

JUNE 2016

DELIVERED MONTHLY TO 3,600 HOUSEHOLDS

NORTH GLENMORE PARK CONNECTOR

THE OFFICIAL NORTH GLENMORE PARK COMMUNITY NEWSLETTER

www.ngpca.ca

Great News Publishing


| Call 403-263-3044 for advertising opportunities

| www.great-news.ca

SHE'S BACK!!!

ZUMBA

WITH GLENDA



Effective on May 2, 2016-December 8, 2016

NORTHGLENMORE PARK COMMUNITY ASSOCIATION
MONTHLY
 MON/THU 9:30-10:30AM
 TUE 6-7PM

DROP-IN
 10CAD
 5 CLASSES
 45CAD
 10 CLASSES
 90CAD

2231 Longridge Dr SW Calgary
 403-383-0588

PICCOLLAGO

www.kilbco.com

CONCRETE SEALING

Kilbco offers concrete resealing to help protect and enhance the appearance of exposed aggregate, colored and stamped concrete patios, walkways and driveways. We take pride in using the best sealing products available which help repel salt and protect against UV rays.

Please call Kilbco to maintain the value of your investment.

FREE ESTIMATES

SEALED **UNSEALED**

KILBCO
 CONCRETE CURBING

Locally Owned & Operated

BBB A+

Brad 403.875.8463 | Stephen 403.478.1737

Lakeview Dental Centre
 Family & General Dentistry
www.lakeviewdentalcentre.com

Dr. Violet Newman will listen to **your needs** and concerns regarding your oral and **dental health**.
Call today for an appointment!

Your Child Deserves...To become **cavity free** and to stay that way; To have a **great** looking **smile** & To be **free** of **dental pain** and infection; At Lakeview Dental Centre **we love children** and they love us to!

Call today to book your child an appointment!



Scan the code for instant call!



Scan the code to visit our website!



#104 - 6449 Crowchild Trail S.W.

Monday – 10:00 a.m. to 6:00 p.m.
 Tuesday – 7:00 a.m. to 4:00 p.m.
 Wednesday – 10:00 a.m. to 6:00 p.m.
 Thursday – 7:00 a.m. to 4:00 p.m.
 Friday – 8:00 a.m. to 2:00 p.m. (reception only)

facebook.com/CalgaryLakeviewDentalCentre

To request an appointment simply call at (403) 242-5900

All services are provided by
Dr. Violet Newman, General Dentist.

Ron Garneau *Area Specialist*

RE/MAX House of Real Estate #20, 2439-54 Avenue SW

Now is a GREAT time to buy!!




2239 Longridge Drive SW
 4 Bed / 2 Bath
 \$699,900 MLS: 4058713



12 Governor Drive SW
 3 Bed / 3 Bath
 \$939,000 MLS: C4054744



6512 Crowchild Trail SW
 3 Bed / 3 Bath
 \$569,000 MLS: C4051352



111 Superior Avenue SW
 3 Bed / 2 1/2 Bath
 \$1,225,000 MLS: C4049550



3420 Lake Court SW
 4 Bed / 3 Bath
 \$2,200,000 MLS: C4051979



3631 Logan Crescent
 3 Bed / 2 Bath

SOLD

Striving to be your agent for 2016
Call Today for Your Complimentary Home Evaluation
403-830-1009





www.sellhomes.ca 403-830-1009 rongarneau@remax.net

NGPCA CORE VALUES

We strive to uphold the following values:

Trust - We are committed to earn, maintain, and enhance the trust of each other and the community.

Integrity - We conduct our work in an atmosphere of honesty, respect, and courtesy.

Quality - We will provide excellent service in a cost-effective manner.

Teamwork - We nurture successful working relationships with all our partners.

Accountability - We take responsibility for our actions.

Openness - Our actions are transparent to all our community members, users, supporters, volunteers and ourselves.

Innovation - We encourage and support new ideas and creative approaches.

Diversity - We respect the uniqueness of our employees and community members.

Community - We believe in our employees and our community members.

Environment - We believe in fostering a positive environment where residents of all ages can be active & healthy.

NORTH GLENMORE PARK SCHOOLS

- Central Memorial (houses community students, National Sports Academy, and the School of Performing and Visual Arts)
- Lord Shaughnessy (houses CBE-learn online program and Career and Technology Center)
- Bishop Carroll High School (Catholic)
- St. James Elementary & Junior High School (Catholic; hosts the Hockey Canada Skills Academy)
- The Emily Follensbee School for severely disabled students
- The Calgary Girls' School

In the immediate vicinity

- Mount Royal University
- Bishop Pinkham Junior High School (public)
- Jenny Elliot Elementary School (public)

NGP COMMUNITY ASSOCIATION



BOARD OF DIRECTORS

President	president@ngpca.ca	Barry Morrisette
Vice President	vp@ngpca.ca	Jill Mitchell
Treasurer	treasurer@ngpca.ca	Lisa Frehlich
Secretary		Vacant
Directors at Large		Jim Dejewski Kyla Zalapski Peter Tepler Amir Eisenberg

COMMITTEES	CONTACT INFO	CHAIR
Executive*	president@ngpca.ca	Barry Morrisette
Finance and Audit*	treasurer@ngpca.ca	Lisa Frehlich
HR and Governance*	vp@ngpca.ca	Jill Mitchell
Facility Life Cycle & Building	facility@ngpca.ca	Jim Dejewski
Community Engagement	communityevents@ngpca.ca	Lisa Frehlich
Area Redevelopment	redevelopment@ngpca.ca	Kyla Zalapski
Traffic	traffic@ngpca.ca	Vacant
Fundraising		Volunteers needed
Green Energy		Volunteers needed
STAFF		
Communications		Marief Buckley
Programs & Events		Kate Hume

