

SEPTEMBER 2017

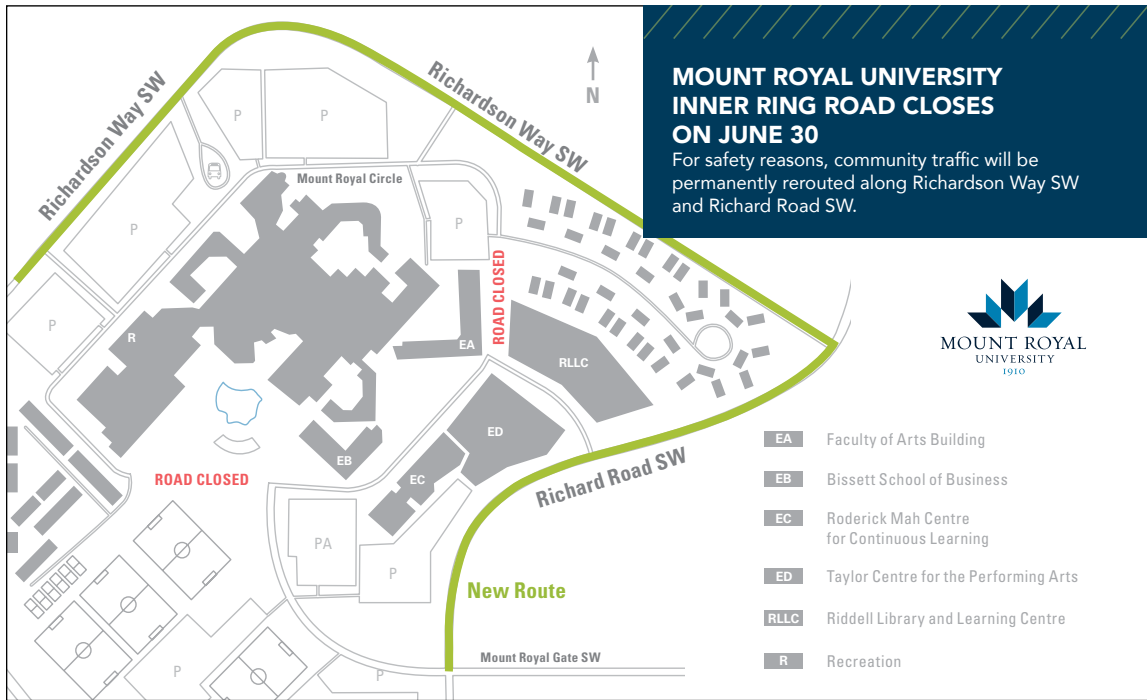
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# NORTH GLENMORE PARK

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THE OFFICIAL NORTH GLENMORE PARK COMMUNITY NEWSLETTER





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\$395,000

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 6755 Livingstone Drive SW\*\*  
 6901 Lamont Court SW  
 6702 Leaside Drive SW  
 6223 Longmoor Way SW  
 6924 Lowes Court SW

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# NORTH GLENMORE PARK COMMUNITY ASSOCIATION

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not endorse any person or persons advertising in this newsletter. Publication of  
any advertisements should not be considered an endorsement of any goods or  
services.*

## IMPORTANT NUMBERS

ALL EMERGENCY CALLS		911
Alberta Adolescent Recovery Centre	403-253-5250	
Alberta Health Care	403-310-0000	
AHS Addictions Hotline	1-866-332-2322	
ATCO Gas – 24 Hour Emergency	403-245-7222	
Calgary HEALTH LINK 24/7	811	
Calgary Police – Non Emergency	403-266-1234	
Calgary Women’s Emergency Shelter	403-234-7233	
Child Abuse Hotline	1-800-387-5437	
Kids Help Line	1-800-668-6868	
Child Safe Canada	403-202-5900	
Distress/Crisis Line	403-266-4357	
ENMAX – Power Trouble	403-514-6100	
Poison Centre - Alberta	1-800-332-1414	
HOSPITALS / URGENT CARE		
Alberta Children’s Hospital	403-955-7211	
Foothills Hospital	403-944-1110	
Peter Lougheed Centre	403-943-4555	
Rockyview General Hospital	403-943-3000	
Sheldon M. Chumir Health Centre	403-955-6200	
South Calgary Urgent Care Health Centre	403-943-9300	
South Health Campus	403-956-1111	
OTHER		
Calgary Humane Society	403-205-4455	
Calgary Parking Authority	403-537-7000	
SeniorConnect	403-266-6200	
Calgary Kerby Elder Abuse Line	403-705-3250	
Alberta One-Call Corporation	1-800-242-3447	
City of Calgary	311	
Social Service Info & Referral	211	
Community Mediation Calgary Society	403-269-2707	
RNR Lockworks Ltd.	403-479-6161	
Road Conditions – Calgary	511	
Weather Information		
Gamblers Anonymous	403-237-0654	

## CONTENTS

7	PRESIDENT’S MESSAGE
7	RECIPE: CARAMEL APPLE JAM
11	JOEY’S CORNER
13	PLAYGROUND BUILD
14	MEMBER BENEFITS
16	SUMMER DAY CAMPS 2017
17	GET TO KNOW YOUR LOCAL FARMERS’ MARKET: APPROVED AND PUBLIC
18	PICKLEBALL
19	ROYAL CANADIAN AIR CADETS



7



11



16



17





# NGPCA PHOTO CONTEST

Send us your photos of  
North Glenmore Park!

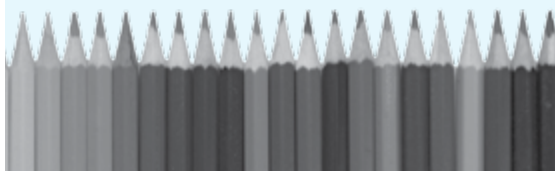
This month's beautiful cover photo was taken by North Glenmore Park resident Kevin Baggott. He snapped the picture at the constructed wetland off Crowchild Trail.

We're always looking for photos to feature on the cover of the newsletter. Pictures can highlight North Glenmore Park's natural beauty, or residents enjoying their favourite activities within the community. Please send your high-resolution photos in jpeg format to [generalmanager@ngpca.ca](mailto:generalmanager@ngpca.ca).

