

APRIL 2016

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## Calling All Neighbours!



To have your Family profiled (Story and Professional Pictures) in the next edition of this Community Newsletter, please send us an email to [SB@great-news.ca](mailto:SB@great-news.ca)

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Our website: [www.aboutpainting.ca](http://www.aboutpainting.ca)

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"An effective health and safety management system can help prevent losses, reduce costs and provide evidence of due diligence."

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**403.668.6402**

A Safety Management System (SMS) is all about managing the safety interaction you have with your workers. It's an overall strategy to help you communicate information on hazards and best practices in your workplace so you can develop a stronger, lasting culture of safety within all stakeholders in your organization.



## Somerset & Bridlewood Community Association

Box 69056, RPO Bridlewood SW

Calgary, Alberta

T2Y 4T9

[info@mysbca.ca](mailto:info@mysbca.ca) | [www.mysbca.ca](http://www.mysbca.ca)

## Elected Officials



**Councillor Diane Colley-Urquhart**  
**Ward 13 Office**

P.O. Box 2100, Station M  
Calgary, AB, Canada T2P 2M5  
Phone: 403-268-1624  
Fax: 403-268-8091  
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Web: [www.calgary.ca/ward13](http://www.calgary.ca/ward13)



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**Calgary-Lougheed**

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Phone: (403) 238-1212  
Fax: (403) 251-5453  
Email: [calgary.lougheed@assembly.ab.ca](mailto:calgary.lougheed@assembly.ab.ca)



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**Calgary-Shaw**

#328, 22 Midlake Blvd SE  
Calgary, AB  
Canada T2X 2X7  
Phone: (403) 256-8969  
Fax: (403) 256-8970  
Email: [calgary.shaw@assembly.ab.ca](mailto:calgary.shaw@assembly.ab.ca)

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GREAT NEWS PUBLISHING HAS BEEN PROUDLY SERVING SOMERSET & BRIDLEWOOD FOR 17 YEARS!



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# When was your last PAP test?

- Our women's clinic provides a safe informative environment for your routine PAP tests and breast exams. Female physicians only.
- Patients may also self-refer for early prenatal care.
- STI testing, contraception, HPV counselling.
- Evening and Saturday appointments available.

Call (403) 254-2030 to book an appointment.  
Visit our website at [www.thesundanceclinic.com](http://www.thesundanceclinic.com)

## The Sundance Clinic

FAMILY PRACTICE - SPECIALTY CLINICS - BABY CLINIC - SOUTH CALGARY PAP CLINIC

South Calgary Health Centre Building  
31 Sunpark Plaza SE Calgary T2X 3W5

## South West Communities Resource Centre

Located in the Professional Wing of the  
Oakridge Co-Op Mall

#42 2580 Southland Drive SW, T2V 4J8

Phone: 403-238-9222 • Email: [info@swcrc.ca](mailto:info@swcrc.ca) • [www.swcrc.ca](http://www.swcrc.ca)



South West Communities  
Resource Centre

### POSITIVE DISCIPLINE IN EVERYDAY PARENTING - REGISTER NOW

**Tuesday mornings, 10:00 am – 12:00 pm for 8 weeks, April 12 – May 31, 2016. Program offered free of charge and includes program materials, child minding, coffee, and snacks.**

Children have the right to protection from physical punishment and to positive discipline that respects their dignity. In this wonderfully affirming program, parents of children 0 – 18 years will learn the four principles of positive discipline: setting goals; creating a positive home climate; understanding how children think and feel; and problem solving in challenging situations. Parents will practice their skills in hands-on exercises and learn to apply these principles across a wide range of situations. The result will be a positive relationship with your child that will last a lifetime.

To register, please call Marylou Breig at 403-238-9222 ext. 225 or Aynsley Walsh at 403-238-9222 ext. 224.

### PARENT TALK - REGISTER NOW

**Thursday mornings, 10:00 – 11:30, April 14 to June 16 2016. Free child-minding, coffee, and snacks. Parenting tip sheets and children's books to take home.**

This free program is open to all parents of babies and young children.

- Enjoy the company and support of other parents
- Give your children some supervised play time
- Get your parenting questions answered with the help of facilitators from the Further Education Society
- Help your young children learn and develop their potential

You can register and start the program anytime over the 11 weeks of the session. Attend as many weeks as you can. To register, call the SWCRC at 403-238-9222.

