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Rosscarrock Community Association Membership

4411 10 Avenue S.W., Calgary AB. 403-242-0212 info@rosscarrock.org www.rosscarrock.org

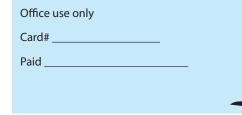
Family \$15.00	Single \$10.00
Senior \$5.00	Business \$25.00
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Do you want to receive emails regarding future events?

Do you want to get involved?

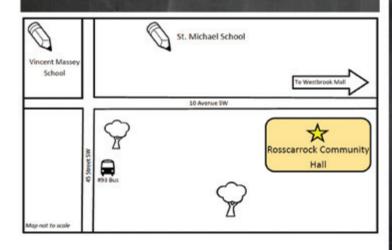
We are always looking for volunteers to help us with the community. If you are interested in anything listed below, please check it off and we will contact you!

- Board of Directors
- Casino Volunteer
- Special Events
- Canada Day Party
- Spring Clean-up Day
- Community Garden
- Newsletter
- Snow Angels
- Anything else you can think of?











WHO CAN JOIN FAMILY CAFE? Parents/caregivers and their children ages 0-5

WHAT HAPPENS AT FAMILY CAFE? -Mother Goose -Educational Games -Guest Speakers -Many more FUN programs!

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To register contact Laura Phone: 403-680-6149 leeles@closertohome.com *Program runs Sept-June* (call for more details)



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next month's issue



Introducing Engine 23 Tours

Your school or daycare can get to know the 20-tonne fire truck in Central Library—book your tours at **calgarylibrary.ca/library-tours**.

Don't forget the special Engine 23 storytimes that happen every week. Share stories and learn about fire safety from a firefighter! For details, visit **calgarylibrary.ca**.

Words & Wiggles

A brand new Library program for preschoolers that uses the six types of play to build confidence, vocabulary, creativity, problem-solving skills, coordination, socialization, and movement. You and your preschooler will love the stories, songs, and fun-filled activities! For details, visit **calgarylibrary.ca**.

Get Inspired with Micheline Maylor

Micheline Maylor starts as Calgary Public Library's 2016 Author in Residence on September 1.

She will deliver programs and act a mentor to writers in the community, reviewing manuscripts, and providing critiques and advice during individual consultations. Join us as we welcome Michele Maylor and launch the Author in Residence program at the Nicholls Family Library, September 16 at 6:30 pm. For details, visit **calgarylibrary.ca/ author-in-residence**

Homework Help

Get FREE homework help online! Students can take advantage of free online tutoring with Brainfuse (Grades 1–12), online study guides through Solaro (Grades 3–12), and so much more. Find them at **calgarylibrary.ca/online-resources**



Learn, Build, Play with Bricks 4 Kidz

Early Engineers (ages 5-12)

Bricks 4 Kidz[™] STEM enrichment programs combine inquiry based learning with hands-on building fun! Our interactive lessons and custom project builds introduce children to the dynamic fields of engineering and architecture using traditional bricks, technic LEGO[®] and power functions. Concepts of design, scale, torque, friction and gear ratio come alive! Imagination and critical thinking is encouraged as kids are challenged to modify pieces and test outcomes to further expand on their learning.

Session 1

Date: September 29 until November 3, 2016 (6 sessions) Time: 5:00 – 6:00 p.m. Location: Rosscarrock Hall Cost: \$90 per child

Session 2

Date: November 10 – December 15, 2016 Time: 5:00 – 6:00 p.m. Location: Rosscarrock Hall Cost: \$90 per child

Little Builders (ages 3-5)

Reinforce essential preschool skills such as counting, patterning, colour, letter and number recognition with a fun, new approach based on the time-tested popularity of LEGO® DUPLO® bricks. Kids gain a greater awareness of the world around them and enhance fine motor skills as they talk about topics like fish, gardens, keys and other everyday objects. Introduce your preschoolers to the fun of learning, building and playing the Bricks 4 Kidz way!