## NORTH GLENMORE PARK SCHOOLS

**Schools in and around North Glenmore Park include:**

- Bishop Carroll High School (CCSD)
- Bishop Pinkham Junior High School (CBE)
- Career & Technology at Lord Shaugnessy (CBE)
- Central Memorial High School (CBE)
- Calgary Girls' School (charter)
- Connect Charter School
- Emily Follensbee School (CBE)
- Jennie Elliott Elementary (CBE)
- St. James Elementary & Junior High (CCSD)



## NGP COMMUNITY ASSOCIATION



### BOARD OF DIRECTORS

President	Jill Mitchell	<a href="mailto:president@ngpca.ca">president@ngpca.ca</a>
Vice President	Vacant	
Treasurer	Janice Major	<a href="mailto:treasurer@ngpca.ca">treasurer@ngpca.ca</a>
Secretary	Vacant	
Directors at Large:	Jim Dejewski Andre Drouillard Amir Eisenberg Nicole Kiss Beth Michener Chris Policarpo Trish Snethun Peter Teppler Dana Wong Kyla Zalapski	2231 Longridge Drive SW Calgary, Alberta T3E 5N5 Ph: 403-246-4243

### Committees

Executive	Jill Mitchell	<a href="mailto:president@ngpca.ca">president@ngpca.ca</a>
Finance & Audit	Janice Major	<a href="mailto:treasurer@ngpca.ca">treasurer@ngpca.ca</a>
HR & Governance	Peter Teppler	<a href="mailto:admin@ngpca.ca">admin@ngpca.ca</a>
Facility Life Cycle & Building	Jim Dejewski	<a href="mailto:admin@ngpca.ca">admin@ngpca.ca</a>
Community Engagement	Volunteers Needed	
Area Redevelopment	Kyla Zalapski	<a href="mailto:admin@ngpca.ca">admin@ngpca.ca</a>
Traffic	Amir Eisenberg	<a href="mailto:admin@ngpca.ca">admin@ngpca.ca</a>
Fundraising	Volunteers Needed	

### Staff

General Manager	Leah Wilson	<a href="mailto:generalmanager@ngpca.ca">generalmanager@ngpca.ca</a>
Office Coordinator	Renee Desroches	<a href="mailto:admin@ngpca.ca">admin@ngpca.ca</a>



## Myokymia

is the medical term to describe eyelid twitches and spasms. Myokymia can often be triggered by stress, lack of sleep, and poor nutrition. So, if you find your eyes twitching, it's time to get a little more shut-eye!

## PRESIDENT'S MESSAGE

By Jill Mitchell



### What's happening at our facility?

I'm often asked about what goes on at the community 'hall'. The short answer is "a lot"! We are fortunate to have a top-notch facility that is well used year-round and continues to get busier with additional programming and increased spring and summer usage. Did you know...

- **Up to 2700 people pass through the doors of our facility weekly!** Our Association facility is home to several regular user groups during "prime time" from September to April including:
  - The Calgary Girls' School. The school (situated just west of our facility) uses our gym and locker rooms daily for their physical education program. In addition, our kitchens are regularly used by the students as part of their cooking/foods option.
  - CalGlen Soccer and Falcons Football are two community sports groups that use our facility for storage and practices.
  - Fitness groups including Align Yoga and our own gentle fitness class for older adults meet weekly (with a second day of weekly exercise being added this fall!).
  - Three church groups use our multi-purpose rooms and lounge for their weekly worship services.
  - Arts groups including the Dutch Canadian Choir and several dance groups (Irish, Ukrainian, Highland and Ballet) use our dance studios and multi-purpose rooms for their weekly practices.
  - The Calgary Sport and Social Club and various ball hockey groups use our gym for weekly activities and games.
  - Nearly 80 kids enjoyed our summer camps in July and August. We ran four weeks of cost-effective camps that gave children aged 6 to 12 the opportunity to participate in five-day art or multi-sport camps.
  - The City's mobile skateboard park was located in our facility's parking lot for two weeks in August. Kids of all ages enjoyed skateboarding and scootering on the ramps, with some even getting free 'professional' tips from the City employees who supervised the mobile skate park.

In addition, members and guests take advantage of our weekly drop-in pickleball and open gym times, and week-ends often see multiple birthday parties booked in the gym. Several not-for-profit associations use the facility for monthly board meetings.

There is a lot happening and we are always looking to increase our programming and events to meet members' needs. The facility is typically open from 9am to 9pm seven days a week from September through June. Feel free to drop by and see the action for yourself!



## Caramel Apple Jam

### Ingredients:

- 6 cups diced apples (1/8-inch cubes)
- 1/2 cup water
- 1/2 tsp butter
- 1/2 tsp ground cinnamon
- 1/4 tsp ground nutmeg
- 1 package (1-3/4 ounces) powdered fruit pectin
- 3 cups sugar
- 2 cups packed brown sugar

### Directions:

1. In a Dutch oven, combine the apples, water, butter, cinnamon and nutmeg. Cook and stir over low heat until apples are tender. Stir in pectin. Bring to a full rolling boil over high heat, stirring constantly. Stir in sugar; return to a full rolling boil. Boil and stir one minute.
2. Remove from heat, skim off foam. Ladle hot mixture into seven hot half-pint jars, leaving 1/4-inch headspace. Remove air bubbles and adjust headspace if necessary. Wipe rims. Centre lids onto jars; screw on bands until fingertip tight.
3. Place jars into canner with simmering water, ensuring that they are completely covered with water. Bring to a boil; process for ten minutes. Remove jars and let cool.
4. Yield: 7 half-pints.

From <https://www.tasteofhome.com/recipes/caramel-apple-jam>



## NGPCA UPCOMING COMMUNITY PROGRAMS AND EVENTS

**New Playground Build.** The new playground at 21 Street and 52 Avenue SW is scheduled to be built on Friday, September 29 and Saturday, September 30 (and possibly Sunday, October 1). The Playground Project Team is nearing the finish line on this project after more than two years of countless hours of planning, budgeting, and design work. The new playground will be well worth the wait, but we need volunteers to help construct it! Please contact playgroundngp@gmail.com if you can assist.

