PBP COMMUNITY Matters Attended Att

THE OFFICIAL PALLISER BAYVIEW PUMPHILL COMMUNITY NEWSLETTER



AMY'S LISTINGS IN YOUR NEIGHBORHOOD DO YOU NEED YOUR HOUSE SOLD?



227 PUMP HILL RISE SW - \$949,900 -

Fabulous architecturally designed 4 bdrm home on a quiet cul-de-sac. Very well maintained and cared for with views of nature from every window!



206 PALISWOOD PARK SW - \$869,900 -

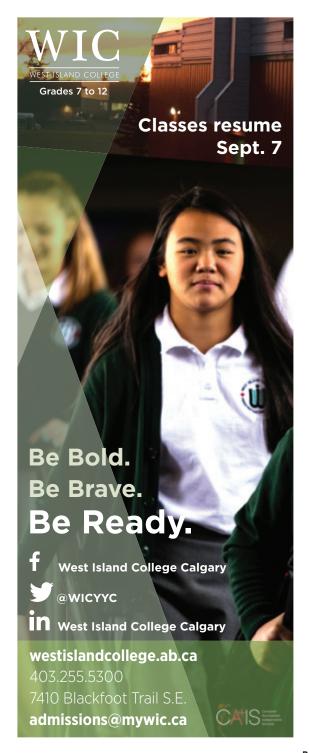
Beautifully renovated townhome in desirable West Park - one of Calgary's premier condo complexes. Developed on all 3 levels, this home offers privacy, 2 upper bdrms + 1 down and upgrades galore!

PALLI	SER BAYVIEW P	UMP HILL SALES ACT	IVITY - J	ULY, 2016
BAYVIEW	Single Family Homes	Prices	Condos	Prices
Active Listings	3	\$950,000 - \$2,190,000	3	\$795,000 - \$985,000
Sold Listings	0	-	0	-
PALLISER				
Active Listings	3	\$649,900 - \$710,000	19	\$216,000 - \$869,900
Sold Listings	1	\$510,000's	2	\$280,000's - \$370,000's
PUMP HILL				
Active Listings	8	\$899,900 - \$6,889,000	0	-
Sold Listings	1	\$910,000's	0	-

If you are considering buying or selling real estate in the next little while, profit from my experience. For a confidential consultation or market evaluation, please call me at 403-287-4923.

Amy Brooks 403.287.4923 amy@amybrooks.ca amybrooks.ca

#20, 2439 - 54 Ave SW Calgary AB T3E 1M4



Live Your Best Life in SW Calgary's Newest Active Lifestyle Community

Opening Early Fall 2016 Show Suite Open Daily Call to book a tour today!



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2635 Eversyde Avenue SW 587-433-2622

Evergreen Village

leasing@originswanevergreen.ca www.originswanevergreen.ca



Join the Southwest 55+ CLUB

Enjoy coffee, fun, fellowship, and dancing to a live band every Thursday morning!

Singles and couples, dancers and non-dancers are all welcome to this community group.

Drop by – we're looking forward to meeting you!

Braeside Community Centre 11024 Braeside Drive SW Thursdays, 10:30 – 12:00 noon

For detailed info please call Norma at 403-246-3763

PBP Community Association is now on Facebook!



Check your most up to date news about your community on Facebook.

https://www.facebook.com/ PBPcommunityassociation



YOUR PBP Community Association

Sean Hayes	President president@pbpcommunity.ca 403-880-4328
Anjli Acharya*	Vice President
Brennen Jaques	Treasurer
	bjaques@shaw.ca
Mycroft Schwartz	Secretary
	Mycroft@clsmith.ca
Brent Fleming*	Rink Team Lead
Al Kiernan	Civic Planning Director
	al@kiernan.ca
Cal Melrose*	Life Cycle & Maintenance Director
Frank-Michael Hofmann	Director, Technology
	frankh@pbpcommunity.ca
Judith Arato*	Director at Large
Jen Keyes*	Director at Large
Dani Hayes*	Director at Large
Samantha Johnston	Administrator, Program Coordinator, Hall Rentals pbpcam@pbpcommunity.ca 403-281-1908

Newsletter Submissions pbpcam@pbpcommunity.ca

* To contact please email pbpcam@pbpcommunity.ca



Community Centre

Our facility is located at 2323 Palliser Dr. SW (adjacent to Nellie McClung School). Please call for office hours if you would like to stop by.

For rental inquiries: Call the office at 403-281-1908 or email pbpcam@pbpcommunity.ca. Check availability online at www.pbpcommunity.ca/hall-rentals.

For memberships, please see our membership page in the newsletter.



