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CONTENTS

- 4 REAL ESTATE UPDATE
- 7 VOLUNTEER LINKS SOUTH CALGARY
- 8 MY BABYSITTER LIST
- 10 SHUTTER SCENES
- 10 CALGARY PUBLIC LIBRARY
- 11 GARDENING BY THE PHASES OF THE MOON
- 13 HUMANE SOCIETY: LOST PETS
- 14 BUSINESS CLASSIFIEDS
- 17 COUNCILLOR DIANE COLLEY-URQUHART'S REPORT
- 18 GIVING PEOPLE A VOICE IN MENTAL HEALTH RESEARCH

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Somerset/ Bridlewood

Real Estate Stats

Last 12 Months Somerset
MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price
February 2017	\$402,450	\$392,500
January 2017	\$421,250	\$415,000
December 2016	\$409,900	\$401,500
November 2016	\$412,450	\$408,750
October 2016	\$452,450	\$444,750
September 2016	\$412,450	\$402,500
August 2016	\$418,950	\$408,250
July 2016	\$452,394	\$441,000
June 2016	\$455,000	\$447,500
May 2016	\$429,900	\$421,000
April 2016	\$449,900	\$435,000
March 2016	\$450,000	\$447,000

Last 12 Months Bridlewood
MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price
February 2017	\$419,800	\$410,000
January 2017	\$409,900	\$400,000
December 2016	\$382,450	\$372,500
November 2016	\$433,500	\$423,000
October 2016	\$389,900	\$385,000
September 2016	\$429,800	\$417,500
August 2016	\$389,000	\$378,750
July 2016	\$410,000	\$398,400
June 2016	\$439,450	\$429,950
May 2016	\$411,000	\$402,500
April 2016	\$394,450	\$387,250
March 2016	\$409,900	\$407,500

To view more detailed information that comprise the above
MLS averages please visit bridlewood.great-news.ca



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is not warranted to be so.*

*Great News Publishing does not endorse any person or persons advertising
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considered an endorsement of any goods or services.*



We hope you enjoy receiving the Newsletter of Somerset
residents association. This newsletter is one of the
many community-focused activities of the SRA along
with our newly revamped website. Make sure you stop
by the website
www.Somersetwaterpark.org.

QUESTIONS OR COMMENTS?

We welcome all resident ideas, compliments, questions
and queries, and please notify the SRA of any safety con-
cerns immediately.

VANDALISM

Continues to happen, if you witness park vandalism call
(CPS) police immediately (403-266-1234).

ANNUAL INVOICE

Are you yet to pay your annual dues! Please let the SRA
know if there are special circumstances preventing pay-
ment (see below).

Have a question that is not park related? Visit the 'Som-
erset / Bridlewood Community Association' website:
www.somersetbridlewood.ca.

Contact information:

SOMERSET RESIDENTS ASSOCIATION
Phone: 403-807-8736 Email: somersetresidents@shaw.ca;
Website: www.somersetwaterpark.org.



Peace Lutheran
14640 6 St SW, Calgary, AB
T2Y 0E1. (403) 256-1439

**The Church of Jesus Christ
of Latter-day Saints**
30 Everstone Blvd,
Calgary, AB T2Y 4S5
(403) 571-5613

Red Deer United Church
96187 178 Avenue West,
Foothills, AB T1S 2R9
(403) 256-3181

St. Patrick Parish
1414 Shawnessy Blvd SW,
Calgary, AB T2Y 2L7
(403) 254-6878

BRIDGE LESSONS

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May 3, 11, 18, 25

June 1, 8, 22, 29

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\$12 for workbook

Register: jelamont@shaw.ca



American Contract
Bridge League
www.acbl.org

Okotoks United Church
43 Riverside Dr

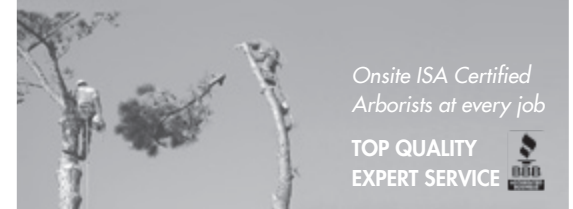
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Box 69056, RPO Bridlewood SW
 Calgary, Alberta
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info@mysbca.ca | www.mysbca.ca

ELECTED OFFICIALS



Councillor Diane Colley-Urquhart
Ward 13 Office
 P.O. Box 2100, Station M
 Calgary, AB, Canada T2P 2M5
 Phone: 403-268-1624
 Fax: 403-268-8091
 Email: ward13@calgary.ca
 Web: www.calgary.ca/ward13