**FREE pickleball in September.** FREE pickleball has been extended to include the month of September! Drop in for FREE indoor pickleball on Sunday afternoons between 1pm and 3pm (please note: there will be no pickleball available on September 10). Please contact the North Glenmore Park Community Association office (403-246-4243 or admin@ngpca.ca) for more information, or if you are interested in volunteering as a court host.

**FREE FUN on Friday afternoons!** Members can play in the gym for free between 3:30pm and 6pm on Fridays (please call ahead to check gym availability for other times during the week). With access to our equipment room, participants can play dodgeball, basketball, volleyball, soccer, badminton, and floor hockey. Or make up your own games! Non-members are welcome to join the fun for a \$2 drop-in fee.

**Gentle Fitness for Older Adults.** The fall session will commence the week of September 18 with the option to participate in one or two classes per week until December 18. Please see page 9 for more details.



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## CHURCHES IN & AROUND NORTH GLENMORE PARK

### St. James Catholic Parish

Pastor: Fr. Edmund Vargas  
5504 - 20 Street SW • Telephone: 403-243-2680  
Webiste: www.stjamescalgary.org  
Weekday Mass times: Tuesday thru Friday 9:00am  
Weekend Mass times: Saturday 5pm,  
Sunday: 8:30am, 10:00am & 12:00 noon

### Lakeview United Church

Minister: Jope Langejans  
3023 63 Ave SW • Telephone: 403-242-5760  
Website: www.lakeviewunitedchurch.com  
Sunday Services: 10:00am

### Lakeview Baptist Church

Pastor: Reverend Rick Gordon  
5336 Lakeview Drive SW • Telephone: 403-249-7359  
Website: www.lakeviewbc.ca  
Sunday Services: 9:30am

### St. Laurence Anglican Church

Part-time Priest: Carolyn Herold  
Rector: Rev. Anna Greenwood-Lee  
5940 Lakeview Dr. SW • Telephone: 403-249-6184  
Website: www.stlaurence.ca  
Sunday Services: 10:00am

### Rainbow Christian Church


Pastor: Yi Zheng  
5336 Lakeview Dr., SW • Telephone: 403-452-8872  
Website: www.rainbowchurch.ca  
Sunday Services: Chinese Sunday service: 11:15am  
English service: 9:30am

### First Church of the Nazarene

Pastor: Bryan Roller  
65 Richard Way SW • Telephone: 403-242-1718  
Website: www.firstnaz.ca  
Sunday Services: 10:45am

### Free Reformed Church of Calgary

Pastor: Hans Overduin  
2419-54 Avenue, SW  
Telephone: 403-259-6591  
Website: www.calgaryfrc.com  
Sunday Service: 9:30 a.m. & 4:00 p.m.



# MONDAYS & THURSDAYS 11:00AM

# GENTLE FITNESS FOR OLDER ADULTS

## At North Glenmore Park Community Association

## FIRST CLASS FREE

Fall session starts September 18.  
Come once a week, twice a week,  
or drop-in.

To register:  
call: 403-246-4243  
email: admin@ngpca.ca  
come by: 2231 Longridge Dr. SW

13 weeks @ 1/week: \$70  
13 weeks @ 2/week: \$140  
10 class pass: \$65  
20 class pass: \$130  
Drop-in: \$8

10% discount with membership



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87 Monthly Community Newsletters  
391,000 Households

Joey's Corner

We live in such a great community, and in addition to the benefits of beautiful greenspaces and proximity to downtown, we have wonderful residents! As a dog, I've been a conversation ice-breaker for many neighbours. People want to see me, I want to see them, and the humans enjoy chatting while someone pats my head or shares a treat. Who knew that dogs were community builders!

This month I urge you to think about your neighbours - how many of them do you know? Next time you're out and see someone you don't know, just think to yourself 'what would Joey do?'. I'd probably head over for a greeting, and maybe make a new friend. Building community is easy and can start by simply saying 'hello'. The residents of North Glenmore Park and Garrison Green are on my mind this month - thanks for making this such a fantastic place to live!

- Joey



Linda  
Johnson  
FOR CALGARY WARD 11



- ✓ Listen to the feedback, concerns, and questions in Ward 11 - and represent those interests in the decision making process.
- ✓ Collaborate with community groups, residents, and governments at all levels to deliver policy results that builds sustainable and vibrant Ward 11 neighborhoods.
- ✓ Support Calgary's entrepreneurial spirit and invest in a future that continues to make this city the best place to live while respecting our economic realities.

lindajohnson.ca

Instagram Facebook Twitter @lindajohnsonyc

OPEN GYM

FRIDAYS FROM 3:30-6:00PM

FREE with membership  
or \$2 drop-in fee

Other evening and weekend times available when gym is not booked; please call to confirm daily availability

403-246-4243 | www.ngpca.ca | admin@ngpca.ca



2231 Longridge Dr. SW



Back to school safety

Alberta Health Services EMS would like to remind parents and students about some road safety tips, as streets become more congested, with the return of the school year. Pedestrians and motorists both have an important role to play – road safety is a shared responsibility.

Motorists

- Avoid talking on cell phones, texting, or any other behavior that diverts your attention away from driving;
- Give right-of-way to pedestrians who have activated overhead crossing lights, or who are waiting to cross from a street corner;
- Remember, it is illegal to pass vehicles - other than those that are parked - in school zones or playground zones, during posted hours.

Around school buses

- Flashing amber lights mean a bus is slowing down to stop – motorists should do likewise;
- No matter which direction you are coming from, STOP, when approaching a school bus with activated flashing red lights – unless the bus is on the opposite side of a divided highway from you;
- Driver courtesy goes a long way. By simply being alert and cautious when approaching a school bus, you are contributing to school bus safety.

Pedestrians

- Cross only at marked crosswalks, or street corners that have clear visibility from all directions;
- Make eye contact with all drivers before crossing the street, and keep distractions to a minimum;
- When activating overhead crossing lights, pause before stepping off the curb to ensure motorists in both directions have come to a complete stop;
- Stay within the crosswalk lines until fully clear of the roadway;
- Obey pedestrian lights at intersections. Cross the street only when you see the ‘walk’ sign and only when all cars have come to a complete stop;
- If you are with young children or pets, hold your child’s hand firmly and keep a solid grip on leashes when crossing;
- Remember: children learn by observing. By demonstrating safe crossing habits, you can reduce the chances of your child being involved in a preventable auto/pedestrian collision.



