Spaghetti Western' (dinner and entertainment). These events are a fun way to get to know your neighbours and there's something for all ages.

- **Free drop-in gym times.** Members can drop in to our open gym times for free. We supply a variety of sports equipment for you to enjoy. Starting on January 6, free gym time will be open every Friday afternoon from 3:30 to 6pm.

- **Discounted birthday packages.** Take advantage of a 10% discount on birthday party packages.

- **Discounted room rentals.** NGCPA has multi-purpose rooms, a newly renovated lounge and commercial kitchens, plus our gym available for rent. As a member, you qualify for a 10% discount on all rental rates.

- **A liaison for social, environmental, and civic affairs.** The association keeps updated on key issues including rezoning, transportation and redevelopment. We advocate for the community on behalf of members, providing community representation to the city. When you purchase a membership, you add your voice to the vision of North Glenmore Park.

- **Discounted seniors' gentle fitness.** Receive a 10% discount when you register for a session of seniors' gentle fitness classes.



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Membership Form

2016/2017 MEMBERSHIPS

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(please include full names of both partners, if applicable)

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Phone: _____ E-mail: _____

Your personal information will be used for Association purposes only and will not be given to third parties

Would you like association news and updates by e-mail: Yes No

Yes, I would like to volunteer my time, interest or experience in the areas of:

- Communications: Newsletter, events committee meetings
- Events: Planning, volunteering, committee organization
- Canvassing: Membership drives, volunteer recruitment
- Fundraising: Casino, grants, bingos
- Facilities: Ice rink maintenance, roads and pathways, greenspace

Membership Fees

- Family Membership:**
Families living within the community as defined by the City of Calgary FEE: \$25/year
- Senior Membership:**
65 years or older as defined by the Canadian Government FEE: \$10/year
- Associate Membership:**
People living outside the community and using the community facilities FEE: \$35/year

Performing Arts Space Available

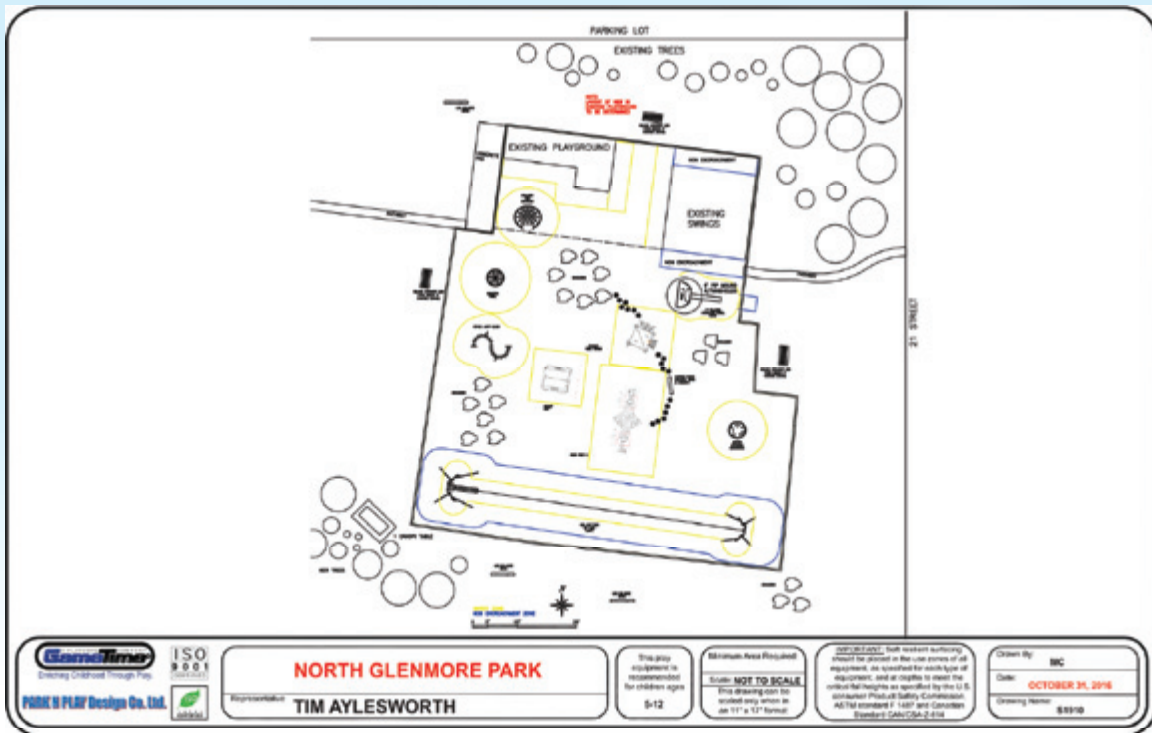
Highly sought-after Saturday studio space recently became available at the North Glenmore Park Community Association facility. The space is reasonably priced and perfect for dance, music and performance theatre.