Palliser, Bayview, Pumphill Community Association

2323 Palliser Drive SW Calgary, AB T2V 3S4
Office: 403-281-1908 • Rentals: 403-281-1908
pbpcam@pbpcommunity.ca
www.pbpcommunity.ca

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NEWSLETTER AD SALES



Great News Publishing Ltd. 403.720.0762 | 403.263.3044 sales@great-news.ca | www.great-news.ca



Seeking **Facility Administrator**

We're hiring! The PBP Community Association is seeking someone for our Facilities Administrator role

Primary Duties & Responsibilities

- · Manage the efficient and effective day-to-day operations of the PBP Community Association
- · Ongoing management and upkeep of office equipment including photocopier, computer, printers; and computer software updates as appropriate; order office and facility supplies as necessary
- Oversee the planning, implementation and evaluation of the organization's programs and services
- Monitor the day-to-day delivery of the programs and services of the organization to maintain or improve quality
- Oversee the planning, implementation, execution and evaluation of special projects and events
- Market all PBPCA events and programs through social media outlets, building signage, newsletters, and flyers as appropriate
- Research possible grant funding and preparation of grant applications/funding proposals to support programs, operational and capital costs
- · Maintain accurate account of PBPCA hall calendar
- · Manage the administration of all sub-lease agreements



- Manage rental agreement contracts for the facility use and collects payment
- Liaise with Facilities Director for facility requirements that include regular maintenance or improvement
- Schedule appropriate cleaning of the building and regular maintenance/repairs of the building are completed
- First contact for emergencies or delegation as required to meet the needs
- · Communicate with stakeholders to keep them informed of the work of the PBP Community Association and to identify changes in the community served by the organization
- Act as editor of the monthly community newsletter
- · Communicate and engage with community families, user groups, and other stakeholders to recruit, and build a team of volunteers to be available to assist with various special events, casinos, and programs as needed.

Hours of work:

12-15 hours per week (schedule is flexible to respond to the needs of the business)

Qualifications:

- Relevant experience in administration, program coordination, facility management, event planning, hall rentals, or community centres
- Experience in a non-profit environment working with a volunteer board of directors an asset
- Excellent computer skills and proficiency in the use of computer programs such as Word and Excel
- Organizational skills: set priorities, develop a work schedule, track details/data/information/activities
- Ability to work independently and work cooperatively with others to set goals
- Strong communication and interpersonal skills; speak, listen and write in a clear, thorough manner
- Strong multi-tasking abilities

Compensation

Based on experience

How to Apply:

Please send your cover letter and resume to the PBP Board of Directors at pbpcam@pbpcommunity.ca

Apply by September 1, 2016

Only those selected for an interview will be contacted. No phone calls please.



The day is finally almost here! End of Summer Fest will take place on Saturday, September 10th from 1pm – 4pm at the PBP Community Centre. A valid 2016/17 community membership will be required to take part in many of the festivities, support your community centre and buy one today! Memberships can be purchased on our website at pbpcommunity.ca or by completing a membership form located in this newsletter. Our membership year runs from September 1st to August 31st.

Your community membership gains you access to the petting zoo, bouncy castles, inflatable games, face painting, photo booth, temporary tattoos, and caricature artist. There will also be a loonie and toonie concession on site offering up hot dogs, drinks, chips and sweets. All proceeds will go towards events, programs, and improvements at the PBP Community Centre.

We would like to extend a big thank-you to our sponsor the Calgary Foundation for their generous support of this event through their Neighbourhood Grants program. We also offer our gratitude to the City of Calgary Ward Event Fund for their support. And last, but certainly not least, to the wonderful volunteers at Youth Central.

Halloween is coming up soon and we are seeking out event organizers for our annual children's Halloween party. If you would like to participate please contact events@pbpcommunity.ca.

The opinions expressed within any published article, report or submission reflect those of the author and should not be considered to reflect those of Great News Publishing and PBP. The information contained in this newsletter is believed to be accurate, but is not warranted to be so.

Great News Publishing and PBP do not endorse any person or persons advertising in this newsletter. Publication of these ads should not be considered an endorsement of any goods or services.



We are seeking volunteers to run a weekly senior's meet up group for cards and coffee. If you are interested in filling this role please contact Samantha at 403-281-1908 or email pbpcam@pbpcommunity.ca.

Seniors Yoga will return in the fall starting in September! Please see the program application page for details on dates, times, and pricing. Classes are filling up fast so register early.

We are also pleased to welcome back Rae Haaland in September for another session of Bridge Lessons. This program will run for 12 weeks and will be adapted to meet the needs of the students. Some knowledge of Bridge would be an asset. Please see the program application page for details on dates, times, and pricing.



Kids' Program Information

Kids Yoga – Grades 1-6

Explore yoga and mindfulness in a fun and welcoming environment. Instructor Jenna Galloway of Little Hippies will introduce children to the practice of yoga along with fun games and crafts. Come and experience what a positive impact yoga can have in your child's life.

Movement Fundamentals – Grades K-3

Experienced instructor and coach Mairin Husak leads this four-week program which is geared towards children who want to improve their fundamental movement skills in a safe and fun environment. A variety of new skills will be introduced each week in fun and creative ways. The children will be playing games and using their imagination to build strength and confidence in their abilities and in what they have learned. Older children will have the opportunity to develop leadership skills and mentoring. Specific Skills: Jumping, balancing, throwing, catching and kicking.