North Glenmore Park Real Estate Update

Last 12 Months North Glenmore Park  
MLS Real Estate Sale Price Stats

	Average Asking Price	Average Sold Price
July 2017	\$899,900	\$880,000
June 2017	\$648,450	\$615,000
May 2017	\$949,900	\$872,000
April 2017	\$769,900	\$745,000
March 2017	\$936,000	\$880,000
February 2017	\$599,900	\$586,750
January 2017	\$622,158	\$592,000
December 2016	\$0	\$0
November 2016	\$875,000	\$847,000
October 2016	\$602,500	\$595,000
September 2016	\$664,450	\$652,450
August 2016	\$849,000	\$825,000

Last 12 Months North Glenmore Park  
MLS Real Estate Number of Listings Stats

	No. New Properties	No. Properties Sold
July 2017	3	3
June 2017	4	4
May 2017	5	5
April 2017	8	3
March 2017	3	4
February 2017	5	4
January 2017	4	2
December 2016	3	0
November 2016	3	3
October 2016	4	4
September 2016	7	4
August 2016	6	5

To view the specific SOLD Listings that comprise the above MLS averages please visit [north\\_glenmore\\_park.great-news.ca](http://north_glenmore_park.great-news.ca)

# Volunteers Needed!

We're looking for volunteers to help build the new North Glenmore Park Playground!

- **When:** New playground to be built on Friday, September 29th and Saturday, September 30th (and possibly Sunday, October 1st ).
- **Where:** 52nd Avenue and 21st Street SW.
- **Volunteers needed:** Please email [playgroundngp@gmail.com](mailto:playgroundngp@gmail.com) if you can help with the build.
- **Donations gratefully accepted:** Although we’ve raised nearly all the funds required, we’re still looking for donations to fully furnish the site with covered seating. If you wish to contribute, email [playgroundngp@gmail.com](mailto:playgroundngp@gmail.com). Donations of \$500 or more will be recognized on a permanent sign

[www.ngpca.ca](http://www.ngpca.ca) | [playgroundngp@gmail.com](mailto:playgroundngp@gmail.com)

YOUR CITY OF CALGARY

2017 Municipal Election: Vote for  
your Mayor, Councillor, and School  
Board Trustee

This Fall Calgarians will vote for their Mayor, Councillors, and School Board Trustees in the 2017 Municipal Election. Voters can choose to cast their ballot during the Advance Vote from October 4 – 11, excluding October 9 (Thanksgiving) or on Election Day, October 16. There are many ways to vote, so be sure to check the website [www.electionscalgary.ca](http://www.electionscalgary.ca) for a complete list of voting options. Voting station locations will be available online after September 19, 2017, or you can watch the mail for your official Election Guide.

2017 Election Ward  
Boundary Changes

In October, Calgarians will vote to elect their Mayor, Councillors and School Board Trustees. During the 2017 Municipal Election, new ward boundaries will come into effect, which could change who the candidates are on your ballot and your voting station location. A total of 58 communities were impacted by the ward boundary changes. If you are in a community that has changed wards, you will be voting in a different ward than the last municipal election. It is important that you check your ward so that you know what candidates are running in your ward and where to find your designated voting station. To check your ward, visit [www.electionscalgary.ca](http://www.electionscalgary.ca), or call the Elections & Census Office at 403-476-4100 (Option 2).

# MEMBER BENEFITS

Purchasing an annual North Glenmore Park Community Association membership is a cost-effective investment in your community and comes with many benefits including:

**Free and discounted programs and events.** The Association hosts several annual events including a Christmas Art Market and Family Fun Day, the Stampede Breakfast, Mobile Skate Park, and special events such as Public Art Affair. Programs include summer day camps for kids aged 6 – 12 and gentle fitness for older adults. These events are a fun, cost-effective way to get to know your neighbours. There's something for community members of all ages!

**Free drop-in gym times and pickleball.** Members can drop in to our scheduled open gym times for free. We supply a variety of sports equipment for families to enjoy. During the month of September, members can drop-in for Sunday afternoon pickleball at no charge (please note, there will be no pickleball on Sunday, September 10).

**Free Family Skating at Calgary Flames Arenas.** A membership entitles you to free family skating at Calgary Flames Arenas during the winter months. Check with the arena for current skate times.

**Discounted birthday party packages.** Take advantage of a 10% discount on birthday party packages. A bouncy castle, gym (including sports equipment), and attached kitchen add up to birthday parties that are fun for kids and hassle-free for parents!

**Discounted room rentals.** Members are entitled to a 10% discount when renting our gym, multi-purpose rooms or newly renovated lounge with attached kitchen. Call the office at 403-246-4243 or visit [www.ngpca.ca](http://www.ngpca.ca) for rental rates, room specs, or to schedule a facility tour.

**A liaison for social, environmental, and civic affairs.** The Association keeps updated on key issues including rezoning, transportation and re-development. We advocate for the community on behalf of members, providing community representation to the city. When you purchase a membership, you add your voice to the vision of North Glenmore Park.

## BRAIN GAMES SUDOKU

9				4	1		7	
			2				3	4
			5			2	6	9
		8	9			3	1	5
2	1	3			5	4		
4	8	9			2			
3	5				6			
	6		8	5				3

FIND SOLUTION ON PAGE 23

## CIWA

### Calgary Immigrant Women's Association Women's English and Social Group

Improve your spoken English and meet new women in your community with the New Friends and Neighbourhood Groups program. Drop in at one of our weekly groups throughout the city. No cost, no immigration requirements and no minimum English requirement. Free childcare provided for children 6 months to 6 years old. Visit [www.ciwa-online.com](http://www.ciwa-online.com) for group locations and times or contact Debra Colley at 403-444-1752 or [debrac@ciwa-online.com](mailto:debrac@ciwa-online.com)



## NORTH GLENMORE PARK COMMUNITY ASSOCIATION

DATE OF REGISTRATION: \_\_\_\_\_

### Membership Registration Form

Name(s): \_\_\_\_\_  
(Please include full names of both partners, if applicable)

Children's names: \_\_\_\_\_

Address: \_\_\_\_\_

Postal Code: \_\_\_\_\_ Phone Number: \_\_\_\_\_

E-mail: \_\_\_\_\_

I authorize NGPCA to send me e-mails regarding community news, events & programs: ☐ Yes ☐ No  
Your personal information will be used for NGPCA purposes only and will never be given or sold to third parties.

