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www.tasteofhimalayas.ca

403-201-7336

HOURS

Mon-Thur: 11:30am - 9:30pm
Friday: 11:30am - 10pm
Saturday: 2pm-10pm
Sunday: 2pm-9:30pm

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SOMERSET & BRIDLEWOOD COMMUNITY ASSOCIATION

Box 69056, RPO Bridlewood SW
Calgary, Alberta
T2Y 4T9
info@mysbca.ca | www.mysbca.ca

ELECTED OFFICIALS



Councillor Diane Colley-Urquhart
Ward 13 Office
P.O. Box 2100, Station M
Calgary, AB, Canada T2P 2M5
Phone: 403-268-1624
Fax: 403-268-8091
Email: ward13@calgary.ca
Web: www.calgary.ca/ward13



MLA Rodney Calgary-Lougheed
#311A, 2525 Woodview Drive SW
Calgary, AB Canada T2W 4N4
Phone: (403) 238-1212
Fax: (403) 251-5453
Email: calgary.lougheed@assembly.ab.ca



MLA Graham Sucha Calgary-Shaw
#328, 22 Midlake Blvd SE
Calgary, AB
Canada T2X 2X7
Phone: (403) 256-8969
Fax: (403) 256-8970
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First Annual SBCA Christmas Party

Saturday,
December 16

Are you ready to meet Santa?

Well if you are, the Somerset/ Bridlewood Community Association has some jolly news for you!

Santa Claus will be coming to town a little early to pay a special visit to all the good girls and boys of the communities, the only things you need are your membership and your Christmas Wish list!

Join us in the Flames/Oilers room at Cardel Rec South on **Saturday, December 16, from 1 to 3pm**, for a Christmas party complete with light snacks, crafts and a visit from the Big Man himself.

If you don't have a membership, don't fret, we'll be launching our 2018 membership that day for twenty bucks.

For more information, visit us at
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Families Living in Your Community Require Support Over The Holidays

This holiday season, the South West Communities Resource Centre (SWCRC) will be helping low-income families in 28 south Calgary communities by providing them with the gift of food.

The holiday season is a time for us to enjoy family, friends and a warm home-made meal. Families within our community celebrate a variety of holidays, and with each of these come unique food traditions. Food is such an important part of all cultures as it brings family and friends together to share a meal, celebrate, and strengthen relationships.

Sadly, for many families with constrained resources, the budget for food is one of the first items to be compromised and food hampers don't provide choice.

We are asking for *your* help in providing opportunities for vulnerable families in your neighbourhood to purchase groceries unique to their holiday food traditions. Please help us by purchasing a grocery store gift card to give to a local family that needs your support.

- \$25.00 gift card will purchase the extras on a table for a family of four
- \$50.00 will purchase the fruit, vegetables and the extras for a family of four
- \$100.00 will purchase the meal for a family to enjoy over the holidays.

Please drop off, send grocery gift cards to, or contact us at: **South West Communities Resource Centre**
#42, 2580 Southland Drive SW, Co-Op Shopping Plaza
Phone: (403) 238-9222 or online donation at www.swcrc.ca

All donations over \$25.00 will receive a charitable tax receipt.

Thank you so much! For more information and to read about the holiday traditions celebrated in our communities, visit SWCRC online at www.swcrc.ca

INFORMATION for Somerset SOMERSET RESIDENTS



We hope you enjoy receiving the Newsletter of Somerset residents association. This newsletter is one of the many community-focused activities of the SRA along with our newly revamped website. Make sure you stop by the website www.Somersetwaterpark.org.

QUESTIONS OR COMMENTS?

We welcome all resident ideas, compliments, questions and queries, and please notify the SRA of any safety concerns immediately.

VANDALISM

Continues to happen, if you witness park vandalism call (CPS) police immediately (403-266-1234).

ANNUAL INVOICE

Are you yet to pay your annual dues! Please let the SRA know if there are special circumstances preventing payment (see below).