### NEIGHBOURS HELPING NEIGHBOURS

Calgary's economic downturn is hitting people hard. The baby and personal care items we have in stock are dwindling rapidly. We are in need of the following to share: newborn and sizes 1 to 6 diapers and pull-ups; shampoo, men's razors, men's shaving cream.



We hope you enjoy receiving the Newsletter of Somerset residents association. This newsletter is one of the many community-focused activities of the SRA along with our newly revamped website. Make sure you stop by the website [www. Somersetwaterpark.org](http://www.Somersetwaterpark.org).

### QUESTIONS OR COMMENTS?

We welcome all resident ideas, compliments, questions and queries, and please notify the SRA of any safety concerns immediately.

### VANDALISM

Continues to happen, if you witness park vandalism call (CPS) police immediately (403-266-1234).

### ANNUAL INVOICE

Are you yet to pay your annual dues! Please let the SRA know if there are special circumstances preventing payment (see below).

Have a question that is not park related? Visit the 'Somerset / Bridlewood Community Association' website: [www.somersetbridlewood.ca](http://www.somersetbridlewood.ca).

### Contact information:

SOMERSET RESIDENTS ASSOCIATION  
Phone: 403-807-8736 Email: [somersetresidents@shaw.ca](mailto:somersetresidents@shaw.ca); Website: [www.somersetwaterpark.org](http://www.somersetwaterpark.org).

news@great-news.ca  
**Editorial  
Content  
DEADLINE**  
**1<sup>st</sup>**  
of each month  
for the next  
month's  
issue



**PURCHASE 6 SCONES AND RECEIVE A COMPLIMENTARY WHITE OR WHOLE WHEAT LOAF**



### SHAWNESSY

70 Shawville Blvd SE, Calgary  
(587) 353-6517

### CENTENNIAL VILLAGE

31 Southridge Drive, Okotoks  
(403) 995-6517

*Exchange this ad to receive offer • Valid only at COBS Shawnessy and COBS Centennial Village from March 31, 2016 to May 4, 2016 • No cash value Not valid with any other offer • One offer per visit • While quantities last*

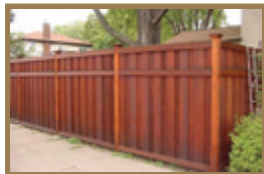


CUSTOMER SATISFACTION GUARANTEED

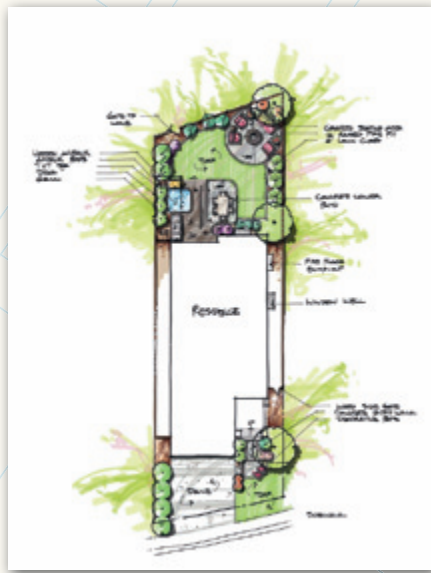


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## IN & AROUND CALGARY



### The scoop on dog poop

With 150 public off-leash areas and over 100,000 dogs in our city, it's clear Calgarians love their canine companions. What isn't to love is the stinky situation that's left behind when owners don't pick up after their pets.

Cleaning up your dog's waste is part of being a responsible pet owner and helps keep our yards, parks and off-leash areas safe and healthy.

Here are five facts you may not know about doggy doo-doo:

1. It's classified as a hazardous pollutant. It's in the same category as toxic chemicals!
2. It's crawling with E. coli and roundworm larvae which, if ingested by humans or dogs, can lead to brain, eye, and other organ damage.
3. It's not a good fertilizer. Its high nutrient content is toxic to lawns and will create "hot spots" causing the grass to burn and discolour.
4. It doesn't absorb into the soil, so the risk of spreading its harmful effects can linger for years!
5. It attracts mice, coyotes and other wildlife that consider it a delicious snack.

Keeping our city pet-waste free is easy, if we all do our part. Always carry pet waste bags with you when you walk your dog, and pick up and properly dispose of your pet's waste as soon as possible.

To learn more about the importance of picking up after your pet, check out our P.U.P.P.Y. (Pick Up Pooch's Poo Yourself) program at [calgary.ca/puppy](http://calgary.ca/puppy).