### Yes, I would consider volunteering my time, interest, or experience in the areas of...

- ☐ Communications & Marketing ☐ Special Events  
☐ Membership ☐ Fundraising

### Membership Fees:

**Family:** A resident Family membership shall include up to two (2) adults and their children (up to and including the age of 17 years) living in the same household. A resident member must live within the community association boundaries and is entitled to vote at NGPCA general meetings. **FEE = \$25**

\$ \_\_\_\_\_

**Senior:** A resident Senior membership shall include up to two (2) adults over the age of 65 living in the same household. A senior member must live within the community association boundaries in order to vote at NGPCA general meetings. **FEE = \$10**

\$ \_\_\_\_\_

**Associate:** An Associate membership shall include up to two (2) adults and their children (up to and including the age of 17 years) living in the same household. A non-resident member is someone who lives outside the community association boundaries. A non-resident is not entitled to vote at the NGPCA general meetings. **FEE = \$35**

\$ \_\_\_\_\_

**Additional donation:** \$ \_\_\_\_\_  
Tax receipt will be provided

### Payment:

In person: With cash, cheque, debit, Visa, or Mastercard

By mail or email:

- ☐ I have enclosed a cheque ☐ Please process my credit card (Visa or Mastercard)

Card Number: \_\_\_\_\_ Expiry: \_\_\_\_\_

Name on card: \_\_\_\_\_ Signature: \_\_\_\_\_





# Summer Day Camps 2017

North Glenmore Park Community Association's art and multi-sport summer day camps were a great success! Over the course of four weeks, more than 70 campers participated in a variety of activities including art projects, pickleball, soccer, ultimate frisbee, yoga, basketball, flag football, badminton and various games. Off-site trips included swimming at the Glenmore Aquatic Centre, dragon boating on the reservoir, and a cycling trip to the South Glenmore Variety water spray park.

A special thanks to all our enthusiastic campers and dedicated leaders and volunteers for making our summer day camps so much fun. Hope to see you next year!



## Get to Know Your Local Farmers' Market: Alberta Approved and Public

In Alberta, there are two different types of markets – Alberta approved farmers' markets and public markets. Both types of markets involve a gathering of vendors who sell their products directly to consumers. The difference lies in the ownership/management of the market and the privileges accorded to each type of market. One is not better than the other – they are simply different.

An Alberta approved farmers' market is one that has been approved by Alberta Agriculture and Forestry (AF) and as such meets the requirements of the program guidelines that have been approved by the Minister. These include:

- Being sponsored by a not-for-profit community group, local Chamber of Commerce, municipality or agricultural society or forming their own not-for-profit society under the Societies Act. Privately-owned markets are not eligible to operate under the banner of an Alberta approved farmers' market.
- Operate under the direction of an advisory body or board of directors. Public markets typically have for-profit ownership and there is no requirement for an advisory body or board of directors in that situation.
- 80 per cent of the vendors are Albertans who meet the "make it, bake it, grow it" criteria; the remaining 20 per cent of the vendors are selling products that complement the market mix.
- Sale of any used good or flea market products are prohibited.
- Must operate for no less than ten days per year and for two hours per market day.
- Have at least one vendor meeting per year.
- Have developed a set of rules which govern the operation of the market.

- A copy of these rules must be made available to AF and all the vendors at the market.
- Adhere to the administrative requirements of the program.
- As an approved farmers' market, it receives the following benefits:
  - All markets follow the same guidelines that set minimum standards thereby strengthening the markets across the province.
  - Approved farmers' markets are recognized as such in Part 3 of the Alberta *Public Health Act* Food Regulation.
  - Only Alberta approved farmers' markets can use the official mark - Sunnygirl - in their advertising and promotion and can make arrangements to use the Sunnygirl logo on highway signage.
  - Alberta approved farmers' markets can take advantage of the free promotion provided by AF.

A public market is generally one that is privately-owned and includes all types of operations, including flea markets. As a public market, each food vendor must have an individual food permit and be operating in a Health-approved facility. Most municipalities require each vendor at a public market to have a business or peddler's license, whereas often only a single license is required for the approved farmers' market because of its not-for-profit status. A public market does not receive any of the above noted benefits enjoyed by an approved farmers' market. To find more information about farmers' markets near you visit [www.agric.gov.ab.ca](http://www.agric.gov.ab.ca).

*With copy via alberta.ca.*





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## justREEL FILM SERIES

**justREEL Film Screening**

**When:** Tuesday, September 12, 2017  
**Film:** The Grizzly Truth  
**Time:** 7:00PM  
**Where:** River Park Auditorium (3818 14a St SW Calgary, AB).

Presented by the Marda Loop Justice Film Festival.

See our website for more details:  
<http://www.justicefilmfestival.ca/>



## FOR ART'S SAKE

### Volunteering in the Arts

By Alex Bonyun

Want to be involved in the arts, but don't know where to start? A great way to dip your toe in without spending money is to volunteer. It may seem like a daunting proposition if you've never volunteered before, but non-profit cultural organizations are always looking for helpful volunteers, whether it's for ushering at a theatre performance, helping out at a festival booth, or lending a hand with administrative work at the office. The rewards of volunteering go beyond gaining access to tickets or other perks. It allows you to gain experience in a particular field or with a particular organization which can later lead to other opportunities such as serving as a Board Member for an organization that aligns with your values or joining committees in your community to boost the presence of arts in a particular discipline.

This year, Canada 150 is challenging everyone to lend a hand and give 150 hours of time volunteering before the end of 2017. The gift of your volunteer hours goes above and beyond the organization you benefit with your time. It can create a lasting impact throughout your community. You can register for the challenge and learn more at <https://volunteer150for150.ca>. It's not too late to complete the challenge as many organizations start their seasons full force in the fall, and are always in need of volunteers.

