

DECEMBER 2019

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THE REVIEW

THE OFFICIAL RICHMOND / KNOB HILL COMMUNITY NEWSLETTER



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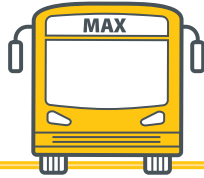
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Calgary




Transit

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Find out where to catch MAX Yellow at calgarytransit.com/MAX

 In Calgary, 1 in 8 newborns will need the care of the Neonatal Intensive Care Unit. Help support our tiniest and most vulnerable patients.

Your donation will be MATCHED until December 31, 2019.

Make your donation today!

Calgaryhealthtrust.ca/newbornsneed



FARMERS & MAKERS MARKET @ cSPACE

Saturday Christmas Markets

NOV 30, DEC 7, 14 & 21

10AM - 1PM

Farmers & Makers Market at cSPACE Winter Market

Did you know that our local Farmers & Makers Market at cSPACE runs year-round? Every Saturday, local farmers, food-makers, bakers, brewers, and artisan vendors fill four floors inside the award-winning cSPACE King Edward Arts and Community Hub. Shop the market, enjoy regular programming and activities, and explore the open studios of resident artists and artisans. This is a favourite weekly destination for locals and tourists, families and groups, all winter long! With around 30 different vendors each week, the market is proud to be Calgary's largest year-round, community-based, Alberta Approved Farmers Market. They are committed to providing you with a reliable, weekly opportunity to shop from and connect with the best Calgary and area small-scale, sustainable farmers and growers, responsible meat and egg producers, bakers, beekeepers, comfort and ethnic food makers, craft brewers and distillers, artisans and craftspeople our area has to offer.

You can also look forward to four very special Christmas Markets, November 30, December 7, 14, and 21, filled with seasonal specialties, activities, handmade treasures, and, of course, everything you need for your holiday table, stockings, and gifting - all local, of course, and straight from the hands of the makers, bakers, and growers themselves. And keep an eye out for Kris Kringle himself as he will be attending each of those Saturdays for "Selfies with Santa!"

The Farmers & Makers Market at cSPACE runs Saturdays year-round. Indoor markets are from 10:00 am to 1:00 pm, October through May, and outdoors from 10:00 am to 3:00 pm. June through October. More information about the market and vendors can be found at www.farmersmakersmarket.ca.



CASINO



VOLUNTEER OPPORTUNITIES!

Did you know that the Richmond Knob Hill Community Casino is our number one source of revenue, raising approximately \$65,000 for our community association? The funds from the casino are used to maintain our hall, and support kids' activities and social events for our community. We need several volunteers like you. It's a great chance to come out and meet some of your neighbors in the community.

We have plenty of opportunities to get involved, with a variety of shift times throughout our casino dates. We would love for you to be involved! For sign-up and to see which shifts are available, please visit <https://tinyurl.com/yx8m3sau>.

Saturday, Dec. 7: 10:45am to 7:00pm, 11:00pm to 1:00am.

Sunday, Dec. 8: 10:45am to 7:00pm, 11:00pm to 1:00am.

DIVA | SALONspa



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NOVEMBER 1 - DECEMBER 31, 2019

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This offer is valid on regular priced retail products only. Cannot be combined with any other offer. No cash value. Some conditions may apply, see stores for details.



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OR LASER HAIR REMOVAL****

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MiniPreneursYYC

MiniPreneursYYC are excited to announce their Kids Market Day. These kids have learned entrepreneurship by creating their own businesses and are eager to practice their sales skills with you. They will offer you many enticing options for almost any upcoming gift need: holiday gifts, host/hostess thank yous, something for yourself...Come and support these motivated and enthusiastic local kids who have worked so hard.

Visit us at the RKHCA Hall

Saturday, December 7

From 10:00 am to 1:00 pm

Visit www.minipreneursyyc.com and www.facebook.com/minipreneursyyc to learn more.

