

AUGUST 2016

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# SOUTHWOODConnects.ca

THE OFFICIAL SOUTHWOOD COMMUNITY NEWSLETTER



**SOUTHWOOD  
COMMUNITY CLEAN UP**  
SEPTEMBER 17

**NEXT SCA BOARD MEETING**  
SEPTEMBER 29 AT 7PM





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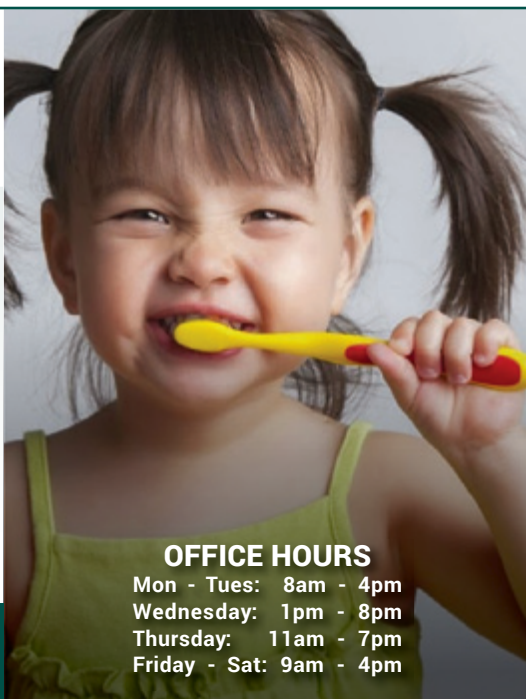
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Thursday: 11am - 7pm  
Friday - Sat: 9am - 4pm

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## Southwood Community Association

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Phone: 403.259.0919

[southwood.info@gmail.com](mailto:southwood.info@gmail.com)

[www.southwoodconnects.ca](http://www.southwoodconnects.ca)

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## NEWSLETTER AD SALES

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SOUTHWOOD  
COMMUNITY  
ASSOCIATION



11 Sackville Drive S.W., Calgary, Alberta, T2W 0W3  
Telephone: 403 259 0919  
Website: SouthwoodConnects.ca  
Twitter: @SouthwoodYYC Facebook: Southwood Connects

BOARD MEMBERS 2016/17			
President	Vivien Jonathan	president@southwoodconnects.ca	403-253-5885
Treasurer	Alec Simpson	treasurer@southwoodconnects.ca	403-640-2730
Secretary	Anne WroblewskiLily	secretary@southwoodconnects.ca	403-671-7459
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Vice-President	Ellen Close	ellenclose@gmail.com	403-826-6797
Director of Memberships	Ellen Close	membership@southwoodconnects.ca	403-826-6797
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Director at Large	Roszell Susan	susanshih2@hotmail.com	403-4832209
Director at Large	Thalia McRae	thalia.mcrae@gmail.com	403-698-9133
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Newsletter	Barb Short	newsletter@southwoodconnects.ca	403 255 6049
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Community garden	Teresa McLaren	southwoodcommunitygardens@gmail.com	403-680-9868
Learning Tree Pre School	Megan	thelearningtreepre-school@shaw.ca	403-680-9868
Skate park Liaison	Mark Zan	ecoza@hotmail.com	
CPA Community Liaison	Cst. Josh Young		403 428 6642
Neighborhood partnership Co-ordinator		Jenna.Findlater@calgary.ca	
Air Cadets	Guy Varty -Chairperson	52ssc.chair@gmail.com	
Hall Rental	Lola Medjedovich	hallrental@southwoodconnects.ca	403-474-3845

SOUTHWOOD  
COMMUNITY  
ASSOCIATION  
SUPPORTERS

Good Earth Cafe Glenmore Landing  
Southwood Corner Planet Organic  
Southwood Corner Chiropractic  
Southwood Corners  
The Box Discount Store

PLEASE SUPPORT  
OUR SCA FRIENDS

The businesses above have supported the efforts of the SWCA Board. Through their financial and/or material donations, they have encouraged Southwood residents to become members and to participate in community events. Help support these corporate members by keeping your business local.



PRESIDENT'S  
MESSAGE

Summer days have been with us for a while. I hope your summer is as restful or as busy as you want it to be.

Our Casino was held on the 3<sup>rd</sup> and 4<sup>th</sup> of July. I want to thank all of you who came out and volunteered. I would like to thank Bob for his great work in getting licenses and permits with AGLCB. Also, all the hard work he does getting the necessary volunteers. It was a challenge this year as it fell on the Canada Day long weekend.

We are still looking for someone interested in taking the position of Treasurer. Clearly this is an important portfolio, so you would likely be wanting a bit of time to learn about the position. You can start as a Director at Large, with the portfolio of Assistant to the Treasurer. You would shadow Alec to transition to Treasurer at a later date. Please can someone come forward to volunteer? Alec needs a break.

