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SILVERADO COMMUNITY ASSOCIATION

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The information contained in this newsletter is believed to be accurate, but is not warranted to be so.

The Silverado Community Association and Great News Publishing do not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.

IMPORTANT NUMBERS

ALL EMERGENCY CALLS	911
Alberta Adolescent Recovery Centre	403-253-5250
Alberta Health Care	403-310-0000
AHS Addictions Hotline	1-866-332-2322
ATCO Gas – 24 Hour Emergency	403-245-7222
Calgary HEALTH LINK 24/7	811
Calgary Police – Non Emergency	403-266-1234
Calgary Women's Emergency Shelter	403-234-7233
Child Abuse Hotline	1-800-387-5437
Kids Help Line	1-800-668-6868
Child Safe Canada	403-202-5900
Distress/Crisis Line	403-266-4357
ENMAX – Power Trouble	403-514-6100
Poison Centre - Alberta	1-800-332-1414
HOSPITALS / URGENT CARE	
Alberta Children's Hospital	403-955-7211
Foothills Hospital	403-944-1110
Peter Lougheed Centre	403-943-4555
Rockyview General Hospital	403-943-3000
Sheldon M. Chumir Health Centre	403-955-6200
South Calgary Urgent Care Health Centre	403-943-9300
South Health Campus	403-956-1111
OTHER	
Calgary Humane Society	403-205-4455
Calgary Parking Authority	403-537-7000
SeniorConnect	403-266-6200
Calgary Kerby Elder Abuse Line	403-705-3250
Alberta One-Call Corporation	1-800-242-3447
City of Calgary	311
Social Service Info & Referral	211
Community Mediation Calgary Society	403-269-2707
RNR Lockworks Ltd.	403-479-6161
Road Conditions – Calgary Weather Information	511
Gamblers Anonymous	403-237-0654

MESSAGE FROM THE SCA

Hello Silverado,

Thank you to all who attended the Silverado Community Association AGM on Wednesday, March 1st, 2017 at Cardel Rec South (formerly South Fish Creek Recreation Centre). We are excited for the New Year ahead with many events and programs available to you and your family.

The SCA garden is opening in May. If you are interested in a new garden plot please contact our garden coordinator, Stef McDonald by email at stefmcdonald4660033@gmail.com

SCA will be hosting the 5th Annual Community Clean-up on Sunday, April 30th, 2017, 10 am to 2 pm by the SCA Garden on Silverado Drive S.W. just south of the Silverado Blvd & Silverado Drive Traffic Circle.

City of Calgary garbage trucks will be on site to take any items from your spring cleaning that you don't need and can't sell or recycle. Items like old couches, mattresses, left over building materials, will be accepted by the trucks.

We are not able to take paint, household chemicals, electronics, propane tanks, microwaves, glass, railway ties.

Please use the bio-hazard disposal area for paint, household chemicals, propane tanks, car batteries. The bio-hazard disposal area is located at the Evergreen Fire Station #37 (2511 Eversyde Avenue SW). Also the SCA community clean-up will have three City of Calgary garbage trucks on site. Two trucks are for residential garbage and the other truck will be for compost from residents doing yard clean-ups. The compost truck will be accepting leaves, grass clippings, branches, dead potting plants, and any organic material that can bio degrade.

This is a great way to clean up old house hold items and yards with out having to make a paid trip to the dump. There is no charge to come down to the SCA garden and dump old garbage or yard clean up items.

The SCA looks forward to seeing you and your neighbours at the community clean-up.

Please check the Silverado Community Association web-site for updates on events and programs in and around Silverado at www.silveradoca.ca

Thank you,
Silverado Community Association

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Board of Directors

Sara Engelhardt	Memberships/Events
Alex Sazanovitch	Website Director
VACANT	Communications/Events
Liz Kane	Trico Board Rep/Events
Joseph Purcell	Golf Tourney Organizer Adopt-A-Rink Coordinator
Bruce Zhao	Community Clean-up/Events
Stef McDonald	Community Garden Coordinator
VACANT	Events

To contact the SCA, please email us at info@silverado.ca.

Follow Silverado Community AssociaQtion on Facebook

SCA Marketplace Benefits

Please show your SCA membership card to redeem your discounts

Business	Discount
Skaja Law	10% off on legal fees, excl. disbursements.
Siraia	Waived registration fee and 10% off Siraia dining room
Trico Centre	20% off membership to Trico
Longevity Painting	10% off
Turtles in Bloom	10% off (use discount code Silverado)
Hot Yoga & Spin	10% off class packages and one month unlimited
Daisy Fresh Dry Cleaners	10% off total bill for all dry cleaning services
Denim & Smith	10% off all cuts
Papa John's Pizza	10% off
Silverado Veterinary Hospital	10% off services
Tobacco Outlet	10% off accessories
B.A. Productions	10% off
Silverado Business Centre	10% off meeting space
Capture the Flag	Waived entry fee and free level 3 upgrade gun
Anytime Fitness	Free FOB (a $50 value)
Global Pet Foods	10% off
Sobeys	10% off (first Tuesday of every month)
Beyond Bronze	10% off
One Time Shot Photography	10% off
Kung Fu Restaurant	10% off all pickup orders
Rush Salon	10% off products only
Stitch 4 You Alterations	10% off
Hairapy Parlor	15% off

SILVERADO COMMUNITY POLICE LIAISON OFFICE INFORMATION

Please feel free to contact our community liaison office with questions or concerns. Eugene is working very hard to keep our community safe so let's help him out in any way possible.

Cst. Walter Kachmar
Community Liaison Officer
Calgary Police Service District 8
Office: 403-428-6800
Email: pol3114@calgarypolice.ca

Silverado COMMUNITY ASSOCIATION

COMMUNITY CLEAN UP

SUNDAY, APRIL 30
10AM - 2PM

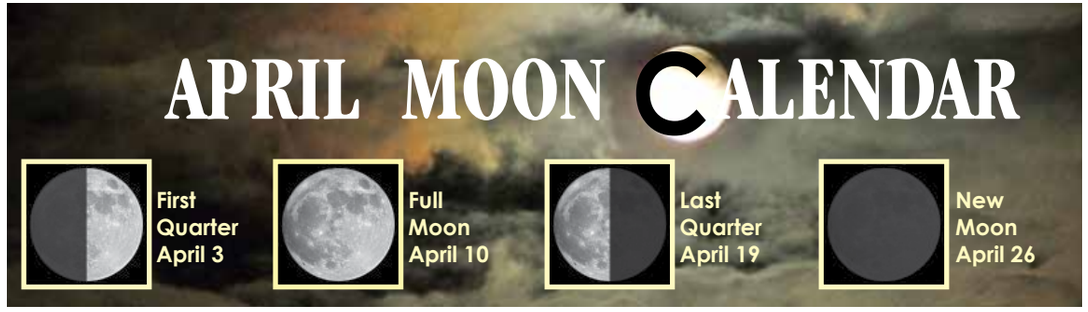
PLEASE MEET AT THE
SILVERADO COMMUNITY ASSOCIATION GARDENS

CITY OF CALGARY GARBAGE TRUCKS WILL BE AVAILABLE TO TAKE ITEMS THAT DO NOT FIT IN WASTE AND RECYCLING CARTS.