Have a question that is not park related? Visit the 'Somerset / Bridlewood Community Association' website: www.somersetbridlewood.ca.

Contact information:

SOMERSET RESIDENTS ASSOCIATION
Phone: 403-807-8736 Email: somersetresidents@shaw.ca
Website: www.somersetwaterpark.org.

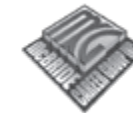
CHURCHES

Peace Lutheran
14640 6 St SW, Calgary, AB
T2Y 0E1. (403) 256-1439

The Church of Jesus Christ of Latter-day Saints
30 Everstone Blvd,
Calgary, AB T2Y 4S5
(403) 571-5613

Red Deer United Church
96187 178 Avenue West,
Foothills, AB T1S 2R9
(403) 256-3181

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**THE 2018 MOTORCYCLE SHOW
BMO CENTRE, JANUARY 5 - 7**

This event is the Canadian motorcycle and ATV industries' official showcase of all the new 2018 makes and models of motorcycles, ATVs, scooters and side-by-sides. It will feature the latest products, services and accessories direct from the manufacturers, and many additional attractions as well: SHE Rides, an extreme MX Freestyle Show, the Yamaha Riding Academy for kids ages 6 through 12, a large number of retailers, riding clubs and associations, informational displays, charity rides, celebrity racers and prize giveaways. More info: calgarymotorcycleshow.ca.



**INSTRUMENTAL SOCIETY OF CALGARY
PRESENTS CANADIAN IMAGES - ST. STEPHEN'S
ANGLICAN CHURCH, JANUARY 11**

Ensemble Resonance is Calgary's oldest professional chamber ensemble. Specializing in Canadian repertoire, the ensemble is dedicated to performing works which integrate acoustic and electroacoustic music with multimedia elements. The group recently performed the programme in New York's famed Carnegie Hall and it features works with a local connection including Roberta Stephen's Pisk and Allan Gordon Bell's A Great Arch Softening the Mountains. More info: instrumentalsociety.ca.



**VIEW FROM ABOVE WITH ASTRONAUT
TERRY VIRTS. JACK SINGER CONCERT
HALL, JANUARY 21 & 22**

Sometimes, a little distance is all you need to see things in a brand-new way. For astronaut Terry Virts, his newfound perspective was from the International Space Station (ISS), where he installed the Cupola module, granting an unprecedented 360-degree view from the station. When he later became the commander of the ISS, he made good use of the Cupola, taking more photographs than any astronaut who came before him. Learn about Virts' time in the cosmos from the man himself, and the perspective on earth that this experience provided him. More info: artscommons.ca.



**YOUR COMMUNITY/CITY EVENTS
AT A GLANCE...**

Functional English Conversation Classes - Genesis Centre, Jan 3

The Functional English Conversation Classes Project addresses the basic language needs of newcomers in navigating the Canadian society. These free classes focus on listening and speaking and help newcomers practice English conversation in an informal setting, as well as focussing on practical life skills and tools required to successfully integrate in Canada. Open to 18+ permanent residents only. More info, call Sonia Sehgal at 403-999-9642.

Training for Increased Performance, Bow Cycle Seminars - Bow Cycle & Sports, Jan. 11

Training for endurance sports seems easy enough—ride more, swim more or run more. Concepts such as crash training, polarized training, block periodization, fast-ing sessions and nutritional periodization have been researched as new methods for endurance athletes and coaches to integrate into their programs for stimulating adaptations and breaking training monotony. Learn more about these advances in training methods at this free event. The speaker is Jack VanDyk, MKIN, 3433 Sport Performance. More info: bowcycle.com.

I Am Light, Youth Justice Conference - Encompass Partnerships, Jan. 13

CHILL is hosting a one-day youth conference to educate, equip, and empower students in grades 7 to 12 on the topic of injustice, with a special focus on sexual exploitation. Come and meet new friends, learn about the subject and about how Calgary is working to support those being impacted, and how you can be involved in stopping injustice in your city. More info: eventbrite.ca/e/i-am-light-youth-justice-conference-tickets-35792966727.

