夏OAKRIDGE 器

THE OFFICIAL OAKRIDGE COMMUNITY NEWSLETTER







CUSTOMER SATISFACTION GUARANTEED

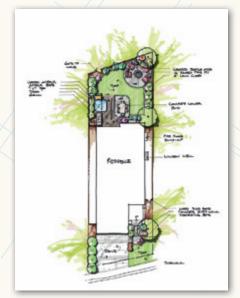


We specialize in all forms of landscape and Construction

- · Custom Decks
- Fences
- · Retaining Walls
- Irrigation
- Stamped and Exposed Concrete
- · Affordable Custom Landscape Plans
- · Bulk Topsoil Deliveries
- · Through Tip Top Soil

GOT A PLAN?

AFFORDABLE CUSTOM LANDSCAPE PLANS



Free Estimates 403.256.9282 www.jacksonandjacksonlandscaping.ca



Oakridge Community Association

9504 Oakridge Dr. SW Calgary, AB – T2V 0L1 Phone:403.238.0007

 $oak comm@telus.net \mid www.oak ridge community.ca$

CONTENTS

Community Calendar 6
Stampede Breakfast Thank You 7
ORC Kids Summer Camps 12
Southwest Calgary Ring Road 16
My Babysitter List 24

NEWSLETTER AD SALES



Great News Publishing Ltd. 403.720.0762 | 403.263.3044 sales@great-news.ca | www.great-news.ca



PROUDLY SERVING OAKRIDGE
FOR 22 YEARS!



OAKRIDGE

Complex

9504 Oakfield Drive S.W. Calgary, Alberta T2V 0L1 Telephone: 403 238-0007 Fax: 403 238-1115 Email: oakcomm@telus.net www.oakridgecommunity.ca

Office Hours

8:00 am - 4:00 pm Weekdays

Complex Manager

Sandy Fitzgibbon

Maintenance

Leyla McTaggart Ron Lukie, Jay Stewart, Jesse Leinan

Community Contacts C.O.P.S. Liaison

Cst. Mike Glessing

Hall Rentals

- · Contact Sandy weekdays at the Center, 8:00 am - 4:00 pm.
- · Space available for Socials. Meetings, Wedding Receptions
- · Our large hall holds approximately 200 people with kitchen facilities



EXECUTIVE		
President	Gerry Stoddart	403-238-9715
Past President	Cam Sylven	403 472-1780
Treasurer	Rob Kramer	403 251-2093
Secretary	Shauna Kelly	403 242-2628
V.P. Complex	Brian Pedlar	403 238-2634
V.P. Membership	Barb Yau	403 808-3797
V.P. Social	Marilyn Sharpe	403 281-5615
V.P. Sports	John Killam	403 238-0510
V.P. Fundraiser	VACANT	
V.P. Civic Affairs	Matthew O'Connor	403 837-1695

BOARD OF DIRECTORS

Don Best, Marty Scholten, Toby LaBrie, Scott Meverhoff and Suzanne Burgman

DIRECTORY		
Beavers/Cubs/Scouts	Gord Lane	403-281-1700
Before/After School Care	Kelly Krebs	403 238-9322
Bingo Volunteers	Sandy Fitzgibbon	403 238-0007
Brownies/Guides	Diane Guido	403 238-8549
Community Recreation	Katie Thorpe	403 476-7162
Coordinator		
Curling	Mel Head	403-281-3781
Echo	Emily Pratt	403 801-3786
Elm Obedience School	Eda Milne	403 281-7937
Holiday Adventures	Kelly Krebs	403 238-9322
Jump Start	Kelly Krebs	403 238-9322
Line Dancing	Mary Rochfort	403 238-4692
Netball	Paula MacWilliam	403 281-8348
Quick Fit	Sandy Fitzgibbon	403 238-0007
Ringette	Steve Hutchison	403 238-3538
Soccer	Gene Pawlak	403 238-2199
Southland Athletic Association	Jill Cameron	403 968-7316
Southwest Communities		402 220 0222
Resource Centre		403 238-9222
Weaselhead Society	Lisa Flaman	403 200-7111
Yoga with Jane		403-281-7553
Tools for Kids Preschool	Angy Moore	403 460-0389
Tai Chi with Jane		403-281-7553



miniVolley_{Summer 2016}

Volleyball Alberta is partnering with Cedarbrae Community Centre

Mini-Volley is an introductory volleyball program for children providing game like activities while also focusing on the development of fundamental movement patterns.

- PLAY and FUN
- For children aged 6-8.
- · Physical literacy development in children.
- To increase competence and confidence children need to participate in a wide variety of physical activities.

August 8-12, 2016 1:00-2:15pm August 15-19, 2016 2:30pm-3:45pm August 22-26, 2016 1:00pm-2:15pm

Cost: \$40.00 + \$8.25 membership fee



LOCATION: Cedarbrae Community Centre 11024 Oakfield Drive SW Calgary, AB T2W 5G6

Registration Deadline July 25, 2016

FOR MORE INFORMATION: Email: krath@volleyballalberta.ca Phone: 780-415-1703

August & September

A Taste of Autumn - Wine & **Beer Tasting and Silent Auction Fundraiser**

Friday, September 16: 6:30 - 9:00pm Meadow Muse Pavilion, Bow Valley Ranch, Fish Creek Provincial Park Sponsorship opportunities are available! To purchase tickets, contact the Friends of Fish Creek at 403-238-3841 or visit www.friendsoffishcreek.org/ event/autumn.

Autumn Birding Course

For course times and to register visit www.friendsoffishcreek.org/ programs/birding-course

Painting in Fish Creek

With the park as your backdrop, join the Friends in a restorative session of outdoor painting, facilitated by one of several experienced local artists. Three different classes are offered, all with a focus on acrylic media.

Capturing Nature: Painting Day in the Park: Aug. 20, 9:00 am - 12, Instructed by Debbie.lee Miszaniec.

Painting in the Autumn Breeze: Sep. 14, 5:00 – 7:30 pm, Instructed by Sylvia Prochownik.

Paint What You See: Sep. 24, 10:00 am - 2:00 pm, Instructed by Jim Pescott. For more info or to register for these or other Wellness programs, including Yoga, Qi Gong and Full Moon Meditations, visit: www. friendsoffishcreek.org/programs/ wellness-clinics.

