

JULY 2016

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# PBP Matters



THE OFFICIAL PALLISER BAYVIEW PUMPHILL COMMUNITY NEWSLETTER

**END OF  
SUMMERFEST  
IS COMING...  
SEPTEMBER 10<sup>th</sup>!  
VOLUNTEERS  
NEEDED**



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# YOUR NEIGHBOURHOOD AT A GLANCE

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**9719 PALISHALL ROAD SW - \$699,900**

Exquisitely renovated Arts and Crafts 1450 ft<sup>2</sup>, bungalow showcasing outstanding millwork & detail in every room. Total of 4 bedrooms, office, informal living and dining rooms and gourmet kitchen complementing traditional craftsmanship. Fully upgraded lower level, west rear yard, stamped concrete patio, dbl garage & firepit. You will NOT be disappointed!



**2207 PALISWOOD ROAD SW - \$579,900**

Exceptional value in this 1430 ft<sup>2</sup>. 3 bedroom bungalow. Many upgrades including Bamboo hardwood flooring throughout the main floor. Open concept design with the living and dining rooms communicating with the kitchen. This home is perfect for entertaining and hosting large or small groups. Fully developed Lower level w/ additional bath & bedroom, sauna and recreation room. Double garage - west rear yard.

### COMMUNITY SALES STATISTICS FOR APRIL 2016

BAYVIEW	Single Family Homes	Prices	Condos	Prices
Active Listings	0		1	\$865,000
Sold Listings	0		0	
PUMP HILL				
Active Listings	4	\$8,180,000 - 790,000	0	
Sold Listings	3	\$1,490,000's - \$1,050,000's	0	
PALLISER				
Active Listings	7	\$735,000 - \$509,900	18	\$775,000 - \$209,900
Sold Listings	0		3	\$240,000's - \$320,000's



*If you are considering buying or selling real estate in the next little while, profit from my experience. For a confidential consultation or market evaluation, please call me at 403-287-4923.*



**Amy Brooks 403.287.4923**  
amy@amybrooks.ca amybrooks.ca

#20, 2439 - 54 Ave SW  
Calgary AB T3E 1M4



## Palliser, Bayview, Pumphill Community Association

2323 Palliser Drive SW Calgary, AB T2V 3S4  
Office: 403-281-1908 • Rentals: 403-281-1908  
pbpcam@pbpccommunity.ca  
www.pbpccommunity.ca

# CONTENTS

President's Message	5
Events Calendar	7
End of Summer Festival	9
Trico Centre	16
Real Estate Update	20

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## Join the Southwest **55+ CLUB**

Enjoy coffee, fun, fellowship, and dancing to a live band every Thursday morning!

Singles and couples, dancers and non-dancers are all welcome to this community group.

Drop by – we're looking forward to meeting you!

**Braeside Community Centre**  
11024 Braeside Drive SW  
Thursdays, 10:30 – 12:00 noon

For detailed info please call Norma at 403-246-3763



## **YOUR PBP** Community Association

Sean Hayes	President president@pbpcmmunity.ca 403-880-4328
Anjli Acharya*	Vice President
Brennen Jaques	Treasurer bjaques@shaw.ca
Mycroft Schwartz	Secretary Mycroft@clsmith.ca
Brent Fleming*	Rink Team Lead
Al Kiernan	Civic Planning Director al@kiernan.ca
Cal Melrose*	Life Cycle & Maintenance Director
Frank-Michael Hofmann	Director, Technology frankh@pbpcmmunity.ca
Judith Arato*	Director at Large
Jen Keyes*	Director at Large
Dani Hayes*	Director at Large
Samantha Johnston	Administrator, Program Coordinator, Hall Rentals pbpcam@pbpcmmunity.ca 403-281-1908
Newsletter Submissions	pbpcam@pbpcmmunity.ca

\*To contact please email pbpcam@pbpcmmunity.ca



### **Community Centre**

Our facility is located at 2323 Palliser Dr. SW (adjacent to Nellie McClung School). Please call for office hours if you would like to stop by.

For rental inquiries: Call the office at 403-281-1908 or email pbpcam@pbpcmmunity.ca. Check availability online at www.pbpcmmunity.ca/hall-rentals.

For memberships, please see our membership page in the newsletter.

## **PRESIDENT'S MESSAGE**



It has been a very hot summer so far, and as these heat waves will come and go, it is important to stay hydrated, and avoid those sun burns. For those working outdoors, it is especially significant.

You may have noticed that there is a new landscaping project taking place in front of the community center. Nick Johnston of NRJ Landscapes has been working hard to bring this vision to life. On behalf of the community, we would like to thank these dedicated hard-working individuals for making this happen. We hope that you will enjoy this new facelift to our community centre.

**Renovations and refurbishing could be taking place;** there are some major projects we are looking at implementing. These projects, which are not yet scheduled, but are in the planning stages, need input from our community members. These projects may include a brand-new patio, and outdoor space at the back of the community centre, and giving a new face lift to our outdoor basketball courts and rink area. It is important for the community to provide input as this is your space, and the space that all community members enjoy. As with all on-going projects, the community center is looking for donations and sponsors from individuals and local businesses. All community supporters will be recognized for their generosity, and as with all donations a charity receipt will be issued. I would like to thank all those individuals and business that may consider donating and assisting with these projects.

**End of Summer Fest;** this amazing carnival and community membership drive will be taking place on September 10<sup>th</sup>, 2016. There is a strong and diverse community within PBP, and we want to bring this spirit forward to throw a great event. There will be lots of fun activities happening at End of Summer Fest this year including: face painting, caricature artists, bouncy castles, carnival games, and a petting zoo. Attending the End of Summer Fest will be the Calgary Fire Department, EMS, and Calgary Police Service, along with

a visit from the 'Cool Choir', which is a new local rock choir adding an energetic choral twist to pop-rock favorites.