In our community approximately 50,000 Albertans volunteer for not-for-profit arts organizations every year, creating opportunities for community engagement, service, and belonging. Additionally, volunteers can help an organization build capacity, which can result in more economic stability and growth.

For a comprehensive list of all of Calgary's non-profit organizations in need of volunteers, please visit <http://public.propellus.org/NonProfitMemberList.aspx>.

*This column is provided by Arts Commons. Located in the heart of Calgary's vibrant downtown core, Arts Commons is home to six distinct performance venues.*



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For more information go to: [www.52aircadets.ca](http://www.52aircadets.ca) or call 403-255-5922.

## Parlez-vous Français?

7 out of 10 Canadians are personally in favour of bilingualism for the whole country or for their own province, and, in Alberta, 64,750 people (1.9%) identify French as their mother tongue.



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**YARD BUSTERS LANDSCAPING:** Snow removal \$129.95. Some conditions. Landscape construction and yard renovation: stone patios, walks, raised beds and rock walls, synthetic grass, sod and trees and shrubs, landscape lighting, water features and decks and fences and superhero window cleaning. Licensed. Insured. Seniors discount. Phone: 403-265-4769. yardbusterslandscaping.com.

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**MINDFUL ELECTRICIAN:** Small electrical company. I am a master electrician, fully registered, and city certified. My goal is to bring peace of mind, quality work, and advice to your home. I offer free estimates and seniors receive a reduced rate. Contact Peter at 403-472-9938 or mindful.electrician@gmail.com.

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**MP Calgary Centre**  
**Hon. Kent Hehr**  
 950 6 Ave SW, Calgary, Alberta T2P 1E4  
 ✉ kent.hehr@parl.gc.ca ☎ 403-244-1880 🌐 www.KentHehrMP.ca

Before I begin with this month's newsletter I wanted to make sure you knew about my BBQ on Sunday, September 10th. We'll be at the Sunalta Community Hall (1627-10 Ave SW) from 11:00 AM to 1:00 PM, where we will have my father, Richard Hehr, doing his best Elvis impersonation, free food, and a celebration to cap off the end of summer.

Next, I wanted to share with you an update about an issue near and dear to Calgary Centre.

It's about the work we're doing in the nation's capital to make sure all Canadians are free to identify themselves and express their gender as they wish, without fear of discrimination and hate. With having Pride this September, it's both topical and relevant. Calgary Centre is a Pride community – in the heart of its downtown core, we have one of the most vibrant LGBTQ2 communities in North America.

I have had the pleasure of working with advocates – like my caucus mate and special advisor to the Prime Minister on LGBTQ2 issues, MP Randy Boissonnault – and others across my involvement. At each place and stage my efforts were to make sure that no one should be refused a job, be disadvantaged in the workplace, be unable to access services, or be the target of harassment and violence because of their gender identity or gender expression.

One part of this was with Gay Straight Alliances being supported in every school across Alberta where and when students want them: first with my motion (Motion 503), which with community supporters, students, parents, and staff, ultimately making it the law of the land. The research is there that students have a reduced rate of suicide – across the entire population of students, not just LGBTQ2 students – with policies that encourage and allow students to support one another.

Since moving federally this work has not stopped or stalled. Our government has moved full-steam ahead with:

- Passing C-16, a bill that ensures the full protection of transgender people across Canada,

- Announced a strategy to prevent and address gender-based violence,
- Introduced legislation to remove section 159 of the Criminal Code – ensuring Canadians are not unfairly criminalized for consensual activities,
- Flying the pride, transgender, and bi flags on Parliament Hill for the first time,
- Beginning the process of an apology to the entirety of the LGBTQ2 community for previous governments' failings to defend their rights and freedoms.

I am proud to be able to be an ally to the community and work with Canadians as your Member of Parliament in supporting good public policy. As always, my door is open to you. You can subscribe to e-updates online through my website at [www.KentHehrMP.ca/](http://www.KentHehrMP.ca/) email-updates, come by my office at 950-6 Ave SW, call at 403.244.1880, or send me an email at [kent.hehr@parl.gc.ca](mailto:kent.hehr@parl.gc.ca).

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**MLA Calgary-Glenmore**  
**Anam Kazim**  
 #A208, 1600 - 90th Avenue SW Calgary, AB Canada T2V 5A8  
 ☎ 403-216-5421 🏠 403-216-5423 ✉ [calgary.glenmore@assembly.ab.ca](mailto:calgary.glenmore@assembly.ab.ca)  
 📺 Anam Kazim - MLA for Calgary Glenmore 🐦 @anamkazimMLA

Dear Constituents:

I hope all of you had a great summer with family and friends. As we enter the beginning of the fall season, I am happy to look back to share the most recent and upcoming initiatives of Alberta's government to make life of Albertans even better.

#### Economy and Job Creation:

Job creation and diversification is our government's top priority. In the last year, Alberta has created 48,000 full time jobs.

-The government's **Petrochemical Diversification Program (PDP)** will result in nearly \$6 billion in private investment in petrochemicals and plastics and over 4,000 related jobs - for a \$500 million investment (in foregone natural gas royalties)

-Besides two new petrochemical complexes with over 4,000 associated construction jobs, there are a number of projects advancing in Alberta that represent good jobs for Alberta tradespeople.

- Kinder MorganTMX – 15,000 jobs in BC and AB
- Enbridge Line 3 – 7,000 jobs
- Keystone XL – 5,000 jobs
- Oilsands projects and expansions including below – est. total 4,900 jobs
  - Cenovus Christina Lake Oil Sands Project Expansion
  - JACOS Hangingstone Expansion
  - Suncor Fort Hills
  - Harvest Black Gold Phase 1
  - AOSC Hangingstone Expansion
  - CNRL Horizon 3
  - CNRL Kirby North Oilsands expansion
  - Cenovus Foster Creek Oilsands
  - Cenovus Narrows Lake
  - Imperial Oil Aspen

#### Anti-Racism Initiatives:

- Our government is committed to making life better, promoting inclusion and mutual respect and it is clear that Albertans share our commitment.
- However, there is more work to be done to ensure that all Albertans are treated with respect and have opportunities to build successful lives for themselves and their families.
- We know that our strength is in our diversity, our sense of inclusion and our commitment to stepping up and helping one another.
- That is why we are reaching out to communities across Alberta to gather their input on racism in Alberta and on practical steps our government can take to fight racism, foster

acceptance and promote inclusion and diversity today, tomorrow, and for generations to come.