Register online at: www.vollevballalberta.ca

PLUMBOB For All Your Plumbing Needs ✓ Small Company



- ✓ Low Overhead, Great Rates
- ✓ Sewer and Drain Cleaning
- ✓ Free Estimates & Advice
- ✓ Hot Water Tank Specials

Call Bob: 403.257.3465 / 403.461.3490

Cathy Stephen A.Mus, RMT

Teacher of Violin, Piano & Rudiments

All ages from preschool to adult Haysboro Studio

403-255-6029

201	
ST	
4	
A	

	TAT
Calendar	THE COUNTY
e Community	MONDAY
akridge	CITATIO AX

CUINDAY COLUMN	MONDAY	MONDAY THESDAY	WEDNESDAY	THIRSDAY	EBIDAV	SATIIBDAY
TUCKIOS	1 Quick Fit 8 am - 5 pm Public Tennis* 3-5 pm	Quick Fit 8 am - 5 pm	Quick Public	4 Quick Fit 8 am - 5 pm	S Quick Fit 8 am - 4 pm	6 Community centre closed
7 Community æntre closed	8 Quick Fit 8 am - 5 pm Public Tennis* 3-5 pm	9 Quick Fit 8 am – 5 pm	10 Quick Fit 8 am – 5 pm Public Tennis* 3-5 pm	11 Quick Fit 8 am – 5 pm	12 Quick Fit 8 am - 4 pm	13 Community æntre dosed
14 Community æntre closed	15 Quick Fit 8 am - 5 pm Public Tennis* 3-5 pm	16 Quick Fit 8 am – 5 pm	17 Quick Fit 8 am – 5 pm Public Tennis* 3-5 pm	18 Quick Fit 8 am – 5 pm	19 Quick Fit 8 am – 4 pm	20 Community æntre dosed
21 Community æntre closed	22 Quick Fit 8 am - 5 pm Public Tennis* 3-5 pm	23 Quick Fit 8 am – 5 pm	24 Quick Fit 8 am – 5 pm Public Tennis* 3-5 pm	25 Quick Fit 8 am – 5 pm	2 6 Quick Fit 8 am - 4 pm	27 Community æntre dosed
28 Community æntre closed	29 Quick Fit 8 am - 5 pm Public Tennis* 3-5 pm	30 Quick Fit 8 am – 5 pm	31 Quick Fit 8 am - 5 pm Public Tennis* 3-5 pm			
Squash court: Available	ilable every day	Tools	Tools for Kids Preschool: Every weekday September to June, 8:30 a.m 3:30 p.m.	Every weekday Se _l	otember to June, 8:	30 a.m 3:30 p.m.

Tools for Kids Preschool: Every weekday September to June, 8:30 a.m. Squash court: Available every day Tools i **OCA membership required to play during public tennis times

Oakridge Community

Stampede Breakfast a success

Once again we had a fabulous stampede breakfast provided by the Oakridge Old-timers!

The line for breakfast was long and extended many times to the Louis Riel School parking lot. However, waiting in line was an absolute pleasure thanks to the line dancing exhibition put on by Mary Rochfort and her amazing dancers as well as the marching band that was on hand.

Thanks to The City of Calgary for providing volunteers to do crafts and games with the children as well as Angy Moore, director of Tools For Kids Preschool, for providing the bounce house (always a hit with the little ones).

Anita Kraus and Jeff Orton were back with their wagons and teams of horses. Anita had her family as helpers - husband Rob and daughters Allison and Nicole. Jeff brought his friend Richard to help. Everyone enjoys the rides and appreciates the efforts of these people. Thank you so much!

Darcy and Trevor Johnstone and Gar Beacom provided saddle horses for horseback riding. Helping out with horseback riders and loading wagons were volunteers from 100 Oakland Place: Wayne McAlister and daughters Erin and Jill and granddaughter Maggie; and Trevor and Darcy Johnstone and sons Conner, Mitch, Spencer and daughter Victoria. This year the Johnstone family was having a reunion and many of the Johnstone clan also volunteered to help with the horse activities.

Thank you to everyone involved! A special thank you to Kelly Krebs-Jones and the Oakridge Old-timers for all their efforts in making this such a great event year after year.



The Oakridge Community Association (OCA) is holding its Annual General Meeting on Monday, September 12, 2016, at 7:00 p.m. upstairs at the Community Centre. The OCA Executive and Board of Directors invite all Oakridge residents to attend. Anyone wishing to be included on the agenda or wishing to participate in discussion, as per OCA bylaws, must have a current community membership. See you there!





oakridge holiday adventures program Oakridge Community Centre 9504 Oakfield Drive SW (403) 238-9322 oakbasc@telus.net

2016 weekly highlights

- week 1 tales from the pages . . . Kick off the summer with famous characters and authors from the classics to modern stories. Please note that we will be closed on Friday July 1 for Canada Day.
- week 2 ahov mate . . . What would a summer be without sun, sand, and a tropical Caribbean breeze? Dig out your eye patch or mermaid tail, and find your inner pirate or mystical mermaid. A trip to the movie theatre is on Thursday, and ship building is on Friday.
- week 3 wild wild west . . . Yahoo! Stampede is here again. We start the week with our yearly tradition of play forts (aka Cowboy Architecture), the Stampede Breakfast at Hull Home on Tuesday, and flipping flapjacks on Wednesday. Thursday is our annual trip to Heritage Park and we finish off the week following the trails of local Alberta heroes.
- week 4 let's get movin . . . The highlight of our week is tennis lessons for all of the children outside on our courts (north side of the building). If you have your own racquet, please bring it each day. We have a few racquets that children may borrow just in case. Running shoes are required for the lessons, and further details will be available closer to the beginning of the week.
- week 5 critters big and small . . . Bring your favorite stuffy (and/or doll) and treat it to a day at our "Pet Spa and Salon". You can even create a new outfit for him or her! Tuesday, we welcome a special guest, Wednesday is a scavenger hunt and Thursday is a trip to see the muchly anticipated movie "Secret Life of Pets". On Friday we travel back in time and explore the time of the dinosaurs and maybe a cave person too!
- week 6 let's get creative . . . Get those creative juices flowing for it's a week full of inspiration and the process of creating amazing projects from your own imaginations. Anything is possible so let's really get inspired and creative this week!
- week 7 brazil welcomes the world . . . While the world's eves are on Brazil we will be exploring a new country each day. Help us cheer the dedicated athletes from around the globe and watch them try to achieve their potential.
- week 8 olympic heroes . . . Cheer on your favorite athlete and have a bit of fun exploring the many cultures from the countries participating in the 2016 Summer Olympics.
- week 9 space invaders . . . Be prepared for a week of out of this world fun! Dr. Who's TARDIS (Time And Relative Dimension In Space) starts it off, water park on Tuesday, Jedi training on Wednesday and Spaceport at the Calgary Airport on Thursday. Aliens and Astronauts finish the week off on Friday.
- week 10 fan favs . . . With the end of an exciting summer drawing near, we will spend the last days enjoying our favorite adventures. The water park is our out-trip on Tuesday and Heritage Park on Thursday.

please note . . . During the summer we will be going to the Water Park several times. We have guite a few fun options, and the final choice for each trip will be made when we know our numbers and ages of the children. Calgary Water Parks include Prairie Winds Park (NE), Somerset Water Park (SW), and Glenmore Water Park (SW). Swimming pools include the Trico Centre (SE), Shawnessy YMCA (SW), Inglewood Pool (SE) as well as outdoor pools in the SW and SE of Calgary.

This schedule is subject to change due to weather or other unforeseeable conditions.

(schedule as of march 1, 2016)

Keep the Oakridge Community Centre smoke-free

Please be aware that smoking is not permitted within five metres of the Oakridge Community Centre entrance, per City of Calgary Bylaw 57M92 and the provincial Tobacco Reduction Act.