We want this celebration to be a huge success, and to make this happen; we are looking for "Community Champions," a few individuals who represent our diverse community and would like to take on leadership roles to help organize and promote this event. We want to ensure all the different demographic interests are represented, so please send us your input, offer to volunteer, and let's work together to ensure this an event to remember. This is a wonderful chance to continue our legacy of a strong and united community, and welcome new members to the PBP area.

**Southwest Bus Rapid Transit Project;** The City of Calgary will be hosting a committee meeting on July 20<sup>th</sup>, where members of the community can speak to the BRT project. For further information the City of Calgary website has documentation of all the questions asked at the April 20<sup>th</sup> meeting, along with all related documents pertaining to the project. The Calgary Herald has reported that the construction could start as early as next summer. It is important that all community members have a chance to ask questions, and have their inquiries answered. This is huge project spread across a large area; the City of Calgary website is continually updating information and does provide all the details about the project.

**Board members needed for the fall;** we are still looking for individuals who may be interested in becoming a board member with the PBP Community Association. Becoming a board member can allow a person to get directly involved in the decision making process for the association. It is an excellent chance to give back to the community and be involved with all of the great events and programs we have to offer. We will have two director positions, and a Vice President position open at our next AGM in November.

Have a safe and happy summer, as this can be the annual time of the year to find excuses to rest and relax, enjoy the summer nights, and spend time with family and friends.

Yours truly,  
Sean Hayes, President

## **PBP Community Association is now on Facebook!**



Check your most up to date news about your community on Facebook.

<https://www.facebook.com/PBPcommunityassociation>

**Editorial Content 1<sup>st</sup> DEADLINE**  
of each month for the next month's issue  
Email content to editor@pbpcmmunity.ca

# Canada Safety Council Home Alone & Babysitting Courses

**Saturdays (one day only)**

**July 9, 2016**

**PBP Community Centre**

**2323 Palliser Drive SW**

Home Alone - 9:00 am-12:00pm

Babysitting - 9:00am-2:00pm

**Home Alone Course:** Students must be 10 yrs. of age to take the course. Each student must bring a nut-free snack, water bottle Fee: \$35

**Babysitting Course:** Students must be 11 yrs. of age to take the course. Each student must bring a nut-free lunch, water bottle. Fee: \$50

### Course Content:

- Rights and Responsibilities
- Child Safety and Basic First Aid
- Handling Emergencies 911
- Stranger Danger
- To/From School
- Fire Safety
- First Aid for the Choking Victim
- Caring for the Child and Nutrition
- Development and Behavioral problems
- Babysitter kit



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## SUMMER PROGRAMMING

We are pleased to offer two great programs at our community hall this summer. Child's Play Group and Pedalheads will be joining us to provide some great summer care options for your kids!

**Child's Play Group** will be offering nine weeks of vacation care. Running weekly, starting July 4 through to September 2. We will be open from 7:00am-6:00pm Monday through Friday. The cost per week is \$199.99 with options for part-time, and drop-in care. The week of August 2-5 the cost is \$180.00. There is also a daily and half day rate available. Every week we will be venturing out of the community hall to explore our surroundings and experience what our city has to offer. We will have many fun activities planned to keep the children busy, and engaged for the duration they are with us! Please visit [www.calgarychildsplay.com](http://www.calgarychildsplay.com) under our Programs tab to find additional information and specific weekly themes for our Vacation Care 2016! If you have any questions, please contact Kendra at 403-909-5117 or [kendra@sherpakids.ca](mailto:kendra@sherpakids.ca).

**Pedalheads** is a 10 level instructional bike safety and skills camp for kids aged 2 to 12 that provides innovative and effective programs that are safe, fun and challenging. We invite children to discover a world of opportunities. From training wheels to trails, each level includes 5 learning categories: safety knowledge, safety skills, trail riding, street riding, and bike maintenance. **Heroheads** is a superhero themed instructional program that focuses on the development of various physical skills for children aged 4 to 8. Key points of emphasis include: physically active, outdoors, fun, building confidence, participation in daily challenges, exploring other sports and skills. Kids will participate in a variety of skills, drills, obstacle courses, and games to build their superpowers (the Super 7 Skills), and train to take on the Super 7 Challenge and Heroheads Rescue Race on the final day of camp. Registration for both Pedalheads and Heroheads can be done through their website: [www.pedalheads.com](http://www.pedalheads.com).

## EVENTS CALENDAR

*No community board meetings over Summer. Will start again September 6<sup>th</sup>.*

- July 1:** Canada Day Celebrations at Heritage Park 10am – 5pm
- July 1:** Canada Day Outdoor Carnival at Springs Church 11am – 2pm
- July 4:** Summer camps start at PBP. See Summer Programming for more information.
- July 13:** Calgary-Glenmore Stampede Breakfast at Heritage Park 7am – 10am
- Aug 1:** Heritage Day Celebrations at Heritage Park 10am – 5pm
- Aug 20:** Corn Fest, hosted by the Wildrose Party. 11am – 2pm at South Glenmore Park
- Sept 10:** Save the Date! End of Summerfest at PBP Community Centre. Membership Drive and Festival. 1pm – 4pm

## Summerfest Planning

IMPORTANT!

"End of Summerfest" Event Planning is well underway! We need more creative and engaged community members to help during the planning process and the day of the event on Saturday, September 10 from 1-4pm.

If you would like to be involved on our events committee please join us Wednesday, June 22 at 7pm. If you are not able to attend but would like to help out please email [pbgcam@pbpccommunity.ca](mailto:pbgcam@pbpccommunity.ca)



## SENIORS' PROGRAMMING



We are seeking volunteers to run a weekly senior's meet up group for cards and coffee. If you are interested in filling this role please contact Samantha at (403)281-1908 or email [pbgcam@pbpccommunity.ca](mailto:pbgcam@pbpccommunity.ca)

Southland Leisure Centre has launched community seniors walks in our area! The next walk will be July 8<sup>th</sup> at 11:30am from the PBP Community Centre "Pump Hill Walk". Join us for a meandering walk through the scenic Pump Hill Community. Approx. 4km in length.