MLA Rodney Calgary-Lougheed
 #311A, 2525 Woodview Drive SW
 Calgary, AB Canada T2W 4N4
 Phone: (403) 238-1212
 Fax: (403) 251-5453
 Email: calgary.lougheed@assembly.ab.ca



MLA Graham Sucha Calgary-Shaw
 #328, 22 Midlake Blvd SE
 Calgary, AB
 Canada T2X 2X7
 Phone: (403) 256-8969
 Fax: (403) 256-8970
calgary.shaw@assembly.ab.ca

IMPORTANT NUMBERS

ALL EMERGENCY CALLS	911
Alberta Adolescent Recovery Centre	403-253-5250
Alberta Health Care	403-310-0000
AHS Addictions Hotline	1-866-332-2322
ATCO Gas – 24 Hour Emergency	403-245-7222
Calgary HEALTH LINK 24/7	811
Calgary Police – Non Emergency	403-266-1234
Calgary Women's Emergency Shelter	403-234-7233
Child Abuse Hotline	1-800-387-5437
Kids Help Line	1-800-668-6868
Child Safe Canada	403-202-5900
Distress/Crisis Line	403-266-4357
ENMAX – Power Trouble	403-514-6100
Poison Centre - Alberta	1-800-332-1414
HOSPITALS / URGENT CARE	
Alberta Children's Hospital	403-955-7211
Foothills Hospital	403-944-1110
Peter Lougheed Centre	403-943-4555
Rockyview General Hospital	403-943-3000
Sheldon M. Chumir Health Centre	403-955-6200
South Calgary Urgent Care Health Centre	403-943-9300
South Health Campus	403-956-1111
OTHER	
Calgary Humane Society	403-205-4455
Calgary Parking Authority	403-537-7000
SeniorConnect	403-266-6200
Calgary Kerby Elder Abuse Line	403-705-3250
Alberta One-Call Corporation	1-800-242-3447
City of Calgary	311
Social Service Info & Referral	211
Community Mediation Calgary Society	403-269-2707
RNR Lockworks Ltd.	403-479-6161
Road Conditions – Calgary	511
Weather Information	511
Gamblers Anonymous	403-237-0654



Volunteer Links South Calgary

For full descriptions go to the website <http://calgaryarea.com/index.php?p=volunteer>

Alberta Cancer Foundations Events Office
 Suite 120, 707 7th Ave SW Calgary, AB T2P3 H6
 403.775.4676

Alberta Health Services
 Calgary, AB
 403.943.4702

Calgary Immigrant Educational Society (C.I.E.S.)
 Calgary, AB
 403.291.0002

Calgary Opera
 1315 7 Street SW Calgary, AB T2R 1A5
 403.262.7286

Calgary Public Library
 616 Macleod Trail SE Calgary, AB T2G 2M2
 403.260.2600

Calgary Reads
 105, 105 12 Ave SE Calgary, AB T2G 1A1
 403.777.8254

Canadian Mental Health Association Calgary
 400, 105 12 Ave SE Calgary, AB T2G 1A1
 403.297.1700

Canadian Progress Club
 Calgary, AB
myraskerrett@shaw.ca
<http://www.progressclub.ca/calgary-city-centre>

Cerebral Palsy Association In Alberta
 12001 44 Street SE Calgary, AB T2Z 4G9
 403.543.1161

CNIB Alberta and Northwest Territories
 15 Colonel Baker Place NE Calgary, AB T2E 4Z3
 403.261.7225

CNS volunteer opportunities. City of Calgary
 800 Macleod Trail SE Calgary, AB T2P 2M5
 403.476.7224

CUPS Health Education Housing
 1001 10 Ave SW Calgary, AB T2R 1M4
 403.221.8780

Habitat For Humanity
 210, 805 Manning Road NE Calgary, AB T2E 7M8
 403.253.9331

Immigrant Services Calgary
 1200, 910 7th Avenue SW Calgary, AB T2P 3N8
 403.261.1120

Mary's Meals
 PO Box 76144, Millrise RPO Calgary, AB T2Y 2Z0
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Somerset/Bridlewood
mybabysitterlist