- Several meetings throughout the province will be hosted this fall with community organizations working to combat racism.
- The government wants to hear from Albertans who are experiencing racism and find out from them if it's getting worse and work together on ways to fight it.
- There has been an increase in hate crimes across Alberta whether that is because racism is on the rise or not, or whether there's more support for people reporting these disturbing incidents but that's what that needs to be found out.
- A government website will be launched where Albertans can share the perspectives on how the government can support efforts to combat racism, foster acceptance, and promote an inclusive society where all Albertans are treated with respect.
- Together, we will continue to build a successful province and make life better for Albertans regardless of their faith, skin colour, or immigration status.
- It is a small group of people who don't represent Albertans or their/our values.

## BRAIN GAMES SUDOKU

9	2	6	3	4	1	5	7	8
8	7	5	2	6	9	1	3	4
1	3	4	5	7	8	2	6	9
6	4	8	9	2	7	3	1	5
5	9	7	4	1	3	6	8	2
2	1	3	6	8	5	4	9	7
4	8	9	1	3	2	7	5	6
3	5	2	7	9	6	8	4	1
7	6	1	8	5	4	9	2	3





**MLA Calgary-Elbow  
Greg Clark**  
Leader - Alberta Party  
☎ 403 252-0346  
✉ calgary.elbow@assembly.ab.ca  
@GregClark4AB

September is an exciting time for kids (and certainly for parents too!). New schools and new friends, all supported by tremendous teachers and staff. As kids head back to school please be careful driving around schools; those kids are excited to get back to school and may not always be paying as much attention as they should.

As fall sets in I'm moving on from a busy summer of community activities and shifting my focus to activities in the Alberta Legislature. I was appointed to the all-party Ministerial Panel on Child Intervention early this year to look at ways to improve Alberta's child intervention system. In the initial phase, the panel heard from stakeholders across from Alberta and engaged in an open and collaborative conversation about how to strengthen Alberta's child death review process. The panel provided detailed recommendations to streamline and strengthen the child death review process, which led to the passage of Bill 18 *Child Protection and Accountability Act* last spring.

In Phase 2, the Panel is reviewing legislation, policies, current practices, literature, relevant data, and past recommendations, including those from the Office of the Child and Youth Advocate and the Auditor General. It is also soliciting feedback from the public, subject matter experts, Indigenous communities, Albertans with lived experience and frontline staff (the comment period is still open; you can make a submission via email at [CIPanel.questions@gov.ab.ca](mailto:CIPanel.questions@gov.ab.ca)).

Our next step is to visit reserves across the province to hear from Indigenous people in their own communities about the vast over-representation of Indigenous children in Alberta's child intervention system. Currently, 69% of the over 10,000 children receiving services in Alberta are Indigenous.

Upon completion of our work the panel will submit recommendations addressing:

- The root causes and factors that contribute to child and family involvement in the child intervention system
- Current funding and resource levels for the child intervention system as well as an assessment of workplace culture and staff morale

- Existing supports for families, including supports for kinship caregivers, foster parents, and families at-risk of needing child intervention services
- Opportunities and concrete actions to improve the child intervention system, address over-representation of Indigenous children in intervention system and improve outcomes for all children receiving child intervention services
- Identifying recommendations of past studies, prioritizing them and discussing implementation timelines and oversight

Whenever possible panel meetings are open to the public. A complete list of all upcoming meetings will be posted on the panel's website as soon as dates, times and locations are confirmed. Details can be found at <https://www.alberta.ca/child-intervention-panel.aspx>. Again, if you have questions or comments you wish to share with the panel you can submit your thoughts via email to [CIPanel.questions@gov.ab.ca](mailto:CIPanel.questions@gov.ab.ca).

And as always, I am very interested in hearing from you on this or any other issue. My constituency office can be reached at [Calgary.Elbow@assembly.ab.ca](mailto:Calgary.Elbow@assembly.ab.ca) or (403) 252-0346.

**FYI - Great News Publishing  
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**If You Feel the Same Let's Talk.**

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## COMMUNITY ANNOUNCEMENTS

### Deadline – 1<sup>st</sup> of each month for the next month's publication

#### Contact [news@great-news.ca](mailto:news@great-news.ca)

- ◆ Free announcements: lost/found, household items for sale, wanted, garage sale, student/senior services, etc.
- ◆ Forty word limit

**HOLY SPIRIT CWL CRAFT SALE:** Saturday, November 18th, 10 a.m. to 3 p.m. 10827 – 24th Street S.W. Over 40 tables of handcrafted gifts. Contact [hscwlcraftsale@gmail.com](mailto:hscwlcraftsale@gmail.com).

**NEED LEGAL HELP? FREE LEGAL CLINIC:** Wednesday October 18 9:30 am to 3:30 pm. Calgary Public Library, 616 Macleod Trail SE. Book an appointment: call 403-541-4804 between 8 am and 5 pm, Sept 27 to Oct 11. Space is limited.

**CHILD SCIENTISTS WANTED!** Ch.I.L.D. Research Group at the University of Calgary requires kids under 14 years to participate in fun game-like projects to help us understand how children develop language and social understanding. If interested call 403-220-4955, email [child@ucalgary.ca](mailto:child@ucalgary.ca), or visit <https://psyc.ucalgary.ca/child/>

**NATIONAL PHILATELIC STAMP SHOW:** Exhibits, Dealer Tables, Seminars, Club Tables, and Auction. Free admission. Sept 1-3, 2017. At the Calgary Hyatt Regency, 700 Centre St SE. 1-888-591-1234. More details at online.