The Tobacco Reduction Act prohibits smoking in public places and workplaces, and within five metres of any doorway, window or air intake. If you do smoke, please be sure to do so at least five metres from the entrance. We appreciate your cooperation.





Oakridge Racquet Club 2016 Spring/Summer Tennis Programs

Kids' Programs

Kids' Team Tennis

NEW in 2016! Exciting tennis program for ages 6-12 that combines practice and play with a focus on skills development through team match play. Players are matched by skill level and compete as a team. Team shirts are provided. **\$150**

Day	Dates	Time
Tuesday/Thursday	May 24-June 30	5:30-7 pm

Afterschool Program with Student

Introductory learn-to-play progressive program for all ages with emphasis on how to play the game and have fun. **\$75**

Day	Dates	Time
Monday/Wednesday	May 30-June 29	3:30-5 pm
Tuesday/Thursday	May 31-June 30	3:30-5 pm

Summer Camps

Camp is a great way to learn tennis or gain new skills in a focused but fun environment! **\$120**

Day	Dates	Time
Monday -Friday	July 11-15	9-11 am
Monday -Friday	July 18-22	9-11 am
Monday -Friday	July 25-29	9-11 am
Monday -Friday	August 8-12	9-11 am
Monday -Friday	August 15-19	9-11 am
Monday -Friday	August 22-26	9-11 am

Mini Tennis League Tournaments

This program is geared to players who can play the game and will focus on round robin play and minitournaments. T-shirts provided. \$100

Day	Dates	Time
Friday	May 27-June 24	2-4 pm

Tennis Lessons

Register early! All group lessons have a maximum number of participants. **\$150**

Beginner

Day	Dates	Time
Monday/Wednesday	May 23-June 29	6:30-8 pm

Intermediate

Day	Dates	Time
Tuesday/Thursday	May 24-June 30	7-8:30 pm

Clinics

Tune up with our pro at a clinic. \$10

Туре	Day	Date	Time
Doubles	Monday	July 4	6:30-8 pm
Serve	Tuesday	July 5	6:30-8 pm
Groundstroke	Wednesday	July 6	6:30-8 pm
Volley/Lob	Thursday	July 7	6:30-8 pm
Doubles	Tuesday	August 2	6:30-8 pm
Serve	Wednesday	August 3	6:30-8 pm
Groundstroke	Thursday	August 4	6:30-8 pm
Volley/Lob	Friday	August 5	6:30-8 pm

Interclub

Our tennis pro will hold tryouts for Level 3.0 and 4.0 teams May 9-11 at 6:30-8:30pm. Show up for a minimum of two sessions. For more information, contact Gail Horvath at 403-281-5551or text 403-481-9313.

Drop-In

Tennis and pickleball drop-ins occur throughout the season. Free to members; \$6 per session for non-members.

Oakridge Racquet Club

Tennis

Day	Dates	Time	
Monday/ Wednesday/ Friday	All summer	9:30-11:30 am	
Thursday	All summer	6:30-8:30 pm	
Saturday	All summer	9:30-11:30 am	
Sunday	All summer	3-5 pm	

Pickleball

Day	Dates	Time
Tuesday/Thursday	All summer	9:30-11:30 am
Thursday	All summer	6:30-8:30 pm
Saturday	All summer	9:30-11:30am
Sunday	All summer	9:30-11:30 am

Cardio Drop-In

Cardio drop-ins allow you to practice your shots while working out. **\$10 per session**

Day	Dates	Time	
Monday/Wednesday	All summer	5:30-6:30 pm	

Program Registration

Go to www.oakridgecommunity.ca and click on Register for a Program. You do not need your membership ID to register. Call Sandy at 403-238-0008 if you have trouble registering or drop in at the Clubhouse to talk to the tennis facilitator.

Watch for signs, emails and updates on additional member events, round robins, tournaments, ladders, box leagues and clinics throughout the summer!

About ORC

Oakridge Racquet Club has six outdoor tennis courts, with dual markings for pickleball, and a squash court.

9504 Oakfield Dr SW Calgary AB 403-238-0007 oakcomm@telus.net **Directions to ORC:** From westbound Southland Dr SW, turn right at the T-intersection onto Oakfield Dr SW and you will find the club on your right just past the Oakridge Community Association.

ORC Tennis Pro

Tom Gregory is a professional player with eight years of coaching experience. He coaches all ages—from three to 70-years-old—at recreational, fun and competitive levels.

Tom offers private lessons throughout the season. Email tomgregory04@gmail.com or call or text 403-467-4392 for more information. Private lessons are \$50 per hour, with payment made directly to Tom.

ORC Membership

An annual Oakridge Community membership is required to join Oakridge Racquet Club. ORC membership includes online booking for play and dropin sessions. To purchase your community membership, go to www.oakridgecommunity.ca and click on 'purchase your association membership. Then continue with purchasing your ORC membership.

Oakridge Community Membership

Membership type	Annual fee
Household	\$40
Senior household	\$20

Oakridge Racquet Club Membership

Membership type	Early bird (April 30)	Regular season	
Individual	\$75	\$100	
Senior	\$50	\$75	
Couple	\$150	\$175	
Family with kids under 18	\$175	\$200	
Junior Under 18; not with family	\$25	\$25	

Guest Fees

Members can purchase a book of five guest passes online. These passes do not expire. **\$30**

ORC Ball Machine Club

Members can join the ball machine club. **\$25 per person for May to September.**

Premium Care Denture Centre
403-251-1137
Unit 23, 11625 Elbow Drive SW

COME SEE US FOR ALL YOUR DENTURE NEEDS!



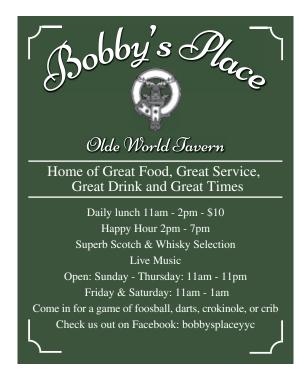
NEW PATIENTS WELCOME!

We also sell
RENEW Professional
Denture Cleaner



BARBARA GILMORE Owner - Formally from Gilmore Denture Clinic

www.premiumdenturecare.com Gilmore Denturé Clinic Denturist (30 yrs experience)







Oakridge Racquet Club

KIDS SUMMER CAMPS!

Winner of Tennis Canada's Building Tennis Communities Award in 2016

> Monday July 11 – Friday July 15 Monday July 18 – Friday July 22

> Monday July 25 – Friday July 29

Monday August 8 – August 12

Monday August 15 – August 19 Monday August 22 – Friday August 26

Openings available for all weeks: 0900-1100

Register at: www.oakridgecommunity.ca/racquetsports/



ABOUT THE OAKNOOD GRACQUET CLUB (ORC) ORC) ORC) WHITE WAS METHOD FROM THE BUY A MEMBERSHIP.