Session 1

Date: September 29 until November 3, 2016 (6 sessions) Time: 4:00 – 5:00 p.m. Location: Rosscarrock Hall Cost: \$90 per child

Session 2

Date: November 10 – December 15, 2016 Time: 4:00 – 5:00 p.m. Location: Rosscarrock Hall Cost: \$90 per child

Register today at www.bricks4kidz.com/calgary.



Neighbourhood Beautification

Join your neighbours for a weed pull in the beds along 16th Avenue SW!

The growth and rapid spread of invasive species is detrimental to native plants, causes damage to natural areas and threatens biodiversity. Volunteer participation in weed control assists Parks staff in managing the number of weeds without the use of pesticides. We will supply you with weed ID training, garbage bags and any other equipment you may need.

Date: September 17 Time: 9:00 a.m. – 12:00 p.m. Location: Beds along 16th Avenue SW (between 38th Street and 42nd Street SW)

Register by contacting parksvolunteer@calgary.ca.

www.kilbco.com

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Whether you need a border between your grass and existing garden or thinking of creating a new garden Kilbco can help. With a variety of colors, stamps and profiles, steel cable enforced landscape curbing is a cost effective and practical solution to residential and commercial properties. It will beautify your landscape and add value to your property.

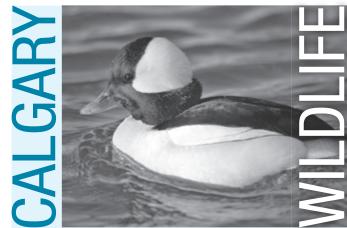
It will not rust, rot or shift, and there are no seams for weeds to grow through.



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past 9 years.

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The Tiny but Mighty Bufflehead

Article by J.G. Turner Photo by Mdf

This very small, compact, buoyant diving duck can be identified by its large, dark, puffy looking head with short, wide, greyish bill. The Bufflehead has an average length of just 36 cm or 14.5 inches, wingspan of about 53 cm or 21 inches, and weight of approximately 411 g or 15 ounces. The best places to spot a Bufflehead are small lakes with marshy edges and open centres, and areas where there are lots of poplar trees and aspen woodlands in central Alberta from the Spring through to late Autumn.

Fun Facts:

- The Bufflehead migrates from Mexico or the Gulf Coast of the United States to breed in Canada, and even as far north as Alaska.
- Buffleheads are one of the last ducks to leave Alberta before winter arrives.
- Where open water remains over the winter, this little duck sometimes stays year round.
- When mature, a female Bufflehead will return each year to the area where she was born to search for a nest cavity in which to lay her eggs.
- She will often choose an abandoned woodpecker's nest and absolutely loves the nest holes carved out by the Northern Flicker.

• As a diving duck, its legs are near the back of its body, so they must 'run' across the surface of the water to gain the momentum needed to take off and fly.

• The Bufflehead is Canada's smallest duck and they can squeeze through holes only eight centimeters wide!

• Buffleheads are territorial: males will defend a female by diving under water and popping up underneath a rival male. Females will defend the water where they rear their young.

The Bufflehead is one of the scarcest ducks in North America and its numbers continue to suffer from logging and agricultural clearing of poplar stands and aspen woodlands, decreased numbers of Northern Flickers in an area, and human hunting activities.

If you find an injured or orphaned wild bird or animal in distress, please contact the Calgary Wildlife Rehabilitation Society hotline at 403-239-2488, for tips, instructions and advice, or look at the website at www.calgarywildlife.org for more information.

BRAIN SUDOKU

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5	3	6			7			

FIND SOLUTION ON PAGE 17



The scoop on dog poop

With 150 public off-leash areas and over 100,000 dogs in our city, it's clear Calgarians love their canine companions. What isn't to love is the stinky situation left behind when owners don't pick up after their pets.