KIDNEY DONOR NEEDED

NEEDKIDNEY.CA

Kidney Health Awareness

A gracious request for a kidney donation, tips on kidney health, and items to fight kidney disease. Email info@needkidney.ca if you wish to donate.

Website NEEDKIDNEY.CA

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- 1. Top of Mind Brand Awareness:** Consistent advertising leads to increased sales. Companies maintain and gain market share when community residents are consistently reminded of their brands.
- 2. Payback:** Community residents trust, and call businesses that advertise in their community magazines.
- 3. High Readership:** 68% female | Even distribution of Millennial, Gen X, and Baby Boomer readers
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GREAT NEWS MEDIA

LEADERS IN COMMUNITY FOCUSED MARKETING



Richmond Knob Hill

Photo by:
Damien Goodyear

Main Streets Update

by the City of Calgary Main Streets Team

Calgary's Main Streets are the cultural, social and economic focal point of a community. As the heart of the community, a Main Street is vibrant by design. Main Streets capture the character of a community by being inviting, safe, attractive, and memorable. They are places where people in a community can live and come together to enjoy a number of activities.

Your community's Main Streets underwent the "design" step of the Main Streets program in 2018 and 2019. This step created streetscape master plans that focuses on safe, comfortable, and improved public realm environments that expand on the surrounding communities' character.

These plans were a community-driven effort that linked the priorities of community residents, business owners, and The City's urban design and transportation policies and priorities.

33 and 34 Avenues S.W.

The streetscape master plan was approved by City Council in May 2019 and is partially funded for construction. A new BRT station at Crowchild Trail is under construction and is expected to be completed in late 2019. The City will improve the connections between the BRT station and 32 and 33 Avenues through sidewalk and lighting improvements. Construction of sections of the streetscape master plan will be undertaken in phases, with the first phase slated to begin in 2021. Timing, scope and boundaries of phases will be deter-

mined through technical analysis and engagement with local business owners and residents.

17 Avenue S.W. and 37 Street S.W.

These two streetscape master plans were approved in Fall 2019 and are fully funded for construction beginning next year. The City of Calgary Main Streets team is currently developing a detailed design for each Main Street and undertaking technical analysis.

The Main Streets team is committed to keeping your community in the loop as projects progress towards construction and beyond. We'll be holding an information session early in 2020 to provide more details regarding the 17 Avenue and 37 Street Main Street designs and construction process. Please visit calgary.ca/mainstreets to learn about the date and location of this event.

Please visit calgary.ca/mainstreets to view your community's streetscape master plans, learn more about the Main Streets program and to sign up for our mailing list.

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Richmond/Knob Hill Community Association

2433 – 26 Avenue SW

Ph: 403-249-8385 • Fax: 403-452-1690

BOARD OF DIRECTORS

Vice President	Dennis Cant	info@richmondknobhill.ca	
Secretary	Joan Faulk	info@richmondknobhill.ca	
Director- Communications	Brent Lennox	communications@richmondknobhill.ca	
Director- Rink	Lloyd Bumstead	info@richmondknobhill.ca	(403) 244-4153
Director- Events	VACANT	info@richmondknobhill.ca	
Directors at large	Nancy Miller Laura Dunnigan		

COMMUNITY VOLUNTEERS

Hall and Facilities Manager	Lola	rentals@richmondknobhill.ca	(403) 474-3845
Editor, The Review	Brent Lennox	communications@richmondknobhill.ca	
Community Garden	Tommy Clarke/Arthur Wong	info@richmondknobhill.ca	(403) 229-3253
Timbits Soccer Coordinator	Vacant	info@richmondknobhill.ca	
Kids Events Coordinator	Jessica How	info@richmondknobhill.ca	
Richmond School Liason/Social Media Coordinator	Heather Ganshorn	info@richmondknobhill.ca	