Seniors Yoga will return in the fall starting in September! Please see the program application page for details on dates, times, and pricing. Classes are filling up fast so register early.

We are also pleased to welcome back Rae Haaland in September for another session of Bridge Lessons. This program will run for 12 weeks and will be adapted to meet the needs of the students. Some knowledge of Bridge would be an asset. Please see the program application page for details on dates, times, and pricing.



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[www.seedlingsspanishpreschool.com](http://www.seedlingsspanishpreschool.com)

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Spanish Immersion Program

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School Year

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2323 Palliser Drive SW

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Information and registration:  
403-210-0604.  
[www.seedlingsspanishpreschool.com](http://www.seedlingsspanishpreschool.com)

# End of Summer FESTIVAL

@ pbp community centre

## ACTIVITIES

Bounce castles, obstacle courses, Butterfield Acres  
Petting Zoo, inflatable games.. and more!

## ENTERTAINMENT

Caricature Artist, Face Painting, Photo  
Booth, and a performance by "Cool Choir"

## FOOD & TREATS

Concession stand and Food Truck on site....  
stay tuned for more details.

## VENDORS

Animal Rescue Foundation (ARF), Springfree Trampolines,  
visits from our community program coordinators, and  
Calgary Emergency Services Vehicles

# September 10th 1 - 4pm

Event is free for  
community members.  
Memberships will be  
available for purchase at  
the event, or buy online at  
[pbpcommunity.ca](http://pbpcommunity.ca)  
Membership year runs  
September 1 -  
August 30

# Seniors Program Application – FALL 2016

Palliser • Bayview • Pumphill Community Association

All Programs will take place in the board room at the PBP Community Centre  
2323 Palliser Drive SW  
Located on the west side of Nellie McClung School

We / I live in:  Palliser  Bayview  Pumphill  Other

Participant's Name: \_\_\_\_\_

Program Name(s): \_\_\_\_\_

Program Fee: \_\_\_\_\_ Membership Fee\*: \$10 \_\_\_\_\_ (Sept 2016 – August 2017)

Please include a cheque made payable to "PBP Community Association" or call with credit card information

\*Membership is required for all Programs!

Membership Number/Name \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ Cell: \_\_\_\_\_

Email\*: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_

Allergies or Medical concerns: \_\_\_\_\_

Contact Preference:  Phone  Email  Letter

I agree that PBPCA may send me emails about PBP events, programs or current affairs. \*We value your privacy. We will not rent or sell your email address

PROGRAM Cost		Time	Days/Dates
Seniors Yoga	\$100	10:00am – 11:00am	Mondays Sept 19 – Nov 28 (no close Oct 10)
Seniors Yoga	\$100	11:15am – 12:15pm	Mondays September 19 – Nov 28
Seniors Yoga	\$100	10:00am – 11:00am	Thursdays September 22 – Nov 24
Seniors Yoga	\$100	11:15am – 12:15pm	Thursdays September 22 – Nov 24
Seniors Bridge	\$100	10:00am – 12:00pm	Tuesdays September 20 – Dec 6

## PROGRAM INFORMATION

### Seniors Yoga

Join experienced instructor, Kaity DeMetz, for this is a gentle yoga class. Seniors, 55 years plus, can develop greater flexibility, balance, strength, and much more ease in their bodies. If you enjoy physical activity in the company of your peers, this class is for you. No yoga experience necessary. Mats are provided.

### Seniors Bridge

This is a fun two-hour weekly course for those who have a basic knowledge of the game of Bridge and would like to expand their knowledge of the game. Courses will be tailored to the needs of the students, with help and encouragement from our wonderful instructor, Rae Haaland.

To register for any of the above programs please drop off your completed registration form (along with payment) to the black mailbox at the entrance of the community hall 2323 Palliser Drive SW.

Please direct any questions to Samantha Johnston at (403)281-1908 or pbpcam@pbpccommunity.ca

## STEP INTO SUMMER



Are you thinking of becoming more active? The University of Calgary is recruiting volunteers for a 12-week physical activity study.

### To participate you must be:

- 18 years of age or older
- Exercising less than 3 days per week
- Have internet access

You will be asked to wear a pedometer for 3 months, log your activity onto a website, and complete 3 questionnaires.

### By completing the 3 questionnaires you will receive:

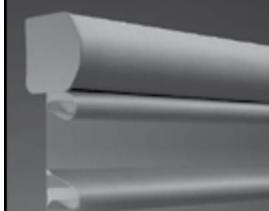
- A pedometer (\$25 value)
- \$10 gift card
- Prize draw entry for \$1000 gift card

### To participate contact:

Research Coordinator  
403.210.7044 or perryr@ucalgary.ca

Ethics ID: REB15-2944  
This study has been approved by the University of Calgary Conjoint Health Research Ethics Board.





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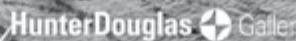
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## Volunteers Needed!

We are always searching for engaged community members to be actively involved with the PBP Community Centre. Upcoming volunteer opportunities include:

- **Fundraising Committee Members** to assist with writing grants and other fundraising initiatives
- **Events Committee Members** to help with planning and running events throughout the year. We are currently starting to plan Summerfest set to take place on September 10, 2016
- **Programming Volunteers** to assist with after school program facilitation (this role requires a vulnerable sector police check)

Volunteering does not have to be a big time commitment! If you have even an hour to spare and would like to help out we would love to hear from you. Please contact Samantha at pbpcam@pbpccommunity.ca or 403-281-1908 if you would like to add your name to our volunteer roster.



  
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*Disclaimer: This editorial is submitted by a community member. The opinions, beliefs and viewpoints expressed by the author do not necessarily reflect the opinions, beliefs and viewpoints of the PBP Community Centre.*

## Consider the Impacts Of the SW BRT on our Community

Submitted by Lesley Farrar

### Access to Rockyview Hospital

According to the Stantec 2015/16 Functional Planning Study (Figure ES.12) there will be a loss of southbound egress lanes into Rockyview Hospital and loss of northbound egress lanes exiting the hospital. The SW BRT buses will have priority access at the 14<sup>th</sup> Street / 75 Avenue intersection. Northbound buses will cross this intersection diagonally to cross existing southbound vehicle lanes and access a "shoulder operation" bus lane on the east side that will continue onto Glenmore Trail causeway.