Cleaning up your dog's waste helps keep our yards, parks and off-leash areas safe and healthy, and is part of being a responsible pet owner.

Here are five facts you may not know about doggy doo-doo:

IN & AROUND CALGARY

- 1. It's classified as a hazardous pollutant. It's in the same category as toxic chemicals!
- 2. It's crawling with E. coli and often contains roundworm larvae which, if ingested by humans or dogs, can lead to brain, eye and other organ damage.
- 3. It's not a good fertilizer. Its high nutrient content is toxic to lawns and will create "hot spots" causing the grass to burn and discolour.
- 4. It doesn't absorb into the soil, so the risk of spreading its harmful effects can linger for years!
- 5. It attracts mice, coyotes and other wildlife that consider it a delicious snack.

Keeping our city pet-waste free is easy, if we all do our part. Always carry pet waste bags with you when you walk your dog, and pick up and properly dispose of your pet's waste as soon as possible.

To learn more about the importance of picking up after your pet, join us at a P.U.P.P.Y. (Pick Up Pooch's Poo Yourself) event near you. Visit calgary.ca/puppy for details.

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NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

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IN & AROUND CALGARY

Graffiti Vandalism

A message from the Federation of Calgary Communities Building Safe Communities Program

Graffiti vandalism is figures, letters, drawings or stickers applied, scribbled, scratched, etched, sprayed or attached on or to the surface of any premises, structure, or other property. It can be done by a variety of methods including spray paint, markers, etching and pens to name a few. Graffiti done without the owner's permission is vandalism and is a crime carrying serious consequences. Most graffiti vandalism IS not gang related, but if graffiti vandalism is left unchecked, other criminal activities may begin to start in the area as the perception of the community is that no one cares or is taking care of the area. **Graffiti vandalism needs to** **be reported to 311.** If graffiti vandalism is not removed quickly, this inaction may be interpreted as a sign of low neighbourhood pride, and graffiti vandalism will spread to other buildings, streets and properties.

- What to do:
- 1. Record the graffiti vandalism by taking a photograph (if possible) of the damage
- 2. Note the location
- 3. Report the graffiti by calling 311
- 4. Remove the graffiti if it is on your property or with permission of the property owner. The longer it is left for viewing the more likely other graffiti will appear in the area.

Please visit www.graffitifreecalgary.ca for more information on graffiti vandalism and how you can make a difference in your community to address graffiti vandalism. Special thanks to the Calgary Police Service Graffiti Coordinator Constable Dave Ladic for input in this article.



WHEN A CHILD FALLS BEHIND: TIPS FROM A PSYCHOLOGIST & FORMER TEACHER

By Joyce Achtnig BEd, MC, CCC, Provisional Psychologist & Canadian Certified Counsellor

What Can You do if Your Child is Struggling in School?

Is your child underachieving academically? Or do you think your child may be gifted and is underachieving due to boredom and lack of challenge? Parents and teachers are often the first to voice concerns regarding a child's struggles and need for help. When teachers suspect that issues like Attention-Deficit/Hyperactivity Disorder (ADHD), Autism Spectrum Disorder (ASD), or a learning disability may be at the root of a child's challenges at school, they will often recommend a psychoeducational evaluation. Current research demonstrates that early identification, understanding, and appropriate intervention is the key to a child's success.

What are School Psycho-educational Assessments and What Benefits do They Offer?

It is understandable that many parents are unclear about exactly what a psycho-educational assessment is when school staff or a physician recommend it. A psycho-educational assessment will evaluate your child's thinking/reasoning abilities and underlying psychological processes (e.g., attention, processing, fluid reasoning, memory). It also assesses academic achievement (e.g., expressive and receptive language, reading, writing composition, math), social development, emotional functioning, and behaviour. This is generally accomplished through standardized testing, informal assessments, interviews, questionnaires, observations, and review of previous records or reports.