For more information, or for a tour of our studio space, please contact Mariel at admin@ngpca.ca or 403-246-4243.

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Playground Project Team Update

The background: The playground project team is a grassroots community group of parents of children of various ages who identified the need for a playground in the northeast quadrant of North Glenmore Park. The City of Calgary acknowledged the area was underserved for playgrounds so we have collaborated with the City to make a new playground a reality. Over the past 14 months, our project team has dedicated many hours of work towards gaining site approval, design, and budgeting of a new playground for North Glenmore Park. We are thrilled to report that the North Glenmore Park Community Association and the City have approved and support this project!

The project: The site is located at 52nd Ave and 21st Street SW, where an existing smaller playground sits on a large green space. Our plan includes rehabilitation of the existing equipment, and nearly tripling the current footprint with an exciting addition comprised of boulders, logs, and innovative custom play structures – think tree houses, a zip line, hills and ropes to climb! By incorporating different styles of seating areas and mature landscaping for shade, the space is designed as a gathering space for residents of all ages. The proposed playground design is shown on the left side of this page.

We need your support! Are you willing to volunteer for the build (summer/fall 2017), work a bingo, or support the project through a monetary donation? If so, we'd love to hear from you! Please contact ngpplayground@gmail.com

Want more information? The next opportunity to speak in-person to our project team will be at the 'Holiday in the Park' craft fair and family fun day on Sunday, December 3rd from 2 – 4 pm at the North Glenmore Park Community Association. Or, email us at ngpplayground@gmail.com.

Thinking Green for the Holidays

Although it is the most wonderful time of the year, many of our holiday traditions create excessive waste. Consider all the decorations, cards, wrapping paper, gifts, and even food items we buy for the holidays and the resources it takes to produce them all. A few simple changes can alter the environmental impact our traditions have. Here are just a few ideas to consider:

For those of us who use real Christmas trees, the city provides drop off locations around the city and pick up from many communities. Recycled trees save space in our landfill and are used to make mulch which can then be used free of charge by city residents.

With basic sewing skills, making your own gift bags is a simple way to reduce the need for wrapping paper. Simple drawstring bags can be made in all different sizes and colors and are a fun project to do with family or friends. Step by step tutorial scan be found online with a simple Google search, or search on YouTube for video tutorials. Best of all, these bags can be re-gifted and reused for years to come. If sewing isn't one of your callings, consider Furoshiki, the Japanese method of gift wrapping using cloth or fabric. You can look this up online to learn the proper techniques as well, or simply make up your own method using any extra fabric you have.

Organizing a gift exchange is a great way to limit the number of gifts to buy, saving not only resources but time and money as well. Homemade gifts can be more personal, or giving a donation in someone's name. And for gifts you do purchase, consider buying local at farmer's or craft markets, or buy fair trade gifts such as items from Ten Thousand Villages; a non-profit group that sells items made around the world and ensures fair value for the artisan's work. You can also give gifts of time or service; put together ideas for a date night, make up a coupon for an oil change by dad, offer a night of babysitting, or anything else you can think of! Practical gifts can be meaningful, and can save you from buying items out of obligation that someone may or may not use.

Merry Christmas and Happy New Year!

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MLA CALGARY-ELBOW GREG CLARK

Leader - Alberta Party
(403) 252-0346
calgary.elbow@assembly.ab.ca
Twitter: @GregClark4AB

In late October I hosted a career event featuring speakers presenting 21st Century interview and resume skills, transitioning talents to a new career, and starting a new business.

The catalyst for the event came from a discussion I had with two of my neighbours. They are a young couple with tremendous skills who were both laid off from their jobs in oil and gas nearly a year ago. They've got a young child and are really struggling to make ends meet. I wanted to do something to help. It breaks my heart to see so many talented people out of work. Instead of complaining, I decided to do what I could to help.

I was encouraged by the feedback from the event; I think this comment sums up how many people are feeling:

"It is easy to become discouraged when looking for work. The presentations and panelist were very encouraging and provided me with renewed motivation and hope."

The event served as a reminder that while many Calgarians are struggling, we have each other's backs. We look out for on another, much like we did during the 2013 flood. Alberta businesses are struggling, and this has had a huge impact on our charitable organizations. As we head into the holidays season please consider donating your time or money to one of Calgary's very worthy causes.