## ACADEMY DENTURE CLINIC

[www.academydenture.com](http://www.academydenture.com)

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802 STAIRS**



**OR RACE 1KM & CLIMB  
802 STAIRS**

IN SUPPORT OF



**APRIL 23, 2016**

[www.ClimbForWilderness.ca](http://www.ClimbForWilderness.ca)



# Our Pets And UNWANTED Passengers

Parasites, both external and internal, are present in Calgary, but traditionally because of Calgary's elevation, dry climate, and extreme winters the risks of infection were low. This may be changing with our changing weather; Calgary never hit minus 30 degrees winter 2014-2015, we are still waiting for winter this year, and we've had two wet summers. Review your pet's annual anti-parasitic regime. The absolute minimum recommended by veterinary professional associations is an annual fecal examination, but this is now inadequate for all but a strictly indoor pet. It is also imperative you examine your pet's lifestyle and travel plans to determine his or her individual needs.

As far as external parasites go we haven't seen fleas in Calgary except on pets travelling in or through, but this summer the number of cases of lice and ticks is expected to dramatically increase. Ticks are usually seen April to October in Alberta but studies reveal ticks can become active seeking a host at 4 degrees centigrade. All ticks received by veterinarians are submitted to Alberta Tick Surveillance project to determine species and if they are carrying secondary diseases, such as Lyme disease. Lyme disease is carried by the black-legged tick. That tick is rare in Alberta but may be carried in by a migratory bird. Dogs rarely become clinically ill if the Lyme disease or Borrelia burgdorferia pathogen is in the tick; but if the tick moves onto a human host, people get very ill. Lyme disease is considered endemic to parts of B.C. and east of Winnipeg. Previously our clinic recommended tick and louse protection if lifestyle and travel dictated it. This year we recommend prophylactic anti-parasitic medications for all dogs and cats that go outdoors.

Heartworm disease is not in mosquito populations in Alberta, but provincial and national bodies monitor the situation to keep veterinarians members informed. As with tick and louse prevention, monthly protection is easier than finding out what areas have the parasite.

West Nile Virus is in Alberta mosquito populations but dogs and cats do not tend to become clinically ill. This disease affects birds, horses, and people. Use repellents during mosquito season.

A type of microscopic tapeworm known as Echinococcus multilocularis has recently been identified in the coyote populations around Edmonton and Calgary and in Nose Hill Park. The lifecycle of this tapeworm carries it between the wild carnivores, such as fox and coyotes, and the rodent populations. If a dog or cat picked up this parasite from a rodent they ingested, they may show no symptoms. A person contracting this parasite from a pet is an atypical host and the alveolar form of tapeworm infection in humans can be devastating. Regularly deworm any pet known to catch rodents.

We have become a population of people and pets that travel and move all over this continent and world. Contact your veterinarian for advice about the parasites that can infect your pets, and initiate prophylactic prevention as required. Also be conscious of the changing weather in our own backyard increasing our risk as we invite our furry family members onto the couch, into the kitchen, and onto our beds. Prevention is easy but treatment is often not as simple. Also tell your vet if you have dogs and cats as some dog products are toxic to cats.

*Jennifer L. Scott, D.V.M.*

## your **COMMUNITY** business of the month

### Right Way Sod & Lawn Care Ltd.

Somerset/Bridlewood Park Community

Hello! My name is Gavin Newton, the owner of **Right Way Sod & Lawn Care Ltd.** When I was first approached to write this article, I was a little overwhelmed by the idea. Until it dawned on me what an amazing chance for self-reflection upon my journey thus far.

A long time ago, through my experiences with the landscaping industry, I realized that landscaping is what I was meant to do. I have always been very effective at completing difficult projects and tasks on schedule. All while managing my team professionally and keeping to the true sense of customer satisfaction. I have worked at various landscape companies over a span of nine years and I learned all aspects of landscaping. My journey into landscaping first began in lawn maintenance. After mastering the skills of lawn maintenance and lawn care. I then moved on to landscape construction which involves building retaining walls, paving stone pathways, pruning and so much more.

Working as a landscaper for years you began to notice a reoccurring trend. Such as the sheer lack of professionalism, knowhow and a true lack of customer care. After one long day at work, I had finally had enough and I knew I had to do something. Then it hit me, when my favourite quote popped into my head: **"If you don't build your dream, someone will hire you to build theirs"**. So with my dream in one hand and with my passion and experience for landscaping in the other, I decided to start my own sod insulation and lawn maintenance company called Right Way.