The end result is a rich and comprehensive assessment that helps parents and educators by making sense of a child's struggles and uncovering his or her strengths. A psycho-educational assessment is a powerful tool because it creates a more accurate and complete picture of your child that can change the way your child is perceived and ensure that appropriate resources, educational programming, and accommodations necessary for success are recommended. In addition, information in the assessment may also be used to qualify the child for disability services, or to guide physicians in choosing appropriate medication, etc.

How Can Parents Obtain a Psycho-educational Assessment?

Parents may ask the school to complete a psychoeducational assessment; this is done by school board psychologists, at no cost to parents. Unfortunately, there are waitlists and only the most severe or in need students will qualify for the few assessment opportunities that have been allocated to each school for that year. The fastest way to obtain an assessment for your child is to use a psychologist in private practice; we can usually book an appointment in less than a month, and have the report completed between four to six weeks after testing. In Calgary, the cost for a psycho-educational assessment ranges from approximately \$1,400 to \$2,800, depending on the psychologist you choose and the assessment tools and time required. In many cases, a parent's insurance plan through work can pay for at least some of this expense.



Quinine, one of the most important drugs known to man, is obtained from the dried bark of an evergreen tree native to South America.

Do you tip the pizza delivery guy or gal?

If so, how much? Below are some facts and figures to help you out.



If you get food delivered, whether it is Chinese, pizza or your standard fare, there normally is a delivery charge. The amount of the delivery charge varies from each establishment but is normally between three and four dollars per trip. This amount usually goes to the driver at the end of each shift. The driver supplies their car, fuel

at the end of each shift. The driver supplies their car, fuel and insurance and maintenance. 99% of drivers are on contract basis only. They average 12 trips per shift. This equals \$42.00 for a five to 10 hour shift. Not including tips if any.

Most pizza places have a defined area of delivery which is about eight kilometres to the furthest delivery point. With an average of five kilometres one way per trip, and round trip equals of 10 kilometres. The government (CRA) allows independent contractors a 0.54 cent per kilometre allowance. At 120 kilometres per shift this equates to the driver going into the red for about \$20. So why do it? Most do not make enough to pay rent or even claim the 0.54 cent allowance. Most drivers pay out approximately \$15 for gas per shift which to them equals a positive cash flow of \$27 per shift. (Not including tips, if any.)

Which brings us to the question of do you tip or not and, if you do, how much? There are of course no set guidelines, established rules or common practices such as in sit down restaurants. (Restaurant staffs expect 10 to 20% of your total bill as a tip which they normally share.)

So what should you tip? But, before we get to that, let's explore some of the demographics regarding pizza deliveries and how different groups tip.

Office staffs ordering during the day often tip a minimum of 15% or \$10. I am sure they do not want to look cheap in front of their coworkers and most can expense this. Senior citizens always tip (there are a few exceptions) normally \$5 and sometimes as little as \$2. Low income do not tip well at all although some do make an effort. People who live in million dollar homes are normally not good tippers. Working class people normally are the best tippers. College and high school students are very poor tippers (unless ordering from a party). And the big one - women are better tippers than men (although there are exceptions).

A decent tip would be minimum of \$5 -\$10 for orders up to \$50, \$10 to \$15 for orders up to \$100, anything over a \$100 a minimum of \$20 would be nice.

So they do it for the cash and the tips. Some are retired and cannot live on the amount they receive; others cannot find a steady job or are limited due to personal circumstances that prevent full time employment.



IN & AROUND CALGARY Alberta Health Services EMS

Back to School safety

Alberta Health Services EMS would like to remind parents and children about a few road safety tips, as streets become more congested, with the return of the school year. Pedestrians and motorists both have an important role to play – road safety is a shared responsibility.

Motorists

- Avoid talking on a cell phone, texting, or any other behaviour that diverts your attention away from driving;
- Give right-of-way to pedestrians who have activated overhead crossing lights, or who are waiting to cross from a street corner;
- Remember, it is illegal to pass vehicles other than those that are parked in school, or playground zones, during posted hours.