Lunch and drinks will be provided by the SCA through the City of Calgary clean up program for all volunteers that help pick up garbage in the community.

Kids Colour and Win!
Send to Colour2Win@shinefm.com

Families end their day with Stephanie Nicole!



SILVERADO RESIDENTS' ASSOCIATION (SRA)

Board Responsibilities and Accountabilities
The Board is a dedicated group of individuals who volunteer their time for the benefit of all residents and who care for the community they reside in. The Board is committed for sharing information, full governance and generally maintaining our pathways and green space.

Some key activities for December month:
Budget and Invoice for 2017 Fees were mailed to all Owners

Green Space Maintenance & Snow Removal
Snow Removal is effectively being managed. Sometimes due to heavy snow than usual all pathways under SRA are cleaned as quickly as possible. Home owners are responsible to maintain the sidewalks bordering their properties and removal of the snow.

How you can help
We are still looking for more volunteers on various sub-committees. If you have expertise and time to volunteer for any of the sub-committees, please send your name, and contact info with details of experience to the attention of SRA Board via email at WandaH@simcomgt.com.

A person with legal background could help immediately to review certain articles and policies.

Staying in Touch
There is no increase in the 2017 Fees. The Operating Budget for 2017 was finalized and mailed with fee invoice. Several capital budget items were identified such as bridge repairs; traffic circles; signage; etc. more detail will be available in April 2017 once we have all the prices.

Communication
All Owners have been mailed their invoice and budget for the fiscal year 2017. The fees are now overdue; please ensure it is paid before February 28, 2017. We encourage you to update your correct address and contact information with SIMCO and pay your invoice on time to avoid any penalties.

Stay tuned, as we promise a regular update to you through the SRA website and Silverado Edge. Information regarding the SRA can be found at www.silveradora.com. We encourage you to send your constructive inquiries, comments and suggestions to Simco Management (Calgary) Inc.: Contact Person: Wanda Hogg Tele. 403-234-0166 ext. 4022; WandaH@simcomgt.com

Silverado Residents Association email: silveradora@gmail.com

Dedicated Board of Directors
Silverado Residents Association

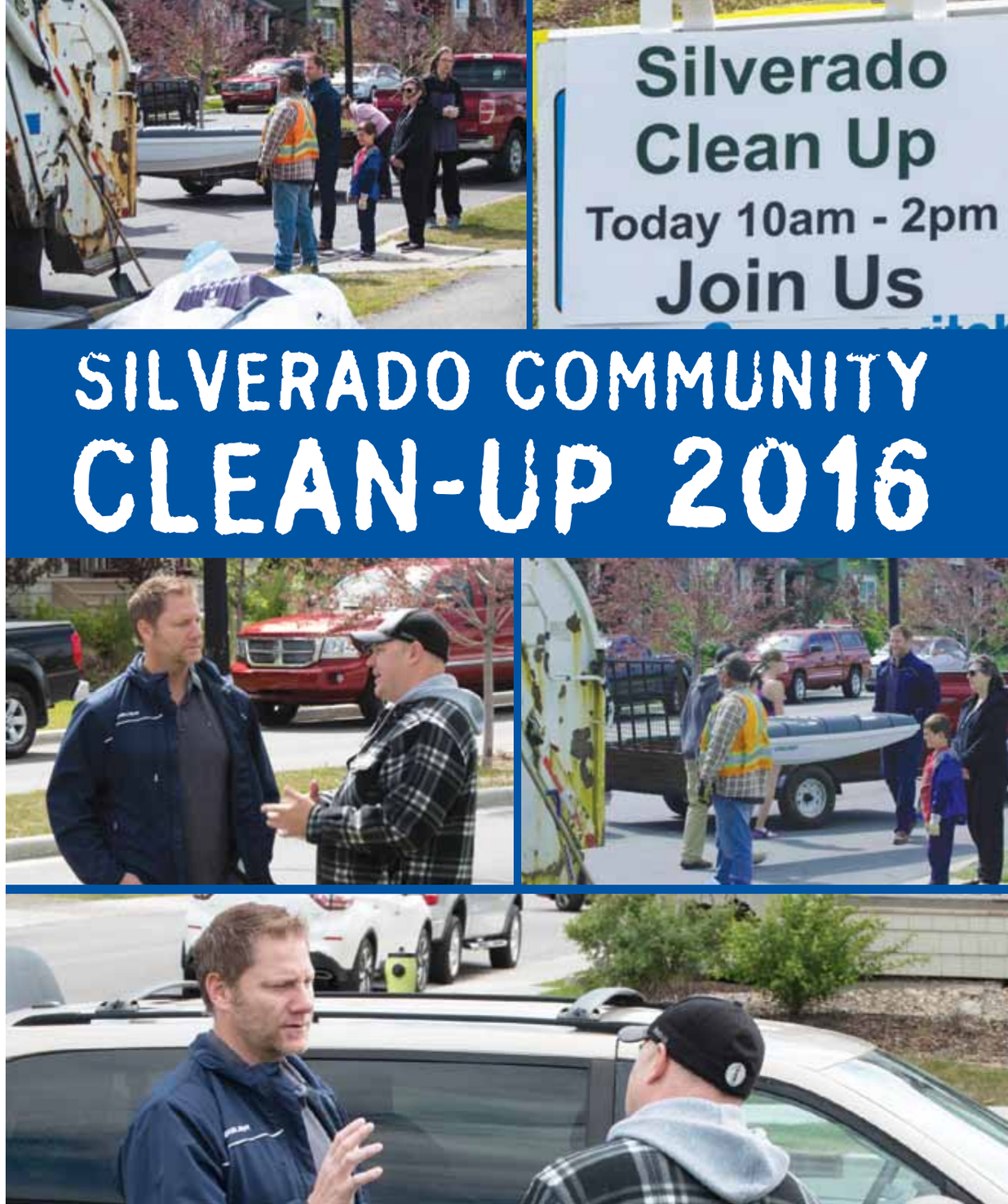
CALGARY PUBLIC LIBRARY

National Volunteer Week
Calgary Public Library's volunteers are honoured each April during National Volunteer Week (April 23-29, 2017) at our Volunteer Recognition Event. Our volunteers make an incredible difference in our community every day, allowing the Library to do so much more: offer more programs, in more locations, more often, to so many more Calgarians. Thank you to all our volunteers!