REGISTER FOR A



oakridge holiday adventures program

Oakridge Community Centre 9504 Oakfield Drive SW (403) 238-9322 oakbasc@telus.net

august 2016

sunday	monday	tuesday	wednesday	thursday	friday	saturday
week 6 let's get creative	heritage day 1 centre is <u>closed</u>	sew much fun 2	comic creators	colour me 4 mine	messy 5 art	6
7 week 7 brazil welcomes the world	greece 8	water park	10	movie theatre 11	austrailia 12	13
14 week 8 olympic hero's	philippines	16 african dance	england 17	library and wave pool	19 brazil	20
21 week 9 space invasions	TARDIS	water 23 park	24 jedi training	spaceport 25 calgary airport	astronauts and aliens 26	27
week 10	29 "busytown"	water park 30	31 costume party	heritage park 1	bon voyage summer	sept. 3 please note schedule is subject to change due to weather or other unforeseeable conditions

extra summer fun

Throughout the summer we will be adding special activities to our weekly program. Some of these activities are group based, while others are based upon the individual child's interest and skill level. Individual projects provide children with the opportunity to discover hidden talents while working on short term, as well as long term summer projects. We also have "Activity Jars" which are suggestions for quirky fun activities that involve one or more children, and will be accessible during free play.

group fun... pool parties, soccer games, water fights, "jump start", running club, skippers club, basketball, floor hockey

individual fun... reading club, technology and science projects, music and movement/yoga, crocheting, knitting, corking, chess and game club, sketching and journaling, photography and movie making, scrapbooking, sewing (hand and machine sewing), plus special art projects

(schedule as of march 1, 2016)



oakridge community association's

holiday adventures program



july and august

monday to friday

7:00 am to 6:00 pm

please note we are closed on all statutory holidays and weekends

the holiday adventures program is licensed by the government of alberta children and youth services, as well as accredited by AELCS.



we offer an exciting summer filled with a variety of activities that provide children with a wide range of experiences and opportunities.

with an emphasis on play and fun, children can develop their leadership skills, self-esteem, and independence in a safe and supportive environment.



oakridge community centre (lower level) 9504 oakfield drive sw (403) 238-9322 oakbasc@telus.net

IN & AROUND CALGARY

Southland Leisure Centre

2000 Southland Drive SW

See calgary.ca/leisurecentres for schedules and more information.

Fall 2016 - look for our program guide online and on stands early Aug www.calgary.ca/recreation)

NEW "Did you know Southland Leisure Centre has a Proshop? We have a great selection of swimsuits for all ages. Proshop sharpens skates using the Blackstone Stealth Skate Sharpening machine, CHECK US Out"

Wednesday Soccer Drop-in. Age: All ages

Soccer in the gymnasium. Develop foot skills, practice drills or play a game. Nets and standards are available. Please supply your own soccer ball.

Drop-in Climbing and Gymnastics. There's so much to do at Southland Leisure Centre! Come have some fun and unique experiences in our rock wall climbing and gymnastics gym dropin times. All equipment is provided and instructors are present to guide you.

Drop-in Badminton and Basketball.

Please see calgary.ca/recreation or contact 311 for the latest schedules as cancellations may be in effect for special events or holiday hours.

SOUTHLAND LEISURE CENTRE PLAYSCHOOL

Phone: 403-648-6582

Southland Leisure Centre's Playschool is recreation-based and includes educational activities which allows children to learn through play. Playschool programs are for two to four year olds from September to June. Registration is ongoing throughout the year, based on availability. Spaces are still available for the 2 1/2 and 4 year old programs for the 2016 to 2017 school year. **NEW** Prepare your preschooler for an active social experience where children are encouraged to play and learn through games, song, exploration, and art.

This flexible Playschool option allows you to choose from one day a week or all five, just pay for the day/classes you choose at the time of registration and you can add day/classes throughout the year as you require. Registration is ongoing and inperson.

Age: 3Y-5Y

Sep 12 – Dec 31, (Jun 14/2017), M – F, 12:30pm -03:00pm , \$20

Every Sunday, 8 am to noon. Family Swim. It's a designated family swim time. Come enjoy our waterpark, including a trip or two to the AquaPlay structure. Be prepared to get wet! Adults must be accompanied by a child and all children must be accompanied by an adult. Regular admission applies.

Get Your Total Body Transformation!





BEFORE

12 WEEKS AFTER COOLSCULPTING

Rapid Weight Loss Program

Calgary's only Medically Supervised hCG Program includes:

- Weekly visits, hCG & 6 weeks maintenance!
- Metabolic Testing & Fat Burning Injections
- Medical history review & lab testing

Benefits of our Clean Start hCG program:

- An average weight loss from ½ lb to 1 lb per day
- No loss of muscle or structural fat
- Lose the weight and keep it off!

Targeted Fat Elimination

Do you have stubborn pockets of fat?

- Eliminates love handles, muffin tops, and bra fat!
- Only clinic in Calgary with both COOLSCULPTING and Vanguish/Exilis targeted fat removal!

Skin & Body Tightening

Loose skin on your face or body?

• Exilis tightens loose skin on face, arms, abdomen

Save up to \$1,000!



A305, 1600 - 90th Ave SW

(3rd floor Glenmore Landing)

For more info or to book a *free* consultation

* Expires Aug 31 2016

Call 403-452-5699 Today!

www.GlenmoreHealthcare.com

IN & AROUND CALGARY

City of Calgary connections to the SW Calgary Ring Road

90 Avenue SW, Southland Drive and Anderson Road
The 90 Avenue SW and Southland Drive connections are
part of The City's work to make sure the future Southwest Calgary Ring Road (SWCRR) fits with Calgary's
road network. Widening Anderson Road, between the
SWCRR and Elbow Drive is also part of that work. These
three roads will work together to make sure people can
travel to where they need to go, while respecting the
local access into the neighbouring communities. Here
is an update on some of the more popular topics that
we've heard from the community of Oakridge:

Connections to the future SWCRR

90 Avenue SW and Southland Drive are connecting to the ring road, so traffic is better managed within the community. By connecting both, they provide local residents a new option to using 14 Street SW when travelling north and south. Widening Anderson Road, including its higher speed limit and fewer intersections, makes it the most attractive option for people driving through this area. By making Anderson Road the primary east-west connection, 90 Avenue SW and Southland can remain local connections from 14 Street S.W. and the SWCRR.

Traffic noise

All road projects, like these three roads, include a noise study within the design phase. This noise study determines if a noise barrier is necessary where 90 Avenue SW and Southland Drive connect to the SWCRR, as well as Anderson Road, between the SWCRR and Elbow Drive. If a barrier is warranted, it will be designed to be effective for the next 20 years. You can read more about The City's Noise Barrier Program and the Policy at www.calgary.ca/trafficnoise.

Pathways and park space

The pathway and green space that runs north and south, just west of Oakridge, will remain in place once construction is completed. Pedestrian underpasses at 90 Avenue SW and Southland Drive, in addition to the new pedestrian bridge over Anderson Road, will provide a permanent, uninterrupted pathway from South Glenmore Park to Fish Creek Park.

During construction, some park space may be temporarily restricted to make room for the work, but it's expected to remain open. There may also be temporary pathway detours during this time. We will make sure to update the community on construction detours as the construction schedule is finalized.