Outdoor Basketball - Grades 3-5

Come out and shoot some hoops! Our youth basketball programs are intended for players to have fun with drills, while being competitive and improving their basketball skills. Players will develop skills in the areas of shooting, passing, ball handling, and defensive concepts.

To register for any of the above programs please drop off your completed registration form (along with payment) to the black mailbox at the entrance of the community hall 2323 Palliser Drive SW. Please direct any questions to Samantha Johnston at 403-281-1908 or pbpcam@pbpcommunity.ca.



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Seedlings Reggio **Preschool**

www.seedlingsspanishpreschool.com

English Program Spanish Immersion Program

Open Registration for the 2016-17 **School Year Morning and Afternoon classes**

> **PBP Community Centre** 2323 Palliser Drive SW

Preschool - ages 2.5 to 6 Kindergarten students accepted

> Individual Learning Plan 5 Students / 1 Teacher

English Program:

Weekly PRIVATE lesson for students Academic reinforcement through fun activities Let's enjoy learning!

Spanish Program: Full Immersion

Weekly PRIVATE Spanish lesson for students The most effective way to learn a language!!

Music / Art / Science / Movement / Child centered curriculum Reggio Inspired Program.

We believe that kids - like seedlings - have a huge potential and need a special environment to develop

Seedlings offers a well-balanced program designed to promote your child's cognitive, social and emotional development.

> Information and registration: 403-210-0604. www.seedlingsspanishpreschool.com

Palliser, Bayview, Pumphill Real Estate Update

Last 12 Months PALLISER MLS Real Estate Sale Price Stats

	Average Asking Price	Average Sold Price
July 2016	\$519,888.00	\$519,888.00
June 2016	\$579,999.00	\$575,000.00
May 2016	\$579,900.00	\$579,250.00
April 2016	\$0.00	\$0.00
March 2016	\$610,000.00	\$580,000.00
February 2016	\$619,900.00	\$604,350.00
January 2016	\$0.00	\$0.00
December 2015	\$0.00	\$0.00
November 2015	\$649,500.00	\$633,500.00
October 2015	\$559,900.00	\$532,500.00
September 2015	\$569,950.00	\$587,500.00
August 2015	\$609,900.00	\$580,000.00

To view the specific SOLD Listings that comprise the above MLS averages please visit palliser.great-news.ca

Last 12 Months BAYVIEW MLS Real Estate Sale Price Stats

	Average Asking Price	Average Sold Price
July 2016	\$0.00	\$0.00
June 2016	\$1,450,000.00	\$1,412,000.00
May 2016	\$0.00	\$0.00
April 2016	\$0.00	\$0.00
March 2016	\$0.00	\$0.00
February 2016	\$2,099,000.00	\$1,850,000.00
January 2016	\$0.00	\$0.00
December 2015	\$1,190,000.00	\$1,060,000.00
November 2015	\$0.00	\$0.00
October 2015	\$995,000.00	\$900,000.00
September 2015	\$0.00	\$0.00
August 2015	\$0.00	\$0.00

To view the specific SOLD Listings that comprise the above MLS averages please visit bayview.great-news.ca

Last 12 Months PUMP HILL MLS Real Estate Sale Price Stats

	Average Asking Price	Average Sold Price
July 2016	\$949,900.00	\$912,500.00
June 2016	\$844,900.00	\$834,950.00
May 2016	\$767,450.00	\$805,000.00
April 2016	\$1,395,000.00	\$1,200,000.00
March 2016	\$1,249,900.00	\$1,190,000.00
February 2016	\$1,034,500.00	\$1,024,000.00
January 2016	\$787,450.00	\$739,625.00
December 2015	\$1,645,493.50	\$1,433,750.00
November 2015	\$959,900.00	\$930,000.00
October 2015	\$0.00	\$0.00
September 2015	\$874,900.00	\$858,750.00
August 2015	\$769,900.00	\$770,000.00

To view the specific SOLD Listings that comprise the above MLS averages please visit pump hill.great-news.ca

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4519 - 1st Street SE email: mblinds@telus.net

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Community Program Application Fall 2016

Palliser • Bayview • Pump Hill Community Association

All Programs will take place at the PBP Community Centre 2323 Palliser Drive SW

Located on the west side of Nellie McClung School

We / I live in: □ Palliser □ Bayviev	v □ Pumphill □ Other	.,
Participant's Name:		
Program Name(s):		
Program Fee:	Membership Fee*: \$25	(September 2016 – August 2017)
Please include a cheque made pay	able to "PBP Community Associa	ation" or call with credit card information
*Membership is required for all Pro	ograms!	
Membership Number/Name		
Address:		
Email*:		
Emergency Contact:		
Allergies or Medical concerns:		
Contact Preference: Phone E	mail Letter	
□ I agree that PBPCA may send i	me emails about PBP events, pr	ograms or current affairs. *We value your
privacy. We will not rent or sell your er	nail address	