Empire of the Son - Alberta Theatre Projects, Jan. 16 - 28
Presented as part of the High Performance Rodeo, Empire of the Son is a funny and poignant autobiographical one-man show by former CBC broadcaster Tetsuro Shigematsu about his rocky relationship with his emotionally reserved father. Through visually striking live, cinematic vignettes, Shigematsu re-enacts moments from his father's incredible personal history, from the ashes of Hiroshima to swinging 1960's London. More info: atplive.com/whats-on/empire-of-the-son/.

**Somerset/Bridlewood
mybabysitterlist**

Name	Age	Contact	Course
ABC Babysitting	14	403-201-0247	Yes
Abdullah	15	587-889-4532	Yes
Alexandra	15	403-201-4971	Yes
Amber	32	587-438-4789	Yes
Anastasia	19	403-998-8869	No
Andreea	15	403-202-5610	Yes
Ariana	13	403-993-9146	Yes
Brianne	19	403-999-6906	Yes
Brittney	20	403-464-0213	Yes
Caroline	28	587-500-1755	Yes
Chayce	24	587-227-8296	Yes
Colm	16	403-771-5763	Yes
Dana	15	403-285-0209	Yes
Gabby	14	403-998-5247	Yes
Gabriel	16	587-777-4616	No
Genevieve	16	403-246-5910	Yes
Jenna	13	403-252-9195	Yes
Jewelyn	39	403-926-3703	Yes
Kayla	14	587-999-1872	Yes
Keana	13	403-803-4550	Yes
Kyla	17	403-870-3617	Yes
Lili	13	403-483-2922	Yes
Lois	14	403-700-2331	Yes
Louis	13	403-201-2460	Yes
Nicole	18	403-891-2241	No
Paige	14	403-201-0247	Yes
Paula	32	804-869-7034	Yes
Rochelle	17	403-700-2881	No
Sean	13	403-254-2020	Yes
Shamaya	17	403-464-5443	Yes
Shay	16	587-224-0798	Yes
Sonya	22	403-389-5921	Yes
Tino	16	403-471-3318	Yes
Yuliya	19	403-401-6283	No

Calling All BABYSITTERS Enroll free at mybabysitter.ca and choose the Calgary communities you would like to babysit in.

Calling All PARENTS Visit mybabysitter.ca and find available babysitters in and around your community.

Disclaimer: We recommend for your own peace of mind that references be checked when choosing your babysitter. This babysitter list is provided as a service to the community and is governed by the terms & conditions outlined at mybabysitter.ca.

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South Calgary Health Centre Building
 31 Sunpark Plaza SE Calgary T2X 3W5

SAFE & SOUND



Holiday Pet Safety

The holiday season is a joyful time for many who want to include their pets in the festivities by sharing treats from the dinner table and having them be a part of the celebrations. Here are some tips and considerations to keep your pet safe:

- Food:**
- Leftover food that is rich, spicy, or fatty can be hard for pets to digest.
 - Many foods are toxic or harmful for pets, including: turkey bones, artificial sweeteners and other baking ingredients, chocolate, and alcohol.
 - Secure the lid on your garbage can or put your garbage outside right after the meal.
- Décor:**
- Poinsettias, Christmas cactus, and holly are toxic to cats and dogs.
 - Secure your Christmas tree if you have pets that like to climb.
 - Hang breakable ornaments higher on your tree.
 - With natural trees, make sure pets don't drink the water.
 - Shiny tinsel and ribbons are appealing for cats, but if swallowed can cause serious injury or lead to surgery.
 - Unplug holiday lights and extension cords prior to leaving your home.
 - Don't put candy or chocolates under the tree.

- Socializing:**
- While hosting parties, give your pet a safe and quiet place to retreat.
 - Be mindful as guests come and go as it's easy for pets to slip out unnoticed.

It is important to call your veterinarian if you suspect your pet has eaten any toxic foods or substances. For additional pet safety tips, visit calgary.ca/animalservices.



