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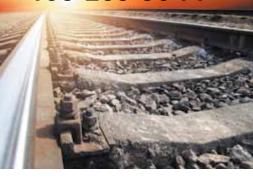


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# GreatNews 28

RSVP:

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### RUTLAND PARK COMMUNITY ASSOCIATION

3130 -40 Ave SW | Calgary, AB T3E 6W9 Phone: 587-356-3321 | president@rutlandparkcommunity.com www.rutlandparkcommunity.com/

Delivered monthly to 3,900 households and businesses for 7 years!

### **Editorial Submissions**

therpcanewsletter@gmail.com All editorial content must be submitted by the 1st of the month for the following month's publication.

### **Advertising Opportunities**

403-263-3044 | sales@great-news.ca All advertisements must be submitted by the 1st of the month for the following month's publication.

### Published by Great News Publishing

Serving Calgary communities for 28 years 87 newsletters reaching over 391,000 households in Calgary and surrounding areas.

#34-4550 112 Ave SE Calgary, AB T2C 2K2

Check out our website: www.great-news.ca



The opinions expressed within any published article, report or submission reflect those of the author and should not be considered to reflect those of Great News Publishing and Rutland Park Community Association.

The information contained in this newsletter is believed to be accurate, but is not warranted to be so.

Great News Publishing and Rutland Park Community Association does not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.

## **IMPORTANT NUMBERS**

ALL EMERGENCY CALLS	911		
Alberta Adolescent Recovery Centre	403-253-5250		
Alberta Health Care 403-310-00			
AHS Addictions Hotline 1-866-332-23			
ATCO Gas – 24 Hour Emergency 403-245-722			
Calgary HEALTH LINK 24/7	811		
Calgary Police – Non Emergency	403-266-1234		
Calgary Women's Emergency Shelter	403-234-7233		
Child Abuse Hotline	1-800-387-5437		
Kids Help Line	1-800-668-6868		
Child Safe Canada 403-202-590			
Distress/Crisis Line 403-266-43			
ENMAX – Power Trouble 403-514-610			
Poison Centre - Alberta 1-800-33			
HOSPITALS / URGENT CARE			
Alberta Children's Hospital 403-955-72			
Foothills Hospital 403-944-11			
Peter Lougheed Centre 403-943-455			
Rockyview General Hospital	403-943-3000		
Sheldon M. Chumir Health Centre	403-955-6200		
South Calgary Urgent Care Health Centre 403-943-9300			
South Health Campus	403-956-1111		
OTHER			
Calgary Humane Society	403-205-4455		
Calgary Parking Authority	403-537-7000		
SeniorConnect	403-266-6200		
Calgary Kerby Elder Abuse Line	403-705-3250		
Alberta One-Call Corporation	1-800-242-3447		
City of Calgary	311		
Social Service Info & Referral	211		
Community Mediation Calgary Society	403-269-2707		

RNR Lockworks Ltd.

Weather Information

Gamblers Anonymous

Road Conditions – Calgary

# EDITOR'S CORNER

### PRESIDENT'S MESSAGE



### Hello Everyone,

I hope you are enjoying your summer and staying cool as much as possible! If you need some inspiration for how to beat the heat and have a bit of fun, have a look in this edition of The Post to see our Lincoln Park Liaison Roni's cool idea for some outdoor fun!

### I have a couple of important announcements:

First of all, save the date: the Annual General Meeting of the Rutland Park Community Association is coming up this Fall. Plan ahead to join us on Tuesday, November 21. You can get involved by attending the meeting, learning what positions are available, and maybe even signing up to take on a new volunteer role! We have a great council, and always have room to welcome some new faces to the table. It's a really good way to get involved in your community, meet a few people, and help steer the planning of community events and initiatives.

Secondly, I've learned that the Girl Guides of the Westglen District are growing in leaps and bounds. Many girls are registering to take part in the venerable organization, which provides opportunities to participate in camps and a wide range of activities, and to make new friends! Often, new Canadians really enjoy the opportunity to become immersed in the local culture and language.

In order to continue growing, the Westglen District Girl Guides need parent volunteers. Joining up as an adult is a great way to support the growth of this organization and create more opportunities for the girls in our community. See calgarygirlguides.com for more information.