More information

As the design progresses through 2016 and 2017, and more information is confirmed on each of the 90 Avenue SW, Southland Drive and Anderson Road project schedules, more information will be available to the community. You can read more about The City's involvement on the SWCRR at www.calgary.ca/swrr. You can find more about the SWCRR project, its location, access, designs, schedule, etc. at www.sw-crr.ca.

Southwest Calgary Ring Road, project update June 2016

Schedule for City of Calgary work

As we approach the start of the Government of Alberta's construction on the Southwest Calgary Ring Road (SW-CRR) in late 2016, The City began work on its SWCRR-related projects. With each City project having its own timeline over the next four years, we'll be updating and talking with communities and residents throughout the different design and construction phases. The goal is to complete this work before fall 2021, when the Government of Alberta is schedule to open the SWCRR.

If you have questions or would like to chat more about these projects, you can email the project team directly at CalgaryRingRoad@newsletter.calgary.ca or contact 311. Here's an update on The City's projects and their timelines, in alphabetical order:

90 Avenue S.W and Southland Drive connections

Design: 2016-2017 Construction: 2018

162 Avenue S.W. connection

Design: 2016-2017 Construction: 2017-2018

Anderson Road widening, between SWCRR and Elbow Drive

Design: 2016-2017 Construction: 2017-2018

Bow Trail/85 Street S.W. intersection improvements and the Bow Trail widening, between 85 Street S.W. and Old Banff Coach Road

Design: 2016-2017 Construction: 2017

Glenmore Trail widening and changes to the Glenmore/Crowchild Trail interchange

Design: 2017

Construction: 2018-2019

Sarcee Trail/Richmond Road interchange

This work revisits existing interchange plans from 2008 so it fits with the ring road, Sarcee Trail, Richmond Road, and provides good connections for communities and destinations.

Planning and design: 2016-2017

Construction: TBD, project is unfunded

Spruce Meadows Way widening

Design: 2016 Construction: 2017

Westhills Way - www.calgary.ca/westhillsway

Design: complete

Construction: 2016 (underway)

More information

As the design progresses through 2016 and 2017, and more information is confirmed on each of these project schedules, more information will be available to the community. You can read more about The City's involvement on the SWCRR at www.calgary.ca/swrr. You can find more about the SWCRR project, its location, access, designs, schedule, etc. at www.sw-crr.ca.

SW Transitway and Oakridge

The Oakridge Community Association has no affiliation with the advocacy group 'ready to engage'; any of their materials that appear in the Oakridge Echo are considered paid advertisements. The Oakridge Community Association Board is interested in working with the City of Calgary to find solutions that are mutually beneficial.

If Oakridge residents would like their concerns heard by the board and brought forward to the city, please email ringroadoca@gmail.com.

For more information on the project, visit City of Calgary's website at calgary.ca/swtransitway. To reach out directly with questions or concerns regarding the transitway, email swtransitway@calgary.ca or phone 311.





EXTRA SUMMER FUN

Throughout the summer we will be adding special activities to our weekly program. Some of these activities are group based, while others are based upon the individual child's interest and skill level. Individual projects provide children with the opportunity to discover hidden talents while working on short term, as well as long term summer projects. We also have "Activity Jars" which are suggestions for quirky fun activities that involve one or more children, and will be accessible during free play.

group fun

pool parties soccer games water fights "jump start" running club skippers club basketball floor hockey



idual activities

dance studio reading club
technology and science projects
music and movement / yoga
crocheting, knitting, corking
sewing (hand and machine sewing)
chess and game club
pets and gardening
sketching and journaling
photography and scrapbooking
special art projects

COMMUNITY NOTICES IMPORTANT NOTE PARKING LOT SPEED LIMIT



Please be advised that the speed limit in the parking lot of the community centre is 5 km/hour. Our parking lot is very busy at pick-

Our parking lot is very busy at pickup times for a variety of sports and community programs, many catering to younger children. Often children are excited when leaving the building and may not look before they run into the path of traffic.

Please note that the end of the cement pad is a drop-off/pick-up zone only – unattended vehicles are not allowed. Also, the handicap parking stall is for vehicles that have a handicap parking sticker. Help us ensure the safety of all users of the Oakridge Community Centre by entering and exiting the parking lot carefully.

The Oakridge Community Association

IN & AROUND SCHOOLS

St. Gerard School

A MESSAGE FROM OUR NEW PRINCIPAL

I am delighted to be the new principal of St. Gerard, and feel very fortunate to have been invited into such a close-knit French Immersion community. I am very impressed by all the positive things that I have heard from Darlene Wozney about the school, the families, the educational staff, and the history.

I feel blessed and excited about this opportunity, and will continue to support all the initiatives in which the school community is invested. I trust that my efforts will mirror those of parents and students as we work with each other towards a great future in education.

Yours truly,

Christian Harries

Important Dates:

August 18th: Office Opens September 1: For day of classes

September 1, 2 and 6: Kindergarten Staggered Entry

We look forward to enjoying our school community at a FAMILY BBQ on September 15. Details to follow.

Old Country

Hardwood Flooring Ltd.



28 years in business
Installing • Sanding • Custom colours
Solid, Engineered and Laminate Flooring
A HISTORY OF QUALITY

David LaPorte 403-616-2198 davidlap@shaw.ca www.oldcountryflooring.com



DOES YOUR CHILD LOVE TO DANCE?

QUALITY DANCE EDUCATION

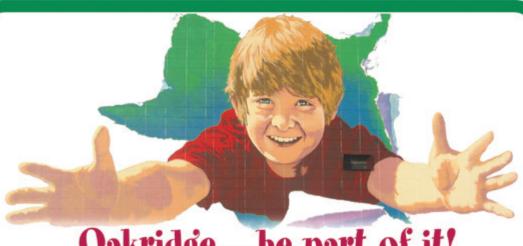
Family and community-oriented studio 23 years of instruction, passing along our love of dance.

Committed to providing quality dance instruction Nurturing self-expression and joy of movement.

TAP / JAZZ / BALLET / POINTE / CONTEMPORARY MUSICAL THEATRE / HIP HOP / ACRO

403.615.0103

Located in Cedarbrae SW www.counterpointdance.com



Oakridge...be part of it! Buy a Membership Today

Purchase by filling out the form below, or on-line at:

www.oakridgecommunity.ca

There are many reasons to join:

Civic representation | Access to facilities and community activities | Community support For details, visit our website at: www.oakridgecommunity.ca or call us at: 403-238-0007

Oakridge Racquet Club (ORC) memberships are also available on line.