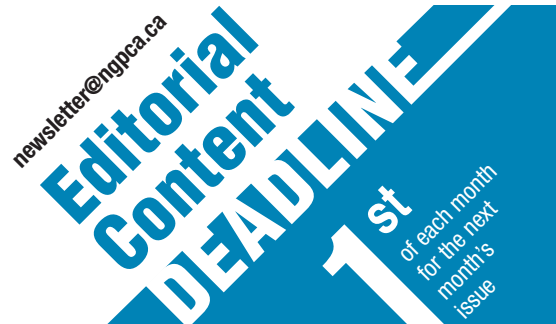
Like us on Facebook: North Glenmore Park Community Association

Follow us on Twitter: @NGPCA

See our Website: www.ngpca.ca

2231 Longridge Drive SW Calgary, Alberta T3E 5N5

403-246-4243 • Fax: 587-353-4536 • Email: admin@ngpca.ca



North Glenmore Park Community Association

2231 Longridge Dr. SW, Calgary, AB T3E 5N5

Phone: 403.246.4243 • Fax: 403.353.4536

admin@ngpca.ca • www.ngpca.ca

CONTENTS

AARCS adoptable Pet of the Month 7

Upcoming Events 8

Summer Day Camps 9

Annual Stampede Breakfast 12

Cook's in the Corner 13

NEWSLETTER AD SALES

GREAT NEWS PUBLISHING  27 YEARS

Great News Publishing Ltd.

403.720.0762 | 403.263.3044

sales@great-news.ca | www.great-news.ca



GREAT NEWS PUBLISHING HAS BEEN PROUDLY SERVING NORTH GLENMORE PARK FOR 2 YEARS!



IN & AROUND CALGARY

The scoop on dog poop

With 150 public off-leash areas and over 100,000 dogs in our city, it's clear Calgarians love their canine companions. What isn't to love is the stinky situation left behind when owners don't pick up after their pets.

Cleaning up your dog's waste helps keep our yards, parks and off-leash areas safe and healthy, and is part of being a responsible pet owner.

Here are five facts you may not know about doggy doo-doo:

1. It's classified as a hazardous pollutant. It's in the same category as toxic chemicals!
2. It's crawling with E. coli and often contains roundworm larvae which, if ingested by humans or dogs, can lead to brain, eye and other organ damage.
3. It's not a good fertilizer. Its high nutrient content is toxic to lawns and will create "hot spots" causing the grass to burn and discolour.
4. It doesn't absorb into the soil, so the risk of spreading its harmful effects can linger for years!
5. It attracts mice, coyotes and other wildlife that consider it a delicious snack.

Keeping our city pet-waste free is easy, if we all do our part. Always carry pet waste bags with you when you walk your dog, and pick up and properly dispose of your pet's waste as soon as possible.

To learn more about the importance of picking up after your pet, join us at a P.U.P.P.Y. (Pick Up Pooch's Poo Yourself) event near you. Visit calgary.ca/puppy for details.

CHURCHES IN & AROUND NORTH GLENMORE PARK

Saint James Catholic Parish

Pastor: Fr. Luciano Cortopassi
5504 - 20 Street SW • Telephone: 403-243-2680
Website: www.stjamescalgary.org
Sunday Services: 10:00am

Lakeview United Church

Minister: Joep Langejans
3023 63 Ave SW • Telephone: 403-242-5760
Website: www.lakeviewunitedchurch.com
Sunday Services: 10:00am

Lakeview Baptist Church

Pastor: Reverend Rick Gordon
5336 Lakeview Drive SW • Telephone: 403-249-7359
Website: www.lakeviewbc.ca
Sunday Services: 9:30am

St. Laurence Anglican Church

Assistant Priest: Rev. MJ Leewis-Kirk
Rector: Rev. Anna Greenwood-Lee
5940 Lakeview Dr. SW • Telephone: 403-249-6184
Website: www.stlaurence.ca
Sunday Services: 10:00am

Rainbow Christian Church

Pastor: Yi Zheng
5336 Lakeview Dr., SW • Telephone: 403-452-8872
Website: www.rainbowchurch.ca
Sunday Services: Chinese Sunday service: 11:15am
English service: 9:30am

First Church of the Nazarene

Pastor: Bryan Roller
65 Richard Way SW • Telephone: 403-242-1718
Website: www.firstnaz.ca
Sunday Services: 10:45am

Free Reformed Church of Calgary

Pastor: Hans Overduin
2419-54 Avenue, SW
Telephone: 403-259-6591
Website: www.calgaryfrc.com
Sunday Service: 9:30 a.m. & 4:00 p.m.

AARCS ADOPTABLE PET OF THE MONTH:



Emy's STORY

Hi! My name is Emy and I am a Survivor! You are sure to love me just as much as I know that I already love you!

I am a young female chocolate lab/pitbull mix. I came to AARCS from a rural community.

I had a rough start in life. Someone had shot me with a shotgun and I sustained an injury to my front humerus (part of my leg). I have been on crate rest for the past two months. BUT GOOD NEWS! The doctor says that I am healing up nicely so that means I am ready for adoption! I do, however, have a slight limp that may never go away but let me tell you, it doesn't slow me down one bit! I am a very active dog who loves to play and run and zoom around my foster mom's backyard. I will find just about anything to entertain myself. I especially LOVE tennis balls. I love all people and kids and when I meet you for the first time it will be like we are old long lost friends. I will want to jump up and give you kisses, which is something my foster mom is trying to work with me on.