**LOVE TO SING?** A non-audition World Music community choir, Vocal Latitudes meets Tuesday evenings from September to May in a central location. Repertoire includes jazz, gospel, African, Canadian, Renaissance, pop, original contemporary. Vocal Latitudes puts on a winter and spring concert and participates in special events. For more information, see [www.vocallatitudes.org](http://www.vocallatitudes.org).

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**Calgary-Heritage  
Bob Benzen, MP**  
1010 – 10201 Southport Rd SW  
T2W 4X9  
☎ 403-253-7990  
✉ [bob.benzen@parl.gc.ca](mailto:bob.benzen@parl.gc.ca)

Dear Constituents,

Since the by-election in April, it has been an eventful few months. From my swearing in ceremony in Ottawa, to moving the constituency office in Calgary, to celebrating Canada's Birthday and attending Stampede events, it has been a whirlwind of activity as I have worked hard to hit the ground running with my new job as your MP.

Following the by-election in the spring, we moved the constituency office to a convenient location on the corner of Macleod Trail and Southland Drive [1010 – 10201 Southport Rd SW]. Our office hours are from 9 AM to 4 PM, Monday to Friday. I am available to meet with constituents to help navigate government services, and to listen to your concerns regarding issues facing our community.

This summer was particularly memorable as we celebrated the sesquicentennial of Canada's Confederation. Canada's 150 Birthday offered us an opportunity to reflect on our history and shared values, and to look optimistically towards the future.

Over the summer, I was able to take in many events in our community. From Stampede BBQ's and pancake breakfasts, to fun charity activities; I had a wonderful time meeting and talking with constituents. I can't thank our community associations and their volunteers enough for putting on such terrific events – you really bring our communities together and it wouldn't be possible without your hard work.

As autumn approaches, I am preparing to head back to Ottawa. Parliament will soon be sitting again and I will be doing my best to represent our great riding. If you have any thoughts about what is being debated or voted on in Parliament, please send me a note [[bob.benzen@parl.gc.ca](mailto:bob.benzen@parl.gc.ca)] or call my office at 403-253-7990. I always appreciate hearing from you and it helps me represent you better in Ottawa.

I hope you have a safe, fun, and memorable autumn.



**Councillor, Ward 11**  
**Brian Pincott**  
 P.O. Box 2100 Stn. M, #8001A  
 Calgary, AB T2P 2M5  
 ☎ 403-268-2430 🌐 [www.ward11calgary.ca](http://www.ward11calgary.ca)

**Ward 11 Summer Newsletter 2017**

Welcome to your Ward 11 Summer Newsletter. There are a number of important updates to projects underway or coming up in this newsletter.

**Event:**  
**61<sup>st</sup> Avenue Greenway Corridor Celebration & Thank You Event – July 29**

After a long construction period, The City organized an event on Saturday, July 29 to celebrate the new features along 61<sup>st</sup> Avenue SW and thank the area businesses for their patience.

**News:**  
**ATCO Pipeline Natural Gas System Upgrade & Project Construction Notification from Acadia to 14 Street SW**

Construction along 14 Street SW is on track to be complete by late August as per the original schedule. You can view the 14 Street SW projects on the ATCO website.

- The Project Notification is for the installation of a natural gas pipeline starting late July from Ancourt Road SE and 88 Avenue in Ward 9. Construction will continue westbound along 88 Avenue SE through Bonaventure Park. Construction will enter Ward 11 at MacLeod Trail between 86 Avenue SW and 90 Avenue SE, heading west along 89 Avenue and Hoover Place, finishing at 14 Street SW.

**Green Cart Program & Collection**

The Green Cart Program for single-family homes (up to and including fourplexes) continues to roll out across the city. Collection started in the SW on July 17. Learn about the program, collection, what goes in your cart and composting:

- How the Green Cart Program works
- Collection schedule
- Using your Green Cart
- What goes in the Green Cart
- Compostable bags and alternatives
- Composting facility

**Southwest Ring Road Project**

The Southwest Ring Road Project is underway. The Government of Alberta is responsible for the design, construction, management and operation of Calgary's Ring Road. For more information on the construction of the SWRR, the contractor KGL's website contains information on construction, alignment maps and traffic detours.

- Pile Driving near 90<sup>th</sup> Avenue SW

KGL will be pile driving near 90 Avenue SW in the Transportation Utility Corridor for the future interchange of the SWRR and 90 Avenue SW. Residents in Oakridge and Lakeview may hear elevated construction noise until August 4<sup>th</sup>. KGL may be contacted directly at 403-242-0565 24 hours a day.

The City of Calgary is also beginning work to extend streets to connect Calgary's road network to the ring road, while improving some existing roads to make sure the SWRR fits with our city's road network.

- Anderson Road Widening

The City is widening Anderson Road SW from four to six lanes between the SWRR and Elbow Drive SW to improve the road network and east-west travel. Construction will begin in late July or early August. Construction of the noise barriers along Anderson Road will also start this year.

**SW Transitway BRT Construction Update**

Construction on the transit only lane in the road right of way at the southeast corner of the Crowchild Trail and Glenmore Trail SW interchange has started. This new lane will be used by BRT buses only during times of congestion on Crowchild Trail to the Glenmore Trail flyover. This construction is expected to be complete by October 2017.

We hope you're having a great summer!



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### LAKEVIEW



2912 LINDSAY DR SW

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### LAKEVIEW VILLAGE



2805 LINDEN DR SW

4,580 SQ FT • BACKING ON TO NORTH GLENMORE PARK  
LISTED AT \$2,299,000

### LAKEVIEW

# SOLD

3428 62 AVE SW

SOLD ON JULY 22, 2017  
WAS LISTED AT \$575,000

### NORTH GLENMORE

# SOLD

2331 LINCOLN DR SW

SOLD ON JULY 12, 2017  
WAS LISTED AT \$899,900

### LAKEVIEW

# SOLD

6203 LEWIS DR SW

SOLD ON AUGUST 2, 2017  
WAS LISTED AT \$729,900

**Call me today for a FREE Home Evaluation!**



**DANIEL WEINER 403-389-7969**

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Not intended to solicit properties already listed for sale.

\*\*based on total combined mls sales in Lakeview, North Glenmore, and Lakeview Village since 2012

† In the years 2013/2014



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