The Calgary Food Bank needs donations of fresh and non-perishable food items, or monetary donations. During the especially busy Christmas season, the food bank is urgently in need of volunteers to help run special events. <http://www.calgary-foodbank.com/>

The Magic of Christmas needs volunteer elves to help deliver gifts and cheer, donations of household items, clothing, toys and electronics. <http://www.themagicofchristmas.org/>

Calgary Women's Centre needs donations of new, unwrapped gifts for children of all ages, and for the women themselves. <http://www.womenscentrecalgary.org/>

If you or anyone you know needs assistance at this time of year, consider contacting the *Distress Centre*. They are available 24 hours a day, seven days a week. You can reach them at (403) 266-HELP (4357) or online at www.distresscentre.com. They specialize in crisis support and suicide prevention services for everyone.

I would like to wish all of the constituents of Calgary-Elbow a safe, relaxing and happy holiday season and a very happy new year!



No Bake Gingerbread Cookie Balls

This grain-free, vegan recipe will be sure to please everyone this holiday season, even those with restricted diets!

Ingredients:

- 2 cups raw almonds, walnuts, or pecans (or mix them)
- 6 Medjool dates, pitted
- 3 Tbsp blackstrap molasses
- 1 tsp ground cinnamon
- ½ inch nub of fresh ginger, peeled, or ½ tsp ground ginger
- Dash ground cloves
- Dash ground nutmeg
- Pinch of sea salt
- Shredded coconut, for rolling (optional)

Directions:

Add all the ingredients, except the coconut, to your food processor. Process until a sticky dough ball forms. If using a magic bullet or less powerful blender, process nuts separately, dates separately (with a bit of warm water, if needed), and grate or mince ginger, then mix all ingredients together.

Roll the dough with your hands into 1 ½ inch balls and place onto a parchment paper lined sheet or tray. If it is sticking to your hands too much, wet them with water. Roll the cookie balls into coconut to coat. Best stored in the fridge to keep firm.

Makes 18-24, depending on the size.

From blog.freepeople.com



COUNCILLOR, WARD 11 BRIAN PINCOTT

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Connectivity has been a big theme this year at The City of Calgary. We've heard and learned from many Calgarians on what modes and nodes they use, and what and how they would like to use them. Basically, how folks want to connect with where they live, work and play in our city.

We've discussed the Pedestrian Strategy, the Cycling Strategy, and the Public Transportation Strategy, to name a few. Importantly, we've looked at how these strategies work together to meet the needs of all of Calgary's citizens. This integrated approach – offering a variety of modes of transportation, and nodes to use them – is aimed at creating a more successful transportation system for Calgary. One that is inclusive and accessible for persons of all abilities and ages.

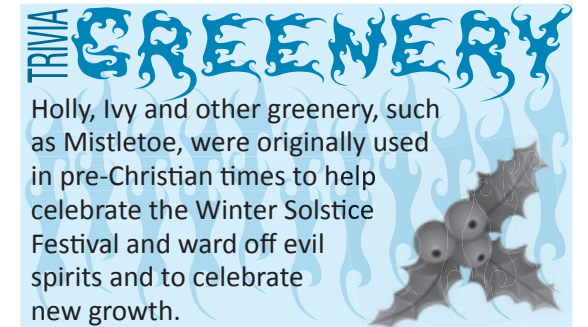
At the end of October, in Ward 11, we celebrated the grand opening of two projects that improve connectivity between communities for pedestrians, cyclists and motorists. The Anderson Pedestrian Bridge was built in advance of the Calgary South West Ring Road construction. Eliminating at-grade crossing is safer for those on foot, and results in less stop and go for drivers. The Flanders Avenue Interchange is a unique interchange design, allowing traffic to flow, while also accommodating the needs of pedestrians and cyclists. The rebuild of the previous bridge was much needed in order to accommodate the growth of the Currie Barracks development, and the campus redevelopment of Mount Royal University.

The City is currently conducting a study on the 50th Avenue SW Greenway Corridor and building the 61st Avenue SW Greenway Corridor and Pedestrian Bridge, two projects that factor in the integration of pedestrians, cyclists and motorists to major destinations like one of our beautiful parks or shopping centres. The SW Transitway BRT will amplify our public transportation network, and connect underserved communities in the SW via optimal transit routes. I put forward the motion arising to build a Pedestrian Overpass at 14th Street and 90th Avenue SW to better connect communities east of 14th Street to Glenmore Landing amenities and the reservoir. All of these projects are in Ward 11 alone! Other

city-wide studies, centred on connectivity, include Crowchild Trail, Deerfoot Trail and the Green Line LRT engagement.