Have a great August!

403-479-6161

403-237-0654

511



I have taken over as interim President, but we would love to have a volunteer that could join our Board as President. Depending on your time commitments, you could chair our 2 hour monthly meeting and monitor and respond to emails, or you could also get involved in a number of ini-

tiatives both around our communities and around the City—we appreciate whatever time you have to give!

If you don't feel that you are able to take on the position of President, we would also appreciate your participation around community initiatives such as resiliency, engagement and communication, building safe communities, our annual clean up, and social activities. You can join the Board, join/head up a committee, volunteer at events, or contribute to our newsletter— many hands make light work, and many minds make what we do more meaningful. Please join us where you can!

Leanne Ellis Acting President

### COMMUNITY ANNOUNCEMENTS

### Deadline – 1<sup>st</sup> of each month for the next month's publication Contact news@great-news.ca

- Free announcements: lost/found, household items for sale, wanted, garage sale, student/senior services, etc.
- ✦ Forty word limit

**CHILD SCIENTISTS WANTED!** Ch.I.L.D. Research Group at the University of Calgary requires kids under 14 years to participate in fun game-like projects to help us understand how children develop language and social understanding. If interested call (403) 220-4955, email child@ucalgary.ca, or visit https://psyc.ucalgary.ca/child/

**RELIVE CALGARY'S VIBRANT HISTORY:** with Chinook Country Historical Society during the 27th annual Historic Calgary Week. From July 28th- Aug 11th get to know people's stories while visiting historic sites in the Calgary area.

### RUTLAND PARK 3130 - 40 Avenue SW, Calgary, AB, T3E 6W9 COMMUNITY HALL RENTALS

Rental rates for the Rutland Park Community hall have been revised for all bookings made after February 29.

The new rate structure is: Hourly Rate: \$50/hour Admin and Cleaning Fee: \$75/rental

A four hour minimum rental is required on Friday, Saturday and Sundays.

If you are interested in renting the hall or would like more information on any of the classes running at the hall, please contact Lizzel Krueger at hallrentals@rutlandparkcommunity.com.

Visit the Community Association website to see what our beautiful hall looks like: www.rutlandparkcommunity. com/hall-rentals/

Contact Lizzel at 403-246-8318.





For all the latest news, events, updates and community activity, please join us on Facebook. Search for Rutland Park Community Association. You'll immediately recognize us with our logo.



# **RPCA BOARD**

Visit our website for the latest information http://www.rutlandparkcommunity.com Board meetings are held the second Tuesday of each month at 7:30 PM, everyone is welcome

BOARD OF DIRECTORS	2015
President	Leanne Ellis (Acting)
	president@rutlandparkcommunity.com
VP Development & Traffi	c Leanne Ellis
	development@rutlandparkcommunity.com
VP Communications &	Simon Davies - 403 700 9790
Social Committee	Megan Justason
	social@rutlandparkcommunity.com
Sarcee Meadows Liaison	
	sarceemeadows@rutlandparkcommunity.com
Membership	Shirley Williams - 403 240 4777
	membership@rutlandparkcommunity.com
Ice Rink	Greg Winnicki - 403 246 1746
	rink@rutlandparkcommunity.com
Secretary	Grace Kim
	secretary@rutlandparkcommunity.com
West View Parc Liaison	Craig Marceau
	westviewparcliaison@rutlandparkcommunity.com
Newsletter	Dan Ferguson
	newsletter@rutlandparkcommunity.com
VP Infrastructure	Bill Baird (TBD)
	Infrastructure@rutlandparkcommunity.com
Lincoln Park Liaison	Roni Sagal
	lincolnparkliaison@rutlandparkcommunity.com
Treasurer	Patti McMillan
	treasurer@rutlandparkcommunity.com
Currie Barracks Liaison	Patti McMillan (interim)
	curriebarracks@rutlandparkcommunity.com.
Special Projects	Gayle Fields
	rpcaspecial@gmail.com
Website	communications@rutlandparkcommunity.com

COMMITTEES: Community Garden: Judy Silzer | gardens@rutlandparkcommunity.com

CONTACTS:		
Community Association Phone Number 587-356-3321		
Hall rentals	Lizzel Krueger	nallrentals@rutlandparkcommunity.com
City Recreation Coordinator		
Police Resource Officer	S. Gallant	s.gallant@calgarypolice.ca
Emergency contact for RPCA Hall	Lionel	403 890-7017
Community Social Worker	Cynthia Lokko	Cynthia.lokko@calgary.ca



On behalf of Community Standards & Waste and Recycling Services

## Thank you RUTLAND

Congratulations on a successful Community Cleanup on June 3rd, 2017.