***Bill's Book Café* with Mike Morrison**
Take in *Bill's Book Café* with Library CEO Bill Ptacek and *Mike's Bloggity Blog* creator Mike Morrison. It's guaranteed to be a lively discussion of *Your Inner Critic Is a Big Jerk* by Danielle Krysa.
Louise Riley Library
April 7 | 6:30 p.m.
To register, visit **calgarylibrary.ca**.

Summer Reading
Looking for ways to keep kids busy this summer? The Library can help with that! Kids can be part of a *3 Things for Canada Action Squad* and help with community projects, learn to code using Scratch, and get messy with our science program. And of course we've got books that kids love to read!

For details, visit **calgarylibrary.ca.**



Residents of partnered communities' pay 20% less for memberships than those who reside outside partnered communities. Phone: 403-278-7542 or see www.tricocentre.ca to find out more.

April at Trico Centre

Trico Centre for Family Wellness is a non-profit, community-owned and operated recreation facility. Our passes are affordable and our programs are family-friendly. With a pass, you can work out in the fitness centre, take more than 70-drop-in fitness classes a week, use the gymnasium, swim, skate, or play shinny, plus you get 20% off our fun, active registered programs. Trico Centre supports community: a small portion of your pass fee is sent to your community association.

Spring/Summer Program Guide
It is not too late to register for Spring programs. Check out our Spring/Summer Program Guide for lots of new registered offerings for children, adults, and older adults. Swimming and skating lessons for all ages. Adult fitness options. Children's programs for 12 months to 14 years.

Register now for summer day camps and a great selection of other registered summer programs for children and adults.

Affordable Monthly Continuous Pass
Since January 2017, Trico Centre has been offering a convenient monthly continuous pass. Check out our pass prices at www.tricocentre.ca or in the Spring Summer Program Guide. Included in your affordable Trico Centre pass are:

- FREE access to more than 70 Drop-In Group Fitness classes a week
- All-Day FREE access to the well-equipped Fitness Centre
- FREE entry to children's drop-in activities like Drop-In Playtime
- PRIORITY program registration (passholders only registration)
- 20% OFF on registered classes and personal training
- FREE access to wave pool, waterslide, hot tub, steam rooms
- FREE entry to Drop-In Gym activities
- FREE entry to Shinny Hockey, Leisure Skate, Stick & Puck
- PASSHOLDER-ONLY discounted monthly continuous childcare pass

Adults/Older Adults

- Adult registered fitness includes Cardio Kickboxing, Cardio Dance, Strong by Zumba, Beginner's Yoga, Focus on Powerlifting
- Registered programs for older adults that start in April: Balance Builders Level 1 (Fall Prevention), Balance Builders Level 2 (Bones and Balance), Chair Yoga, Straighten Up Posture Series, Golf Conditioning.
- Included in your affordable Trico Centre pass, are more than 70 drop-in fitness programs. Choose from endurance classes with a cardiovascular focus, group resistance training, high intensity interval training, aqua fitness, and mind/body classes. Options for all fitness levels and ages

Children & Youth

- Lots of new children's programs (and old favourites) start in April – check our online registration system for availability.
- After 33 years of children's programs, basketball games, preschool gymnastics, and badminton, Trico Centre's gymnasium floor is being replaced. Gymnasium will be closed from April 12 to June 7. Check www.tricocentre.ca for a special schedule of classes during this period.

Fee Assistance

- The Trico Cares program offers **fee assistance** for passes and admissions. See www.tricocentre.ca for details. Plus, we have partnered with organizations that offer fee assistance for programs (Canadian Tire Jumpstart, KidzFirst, KidsSport.)

Trico Centre is located at 11150 Bonaventure Drive SE. Phone: 403-278-7542 or see www.tricocentre.ca to find out more.

IN & AROUND CALGARY

Calgary Fire Department

Greetings from the Community Safety Team of *your* Calgary Fire Department!

ICE SAFETY
With spring around the corner, now is a good time to ensure that you and your family continue to be safe when it comes to rivers, community lakes, storm ponds, or waterways.

Every year 25-30 Canadians die in ice related incidents, and countless others fall through ice and have a close brush with death.

Some tips to remember:

- Always keep a safe distance from riverbanks and lakeshores to avoid accidentally falling through the ice.
- Don't walk on ice-covered bodies of water, including storm ponds. It's difficult to assess the thickness of the ice and its ability to hold the weight of a person or animal.
- If a person or an animal falls through ice into water, call 9-1-1. Do not attempt to rescue them yourself. Encourage the person to kick and pull themselves up onto the ice and roll, rather than walk, towards the shore.
- For outdoor skating, only skate on open ice surfaces specifically designated for skating , and on City of Calgary or community rinks; for locations visit http://www.calgary.ca/CSPS/Parks/Pages/Locations/Outdoor-skating-rinks.aspx

What to do if you fall through ice into water

- Stay calm and try to keep your head out of the water and control your breathing.
- Try to pull yourself up onto the ice and on your stomach then, roll towards the shore, where the ice may be thicker.
- If you can't get out of the water in less than 10 minutes, stop kicking and trying to pull yourself out, and anchor yourself to the ice shelf. Continue to call for help.

If you do witness a person falling through the ice,

Stay back, do not go onto the ice and call 9-1-1.

For further information please http://www.calgary.ca/CSPS/Fire/Pages/Safety-tips/Ice-safety.aspx

Stay Safe!

April 23-29 is National Volunteer Week

April 23 - 29 is National Volunteer Week in Canada and on behalf of all Calgarians we want to sincerely thank community volunteers for all they do each and every day to improve neighbourhood life in Calgary!