The Hairy Woodpecker Bug Eater Extraordinaire

By J.G. Turner

The Hairy Woodpecker (*Picoides villosus*) is a year-round resident in Calgary. It is a medium sized woodpecker, with a very straight-backed posture suitable for clinging to tree trunks. The Hairy Woodpecker has a striped head, long straight bill for excavating holes in trees, and stiff long tail feathers for leaning against tree trunks. The Hairy Woodpecker is black and white: locally its wings are black checkered with white, it has a large white patch down the centre of its black back and two white stripes on its head (with the male having a red patch at the back of its head). These birds can be found in mature forests, treed suburban areas and parks, orchards, both coniferous and deciduous forests, and small woodlots all over Canada and the United States.

CALGARY WILDLIFE

Fun Facts:

- The Hairy Woodpecker can be found from sea-level to high mountainous zones, but have somewhat different looks in different regions.
- They are frequently found alongside the smaller Downy Woodpecker.
- They will follow behind the Pileated Woodpecker, cleaning out their holes of any food left behind by the larger bird.
- They sometimes drink the sap leaking from holes made by Sapsuckers (locally the Yellow-Bellied Sapsucker).
- Hairy Woodpeckers peck out a cavity nest hole in the dead stub of a living tree (especially if it has "heartrot") or in dead trees.
- They are great helpers in the battle against bugs that harm trees, as more than 75% of their diet is made up of insects, especially wood-boring beetles, bark beetles, ants and moth pupae in their cocoons. Bark beetles are especially destructive to large stands of trees as extensive infestations can number in the billions and destroy the trees. In orchards, Hairy Woodpeckers help control outbreaks of moths. In burned out trees, wood-boring beetles often are found in large numbers, making for great feeding and nesting space for Hairy Woodpeckers.
- Hairy Woodpeckers are common visitors at backyard feeders, eating suet and sunflower seeds.
- Although they are still very widespread, they have declined in numbers in many areas. Loss of nesting sites is one problem.

If you find an injured or orphaned wild bird or animal in distress, please call the Calgary Wildlife Rehabilitation Society hotline at 403-239-2488 for tips, instructions and advice, or look at the website at www.calgarywildlife.org for more information.



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The Decibel Dilemma – Protecting Playtime

Children experience sound in their environment every day. Normally, these sounds are at safe levels and won't damage their hearing. However, it's not unusual for toys to be noisy enough to risk your child's hearing health. One of the most common causes of noise-induced hearing loss is repeated and extended exposure to loud noises. Safe and harmful sound levels are highly dependent on *how long* and *how often* your child is exposed to noises.

In general, sounds 85 dB and below are in the safe zone while sounds above 85 dB can start to cause damage inside the ear. Eighty-five decibels is like loud traffic. Eighty decibels is like an alarm clock or garbage disposal. Remember, the decibel scale is logarithmic, so seemingly small changes, are actually a large change in the amount of sound you are exposed to.

The consequences of hearing loss can be particularly devastating for children. The Center for Disease Control and Prevention report that even a small degree of hearing loss can affect a child's speech and language comprehension. According to The American Speech-Language-Hearing Association (ASHA), "children with hearing loss have difficulty with all areas of academic achievement, especially reading and mathematical concepts. Children with mild to moderate hearing losses, on average, achieve one to four grade levels lower than their peers with normal hearing."

In Canada, the Canadian Consumer Product Safety Act states that a toy, "must not make or emit noise of more

than 100 dB when measured at the distance that the toy would ordinarily be from the ear of the child who is using it". This is equivalent to a motorcycle or lawnmower. Unfortunately, small children don't always play with toys in their intended manner. When a toy is brought close to the ears, the danger is even greater, as the decibel level can increase to 120dB, versus 100dB, which is equivalent to the sound of a jet engine on take-off.