I am not very fond of my foster mom's cat or small dogs. Because of my size and strength and because I love to play, I can scare small dogs easily, which in turn, upsets me and then upsets them even further. I am not sure about large breed dogs as I have not had a chance to be around them but I may be okay with other large breed dogs who are just as active and want to play as much as I do. If you have no other animals, that's great too! I would love all the attention on

myself and in turn, I will love you forever. You see, I love affection.

I am a very smart dog and will do things for treats. I was able to learn "sit" and "lie down" in a matter of 10 minutes. Because I was crate rested for so long, I was not able to do any further training, but I am willing to learn from you if you give me the chance. I am very good at being crated. I will willingly go into the crate if there is food there. I do not mess in my crate nor do I make any sort of fuss about being in there. I even sleep in my crate at night while my humans are upstairs. That being said, I would love to be cuddling with you on the couch giving you hugs and kisses while you give me belly rubs or while I chew on my chew toys.

I will need to be in a yard that has a tall fence so that I am not able to escape as I have shown my foster mom just how high I am able to jump and my eagerness to see what is happening out in the world. Another thing to note is, I am very good in the car and love to go for car rides.

I would love for you to meet me as I know you will fall in love. See you soon. xoxo

Summer Camps
at North Glenmore Park

* ART CAMPS * SPORT CAMPS *
PRE-SCHOOL CAMPS * COOKING CAMPS

July 25 - August 26, 2016

We're excited to offer new summer day camps right here in our community! These reasonably priced art, cooking and multi-sport camps will include action-packed fun for kids aged 3 - 12 and will take advantage of our great facilities such as the gym, newly renovated commercial kitchens, and our close proximity to the Glenmore Pool, Calgary Tennis Academy & Glenmore park and trails. Campers will be divided into age-appropriate groups. To register, please contact Kate at programs@ngpca.ca or call 403-246-4243.

Please visit our website for more information
www.ngpca.ca

REGISTER by MAY 24
for Early Bird Rates



COUNCILLOR, WARD 11 BRIAN PINCOTT

P.O. Box 2100 Stn. M, #8001A
Calgary, AB T2P 2M5
403-268-2430 • www.ward11calgary.ca

What does it mean to be flood ready? Higher river flows typically occur in Calgary from the middle of May to middle July. However flooding can strike any Calgary community in any season, often with little or no warning. Interestingly this has less to do with spring run-off from the mountains, and more to do with precipitation.

The City has plans in place that guide our response to floods of various sizes. Every event is different and actions leading up to and during a flood depend on the specifics of each event. In general, as a City, we take these actions to mitigate the impact of a flood:

- Manage the flow of water out of the Glenmore reservoir
- Close the gates on storm water outfalls to prevent river water from entering the storm system
- Deploy temporary lift stations to supplement pumping
- Deploy temporary berms, flood tubes or sandbags to critical locations.

Last month, the City of Calgary held two open houses to provide information to residents about on-going 2013 flood recovery efforts. This information is available online if you missed the session at Calgary.ca/flooding, along with resources on preparing yourself and your community in the event of a flood.

Community building in your neighbourhood! June is a busy month for Ward 11 communities. Be sure to check your Community Association for their family-friendly event listings – festivals, bike parades & Neighbour Day events – just to name a few! Community clean-ups are also underway from now until September. They are a great way to meet your neighbours, and take a burden off of your spring clean-out. See the full schedule at Calgary.ca/cleanup.

As mentioned last month, my team and I will host a community information session on **Little Free Libraries** on **Thursday, June 9th at 6:00 pm at the Voltage Creative Garage, 2101 – 34th Avenue SW**. Light refreshments will be provided. We hope to see you there!

Remember to sign up for Ward 11 updates to receive information on upcoming events, City programs, and public engagement opportunities relevant to you at www.ward11calgary.ca.

NGPCA UPCOMING EVENTS

Community Clean Up

When: Sunday, June 5th

Where: 2231, Longridge Drive SW

What: Come and shed your unwanted household items, furniture, and clothing; at our annual Community Clean Up. Sponsored by the City of Calgary, the cleanup will provide various services including: electronics recycling, trade zones, and trash / recycling bins for larger items. Save the date!

Lawn Chair Theatre

When: Thursday, July 7th

Where: 2231, Longridge Drive SW

What: Have a seat, we'll have them out and ready for you! Family friendly entertainment in the greenspace of NGPCA on the evening of July 7th. Come and dive in to Calgary's rich arts and culture from the comfort of your own back yard! Save the date!

Stampede Breakfast

When: Saturday, June 18th

Where: 2231, Longridge Drive SW

What: Our annual Stampede Breakfast is one you won't want to miss. Enjoy free pancakes, eggs, sausage, juice and coffee with western activities for the whole family. Save the date!

NGPCA Summer Camps

When: Monday, July 29th – Friday, August 26th

Where: 2231, Longridge Drive SW and various locations within the Community

What: Summer camps with a wide variety of activities including: multi-sport, dance, art, cooking and more! Contact programs@ngpca.ca for more details.

Mobile Skate Park at NGPCA

When: Tuesday, August 3rd – Friday, August 17th

Where: 2231, Longridge Drive SW; Greenspace

What: The City of Calgary's Mobile Skate Park will be temporarily placed on our property for the whole Community to enjoy! Hours of operation TBD, contact admin@ngpca.ca for more details.