•	/	\			
	Name: Address:				
i	Telephone: E-mail:				
	☐ Household Membership \$40 ☐ Senior Membership \$20 per house	nehold			
Oakridge Racquet Membership (ORC) Note you must have a community membership to purchase a Racquet Membership Indicate: Indicate: Individual \$100 Family \$200 Adult Couple \$175 Senior \$75 Junior \$25 Payment Method: Cheques Money Order Credit Card #					
	Make cheques payable to: Oakridge Community Association. Fees may also be Mail or drop off to: Oakridge Community Association, 9504 Oakfield Drive SW, be mailed. Please note that skate and tennis tags cannot be mailed, but can be	T2V 0L1. Receipts and membership cards will			

South West Communities Resource Centre

Located in the Professional Wing of the Oakridge Co-Op Mall



#42 2580 Southland Drive SW, T2V 4J8
Phone: 403-238-9222 • Email: info@swcrc.ca • www.swcrc.ca

Exciting News

The Board of Directors would like to introduce Debra Armstrong as the new Executive Director for the SouthWest Communities Resource Centre. With a background in Social Work and Non-Profit Management her leadership has contributed to the impact of numerous programs and services throughout Alberta. She is excited to work with families throughout 28 local communities and provide a range of programs and services that will meet the needs of children, youth and parents. Come by our office and say hello.

Summer Fun Chat N' Play

Wednesday afternoons from 1:30 to 3:30.

This is a fun gathering of parents and tots who are looking for opportunities to socialize and connect with other parents. Coffee will be on, but childcare will not be provided.

Volunteering in your community

- Casino shifts available on October 1st and 2nd. At Cash Casino. Please help our agency raise needed dollars to support our neighbours. The gift of your time means so much to so many families. (Must be over the age of 18 to volunteer at a casino).
- If you have a professional skill that you would like to offer as a volunteer, we want to talk to you! We are looking for people who can donate time to help with the following areas and roles: our social media, volunteer management, web design, graphic artists, photographers, parenting group assistants and morning child care once a week. Please contact our office if you would like to help.

Donations

Neighbours Helping Neighbours:

- Do you know anyone giving away high quality office furniture?
 We are seeking three office desks, white boards, and credenza.
- More than ever your neighbors' are requesting our support.
 The demand for basic needs for many young families has increased over the last year. We are seeking donations for baby diapers, pull-ups and wipes, baby shampoo and formula, personal hygiene products and feminine hygiene products.
- If you are unable to purchase these items, consider making an **online donation** so that the SWCRC can continue to help those who require a helping hand. Visit www.swcrc.ca for more information.

McLAWS LAW

ESTATE PROBATE
WILLS
POWERS OF ATTORNEY
PERSONAL DIRECTIVES

Experienced, cost effective and practical advice, representation and counsel to meet your legal needs

Insurance Disputes - Small Business Employment Issues - General Litigation

Peter B. McLaws
Barrister & Solicitor
(403) 710-3712
www.mclawslaw.ca



Oakridge Community Centre Abuse Policy

The Oakridge Community Centre values its staff, volunteers and patrons of the facility. In order to provide a safe and healthy environment, we are a zero-tolerance facility. Abuse or harassment towards volunteers, staff and patrons will not be tolerated.

BUSINESS CLASSIFIEDS

NEPTUNE PLUMBING & HEATING LTD: Oualified journeymen plumbers/gasfitters, very experienced in Oakridge. Upfront pricing. Reliable, conscientious, fully guaranteed. Mon - Fri 8:00 am - 5:00 pm. 24 hour emergency service call 403-255-7938. "Showering you with great service."

BRYAN'S PLUMBING, GAS FITTING: Master plumber, gasfitter, 30 years of experience. Fully licensed and insured. Repairs, renovations, faucet replacements and hot water tanks (great prices). Poly B replacement, free estimates, free advice. Call Bryan 403-560-6547 or brenmak@telus.net.

ELECTRICITY IS NOT A HOBBY: Call a licensed Electrician and Pot Light Specialist. No job is too small. Excellent rates. Please call John at 403-281-5002 / 403-708-6555.

ALL TYPES OF DRYWALL: Boarding taping and texturing. Complete basement developments and renovations. Licensed and insured. References. Call Austin Construction 403-852-2785.

RENOVATIONS - DECKS, GARAGES, BASEMENTS: We are locally and provincially licensed, bonded, insured, with an A+ BBB rating. We would love to work with you to renovate your home! Please visit www.bigcitydevelopments. com to view some of our completed projects, then call 403-612-8220 for a free consultation.

CAL-RES COATINGS LTD. RESIDENTIAL PAINTING: We are a full service painting company offering: interior and exterior painting, shop wood finishing/specialty finishes, elastomeric stucco coatings, kitchen cabinet refinishing, fully licensed and insured. No deposit required. Call for a complimentary estimate. Ask for Joshua 403-369-7534 or visit www.calres.ca.

JUNK TO THE DUMP / ODD JOBS: Disposal of any household unwants. Reno clean-ups. Move in/out garbage removal. Disposal/recycling of appliances/electronics. Reno moves. Very prompt service, best prices and satisfaction always guaranteed! We load. Senior Discount. Please call Sanil for your free estimate at 403-616-2758.

CONCRETE CUTTING FOR BASEMENT WINDOWS, **DOORS & FLOORS:** New openings or enlargements cut into foundation for basement windows and doors. Enlarge your existing basement windows to meet fire code for bedrooms, from cutting basement windows, doorways to supply and install quality windows, window-well, weeping-tile, core drilling, excavation and anything concrete cutting. Call 403-570-0555 or text 403-680-0611. Email: info@asapconcretecutting.com.

HOME BUSINESS OPPORTUNITY: Clinicair is the leading provider of Indoor Air Quality and Medical Grade Duct Cleaning services in Canada. We are looking for a dealer in Calgary to represent our growing company. We offer a royalty free business. Clinicair supplies you with the latest technology, and training. Call Craig: 1-416-277-6067.

NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

YARDBUSTERSLANDSCAPING.COM: Snow removal \$129.95. Some conditions. Landscape construction and yard renovation: stone patios, walks, raised beds and rock walls, synthetic grass, sod and trees and shrubs, landscape lighting, water features and decks and fences and superhero window cleaning. Licensed. Insured. Seniors discount. Phone: 403-265-4769. yardbusterslandscaping.com.

GARDENING: Are you unhappy with the look of your yard? A garden makeover is the perfect solution. We design and install new gardens, renovate existing ones, install compost or mulch. We also do regular flower bed maintenance. We work hard so you don't have to. Call GardenWise at 403-278-6109.

KLEIN HOME IMPROVEMENTS: Bathroom renos, tiles, drywall and taping, interior doors and mouldings. Interior and Exterior painting, complete basement development. Licensed, insured, referrals, competitive rates. Call 403-680-3259.

For business classified ad rates call Great News Publishing at 403-263-3044 or sales@great-news.ca

DOUBLE DIAMOND PLUMBING AND HEATING LTD: A 24 hour residential service company with qualified journeyman plumbers. As qualified journeyman plumbers, we are here to address any issues for you. We are your local plumbing and heating experts - call us first and let our service shine! Call 403-875-0166 or Email: doublediamondplumbingltd@ gmail.com. www.doublediamondplumbingltd.com.

PIANO LESSONS: Offered by experienced, enthusiastic teacher with European background. Individualized approach for every learning type. Exams, recitals, festivals are offered. Register for September and receive the best time table. For more information call Sonia 403-238-3827 or email gellersonia@gmail.com.