Buses are projected to run every 5 minutes –in both directions- during peak hours, resulting in buses crossing 14<sup>th</sup> St intersections every 100 seconds. It is currently undetermined if Emergency Vehicles will use bus or vehicle traffic lanes.

### Narrower Lanes on 14<sup>th</sup> Street

According to the Stantec 2015/16 Functional Planning Study, the Southwest BRT construction will narrow lanes and medians on 14<sup>th</sup> Street north of 90<sup>th</sup> Avenue. Lane width on 14<sup>th</sup> Street will reduce in size from 3.7m to 3.5m and median width from 5.5m to 2.6m.

The Complete Streets Guide, approved by Calgary City Council in 2014, designates 14<sup>th</sup> Street as a Skeletal Rd (Map #7).

Within the guide, skeletal roads are defined as "These roadways primarily provide movement between one area of the city and another. They are typically higher speed roadways, used for private vehicles and goods movement with limited support allowances for active modes of travel!"

The Revised Street Designed Standards in the Complete Streets guide recommend lane widths of 3.7m for skeletal roads (p 19) and stipulate a median width of 6m for the skeletal road designation (p105).

### Transit Oriented Development (TOD)

From Stantec 2015/16 Functional Planning Study:  
"A notice of motion was put forward (by Ward 11 Councilor Brian Pincott and passed) by City Council on February 9, 2015, which acknowledges The City's plan for a station in the area of 14 Street SW north of 90 Avenue SW, their desires for comprehensive TOD in proximity to transit stations, RioCan's (the owner of Glenmore Landing) intentions to proceed with redevelopment to intensify and broaden the land uses to include residential zoning, and the fact that The City owns land to the south and east sides of the shopping centre, which could potentially limit the redevelopment potential. The notice of motion directed Administration to "work collaboratively with the owner of the Glenmore Landing Shopping Centre to develop a comprehensive plan that takes into account the SW Transitway, the Municipal Development Plan, the Calgary Transportation Plan, and the adjoining City owned lands". A second directive of the motion included working "directly with the Glenmore Landing Shopping Centre owner to explore the disposition of surplus City owned lands to be included in the overall comprehensive redevelopment, including opportunities for the provision of non-market housing within the future development and report back to Council through the Land and Asset Strategy Committee for approval of any resulting terms and conditions of sale". Opportunities for redevelopment will be brought forward to City Council by RioCan and Administration when determined to be practicable."(p

**Please attend the Transit & Transportation committee meeting regarding the SW BRT on July 20<sup>th</sup>, 9:30am at Historic City Hall. Members of the public are granted 5 minutes to speak about how the SW BRT will affect them and their communities. Have your voice heard by decision makers regarding this issue and the impact it will have on YOU.**

Sources:  
2015/16 Functional Planning Study (executive summary) PDF link from: <http://www.calgary.ca/Transportation/TP/Pages/Transit-projects/Southwest-Transitway.aspx?redirect=/swtransitway>

Complete Streets Guide Policy (TP021) and Guide PDF link from: <http://www.calgary.ca/Transportation/TP/Pages/Planning/Calgary-Transportation-Plan/Complete-Streets.aspx>

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*Cher Parents,*

*It's hard to believe that this will be my last principal's message for St. Gerard. It has been a great ride and I have enjoyed serving this community for the last 7 years. I am thankful to have had the opportunity to work with such great teachers and kids; they made it easy to come to work every day. I was also blessed to have a supportive and collaborative parent community to work with; together we have made our school even more amazing. St. Gerard has had principals before me and will have others after me; however, although we steer the ship, it is the community that makes this a great school and that will never change.*

*God Bless and thank you for giving me the privilege of working with your kids.*

*Mme Wozny*

Changes at St. Gerard: Our school is excited to welcome our **new Principal, Christian Harries**. He began his position in May. This has allowed him to observe all functions of the school and get a feel for our community. Welcome! Another change in our building was **saying goodbye to St. Cyril School**. It has been a pleasure having you in our building for the last 2 years. We are excited for you as you begin the next school year in your renovated building. Thanks for the awesome BBQ you hosted for us on June 9th!

School Supplies - the deadline for ordering school supplies is July 11th. Details are on our website. If you are not ordering supplies through the service, please refer to the lists published.

**Top 10 Highlights of the 2015-16 School Year**

1. Story Telling Residency with Jeff Stockton
2. Special Lunches every Monday
3. In-line skating (gr. K, 1, 2), Skiing/snowboarding (gr. 5, 6), Swimming (gr. 3, 4)
4. A presentation from Calgary Opera: The Magic Flute
5. Carnival Day
6. Celebrating our school and student achievements at monthly assemblies
7. Artist in Residence Gail Bartel
8. Mission Impossible unit in phys. ed.
9. Daily SPARK (physical activity)
10. Openminds to Glenbow School (Mme. Cote's grade 4/5 class)

Wishing EVERYONE a wonderful SUMMER!

**Get Your Total Body Transformation!**

**coolsculpting**

**Rapid Weight Loss Program**  
Calgary's only Medically Supervised hCG Program includes:

- Weekly visits, hCG & 6 weeks maintenance!
- Metabolic Testing & Fat Burning Injections
- Medical history review & lab testing

**Benefits of our Clean Start hCG program:**

- An average weight loss from ½ lb to 1 lb per day
- No loss of muscle or structural fat
- Lose the weight and keep it off!

**Targeted Fat Elimination**  
*Do you have stubborn pockets of fat?*

- Eliminates love handles, muffin tops, and bra fat!
- Only clinic in Calgary with both COOLSCULPTING and Vanquish/Exilis targeted fat removal!