My dream is Right Way and to me Right Way means quality of workmanship and outstanding customer care. We absolutely take pride in our work and we only do the highest quality of work guaranteed. Perhaps even more important than that and my true objective for Right Way

is to provide our customers with personalized service and care. My team gets their greatest satisfaction from our ability to make our customers feel like family. Every one of my team is specially hired because of their passion for landscaping and people skills. Rest assure when you use Right Way just know if you have any landscaping problems at any point. My team has been trained to make sure that customer satisfaction is the utmost priority. At Right Way the quality of work and customer care are key. Because at Right Way we understand that without a great customer reputation and sense of community care when it comes to are work.

Right Way wouldn't be the company that it is. An example of this is the unique discounts we offer our customers. I love landscaping it is my true passion and I couldn't see myself doing anything else. That is why I promised myself that when I started Right Way, I would only settle for the job being done RIGHT. So when you are looking for landscape company, think Right Way cause **"Do you want the job done, or do you want the job done right?"**

Please visit us at [www.rightwaylawncare.com](http://www.rightwaylawncare.com).



**Right Way**  
SOD & LAWN CARE

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Or done the  
Right Way?

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SW Calgary, Alberta,  
T2Y 3A6

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[rightwaylawncare.com](http://rightwaylawncare.com)



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Friday	7:00 am - 2:00 pm
Saturday	9:00 am - 4:00 pm

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**Somerset/Bridlewood**  
**mybabysitterlist**

Name	Age	Contact	Course
Abdullah	14	587-889-4532	Yes
Alexandra	13	403-201-4971	Yes
Amber	30	587-438-4789	Yes
Andreea	13	403-202-5610	Yes
Ariana	25	403-470-8649	No
Brianne	17	403-999-6906	Yes
Erin	15	403-254-2020	Yes
Gabriel	15	587-777-4616	No
Jewelyn	37	403-926-3703	Yes
Paige	12	403-201-0247	Yes
Rochelle	16	403-700-2881	No
Shamaya	15	403-464-5443	Yes
Shay	14	587-899-3512	Yes
Sonya	20	403-389-5921	Yes
Yuliya	17	403-401-6283	No

**Calling All BABYSITTERS**  
 Enroll free at [mybabysitter.ca](http://mybabysitter.ca) and choose the Calgary communities you would like to babysit in.

**Calling All PARENTS**  
 Visit [mybabysitter.ca](http://mybabysitter.ca) and find available babysitters in and around your community.

**Disclaimer:** We recommend for your own peace of mind that references be checked when choosing your babysitter. This babysitter list is provided as a service to the community and is governed by the terms & conditions outlined at [mybabysitter.ca](http://mybabysitter.ca).

**BRAIN GAMES**

**SUDOKU**

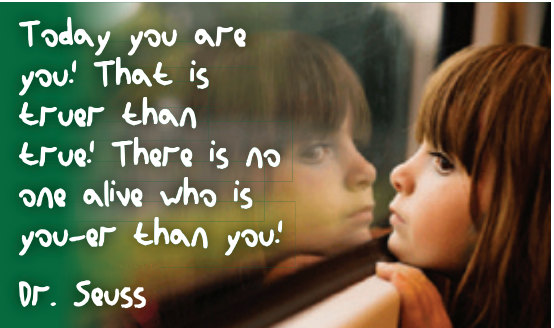
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**FIND SOLUTION ON PAGE 15**

**Mental Wellness Recovery Groups**  
*It is possible to recover and stay well*

**Depressed? Anxious?** Certified Peer Specialists guide you through a structured group program proven to help people recover from depression & anxiety. 10 weeks, 2-hrs/week. 12 person max. Funded by South Calgary Primary Care Network. No fee for adults living south of Anderson Rd.

**Call 403-616-3004 or go to [www.mentalwellnessrecovery.com](http://www.mentalwellnessrecovery.com)**



Today you are you! That is truer than true! There is no one alive who is you-er than you!

**Dr. Seuss**



According to blog writers Kelley House and Kate Norvell, both certified professional soil scientists, plant “litter” that remains after a harvest is called “residue.” Leaving the residues in place over the winter, instead of pulling them up or tilling them into the soil surface, provides numerous benefits for the soil and your garden.

- <https://www.sciencedaily.com/releases/2016/02/160215124440.htm>

***Insect Trivia***



Most knowledge about 3D vision has come from vertebrates, however, a team from Newcastle University, UK publishing in *Scientific Reports*, confirm that the praying mantis, an invertebrate, does indeed use stereopsis or 3D perception for hunting.