Remember that you can buy your membership any time of the year. Go to Southwoodconnects.ca/Memberships to purchase your memberships.

On September 17<sup>th</sup> we will be holding our annual Community Clean Up in conjunction with the Southwood United Church. We will be having extra pick-ups available by a wonderful man who is giving his time to help out. Call me if you have special needs for pick up in and around your alleyways. Remember this is a great time for you to get rid of recyclables, and old junk that you would normally take to the dump. This service is free. The city provides the trucks and the dump service at the central collecting station in the Southwood United Church parking lot.

Please note, that starting in September, our monthly meetings will be held on the LAST Thursday of each month. The first formal board meeting will be on September 29<sup>th</sup> at 7.00pm. I will be calling an informal meeting earlier in the month to orient the new board.

Yours in summer!

Kind regards,

Vivien Jonathan

SOUTHWOOD  
COMMUNITY ASSOCIATION

This is your community newsletter with a mission to keep Southwood residents connected and involved in community life. The volunteer efforts of contributors and distributors ensure its success. This newsletter is printed monthly and is distributed without charge to all residents of Southwood.

Please check out our website, which contains useful information for you to access at SouthwoodConnects.ca.

Newsletter Submissions

We welcome articles and letters from our readers. All submissions must be accompanied by a name and telephone number. Articles should be between 200 and 550 words and can be submitted to the Newsletter Editor.

We reserve the right to edit articles for appropriate content or length. Photographs of community events are also greatly appreciated. Editorial deadline is the 5<sup>th</sup> of the month prior to publication.

Calendar Submissions

We want to make our newsletter and calendar as complete as possible, to include all community events and programs. If we missed yours, please contact the Newsletter Editor.

Newsletter Editor	Barb Short	barbshort@shaw.ca
Publisher	Great News Publishing	403-263-3044
	www.great-news.ca	
Distribution	Canada Post	



Hall Rentals

Looking for a space to hold your next function or weekly/monthly meeting? The Southwood Community Hall is the perfect spot for birthdays/anniversaries, seminars/workshops, book clubs, day camps & playgroups, fitness classes and more! Discounted rental fees for community members! For more info, visit our website at www.southwoodconnects.ca or call Lola at 403-474-3845.

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**SOUTHWOOD  
BUSINESS MEMBERS**

We thank the following businesses for their ongoing support of the Southwood Community Association.

**Please Support These Local Businesses**

- Southwood Veterinary Hospital
- Bell Davidson Insurance Brokers Ltd.
- Apple Dental Group
- Psychology Plus
- Great News Publishing
- Kimberly Hull, CPM

To join this list, please email [swca@shaw.ca](mailto:swca@shaw.ca).

**THE LEARNING  
TREE PRE-SCHOOL**



The Learning Tree Preschool is located in the Southwood Community Centre. Register NOW for our 3 year old AM or 4 year old PM programs. There is very limited space available. For more information about the preschool program and registration, contact Meghan Collyer at [www.thelearningtreepreschool.com](http://www.thelearningtreepreschool.com).

**BRAIN GAMES SUDOKU**

	7			3	8			5
				5			8	9
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	5				9	3		
9								8
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1			5	9			7	

FIND SOLUTION ON PAGE 7

**Rhubarb Fest  
2016**

**Our 4<sup>th</sup> annual Rhubarb Fest was amazing! Thank you to all our volunteers and everyone that came out and had a great day in the sun.**

We kicked off the festival with the official grand opening of the new Southwood skate park. Our festival grew in size in 2016 and the skate park was a central piece in the middle of all the other activities. It has been very popular for all ages and skill levels since it opened, and it was no exception at Rhubarb Fest! It was great to see so many different people using it and enjoying Southwood's newest amenity.

We once again collected donations for the Calgary Food Bank and thanks to the generosity of people attending we collected 320 pounds of food donations.

This event would not be possible without a small army of volunteers. This year we had 52 volunteers help us with the festival. A huge thank you to the community volunteers that came out to help set up the festival, take on key positions during the festival and assist with the tear down of the festival! We truly appreciate everything you did and hundreds of people had a fantastic day due to your efforts.

**RHUBARBFEST BY THE NUMBERS**

- 52 volunteers
- 12 new Southwood community memberships sold
- 47 vendors and organizations
- 5 bands
- 1 obstacle course
- 1 craft zone
- 1 magician – James Jordan
- 1 caricature artist – Rob Milton
- 4 Face Painters
- 1 Petting Zoo
- 4 Kid Bouncers
- 88% of our waste recycled or composted
- 320 lbs of food collected for the Calgary Food Bank
- 650 sausages and veggie dogs
- 414 pieces of rhubarb pie
- 504 pints of beer and glasses of wine

We once again partnered with Village Brewery and this year we also sold Field Stone Fruit Wines in our beer gar-

den. We cooked up Spolumbo's sausages on the BBQ, served up strawberry-rhubarb pie. We partnered with X92.9 radio station. In addition to promoting the festival, they joined us on location.