Summary of Programs offered in September – November 2016

PROGRAM Wh	0?	Cost	Time	Days/Dates
Kids Yoga	Grades 1-6	\$90	3:15pm –	Mondays
			4:15pm	Sept 19 – Nov 14 (no class Oct 10)
Outdoor Basketball	Grades 3 – 5	\$40	3:15pm –	Wednesdays
			4:15pm	September 14 – October 5
Movement Fundamentals	Grades K-3	\$40	3:15pm –	Thursdays
			4:15pm	September 15 – October 6





Seniors Program Application Fall 2016

Palliser • Bayview • Pumphill Community Association

All Programs will take place in the board room at the PBP Community Centre
2323 Palliser Drive SW
Located on the west side of Nellie McClung School

We / I live in: □ Palliser □ Bayvie	w Pumphill Other	
Participant's Name:		
Program Fee:	Membership Fee*: \$10	(Sept 2016 – August 2017)
Please include a cheque made pa	yable to "PBP Community Association	on" or call with credit card information
*Membership is required for all Pi	rograms!	
Membership Number/Name		
Address:		
	Cell:	
Email*:		
Emergency Contact:		
Allergies or Medical concerns:		
Contact Preference: Phone E	Email □ Letter	
□ I agree that PBPCA may send	me emails about PBP events, prog	rams or current affairs. *We value your
privacy. We will not rent or sell your e	mail address	

PROGRAM Cost		Time	Days/Dates
Seniors Yoga	\$100	10:00am –	Mondays
		11:00am	Sept 19 – Nov 28 (no close Oct 10)
Seniors Yoga	\$100	11:15am –	Mondays
		12:15pm	September 19 – Nov 28
Seniors Yoga	\$100	10:00am –	Thursdays
		11:00am	September 22 – Nov 24
Seniors Yoga	\$100	11:15am –	Thursdays
		12:15pm	September 22 – Nov 24
Seniors Bridge	\$100	10:00am –	Tuesdays
		12:00pm	September 20 – Dec 6

ACADEMY DENTURE CLINIC

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Modern Solutions for Missing Teeth

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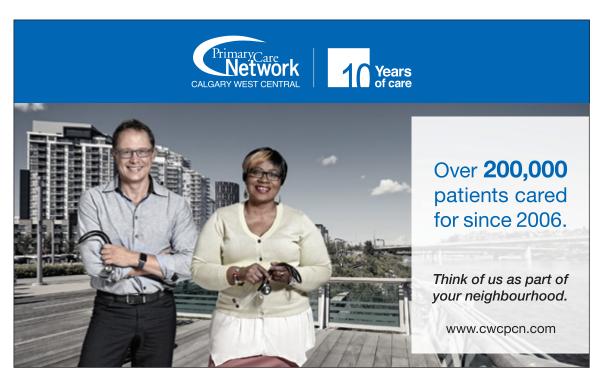
- Avoiding foods you love
- Using messy adhesives
- Being self-conscious of your smile
- Looking older than your age

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Mon - Thur 8:30 am - 4:30 pm Fri 8:30 am - 12:00 noon



CALGARY Back to School safety

Alberta Health Services EMS would like to remind parents and children about a few road safety tips, as streets become more congested, with the return of the school year. Pedestrians and motorists both have an important role to play – road safety is a shared responsibility.

Motorists

- Avoid talking on a cell phone, texting, or any other behaviour that diverts your attention away from driving;
- Give right-of-way to pedestrians who have activated overhead crossing lights, or who are waiting to cross from a street corner;
- Remember, it is illegal to pass vehicles other than those that are parked in school, or playground zones, during posted hours.

Around school buses

- Flashing amber lights mean a bus is slowing down to stop motorists should do likewise;
- No matter which direction you are coming from, STOP, when approaching a school bus with activated flashing red lights – unless the bus is on the opposite side of a divided highway from you;
- Driver courtesy goes a long way. By simply being alert and cautious when approaching a school bus, you are contributing to school bus safety.

Pedestrians

- Cross only at marked crosswalks, or street corners that have clear visibility from all directions;
- When activating overhead crossing lights, pause and make eye contact with all drivers before stepping off the curb. This is to ensure that motorists in both directions have seen you and come to a complete stop;
- Stay within the crosswalk lines until fully clear of the roadway;
- Obey pedestrian lights at intersections. Cross the street only when you see the "walk" sign and only when all vehicles have come to a complete stop;
- If you are with young children, or pets, hold your child's hand firmly and keep a solid grip on leashes when crossing;
- Remember: children learn by observing. By demonstrating safe crossing habits, you can reduce the chances of your child being involved in a preventable auto/pedestrian collision.

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FOOD C TREATS

Concession stand and ice cream truck on site (additional costs involved)



Animal Rescue Crew (AARCS), visits from our community program coordinators, Calgary Emergency Services Vehicles, and more!

September 10th 1 - 4pm

sponsored by



Event is free for community members.