There are 151 community associations in every neighbourhood across our city, and they are all run by volunteers. In fact, more than 20,000 volunteers are involved in community associations here in Calgary, making it the LARGEST collective volunteer movement in the city!

Without their hard-working volunteers community associations would not exist. They would not be able to provide you with the programs you enjoy, put on the year-round special events that bring you together as neighbours, advocate for your community on local issues, or produce this monthly newsletter full of important information. These volunteers are dedicated to making sure your community is a great place to live, work, and play.

Community volunteers are the lifeblood of the community association movement here in Calgary, a movement that brings Calgarians that small-town feel in our large urban centre. **So take a moment during National Volunteer Week, April 23 - 29, to thank a volunteer in your community for their hard work and dedication to ensuring you love where you live!**

Walk so Kids Can Talk

Join us for the Walk so Kids Can Talk **May 7 2017** at Eau Claire Plaza! This 5Km family walk brings people together to show support for youth mental health and raise funds for Kids Help Phone. Kids Help Phone is Canada's only 24/7/365 free, bilingual, and confidential professional counselling and referral service for youth and children. Please visit our website at **www.walksokidscantalk.ca** for more details.

Silverado COMMUNITY ASSOCIATION

SILVERADO COMMUNITY ASSOCIATION

Membership Application

Become a part in your Community! Join the Silverado Community Association

Family Name: ..... Date: .....

Applicant's First Name(s): ..... Home Phone: .....

Address: ..... Postal Code: .....

Email: .....

- Memberships cost $25/year for each address and are renewable annually in March. Please mail application form to: Silverado Community Association, PO Box 32003 Silverado PO, Calgary, AB T2X 0X4 or send email to info@silveradoca.ca. Cheques are payable to Silverado Community Association. Please allow 3-4 weeks for your membership to be delivered to your home address.
- Members of the community association are welcome to attend SCA sanctioned events throughout the year. Not only will you be able to meet others within Silverado, but will help build a better sense of community in our neighbourhood.
- Stay connected with what is happening within your community. Members are kept up-to-date of the developments within and around the community.
- Silverado Community Association is actively looking for volunteers to help out with community events and for board positions. If you are interested in volunteering your time to make Silverado a better community, please send inquiries to info@silveradoca.ca.
- Silverado Community Association updates can be located on our website at http://silveradoca.ca/

Calgary Drop-In Centre News

February has been an exciting month at the Calgary Drop-In Centre.
We've rounded up a few stories we thought you might be interested to hear.

Towels & Razors Needed!
Our clients take thousands of showers every month. For many, the soothing hot water and a rare opportunity for quiet privacy makes those ten short minutes a particular highlight of their day. Not to mention the refreshing feeling after a clean shave.

As you can imagine, it also means we go thorough *a lot* of towels and razors!

These are items we are extremely low on right now. So, we could really use your support!

If you have any new razors or gently used towels that you can donate, we would be incredibly grateful. If this is something you are able to purchase, bring in the receipt with your donation to qualify for a 2017 tax receipt (less the GST).

Donations can be dropped off either at our main building **(1 Dermot Baldwin Way SE | 24 hours/day)** or at our Donations Centre **(3640 11A Street NE | Mon-Sun 8am-4pm)**.

"Why don't they just call their mom and dad?"
A grade 1 student asked that question at a recent presentation about homelessness.

It's a great question. Unfortunately, with a very sad answer.

My name is Shaun and I work at the Calgary Drop-In Centre. I teach students about homelessness, poverty, and kindness. I myself stayed in a homeless shelter many years ago.

I stayed in a homeless shelter for one single night. The next day, I called my mom and dad and asked for help. By the end of the week, I was in treatment for addiction. Then I went back to work and back to school. I got a degree. I traveled around the world. I fell in love, got married, and started a family. Now I work at the largest homeless shelter in North America.

What if I did not have my mom and dad to call? Where would I be?

Our clients, for whatever reason, do not have someone to call. Not in the way that I did. Otherwise, maybe one of them would be presenting to schools today, answering the heart-stirring question, "Why don't they just call their mom and dad?"

Our Spirits of Gold
The United Way does incredible work to support local charities and community organizations. One can't help but be inspired by their talent for bringing people and businesses together under a shared mission of creating a vibrant and thriving city of Calgary.

We are proud to call them a partner.

Every year, as part of their Days of Caring campaign, employees of the Calgary Drop-In Centre fund-raise for the United Way though our Shift Change Café. It's a month-long event which includes fun games, bake sales, and draws for coveted prizes including an extra week of vacation and a gift of flight from West Jet. It's a fun team building exercise for our staff. But, more importantly, it supports a great cause.

This year, we're proud to say we broke our previous fundraising record by bringing in over $10,000 for the United Way!

Noting the hard work and enthusiasm of our staff, the Calgary Drop-In Centre was awarded the *Divisional Excellence Award for Agencies* at the United Way's annual Spirits of Gold gala. This is a recognition we hold dear and it speaks volumes to the engagement of our tight-knit community.

White-Faced Ibis an Unusual Visitor

Article by J.G. Turner

The White-Faced Ibis is a medium sized, dark wading bird, with long dark legs and a long, downward curving bill. Its plumage is dark chestnut in colour, with a purple and green glossy look during the breeding season. Breeding adults have a bare pinkish face in front of the eyes, bordered with white feathers and red eyes. In the non-breeding season, the White-Faced Ibis appears as a much more drab brown bird with dark wings.

Fun Facts:
- This South American native that had its first confirmed sighting in southeast Alberta in 1974.
  - Most of its kind lives in the United States, Central America and the southern half of South America. For the winter this unusual visitor migrates to find warmth in the southern United States.
  - The conditions found in that corner of the province were sufficient to attract a small but consistent number of breeding pairs. This bird is considered to be an isolated breeder in the province, separated from other populations, which are breeding further south on the continent.
- This bird's sickle shaped bill is ideal for foraging for its favourite foods. It pokes its bill down into water and mud to find insects, leeches, snails and earthworms, and also fish, crayfish, newts and frogs.
- The White-Faced Ibis chooses to nest in marshy areas where there is dense vegetation such as reeds, cattails and bulrushes and builds its nest from the stalks of these plants.
- The White-Faced Ibis lays a clutch of 3 or 4 green-blue eggs.
- The White-Faced Ibis will live about nine years.

White-Faced Ibis populations have shown modest growth in some areas of North America over the years. However, they face many threats from human activities: from being hunted to habitat destruction. As the White-Faced Ibis is reliant on wetlands and marshes for both feeding and nesting, changes to wetlands, such as those caused by pollution or draining to increase farmland acreage, can have a very harmful impact on their survival.