THE GUTTER DOCTOR! We install, repair and clean eavestroughs, and downspouts. Fascia, soffit, drip-edge, siding, roofing, cladding. Over 15,000 happy customers since 2003! Insured and guaranteed work with references. We take pride in doing a good job. A+ rated BBB Member. www.gutterdoctor.ca 403-714-0711.

K2 BOOKEEPING: Are you too busy to keep up with your bookkeeping? Experienced bookkeeper now accepting new clients. Specializing in small to medium sized business. Twelve years of experience with Quick-Books and Simply Accounting, GST, Payroll, WCB Filing, T4 Filing, and competitive rates. Phone Katie 403-870-0737.

SUMMER IS HERE! Time to enjoy your yard. Weekly or vacation cuts. Flower bed, planting, and maintenance. Hedges, bark chips, and projects. Locally owned and operated. Please contact Brenda at 403-615-7199.

COZY HOME SALON IN BRAESIDE: Hair styling for over 20 years, cuts, perms, colors, hi-lites – reasonable prices! Call Nancy at 403-251-0932.

GARDEN GURUS: We do spring clean-ups, planting, transplanting, design and monthly maintenance for your garden beds. We provide friendly service, thorough work and reasonable rates. Initial jobs for new customers should be a minimum of eight hours. Call Beth at 403-618-3656 or e-mail nicholsons@telus.net.

NEW, RENO AND REPAIRS: Stucco, siding, stone, soffit and fascia, gutters, painting. 40 years' experience, insured and guaranteed work. Many local neighbourhood references and examples to look at. Call Poldom Construction - Julian at 403-804-0974.

OSBORNE'S RESIDENTIAL LANDSCAPING: Making your outdoor living spaces enjoyable, functional and affordable. Landscape construction services include paving stone patios, walkways, driveways, retaining walls, raised planters, decks, fences, sod and irrigation. Professional landscaping for over 20 years, insured, WCB and references. Call Randy for your free estimate at 403-669-

HANDYMAN! Need help around the house? Big or small jobs! My services include bathrooms, drywall, mudding, painting, flooring, decks, fences, basements and much more, contact Peter at 403-671-0646 or by email at wpconstruction@shaw.ca.



These ads are free to children 16 years of age and under who would like to advertise in the Echo. Ads are placed for a 3-month period. The cut-off date is 5:00pm the 15th day of the month prior to the publication month. Please contact Emily at 403-801-3786 or email at oakridge.echo@gmail.com.

14-year-old babysitter available most weekends and nights. Can also do chores and/or tutor. Red Cross certified. Contact at skylerthomas2402@gmail.com.

Going somewhere? If you need help with your pets, you've come to the right place. I am 12 years old and own a cat myself. I am available anytime over this summer. I charge \$5 a visit for cat or dog. For more information, email me at KeatonThePetSitter@gmail.com.

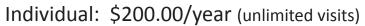
Babysitting service: Mature 11-year-old with certification available in Palliser, Pump Hill and Oakridge. Please call Justin at 403-966-3939 or emaill at justinhockeyguy@gmail.com.

Vacation pet-sitting service: Mature 10-year-old loves cats, birds, plants - available for Palliser, Pump Hill and Oakridge neighborhoods. Please call Caroline at 403-966-3939 or email at mycaroline2006@gmail.com. Oakridge Community Association's

QUICKfit

Anybody can do it!

30 Minute
Co-ed Circuit Training



Family: \$300.00/year (unlimited visits)

\$40.00 Community Membership also required

(Minimum age is 12. Anyone 16 and under must be accompanied by an adult.)

Drop by or call today! Sandy (403) 238-0007 oakcomm@telus.net



Name	Age	Contact	Course
Katie	20	403-891-8498	Yes
Madison	23	403-818-3544	Yes
Madison	12	403-918-6749	Yes
Melanie	15	403-685-8090	Yes
Skyler	14	587-223-1457	Yes
Will	14	403-460-1300	Yes

Calling All BABYSITTERS

Enroll free at mybabysitter.ca and choose the Calgary communities you would like to babysit in.

Calling All PARENTS

Visit mybabysitter.ca and find available babysitters in and around your community.

Disclaimer: We recommend for your own peace of mind that references be checked when choosing your babysitter. This babysitter list is provided as a service to the community and is governed by the terms & conditions outlined at mybabysitter.ca.



Cst. Mike Glessing

Serving the Communities of: Bayview · Braeside

· Cedarbrae · Oakridge

· Palliser · Pump Hill · Woodbine · Woodlands

Location: BraeCentre Mall, 11430 Braeside Dr. S.W. **Telephone:** 403-974-6150 · Fax: 403-974-0618

Office Hours: Weekdays – 9:00 am to 7:00 pm
 Closed - Saturdays, Sundays and Holidays

The Calgary Police Service can be reached at any time by calling 403-266-1234



COUNCILLOR, WARD 11 BRIAN PINCOTT

P.O. Box 2100 Stn. M, #8001A Calgary, AB T2P 2M5 403-268-2430 • www.ward11calgary.ca

Thank you for taking the time to join in on the budget discussion through June and July. I valued the thoughts, comments and feedback you added to the discussion. If you missed it, please check out the blog series on my website at www.ward11calgary.ca. If you do not have internet access, please know you are welcome to contact my office, and will find an alternate way to share the information with you.

To ensure that you're part of the conversation, I would like to encourage you to contact me and sign up to receive updates from my office. I send out one or two email updates a month to let residents of Ward 11 know about upcoming events in your community, city programs and opportunities to have input into the city's public engagement programs. You can sign up by emailing my office at ward11@ calgary.ca and asking to start receiving our updates.

The summer is a great time to consider joining your community association. Community Associations work for you at the very local level of your neighbourhood. The people who volunteer with your community association are committed to making your community better. They plan events, work to represent you to the City and to me, and are always looking for new ways to help neighbours connect with neighbours. They are a very important part of what makes our communities great. Please support your community association by getting a membership, by volunteering and helping out to make your neighbourhood event better.

There are a ton of events taking place in Ward 11, and in Calgary, this summer, and I would like to encourage everyone to take part in some of them! Ward 11 is blessed with very active community associations that are hosting stampede breakfasts and parade, pub nights, movie-in-the-park nights and all kinds of other events. Enjoy the festivities, I hope you have a safe and great summer!

DISCLAIMEF

The opinions expressed within any published article, report or submission reflect those of the author and should not be considered to reflect those of the Oakridge Community Association and Great News Publishing. The information contained in this newsletter is believed to be accurate, but is not warranted to be so.

The Oakridge Community Association and Great News Publishing do not endorse any person or persons advertising in this newsletter. Publication of these ads should not be considered an endorsement of any goods or services.