[www.sciencedaily.com](http://www.sciencedaily.com)



Residents of partnered communities\* pay 20% less for memberships than those who reside outside partnered communities. Phone: 403-278-7542 or see [www.tricocentre.ca](http://www.tricocentre.ca) to find out more.

### April at Trico Centre

Trico Centre for Family Wellness is a non-profit, community-owned and operated recreation facility. Our memberships are affordable and our programs are family-friendly. With a membership, you can work out in the fitness centre, take more than 70-drop-in fitness classes a week, use the gymnasium, skate, or play shinny, plus you get 20% off our fun, active registered programs.

Residents of communities partnered with Trico Centre (yours!) pay 20% less for a Trico Centre membership with presentation of a community association membership or payment of the Community Support Fee (which is sent to your community association.)

### Pool Refurbishment

After 33 years in operation, Trico Centre's Aquatics Centre is undergoing a major refurbishment. This project will address lifecycle issues, improve health and safety components. **The target reopen date is August 15,**

**2016.** Check our Spring Summer Program Guide for **membership specials** and what to do at Trico while the pool is closed. We will be hosting a pool grand opening, so watch for details.

### Spring Summer Registration

Registration for Spring Summer programs, including day camps, is now on. Programs for all ages – from tots to seniors – start in April.

### Adults

- More than 70 drop-in fitness classes every week. Free for members, drop-in fee for non-members. Many new land-based classes added during pool closure. See the Drop-In Fitness schedule at [www.tricocentre.ca](http://www.tricocentre.ca) under the Schedules tab or pick up a copy at Guest Services.
- Adult registered programs including new options: Cardio Kickboxing, Golf Conditioning, and Dance PL3Y (Dance Play.)
- Adult Wellness Workshops in April: Walking Pol Clinic (April 12, 1:30-3:30pm) and Yoga for Scoliosis (April 17, 1-3pm.)

### Older Adults

- Many of the more than 70 drop-in fitness classes every week are specifically designed for older adults: Check out Be Fit Age Well, Fit'n Fab., and our numerous yoga options. Free for members, drop-in fee for non-members. See the Drop-In Fitness schedule at [www.tricocentre.ca](http://www.tricocentre.ca) under the Schedules tab or pick up a copy at Guest Services.
- Registered programs starting in April include Balance Builders, Bone Builders, Brain Builders, and Chair Yoga.
- Drop-in Pickleball is offered several times a week. Check out the Drop-In Gym schedule (available on the website or at Guest Services.) Free for members or drop-in fee for non-members.

### Families, Children, Youth

- Lots of new registered Parent & Tot, Preschool children, and youth programs start in April.
- Check out our Summer Day Camps for ages 3 to 14 years – registration now on.
- Lots of Drop-Ins: See the Drop-In Gym schedule for drop-in gym, Drop-In Playtime, Drop-In Gymnastics, youth drop-in gym, and more. See the Drop-In Arena schedule for leisure skate, adult shinny, youth shinny, women's shinny, and stick & puck. Free for members. Fee for non-members.

Trico Centre is located at 11150 Bonaventure Drive SE. Residents of partnered communities\* pay 20% less for memberships than those who reside outside partnered communities. Phone: 403-278-7542 or see [www.tricocentre.ca](http://www.tricocentre.ca) to find out more.