COMMUNITY REPRESENTATIVES

City of Calgary Neighbourhood Partnership Coordinator	Maggie Dycke	maggie.dycke@calgary.ca	(403) 476-7275
Calgary Police Service Liason Officer	Cst. Rich Wall	pol4160@calgarypolice.ca	(403) 567-6100
City of Calgary Councilor, Ward 8 P.O. Box 2100, Station M, Calgary, AB T2T 1Z6	Evan Woolley	WARD08@calgary.ca	(403) 268-2430
Member Legislative Assembly, Calgary-Currie 2108B - 33 Avenue SW, Calgary, AB T2T 1Z6	Nicholas Milliken (UCP)	CALGARY.currie@assembly.ab.ca	(403) 246-4794
Member of Parliament, Calgary Centre 950 6 Avenue SW, Calgary AB T2T 1E4	Greg McLean		

BOARD MEETINGS

The Board of Directors for the Knob Hill Community Association meet generally on the first Tuesday of every month at the Skate Shack starting at 7:00 pm except in July and August

Mailing Address: 2106-33 Ave SW, P.O. Box 86031

Website: www.richmondknobhill.ca

Social Media: www.facebook.com/pages/Richmond-Knob-Hill-Community-Association, Twitter: @RKHCA

Community Newsletter Publisher: Great News Publishing (403) 263-3044

BUSINESS CLASSIFIEDS

For business classified ad rates call Great News Publishing at 403-720-0762 or sales@great-news.ca

NEPTUNE PLUMBING & HEATING LTD: Qualified journeymen plumbers/gasfitters, very experienced in Richmond and Knob Hill. Upfront pricing. Reliable, conscientious, fully guaranteed. Mon - Fri 8:00 am - 5:00 pm. 24-hour emergency service, call 403-255-7938. "Showing you with great service."

OFFICIAL PLUMBING & HEATING: Small company, low overhead, excellent warranties, and great rates. Specializing in residential service and installs. Services include furnace service and replacement, hot water tank service and replacement, leaks, clogs, gas fitting, and more. Licensed and insured. Why wait? Call today and get it fixed today! Available 24/7, we accept debit/VISA/MasterCard. Call 403-837-4023 or email officialplumbingandheating@outlook.com; www.official-plumbing-heating.ca.

PLUMBING PARAMEDICS: Your community plumbing experts! Licensed, insured, and fully guaranteed! Specializing in residential plumbing and heating repairs. BBB accredited. Call today to experience our world class service! 403-452-2911. Mention this ad for our \$25.00 service call.

RIGHTWAY PLUMBING AND HEATING: Has been happily serving the Richmond | Knob Hill area with quality work, happy clients and fair pricing; with second generation experience, there is no job we can't handle. Furnaces, softeners, garburators, appliances, humidifiers, faucets, water heaters, bathroom renos and gas lines also! Installed with great warranties. Call 403-968-6630.

NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

ONE OF THE BEST HAIRCUTS: You will ever have is in your neighbourhood. Jay Lamb has over 30 years' experience in salons, such as Angles and The Ginger Group. He uses only Natulique hair colour, the gentlest, least toxic colour on the market. Flow is a relaxed, home-based art studio and salon. Welcome. Flowhairsalon.com, 403-281-1704.

STOCKING STUFFER - PUCKS FOR PAWS HOCKEY GAME: Hitmen tickets on sale for \$15.00 for January 10th game in support of the Four Feet Companion Foundation; www.fourfeet.org. \$5 will be donated back to Four Feet with a minimum sale of 250 tickets. Hard copy tickets available. Call Kaitlyn at 587-215-3058 or visit <https://bit.ly/2NNEgqc> for details. Use promo code: FOURFEET.

SUPPORTIVE SENIORS LIVING AT WESTVIEW IN GLAMORGAN: By Silvera for Seniors. Feel welcome in this vibrant southwest Calgary community. Enjoy chef-inspired meals. Participate in healthy active aging programs. Choose from studio, one and two-bedroom suites. Exciting renovations are now adding a learning studio, hobby lounge and fitness room. Connect with Terry at 403-604-0340 or tfiell@silvera.ca today. www.silvera.ca.