Memberships will be available for purchase at the event, or buy online at phycommunity.ca

Membership year runs

September 1 - August 31

Canada Safety Council

Home Alone & Babysitting Courses &

Saturdays (one day only)
October 1 & November 5, 2016
PBP Community Centre
2323 Palliser Drive SW

Home Alone - 9:00 am-12:00pm Babysitting - 9:00am-2:00pm

Home Alone Course: Students must be 10 yrs. of age to take the course. Each student must bring a nutfree snack, water bottle Fee: \$35

Babysitting Course: Students must be 11 yrs. of age to take the course. Each student must bring a nutfree lunch, water bottle. Fee: \$50

Course Content:

- Rights and Responsibilities
- Child Safety and Basic First Aid
- Handling Emergencies 911
- Stranger Danger
- To/From School
- Fire Safety
- First Aid for the Choking Victim
- Caring for the Child and Nutrition
- Development and Behavioural problems
- Babysitter kit

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- Metabolic Testing & Fat Burning Injections
- Medical history review & lab testing

Benefits of our Clean Start hCG program:

- An average weight loss from ½ lb to 1 lb per day
- No loss of muscle or structural fat
- Lose the weight and keep it off!

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Do you have stubborn pockets of fat?

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- Only clinic in Calgary with both COOLSCULPTING and Vanquish/Exilis targeted fat removal!

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(3rd floor Glenmore Landing)

For more info or to book a **free** consultation

* Expires Aug 31 2016

Call 403-452-5699 Today!

www.GlenmoreHealthcare.com

Membership Application

Palliser • Bayview • Pump Hill Community Association

www.pbpcommunity.ca

One Year Membership: Household cost: Regular \$25 (discounted for 55+ \$10) Please see http://pbpcommunity.ca/membership for terms and conditions

Membership Year runs from Sep 1 – Aug 31 each year!

We / I live in: □ Palliser □ Bayview □ Pump Hill □ Other
Name(s):
Address:
Phone: Cell/SMS:
Email*:
Contact Preference: □ Phone □ SMS □ Email □ Letter
□ I agree that PBPCA may send me emails about PBP events, programs or current affairs.
*We value your privacy. We will not rent or sell your email address.
The PBP Community holds many successful functions each year thanks to the tremendous help of our volunteers. If you would like to become involved, please indicate below where you would be interested in volunteering:
□ Board Member □ Halloween □ Garden Maintenance □ Programming □ Casino □ Seniors □ Community Clean-up □ Summer Fest □ Rink Maintenance □ Other Events □ Other:

Hall Rentals

Our large hall holds 75 people and board room 35. Space available for socials, anniversaries, weddings, fitness classes, play groups and club meet ups. Contact Lola at 403-474-3845 or email pbphallrentals@gmail. com and check us out our availability calendar at www.pbpcommunity.ca.





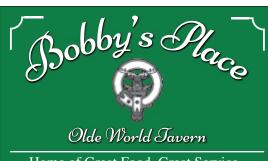
Needed!

We are always searching for engaged community members to be actively involved with the PBP Community Centre. Upcoming volunteer opportunities include:

- Fundraising Committee Members to assist with writing grants and other fundraising initiatives
- Events Committee Members to help with planning and running events throughout the year. We are currently starting to plan Summerfest set to take place on September 10, 2016
- Programming Volunteers to assist with after school program facilitation (this role requires a vulnerable sector police check)

Volunteering does not have to be a big time commitment! If you have even an hour to spare and would like to help out we would love to hear from you. Please contact Samantha at pbpcam@pbpcommunity.ca or 403-281-1908 if you would like to add your name to our volunteer roster.





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> 403-475-8575 11440 Braeside Drive SW

2016ALUMNI AWARDS



Congratulations Virgil P. Moshansky '51 BA, '54 LLB

Recipient of a Distinguished Alumni Award for his outstanding lifetime achievements.

Celebrate with Virgil at the ceremony: Sept. 22, 2016 7 p.m. Jubilee Auditorium Register for your free tickets at uab.ca/aw2016

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A 24 hour residential service company with qualified journeyman plumbers. As qualified journeyman plumbers, we are here to address any issues for you. We are your local plumbing and heating experts - call us first and let our service shine! Call 403-875-0166 or Email: doublediamondplumbingltd@gmail.com. www. doublediamondplumbingltd.com.

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HOME BUSINESS OPPORTUNITY: Clinicair is the leading provider of Indoor Air Quality and Medical Grade Duct Cleaning services in Canada. We are looking for a dealer in Calgary to represent our growing company. We offer a royalty free business. Clinicair supplies you with the latest technology, and training. Call Craig: 1-416-277-6067.

RENOVATIONS - DECKS, GARAGES, BASEMENTS: We are locally and provincially licensed, bonded, insured, with an A+ BBB rating. We would love to work with you to renovate your home! Please visit www.bigcitydevelopments.com to view some of our completed projects, then call 403-612-8220 for a free consultation.

CAL-RES COATINGS LTD. RESIDENTIAL PAINTING: We are a full service painting company offering: interior and exterior painting, shop wood finishing/specialty finishes, elastomeric stucco coatings, kitchen cabinet refinishing, fully licensed and insured. No deposit required. Call for a complimentary estimate. Ask for Joshua 403-369-7534 or visit www.calres.ca.

PRIME LANDSCAPING: Providing top quality landscape maintenance and construction to south Calgary. Now booking lawn maintenance and landscape construction for 2016. Contact us for a free estimate, as prices vary depending on project size and complexity. Call 403-720-3478 or e-mail info@primelandscaping.ca. We are ready to get your job done.

NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

YARDBUSTERSLANDSCAPING.COM: Snow removal \$129.95. Some conditions. Landscape construction and yard renovation: Stone patios, walks, raised beds and rock walls, synthetic grass, sod and trees and shrubs, landscape lighting, water features and decks and fences and superhero window cleaning. Licensed. Insured. Seniors discount. Phone: 403-265-4769.

JUNK TO THE DUMP / ODD JOBS: Disposal of any household unwants. Reno clean-ups. Move in/out garbage removal. Disposal/recycling of appliances/electronics. Reno moves. Very prompt service, best prices and satisfaction always guaranteed! We load. Senior Discount. Please call Sanil for your free estimate at 403-616-2758.

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HOME VACATION CHECK: Retired Gentlemen will check your home, take in mail, water plants etc. While you're on vacation. Bondable and reliable. Phone John at 403-630-5224.

EMMA PAINTING'S MISSION: Is to provide the best quality, clean and on time service. A team with more than 25 years of painting experience in Calgary and surroundings with over 2,000 homes painted. We do all kinds of interior, exterior painting, staining, or spraying. Please call Eric at 403-870-0326. Thank you.

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HARMONY LANDSCAPES INC: A small landscaping company with big landscaping experience! Let us take care of your landscape designs, installation and maintenance needs. Call today! 403-629-5842 or email harmonylandscapes@live.ca.

LAWN AND GARDEN CARE: Bark chips, flower beds, regular or occasional lawn cuts. Locally owned and operated. Call for your fall cleanup as well. Please call Brenda at 403-615-7199.

PROFESSIONAL MUSIC LESSONS: Discover your potential with music lessons at Sak's Music. A friendly atmosphere with caring, professional teachers offering lessons in all styles and most instruments including voice. From beginner to advanced, just for fun or conservatory prep. 9 Studio teaching rooms and convenient times day or evening. 403.251.2443.

AFFORDABLE GROUP FITNESS CLASSES: September registration now open. Text 'JOIN' to 62687 for a free class. Kelly Heintz Fitness.

FLO'S VOCAL ARTS STUDIO: Contemporary singing lessons, comprehensive vocal performance coaching, exceptional individualized mentorship, outstanding experiential opportunities and professional affiliated associates. Beginner to advanced. Thirty-five years in the performing arts industry with thirty years as an occupational therapist. Member of the Calgary Musicians Association. Flo Shustack, 403-397-6737, florencesinger@ shaw.ca Braeside S.W.

BRIDGE LESSONS: Learn to play bridge in 10 easy lessons. Small classes taught by experienced teacher in Canyon Meadows. Beginners or those wishing to update their bridge skills are welcome. Classes start September 13 at 7 p.m. Standard American bidding will be taught. Contact Linda at (403)281-5520 or bridgelessons@iCloud.com.

FUN WITH MUSIC IS COMING TO HAYSBORO COM-MUNITY HALL: An 8 week fun interactive music class that lets children explore all areas of music. Give your child an excellent start in the beautiful world of music. For Ages 3 - 5 and 6 - 8. For inquiries contact: 403-836-4866 or Info@cadenzamusicstudio.ca Sept 20 to Nov 08.

South West Communities Resource Centre

Located in the Professional Wing of the Oakridae Co-Op Mall

#42 2580 Southland Drive SW, T2V 4J8 Phone: 403-238-9222 • Email: info@swcrc.ca • www.swcrc.ca

The SouthWest Communities Resource Centre (SWCRC) proudly offers programs and services to families throughout 28 local communities.

This fall the SWCRC will be offering some new programs and services along with our highly requested

~continued on page 21~



MLA CALGARY-GLENMORE ANAM KAZIM

#A208, 1600 - 90th Avenue SW Calgary, AB Canada T2V 5A8 Ph: (403) 216-5421, Fax: (403) 216-5423 Email: calgary.glenmore@assembly.ab.ca

Dear Constituents:

As we transition to autumn, I hope all of you were able to make the most of summer and get ready for the new school year and upcoming ventures. It was a great time for myself to do a self-reflection and I want to ask yourselves about the best possible ways I can best serve you as your MLA. I would be delighted to learn about how I can be the best I can be as the MLA representing you. Therefore, please contact me at the contact information provided to share your thoughts and suggestions. I look forward to having your feedback.

I, your MLA along with the government have been working very hard to create jobs in Alberta and boost our province's economy. The collapse in oil prices has caused economic pain and anxiety throughout the province. For this reason, in this newsletter I would like to share information about the Alberta Jobs Plan in-depth.

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Alberta Investor Tax Credit: \$90 Million for the new Alberta Investor Tax Credit provides a credit to those investing in small-and-medium sized enterprises.

Capital Investment Tax Credit: \$75 Million for this credit provides credits for the first-time acquisition of new or used property or spending in value-added agriculture, tourism infrastructure, culture, manufacturing and processing industries.