Around school buses

- Flashing amber lights mean a bus is slowing down to stop motorists should do likewise;
- No matter which direction you are coming from, STOP, when approaching a school bus with activated flashing red lights – unless the bus is on the opposite side of a divided highway from you;
- Driver courtesy goes a long way. By simply being alert and cautious when approaching a school bus, you are contributing to school bus safety.

Pedestrians

- Cross only at marked crosswalks, or street corners that have clear visibility from all directions;
- When activating overhead crossing lights, pause and make eye contact with all drivers before stepping off the curb. This is to ensure that motorists in both directions have seen you and come to a complete stop;
- Stay within the crosswalk lines until fully clear of the roadway;
- Obey pedestrian lights at intersections. Cross the street only when you see the "walk" sign and only when all vehicles have come to a complete stop;
- If you are with young children, or pets, hold your child's hand firmly and keep a solid grip on leashes when crossing;
- Remember: children learn by observing. By demonstrating safe crossing habits, you can reduce the chances of your child being involved in a preventable auto/ pedestrian collision.

Join Citizens' View: Calgary's online panel – over 2,000 members and growing

You're invited to join more than 2,000 people that have signed up for Citizens' View, Calgary's online panel. Citizensview.ca makes it easier for Calgarians to share their input anytime, anywhere through online surveys and discussions.

As Citizens' View continues to grow, The City is working to make sure that they hear from people of all ages and areas of Calgary.

"Creating an even better Calgary takes all of us—not just government," said Mayor Nenshi. "Citizens are the key to improving our communities and creating the best programs and services for our city. Calgarians are the experts in their lives and I encourage them to share their thoughts about life in Calgary by signing-up at citizensview.ca."

The City hopes to attract more than 4,000 people that reflect Calgary's diverse population. Members can expect to receive surveys once or twice a month, join online discussions, and receive information on City events and service improvements.

Calgarians 18 years and older can sign-up for the Citizens'View at www.citizensview.ca.



It is just like man's vanity and impertinence to call an animal dumb because it is dumb to his dull perceptions.

Mark Twain



KIDS ART COLLECTIVE

Do you know a pint-sized Picasso age 12 and under? Each month our newsletter will feature a selection of drawings and paintings by neighbourhood kids with a flair for the creative.

> To submit a work of art, please send it to **info@rosscarrock.org.** Images must be a resolution of 300 dpi.

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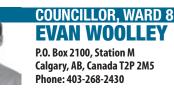
Rosscarrock Real Estate Update Last 12 Months Rosscarrock MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price				
July 2016	\$629,950.00	\$612,500.00				
June 2016	\$719,700.00	\$700,000.00				
May 2016	\$675,000.00	\$646,500.00				
April 2016	\$0.00	\$0.00				
March 2016	\$602,000.00	\$580,000.00				
February 2016	\$619,900.00	\$600,000.00				
January 2016	\$769,900.00	\$711,000.00				
December 2015	\$0.00	\$0.00				
November 2015	\$0.00	\$0.00				
October 2015	\$719,900.00	\$710,000.00				
September 2015	\$609,950.00	\$602,500.00				
August 2015	\$419,000.00	\$410,000.00				

Last 12 Months Rosscarrock MLS Real Estate Number of Listings Update

	No. New Properties	No. Properties Sold
July 2016	6	4
June 2016	7	2
May 2016	5	7
April 2016	6	0
March 2016	2	2
February 2016	4	1
January 2016	3	1
December 2015	4	0
November 2015	4	0
October 2015	2	1
September 2015	4	6
August 2015	6	5

To view the specific SOLD Listings that comprise the above MLS averages please visit **rosscarrock.great-news.ca**



In 6 Minutes Or Less

I can barely count the times when I'm walking downtown or on 17th Ave and I hear the unmistakable sirens of The Calgary Fire Department (CFD). Those sirens which are so familiar to just about any inner city resident are a constant reminder of how hard our Fire Department work. However, the CFD doesn't just deal with fires; they have made incredible strides towards making Ward 8 communities safer. There are a few major incident types that they deal with, including general public service assistance calls, hazardous conditions caused by weather, rescues, medical assists, and of course fires.