THE LEGEND OF THE CHRISTMAS SPIDER

In Eastern European countries, the story of the Christmas Spider explains the origins of tinsel. A poor family woke Christmas morning to find their bare Christmas tree covered in cobwebs. When they opened the window, sunlight turned the cobwebs to gold and silver. Thus, spider-themed Christmas decorations are common in places like Ukraine.



Location: 2433 26 Ave SW

Standing Events

Farmer's Market at cSpace (Indoor Market on Saturdays)

10:00 am to 1:00 pm

Did you know that there's an authentic Farmers Market, right here in Calgary's inner-city SW, steps away from Richmond/Knob Hill, with 30 vendors each week making, baking, or growing what they sell at the market every Saturday? The market is two blocks west of 14th St. on 30th Ave. SW (1721 29 Ave. SW) on the gorgeous grounds of cSPACE Arts and Creatives Hub. Indoor markets are from 10:00 am to 1:00 pm, October through May, and outdoors from 10:00 am to 3:00 pm, June through October. Learn more at www.farmersmakersmarket.ca.

Community Association Meeting (First Tuesday of Every Month)

7:00 pm

Monthly meeting at the Skate Shack behind the community hall on the first Tuesday of every month, new members and volunteers welcome. Email communications@richmondknobhill.ca for more information. New members and volunteers are welcome! Note that meetings are not held in July or August.

Line Dance Stampede: Tuesdays and Wednesdays

6:30 to 7:30 pm on Tuesdays, 6:30 to 8:30 pm on Wednesdays

Exercise the mind, body and soul to fun music at the beginner session on Tuesdays and the Improvers session from 6:30 to 7:30 pm and the Intermediate sessions from 6:30 to 7:30 pm and 7:30 to 8:30 pm on Wednesdays. Come join in on the fun and learn easy line dances while listening to great music and meeting new people. \$65 per dancer for each session. Learn more at www.linedancestampede.com, or contact Diane for more details at 403-470-9868 or linedance.stampede@gmail.com.

Minipreneurs Young Entrepreneurs Weekly After-School Sessions: Thursdays 4:30 to 5:30 pm

MiniPreneurs aged 7 to 9, 10 to 12, and 13 to 15 years old will build their own mini-business and then put their sales skills to the test at market day where they sell their products. They will learn to take initiative, solve problems, think critically, make decisions, interact with people confidently, and look for opportunities around them. And, best of all, MiniPreneurs have fun! Learn more at www.minipreneursyyc.com.

Kizuna Karate

Time: TBD

Woman down! Unfortunately our Karate instructor suffered a concussion during her training, so she'll be taking some time off to recover. Kizuna Karate classes will resume when she's up to it (perhaps January?), but concussions are serious business, so take as much time as you need to recover, Ashtin, and we'll see you soon! Watch the Richmond/Knob Hill Community Association's Facebook group for updates on when the classes will start-up again.

Ripped Fitness Class: Tuesdays and Fridays

Next Session January 7 to February 14 | 6:00 or 9:00 am
Looking to improve your fitness in 2019? Come check out the new Ripped class with local fitness professional Sarah Tooke! The Ripped class is a full body barbell workout designed to build muscle and blast fat and will give you that toned physique you have always wanted! Register for the winter program (Part 1) now. Learn more at www.sarahtooke.com or contact Sarah for more details at 403-332-2316 or sarahtookepfs@gmail.com. Cost: \$120 +GST (12 classes). **Drop ins may be available – contact Sarah for availability.*

Brown Bagging for Calgary Kids

Brown Bagging for Calgary Kids is looking for a leader for a new community kitchen in the area. The leader will get a chance to set up and coordinate the local volunteers to make lunches that will be distributed at a few local schools. Funding is provided by the BB4CK organization for all groceries. This would be a great team position to be shared between a few individuals. The location will be the Knox Presbyterian Church at 37th St and Richmond Road (3704 37 St. SW). Help us make nutritious lunches for kids who would otherwise face a long day without enough to eat. Days are yet to be confirmed but times will likely be a couple hours in the morning, once or twice a week. This kitchen will be providing lunches for kids who would otherwise go without at schools right in the local community. For more information, contact Alie Ronellenfitch at aronellenfitch@gmail.com or learn more here: Bb4ck.org.