If you find an injured or orphaned wild bird or animal in distress, please contact the Calgary Wildlife Rehabilitation Society hotline at 403-239-2488, for tips, instructions and advice, or look at the website at www.calgarywildlife.org for more information.

BRAIN GAMES

SUDOKU

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5	8						6	4
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FIND SOLUTION ON PAGE 25

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Friday	*7:00 am - 2:00 pm*
Saturday	*9:00 am - 4:00 pm*

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READY TO INCREASE YOUR CURB APPEAL?

Whether you need a border between your grass and existing garden or thinking of creating a new garden Kilbco can help. With a variety of colors, stamps and profiles, steel cable enforced landscape curbing is a cost effective and practical solution to residential and commercial properties. It will beautify your landscape and add value to your property.

It will not rust, rot or shift, and there are no seams for weeds to grow through.

Kilbco has poured over 100,000 linear feet of curbing in the past 9 years.

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Silverado Real Estate Update

Last 12 Months Silverado MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price
February 2017	$469,700	$457,500
January 2017	$522,450	$512,450
December 2016	$499,900	$483,750
November 2016	$414,900	$403,950
October 2016	$415,450	$408,000
September 2016	$434,450	$425,000
August 2016	$436,200	$426,000
July 2016	$377,450	$367,500
June 2016	$490,000	$494,000
May 2016	$406,600	$397,250
April 2016	$439,900	$435,000
March 2016	$469,000	$453,000

Last 12 Months Silverado MLS Real Estate Number of Listings Update

	No. New Properties	No. Properties Sold
February 2017	10	6
January 2017	6	6
December 2016	8	4
November 2016	4	6
October 2016	9	8
September 2016	13	6
August 2016	11	6
July 2016	8	4
June 2016	12	11
May 2016	17	10
April 2016	11	13
March 2016	12	9

To view more detailed information that comprise the above MLS averages please visit **silverado.great-news.ca**

calgary reads *Writings on Reading*

April is National Poetry Month . . . share poems and rhymes as a family!

Hearing poems and rhymes from their earliest days helps children develop really critical pre-reading and communication skills. Keep reading and orally sharing nursery rhymes and poetry aloud together; it helps your child read better . . . and learn to love reading! Here is one of our favourite poems that we love to share:

Keep a Poem in Your Pocket
by Beatrice Schenk de Regniers

Keep a poem in your pocket
And a picture in your head
And you'll never feel lonely
At night when you're in bed.

The little poem will sing to you
The little picture bring to you
A dozen dreams to dance to you
At night when you're in bed.

So-
Keep a picture in your pocket
And a poem in your head
And you'll never feel lonely
At night when you're in bed.

Tips for sharing poetry with your child

- Start a tradition of reading a poem before bed every night
- Play a game of finding words that rhyme
- Younger children enjoy 'sing-song' poems with a strong rhythm like nursery rhymes
- Older children can enjoy an anthology (a book with a whole bunch of different poems and authors)
- Talk with your child about what you both feel and think about the poems you share together

Children's poetry book gems

- A Treasury of Mother Goose Nursery Rhymes, by Linda Yeatman
- Revolting Rhymes, by Roald Dahl
- When We Were Very Young, by A. A. Milne
- Falling Up, by Shel Silverstein
- The Llama Who Had No Pajama, by Mary Ann Hoberma
- The Random House Book of Poetry for Children, compiled by Jack Prelutsky

Calgary Reads helps children learn to read with confidence and joy. Help further our work by supporting our annual fundraiser, the ***CBC Calgary Reads Big Book Sale*** *happening* ***May 12-14, 2017 at the Calgary Curling Club****. Please consider holding a book drive with your community organization, family or friends to collect and donate used books. We start accepting books Monday April 17 to Friday April 28 at the Calgary Food Bank and Tuesday May 2 to Sunday May 7 at the Calgary Curling Club. For full details of where and when and what we can accept, visit: calgaryreads.com.*

TRIVIA

Minerals
A diamond will not dissolve in acid. The only thing that can destroy it is intense heat.

STEP INTO SPRING

UNIVERSITY OF CALGARY

Recruitment ends April 21, 2017

Are you thinking of becoming more active?
The University of Calgary is recruiting volunteers for a 12-week physical activity study.

To participate you must be:
-18 years of age or older
-Exercising less than 3 days per week
-Have internet access

You will be asked to wear a pedometer for 3 months, log your activity onto a website, and complete 3 questionnaires.

By completing the 3 questionnaires you will receive:
-A pedometer ($25 value)
-$10 gift card
-Prize draw entry for $1000 gift card

To participate contact Research Coordinator:
perryr@ucalgary.ca

Ethics ID: REB15-2944
This study has been approved by the University of Calgary Conjoint Health Research Ethics Board.

Pets and Parasites in 2017

Internal and external parasites can infect our pets in Calgary, but traditionally because of Calgary's elevation, dry climate, and extreme winters the risks of infection were low. This is changing with our changing weather; Calgary had incredibly mild winters in 2014-15 and 2015-16, and we've had some uncharacteristically wet summers. It's time to review your pet's annual anti-parasitic regime. The absolute minimum recommended by veterinary professional associations is an annual fecal examination, but this is adequate only for a strictly indoor pet. It is also imperative you examine your pet's lifestyle and travel plans to determine his or her individual needs. Remember recommendations last year may not be the same this year and a few of the parasites invading our region can have devastating consequences to your pet's human.

As far as external parasites go fleas are a rarity in Calgary appearing mostly on pets travelling here from other regions, but the number of cases of lice and ticks is increasing. Ticks are usually seen April to October in Alberta, but studies reveal ticks can become active seeking a host at 4 degrees centigrade. All ticks received by veterinarians are submitted to Alberta Tick Surveillance project to determine species and if they are carrying secondary diseases, such as Lyme disease. Lyme disease is carried by the black-legged tick. That tick is rare in Alberta but may be carried in by a migratory bird. I recently saw a tick carrying Lyme disease on a dog that had travelled out of province. Dogs running through fields and around water bodies are most at risk. Dogs rarely become clinically ill if the Lyme disease or Borrelia burgdorferia pathogen is in the tick; but if the tick moves onto a human host, Lyme disease can be life-altering to the person acquiring it. Lyme disease is considered endemic to parts of B.C. and east of Winnipeg. Previously our clinic recommended tick and louse protection if lifestyle and travel dictated it. We now recommend preventative products for external parasites for all dogs and cats that go outdoors starting in March.