In 2006, the Canadian Association of Speech-Language Pathologists and Audiologists lobbied members of Parliament and Health Canada to decrease the 100dB limit, however guidelines have not changed. Here are some tips to help keep your kids safe:

- The Sight & Hearing Association releases an "Annual Noisy Toys List" which is available on-line.
- Listen to a toy before you purchase it. If it sounds loud at arm's length, it will be louder at close range in your child's hands.
- There are free apps to download on your phone that measure decibels – search for "decibel meter."
- Look for toys with volume controls and on/off switches.
- Supervise your child when they are playing with a loud toy. Move the toy further away as doubling the distance will significantly lower the decibels. Teach them to keep it away from their ears and face.
- Limit the amount of time allowed with the toy.

The key to keeping your child hearing healthy is knowing how much loud sound they're exposed to. A 'noise diet' can protect their hearing from future problems.



Volunteer Links South Calgary

For full descriptions go to the website <http://calgaryarea.com/index.php?p=volunteer>

Alberta Cancer Foundations Events Office
Suite 120, 707 7th Ave SW Calgary, AB T2P3 H6
403.775.4676

Alberta Health Services
Calgary, AB
403.943.4702

Calgary Immigrant Educational Society (C.I.E.S.)
Calgary, AB
403.291.0002

Calgary Opera
1315 7 Street SW Calgary, AB T2R 1A5
403.262.7286

Calgary Public Library
616 Macleod Trail SE Calgary, AB T2G 2M2
403.260.2600

Calgary Reads
105, 105 12 Ave SE Calgary, AB T2G 1A1
403.777.8254

Canadian Mental Health Association Calgary
400, 105 12 Ave SE Calgary, AB T2G 1A1
403.297.1700

Canadian Progress Club
Calgary, AB
myraskerrett@shaw.ca
<http://www.progressclub.ca/calgary-city-centre>

Cerebral Palsy Association In Alberta
12001 44 Street SE Calgary, AB T2Z 4G9
403.543.1161

CNIB Alberta and Northwest Territories
15 Colonel Baker Place NE Calgary, AB T2E 4Z3
403.261.7225

CNS volunteer opportunities. City of Calgary
800 Macleod Trail SE Calgary, AB T2P 2M5
403.476.7224

CUPS Health Education Housing
1001 10 Ave SW Calgary, AB T2R 1M4
403.221.8780

Habitat For Humanity
210, 805 Manning Road NE Calgary, AB T2E 7M8
403.253.9331

Immigrant Services Calgary
1200, 910 7th Avenue SW Calgary, AB T2P 3N8
403.261.1120

Mary's Meals
PO Box 76144, Millrise RPO Calgary, AB T2Y 2Z0
1.855.702.0330

Meals on Wheels
5759 80 Avenue SE Calgary, AB T2C 4S6
403.243.2834

COMMUNITY ANNOUNCEMENTS

Deadline – 1st of each month for the next month's publication
Contact news@great-news.ca

- ◆ Free announcements: lost/found, household items for sale, wanted, garage sale, student/senior services, etc.
- ◆ Forty word limit



Cyclamen & Kalanchoe

By Barbara Shorrock



As we approach the holiday season I have gifts on my mind. Gardener friends are easier to buy for than non-gardeners, in my experience, as they are usually pleased with a live gift. As for myself, if it is colourful and lasts a few weeks, I am delighted. It being Christmas soon, our choices are not limited to the always popular Poinsettia (now available in an amazing array of shades), Christmas cactus and Amaryllis bulb (also available in many shapes and colours). This year I will be in search of flowering plants not so seasonal, but beautiful nevertheless.