Name	Age	Contact	Course
ABC Babysitting	13	403-201-0247	Yes
Abdullah	15	587-889-4532	Yes
Alexandra	14	403-201-4971	Yes
Amber	31	587-438-4789	Yes
Andreea	14	403-202-5610	Yes
Ariana	12	403-993-9146	Yes
Brianne	18	403-999-6906	Yes
Brittney	19	403-464-0213	Yes
Carolina	39	calgarydayhome@yahoo.ca	No
Chayce	24	587-227-8296	Yes
Cynthia	16	403-276-4548	No
Dana	14	403-285-0209	Yes
Erin	16	403-254-2020	Yes
Gabriel	16	587-777-4616	No
Jewelyn	38	403-926-3703	Yes
Lili	12	403-483-2922	Yes
Lois	14	403-700-2331	Yes
Nicole	17	587-968-6201	No
Paige	13	403-201-0247	Yes
Rochelle	17	403-700-2881	No
Shamaya	16	403-464-5443	Yes
Shay	15	587-899-3512	Yes
Sonya	21	403-389-5921	Yes
Yuliya	18	403-401-6283	No

Calling All BABYSITTERS Enroll free at mybabysitter.ca and choose the Calgary communities you would like to babysit in.

Calling All PARENTS Visit mybabysitter.ca and find available babysitters in and around your community.

Disclaimer: We recommend for your own peace of mind that references be checked when choosing your babysitter. This babysitter list is provided as a service to the community and is governed by the terms & conditions outlined at mybabysitter.ca.

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- Policing
- SW BRT
- SW Ring Road
- Taxes
- Dog Parks

WEDNESDAY, MAY 03 WHERE: WOODCREEK COMMUNITY ASSOCIATION
WHEN: 7:00 PM - 9:00 PM

SATURDAY, MAY 06 WHERE: SWAN EVERGREEN VILLAGE IN THE THEATRE
WHEN: 1:30 PM - 3:30 PM

SATURDAY, MAY 27 WHERE: CANYON MEADOWS COMMUNITY CENTRE
WHEN: 2:00 PM - 4:00 PM

COUNCILLOR DIANE'S TOWNHALL MEETINGS

I look forward to seeing you there! - **COUNCILLOR DIANE COLLEY-URQUHART**



SUBSCRIBE TO CALGARY.CA/WARD13CONNECT AND STAY INFORMED WITH MY BREAKING ANNOUNCEMENTS REGARDING WARD 13 AND THE CITY OF CALGARY.



SHUTTER SCENES

Photo submitted by Claudine Pflug
flickr.com/photos/76754280@N03/



CALGARY PUBLIC LIBRARY

National Volunteer Week

Calgary Public Library's volunteers are honoured each April during National Volunteer Week (April 23-29, 2017) at our Volunteer Recognition Event. Our volunteers make an incredible difference in our community every day, allowing the Library to do so much more: offer more programs, in more locations, more often, to so many more Calgarians. Thank you to all our volunteers!

Bill's Book Café with Mike Morrison

Take in *Bill's Book Café* with Library CEO Bill Ptacek and *Mike's Bloggity Blog* creator Mike Morrison. It's guaranteed to be a lively discussion of *Your Inner Critic Is a Big Jerk* by Danielle Krysa.

Louise Riley Library
April 7, 6:30 pm

To register, visit calgarylibrary.ca.

Summer Reading

Looking for ways to keep kids busy this summer? The Library can help with that! Kids can be part of a 3 *Things for Canada Action Squad* and help with community projects, learn to code using Scratch, and get messy with our science program. And of course we've got books that kids love to read!

For details, visit calgarylibrary.ca.



Gardening by the phases of the moon

April 3 First Quarter (waxing)

Moonlight is strong, encouraging leaf growth. It is a good time for planting, especially two days before the full moon. Take cuttings from plants you wish to propagate. Fertilize as close to the full moon as possible.

April 10 Full Moon (waning)

As the moon wanes, the energy is drawing down. Strong gravitational pull but moonlight is decreasing putting energy into the roots.

April 19 Last Quarter (waning)

Decreased gravitational pull and moonlight. A resting period. Dry herbs, flowers and fruit. If you want to control growth or encourage rooting, perform the necessary activities during the waning moon.

April 26 New Moon (waxing)

Increasing moonlight, lunar gravity pulls water up encouraging plant growth and proliferation. Grafting, transplanting, re-potting, and watering. Gather herbs used for essential oils. Oil content is more concentrated at this time.



Dog walking & pet sitting

services

As a dog lover and owner of a large dog, I will be happy to provide pet sitting and dog walking for ANY kind of dogs.