The most prominent non-fire calls that the CFD receive are medical assists, which have been of increasing importance for the CFD as they help our local EMS with calls. Surprisingly, the incident rate has gone up 27% in Ward 8 since 2011. As a result, the CFD has been piloting dedicated Medical Response Units (MRUs) throughout the city, which have made responses to medical assist calls much more effective.

One thing you may not know about the CFD is that there are important policy decisions that provide them with goals. Calgary's Action Plan 2015-2018 establishes Service Levels and Response Times Targets (SLRTT) for different types of emergencies and incidents. There are two main categories for emergencies, Effective Response Force (ERF) emergencies, and non-ERF emergencies. The difference between the two is that ERF emergencies involve structural or building fires and require a minimum of 12 firefighters and other priority resources.

For non-ERF emergencies, the goal as per the SLRTT is 90% of first responders arriving in less than 7 minutes, which the CFD easily surpassed in Ward 8. In 2015, 90% of responses happened in 6:32 or less. That's a full 28 seconds before the benchmark, and is pretty impressive considering Ward 8's density and traffic. For ERF emergencies, the goal is for a full ERF to arrive in less than 11 minutes 90% of the time. Unsurprisingly, the CFD succeeded and had 90% of responses in 10:10 or less during 2015.

The CFD is an example of when policy and implementation align to create positive outcomes for Calgarians. It's obvious that this department shows incredible dedication and creates tangible results, something that they can and should be recognized for. So, the next time that you're downtown and hear the familiar blare of a siren, know that while it might annoy you for a few seconds, our heroic firefighters are using those seconds to make a difference in every Calgarians life.

MP CALGARY SIGNAL HILL RON LIEPERT

#2216, 8561 8A Avenue SW Calgary, Alberta T3H 0V5 Phone: 403-292-6666 • Fax: 403-292-6670 Email: ron.liepertC1A@parl.gc.ca

Summer is coming to a close which means routines are going back to normal not only for all the students but also for me as your MP. The time in Calgary and in the riding has given me a chance to speak with a great number of you and I appreciate input on your concerns and counsel. You can be assured that I will be taking your feedback with me to Ottawa as the new session of Parliament begins.

First let me start this message by asking if you would consider allowing me to send updates in occasional emails to you in my role as your MP. Our office has a list of emails that constituents have consented to for that purpose, which we use **very sparingly** (last parliamentary session, we used the list a total of four times). If you'd like to be included in those updates, please visit www.ronliepert.ca to sign up, or call 403-292-6666. If you feel that the messaging is too frequent or not relevant you can unsubscribe at any time. I am also on Facebook and Twitter if that is more your style.

We are expecting a very full fall session, as the Liberal Government presented an ambitious slate but did not have a lot of success in actually getting much of that legislation passed last year (less than 50% of the Government's bills passed). That backlog, plus a new set of priorities has made for a very full order paper.

One of the biggest issues ahead is electoral reform. As you've likely heard, the Liberal Government wants to change how you elect your MPs. I am not opposed to the study of electoral reform and look forward to the work of the committee examining changes to our electoral process. I do feel, however, that if substantive changes to how we elect our Members of Parliament are proposed by the committee, then citizens should have a final say by way of a national referendum.

A committee of politicians, no matter what the composition, should never be the sole decider of how politicians are elected.

As a constituent in Calgary Signal Hill, you will be consulted prior to my voting on any matter related to electoral reform. It is my belief that my vote should reflect your views. I will be conducting a consultation similar to the one I did regarding Medical Assistance in Dying to hear from you. Watch your mailbox and voicemail (and email if you are signed up) for more details soon.