NEW SUMMER CAMPS AT NORTH GLENMORE PARK!

We're excited to offer new summer day camps right here in our community! These reasonably priced art, cooking and multi-sport camps will include action-packed fun for kids aged 3 - 12 and will take advantage of our great facilities such as the gym, newly renovated commercial kitchens, and our close proximity to the Glenmore Pool, Calgary Tennis Academy & Glenmore park and trails. Campers will be divided into age-appropriate groups. To register or for more details on camp activities, please contact Kate at programs@ngpca.ca or call 403-246-4243.

ART ESCAPE

July 25 – 29

Ages 8-12 * 9am – 4pm

NGPCA Members - \$250 * Non - Members - \$285

Explore your creative side with our Art Escape day camp! At this full day camp you'll get to explore the following techniques:

- Beauty and the Beach: drawing, experiencing art & nature (some day hikes & sketching, weather permitting)
- Star Wars and Superheroes: re-invent yourself and make yourself into a character from Star Wars or create a Superhero painting
- Learn how to make stencils and your own graffiti art
- Paper Mache Monsters – learn to build 3 dimensional creatures

MULTI SPORT SUPERSTARS

August 2-5 * August 8 – 12 * August 22 – 26 *

Ages 6 – 12 * 9am – 4pm

NGPCA Members - \$200 * Non - Members - \$230

Children will love playing and learning a variety of sports throughout the day in our Multisport camp. Sports include soccer, fencing, basketball, tennis and many more! Your child will also have the opportunity to play games, make crafts and sing some great songs! Camps may run indoors and outdoors, depending on the weather.

SPORTBALL HALF DAY CAMPS

August 8 – 12

Ages 3 – 5 * 1pm – 4pm

NGPCA Members - \$125 * Non - Members - \$160

Sportball's action packed camps introduce children to a variety of ball sports and activities plus arts and crafts, snack time, stories, co-operative games and more! Coaches focus on the basic skills common to all sports - balance, coordination, stamina and timing - in a fun, supportive, non-competitive setting that emphasizes teamwork. Camps may run indoors and outdoors, depending on the weather.

KITCHEN KIDS

August 15 – 19

Ages 8 – 12 * 9am – 4pm

NGPCA Members - \$250 * Non - Members \$285

Treat your little chef to the experience of a cooking camp this summer! Children will learn the basics of food preparation, kitchen safety, cooking techniques and healthy eating. Participants will cook healthy snacks and food to eat throughout the day! Other activities will include sports, crafts and other fun outdoor games. All recipes will be nut free, but we cannot guarantee a nut free environment.

BUSINESS CLASSIFIEDS

For Business Classified Ad Rates Call Great News Publishing at 403 263-3044 or sales@great-news.ca

NEPTUNE PLUMBING & HEATING LTD: Qualified journeymen plumbers/gasfitters, very experienced in North Glenmore Park. Upfront pricing. Reliable, conscientious, fully guaranteed. Mon - Fri 8:00 am - 5:00 pm. 24 hour emergency service call 403-255-7938. "Showering you with great service."

A & B TAX WILL HELP TO MINIMIZE YOUR TAX BILLS: Small Business, corporate returns, book-keeping, payroll, GST. Bring this ad and receive \$50 off your service. Call 403-457-3991 or email info@aandbtax.ca.

CONCRETE CUTTING FOR BASEMENT WINDOWS, DOORS & FLOORS: New openings or enlargements cut into foundation for basement windows and doors. Enlarge your existing basement windows to meet fire code for bedrooms, from cutting basement windows, doorways to supply and install quality windows, window-well, weeping-tile, core drilling, excavation and anything concrete cutting. Call 403-570-0555 or text 403-680-0611. Email: info@asapconcretecutting.com.

HOME BUSINESS OPPORTUNITY: Clinicair is the leading provider of Indoor Air Quality and Medical Grade Duct Cleaning services in Canada. We are looking for a dealer in Calgary to represent our growing company. We offer a royalty free business. Clinicair supplies you with the latest technology, and training. Call Craig: 1-416-277-6067.

CARPENTRY AND GENERAL WORK: Kitchens, bathrooms, basements, renos, decks, fences. Knowledgeable, Reliable, 30yrs+ experience, 50yrs+ in Calgary. Greig 403-813-8385, greigr@telus.net.



Ballet School Lakeview
Susie von Hellebrand
Specializing in Ballet
 Pre-ballet age 3 1/2 & up All grades & teens
 Adult beginner & advanced
 North Glenmore Park Community | 2231 Longridge Dr. SW
 Phone Susie 403.246.2208

NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

YARDBUSTERSLANDSCAPING.COM: Weekly lawn mowing \$36, power-rake \$100, aeration \$50. Some conditions. Landscape construction and yard renovation: Stone patios, walks, raised beds and rock walls, synthetic grass, sod and trees and shrubs, landscape lighting, water features and decks and fences and superhero window cleaning. Licensed. Insured. Seniors discount. Phone: 403-265-4769.

DOUBLE DIAMOND PLUMBING AND HEATING LTD: A 24 hour residential service company with qualified journeyman plumbers. As qualified journeyman plumbers, we are here to address any issues for you. We are your local plumbing and heating experts - call us first and let our service shine! Call 403-875-0166 or Email: doublediamondplumbingltd@gmail.com. www.doublediamondplumbingltd.com.

THE GUTTER DOCTOR: We install, repair and clean eavestroughs, and downspouts. Fascia, soffit, drip-edge, siding, roofing, cladding. Over 15,000 happy customers since 2003! Insured and guaranteed work with references. We take pride in doing a good job. A+ rated BBB Member. www.gutterdoctor.ca 403-714-0711.