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The Sundance Clinic

FAMILY PRACTICE - SPECIALTY CLINICS - BABY CLINIC - SOUTH CALGARY PAP CLINIC

South Calgary Health Centre Building
31 Sunpark Plaza SE Calgary T2X 3W5

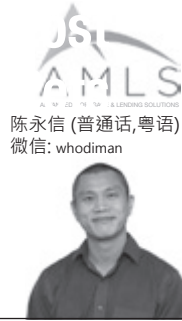
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Happy Spring!

Spring is always an exciting season at Calgary Humane Society. At the shelter our dog walkers are thrilled to say 'goodbye' to all the snow and our dogs are even more thrilled to say 'hello' to all the mud! Thankfully we have some top notch volunteer groomers who keep all our furry friends spic and span. Spring also marks a rush of activity for our animal admissions staff. Spring is our busiest season at Calgary Humane Society, in part due to an increase in lost and stray animals.

Having a cherished family pet go missing is extremely stressful, but there are a number of steps you can take to bring Fido or Fluffy home safe and sound.

- 1. Start making lost reports.** When you call, provide as much information as you can about where and when your pet was lost and provide a good description of your pet. The following organizations are a good starting point for lost reports. Make sure to check the lost and found section of the City of Calgary and CHS website as well!
 - Calgary Humane Society Animal Admissions: 403-205-4455
 - City of Calgary Animal Services – 311
 - Post a lost listing on Kijiji/YC Pet Recovery/Local Buy/Sell websites
- 2. Check with local veterinary clinics.** Many lost pets are found by Good Samaritans and brought to local veterinary clinics.
- 3. Put out your pet's things to entice your pet home.** Put food, a favorite bed, litterbox and other familiar objects out to help tempt your pet back home.
- 4. Arrange a search party.** Call friends, relatives and neighbours to help search for your pet. Choose the people that your pet is most familiar and friendly with to go out and search.
- 5. Create lost posters and hang them up.** Create lost posters with a picture of your pet. Include a number that you can always be reached at (like a cell phone) on the sign. Hang up the posters in the areas that you think your pet might be, concentrating on areas where lots of people will see the signs.
- 6. Above all, never lose hope.** At Calgary Humane Society we have seen some amazing reunions. We have reunited pets with their family years, and even a decade after they went missing.

Wishing you all a safe and happy spring!



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HOME BUSINESS OPPORTUNITY: Clinicair is the leading provider of Indoor Air Quality and Medical Grade Duct Cleaning services in Canada. We are looking for a dealer in Calgary to represent our growing company. We offer a royalty free business. Clinicair supplies you with the latest technology, and training. Call Craig: 1-416-277-6067.

NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

PROFESSIONAL ACCOUNTANT: Personal and corporate income tax return preparation and e-filing, general accounting services (bookkeeping, financial statements, GST, payroll, T4/T5 slips). Certified General Accountant with 30 years' experience, personable, reasonable rates, convenient location. Daryl Pallesen CPA CGA, #145 - 251 Midpark Blvd SE. Please call 403-988-2175 or email daryl.pallesen@shaw.ca.

HOME BEAUTY SALON IN YOUR NEIGHBOURHOOD: 20 years of experience esthetician and nail technician provide friendly atmosphere in the house. Come and get your gel and acrylic nails, shellac manicures, pedicures, waxing. Relax, unwind and love yourself right in your neighbourhood Please call or text Diamond Esthetics by Alona to schedule an appointment 403-613-5188.

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CALLING PROFESSIONAL PORTRAIT PHOTOGRAPHERS: Feature your professional family portraits for free in this newsletter. Email SB@great-news.ca for more information.

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Your voice in the Legislature

Since the beginning of March I have been back in the Legislature working hard to make sure your voices are heard by the government. I have gotten a lot of feedback from constituents in the past couple months, especially about day light savings time. Thank you to everyone who emailed and called my office to give their opinion – I will keep you updated on the process moving forward.

I have also received feedback about many other issues. Many constituents have asked me to try and find ways to reduce school fees. It is my priority to make life more affordable for Albertans and reducing school fees would certainly contribute to that. How have school fees affected your family budget? If you have a story you'd like to share or an opinion on the matter please let my office know at Calgary.shaw@assembly.ab.ca. As this Legislative session progresses I will update you on how I'm working towards this goal.