Cyclamen persicum, also known as Florist's cyclamen, are available in stores and garden centres and make lovely gifts. Varieties range from mini to medium to very large; colours range from pure white through all the warm shades of pink, fuschia and red. The blooms stand up perkily above the foliage (roundish or heart shaped leaves, with attractive patterns) and bend over to look down. Choose one that looks healthy and has many unopened buds. Like so many of our house plants, the original cyclamen grows wild in the Mediterranean countries, and have been hybridized for our indoor enjoyment. In their natural home, they grow on hillsides among rocks, coming into bloom in the cooler months of winter and spring, and going dormant during the heat of summer and fall. Ours have been forced into bloom for our convenience by controlled environments in greenhouses. As long as you respect their need for a cooler space with light (no hot sun), and good drainage, your plant should be happy for weeks and even months. A tray with rocks and water for humidity is always appreciated, but do not let the pot touch the water. When quite dry, soak the pot in a few inches of water, allowing it to rehydrate, drain, and replace in its bright location. Watering from the top is risky as the concave top of the corm will rot if it gets wet too often. Your cyclamen will

automatically go dormant when it has finished blooming, its leaves turning yellow, and no new growth in evidence. This is perfectly normal—you didn't kill it. Many people now discard it and move on to something else. If you are determined to rejuvenate it, however, you must put it (pot and all) in a cool dry place and pretend it is under a Mediterranean rock for a few months. In the fall, lift the corm, repot it in good potting soil and begin watering again. I haven't done this, but the books say it is possible.

Kalanchoe bossfeldana (cousin of the Jade plant) is a low maintenance succulent. Unlike the cyclamen who wants to be cool, kalanchoe thrives in a warm sun-filled window. No humidity tray is needed, just water when dry and thoroughly drain. Succulents are more often killed by too much water than by too little. Clusters of blooms (white through yellow, orange and red) on upright stems will last for months, and if you want to try a second time, water less for a few months and give it a rest. The experts say you must do the "dark closet" thing for 12 hours a day to trick it into thinking the season has changed (kalanchoe, like poinsettia and Christmas cactus are photoperiodic plants); I have found, though, that our change of daylight hours at this latitude does the job without any closets involved. You just need to accept that the plant will bloom on its own schedule, not yours. My Christmas cactus are all in full bloom in October and November, despite their name. (I have seen them called "Holiday Cactus" in some places—a more appropriate label.)

In search of a friendly garden club? Queensland Garden Club meets the first Wednesday of each month at the Queensland Community Centre at 7:00 pm.

All are welcome, and we don't care where you live.



Councillor, Ward 13
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 dcolley@calgary.ca 403.268.1624
 @BigRedYYC Facebook.com/dianecuc
 CouncillorDiane.ca

Seasons Greetings!

I want to first of all say how much I appreciate being re-elected by the residents of Ward 13 as your Councillor and City Official for the next four years! It is an honour and a privilege to continue being your voice at City Hall.

On behalf of Choi and Anthony, I want to extend our warm wishes for the best of the holiday season to you and your family.

SNIC (Snow & Ice Removal)

With winter upon us and snowflakes hitting our city streets, it's a good idea to re-familiarize everyone with the City's SNIC program. Roads has a pre-planned, measured response to snowfall that helps make roads safe. The City maintains roads during winter months by:

- Anti-icing before a snow event;
- Sanding, salting and plowing roads; and
- Snow fencing where required.

Roads are cleared based on a Council-approved priority system. The more traffic there is on a road, the higher the priority. The highest priority roads are classified as Priority 1s. The lowest are Priority 4s. Roads is responsible for clearing snow and ice from public roadways and LRT stations. Parks is responsible for the pathway system. For more information, visit Calgary.ca/Snow. For an interactive map to see updates on road clearing in our streets, visit Calgary.ca/RoadConditions.

Snow Angels

Keeping sidewalks free of ice and snow can be very challenging for seniors and people with limited mobility. Through Snow Angels, you are encouraged to be a good neighbour by clearing snow for those who need assistance.

How to be a Snow Angel

To be a Snow Angel all you have to do is adopt a sidewalk and keep it clear when it snows. Watch for people in your neighbourhood who could use help removing snow and lend them a hand.

Nominate your Snow Angel

You can recognize your Snow Angel by either:

- Calling 311;
- Filling out a Snow Angel 311 online service request form; or
- Sending a letter telling us your Snow Angel story.

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In Dutch, Santa's reindeer Donner and Blitzen are named Donder and Bliksem, which means thunder and lightning respectively.