K2 BOOKKEEPING: Are you too busy to keep up with your bookkeeping? Experienced bookkeeper now accepting new clients. Specializing in small to medium sized business. Twelve years of experience with QuickBooks and Simply Accounting, GST, Payroll, WCB Filing, T4 Filing, and competitive rates. Phone Katie 403-870-0737.

~continued next page~

BUSINESS CLASSIFIEDS

For Business Classified Ad Rates Call Great News Publishing at 403 263-3044 or sales@great-news.ca

LAWN & GARDEN MAINTENANCE: Spring clean-up, fertilizing, mowing, trimming, aerating and holiday backup. Local student business serving North Glenmore Park homeowners for seven years. Call Iain at 403-918-2581 (cell) or 403-240-2580 (home). E-mail iain_sc@hotmail.com.

AUDIO/VIDEO AND HOME AUTOMATION: Contact ViTechs for your Smarthome System and home theatre needs. We offer automated lights, HVAC, shades, multi-room audio, security, and camera surveillance. www.vitechs.ca or call Brad at 403-585-8045.



Membership Form

2015/2016 MEMBERSHIPS

Name(s): _____
(please include full names of both partners, if applicable)

Address: _____ Postal Code: _____

Phone: _____ E-mail: _____

Your personal information will be used for Association purposes only and will not be given to third parties

Would you like association news and updates by e-mail: Yes No

Yes, I would like to volunteer my time, interest or experience in the areas of:

- Communications: Newsletter, events committee meetings
- Events: Planning, volunteering, committee organization
- Canvassing: Membership drives, volunteer recruitment
- Fundraising: Casino, grants, bingo's
- Facilities: Ice rink maintenance, roads and pathways, greenspace

Membership Fees

- Family Membership:**
 Families living within the community as defined by the City of Calgary FEE: \$25/year
- Senior Membership:**
 65 years or older as defined by the Canadian Government FEE: \$10/year
- Associate Membership:**
 People living outside the community and using the community facilities FEE: \$35/year

A **FREE** Community Membership available to any resident over 18 who agrees to assist with one bingo in the calendar year.

ANNUAL STAMPEDE BREAKFAST



Our annual Stampede Breakfast is one you won't want to miss. Enjoy free pancakes, eggs, sausage, juice and coffee with western activities for the whole family. This year's breakfast falls on the City of Calgary's Neighbour Day.

Held annually on the third Saturday of June, Neighbour Day is an opportunity for neighbours to come together in the form of a front yard barbecue, garden party, picnic, clean-up or afternoon tea in a local park to celebrate our strong community spirit in Calgary.

Make Saturday, June 18, 2016 the day you get to know your neighbours! Share your experience with us using #yycNeighbourDay.

Save the date!

Join us!
June 18th
9am - 12pm

Cook's in the Corner



How To: Make Your Own Reusable Food Wrap

Do you ever consider how much garbage we produce while using food packaging items such as plastic bags, plastic wrap, and tin foil? This how-to may inspire you to make your own reusable food wrap that can easily be used to cover bowls that you put in the fridge or wrap up solid food leftovers.

You will need:

- Thin cotton fabric
- Cheese Grater
- Scissors
- Cookie Sheet
- Beeswax
- New Paintbrush

Method:

Cut the thin cotton fabric into desired sizes; using various sizes will give you options for various sized containers or food items. Use pinking shears to cut the fabric to prevent the sides from fraying. If your beeswax is in a block, use the cheese grater to grate it into smaller shreds. Lay the cotton pieces flat on your cookie sheets, and top with grated beeswax flakes. You'll want a decent amount to cover the fabric, but not too much. Put the sheets into a 200° oven until the wax melts. Remove from the oven and use your new paintbrush to spread the wax evenly on the fabric. Hang to dry.

When using the wrap, the warmth of your hands will help you shape the fabric to your container or bowl. You can also use it to wrap up sandwiches or dry snacks such as nuts or grapes as an alternative to baggies. Between uses you can wash lightly with cool water and a light soap (such as castile) if necessary. Your reusable food wrap will not be good for wet foods or meat. Each piece should last a few months, depending on your use, but you can melt more wax onto them as needed and continue using.

A fun project you can do yourself, or with friends or family that saves you money and waste!

By Renee Desroches

the Gutter Doctor
Home Exteriors
Install/Repair/Clean
EAVESTROUGHS | DOWNSPOUTS
FASCIA | SOFFIT | ROOFING | SIDING
15,000 happy customers since 2003!
403-714-0711 gutterdoctor.ca

Neighbours needed

Be part of a new community project team!

North Glenmore Park will soon enjoy public art installations!

The City of Calgary, through its "This is My Neighbourhood" initiative, has approved public art installations on garbage bins, utility boxes, and flags/banners throughout the community. These installations are scheduled for completion by spring 2017.

We need neighbourhood volunteers to help make this project a reality. NGPCA is looking for 3 - 5 neighbours to be part of a **community project team** that will lead this new initiative until the installation is complete.

The team's responsibilities will include:

- Helping to choose neighbourhood artists and being the key contact for artists
- Supporting neighbourhood engagement sessions
- Helping to decide art installation locations
- Liaising with the NGPCA Board on this project

This community project team will meet once or twice a month as needed.

Please email Mariel at admin@ngpca or call 403-246-4243 if you are interested in being part of this exciting project!