The Entrepreneurship Incubator Program: It helps entrepreneurs and small and medium sized businesses bring their ideas to market.

Reduction in the Small Business Income Tax Rate: The income tax rate for small businesses have been reduced from three percent to two percent and is effective January 1, 2017.

The New Alberta Child Benefit and Enhancements to the Alberta Family Employment Tax Credit: This provides approximately \$340 Million in combined benefits to 199,000 families and will help children get a good start in life. Also, it helps Albertans in need get back on their feet and under this plan, 380,000 children will be better off.

The Climate Leadership Plan: Invests in public transit, energy efficiency, new cleaner electricity and continuous strong negotiations with provincial and federal partners to build new pipelines-The safest and most efficient way to deliver Alberta's traditional energy products to new markets.

The Alberta Jobs Plan also provides help for apprentices to complete their training/work experience requirements and supports the Training for Work Program. For further details on the Alberta Jobs Plan please check the website www.alberta.ca/alberta-jobs-plan.aspx as well as the website for Alberta Ministry of Economic Development and Trade at www.economic.alberta.ca.

The Government of Alberta could have chosen to make cuts during these rough times to the services people rely on but, it has chosen to support Albertans by creating jobs and investing in infrastructure.

The Alberta Jobs Plan Invests:

- \$3.5 Billion to build and modernize schools
- \$9 Billion in funding to municipalities
- \$900 Million to ensure Albertans live in affordable homes
- \$365 Million to continuing care

For further details, please do not hesitate to contact me.

South West Communities Resource Centre cont'd

parenting workshops. We will also offer a speakers series over the year and have experts in their field speak to our residents. Stay tuned for more information.

We are now accepting registration for our "Positive Discipline and Everyday Parenting" on Tuesday mornings and "Parent Talk" on Thursday mornings starting September 20th. Please contact our office at 403 238-9222 to register.

The work we do couldn't be done without great volunteers supporting our efforts. As we expand our program offerings we are also seeking new volunteers.

Consider volunteering close to home:

- Tuesday/Thursday mornings we can always use your help with child minding for two hours.
- We are looking for our brightest and smartest south west residents who can volunteer a couple of hours a week as a tutor for grades 6 – 12. Our tutoring program runs early Wednesday evening and goes throughout the year. Parents can also register their children/youth by contacting our office.
- · How about your office skills? The SWCRC is also looking for volunteers to mind our phones and provide general office support. These positions are for one half day per week. Give us a call

Our office is located in the Oakridge Co-op Plaza and would love to show you our newly renovated space! Please stop by and learn more about the programs and services offered in your communities.

Visit us on Facebook: www.facebook.com/calgaryswcrc Follow us on twitter: @swcrc_yyc









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Another summer has come and gone. I hope you enjoyed all it had to offer in and around our city. The City of Calgary and our Community Associations held many great events to get out moving and socializing like the Canada Day celebrations in the downtown, Stampede breakfasts, festivals, and mobile skateparks.

Council is back in session after the August break, along with all Councillor appointments to special committees. I'm involved in many facets of City and partner functions, and I love these opportunities to work with great organizations and make positive changes. Here's a bit about what I have been and will be up to. I sit on two Standing Policy Committees: on Community and Protective Services, and on Transportation and Transit. I also serve on Audit Committee and the Intergovernmental Affairs Committee.

I am on the board of Attainable Homes Calgary Corporation (AHCC), Calgary Housing Company (CHC), and the Calgary Homeless Foundation (CHF). These three committees represent the continuum of ensuring Calgary's citizens are able to address their housing needs. By helping to create strategies to get Calgarians into homes, stay sheltered if they face physical or financial hurdles, and move out of the system and into home ownership, I am able to recommend policy proposals which make sense within the larger picture.

My work on the boards of Family and Community Support Services Association of Alberta (FCSSAA), and the Federation of Canadian Municipalities (FCM) allows me to guide municipal policy development in conjunction with initiatives at the federal and provincial levels, and vice versa. FCSSAA meetings take me up to Edmonton once a month and FCM meetings take me all over Canada every few months to meet with colleagues in other Canadian municipalities. With FCM, I am the Chair of the Executive Committee, on the Governance Committee, part of the Prairies and Territories Regional Caucus, on the Standing Committee on Environmental Issues and

Sustainable Development, the Chair of the network of francophone municipalities, the Standing Committee on Increasing Women's Participation in Municipal Government, Chair of the Standing Committee on Social-Economic Development, on the National Municipal Energy Infrastructure Task Force and the Governance Representative for Haiti projects.

The City of Calgary is the sole shareholder of ENMAX (while the City "owns all the chips", it doesn't play them). In my role on the ENMAX Board of Directors, I am really excited about the future possibilities of electrical distribution. ENMAX is a separate legal organization, and pays the City of Calgary dividends when able. I prefer that the City use these dividends for re-investment, such as into the ENMAX Legacy Parks Fund. This is the funding mechanism behind the Sandy Beach/River Park rehabilitation project.