We had five bands perform this year: Steel & Timber, Tanner James, Windigo, Jesse and the Dandelions, and Copperhead. BassBus was on location taking care of all the bands' sound needs this year.

We once again had a market place which included 47 tables of local artists and artisans, Calgary Weekend Market, City departments, local businesses and organizations.

**RHUBARB FEST YOUTH ACTIVITIES**

There was a lot for kids to take part in and the following activities were quite popular:

- Sky High Bouncers
- Butterfield Acres Petting Zoo
- Springfree Trampolines
- Terrrrific Face Painting
- The Amaze Arts' Craft Zone
- The Activity Zone
- Pedalheads Obstacle Course
- James Jordan's magic shows

**ENVIRONMENTAL RESPONSIBILITY**

Green Event Services once again helped us with Rhubarb Fest's waste management. This was a huge success as we increased our diversion rate to 88% this year, compared to 82% in 2015. Village Brewery provided compostable pint glasses and the community association purchased compostable products for the BBQ: plates, napkins, and cutlery. Plus, the drink cups at the water station were also compostable.

Due to the efforts of everyone involved we were able to divert 88% of our waste away from the landfill. Only 9kg of waste went to the landfill, this was an improvement from 14kg in 2015. In total, 66kg of waste was diverted from the landfill to compost, mixed recycling or beverage container recycling.

**SPONSORS AND PARTNERS**

We would like to recognize a variety of partners and sponsors that helped make Rhubarb Fest 2016 a success.

- Servus Credit Union
- Dr. Jennifer Bradshaw – chiropractor

- Planet Organic Market
- Amaze Arts
- Youth Central
- Western One Rentals
- X92.9 radio station
- Blush Lane organic market
- Calgary Weekend Market
- Councillor Brian Pincott
- MLA Brandy Payne
- City of Calgary
- Village Brewery
- Field Stone Fruit Wines
- Calgary Association of Skateboard Enthusiasts
- Green Event Services
- Spolumbos
- Springfree Trampoline
- Sky High Bouncers
- ATCO Gas
- BassBus
- Landlocked Management
- James Jordan – magician
- Rob Milton – caricature artist
- Butterfield Acres petting zoo

It was another successful year! See you June 3 from 11am to 5pm at Rhubarb Fest 2017.

**Social Media**

Rhubarb Fest has its own social media accounts! Find us on Facebook as Rhubarb Fest Calgary and on Twitter as @rhubarbfestyc.

**BRAIN GAMES SUDOKU**

6	7	1	9	3	8	2	4	5
4	2	3	1	5	6	7	8	9
5	8	9	2	4	7	1	3	6
2	5	7	6	8	9	3	1	4
9	1	4	3	7	5	6	2	8
3	6	8	4	1	2	5	9	7
8	9	2	7	6	1	4	5	3
7	3	5	8	2	4	9	6	1
1	4	6	5	9	3	8	7	2

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# Thank you to our wonderful Casino Volunteers

A big thank you to the following people for helping our Community with their time and effort to run our Casino. If you see, meet, or know any of these people say THANKYOU because without them our community would not be here.

Noreen Kumlin, Barb Short, Roberto Montaque, Tim Booker, Jill McNeil,

Marge Oishi, Shannon Iwamoto, Alec Simpson, Phylis Bakken, Rob Lawrence , Michael Stephenson, Judy Ivanski, Brian Houlinan, CF McKinnon, Rick Kry, Rosemary Kry, Germain Desrosier, Rob Dickinson, Paul Webber, Ellen Close, Charmaine Sicotte, Don Fernandese, Amanda Taffs, Vivien Jonathan, Bob Jonathan.

Extra: Lily Wroblewski

## PROGRAMS AT THE HALL

### Chakra Therapy Facilitators Training—Level 1

In this certified program you will get an in-depth training of the Chakra System. Understand and read Chakras. Learn how they relate to illness, aches and pains. How they affect certain areas of your life. Then learn how to balance receiving tools for maintaining this balance.

Use this knowledge for your own well- being. Or with clients and patients. It is an excellent training for Healers, Medical Professionals, and Massage Therapists.

For more information or to register email: [info@candacemckim.com](mailto:info@candacemckim.com)

Dates: August 19-21, 2016


Times: Friday 9:00-8:00 pm, Saturday 9:00-8:00 pm, Sunday 1:00-4:00 pm

Location: 11 Sackville Drive S.W. Southwood Community Hall

Healthy meals included during training. Early bird offer of 20% discount.