MLA CALGARY-GLENMORE

#A208, 1600 - 90th Avenue SW Calgary, AB Canada T2V 5A8 Ph: (403) 216-5421, Fax: (403) 216-5423 Email: calgary.glenmore@assembly.ab.ca

Dear Constituents:

Thank you to all the constituents who attended our MLA Stampede Breakfast at Heritage Park on July 13, 2016. I was very happy to see you and pleased you took the time to make the event a success. Also, I apologize for the misquote in the July community association newsletters about Canada Day 150- we are in the 150th year now and we are moving towards the celebration of that all year, so we wanted to say "towards our 150th birthday". Thank you for your understanding.

Alberta Registry Renewal Reminders: I would like to remind you that the paper reminders from Service Alberta will no longer be issued for the renewal of license plates, driver's licenses and other government IDs. Therefore, please register online at www.reminders.e-registry.ca to receive electronic reminders and review the documents for their expiration dates.

Electricity Prices/Carbon Levy: It is worth noting that current and expected transmission cost increases are due to entirely new transmission builds that were approved in 2008. While it is crucial we have a reliable electricity grid that keeps pace with a growing province, decision makers at the time were not clear with Albertans about what the costs would be and who would pay for their decisions.

The government is putting a price on carbon pollution across the entire economy, and every bit of the revenue generated from our price on carbon will be reinvested back into Alberta's economy, including the pocketbooks of Alberta families and to diversify our economy and create good, mortgage-paying jobs through investments in renewables and infrastructure.

This plan is cost neutral for most Albertans. Two-thirds of Albertans will receive a rebate to ensure the direct costs of emissions do not place an unfair burden on them and that their efforts to reduce their energy consumption are rewarded. Please note that even once the carbon levy is fully implemented, Alberta will still have the lowest taxes in the country.

The government has announced the creation of a new energy efficient agency, Energy Efficiency Alberta, to help fami-

~continued next page~

Summer 2016

atomic volleyball

Volleyball Alberta is partnering with Cedarbrae Community Centre

 The atomic volleyball program focuses on increasing the number of ball contacts per player, creating longer rallies, and developing proper skill delivery.

- Promotes FUN, FAIRPLAY, and PARTICIPATION
- · Adapted rules for youth aged 9-12.
- Each session is split between practice and game play

August 8-12, 2016 2:30pm-3:45pm August 15-19, 2016 1:00pm-2:15pm August 22-26, 2016 2:30pm-3:45pm

Cost: \$40.00 + \$8.25 membership fee



LOCATION: Cedarbrae Community Centre 11024 Oakfield Drive SW Calgary, AB T2W 5G6

Registration Deadline July 25, 2016

FOR MORE INFORMATION: Email: krath@volleyballalberta.ca Phone: 780-415-1703



Register online at: www.volleyballalberta.ca

ANAM KAZIM CONT'D

lies, businesses and municipalities reduce both their energy costs and greenhouse gas emissions. These efforts will help Albertans save on energy bills, and create new jobs in insulation, retrofitting and rebuilding. Until now, Alberta has been the only province without a plan to improve energy efficiency of our homes, workplaces, and public buildings and was long past due. More details will be available soon.

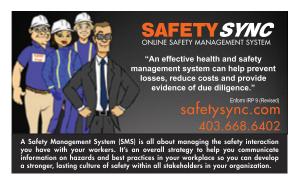
There will also be an adjustment program to assist coal-dependent communities, Indigenous communities, low-income families, and small business to adjust to and succeed in a diversified, lower carbon economy.

Alberta's government has an investment plan that will fully recycle revenues from Alberta's carbon levy into renewable energy, innovation, public transit, and other measures that will reduce the carbon intensity of our economy.

Alberta Jobs Plan: Please check the link for details on the government's initiatives to create jobs in the province: www.alberta.ca/ alberta-jobs-plan.cfm

Facebook: Anam Kazim MLA Calgary-Glenmore

Twitter: @anamkazimMLA





It is just like man's vanity and impertinence to call an animal dumb because it is dumb to his dull perceptions.

Mark Twain



Personalized High Quality Dentures from the Denturist who Cares!

- New Complete & Partial Dentures
- Implant Dentures on your implants
- Relines, Repairs & Adjustments
- Complex and Standard Dentures
- Consultations & referrals provided to General Dentists and Specialists

Oakridge Co-Op Mall Suite 49, 2580 Southland Drive SW Charles Gulley, DD, F.C.A.D. Denturist – Denture Specialist



Striving to Improve Lives – One Denture at a Time!

Call to Book Your Appointment: 403-251-1522 www.OakridgeDenture.com

BUY ONE FISH N' CHIPS, GET ONE 50% OFF

Bring 2 F

Bring a friend and save on a second 2 Piece Wild Alaska Pollock meal with Natural Cut Fries!

Dine-In or Take-Out. Expires August 31, 2016.

11440 Braeside Drive SW Calgary 403.251.3474
Franchise Opportunities. 1.800.661.2123 joeysfranchisegroup.ca



Thinking of moving? Call for an evaluation today!





3323 Palliser Dr - Oakridge - Move in ready 2088 sq ft family home with tons of upgrades including Updated kitchen with professional appliances & eat up island, hardwood floors throughout upper 2 levels, 3 updated bathrooms including ensuite with double vanity and steam shower, high efficiency furnace, Rennai tankless hot water heater, well maintained cedar shake roof & more! Offering an open concept main floor with kitchen/family room overlooking sunny, private backyard, living room with vaulted ceilings, 3 bedrooms and a den upstairs and large bedroom & rec room on lower level. One of the most updated houses in Oakridge at this price point. MLS#C4072328



78, 2815 Palliser Dr - Oakridge - This 1184 sq ft condo is bright and airy featuring a large living room with hardwood floors and bay window, an updated eat in kitchen with stainless steel appliances, tile floors and a large dining space overlooking your private, fenced south facing yard. Upstairs are 3 bedrooms with hardwood floors throughout and the main bathroom. The lower level offers an additional rec room, large laundry and storage areas. MLS# C4066779



124 Oakside Bay - Oakridge - Wow, 2500 sq family home located on a huge pie lot tucked on a quiet cul-de-dac in the heart of Oakridge. Complete with open concept eat in kitchen/family room overlooking park like backyard, large formal dining room, living room with stunning vaulted ceilings and hardwood floors flowing throughout the main level. This huge family home is complete with 5 bedrooms (3 upstairs) and tons of space for the growing family. Close to playgrounds, Glenmore Park, Louis Riel School and more. Call for details MLS# C4066274

Market Update as of July 12, 2016:

Currently on the market there are: 13 Single Family homes with a median list price of \$599,900

15 Condo units with median list price of \$250,000

Since June 13, 2016 there have been:

5 Single Family home sales with median sale price of \$682,500

2 Condo unit sales with median sale price of \$317,000

The market is moving slowly towards more balanced conditions, however prices remain lower than at this time last year. In Oakridge, we continue to see houses selling at approximately the same rate as the previous 2 months, but are seeing sale prices coming in 3-5% below the list price and we are currently seeing a decent amount of selection and inventory in the area for buyers.

Stephanie Evans, B.Sc. cell: 403-620-0285 stephanie.e.evans@gmail.com



housesincalgary.com

Shirley Evans, R.N. cell: 403-862-3618 shirleyevans@shaw.ca