**Skin & Body Tightening**  
*Loose skin on your face or body?*

- Exilis tightens loose skin on face, arms, abdomen

**Save up to \$1,000!**

**GLENMORE HEALTHCARE**

A305, 1600 - 90th Ave SW  
(3rd floor Glenmore Landing)

For more info or to book a **free consultation**  
\* Expires Aug 31 2016

**Call 403-452-5699 Today!**

[www.GlenmoreHealthcare.com](http://www.GlenmoreHealthcare.com)



Residents of partnered communities' pay 20% less for memberships than those who reside outside partnered communities. Phone: 403-278-7542 or see [www.tricocentre.ca](http://www.tricocentre.ca) to find out more.

### July at Trico Centre

Trico Centre for Family Wellness is a non-profit, community-owned and operated recreation facility. Our memberships are affordable and our programs are family-friendly. With a membership, you can work out in the fitness centre, take more than 70-drop-in fitness classes a week (more than 55 in the summer months), use the gymnasium, skate, or play shinny, plus with a membership you get 20% off our fun, active registered programs. Residents of communities partnered with Trico Centre (yours!) pay 20% less for a Trico Centre membership with presentation of a community association membership or payment of the Community Support Fee (which is sent to your community association.)

### Membership Specials while the Pool is Closed

After 33 years in operation, Trico Centre's Aquatics Centre is undergoing a major refurbishment. This project will address lifecycle issues, improve health and safety components. **The target reopen date is August 15, 2016.** There is still lots to do at Trico while the pool is closed. We will be hosting a pool grand opening, so watch for details.

- Purchase a new membership up until August 14, 2016 and RECEIVE 14 MONTHS FOR THE PRICE OF 12.
- Purchase an All-Inclusive 10-Visit Pass up until July 31, 2016 and receive 13 VISITS FOR THE PRICE OF 10.
- If you were a member on Feb 19, 2016 when the pool closed for its makeover, make sure to drop by Guest Services and fill out your form to receive A THREE-MONTH FREE EXTENSION ON YOUR MEMBERSHIP and 5 FREE PASSES\*

### Summer Fun for Families, Children, Youth

- **Summer Day Camps:** Trico Centre is known for its summer camps. Want your child to have fun *and* learn over the summer? Good quality themed camps. 3-14 yrs, weekly or daily, full day, half, day, pre and post care.
- More registered summer programs than ever before including Parent & Tot classes, preschool, children and youth. See the Summer Program Guide or check [www.tricocentre.ca](http://www.tricocentre.ca) for all the details.
- Summer drop-ins include Drop-In Playtime (walking and up, Thursdays, 5-6:30pm, Drop-In Craft (2 yrs and up) Drop-In Dodgeball (10-14 yrs.) Check the Summer 2016 Program Guide for details.

- Skating Lessons – what could be a better way to spend a hot summer than in a cool skating rink. Parent & Tot, Pre-school Learn to skate, Youth Learn to Skate, Teen Learn to Skate, and private lessons.
- Intro to Hockey for 6-8 yrs, Intro to Hockey Adult & Child (4-6 yrs with parent/caregiver), and Power Skating & Recreational Hockey (7-12 yrs.)

### Summer Programs for Adults

- Check out these registered summer programs: Core Fusion Barre, Obstacle Race Training, Stroller Fit, Fit 101: For the Absolute Beginner, and Sore Joints Training.
- Even though it is summer, there is still lots to do in the Fitness Centre. Choose from more than 55 dryland drop-in fitness classes every week. Free for members, drop-in fee for non-members.

### Summer Programs for Older Adults

- Balance Builders: Fall Prevention for Older Adults, Bone Builders: Weight Training for Older Adults, Chair Yoga, and Sore Joints Training are registered fitness classes for older adults offered over the summer.
- Drop-in Pickleball is offered several times a week over the summer. Check out the Drop-In Gym schedule (available on the website or at Guest Services.) Free for members or drop-in fee for non-members.

## BRAIN GAMES SUDOKU

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		3		7		8		

FIND SOLUTION ON PAGE 23

## Thinking of moving? Call for an evaluation today!



\$769,900

**124 Oakside Bay - Oakridge** - Wow, 2500 sq family home located on a huge pie lot tucked on a quiet cul-de-dac in the heart of Oakridge. Complete with open concept eat in kitchen/family room overlooking park like backyard, large formal dining room, living room with stunning vaulted ceilings and hardwood floors flowing throughout the main level. This huge family home is complete with 5 bedrooms (3 upstairs) and tons of space for the growing family. Close to playgrounds, Glenmore Park, Louis Riel School and more. Call for details MLS# C4066274



\$309,900

**78, 2815 Palliser Dr - Oakridge** - This 1184 sq ft condo is bright and airy featuring a large living room with hardwood floors and bay window, an updated eat in kitchen with stainless steel appliances, tile floors and a large dining space overlooking your private, fenced south facing yard. Upstairs are 3 bedrooms with hardwood floors throughout and the main bathroom. The lower level offers an additional rec room, large laundry and storage areas. MLS# C4066779



\$659,900

**3323 Palliser Dr**  
#C4044951



\$638,000

**2908 Palliser Dr**  
#C4049589



SOLD!

**9815 Palistone Rd**  
#C4061930

### Market Update as of June 13, 2016:

Currently on the market there are:  
16 Single Family homes with a median list price of \$631,000  
11 Condo units with median list price of \$265,000

### Since May 10, 2016 there have been:

4 Single Family home sales with median sale price of \$636,000  
3 Condo unit sales with median sale price of \$262,000

Since last month we have seen the Single family home inventory double from 8 listings on May 10th to 16 listings on June 13th.

Sales in the past month in Oakridge have been about average, including one property selling in multiple offers (fully renovated backing on greenspace), which indicated there is still demand for updated family homes in good locations.