The weights collected for this year:

Garbage: 8155 kg Organics: 2180 kg Total: 10335 kg Truck Loads Hauled: 2

Thank you to the Community Association and residents for your commitment to keep our communities healthy, safe and vibrant.

ALIGN

SHINE

### A total solar eclipse—the aligning of the Sun, Moon and Earth—will occur on August 21. The total phase will not be visible in Calgary, but can be observed as a partial solar eclipse here. It will be at its maximum at 11:33 a.m., so get out your pinhole camera and enjoy the spectacle; the last one was in 1979.



### YOUR CITY OF CALGARY

## **Outdoor home improvement** project on your mind?

Planning on building a garage, expanding your deck or maybe installing a hot tub? You might be wondering what permits do I require? How long it will take? Or what bylaw and code considerations do I need to know about?

Before you pay for materials, hire a contractor or do it yourself, let The City help guide you on permitting and inspection requirements. We know the process can be confusing, but we're here to help answer your questions to ensure your project meets Alberta's safety codes and city bylaws.

Visit calgary.ca/myhome for answers regarding our most popular outdoor home improvement projects, or give us a call directly.

### **Planning Services Centre**

403-268-5311 Monday to Friday 8 a.m. - 4:15 p.m. calgary.ca/myhome

Names

Both Alberta and Lake Louise Leanden) got their names from the fourth daughter of Queen Victoria, Princess Louise Caroline Alberta. However, the town of Caroline, Alberta does not get its name from the princess, and is instead named after Caroline Langley, whose family opened up the town's first post office.

# Free Drop-In **Exercise** For **Mature Adults**

### **Chartwell Roval Park** 4315 Richardson Road SW

We would like to invite community seniors to join the fun exercise programs we offer at Chartwell Royal Park. Come alone or bring a friend! We are looking forward to meeting you.

- Monday (9:30a) Stretch & Relaxation
- Tuesday (10:30a) Exerfun
- Wednesday (1:30p) Gentle Exercise
- Wednesday (2:30p) Stay Sharp for Fit Minds
- Thursday (10:00a) Rhythm & Moves
- Friday (10:30a) Exerfun
- Saturday no classes
- Sunday (2:30p) Sit 'n Get Fit

Occasionally, class substitutions or cancellations may occur - please call Amanda at 587-287-3940 to confirm prior to visiting.



The Rutland Park Community Association needs volunteers for our casino fundraiser in August. This and Friday, August 18, 2017 fundraiser is a major source of support for the RPCA, helping to make possible the many events and activities that the RPCA brings to your community. Volunteers are required for a range of roles, all with one thing in common: no experience is necessary! Please consider supporting us with some of your time so that we can continue to give back to you!

Dates: Thursday, August 17

### Location: **Elbow River Casino**

**Contact info: Gord Leach** gsleach@telusplanet.net Phone: 403-249-5900

you can do with lake a giant slip and slide! hthehelp of a hill.)

In Lincoln Park this month, every time there's a great day and it's too hot to stay inside, I will post on the Rutland Park Facebook page that "Family Fun Day, is here once again," along with times it will be running. If you haven't seen this post pop up before on the RCPA Community Facebook page, don't worry, you still have time to come and check it out this month! Just wear shorts and a T-shirt and prepare to get wet and have some FUN!!! Don't forget a towel. Here are some pictures from last year's slip and slide fun.