Connectivity is the quality, state and capability we have of being connected to each other, within our communities, and across our city. We still have a lot of work to do in making our city accessible for all, but we are well on our way.

In the spirit of connecting, be sure to subscribe to your Ward 11 Updates at www.ward11calgary.ca. I wish you a Merry Christmas and a great Holiday season!




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JOEY'S CORNER

If your dog is anything like me, then he or she will be so glad it is winter. As a bigger guy, I prefer being outside, and prefer cooler days where I can move around without getting too hot. I also love to run in, roll in, and eat that clean white snow! Many dogs, however, are not as big or hairy as me, and need a little more help staying warm in the winter.

Coats and boots are now very popular options for keeping us four-legged creatures warm, and fashionable! Even I have tried on and worn dog boots in the snow. Instead of trying them on in the house, my owners put them on me while I was already out for my walk, and the distraction helped me not be so determined to bite them off. Boots can also keep ice and salt from accumulating in the hair

on our feet, but you can also help us by wiping them off as needed. My photo this month shows me sporting my official NGPCA scarf. I don't wear this outside as it would just be in the way; this is just to show off how good I look in green!

For dogs that struggle with the cold, late morning or afternoon walks are probably better for them as the sun will be out and shining. Older dogs like me, especially ones with arthritis, will need to be extra cautious in winter. I'm more susceptible to slipping on ice, and benefit more from several shorter walks per day as opposed to one long excursion. After playing outside, any dog will appreciate a soft, warm bed.

Happy holidays!
-Joey



MP CALGARY CENTRE HON. KENT HEHR

950 6 Ave SW
kent.hehr@parl.gc.ca
403-244-1880
www.KentHehrMP.ca

Join me at the Kerby Centre

Firstly, I'd like to invite you to attend my December 2nd holiday open house at the Kerby Centre (1133 7 Ave SW). We will be in the Kerby Centre's gym from 3:30 PM to 6:30 PM munching on cookies and singing carols. If we play our cards right a past board member of the Kerby Centre and current president of the Canadian Club of Calgary – my father, Richard Hehr – will be in the house as Elvis to perform a classic or two. To be blunt: it will be a night to remember.

If you're able to attend, I invite you to RSVP online at my website at www.KentHehrMP.ca/events.

Secondly, it is the season for giving and, throughout this year, I have been thoroughly amazed by those of whom who have played a role in bettering our province and city. And doubly so by everyday Canadians from coast to coast to coast in their care and compassion to those impacted by this year's tragedy in Fort McMurray.

In my role as chair of the Northern Wildfires cabinet committee, where I take a leadership position in coordinating the federal response to the fires in Fort McMurray, I was awestruck by the generosity of Canadians. Some \$165M was donated to the Red Cross, and a majority of the funds were match by the federal government. This federal matching is in addition to the federal government's Disaster Fund initial payment of some \$300 million to the Alberta Government. The Red Cross is continuing to collect donations and is asking for assistance. If you are able to pitch in this holiday season please do so as many families in Fort McMurray are still putting their lives back together.

It is the work above that makes it clear there is a role for government, and one that is active in supporting Canadians. I am proud of the work of our government and am inspired by the actions of tens of thousands of Canadians to support those in Fort McMurray.

Finally, it has been a whirlwind of a year – with implementing our platform on supporting seniors, bringing

Caroling & Goodies
with Hon. Kent Hehr,
MP for Calgary Centre
Friday, December 2nd
3:30 PM to 6:30 PM
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1133 7 Ave SW
Kent Hehr, Member of Parliament
Constituency Office | 950 6 Avenue SW, Calgary
t: 403.244.1880 | kent.hehr@parl.gc.ca | KentHehrMP.ca

into force our middle class tax cut, increasing child benefits to 9/10 families with our Canada Child Benefit, and a \$2.5 billion EI reform package. Our job is not yet done and I look forward to what 2017 will bring.

As always, you can contact my office by email at kent.hehr@parl.gc.ca or by phone at 403.244.1880. My office is located at 950 6 Ave SW and my door is always open to you. You can follow my work in Parliament online and sign up for my e-newsletter at www.KentHehrMP.ca.

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HANUKKAH

In 2016, Hanukkah from in the evening of Saturday, December 24th until the evening of Sunday, January 1st. During Hanukkah, on each of the eight nights, a candle is lit in a special menorah (candelabra) called a 'hanukkiyah'.

Trivia

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