LANDSCAPE CONSTRUCTION

Stone Patios • Retaining Walls • Sod • Trees
Flowerbeds • Fences • Decks • Landscape
Designs and much more

WEEKLY LAWNCARE

Cut & Trim • Fertilize • Pruning
Vacation Services and much more



Call Now for your **FREE ESTIMATE**

403.301.3300

www.assiniboine.com



2 yr Quality Guarantee • WCB • Insured • Licensed • Bonded



MEMBERSHIP INFO



What is a Community Association?

Community associations exist in every neighbourhood in Calgary and are run by your neighbours! They bring together residents and act as a voice for the community. Most importantly community associations are dedicated to making your community a great place to live, work, and play. Purchasing a community association membership is a great way to get involved and show your support for the many ways your neighbours work to ensure you love where you live. Join the North Glenmore Park Community Association and receive these great benefits.

Buy your membership by dropping by the facility, 2231 Longridge Drive SW or online here

Member Benefits

• Programs and activities: - In the past year, the Association hosted several events including a St. Patrick's Day social, an Easter Eggstravaganza, "Spaghetti Western" (dinner and entertainment), a Stampede Breakfast, Community Cleanup, and a Christmas craft market. Programs and activities run by the Association include open gym times and Pickleball, to name a few.

- **Social, environmental and civic affairs** - The Association keeps updated on key issues including rezoning, transportation and redevelopment issues, advocating for the community on behalf of members. This includes liaising with the City of Calgary and provincial governments. Information is communicated to members.
- **Government Liaison** - With The City of Calgary and Government of Alberta
- **Weigh-in on Commercial Applications** - Community representation on key issues, development issues, zoning, traffic corridor, businesses, key community issues, etc.
- **Insurance and Administration** - Covers annual operating costs and applicable insurance cost to operate yearly.

The North Glenmore Park Community Association has been working hard to cover all the views, opinions, and concerns for all matters concerning residents and facility operations.

The Cost of membership: Family - \$25, Senior - \$10. Includes: 10% discount on room rentals and birthday party packages, discounted program rates, and free activities including

pickleball and open gym times.

Buy your membership by dropping by the facility, 2231 Longridge Drive SW or online here.

Other benefits of membership include: 10% discount on room rentals and the birthday party package, member rates for programs, free community listings of garage sales, activates, meetings and the lost and found on the NGPCA website, open gym times, pickle ball and Mom & Tots group.

Please consider becoming a member if you are not already one. We are a non-profit organization and your membership goes towards community events, programs, and operating costs as mentioned above. Additionally all membership fees and donations are eligible for a tax deductible receipt.

Volunteers play an integral part in supporting our programs and fundraising activities such as bingos. Please consider volunteering for one of these events as we need your assistance and would greatly appreciate it. We host a volunteer appreciation night to thank those who donate a bit of their time to assist with these events.



MP CALGARY CENTRE HON. KENT HEHR

950 6 Ave SW
kent.hehr@parl.gc.ca
403-244-1880
www.KentHehrMP.ca

Youth Employment

In late April I read an article on the CBC's website speaking to the plight of students in Calgary trying to find summer work. I printed this article to share with the different members of my staff and fellow MPs on Parliament Hill. Let me tell you why.

That first job for a student or youth entering the workforce establishes valuable skillsets and experience, and in some cases are the beginnings of a career. This first chance builds confidence and makes a strong impact on their ability to serve their communities and build the society that we all share and enjoy. Providing these opportunities for success is one of our most important responsibilities.

First of all, investing in youth jobs and opportunities is part of our plan to help the middle class and those seeking to join it. Our investments from Budget 2016 will help support young Canadians, including vulnerable youth, Indigenous Canadians, immigrants, youth with disabilities, single parents, those who have not completed high school and others.

We will help create thousands of new green jobs, more summer employment, participation in the Skills Link program and employment in the heritage sector.

We've **doubled** the Canada Summer Jobs Program (from 35,000 jobs to 70,000 for 2016, 2017, and 2018). This program invests in local non-profits, local government, and small businesses to hire youth over the summer months. Places like the Trinity Foundation, Kerby Centre and the YWCA receive grants for hiring these students. This program has a proven track record – employing some 330,000 students since its inception – and supporting local organizations in their work in the community.

This is part of our \$105 million commitment over five years, starting in 2016–17, and \$25 million per year thereafter in support for youth service.

Further to this, our government has created the Prime Minister's Youth Advisory Council to provide advice on key issues such as employment and education, building stronger communities as well as climate change and clean growth. Oftentimes I've found the best policies and ideas come from those you're seeking to help, and this is one part of this listening to those in our communities.

These are investments in Canada's future: we're going to help our youth find jobs and get the best start possible to their careers.

As always, you can contact my office by email at kent.hehr@parl.gc.ca or by phone at 403-244-1880. My office is located at 950 6 Ave SW and my door is always open to you. You can follow my work in Parliament online at www.KentHehrMP.ca where you can watch clips of yours truly in question period and sign up for my e-newsletter.



MLA CALGARY-ELBOW GREG CLARK

Leader - Alberta Party
(403) 252-0346
calgary.elbow@assembly.ab.ca
Twitter: @GregClark4AB

It has been a busy couple of months in the Legislature and like many of you I'm looking forward to a busy summer of festivals, outdoor activities and family time. I am excited to be back in the constituency and meeting with residents and community groups.

As summer approaches we need to consider how we can safeguard our property while many of us travel away from home. The Calgary Police Service suggests some simple practices, including locking your doors, removing valuable from vehicles, trimming shrubs and maintaining property, using motion detection lights and keeping an eye out for one another. Get to know your neighbours and have them take in your mail and mow your lawn while you're out of town.