# SOUTHWOOD COMMUNITY CALENDAR AUGUST 2016

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT
	1	2	3	4	5	6
	7 - 9 pm Meeting (Pioneer) 6 - 9 pm Dancing til Dawn (Chateau - hours vary & not every Mon night)	10 - 11:30 am Yoga with June Kwak (Pioneer) 6:30 - 7:30 pm Sparks (Pioneer) 6:30-8:30 pm Brownies (Chateau) 8 - 9 pm Moh Pai Martial Arts (Pioneer)	9:30 - 11 am Hot Mama Fitness (Both Rooms - switched from Thurs mornings - starts in Oct) 6 - 10 pm Bridge Nutz (Chateau) 7 - 9 pm Meeting (Pioneer)	6 - 9 pm Moh Pai Martial Arts (Pioneer - usually 2 <sup>nd</sup> & 4 <sup>th</sup> Thurs of each month)	6 - 9 pm Moh Pai Martial Arts (Pioneer)	
7 9 am - 1 pm ECC Church (takes both rooms - Sunday School in Chateau) Usually 3 <sup>rd</sup> Sun of each month They have a Potluck after, so stay until 3pm 3 - 5 pm Chihuahua Playgroup (Chateau - usually 3 <sup>rd</sup> Sun of each month)	8 7 - 9 pm Meeting (Pioneer) 6 - 9 pm Dancing til Dawn (Chateau - hours vary & not every Mon night)	9 10 - 11:30 am Yoga with June Kwak (Pioneer) 6:30 - 7:30 pm Sparks (Pioneer) 6:30-8:30 pm Brownies (Chateau) 8 - 9 pm Moh Pai Martial Arts (Pioneer)	10 9:30 - 11 am Hot Mama Fitness (Both Rooms - switched from Thurs mornings - starts in Oct) 6 - 10 pm Bridge Nutz (Chateau) 7 - 9 pm Meeting (Pioneer)	11 6 - 9 pm Moh Pai Martial Arts (Pioneer - usually 2 <sup>nd</sup> & 4 <sup>th</sup> Thurs of each month)	12 6 - 9 pm Moh Pai Martial Arts (Pioneer)	13
14 9 am - 1 pm ECC Church (takes both rooms - Sunday School in Chateau) Usually 3 <sup>rd</sup> Sun of each month They have a Potluck after, so stay until 3pm 3 - 5 pm Chihuahua Playgroup (Chateau - usually 3 <sup>rd</sup> Sun of each month)	15 7 - 9 pm Meeting (Pioneer) 6 - 9 pm Dancing til Dawn (Chateau - hours vary & not every Mon night)	16 10 - 11:30 am Yoga with June Kwak (Pioneer) 6:30 - 7:30 pm Sparks (Pioneer) 6:30-8:30 pm Brownies (Chateau) 8 - 9 pm Moh Pai Martial Arts (Pioneer)	17 9:30 - 11 am Hot Mama Fitness (Both Rooms - switched from Thurs mornings - starts in Oct) 6 - 10 pm Bridge Nutz (Chateau) 7 - 9 pm Meeting (Pioneer)	18 6 - 9 pm Moh Pai Martial Arts (Pioneer - usually 2 <sup>nd</sup> & 4 <sup>th</sup> Thurs of each month)	19 6 - 9 pm Moh Pai Martial Arts (Pioneer) Chakra Therapy	20 Chakra Therapy
21 9 am - 1 pm ECC Church (takes both rooms - Sunday School in Chateau) Usually 3 <sup>rd</sup> Sun of each month They have a Potluck after, so stay until 3pm 3 - 5 pm Chihuahua Playgroup (Chateau - usually 3 <sup>rd</sup> Sun of each month) Chakra Therapy	22 7 - 9 pm Meeting (Pioneer) 6 - 9 pm Dancing til Dawn (Chateau - hours vary & not every Mon night)	23 10 - 11:30 am Yoga with June Kwak (Pioneer) 6:30 - 7:30 pm Sparks (Pioneer) 6:30-8:30 pm Brownies (Chateau) 8 - 9 pm Moh Pai Martial Arts (Pioneer)	24 9:30 - 11 am Hot Mama Fitness (Both Rooms - switched from Thurs mornings - starts in Oct) 6 - 10 pm Bridge Nutz (Chateau) 7 - 9 pm Meeting (Pioneer)	25 6 - 9 pm Moh Pai Martial Arts (Pioneer - usually 2 <sup>nd</sup> & 4 <sup>th</sup> Thurs of each month)	26 6 - 9 pm Moh Pai Martial Arts (Pioneer)	27
28 9 am - 1 pm ECC Church (takes both rooms - Sunday School in Chateau) Usually 3 <sup>rd</sup> Sun of each month They have a Potluck after, so stay until 3pm 3 - 5 pm Chihuahua Playgroup (Chateau - usually 3 <sup>rd</sup> Sun of each month)	29 7 - 9 pm Meeting (Pioneer) 6 - 9 pm Dancing til Dawn (Chateau - hours vary & not every Mon night)	30 10 - 11:30 am Yoga with June Kwak (Pioneer) 6:30 - 7:30 pm Sparks (Pioneer) 6:30-8:30 pm Brownies (Chateau) 8 - 9 pm Moh Pai Martial Arts (Pioneer)	31 9:30 - 11 am Hot Mama Fitness (Both Rooms - switched from Thurs mornings - starts in Oct) 6 - 10 pm Bridge Nutz (Chateau) 7 - 9 pm Meeting (Pioneer)			