Roni Saaal Liaison of Lincoln Park

# **COMMUNITY ASSOCIATION MEMBERSHIP FORM**

Mail or drop off your completed application to: Rutland Park Community Association, 3130- 40 Avenue SW, Calgary, AB, T3E 6W9 or call Shirley at 403-240-4777 or membership@rutlandparkcommunity.com

> Select Membership Type: Family: 1 year - \$15.00; 3 year - \$36.00 Single: 1 year - \$5.00; 3 year - \$12.00 Senior: 1 year - \$5.00; 3 year - \$12.00

Home Address:

Phone Number: \_\_\_\_\_

Payment Enclosed:

Be sure to include your email address so we can keep you up to date with community news and events of interest to you.

Your support through membership is critical to Rutland Park Community Association's success in negotiations with the various governments (municipal, provincial and federal) and business entities that your board interacts with on a regular basis.

Email Address:

Thank you for your participation.

# Rutland Park Mission and Values:

The results of several brainstorming sessions by the Rutland Park community board were presented at the May 23 Town Hall Meeting. These important statements will be used to guide our work and decisions. Your feedback is welcome!

### **Our Mission and Values:**

Our mission is to engage community residents, advocate on their behalf, foster community spirit, and practice meaningful stewardship while honouring our past.

### What your Board Commits to Do:

I. Engaging and including residents of our community II. Addressing community concerns in a transparent fashion

- III. Conducting board business in an ethical and fiscally responsible manner
- IV. Making decisions based on the needs of the community as a whole

V. Communicating board decisions with one voice VI. Following through on the commitments and action plans we undertake

(please print)

### Community Values we will uphold:

- honouring our heritage
- connectedness: bringing people together
- knowing neighbours, cultural hub, social activities
- everybody is given a voice
- slow inner city living
- pride in our community: volunteerism, participation
  safe community where people can have fun
- pleasant surroundings/maintaining green space and excellent community facilities
- pedestrian friendly: easy walking, cars secondary to people
  self contained: close to amenities, community garden, sustainable
- accessible, age friendly
- desirable quality of life: all season activities
   promote accessible recreational activities

# Café at Knox

Since about October 2016, every Thursday the doors open at the "Cafe at Knox " from 9 a.m. to noon. I must say that this has been a community success story with the Knox Church, Royal Park Retirement, and Rutland Park providing coffee, tea, and delicious snacks for our guests. Some weeks we even enjoy music and song provided by some very talented entertainers. People have come, made new friendships, and enjoyed themselves. A yoga group meets from 9:30 to 10:30. The cost is only \$5.00 per session. Could it get any better?

Please join us- this coffee shop is for everyone: grannies, grandpas, moms, dads, babies, and all residents. We would love to see you there.

Submitted by Isabell Reznik





YOUR VOICE MATTERS CHRISDAVIS.CA

GREATNEWS 28

Did you know that your restaurant can put a menu in our newsletter?



Turn local residents into local customers. Contact us: 403-263-3044 sales@great-news.ca

> 91 Monthly Community Newsletters 415,000 Households 152 Calgary Communities



Dear Great News Publishing,

Please DO NOT run my ad next month. My ad has been WAY TOO EFFECTIVE. My phone won't stop ringing with people saying they saw my ad in the newsletter. Now I need to hire more people to keep up with all my new customers! I'm amazed at how well this worked!

Thanks for all your help, Sincerely, Laura Owner of Buds and Blooms

Contact us today to find out how you can make this customer's experience your reality!

# 403-263-3044 sales@great-news.ca

Actual customer experience.



Small Grants of up to \$600 are available to support projects which strengthen connections between residents and make the neighbourhood of Rutland Park, Lincoln Park & Currie Barracks an even better place to live!

If you have a project idea or would like to be part of the selection committee, please see the details below.

#### GOT A GREAT IDEA? Submit your Community Project today!

Examples of projects that have been funded in other neighbourhoods are:

- Block PartiesPedestrian Safety Campaigns
- Community Murals
- Container Gardening Workshops
- Community Clean-Ups
- Neighbourhood Walking Groups
- Babysitting Cooperative start-up costs

Projects need to be for the 2017 calendar year

More details and guidelines provided on the application form.

Application deadline: Applications will be accepted until December 1, 2017

### WANT TO JOIN THE TEAM?

### Help us with the decision process!

Some requirements of Decision Committee members include, but not limited to:

- Having an interest in the neighbourhoods of Rutland Park, Lincoln Park & Currie Barracks and the residents living here
- Able to work with others
- Free to attend a few meetings to review grants and project updates, as needed
- Attend some community events that have been funded through the initiative

A meeting with the Community Social Worker will be arranged prior to joining the team.