**Stephanie Evans, B.Sc.**  
cell: 403-620-0285  
[stephanie.e.evans@gmail.com](mailto:stephanie.e.evans@gmail.com)



**Shirley Evans, R.N.**  
cell: 403-862-3618  
[shirleyevans@shaw.ca](mailto:shirleyevans@shaw.ca)

[housesincalgary.com](http://housesincalgary.com)

## IN & AROUND CALGARY

### Green Cart set to roll out next spring

After a successful pilot that saw a 40 per cent drop in garbage and 89 per cent satisfaction amongst residents, the Green Cart Program will roll out to all single family homes beginning next spring. All communities should have the service by fall 2017. Here are the highlights:

**All food, yard and pet waste is accepted in the program.**

**Unlimited quantity.** Use paper yard waste bags for extra yard waste that doesn't fit in the cart.

**Green and blue carts** will be collected on the **same day every week.**

**Black carts** will be picked up **once every two weeks on a separate day** since most household waste can be recycled or composted.

Residents will receive everything they need to get started including the green cart, a kitchen pail for collecting food scraps inside the home; a sample of compostable bags for the kitchen pail and yard waste bags. Once service begins, households will pay \$6.50 per month. This charge reflects the savings achieved by changing black cart garbage col-

lection from weekly to once every two weeks.

#### Green carts go beyond backyard composting

If you're already backyard composting, keep it up. Use your green cart for all the other materials that cannot be composted at home like meat, bones, shellfish, dairy, weeds and pet waste.

#### Why we need to keep food and yard waste out of landfills

It may be hard to believe, but more than half of residential garbage is food and yard waste. Composting this material is the right thing to do. When food and yard waste is buried in the landfill it releases methane, a greenhouse gas that is 25 times stronger than carbon dioxide. By using the green carts we reduce dependence on our landfills, reduce greenhouse gas and turn food and yard waste into nutrient-rich compost.

To learn more about the Green Cart Program, visit [calgary.ca/greencart](http://calgary.ca/greencart).

*Submitted by The City of Calgary Waste & Recycling Services.*



## IN & AROUND CALGARY

### Southland Leisure Centre

2000 Southland Drive SW

[calgary.ca/leisurecentres](http://calgary.ca/leisurecentres)

**Summer Daycamps 2016** -Southland Leisure Centre's **Summer Daycamps are now registering** look for our program guide online ([www.calgary.ca/recreation](http://www.calgary.ca/recreation)) and on stands.

#### Stampede Breakfast

July 14, 9 to 11 am - Come to Southland Leisure Centre's annual Stampede Breakfast for food, music, dancing, petting zoo, face painting and much more!

NEW "Did you know Southland Leisure Centre has a Proshop? We have a great selection of swimsuits for all ages. Proshop sharpens skates using the Blackstone Stealth Skate Sharpening machine, CHECK US Out"

Wednesday Soccer Drop-in Southland Leisure Centre

Age: All ages

Soccer in the gymnasium. Develop foot skills, practice drills or play a game. Nets and standards are available. Please supply your own soccer ball.

#### Drop-in Climbing and Gymnastics

There's so much to do at Southland Leisure Centre! Come have some fun and unique experiences in our rock wall climbing and gymnastics gym drop-in times. All equipment is provided and instructors are present to guide you.

#### Drop-in Badminton and Basketball

Please see [calgary.ca/recreation](http://calgary.ca/recreation) or contact 311 for the latest schedules as cancellations may be in effect for special events or holiday hours.

#### SOUTHLAND LEISURE CENTRE PLAYSCHOOL

Phone: 403-648-6582

Southland Leisure Centre's Playschool is recreation-based and includes educational activities which allows children to learn through play. Playschool programs are for two to four year olds from September to June. Registration is ongoing throughout the year, based on availability. Spaces are still available for the 2 1/2 and 4 year old programs for the 2016 to 2017 school year. NEW - Check out our new "Playschool Pick your day" for a flexible and affordable active social experience for your preschooler.

#### Every Sunday, 8 am to noon. Family Swim at Southland Leisure Centre.

It's a designated family swim time. Come enjoy our waterpark, including a trip or two to the Aqua-Play structure. Be prepared to get wet! Adults must be accompanied by a child and all children must be accompanied by an adult. Regular admission applies.



### Chip in Fore Communities and Golf With Us on August 12!

Are you itching for a fun round of golf that includes lunch and dinner, as well as the opportunity to win amazing prizes like a trip for two to Mexico and up to \$15,000? If so, register today for the Federation of Calgary Communities 4<sup>th</sup> Annual *Chip in Fore Communities* Golf Tournament, presented by Save-On-Foods! The tournament will take place on Friday, August 12, 2016 at The Canal at Delacour Golf Club.

Registration fees are extremely affordable at only \$160 for an individual golfer and a discounted rate of \$600 for a foursome! Your fee includes lunch, a round of golf in a power cart, a delicious dinner, and the chance to win one of many exciting prizes.

**Visit [calgarycommunities.com/events](http://calgarycommunities.com/events) to register today!**

There are 150 community associations in Calgary with more than 20,000 volunteers involved, making it the largest collective volunteer movement in the city! Community associations come in all shapes and sizes, are run by your neighbours, offer you endless opportunities, bring you together as a community, and are dedicated to addressing local issues and ensuring you love where you live. They can be the anchor for community life, but they need support to effectively operate in today's competitive not-for-profit world. The Federation of Calgary Communities is that support organization.

This golf tournament will help raise funds for the Federation of Calgary Communities to continue providing programs and services that help community associations build capacity, support and mobilize residents, be on the front lines of important issues in their community, and improve neighbourhood life in Calgary.

If you have any questions or are interested in finding out more please contact Rebecca Dakin with the Federation of Calgary Communities at [communityrelations@calgarycommunities.com](mailto:communityrelations@calgarycommunities.com) or (403) 244-4111 ext. 204.