## YOUR COMMUNITY/CITY EVENTS AT A GLANCE...

- **February 3 to May 29 - Herein We Dwell: Unexpected Images of Calgary in the 1890s:** A rare glimpse into the everyday life of 1890s Calgary is presented with little-seen historical images of early neighbourhoods and people. [www.lougheedhouse.com](http://www.lougheedhouse.com)
- **April 22 to June 26 - Young Frankenstein:** Young Frankenstein tells the story of Frederick Frankenstein, Victor Frankenstein's grandson, and how he inherits the family's estate in Transylvania. With the help of two sidekicks, he tries to fill his mad scientist grandfather's shoes. [www.stagewestcalgary.com](http://www.stagewestcalgary.com)
- **April 28 to May 1 - Arab Nights Film Festival:** The Calgary Arab Arts and Culture Society presents the annual Arab Nights Film Festival at Festival Hall. The organization uses a variety of film to present a positive view of Arab life and society. [www.calgaryarabartsociety.ca](http://www.calgaryarabartsociety.ca)
- **April 29 to May 5 - 2016 YYC Taco Fiesta:** The city's first YYC Taco Fiesta kicks off on April 29. It is a week-long celebration of the best tacos in the city. The inaugural food festival comes to a close on May 5 with a Cinco de Mayo bash. [www.yyctacofiesta.ca](http://www.yyctacofiesta.ca)
- **May 2 to 21 - Flora and Fawna's Field Trip:** As well as developing survival skills and creating crafts that your mom will love and put up on the fridge, the heartwarming play is all about the power of being a little bit different. [www.lunchboxtheatre.com](http://www.lunchboxtheatre.com)
- **May 6 to 8 - Jane's Walks:** Jane's Walk is a weekend festival of free neighbourhood walking tours. Register to learn about different neighbourhoods and buildings in the city from passionate volunteers, and share your knowledge of the areas, too. [www.janeswalk.org](http://www.janeswalk.org)
- **May 13 to 15 - Calgary Reads Big Book Sale:** More than 1,000,000 used books can be purchased over the three-day event. As well as a shopping event, there are also special events taking place during the three-day sale. [www.calgaryreads.com](http://www.calgaryreads.com)
- **May 26 to 29 - Ella:** This isn't the story of Cinderella that you already know and love. The local opera company takes Rossini's *La Cenerentola* and performs it with a few Calgary twists. [www.cowtownoperacompany.com](http://www.cowtownoperacompany.com)
- **May 28 - 2nd Annual Bridgeland Cultura Fest:** Spend a day exploring the neighbourhood of Bridgeland this spring. The second annual Bridgeland Cultura Festival showcases all that the neighbourhood has to offer. [www.facebook.com/Bridgeland-Cultura-Festival-520066664797700/](http://www.facebook.com/Bridgeland-Cultura-Festival-520066664797700/)

### MAY 6 AND 7 CALGARY INTERNATIONAL BEERFEST

The Calgary International Beerfest occurring May 6 and 7 at the BMO Centre and will be the largest beer festival in Western Canada! More info at [www.albertabeerfestivals.com](http://www.albertabeerfestivals.com).



### MAY 20 AND 21 E.T. FILM WITH ORCHESTRA

Experience Steven Spielberg's classic film in a new way — screened while the Calgary Philharmonic Orchestra performs John Williams' Academy Award-winning score live. [www.calgaryphil.com](http://www.calgaryphil.com)



### MAY 21 - KENT SANGSTER'S OBSESSIONS OCTET

Jazz YYC presents the Obsessions Octet. The group is a Juno Award-nominated ensemble that mixes classical tango and jazz. [www.jazzyyyc.com](http://www.jazzyyyc.com)



MAY

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**NEIGHBOURHOOD CONFLICT?** Community Mediation Calgary Society (CMCS) is a no cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! [www.communitymediation.ca](http://www.communitymediation.ca), 403-269-2707.

**YARDBUSTERSLANDSCAPING.COM:** Weekly lawn mowing \$36, power-rake \$100, aeration \$50. Some conditions. Landscape construction and yard renovation: Stone patios, walks, raised beds and rock walls, synthetic grass, sod and trees and shrubs, landscape lighting, water features and decks and fences and superhero window cleaning. Licensed. Insured. Seniors discount. Phone: 403-265-4769.

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**THE GROCERY WAGON:** Shopping and delivery service. Gain some free time, send us your list, your store and when you'd like your groceries delivered. It's that easy. Save yourself the hassle, the gas and contact me today. Perfect for busy parents and dayhomes. Contact the Grocery Wagon via Facebook [www.facebook.com/megsgrocerywagon](https://www.facebook.com/megsgrocerywagon), [info@grocerywagon.ca](mailto:info@grocerywagon.ca) or call Megan at 403-829-4558.



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5	6	7	8	9	3	4	1	2
1	2	4	6	5	7	3	8	9
3	9	8	1	2	4	5	6	7
2	4	9	3	1	5	6	7	8
7	5	3	2	6	8	1	9	4
8	1	6	4	7	9	2	3	5
6	7	1	9	4	2	8	5	3
4	3	5	7	8	1	9	2	6
9	8	2	5	3	6	7	4	1



COUNCILLOR, WARD 13  
DIANE COLLEY-URQUHART

Email: [eward13@calgary.ca](mailto:eward13@calgary.ca)  
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FB: [Facebook.com/dianecur](https://www.facebook.com/dianecur)  
Website: [CouncillorDiane.ca](http://CouncillorDiane.ca)

Fluoridation in Calgary's Water Supply

During the 2013 election, I made the commitment to meet with Alberta Health Services (AHS) officials right after being elected to determine if there was adequate research to support reintroducing flouride back into our water supply. At that time there was not, but Dr. Richard