Other Dates: For additional information, pricing, and availability, visit our website, www.richmondknobhill.ca, or contact our Rentals Manager, Lola, at 403-474-3845 or rentals@richmondknobhill.ca.

Special Events – December

Light Up the Loop

Saturday, December 7th, 3 to 7 pm

Go to Marda Loop for a festive evening for families to shop local and engage in holiday cheer. Kids crafts, face painting, visit from Santa, firepits and special store promotions are all part of this annual event. Go to www.visitmardaloop.com/events to confirm the date and learn more about this one-day holiday event!

Casino Fundraiser: Saturday, December 7, and Sunday, December 8

10:45 am to 7:00 pm, 11:00 pm to 1:00 am, Both Days
Did you know that the Richmond/Knob Hill Community Casino is our number one source of revenue, raising approximately \$65,000 for our community association? The funds from the casino are used to maintain our hall and support kids' activities and social events for our community. We need several volunteers like you. It's a great chance to come out and meet some of your neighbors in the community. Shifts run from 10:45 am to 7:00 pm and 6:00 pm until close on Saturday and Sunday, December 7 and 8. Training is provided on-site. Please sign up at <https://tinyurl.com/yx8m3sau>.

Annual Richmond School Skate Night: Friday, January 31

Time: TBD

Richmond School and the Richmond/Knob Hill Community Association are partnering again for our Annual Skate Night. More details will come in the January newsletter but book this date in your calendar!



Councillor, Ward 8

Evan Woolley

P.O. Box 2100, Station M

Calgary, AB, Canada T2P 2M5

☎ 403-268-2430

Winter Recreation Opportunities

The City of Calgary's Winter Recreation Program Guide offers hundreds of fun and affordable recreational opportunities to get you and your family more active, more often. Registered programs are offered at dozens of facilities located throughout the city, include swimming, skating, hockey, fitness, dance, martial arts, sports and more. Why not try something different this winter? To learn more and find a program that is right for you, visit calgary.ca/register.

For a Ward 8-specific experience, Wildflower Arts Centre in the community of Spruce Cliff (3363 Spruce Dr SW) has been providing arts programming for more than 40 years. The facility features three natural light-filled art studios, a ceramics studio, and a sprung dance floor. Wildflower's goal is to be as barrier-free as possible, so accessibility is a priority in programming as well as the building in general. Learn more at calgary.ca/wildflower

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Great News Media and the Richmond-Knob Hill Community and/or Residents' Association do not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.

Richmond Knob Hill Community Association Hall Hall Rental Rates

Want to avoid the hassle of hosting an event at your house? Book the community hall! The Richmond/Knob Hill Community Hall is a new facility with a full kitchen, sound system, tables, chairs, lots of parking, and large meeting room (licensed capacity of 120). This is a beautiful location for hosting birthdays, weddings, or baby showers, team parties, or meetings. We have plenty of parking for all your guests and there is an adjacent play-ground, sports field, and ice rink. The ice rink can also be rented with or without the adjacent community centre. The Community Hall offers competitive rates for rentals and Community Association members can rent the hall for ~20% less than non-members. For more information, pricing and availability, visit our website at www.richmondknobhill.ca or call Lola at 403-474-3845.

SCHOOL SHOUT-OUTS

During December, we're looking forward to the annual Holiday Turkey Lunch for students on December 10, and holiday crafts and activities before the winter break starts on December 20.

The winter break is a great time to continue working on math and reading skills that have been a focus over the last few months. When it's cold outside, cuddling up and reading to and with your child is a wonderful way to spend time together. Students of all ages love stories and it's a wonderful experience to share. There are many holiday-themed books to interest all age groups – ask your child's teacher for a recommendation!