Heartworm disease is not yet in mosquito populations in Alberta, but provincial and national bodies monitor the situation to keep veterinarians informed. As with tick and louse prevention, monthly protection is easier than finding out what areas have the parasite if you travel with your pet. All outdoor pets should be routinely protected against internal parasites now. Veterinary clinics see roundworm, tapeworm, and hookworm on a regular basis in their patients. Every annual examination of your pet should include a discussion of the risk level of your pet.

West Nile Virus is in Alberta mosquito populations but dogs and cats do not tend to become clinically ill. This disease affects birds, horses and people. Use repellents during mosquito season.

A type of microscopic tapeworm known as Echinococcus multilocularis has invaded the coyote populations around Edmonton and Calgary and in Nose Hill Park. The lifecycle of this tapeworm carries it between the wild carnivores, such as fox and coyotes, and the rodent populations. If a dog or cat picked up this parasite from a rodent they ingested, they may show no symptoms. A person inadvertently contracting this parasite from a pet is an atypical host and the alveolar form of infection in humans which can be difficult to diagnose and serious. Calgary has seen a case of a dog that frequented Nose Hill Park that ate the feces of coyotes. This dog developed a massive life-threatening hydatid cyst on its liver from the tapeworm. The mass on the liver cannot be differentiated from a liver tumor without advanced diagnostics. Regularly deworm any pet known to catch rodents or eat the feces of other canids. Praziquantel is the most effective and not in most of the preventative products give routinely to pets.

We have become a population of people and pets that travel and move all over this continent and world. Contact your veterinarian for advice about the parasites that can infect your pets, and initiate prophylactic prevention as required. Also, be conscious of the changing weather in our own backyard increases our risk as we invite our furry family members onto the couch, into the kitchen, and onto our beds. Prevention is easy but treatment is often not as simple. Also, make sure your vet knows if you have both dogs and cats, some dog products are toxic to cats.

Jennifer L. Scott B.Sc., D.V.M.

YOUR COMMUNITY/CITY EVENTS AT A GLANCE...

MAY MAY MAY MAY

May 6 – 7, IFK Kickstart Garage Builder's Motorcycle Show - Christine Klassen Gallery
An annual showcase of garage-built motorcycles from across Alberta, most small in budget but all big in creativity. Join us from May 6-7 from 11am to 5pm and see what we've created over the winter! More info at facebook.com/kickstartshow

May 7, The Debaters Live! – The Jack Singer Concert Hall
A fundraising event for JFSC hosted by award-winning comedian, Steve Patterson, and features two of his favourite comics, (Dave Hemstad and Kate Davis) - they perform stand-up, followed by a comedic debate. More info at artscommons.ca/WhatsOn/ShowDetails

May 12 – 13, Vintage Redefined Market – Century Casino Showroom
The new vintage market with purpose! This ain't your typical tea-time at grandma's house. An exciting venue filled with treasures sure to delight and excite men and women alike! Over 80+ vendors featuring: True vintage, Collectibles, Re-purposed, Reclaimed, Oil & Gas, Records, Jewelry, Video Games, Antiques, Comics & more! More info at facebook.com/Vintage.Redefined.Market

May 13 – June 11, The Drowning Girls – Vertigo Theatre
The Drowning Girls is a lyrical exploration of a trio of murdered wives who gather evidence against their murderous husband by reliving the shocking events leading up to their deaths. One Yellow Rabbit Co-Founders Blake Brooker and Denise Clarke lead an incredible creative team in bringing this macabre fantasia to the Vertigo stage. More info at vertigotheatre.com

May 19, Raiders of the Lost Ark: Original Film with Orchestra – Jubilee Auditorium
The film that gave the world one of its greatest movie heroes, Indiana Jones, is back and better than ever before! Relive the magic on the big screen with the original great adventure, Raiders of the Lost Ark with John Williams' epic score performed live alongside the film by the Calgary Philharmonic Orchestra. More info at calgaryphil.com

May 26, Nose Creek Players Presents: Anne of Green Gables – The Bert Church Theatre
Your community theatre company, Nose Creek Players, is proud to present Lucy Maud Montgomery's iconic tale of Ann Shirley. This beloved Canadian yarn tells the story of an imaginative red-haired girl searching for a place to belong; for her kindred spirit. More info at airdrie.ca

MAY 5 – 6
CALGARY INTERNATIONAL BEERFEST – BMO CENTRE, STAMPEDE GROUNDS

For the seasoned brew lover and budding beer enthusiast alike, Beerfest appears to have it all. Over 500 brews of all shades and compositions, contests, take part in beer seminars, vote for the People's Choice awards, meet new people, sample delicious foods, enjoy the atmosphere and entertainment, and most importantly have a great time! More info at albertabeerfestivals.com

MAY 13, YOUTH SINGERS OF CALGARY PRESENT: #IAMMUSIC – 1415 14 AVE NW

The Youth Singers of Calgary have a long, proud history as ambassadors of true Canadian spirit and as a voice for Canadian youth through singing, dancing and acting. To celebrate Canada's 150th Birthday we have asked the question 'what does it mean to be a young, Canadian artist in this digital age?' On May 13th we raise our collective voices to answer that question. #IAmCanadian #IAmConnected #IAmMusic More info at youthsingers.org

MAY 24 – 27, CALGARY INTERNATIONAL CHILDREN'S FESTIVAL – ART COMMONS AND OLYMPIC PLAZA

Open the door to your imagination! The Calgary International Children's Festival (Kidsfest) celebrates its 31st anniversary this season. From its humble beginning in 1987, Kidsfest has grown to become one of the most prominent arts festivals of its kind in Canada and the largest presenter of performing arts for young people in Calgary. More info at calgarykidsfest.ca

Silverado mybabysitterlist

Name	Age	Contact	Course
Eric	12	587-432-7888	Yes
Paige	13	587-226-8748	Yes
Morgan	14	403-651-0370	Yes
Emelia	15	403-870-9738	Yes
Jordan	15	780-215-7558	Yes
Gracie	16	403-807-6893	Yes
Daria	17	403-850-3380	Yes
Faith	18	587-892-2101	Yes
Sara	19	403-700-8675	No
Daniela	33	403-397-5277	Yes
Jay	35	403-890-9789	No
Shannon	40	403-931-3232	Yes

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Enroll free at mybabysitter.ca and choose the Calgary communities you would like to babysit in.