It is just like man's vanity and impertinence to call an animal dumb because it is dumb to his dull perceptions.

Mark Twain

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# Buy a membership and be part of Southwood

Current Membership participation is increasing 5% of Southwood residents.  
Membership purchase helps Southwood be a vibrant and sustainable community.

- Three annual events a year - Winter Fest, Rhubarb Fest, & the Halloween Howler
- Community representation on City Development Issues (i.e.: Transit Oriented Development)
- Management, upkeep, maintenance of our hall, hockey rink, community gardens, labyrinth etc...
- Manage hall rentals (creating needed income for Southwood Community Association)
- Funding for special programs (i.e: Music in the Park)
- Applications for available grants helping to pay for our community playgrounds & green space improvements & upkeep
- Keeping residents informed through articles in the monthly community newsletter and on line at [www.Southwoodconnects.ca](http://www.Southwoodconnects.ca)
- Discounts at the Trico Centre when signing up for classes/programs
- Exclusive offerings for Southwood Community Association Members at community events

## Upcoming Events:

September 17, 2016  
Community Clean Up

Please take a moment to use one of the following payment options to purchase or renew your Membership

1. Go to [Southwoodconnects.ca/Memberships](http://Southwoodconnects.ca/Memberships) to purchase your membership online.
2. Complete the form below and drop it off or mail it to the community association with a cheque payable to Southwood Community Association (11 Sackville Dr SW Calgary, Alberta T2W 0W3)

## Southwood Community Association MEMBERSHIP

Effective July 1, 2016-June 30, 2017

As per the Privacy Act, any information you provide will be held in strictest confidence and will not be disclosed to third parties.

Family Name:..... First Name: .....

Address: .....Postal Code.....

Email:.....(Used only by SCA to send occasional emails about community issues & events)

Phone #:.....Cell #: .....

SCA Family Membership	\$30
SCA Seniors Membership	\$20
Donation to the Community	(Tax receipt Yes No)
Interested in Volunteering?	YES NO

SOUTHWOOD COMMUNITY  
ASSOCIATION MEETINGS  
ARE HELD  
THE LAST THURSDAY OF  
EACH MONTH @ 7 P.M. -  
ALL ARE WELCOME  
11 SACKVILLE DR SW

HAVE A VOICE  
AND BE INFORMED  
ABOUT  
ISSUES AFFECTING  
OUR COMMUNITY

VOLUNTEER  
AT EVENTS  
JOIN THE  
SOUTHWOOD  
COMMUNITY BOARD





**COUNCILLOR, WARD 11**  
**BRIAN PINCOTT**  
P.O. Box 2100 Stn. M, #8001A  
Calgary, AB T2P 2M5  
403-268-2430 • [www.ward11calgary.ca](http://www.ward11calgary.ca)

Thank you for taking the time to join in on the budget discussion through June and July. I valued the thoughts, comments and feedback you added to the discussion. If you missed it, please check out the blog series on my website at [www.ward11calgary.ca](http://www.ward11calgary.ca). If you do not have internet access, please know you are welcome to contact my office, and will find an alternate way to share the information with you.

To ensure that you're part of the conversation, I would like to encourage you to contact me and sign up to receive updates from my office. I send out one or two email updates a month to let residents of Ward 11 know about upcoming events in your community, city programs and opportunities to have input into the city's public engagement programs. You can sign up by

emailing my office at [ward11@calgary.ca](mailto:ward11@calgary.ca) and asking to start receiving our updates.

The summer is a great time to consider joining your community association. Community Associations work for you at the very local level of your neighbourhood. The people who volunteer with your community association are committed to making your community better. They plan events, work to represent you to the City and to me, and are always looking for new ways to help neighbours connect with neighbours. They are a very important part of what makes our communities great. Please support your community association by getting a membership, by volunteering and helping out to make your neighbourhood event better.