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Brad Currie, Broker/President



## Palliser, Bayview, Pumphill Real Estate Update

### Last 12 Months PALLISER MLS Real Estate Sale Price Stats

	Average Asking Price	Average Sold Price
May 2016	\$579,900.00	\$579,250.00
April 2016	\$0.00	\$0.00
March 2016	\$610,000.00	\$580,000.00
February 2016	\$619,900.00	\$604,350.00
January 2016	\$0.00	\$0.00
December 2015	\$0.00	\$0.00
November 2015	\$649,500.00	\$633,500.00
October 2015	\$559,900.00	\$532,500.00
September 2015	\$569,950.00	\$587,500.00
August 2015	\$609,900.00	\$580,000.00
July 2015	\$652,494.00	\$637,000.00
June 2015	\$617,350.00	\$596,500.00

To view the specific SOLD Listings that comprise the above MLS averages please visit [palliser.great-news.ca](http://palliser.great-news.ca)

### Last 12 Months BAYVIEW MLS Real Estate Sale Price Stats

	Average Asking Price	Average Sold Price
May 2016	\$0.00	\$0.00
April 2016	\$0.00	\$0.00
March 2016	\$0.00	\$0.00
February 2016	\$2,099,000.00	\$1,850,000.00
January 2016	\$0.00	\$0.00
December 2015	\$1,190,000.00	\$1,060,000.00
November 2015	\$0.00	\$0.00
October 2015	\$995,000.00	\$900,000.00
September 2015	\$0.00	\$0.00
August 2015	\$0.00	\$0.00
July 2015	\$829,900.00	\$792,000.00
June 2015	\$0.00	\$0.00

To view the specific SOLD Listings that comprise the above MLS averages please visit [bayview.great-news.ca](http://bayview.great-news.ca)

### Last 12 Months PUMP HILL MLS Real Estate Sale Price Stats

	Average Asking Price	Average Sold Price
May 2016	\$767,450.00	\$805,000.00
April 2016	\$1,395,000.00	\$1,200,000.00
March 2016	\$1,249,900.00	\$1,190,000.00
February 2016	\$1,034,500.00	\$1,024,000.00
January 2016	\$787,450.00	\$739,625.00
December 2015	\$1,645,493.50	\$1,433,750.00
November 2015	\$959,900.00	\$930,000.00
October 2015	\$0.00	\$0.00
September 2015	\$874,900.00	\$858,750.00
August 2015	\$769,900.00	\$770,000.00
July 2015	\$949,000.00	\$896,250.00
June 2015	\$859,900.00	\$835,000.00

To view the specific SOLD Listings that comprise the above MLS averages please visit [pump\\_hill.great-news.ca](http://pump_hill.great-news.ca)

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For Business Classified Ad Rates Call Great News Publishing at 403-263-3044 or [sales@great-news.ca](mailto:sales@great-news.ca)

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**RENOVATIONS - DECKS, GARAGES, BASEMENTS:** We are locally and provincially licensed, bonded, insured, with an A+ BBB rating. We would love to work with you to renovate your home! Please visit [www.bigcitydevelopments.com](http://www.bigcitydevelopments.com) to view some of our completed projects, then call 403-612-8220 for a free consultation.

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**CAL-RES COATINGS LTD. RESIDENTIAL PAINTING:** We are a full service painting company offering: interior and exterior painting, shop wood finishing/specialty finishes, elastomeric stucco coatings, kitchen cabinet refinishing, fully licensed and insured. No deposit required. Call for a complimentary estimate. Ask for Joshua 403-369-7534 or visit [www.calres.ca](http://www.calres.ca).

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**NEIGHBOURHOOD CONFLICT?** Community Mediation Calgary Society (CMCS) is a no cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! [www.communitymediation.ca](http://www.communitymediation.ca), 403-269-2707.

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**JUNK TO THE DUMP / ODD JOBS:** Disposal of any household unwhants. Reno clean-ups. Move in/out garbage removal. Disposal/recycling of appliances/electronics. Reno moves. Very prompt service, best prices and satisfaction always guaranteed! We load. Senior Discount. Please call Sanil for your free estimate at 403-616-2758.

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**Do you like to:**

- Play games
- Create crafts
- Play instruments

So do our residents and clients!

Please visit [www.carewest.ca](http://www.carewest.ca) and fill out a Volunteer Application!




**The New Adventures of Engine 23**  
Central Library is home to a full-sized, real fire truck—and yes, it's *inside* the library! Engine 23 has retired from fighting fires and has begun a whole new life helping children learn. Calgary's youngest citizens can not only read about fire trucks, but also suit up, jump in the truck, and rush to the scene of imaginary accidents and infernos to bring aid and assistance. Because the fire truck isn't just a 22-tonne vehicle in a building: it's a suite of experiences. It's authentic. Kids can play on it and interact with it in a very real way.

When the Calgary Fire Department offered to loan us a decommissioned fire truck, Calgary Public Library seized upon the opportunity to create an innovative early learning experience. After much planning and design, we've installed Engine 23 in Central Library, where it will remain until New Central Library opens in 2018.

Visit Engine 23 any time Central Library is open, or drop in for special Engine 23 storytimes. Toddlers and Preschoolers (ages 2-5) can drop in to enjoy fire-themed storytimes while seated atop Engine 23! Families (all ages) are welcome to drop in and join a Calgary Fire Department firefighter for a special family storytime and the opportunity to start their very own new adventures with Engine 23. See the July-August *Library Connect* for exact dates and details. A reimaged staircase will connect the installation to the children's area on the second floor, so be sure to visit the Children's Library on the 2<sup>nd</sup> Floor!

## KEYBOARD SHORTCUTS

**SENDING E-MAIL MESSAGES**  
Use the following keys (if you are emailing a document or a message) when the insertion point is in the email header. To move the insertion point into the email header, press **SHIFT+TAB**.

**ALT +S**  
Send the active document or message.




**AN ADVENTURE AWAITS...**

# SUMMER AT TRICO CENTRE

Trico offers something for everyone this summer, with **over 40 different day camp themes for kids 3 to 14 years**. From Jedi Wars to Survivor Kids, campers can find the perfect fit for an adventure in fun!