For more information or Grant Applications contact Cynthia Okafor, Community Social Worker at Cynthia. okafor@calgary.ca or call 403-476-7184



# Real Estate Update

## Last 12 Months RUTLAND PARK MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price	
June 2017	\$550,000	\$551,000	
May 2017	\$644,000	\$625,000	
April 2017	\$499,000	\$470,000	
March 2017	\$907,450	\$886,750	
February 2017	\$699,900	\$663,500	
January 2017	\$641,000	\$602,500	
December 2016	\$739,900	\$720,000	
November 2016	\$569,900	\$555,000	
October 2016	\$0	\$0	
September 2016	\$0	\$0	
August 2016	\$719,900	\$705,000	
July 2016	\$0	\$0	

## Last 12 Months LINCOLN PARK MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price
June 2017	\$230,950	\$223,250
May 2017	\$279,900	\$263,500
April 2017	\$274,900	\$270,000
March 2017	\$264,450	\$248,100
February 2017	\$319,450	\$315,000
January 2017	\$295,000	\$290,000
December 2016	\$259,900	\$235,000
November 2016	\$255,000	\$245,000
October 2016	\$174,900	\$170,000
September 2016	\$342,400	\$332,500
August 2016	\$324,988	\$313,000
July 2016	\$334,900	\$326,000

To view more detailed information that comprise the above MLS averages please visit **rutland.great-news.ca**, **lincoln\_park.great-news.ca or currie\_barracks.great-news.ca** 

## Last 12 Months CURRIE BARRACKS MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price	
June 2017	\$999,000	\$998,000	
May 2017	\$1,090,000	\$1,070,000	
April 2017	\$0	\$0	
March 2017	\$0	\$0	
February 2017	\$0	\$0	
January 2017	\$859,900	\$816,500	
December 2016	\$0	\$0	
November 2016	\$0	\$0	
October 2016	\$1,119,000	\$999,999	
September 2016	\$0	\$0	
August 2016	\$949,800	\$935,000	
luly 2016	\$0	\$0	



Name	Age	Contact	Course
Aly	24	403-797-4793	Yes
Chiara	17	587-585-5652	Yes
Elaura	19	403-471-5051	Yes
Kiera	15	403-922-6067	Yes
Lauren	14	403-975-7197	Yes
Linda	61	587-892-9731	No
Sam	16	403-287-3740	Yes
Samantha	16	403-287-3740	Yes

#### Calling All BABYSITTERS Enroll free at mybabysitter.ca and choose the Calgary communities you would like to babysit in.

you would like to babysit in. and around your community. Disclaimer: We recommend for your own peace of mind that references be checked when choosing your babysiter. This babysiter list is provided as a service to the community and is governed by the terms & conditions outlined at mybabysiter.ca.

# **BUSINESS CLASSIFIEDS**

For business classified ad rates call Great News Publishing at 403-263-3044 or sales@great-news.ca

**HOME DOGGY DAYCARE FOR SMALLER BREEDS:** (45lbs and under).Dogs enjoy a day of fun, walks and friends in a clean, safe and stress-free environment. I am a certified trainer with 25 years' experience. My daycare has been operating for 8 years and references are proudly provided. Shelley (403)249-5331 or dogzdream@yahoo.ca.

**HOME BUSINESS OPPORTUNITY:** Clinicair is the leading provider of Indoor Air Quality and Medical Grade Duct Cleaning services in Canada. We are looking for a dealer in Calgary to represent our growing company. We offer a royalty free business. Clinicair supplies you with the latest technology, and training. Call Craig: 1-416-277-6067.