Name	Age	Contact	Course
Cathy	29	403-390-8600	No
Criselda	45	403-714-6083	Yes
Genevieve	26	581-307-6165	Yes
James	15	587-583-4683	Yes
Jordan	25	403-966-1647	No
Melissa	21	587-436-9260	Yes
No	18	402-718-3749	Yes
Priscilla	27	403-402-6113	Yes
Priscilla	27	403-402-6113	Yes
Saba	17	403-437-6683	No
Shawna	18	403-402-0489	Yes
Sophia	34	587-700-5989	Yes
Tenzin	18	587-581-3365	No

Calling All BABYSITTERS Enroll free at mybabysitter.ca and choose the Calgary communities you would like to babysit in. Calling All PARENTS Visit mybabysitter.ca and find available babysitters in and around your community.

Disclaimer: We recommend for your own peace of mind that references be checked when choosing your babysitter. This babysitter list is provided as a service to the community and is governed by the terms & conditions outlined at mybabysitter.ca.





Phone: (403) 246-4794; Fax: (403) 686-1543 calgary.currie@assembly.ab.ca

With summer just about over, that means it is time for the young people of Calgary Currie to be heading back to school, and that is what I want to use my newsletter inches to talk about.

Here in Calgary Currie, we are quite lucky, we have an abundance of schools, however just to the west of us, like many places around the city there is a shortage. Over the past 20 years, we have grown immensely as a province and a city, but over that time we failed to build the schools to match the growing need. But that is in the past. Today we look toward a better future where promises are kept, where schools get built, and children have a safe, inclusive space to grow and learn in the heart of our communities.

Part of having an abundance of schools where others have shortages means that we often play host to many young people in our schools who come from other parts of the city, and from around the province. Even many months later we still find ourselves playing host to families who find they still cannot return home to Fort McMurray in the wake of the devastating fires there. It is a great strength of Alberta's public education system that no matter where you go, in this province, no matter where you come from, no matter who you are, if you are a child in this province, you are entitled to one the of the best educations out there.

To those who have welcomed displaced people in their communities, thank you, you are the people who make our communities welcoming places to be.

Moving beyond things happening in our community, for the first time in almost 30 years, Alberta is going to be revamping its school curriculum. The last time this was done, most people didn't have a computer in their home, let alone carry one around in their pockets all the time. It will take some time for the changes to happen, but I for one am pleased that we are finally modernizing the way we teach our children.

Since getting elected I have spent a fair amount of time getting to know school trustees, principals, teachers and parent groups. Through these people and groups I am able to be connected with a whole assortment of unique and creative ways our schools contribute to the vibrant fabric of Calgary Currie.

If your school community does something unique, innovative, or interesting, I would love to hear about it. There is nothing I like more than learning more about the communities I serve.

IMPORTANT NUMBERS

ALL EMERGENCY CALLS	911
Alberta Adolescent Recovery Centre	403.253.5250
Alberta Health Care	403.310.0000
AHS Addictions Hotline	1.866.332.2322
ATCO Gas – 24 Hour Emergency	403.245.7222
Calgary HEALTH LINK 24/7	811
Calgary Police – Non Emergency	403.266.1234
Calgary Women's Emergency Shelter	403.234.7233
Child Abuse Hotline	1.800.387.5437
Kids Help Line	1.800.668.6868
Child Safe Canada	403.202.5900
Distress/Crisis Line	403.266.4357
ENMAX – Power Trouble	403-514-6100
Poison Centre - Alberta	1-800-332-1414
HOSPITALS / URGENT CARE	
Alberta Children's Hospital	403.955.7211
Foothills Hospital	403.944.1110
Peter Lougheed Centre	403.943.4555
Rockyview General Hospital	403.943.3000
Sheldon M. Chumir Health Centre	403.955.6200
South Calgary Urgent Care Health Centre	403.943.9300
South Health Campus	403.956.1111
OTHER	
Calgary Humane Society	403.205.4455
Calgary Parking Authority	403.537.7000
SeniorConnect	403.266.6200
Calgary Kerby Elder Abuse Line	403.705.3250
Alberta One-Call Corporation	1.800.242.3447
City of Calgary	311
Kerby Centre for the 55 plus	403-265-0661
Community Mediation Calgary Society	403.269.2707
RNR Lockworks Ltd.	403.479.6161
Road Conditions – Calgary	511
Weather Information	
Gamblers Anonymous	403.237.0654