I also act in an advisory capacity to the BiodiverCity Advisory Committee, the Climate Change Action Advisory and the National Zero Waste Council. Healthy native flora and fauna populations give our city increased resilience in the face of climate change. Especially at the municipal level, it's important to address waste, and the real cost of waste to both the municipality and our environment.

I also serve on the Calgary Arts Development Authority board. Besides my past involvement in and love of the arts community, there is a real economic argument for the arts that we as a City need to support.

As we gear up for a busy fall, be sure to subscribe to your Ward 11 update at www.ward11calgary.ca to receive an email or two a month letting you know about important happenings in your community and city.

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CALGARY Southland Leisure Centre

2000 Southland Drive SW Phone: 403-648-6582

#GetMovingYYC - Free Family Events

Creating a vibrant and prosperous Calgary depends, in many ways, on the health and happiness of our citizens. In 2015 we launched the #GetMovingYYC initiative to get more Calgarians, more active, more often. Join us in the movement to get Calgarians moving more where they live, work and play. Together we can turn the curve on sedentary behaviour and lifestyles in Calgary. For upcoming events and schedules Check out calgary.ca/getmoving Events may include family dance, indoor cycle & movie, obstacle course and more!

Try It For a Toonie:

Ever thought about signing up for a registered class, but wanted to try it first? Now is your chance! There is something for everyone to try, and something new every day. If you love a class, you can sign up for a whole session starting just a few weeks later! Admission to facility amenities is not included.

Age: 16Y and up

Sep 19-22 \$2.00/person Drop-in Sep 19 M 07:05 pm-08:05 pm YYC Circuit Sep 20 T 07:15 pm-08:15 am HIIT Sep 21 W 07:00 pm-08:00 pm Pilates Reformer-Intro

Sep 21 W 08:15 pm-09:15 pm Real Men do Yoga Sep 22 Th 09:00 am-10:00 am Body Weight Bootcamp

Friday Night Dance Party – Sept 30 from 7:15-10:00pm

Admission to the Party includes a dance lesson (primary movements, rhythmic structure, posture, leading and following), social dance, as well as refreshments. No Partner Required!

Wednesday Soccer Drop-in Age: All ages

Drop-in Climbing and Gymnastics

Drop-in Badminton and Basketball

PLAYSCHOOL

Southland Leisure Centre's Playschool is recreationbased and includes educational activities which allows children to learn through play. Playschool programs are

COMMUNITY ANNOUNCEMENTS

- Free announcements: lost/found, household items for sale, wanted, garage sale, student/senior services, etc.
- ◆ Forty word limit

VACATION PET SITTING SERVICE: Mature 10-year old - loves cats, birds, plants - available for Palliser, Pump Hill and Oakridge neighborhoods. Please call Caroline at 403-966-3939 or email at mycaroline2006@gmail.com.

for two to four year olds from September to June. NEW Prepare your preschooler for an active social experience where children are encouraged to play and learn through games, song, exploration and art.

Every Sunday, 8 am to noon. Family Swim

It's a designated family swim time. Come enjoy our waterpark, including a trip or two to the AquaPlay structure. Be prepared to get wet! Adults must be accompanied by a child and all children must be accompanied by an adult. Regular admission applies.

MEND Mind, Exercise, Nutrition...

Child obesity is a significant issue in Alberta. There is substantial evidence linking obesity to preventable chronic diseases and psychological impacts on children. MEND is a community, family-based healthy lifestyle program. These programs are provided at NO COST to participants and provide a comfortable environment for families to interact and learn how to make healthy lifestyle choices. The program will provide you with the tools and support you need to help you and your family transition to a healthier lifestyle. If you are interested in hearing more about MEND or wanting to register, please contact:

403-648-6576 for 2Y – 4Y 403-366-3926 for 5Y – 13Y

Ages 2Y – 4Y: 10 week healthy eating and activity program for families.

Ages 5Y – 7Y: 10 week early prevention program for families with children at risk or above healthy weight, encourages healthy eating and physical activity.

Ages 7Y – 13Y: 10 week (20 sessions) program for families with children that are above a healthy weight.



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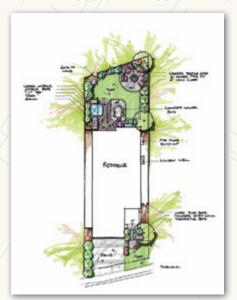


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IMPORTANT CHANGES TO TAX-EXEMPT WEALTH TRANSFER STRATEGIES

On January 1, 2017, the federal government is amending regulations that will significantly decrease the tax efficiency of current "wealth transfer" strategies.

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GUEST SPEAKERS:



PETER BOWEN, B.A.(Econ), CA Vice-President, Tax Research and Solutions





M.C. (MIKE) MACOUN, CLU, CHS, TEP Vice-President, Estate Planning Specialist



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169 Canada Olympic Road S.W. Canada Olympic Park Calgary, AB T3B 6B7

RSVP:

Kara Weber (403) 299-7374 kara.weber@rbc.com

All guests must be registered to attend. (Space is limited.)

Refreshments will be provided Complimentary parking on site Includes access to interactive sports, Hall of Fame Gallery & Museum Tour

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