**NEIGHBOURHOOD CONFLICT?** Community Mediation Calgary Society (CMCS) is a no cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

**YARD BUSTERS LANDSCAPING:** Weekly lawn mowing \$36, power-rake \$120, aeration \$70. Some conditions. Landscape construction and yard renovation: stone patios, walks, raised beds and rock walls, custom decks and fences, painting and staining, sod and trees and shrubs, landscape lighting, water features, and window and gutter cleaning. Licensed. Insured. Seniors' discount. Phone: 403-265-4769. yardbusterslandscaping.com. **THE GUTTER DOCTOR!** We install, fix and clean eavestroughs and downspouts. We also install and fix fascia, soffit, drip-edge, siding, roofing, cladding. Over 20,000 happy customers since 2003! Insured and guaranteed work with references. We take pride in doing a good job. A+ rated BBB Member. 2017 Consumer's Choice Award Winner. www.gutterdoctor.ca 403-714-0711.

**K2 BOOKKEEPING:** Are you too busy to keep up with your bookkeeping? Experienced bookkeeper now accepting new clients. Specializing in small to medium sized business. Twelve years of experience with QuickBooks and Simply Accounting, GST, Payroll, WCB Filing, T4 Filing, and competitive rates. Phone Katie 403-870-0737.

HANDYMAN/CONTRACTOR: Hire-a-husband type of jobs performed: interior repaints carpentry, doors installed, trim and baseboard, laminate and vinyl flooring, drywall repair, ceramic tiling, minor plumbing and electrical, fence and deck building and repair, aeration, power-raking, mow and lawn. Contact Rob Ziffle 403-606-8876, robziffle@gmail.com.

**VOLUNTEERING** Good for the Soul

# YOUR COMMUNITY/CITY EVENTS AT A GLANCE...

### The Market on Stephen Avenue – Tuesdays until Sept. 5, 11 am – 5 pm

Bring your enviro bags and coolers! You'll find up to 60 vendors; from fresh food (produce, breads, pastries, etc) spices, sauces, treats, art, fashion, jewelry and so much more! Found on Stephen Avenue between 1 Street East and 2 Street West. More info: inquiries@dmeinc.ca.

Honens Festival – Various Venues, Sept. 7 – Sept. 10 The award-winning Honens Festival returns for a four-day festival of music with a side of maple syrup! To mark Canada's 150th birthday, this celebration of piano showcases some of the country's brightest classical music stars alongside Honens Laureates through innovative performance projects and dynamic community concerts. More info: honens.com.

Beakerhead – Various Locations, Sept. 13 – Sept. 17 One of the world's most original spectacles of art, science and engineering, will erupt this September when the fourth annual Beakerhead hits Calgary. Look for mechanical creatures, multi-story art installations, famous and soon-to-be famous scientists and inventors, and performances by people and machines. The dose of quirky spectacle will include more than 65 events. More info: beakerhead.com.

### Techstock 2017 - 3553 31 Street NW, Sept. 14

This is an annual event hosting 30+ start-up companies and researchers who showcase their innovations to the public. This year they explore how technology and social innovations are making a profound impact on our society and driving change in areas such as sustainability, health, education, gender equality and more. More info: innovatecalgary.com/events/ techstock/

### Railway Days - Heritage Park, Sept. 23 - 24

There is fun for the whole family at Railway Days! As one of the few sites in North America with two steam locomotives, our trains take centre stage for two days with demonstrations, hands-on activities, and exciting exhibits. More info: heritagepark.ca.

### CALGARY PRIDE PARADE 6 AVE. AND 6 ST. SW SEPTEMBER 3, NOON – 1:30

The signature Calgary Pride Parade is one of the most colourful celebrations of the year! More info: calgarypride.ca.



### CIRCLE THE WAGONS 3951 TRASIMENE CRESCENT SW SEPTEMBER 9, 11 AM – 11 PM

This year's traveling carnival of local food, beer, music, art and performers will be proudly hosted at Currie. Currie boasts Canadian Pride, and to help further amplify the celebratory energy from Canada's 150th anniversary. More info: circlethewagons.ca.



### YW WALK A MILE IN HER SHOES STEPHEN AVENUE AND OLYMPIC PLAZA SEPTEMBER 19

Hundreds of men and women will step onto Stephen Ave. in high heels to show their support for women and children who are victims of family violence. More info: walkamile.ca.



# EXPLORE LORE

The east coast of Canada was settled by Vikings around the year A.D. 1000. Archaeological evidence of a settlement has been found at L'anse aux Meadows, Newfoundland.