Trico Centre for Family Wellness  
11150 Bonaventure Drive SE  
[www.tricocentre.ca](http://www.tricocentre.ca)

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**SOUTH CALGARY KIDS ART CLASSES - SEPT TO NOV 2016:** Theme: "Artists of the World" for kids 6 to 13. Tuesday - Strathcona; Wednesday - Queensland; Friday - Braeside; Thurs - Riverbend Home Studio, supplies included. Begins week of September 13, 4:30 to 6 pm. Email/register: [kidsart@telus.net](mailto:kidsart@telus.net), [www.facebook.com/calgarykidsart](http://www.facebook.com/calgarykidsart) (register via Jotform). Artist/Instructor: Lillian Tkach, 403-236-9819.

**SUMMER IS COMING!** Get your yard ready for the beautiful days ahead. Weekly or occasional lawn cuts while you are on holidays. Flower bed clean up, planting and/or maintenance or projects. Locally owned and operated since 2007. Please call Brenda at 403-615-7199.

**NEW, RENO AND REPAIRS:** Stucco, siding, stone, soffit and fascia, gutters, painting. 40 years' experience, insured and guaranteed work. Many local neighbourhood references and examples to look at. Call Poldom Construction - Julian at 403-804-0974.

**PRIME LANDSCAPING:** Providing top quality landscape maintenance and construction to south Calgary. Now booking lawn maintenance and landscape construction for 2016. Contact us for a free estimate, as prices vary depending on project size and complexity. Call 403-720-3478 or e-mail [info@primelandscaping.ca](mailto:info@primelandscaping.ca). We are ready to get your job done.

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## BRAIN GAMES SUDOKU

9	3	1	2	4	5	6	7	8
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5	6	9	7	1	8	4	2	3
8	9	2	3	5	1	7	6	4
4	5	7	6	8	2	9	3	1
6	1	3	9	7	4	8	5	2

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CHINOOK STATION MARKET  
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## MLA CALGARY-GLENMORE ANAM KAZIM

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Dear Constituents:

**Happy Canada Day** to all - united as provinces and territories celebrating our 150th birthday!

In this month of Calgary Stampede, we ready cowboy hats, boots, belts, scarves to celebrate our strong western roots with family and friends. I am delighted to host my first Stampede Breakfast and have you join me personally to share the joys of our community we are all very proud of. Please mark your calendars and refer below for more info regarding our MLA Stampede Breakfast:

### MLA Anam Kazim Calgary Glenmore Stampede Breakfast Details:

**Date:** July 13, 2016 **Time:** 7:00 am- 10:00 am **Location:** Heritage Park

**Join Us For:** Free Breakfast, Entertainment, VIP Guest Speakers, and Face Painting

#### Agenda:

- 6:30-7:00am Greeting in the Plaza and escort to tent on the green with friends/ volunteers
- 7:00am-7:30am Opening w Blessing of Treaty Six Lands. VIP Guest Speakers
- 7:00am- 9:00am Matt Masters Band and MC - while refreshments served
- 7:30- 9:30 am Pancakes and Breakfast served
- 9:00am – 10:00am Paul Finkleman: Songs and Stories  
VIP Guest Speakers

- 9:30 – 10:00Am Breakfast Buffet closed - mingling and entertainment
- 10:00am Farewell

**Recognitions:** I would like to congratulate two high school constituents from Calgary-Glenmore who participated in the **MLA for a Day Program** this year in May 2016 at the legislature. Also, many thanks and congratulations to the students of Grade 6 from Calgary Jewish Academy who visited the legislature and learned about politics by actually experiencing it. I was happy to introduce them in the chamber and the introduction can be watched by scrolling to 1:31:45 pm using the following link: [http://assemblyonline.assembly.ab.ca/Harmony/pb3/powerbrowser\\_Desktop.aspx?ContentEntityId=3424&EssenceFormatID=73&date=20160525&browser=0](http://assemblyonline.assembly.ab.ca/Harmony/pb3/powerbrowser_Desktop.aspx?ContentEntityId=3424&EssenceFormatID=73&date=20160525&browser=0)

**My Participation in the House:** Question to the Hon. Min of Education-David Eggen about the measures being taken for better education of our children especially in First Nations' communities. Please scroll to 2:30:04

[http://assemblyonline.assembly.ab.ca/Harmony/pb3/powerbrowser\\_Desktop.aspx?ContentEntityId=3432&EssenceFormatID=73&date=20160531&browser=0](http://assemblyonline.assembly.ab.ca/Harmony/pb3/powerbrowser_Desktop.aspx?ContentEntityId=3432&EssenceFormatID=73&date=20160531&browser=0)

-Question to the Hon. Min of Transportation-Brian Mason on public transit. Please scroll to 2:45:33 pm.

[http://assemblyonline.assembly.ab.ca/Harmony/pb3/powerbrowser\\_Desktop.aspx?ContentEntityId=3407&EssenceFormatID=73&date=20160518&browser=0](http://assemblyonline.assembly.ab.ca/Harmony/pb3/powerbrowser_Desktop.aspx?ContentEntityId=3407&EssenceFormatID=73&date=20160518&browser=0)

For continuous updates please check:  
**Facebook:** Anam Kazim MLA Calgary-Glenmore  
**Twitter:** @anamkazimMLA

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**Deadline – 1<sup>st</sup> of each month for the next month's publication**

Contact [news@great-news.ca](mailto:news@great-news.ca)

- ◆ Free announcements: lost/found, household items for sale, wanted, garage sale, student/senior services, etc.
- ◆ Forty word limit

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**VACATION PET SITTING SERVICE:** Mature 10-year old - loves cats, birds, plants - available for Palliser, Pump Hill and Oakridge neighborhoods. Please call Caroline at 403-966-3939 or email at [mycaroline2006@gmail.com](mailto:mycaroline2006@gmail.com).

**FLC SENIORS CLUB – TAI CHI 55+** Study of the 105 Movement Yang Style. Our Fall Session starts September 8, with Thursday morning classes held at the Trico Centre. For further information: please call Juliette at 403-225-1593 or Christel at 403-271-1289, or email [taichi@flcseniors.ca](mailto:taichi@flcseniors.ca). [www.flcseniors.ca](http://www.flcseniors.ca).

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