Calling All PARENTS
Visit mybabysitter.ca and find available babysitters in and around your community.

Disclaimer: *We recommend for your own peace of mind that references be checked when choosing your babysitter. This babysitter list is provided as a service to the community and is governed by the terms & conditions outlined at mybabysitter.ca.*

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Calgary

SPRING YARD WASTE LANDFILL DROP-OFF

Between April 7 and May 28, bring your yard waste to any City of Calgary landfill for **free** composting.

Before you leave for the landfill:

- ☑ Your yard waste should be in a paper yard waste bag or left loose. Please cover and secure loads of loose material before transporting.
- ☑ Make sure your load only contains yard waste like **leaves, branches and plants**. No sod – it is not accepted in this program.
- ☑ This program is for residential customers only. Fees will apply if your load contains other items.

For more information visit **calgary.ca/yardwaste**

MX419710

REAL ESTATE COUNCIL OF ALBERTA

Ask Charles

I just spent $50,000 to finish my basement with high-end finishings. Now, I'm listing my house for sale, and my real estate representative says she can't include the basement square footage in the total size. Why not?

You developed your basement and it's beautiful. You're sure any potential buyer would agree that it looks great, and is definitely livable space. But, your real estate professional is correct, the square footage of your basement cannot be included in the size of your home for listing purposes.

In Alberta, real estate professionals are required to follow the Residential Measurement Standard (RMS) when listing a residential property for sale. The RMS contains nine principles that enable real estate professionals, as well as buyers and sellers, to determine and compare the size of residential properties. The RMS sets out the specific parts of a residential property that can be included in its size for listing purposes.

Above grade levels are the levels of a residence that are entirely above grade. Below grade levels are the floor levels of a residence that are partly or fully below grade. If any portion of a level is below grade, the entire level is considered below grade. Below grade spaces include lower levels and basements. The RMS size of a property is, essentially, the sum of its above grade levels. Below grade levels are not included in the RMS area.

Without the RMS in place, there would be little consistency in how real estate professionals, and their sellers, measure and describe their property. Some may want to include their basement (unfinished or not), some may include an enclosed sunroom, while others may include the space created by a bow or bay window.

The RMS provides a consistent means of measuring, and describing, residential property size in Alberta.

Sellers, and their real estate representatives, are welcome to include additional measurement information in their listings, but the primary size listed in the listing must be the size according to the RMS.

Sellers need to remember that size isn't the only factor that will affect a property's list or selling price. Other factors include location, condition, quality of finishing, layout, and even type of ownership. You may not be able to include the square footage of your basement in the total square footage of your home, but the features of your home will set it apart from other properties. Size matters, but it's not the only thing that matters.

"Ask Charles" is a monthly question and answer column by Charles Stevenson, Director of Professional Standards with the Real Estate Council of Alberta (RECA), www.reca.ca. RECA is the independent, non-government agency responsible for the regulation of Alberta's real estate industry. We license, govern, and set the standards of practice for all real estate, mortgage brokerage, and real estate appraisal professionals in Alberta. To submit a question, email askcharles@reca.ca.

COMMUNITY ANNOUNCEMENTS

Deadline – 1st of each month for the next month's publication
Contact news@great-news.ca

- ✦ Free announcements: lost/found, household items for sale, wanted, garage sale, student/senior services, etc.
- ✦ Forty word limit

FLC SENIORS CLUB – TAI CHI 55+: Study of the 105 Movement Yang Style. Our Spring Session starts April 6th, with Thursday morning classes held at the Trico Centre. For further information please call Juliette at 403-225-1593 or Christel at 403-271-1289, or email taichi@flcseniors.ca. www.flcseniors.ca

VOLUNTEERS NEEDED: The Calgary Performing Arts Festival seeks volunteers for the 2017 Festival, April 18 to May 6 at Mount Royal University. Positions are available mornings, afternoons, evenings and Saturdays. For more information contact Holly at 403-283-6009 or volunteer@cpafestival.ca.

Councillor, Ward 14
Peter Demong
www.calgary.ca/ward14
eaward14@calgary.ca or
403-268-1653

Hello people of Ward 14!

Last month I did a bit of a primer for the new season. Since we are now entering the first full month of spring, I want everyone to remember a couple of seasonal tidbits that I wrote about in March.

Street sweeping, civic census, & voter registration are all online

You can still find all of the information that you need—including the latest information on when to move your vehicle—at calgary.ca/sweep. You should also have received your access code for the online civic census and voter registration by mail in March. All of these things are very important, and all of them are now available online (which saves taxpayers money).

Ward 14 Traffic Safety Meeting (another reminder from last month)

Traffic Safety is constantly one of the most popular topics in Ward 14. Anyone who is concerned with traffic safety (especially those who are Star Wars fans) will be happy to hear that they can join the Calgary Police Service, and the City's transportation department on *May the 4th* to discuss the topic. I will also *be with you*. Join us from 5:30 p.m. to 8 p.m. at the Mid-Sun Community Centre.

Roadway Activity Map

I really like maps. Those close to me know this very well. I like them because they teach me all sorts of new things, and because they are incredibly useful. That is why I am happy to share the newest addition to the City of Calgary's collection of online maps: the Roadway Activity Map.

The map combines a number of data sources to provide real-time information on both planned and active road construction work projects. It includes both short term, and long term projects like construction paving, sidewalk closures, and microsurfacing, as well as special event closures like parades and festivals.

You can find the map at maps.calgary.ca/roadwayactivities, or find the entire City of Calgary Map collection by clicking 'maps' on calgary.ca.

Should Calgary Bid on the 2026 Winter Olympics

The topic of bidding on the 2026 Winter Olympics is going to be one that is discussed for months to come, if not years. The decision making process will begin with a thorough investigation of how the Olympic bid will impact Calgary.

There are many factors to consider in the decision to bid, and the website shouldcalgarybid.com contains lots of information. Our investigation will also include learning what Calgarians think about the bid. The website that I mentioned also contains a survey. If you want to take the survey do it soon. I am not sure how long it will be available.

April Counciltalk

This month Counciltalk will be in the main gym at the Deer Run Community Centre (2223 146 Avenue S.W.) from 1 p.m. to 3 p.m. (please note the later than usual start time). There are only three more opportunities (including April) to hold Counciltalk before the summer, so please make sure you get out to one. The other dates and times for Counciltalk are posted on calgary.ca/counciltalk, or you can get reminders by signing up at calgary.ca/ward14connect. Tell your friends to join too. The more, the merrier!