## Live Well at Home The preferred choice of 9 out of 10 seniors!

Home Care Assistance of Calgary offers several specialized areas of in-home care with trained caregivers — at no extra cost!

Our Balanced Care Method<sup>™</sup> is a holistic program that promotes healthy diet, physical exercise, mental stimulation, socialization and a sense of purpose.

Our Cognitive Therapeutics Method<sup>™</sup> keeps aging minds engaged through research-based activities designed to improve mental acuity and slow symptoms of mild to moderate cognitive decline.

Our Hospital to Home Care program is designed to ensure a smooth recovery at home after a medical incident.





assessment!

Call today to learn about our unique approach to quality home care! 587-350-CARE (2273) homecareassistanceofCalgary.ca

Follow on Facebook: Home Care Assistance Calgary I Twitter:@HCACalgarySouth

MP Calgary Centre Hon. Kent Hehr 950 6 Ave SW Calgary, Alberta T2P 1E4 ∕ kent.hehr@parl.qc.ca **403-244-1880** www.KentHehrMP.ca

Before I get into this month's newsletter I wanted to make sure you received an invitation to my annual BBO on September 10<sup>th</sup> – which will be held at Sunalta Hall (1627 10 Ave SW).

We'll be there from 11 am to 1 pm, flipping burgers and saying hello to our neighbours. If you're interested we also have an RSVP page online on my website at www.KentHehrMP.ca which will give us a heads up if you're attending so my team can plan on how many burgers to prepare.

WHAT: MP Kent Hehr's Summer BBO WHERE: Sunalta Hall – 1627—10 Ave SW WHEN: 11:00 AM to 1:00 PM

Next, I wanted to talk for a moment today on the subject of infrastructure investment. Our government is committed to investing in flood mitigation, affordable housing, public transportation, and places where communities come together (like community centres or hockey rinks). We were elected on a commitment to invest in infrastructure and these long-term economic generators for communities.

Just as one example, Infrastructure Canada funding to Alberta has received more funds for projects in the last year and a half (a total of \$4.3 billion). This is larger than the last five years **combined**.

You can see all of the projects invested in by Infrastructure Canada online here: http://www.infrastructure.gc.ca/mapcarte/ab-eng.html

By investing in green infrastructure, we get people home to their families faster, cleaner communities, and more inclusive, affordable cities.

And by investing in affordable housing we can begin to take on the issue of homelessness and poverty – a conversation that the federal government has been noticeable absent in the last ten years.

With our new National Housing Strategy, the \$11.2 billion highlighted in Budget 2017, and the important work we are doing to cut homelessness in half, and take 500,000 families out of housing need, we are well on our way to creating more inclusive communities.

As always, you can contact my office by email at kent.hehr@ parl.gc.ca or by phone at 403-244-1880. My office is located at 950 6 Ave SW and my door is always open to you. You can follow my work in Parliament online and sign up for my e-newsletter at www.KentHehrMP.ca.



**MLA Calgary-Elbow Greg Clark** Leader - Alberta Party 403 252-0346 Calgary.elbow@assembly.ab.ca @GregClark4AB

Summer is festival season in Calgary! I look forward to spending time in my community attending the many events that make our warm summer days and nights so special.

I hope to see you at Marda Gras Street Festival on Sunday, August 13<sup>th</sup> from 10am to 5pm. Marda Gras is a FREE family-friendly event that attracts over 35,000 visitors from all over Calgary. This year the streets of Marda Loop will celebrate the festival's 33rd year in the community. The festival includes live music, dance and cultural performances, a fun kid's area, unique shopping and lots of great food! Please stop by my booth; I would love to hear what is on your mind. For more information visit http://www.mardagras.ca/.

Calgary Pride Parade takes place on Sunday, September 3<sup>rd</sup> from noon to 1:30pm. I've been proud to walk in the parade in the past to show my unwavering support for the LGBTQ community and the advocates who continue to work for inclusivity and acceptance. Following the parade, don't forget to visit Pride in the Park. Until 6pm you can enjoy one of Calgary's largest free outdoor cultural celebrations. Set in Prince's Island Park, the event will include live music, a marketplace and activities for all ages. More details can be found at http:// www.calgarypride.ca/.