There are a ton of events taking place in Ward 11, and in Calgary, this summer, and I would like to encourage everyone to take part in some of them! Ward 11 is blessed with very active community associations that are hosting stampede breakfasts and parade, pub nights, movie-in-the-park nights and all kinds of other events. Enjoy the festivities, I hope you have a safe and great summer!



McDougall United Church, 8516 Athabasca Street S.E.  
(No religious content, non-denominational)

Artisans in quilting, knitting, crocheting, card making, as well as a "do-as-you-wish" table meet to learn and practice their art in a community setting. No experience is required. Come and learn from instructors, obtain advice, but mostly enjoy the company of women across the ages, make friends, and have a personal time out!

Wednesday mornings, 9:00 – 11:00 a.m., next session September 7 – November 30.

Registration preferred, but drop in is available, babysitting supplied. Please contact Lori at McDougall United Church 403-252-1620.



Name	Age	Contact	Course
Alana	25	587-888-4854	Yes
Alana	25	403-869-1993	Yes
Ella	12	403-991-3108	Yes
Kim	24	587-585-4647	Yes
Kyra	15	403-397-3870	Yes
Rexilla	39	403-478-9465	Yes

**Calling All BABYSITTERS**  
Enroll free at [mybabysitter.ca](http://mybabysitter.ca) and choose the Calgary communities you would like to babysit in.

**Calling All PARENTS**  
Visit [mybabysitter.ca](http://mybabysitter.ca) and find available babysitters in and around your community.

**Disclaimer:** We recommend for your own peace of mind that references be checked when choosing your babysitter. This babysitter list is provided as a service to the community and is governed by the terms & conditions outlined at [mybabysitter.ca](http://mybabysitter.ca).



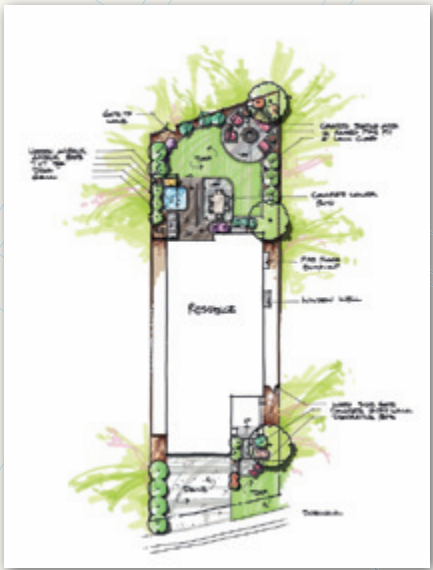
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**NEIGHBOURHOOD CONFLICT?** Community Mediation Calgary Society (CMCS) is a no cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

**PAYROLL CONSULTANT:** I specialize in small and medium sized businesses: payroll processing for up to 500 employees, direct deposits, online employee portal for pay statements, payroll reporting included, records of employment, year-end and t4s, employee benefits, workers compensation, GST, accounts payable, sole proprietors. Kimberly Hull, CPM, 587-703-0183. kimberlyhullcpm.ca.

**SUMMIT PLUMBING AND HEATING:** Renovations and installations. Specializing in residential service including Hot Water Tanks, Gas Fitting, Back Flow Testing and more. Second generation Master Plumber, Seann Eldan, with over 20 years' experience. Experienced team serving Calgary and area. Contact us: Office 403-281-2008, Email summitplumbing@shaw.ca or website www.summitplumbing.ca.

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**HELP WITH RE-CYCLING EMPTIES FOR SRI-LANKA POST TSUNAMI RELIEF WORK:** One step at a time, work still continues. Please donate empty cans, bottles, milk cartons and juice containers. Please contact Siri or Indranie to donate 403-253-1993. Yes we can make a difference when we team together.

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## MLA CALGARY-GLENMORE ANAM KAZIM

#A208, 1600 - 90th Avenue SW  
Calgary, AB Canada T2V 5A8  
Ph: (403) 216-5421, Fax: (403) 216-5423  
Email: calgary.glenmore@assembly.ab.ca

Dear Constituents:

Thank you to all the constituents who attended our MLA Stampede Breakfast at Heritage Park on July 13, 2016. I was very happy to see you and pleased you took the time to make the event a success. Also, I apologize for the misquote in the July community association newsletters about Canada Day 150- we are in the 150th year now and we are moving towards the celebration of that all year, so we wanted to say "towards our 150th birthday". Thank you for your understanding.

**Alberta Registry Renewal Reminders:** I would like to remind you that the paper reminders from Service Alberta will no longer be issued for the renewal of license plates, driver's licenses and other government IDs. Therefore, please register online at www.reminders.e-registry.ca to receive electronic reminders and review the documents for their expiration dates.

**Electricity Prices/Carbon Levy:** It is worth noting that current and expected transmission cost increases are due to entirely new transmission builds that were approved in 2008. While it is crucial we have a reliable electricity grid that keeps pace with a growing province, decision makers at the time were not clear with Albertans about what the costs would be and who would pay for their decisions.