Data recently released by the Calgary Police Service (CPS) shows break-ins are on the rise in Calgary, with four of the top five communities located here in Calgary-Elbow. A number of factors account for this city wide 56% increase from last year, including the economic downturn and increased addiction to fentanyl. Visit our new website at www.calgaryelbow.ca to find a link to more details on Calgary crime statistics or you contact my office at Calgary.elbow@assembly.ab.ca to find out more.

CPS encourages us to report all crimes, so they can track trends. It is through the use of these statistics that police resources are deployed. But not every incident requires we phone 9-1-1. So who should we call, and when?

Call 9-1-1 when you believe someone is in immediate danger, or you are witnessing a violent or criminal act. These types of incidents may include house break and enter, vehicle theft, or domestic violence.

The CPS non-emergency number, 403-266-1234, should be called when you believe the police should be engaged but there are no immediate threats to safety. These are lower priority calls that the police will respond to at a later time. These crimes may include phone scams, damage to property, a drug tip, or theft from a vehicle. You can also report these crimes using the CPS website at www.calgary.ca/cps and clicking on 'Report a Crime Online'.

~continued on page 17~

PLUMBER

PLUMBOB For All Your Plumbing Needs



- ✓ Small Company
- ✓ Low Overhead, Great Rates
- ✓ Sewer and Drain Cleaning
- ✓ Free Estimates & Advice
- ✓ Hot Water Tank Specials

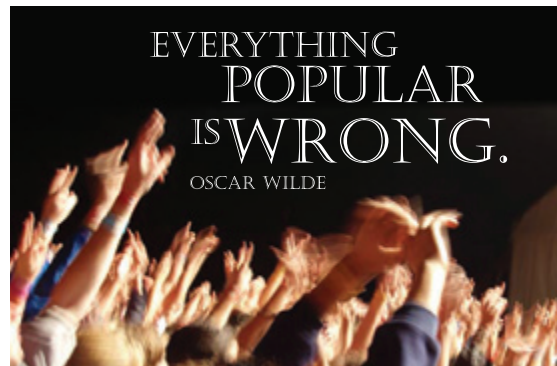
Call Mark: 403.862.3973



Save the Date! Community Cleanup

Sunday, June 5th: 9am – 2pm

Shed your household of unwanted furniture, electronics, and clothing, at our annual Community Cleanup! Sponsored by the City of Calgary, the cleanup will provide various services including electronics recycling, trade zones, as well as trash and recycling bins for larger items. There will be a donation area for used children's car seats.



SAFETY SYNC
ONLINE SAFETY MANAGEMENT SYSTEM

"An effective health and safety management system can help prevent losses, reduce costs and provide evidence of due diligence."

Enform IRP 9 (Revised)
safetysync.com
403.668.6402

A Safety Management System (SMS) is all about managing the safety interaction you have with your workers. It's an overall strategy to help you communicate information on hazards and best practices in your workplace so you can develop a stronger, lasting culture of safety within all stakeholders in your organization.

IMPORTANT NUMBERS

ALL EMERGENCY CALLS	911
Alberta Adolescent Recovery Centre	403.253.5250
Alberta Health Care	403.310.0000
AHS Addictions Hotline	1.866.332.2322
ATCO Gas – 24 Hour Emergency	403.245.7222
Calgary HEALTH LINK 24/7	811
Calgary Police – Non Emergency	403.266.1234
Calgary Women's Emergency Shelter	403.234.7233
Child Abuse Hotline	1.800.387.5437
Kids Help Line	1.800.668.6868
Child Safe Canada	403.202.5900
Distress/Crisis Line	403.266.4357
ENMAX – Power Trouble	403-514-6100
Poison Centre - Alberta	1-800-332-1414
HOSPITALS / URGENT CARE	
Alberta Children's Hospital	403.955.7211
Foothills Hospital	403.944.1110
Peter Lougheed Centre	403.943.4555
Rockyview General Hospital	403.943.3000
Sheldon M. Chumir Health Centre	403.955.6200
South Calgary Urgent Care Health Centre	403.943.9300
South Health Campus	403.956.1111
OTHER	
Calgary Humane Society	403.205.4455
Calgary Parking Authority	403.537.7000
SeniorConnect	403.266.6200
Calgary Kerby Elder Abuse Line	403.705.3250
Alberta One-Call Corporation	1.800.242.3447
City of Calgary	311
Kerby Centre for the 55 plus	403-265-0661
Community Mediation Calgary Society	403.269.2707
RNR Lockworks Ltd.	403.479.6161
Road Conditions – Calgary	511
Weather Information	
Gamblers Anonymous	403.237.0654

DISCLAIMER

The opinions expressed within any published article, report or submission reflect those of the author and should not be considered to reflect those of the North Glenmore Park Community Association and Great News Publishing. The information contained in this newsletter is believed to be accurate, but is not warranted to be so.

The North Glenmore Park Community Association and Great News Publishing do not endorse any person or persons advertising in this newsletter. Publication of these ads should not be considered an endorsement of any goods or services.

COMMUNITY ANNOUNCEMENTS

Deadline – 1st of each month for the next month's publication

Contact news@great-news.ca

- ◆ Free announcements: lost/found, household items for sale, wanted, garage sale, student/senior services, etc.
- ◆ Forty word limit

MLA GREG CLARK CONT'D

3-1-1 Calgary is a single point of contact for City of Calgary non-emergency services. The service can be reached by dialing 3-1-1 or online at www.calgary.ca/311online. Please contact 3-1-1 to report graffiti or bylaw related concerns.