This year, in addition to hosting the fireworks competition from August 15<sup>th</sup> to 26<sup>th</sup>, **GlobalFest** is hosting a FREE human rights forum from August 8<sup>th</sup> to 12<sup>th</sup> at the Calgary Public Library's John Dutton Theatre (616 Macleod Trail SE). This year's topics are focused around UNESCO's Coalition of Municipalities against Racism and Discrimination. Details on the events can be found on GlobalFest's website at http://www.globalfest.ca/.

### Visiting the Legislature

The Borealis Gallery on the grounds of the Legislature presents a brand-new exhibition.

The Dream We Form By Being Together centres on the theme of reconciliation and emerges from the awareness that art can play a central role in the process.

Drawing from indigenous practices and understandings, the show seeks to rebalance colonial narratives within the much larger story of this place we now call Canada.

The exhibition is a free, non-ticketed event open in the Borealis Gallery until October 1, 2017.

Visit www.assembly.ab.ca/visitorcentre for more details.

I hope to see you at one of the many events taking place in and around Calgary-Elbow. My office will be open throughout the summer. We can be reached at calgary. elbow@assembly.ab.ca or by phone at 403-252-0346.





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**MLA Calgary** Currie Brian Malkinson 2108 B - 33 Avenue SW Calgary, AB, Canada T2T 1Z6 **≤** 403-246-4794 **■** 403-686-1543  $\leq$  calgary.currie@assembly.ab.ca

I hope you and your families are enjoying the summer months and taking advantage of the many great opportunities we have as Albertans to enjoy the outdoors!

I want to begin by thanking each and every one of you for joining me for my annual Stampede Breakfast on July 9 at the Glenbrook Community Association. It was amazing to see so many from across our community out enjoining the day. A special shout-out to the 40 or so volunteers who came together to serve over 1000 pancakes, sausages, and hash browns to Stampede goers. While were also joined by many New Democrat MLAs and Ministers from across the province - I would like to single out for thanks, my colleague - Jessica Littlewood (MLA for Fort Saskatchewan-Vegreville) - for doing such a fine job with the colour commentary during the wiener dog races! Congratulations to the winning hounds!

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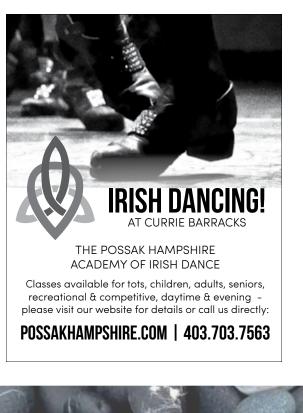
Summer also means long days and plenty of sunlight. That is why I am proud that our government has launched the first Residential and Commercial Solar Program in Alberta to provide financial rebates to Alberta homeowners, businesses, and non-profits who install solar photovoltaic systems on their homes, businesses, and facilities. For individuals, this program provides a rebate of \$0.75/watt to residential systems, with a maximum grant amount of \$10,000. For more details, I encourage you to visit http://solar.efficiencyalberta.ca.

The longer days do not mean an end to the important work of hearing from constituents like you. That is why you will continue to see me at your community events, both large and small. I know my team works very hard to keep me up to date about what is happening across our riding, but it is impossible for us to know all that is going on in every corner of Calgary Currie all the time. So please do not hesitate to contact me if you are hosting an event that you would like me to attend.

In July, Calgary Bow MLA Deborah Drever and I spent an afternoon in the Off-Leash Dog Park in Edworthy where we chatted about \$25 a day daycare and the construction of the new Calgary Cancer Centre and the SW Ring Road. This month I will have a booth at Marda Gras on Sunday, August 13.

I want to hear from you about how our work is making your lives better, one pragmatic step at a time, and I will continue to visit you where you live. To date, I have reached over 50% of Calgary Currie residents and have chatted with hundreds of you on your doorsteps who are pleased with how the Alberta Government has invested, rather than cut, its way to economic recovery. My goal is to have completed this task by the time the legislature reconvenes in the fall - so do keep watch for a visit from your MLA in the days and weeks ahead.

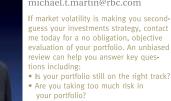
~ Brian





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