Like reading, math is everywhere and is easy to practice naturally over the holidays, such as:

- Baking and Cooking: Weighing, measuring, adding, multiplying...and subtraction by seeing how fast the goodies disappear!
- Shopping: Money skills, number identification, adding, subtracting, estimating
- Parties: Matching numbers of people to plates, place settings, counting cutlery
- Travel: Distances, time, speed, evaluating routes, license plate games
- Crafts: Measuring, estimation, counting

In the New Year, students will return to school on January 6. The Annual Skate Night at the Richmond Community Centre outdoor rink will be on January 31, with the help of the RKHCA. More details about this fun event will be in the January newsletter.

Next time you're picking up something tasty at COBS Bread Bakery in Marda Loop, mention that you have a Dough Raiser with Richmond School at the time of your purchase and COBS will donate 5% of the purchase to support our school. A giant thank you to the COBS team for their support of Richmond School!

Happy holidays and winter break to everyone. Stay warm and safe this holiday season.

Richmond School has heart!

WINE NIGHT WRAP-UP

by Joan Faulk

If you missed our Wine Night on Saturday, October 19, at J.Webb, it was a fun event with great wine and food selections and an opportunity to meet some of the people in our community. We hosted approximately 30 guests from the Richmond Knob Hill community, as well as a few guests from outside our community. Thank you, Heather Ganshorn, for organizing this event and promoting it, as well as Brent Lennox and Peter Grobauer for their help. Finally, we're thankful for having J.Webb in our community and appreciate them sharing their expertise and the casual, laid back atmosphere that they created for the event.

This event was held in response to our spring community survey where you told us you wanted to have more adult-focused events. We are considering more events like this, so watch the newsletter, richmondknobhill.ca, our Facebook page, and bold signs at the Community Centre on 26th Avenue. We need volunteers to help with setting up and welcoming community members to these events, so let us know if that's a role that interests you at info@richmondknobhill.ca. Good ideas are always welcome.



The Olde 'p' Letter

The letter p (called thorn) once represented 'th' in English. Part of why it fell out of use was due to the printing press—the letter p did not exist in German type fonts, and the letter that looked closest to it was a gothic-font Y. So, p was then printed as y.



Before our 2019 RKH Rascal Family Album is complete, we have one more pooch to meet – Lucy. Lucy (also known as Silly Turkey Face, Silly Good Girl, Mrs. Too Cute, and Princess Poochie), is a 9-year-old Rottweiler/Rhodesian Ridgeback cross who is often mistaken for a German Shepherd puppy on her walks, even though she is almost able to access her senior citizen discount without showing ID. Lucy's human friends would describe her as a classy gal who knows what she wants and how to get it!

On her walkies throughout the last 5 years, you may have seen Lucy being walked with a harness or cart. In early 2016, Lucy had a life-threatening spinal injury that left her rear limbs completely paralyzed. Her injury required emergency spinal surgery and it was about 4 months before she was able to walk on her own again. Lucy was a dedicated (but sometimes ornery!) patient when attending physiotherapy sessions at Western Veterinary Centre, where she quickly became a loved member of their family and was able to regain her hind-limb and tail mobility. At her appointments, Lucy got tons of treats, massage, acupuncture, and water workouts, which explains why Lucy often confused her visits to physio with a visit to the spa.

Before Lucy's injury, she loved to go hiking, running, and cross-country skiing with her family. Now that she is retired from the enduro-mountain life, Lucy likes to spend

her time surveying the backyard, getting fussed over by her neighbor, Steve, and learning new tricks that involve chicken and liver treats. Even though her family has provided her with a custom-built ramp to get up and down the deck stairs (Lucy can't do stairs well since her injury), a heated/insulated dog house and two plush, waterproof, outdoor beds, Lucy prefers to use her survivalist skills and lay in muddy holes she's dug under her ramp.

While Lucy wouldn't say it herself, her family would like all RKH dog families to know that they apologize for Lucy's generally rude behaviour towards other dogs on her walkies. Because Lucy's injury makes her feel more vulnerable, she often expresses her fear as defensive barking, which is why if you see Lucy out with her family while you're walking your dog, she and her family might be hiding behind a car until you pass - they'd like you to know that it's not you, it's her and they appreciate your patience and understanding!

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