The government is putting a price on carbon pollution across the entire economy, and every bit of the revenue generated from our price on carbon will be reinvested back into Alberta's economy, including the pocketbooks of Alberta families and

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to diversify our economy and create good, mortgage-paying jobs through investments in renewables and infrastructure.

This plan is cost neutral for most Albertans. Two-thirds of Albertans will receive a rebate to ensure the direct costs of emissions do not place an unfair burden on them and that their efforts to reduce their energy consumption are rewarded. Please note that even once the carbon levy is fully implemented, Alberta will still have the lowest taxes in the country.

The government has announced the creation of a new energy efficient agency, Energy Efficiency Alberta, to help families, businesses and municipalities reduce both their energy costs and greenhouse gas emissions. These efforts will help Albertans save on energy bills, and create new jobs in insulation, retrofitting and rebuilding. Until now, Alberta has been the only province without a plan to improve energy efficiency of our homes, workplaces, and public buildings and was long past due. More details will be available soon.

There will also be an adjustment program to assist coal-dependent communities, Indigenous communities, low-income families, and small business to adjust to and succeed in a diversified, lower carbon economy.

Alberta's government has an investment plan that will fully recycle revenues from Alberta's carbon levy into renewable energy, innovation, public transit, and other measures that will reduce the carbon intensity of our economy.

**Alberta Jobs Plan:** Please check the link for details on the government's initiatives to create jobs in the province: www.alberta.ca/alberta-jobs-plan.cfm

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## IMPORTANT CHANGES TO TAX-EXEMPT WEALTH TRANSFER STRATEGIES

On January 1, 2017, the federal government is amending regulations that will significantly decrease the tax efficiency of current "wealth transfer" strategies.

**PLEASE JOIN US FOR AN EXCLUSIVE AND INFORMATIVE EVENT**

## TAX-SMART INVESTMENT AND ESTATE STRATEGIES

### GUEST SPEAKERS:



**PETER BOWEN**, B.A.(Econ), CA  
Vice-President, Tax Research and Solutions



**M.C. (MIKE) MACOUN**, CLU, CHS, TEP  
Vice-President, Estate Planning Specialist



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**DATE:** Tuesday, August 30, 2016  
**LOCATION:** Canada's Sports Hall of Fame  
169 Canada Olympic Road S.W.  
Canada Olympic Park  
Calgary, AB T3B 6B7  
**RSVP:** Kara Weber  
(403) 299-7374  
[kara.weber@rbc.com](mailto:kara.weber@rbc.com)  
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## IN & AROUND CALGARY

### Southland Leisure Centre

See [calgary.ca/leisurecentres](http://calgary.ca/leisurecentres) for schedules and more information.

**Fall 2016** - look for our program guide online and on stands early Aug [www.calgary.ca/recreation](http://www.calgary.ca/recreation)

**NEW** "Did you know Southland Leisure Centre has a Proshop? We have a great selection of swimsuits for all ages. Proshop sharpens skates using the Blackstone Stealth Skate Sharpening machine, CHECK US Out"

**Wednesday Soccer Drop-in.** Age: All ages  
Soccer in the gymnasium. Develop foot skills, practice drills or play a game. Nets and standards are available. Please supply your own soccer ball.

**Drop-in Climbing and Gymnastics.** There's so much to do at Southland Leisure Centre! Come have some fun and unique experiences in our rock wall climbing and gymnastics gym drop-in times. All equipment is provided and instructors are present to guide you.

**Drop-in Badminton and Basketball.**  
Please see [calgary.ca/recreation](http://calgary.ca/recreation) or contact 311 for the latest schedules as cancellations may be in effect for special events or holiday hours.

### SOUTHLAND LEISURE CENTRE PLAYSCHOOL

Phone: 403-648-6582  
Southland Leisure Centre's Playschool is recreation-based and includes educational activities which allows children to learn through play. Playschool programs are for two to four year olds from September to June. Registration is ongoing throughout the year, based on availability. Spaces are still available for the 2 1/2 and 4 year old programs for the 2016 to 2017 school year.

**NEW** Prepare your preschooler for an active social experience where children are encouraged to play and learn through games, song, exploration, and art.

This flexible Playschool option allows you to choose from one day a week or all five, just pay for the day/classes you choose at the time of registration and you can add day/classes throughout the year as you require. Registration is ongoing and in-person. Age: 3Y-5Y  
Sep 12 – Dec 31, (Jun 14/2017), M – F, 12:30pm -03:00pm, \$20

**Every Sunday, 8 am to noon. Family Swim.** It's a designated family swim time. Come enjoy our waterpark, including a trip or two to the AquaPlay structure. Be prepared to get wet! Adults must be accompanied by a child and all children must be accompanied by an adult. Regular admission applies.