MLA Calgary - Lougheed, PC House Leader
Dave Rodney
 311A - 2525 Woodview Drive SW
 ☎ 403-238-1212
 ✉ calgary.lougheed@assembly.ab.ca

My Heartfelt Farewell to Woodcreek, Evergreen, and Bridlewood

To every single person in Calgary-Lougheed: thank you for entrusting me to be your elected representative for the past 13 years! Together, we built four schools and the Calgary South Health Campus. We achieved the historic agreement with our friends the Tsuut'ina, and the southwest Calgary ring road is under construction. We also passed more private members' business than any other member in our time.

I thank all of the legislative assistants that I've been pleased to work with, and I thank Darlynn Linn – the most amazing constituency manager I could have ever hoped for! Thank you to all who have ever assisted with the Calgary-Lougheed board: your straightforward advice, unconditional friendship, and boundless diligence for serving Albertans is nothing short of awe inspiring.

Thank you to all Premiers and MLAs I've worked with. I have learned so much while I was honoured to serve dozens of committees – from local to international – and as House Leader, Deputy Caucus Chair, Chair of Calgary Caucus and the Alberta Alcohol and Drug Abuse Commission, and as Associate Minister of Wellness. I'm especially proud of our wellness team: together, we initiated healthy eating and active living programs and policies for all Albertans – that were positive, proactive, and preventative – that helped keep people happy, healthy, and out of the hospital as much as possible – and that have been emulated in many regions around the world! I thank MLAs from all parties who supported dozens of wellness projects in the past, including the Smoke-free Places Act and the Tobacco Reduction Act (my first private member's bill and my last government bill); the Provincial Wellness Strategy (Health for All, Wellness for Life); the Alberta Get Outdoors ("GO!") Weekend Act, and so much more.

After all of this – and with so much more to do – part of me finds it very difficult to step aside for now; but I'm confident that now is exactly the time to do that...because our province gained the most amazing leader it could hope for during these trying times; and he deserves a shot in the Legislature to share his vision with Albertans. Before my time as an MLA, I enjoyed careers in national and international business, education, and humanitarian work; and I can tell you unequivocally that have never met a harder working person than Jason Kenney!

I will dearly miss working with all of you in Calgary-Lougheed – and in the Legislature for all Albertans; and I truly wish every one of you nothing but the best...as together, we strive to build the strongest and most compassionate province possible. Thank you all; and God bless Alberta!



MLA Calgary-Shaw
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 ✉ calgary.shaw@assembly.ab.ca

A very Merry Christmas and Happy New Year!

I want to take this opportunity to wish all residents of Calgary Shaw a wonderful holiday season. Christmas is a reminder to be thankful for our families, friends, and the great communities we live in. I personally am so grateful to serve as your provincial representative in the Legislature. This past year I've had the honour of meeting with hundreds of individuals and community organizations in order to bring their concerns to the government. It has been my pleasure to do so and I look forward to 2018 when we can continue to work together to strengthen our province.

In the Legislature

The Government of Alberta continues to work hard drafting legislation in preparation for the legalization of cannabis. When the federal government introduced legislation to legalize cannabis next summer across the country, it left many decisions about adapting to the federal legislation to provinces and territories. I want to reassure all constituents that I share Alberta's priorities of keeping cannabis out of the hands of youth, protecting safety on roads, in workplaces, and in public spaces, and protecting public health. As a father of 3 small children this is extremely important to me and I want to thank all of you who shared your opinions and expertise on the issue. Public consultation has closed and is now being reviewed in order to introduce legislation early next year. However, if you have any further feedback or questions, contact my office and I will be happy to communicate it to the Ministry of Justice.

As always my office can provide Notary Public and Commissioner for Oaths services, but it's a good idea to make an appointment well ahead of when you need the document signed. If you need a few provincial pins just connect with my constituency assistants, Michelle and Katharina. They are happy to help you with any issues you may have and can be reached at 403-256-8969.

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