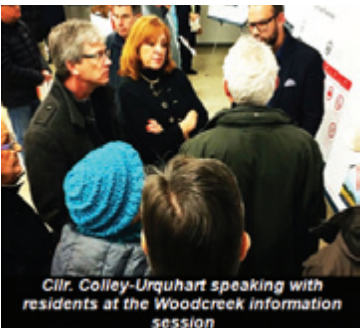


Musto, AHS Medical Officer of Health, committed to have that research done. I recently met with Dr. Musto and Dr. Bill Ghali, Scientific Director of the O'Brien Institute for Public Health, to discuss all approaches to the fluoridation issue in our city. I would like to hear from you on your views on this. I will work with Mayor Nenshi and my colleagues and see what we should bring forward to Council based on all feedback.

SW Transitway & BRT Update

The SW Transitway project team, along with Calgary Transit, distributed project information to residents on local routes directly benefiting from the SW Transitway route. In total, over 5,400 FAQ's were handed out in February 2016.

Several information sessions have been held this year, bringing many excellent ideas forward to minimize the



impact on Ward 13 communities. The most notable info session was held at the Woodcreek Community Association on February 23 with both supporters and detractors in attendance. Many constituents were

able to get the correct information and their opposition heard by project staff. Attendees were encouraged to submit their input on the SW BRT terminal designs and other finer details for the project.

All up to date information and public engagement can be found at [www.Calgary.ca/SWTransitway](http://www.Calgary.ca/SWTransitway).

Calgary Parks & Calgary Community Standards

Recently I met with Kurt Hanson (GM Community Services), to discuss what proactive measures are and can be put in place to promote safer pathways shared by all who use it. Here is his update on what his team is working on:

1. Monitoring Bylaw Offences on the pathway:

- Monitoring speeding, bikers/rollerbladers with dogs on-leash, citizens with off-leash dogs, staying on the appropriate side of path, etc
- Installation of bike speed monitoring devices in four locations along the Bow River
- Five permanent Eco Counters and two mobile counters that can be moved to problematic areas
- Parks pathways can send target area maps to Bylaw asking them to show a presence in necessary areas
- By law officers work with CPS to issue tickets and tend to pathway accidents

2. Approach to pathway widths/signage in high traffic areas:

- Minimum standard for river pathways is 3m, regional pathways is 2.5m – now increased to 3.5m and 3m, respectively
- Minimum standard width of local pathways was increased from 2m to 2.5m
- Pathways are twinned and separated where justified by volume
- Pathway stencils are used rather than adding signs

3. Pathway snow clearing approach:

- Clear as much snow as possible with allotted budget
- Track an unfunded "Snow & Ice wish list"
- Prioritization system is based on a combination of 311 data, usage data and importance of pathway link

Ward 13 Mobile Town Hall Coming Soon!

The Action Plan is The City's business plan and budget document. It was developed in 2014 for the years 2015-2018. In recognition that the Plan needs to adapt with Calgary's changing needs, we are Checking In with citizens on what their priorities are for 2017 and 2018. This June, I, along with City staff, will be out and about in Ward 13 with the Action Plan bus to hear from you and what your priorities are for this business plan and budget.

Stay tuned for more details!

IMPORTANT NUMBERS

ALL EMERGENCY CALLS	911
Alberta Adolescent Recovery Centre	403.253.5250
Alberta Health Care	403.310.0000
AHS Addictions Hotline	1.866.332.2322
ATCO Gas – 24 Hour Emergency	403.245.7222
Calgary HEALTH LINK 24/7	811
Calgary Police – Non Emergency	403.266.1234
Calgary Women's Emergency Shelter	403.234.7233
Child Abuse Hotline	1.800.387.5437
Kids Help Line	1.800.668.6868
Child Safe Canada	403.202.5900
Distress/Crisis Line	403.266.4357
ENMAX – Power Trouble	403-514-6100
Poison Centre - Alberta	1-800-332-1414
HOSPITALS / URGENT CARE	
Alberta Children's Hospital	403.955.7211
Foothills Hospital	403.944.1110
Peter Lougheed Centre	403.943.4555
Rockyview General Hospital	403.943.3000
Sheldon M. Chumir Health Centre	403.955.6200
South Calgary Urgent Care Health Centre	403.943.9300
South Health Campus	403.956.1111
OTHER	
Calgary Humane Society	403.205.4455
Calgary Parking Authority	403.537.7000
SeniorConnect	403.266.6200
Calgary Kerby Elder Abuse Line	403.705.3250
Alberta One-Call Corporation	1.800.242.3447
City of Calgary	311
Kerby Centre for the 55 plus	403-265-0661
Community Mediation Calgary Society	403.269.2707
RNR Lockworks Ltd.	403.479.6161
Road Conditions – Calgary	511
Weather Information	
Gamblers Anonymous	403.237.0654