The Federation of Calgary Communities has a great resource centre that offers a wide range of resources on crime prevention, safety, community engagement, and more. Visit them at www.calgarycommunities.com and search 'virtual resource centre' to access the information.

I wish you a relaxing and fun filled summer. I'll be in the constituency until the Legislature sits again in October. Please feel free to stop by the office and say hello. We are located above the Sunterra in Britannia.

Published by:



ADVERTISE YOUR BUSINESS NOW!
REACHING OVER 410,000 HOUSEHOLDS
ACROSS 139 CALGARY COMMUNITIES

DELIVERED BY
Canada Post

Phone: 403-263-3044 | sales@great-news.ca

RBC Dominion Securities Inc.



LOOKING TO BUILD & RETAIN A PRODUCTIVE, MOTIVATED WORKFORCE?

RBC Group Advantage is a comprehensive program designed to help business owners meet their employees' financial needs by providing:

- In-person financial advice for all employees
- Group retirement savings plans
- Comprehensive and discounted banking solutions

Support your employees and keep your competitive advantage. Call Investment Advisor Michael Martin at 403-266-9655 to learn more.



RBC Wealth Management
Dominion Securities

There's Wealth in Our Approach.™

RBC Dominion Securities Inc.* and Royal Bank of Canada are separate corporate entities which are affiliated. *Member-Canadian Investor Protection Fund. RBC Dominion Securities Inc. is a member company of RBC Wealth Management, a business segment of Royal Bank of Canada. ®Registered trademarks of Royal Bank of Canada. Used under licence. © RBC Dominion Securities Inc. 2015. All rights reserved. 15_90701_940_011

SHAW RENOVATION & CONSTRUCTION

We specialize in Home Renovations:

- Roofing
- Siding
- Stucco
- Soffit
- Fascia
- Eavestrough
- Windows
- Doors
- Patio Covers
- Sunrooms
- Decks
- Fences
- Painting
- Concrete
- Garages

CALL 403-233-9367



Call for Submissions!

We have received some beautiful photographs in recent months from talented residents, showcasing the vast beauty in and around North Glenmore Park.

In upcoming months, we are looking for new photos that demonstrate the beautiful changing of seasons in our community. High resolution photos are preferred, all submissions can be sent to admin@ngpca.ca – you will be contacted should your photo be used and, if not, keep shooting! There's a newsletter every month.

Winner will receive their photo on the cover of our newsletter and a complimentary Tim Horton's Gift Card!

NEW PROGRAM AT NGPCA introducing Sportball!!!

Free demonstration day May 10, 9:30 am

Sportball Parent & Child - For Ages 2 & 3

May 24 - June 21 * 9:30 - 10:30 am * \$100 for 5 weeks

Program focuses on physical literacy and social exploration as toddlers learn fundamental sport skills and participate in creative motor games, rhymes, stories, and more. Children are challenged according to their individual skill level and grownups are taught techniques to help toddlers refine motor skills while developing social skills. Each class focuses on one of eight different popular sports: hockey, soccer, football, baseball, basketball, volleyball, golf and tennis.

Refine, rehearse, repeat. Sportball Coach & Child - For Ages 3 - 5

May 24 - June 21 * 10:30 - 11:30 am * \$100 for 5 weeks

These classes are the heart of Sportball programming. Coaches focus on the basic skills common to all sports, like balance, coordination, stamina and timing in a fun, supportive, non-competitive setting that emphasizes teamwork. Each class focuses on one of eight different popular sports: hockey, soccer, football, baseball, basketball, volleyball, golf and tennis.



FOR MORE INFORMATION OR TO REGISTER PLEASE CONTACT KATE AT PROGRAMS@NGPCA.CA OR BY PHONE AT 403.246.4243



Calling All BABYSITTERS

Enroll free at mybabysitter.ca and choose the Calgary communities you would like to babysit in.

Calling All PARENTS

Visit mybabysitter.ca and find available babysitters in and around your community.

www.kilbco.com

READY TO INCREASE YOUR CURB APPEAL?

Whether you need a border between your grass and existing garden or thinking of creating a new garden Kilbco can help. With a variety of colors, stamps and profiles, steel cable enforced landscape curbing is a cost effective and practical solution to residential and commercial properties. It will beautify your landscape and add value to your property.

Kilbco has poured over 100,000 linear feet of curbing in the past 9 years.

It will not rust, rot or shift, and there are no seams for weeds to grow through.

Locally Owned & Operated

Free Estimates 403-875-8463



Lakeview Family Doctors

Accepting Walk-ins and New Patients

Dr. Nadia Azam
Dr. Andrew Wong
Dr. Muhammad Raza
Dr. Sameena Bajwa

Tel: 403-455-2550
10 - 6449 Crowchild Tr SW
Monday-Friday 9am - 7pm
Sat 10am - 4pm

#1 SELLING AREA SPECIALIST

in Lakeview, Lakeview Village & North Glenmore Park since 2012*

DANIEL'S LISTINGS IN THE AREA



THINKING OF BUYING OR SELLING? Call me today!



DANIEL WEINER 403-389-7969

daniel@DWSoldhomes.com www.DWSoldhomes.com

Not intended to solicit properties already listed for sale.

** based on total combined mls sales in Lakeview, North Glenmore, and Lakeview Village between 2012-2015



RE/MAX
Realty Professionals

TOP 100 RE/MAX AGENTS IN ALL OF CANADA IN 2013/14