Making Homes more Energy Efficient

Many constituents have expressed to me that they want to make their house or business more eco-friendly but the cost is holding them back. I'm excited to say that the Alberta government created a rebate program for solar installation on residential and commercial buildings last month. Now homeowners, businesses and non-profit organizations will receive rebates for rooftop solar panels that meet the Residential and Commercial Solar Program requirements as early as this summer. This new program is expected to create up to 900 jobs in Alberta and reduce greenhouse gas emissions in the province by half a million tonnes. That's the equivalent of taking 100,000 passenger vehicles off the road! Furthermore, this will cut solar installation costs by up to 30 per cent for residences, and up to 25 per cent for businesses and non-profits. If this interests you, please let my office know and we can provide more details.

Reining in pay and benefits

I'm very proud of the fact that our Government recently eliminated bonuses for the highest paid executives of agencies, boards, and commissions in Alberta. This is another component of our plan to review those organizations and how they benefit Albertans. In these tough economic times I think it's necessary that government salaries are reasonable and serve the public interest. We have also eliminated perks such as housing allowances, golf club membership, and retention bonuses. These changes will save nearly \$16 million a year.

~continued next page~

Snow and Ice Clearing in Calgary

With the arrival of spring, I want to thank all our amazing Roads crews who did such a tremendous job over the past few months clearing our streets. What an incredible task, working day and night and overtime. I would also like to thank the residents of Ward 13 for your patience and working together in keeping our communities safe during the winter commutes! I am so proud, thank you all.

Avenue Calgary: Calgary's Best Neighbourhoods 2016

The community of Evergreen is one of the best kept secrets in our City. With lush green spaces, low crime rates, and one of the biggest communities population-wise in 2015, Evergreen continues to be a great place to raise a family.

With over 5,329 single family homes in Evergreen, 73% of those homeowners live in their own homes. This statistic also helps ensure one of the lowest crime rates per capita. In 2015, only Dalhousie (2.2) and West Springs (6.2) had a lower crime rate than Evergreen (6.3). This is a stark contrast to the Top 5 highest crime rates per capita in Calgary: Britannia (313) Renfrew (294) Downtown Commercial Core (272.3) Meadowlark (174) and Southview (75.5).

Read this and more at <http://www.avenuecalgary.com/Best-Neighbourhoods/>

SW Calgary Ring Road Open House

The City will be holding an Information Session on **Thursday, May 25th** from 5:00 PM - 8:00 PM at the Oakridge Community Centre (9504 Oakfield Drive SW) to provide updates on the two Calgary-led ring road. Representatives from Alberta Transportation and KGL Constructors will be present to answer any questions related to the SWCRR.

Ward 13 Traffic Tour

In September 2016, I hosted a tour of Ward 13 and invited Troy McLeod, Director of Roads, as well as key City staff to analyze and witness firsthand the concerns within our Ward. Prior to the tour, I asked each Community Association board to submit their traffic concerns to my staff to bring to attention problem areas which the City could improve through traffic calming measures. The Presidents who joined us were fully engaged and some of their valuable suggestions were implemented that following week after the tour.

Next month, I will be doing it all again. Please submit your traffic concerns to your Community Association Presidents as they will be invited again to join us on this bus tour. Let's continue to work together to keep our drivers and pedestrians safe.



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Graham D. Sucha report cont'd

In the community

Thank you to everyone who attended our office's Open House on March 28. I always enjoy meeting new constituents and this was no exception. With spring quickly approaching there are more activities going on in our neighborhoods. Make sure to check in with your local community association to see what fun activities they have planned and feel free to pass on any special event you are having. I'd be happy to attend or share on my Facebook page with others.

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Giving People a Voice in Mental Health Research

By Caitlin Crawshaw

The Mental Health Commission of Canada reports that in a given year, one in five people in Canada experiences a mental health problem or illness. In Alberta, that's more than 675,000 people.

Researchers and clinicians in the province recognize the need to learn more about mental health, but realize most research topics are chosen by the researcher, not the people living with mental illness. A new study partly funded by Alberta Innovates (previously Alberta Innovates – Health Solutions) is changing that. This fall, the Alberta Depression Research Priority Setting Project surveyed people who have experienced depression, as well as their cli-

nicians and caregivers, to pinpoint gaps in current research.

"Someone with lived experience will likely have a different perspective than someone doing the research," explains Robbie Babins-Wagner, PhD, a professor at the University of Calgary Faculty of Social Work and a member of the project's advisory group.

Researchers are analyzing the survey answers to better understand the needs of people who experience depression. And what they find will shape research to help meet their needs. "This will allow the voice of people living with and caring for mental illness to influence research projects," adds Babins-Wagner.

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