Thanks for reading, and don't hesitate to contact me anytime!

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BUSINESS CLASSIFIEDS

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BIG ROCK SINGERS SHOW: On Saturday May 6th "Be Our Guest"! Hundreds of costumes…brilliant lights….. the music….the magic….a show for all ages! See and hear your most beloved movie characters live on stage: Beauty and the Beast, The Little Mermaid, The Lion King, Aladdin, Mary Poppins. Tickets www.bigrocksingers.com (Discount code: SC2017)

HOME BUSINESS OPPORTUNITY: Clinicair is the leading provider of Indoor Air Quality and Medical Grade Duct Cleaning services in Canada. We are looking for a dealer in Calgary to represent our growing company. We offer a royalty free business. Clinicair supplies you with the latest technology, and training. Call Craig: 1-416-277-6067.

NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

YARD BUSTERS LANDSCAPING: Weekly lawn mowing $36, power-rake $120, aeration $70. Some conditions. Landscape construction and yard renovation: stone patios, walks, raised beds and rock walls, custom decks and fences, painting and staining, sod and trees and shrubs, landscape lighting, water features, and window and gutter cleaning. Licensed. Insured. Seniors' discount. Phone: 403-265-4769. yardbusterslandscaping.com.

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K2 BOOKKEEPING: Are you too busy to keep up with your bookkeeping? Experienced bookkeeper now accepting new clients. Specializing in small to medium sized business. Twelve years of experience with QuickBooks and Simply Accounting, GST, Payroll, WCB Filing, T4 Filing, and competitive rates. Phone Katie 403-870-0737.

ROCK'IN LANDSCAPES: Offers landscape construction services such as delivery of any materials (loam, gravel, rock, etc.). Bobcat services (grading, post holes, parking pads, etc.). Landscape construction (tree/shrub planting, patios, rock walls, etc.). 25+ years' experience, informative, reliable. Call Ken 403-259-5226.

TOP TURF: Lawn care, yard clean up, pressure washing. - Call 587-438-0036.

BRAIN GAMES SUDOKU

2	3	5	8	4	7	6	9	1
6	4	9	2	3	1	5	7	8
1	7	8	6	5	9	3	4	2
4	2	3	5	1	6	7	8	9
5	8	7	3	9	2	1	6	4
9	1	6	7	8	4	2	3	5
7	5	4	9	2	3	8	1	6
8	6	1	4	7	5	9	2	3
3	9	2	1	6	8	4	5	7

MLA, Calgary-South East
Rick Fraser
Suite 202, Building D
5126 126 Av SE
Calgary, AB T2Z 0H2
(403) 215-8930
Calgary.southeast@assembly.ab.ca

When I was elected the biggest concern of Calgary-South East Constituency residents was lack of schools. I heard your concerns and worked hard to bring 13 new schools to our constituency.

I've been so fortunate to attend openings for several of them recently, with more to follow.

Calgary Board of Education:
New Brighton School (Grades K-4) New Brighton OPEN
Copperfield School (Grades K-4) Copperfield OPEN
Auburn Bay School (Grades K-4) Auburn Bay OPEN
George Stanley School (Grades 4-8 year one, and 4-9 year two) Cranston OPEN
Dr. Martha Cohen (Grades 5-8 year one, and 5-9 year two) Copperfield/New Brighton OPEN
Ron Southern School (K-4) *Anticipated opening September 2017* Silverado
South East High School Grades 10-12) *Anticipated opening September 2018* Seton

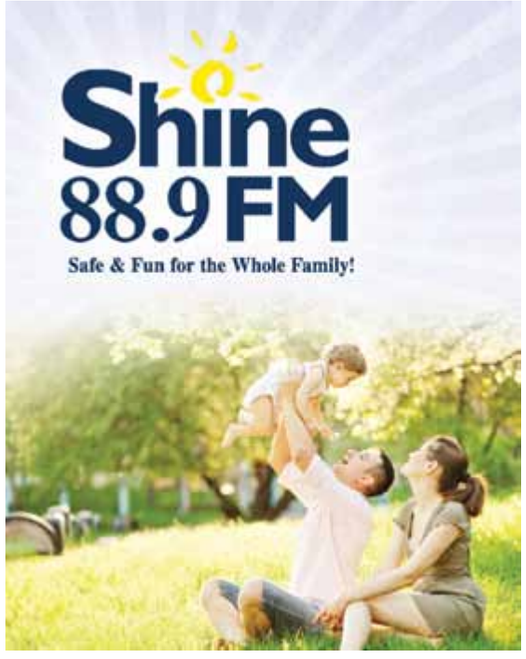
Calgary Catholic School District:
St. Marguerite School (Grades K-6) New Brighton OPEN
Prince of Peace School (Grades K-9) Auburn Bay OPEN
Our Lady of the Rosary School (Grades K-6) Cranston OPEN
Mahogany School (Grades K-6) *Anticipated opening Fall 2018*
Silverado School (Grades K-9) *Anticipated opening Fall 2017*
Legacy High School (Grades 10-12) *Anticipated opening Fall 2018*

Congratulations
Congratulations to the residents at **Auburn Heights Retirement Residence** who competed in the All Seniors Games. What an impressive group, including Florence Slavinski, who turned 102 on the day of the closing ceremonies.

Some students at **Strathcona-Tweedsmuir School** recently learned about vulnerable groups of people in the Calgary area and became experts on their particular group. They contacted local government officials to raise awareness, visited the group and became advocates for them. This impressive group presented to the Calgary Foundation to convince them to continue to fund these organizations. At the end they held an assembly to celebrate student learning, which I was able to attend. What an amazing group of future leaders.

Did you know?
- Our office presents congratulatory scrolls for anniversaries and birthdays. Birthday scrolls are available to constituents celebrating their 65+ birthday, in five-year intervals. Anniversary scrolls are available to constituents celebrating their 25+ anniversary, in five-year intervals.
- I will visit your child's school and speak about the role of an MLA, government, and answer students questions.
- Our office provides free notary service to constituents. Please call to book an appointment.
- I am available to attend constituency events. Please contact my office to schedule.

If you have any questions, concerns or are in need of assistance, please contact my office at (403) 215-8930 or calgary.southeast@assembly.ab.ca I also post regular updates on my Facebook page @RickFraserYYCSE



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