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COMMUNITY ANNOUNCEMENTS

Deadline – 1st of each month for the next month's publication Contact news@great-news.ca

 Free announcements: lost/found, household items for sale, wanted, garage sale, student/senior services, etc.
 Forty word limit

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SEPTEMBER 8 TO OCTOBER 16 ILLUMINASIA LANTERN AND GARDEN FESTIVAL

Illuminasia returns to the Calgary Zoo for its second year. This year, the theme is the four seasons and the four noble plants of Chinese culture — one plant is used to represent each season. www.illuminasiacalgarvzoo.com



SEPTEMBER 30 – OCTOBER 1 THE PRINT IT YOURSELF FESTIVAL

Learn about the various techniques behind printmaking at the sixth annual Print It Yourself Festival. Learn what goes into making a piece of print art, engage in the process and create a piece of artwork yourself. www.albertaprintmakers.com



OCTOBER 27 TO 29 DRACULA

The Alberta Ballet presents the classical ballet Dracula at the end of October. Special effects, impressive costumes (Dracula wears a 23-footlong cape) and exquisite choreography bring this horror story to life. www.albertaballet50.



YOUR COMMUNITY/CITY EVENTS AT A GLANCE...

September 21 to October 2 - Calgary International Film Festival (CIFF): The Calgary International Film Festival (CIFF) is a 12-day showcase of up to 200 multi-genre films from Canada and over 40 other countries. The festival hosts gala events, screenings, award ceremonies and special presentations. www.calgaryfilm.com

October 1 - A Little Light Music: This is a chamber music concert with a special focus on well-known Canadian composers. There will be a fun, playful line-up of music in this concert with everything from A Little Light Music to Viva Gershwin. www.scpa.ucalgary.ca/events/little-light-music

October 6 - An Evening With Bethany Hamilton, Soul **Surfer:** Bethany Hamilton has become a source of inspiration to millions through her story of determination, faith and hope. Hear Hamilton discuss her surfing career and her charitable contributions in this inspirational talk. www. ticketmaster.ca/event/110050A6A6225E87

October 7 to 8 - Disney In Concert: Tale As Old As Time: Start Thanksgiving weekend with some classic Disney tunes performed by the Calgary Philharmonic Orchestra. The popular Disney songs from these films are played alongside clips from the movies. www.calgaryphil.com

October 11 to 29 – Boom: Using images and video, the show explores the musicians, politicians and cultural icons around from 1945 to 1969 that shaped the baby boom generation. www.theatrecalgary.com

October 12 to 15 - Intensional Particle + Split Flow: Hiroaki Umeda is a Japanese multi-disciplinary artist. He's a dancer, a sound, image and lighting designer, and a choreography. He brings two new solo shows to Theatre Junction. www. theatrejunction.com

October 14 to 29 - Fluid Festival: This year marks the 11th Fluid Festival, and just like the inaugural event, this year's Fluid Festival will celebrate dance and physical performance. www.springboardperformance.com

October 15 - Calgary Stampeders PinkPower Game: This football game joins in the fight against women's cancers. Arrive early to the game to purchase limited edition PinkPower merchandise, then watch the Calgary Stampeders take on the Montréal Alouettes. www.stampeders.com



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