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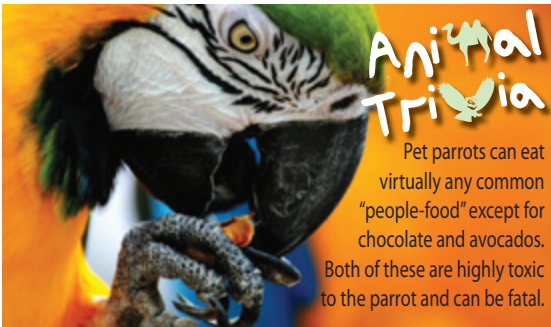
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Deadline – 1<sup>st</sup> of each month for the next month's publication

Contact [news@great-news.ca](mailto:news@great-news.ca)

- ♦ Free announcements: lost/found, household items for sale, wanted, garage sale, student/senior services, etc.
- ♦ Forty word limit

**CLOTHING GIVEAWAY:** Saturday, May 7 10:00 am – 1:00 pm at All Saints Lutheran Church, 380 Midpark Blvd. SE. Spring/summer clothing donations welcomed at the church from May 3-6, between 11:00 am – 2:00 pm. For more information call Retta at 403-201-7500.



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calgary.shaw@assembly.ab.ca

Welcome to springtime! It's been 11 months since the provincial election. Time sure does fly, doesn't it? By the time you read this newsletter the 2016 budget will have been released – the budget focus is on stabilizing the economy, supporting small business, job creation and information about the climate change strategy. Please e-mail or stop by the office with any concerns or comments.

### Business Supports

As we move through this difficult economic time it is important to recognize the work that businesses in the area do as it relates to stabilizing the economy. We are happy to help with programs like the STEP program and the job creation tax credit. If you have any questions on how to apply to these programs feel free to connect with my office.

### MLA Expense Disclosures

In the last few years MLA and legislative expense have been a hot topic.

When reviewing them you can see everything under the sun from a \$ 262.50 car cleaning to a \$0.48 parking charge. Over the next few months legislative review committees will be reviewing these expenses and I would be happy to pass on any feedback you may have about appropriate expenses. P.S. I clean my own car.

### Stampede July 8 – 17

I know that Stampede is still a long way off but I did want to let you know that my office will be hosting a Stampede B-B-Q July 9, 11:00 am – 2:00 pm. Mark your calendars. July 11, Premier Notley will be hosting her Stampede breakfast at the McDougall Centre. Both are still in the planning stages – watch for additional details available in May and June. Feel free to pass on any special event that you may be having.

### April 27 Is Administrative Professionals' Day

Administrative Professionals' Day is celebrated on April 27, 2016. Administrative Professionals' Day - also known as Secretaries Day or Admin Day - is an unofficial secular holiday observed in several countries to recognize the work of secretaries, administrative assistants, receptionists, and other administrative support professionals. Don't forget to recognize your administrative support person.

### Chat With Your MLA

E-mail feedback is always encouraged and appreciated. However nothing beats an old fashioned phone call or one-on-one conversation. If you would like to chat please arrange with my office and I would be happy to give you a call even during non-traditional working hours.

### Saturday Office Hours

We haven't worked out all of the details, but I did want to let you know that our office will be open one Saturday a month beginning in April. Give our office a call for details.

I enjoy attending community events, if you would like me to attend yours, I will do my best to be available. If you have concerns regarding community issues you can reach me through my constituency office: 403-256-8969

My office can provide Notary Public and Commissioner for Oaths services (it's a good idea to make an appointment) and provincial pins, if you need a few.

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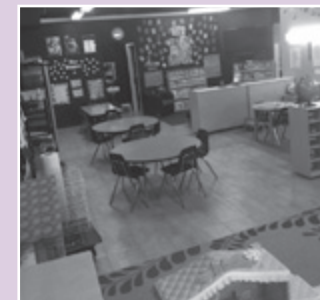
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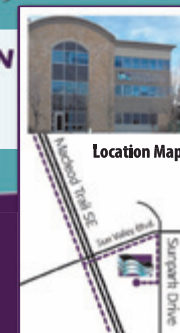
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