## South West Communities Resource Centre

Located in the Professional Wing of the Oakridge Co-Op Mall

**#42 2580 Southland Drive SW, T2V 4J8**  
Phone: 403-238-9222 • Email: [info@swcrc.ca](mailto:info@swcrc.ca) • [www.swcrc.ca](http://www.swcrc.ca)



### Exciting News

The Board of Directors would like to introduce Debra Armstrong as the new Executive Director for the SouthWest Communities Resource Centre. With a background in Social Work and Non-Profit Management her leadership has contributed to the impact of numerous programs and services throughout Alberta. She is excited to work with families throughout 28 local communities and provide a range of programs and services that will meet the needs of children, youth and parents. Come by our office and say hello.

### Summer Fun Chat N' Play

Wednesday afternoons from 1:30 to 3:30.  
This is a fun gathering of parents and tots who are looking for opportunities to socialize and connect with other parents. Coffee will be on, but childcare will not be provided.

### Volunteering in your community

- **Casino shifts available on October 1<sup>st</sup> and 2<sup>nd</sup> At Cash Casino.** Please help our agency raise needed dollars to support our neighbours. The gift of your time means so much to so many families. (Must be over the age of 18 to volunteer at a casino).
- If you have a professional skill that you would like to offer as a volunteer, we want to talk to you! We are looking for people who can donate time to help with the following areas and roles: our social media, volunteer management, web design, graphic artists, photographers, parenting group assistants and morning child care once a week. **Please contact our office if you would like to help.**

### Donations

#### Neighbours Helping Neighbours:

- Do you know anyone giving away high quality office furniture? We are seeking three office desks, white boards, and credenza.
- More than ever your neighbors' are requesting our support. The demand for basic needs for many young families has increased over the last year. We are seeking donations for baby diapers, pull-ups and wipes, baby shampoo and formula, personal hygiene products and feminine hygiene products.
- If you are unable to purchase these items, consider making an **online donation** so that the SWCRC can continue to help those who require a helping hand. Visit [www.swcrc.ca](http://www.swcrc.ca) for more information.

## IMPORTANT NUMBERS

ALL EMERGENCY CALLS	911
Alberta Adolescent Recovery Centre	403.253.5250
Alberta Health Care	403.310.0000
AHS Addictions Hotline	1.866.332.2322
ATCO Gas – 24 Hour Emergency	403.245.7222
Calgary HEALTH LINK 24/7	811
Calgary Police – Non Emergency	403.266.1234
Calgary Women's Emergency Shelter	403.234.7233
Child Abuse Hotline	1.800.387.5437
Kids Help Line	1.800.668.6868
Child Safe Canada	403.202.5900
Distress/Crisis Line	403.266.4357
ENMAX – Power Trouble	403-514-6100
Poison Centre - Alberta	1-800-332-1414
HOSPITALS / URGENT CARE	
Alberta Children's Hospital	403.955.7211
Foothills Hospital	403.944.1110
Peter Lougheed Centre	403.943.4555
Rockyview General Hospital	403.943.3000
Sheldon M. Chumir Health Centre	403.955.6200
South Calgary Urgent Care Health Centre	403.943.9300
South Health Campus	403.956.1111
OTHER	
Calgary Humane Society	403.205.4455
Calgary Parking Authority	403.537.7000
SeniorConnect	403.266.6200
Calgary Kerby Elder Abuse Line	403.705.3250
Alberta One-Call Corporation	1.800.242.3447
City of Calgary	311
Social Service Info & Referral	211
Community Mediation Calgary Society	403.269.2707
RNR Lockworks Ltd.	403.479.6161
Road Conditions – Calgary	511
Weather Information	
Gamblers Anonymous	403.237.0654

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## IN & AROUND SCHOOL

### St. Gerard School

#### A MESSAGE FROM OUR NEW PRINCIPAL

I am delighted to be the new principal of St. Gerard, and feel very fortunate to have been invited into such a close-knit French Immersion community. I am very impressed by all the positive things that I have heard from Darlene Wozney about the school, the families, the educational staff, and the history.

I feel blessed and excited about this opportunity, and will continue to support all the initiatives in which the school community is invested. I trust that my efforts will mirror those of parents and students as we work with each other towards a great future in education.

Yours truly,  
Christian Harries

#### Important Dates:

August 18th: Office Opens

September 1: For day of classes

September 1, 2 and 6: Kindergarten Staggered Entry

We look forward to enjoying our school community at a FAMILY BBQ on September 15. Details to follow.

## COMMUNITY ANNOUNCEMENTS

- ◆ Free announcements: lost/found, household items for sale, wanted, garage sale, student/senior services, etc.
- ◆ Forty word limit

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