

JULY 2016

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# SOUTHWOODConnects.ca

THE OFFICIAL SOUTHWOOD COMMUNITY NEWSLETTER



**CASINO**  
JULY 3, 4  
VOLUNTEERS STILL NEEDED!

**COMMUNITY CLEAN UP**  
SEPTEMBER 17, 2016

**NO SCA BOARD MEETING  
UNTIL SEPTEMBER**





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southwood.info@gmail.com  
www.southwoodconnects.ca

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# SOUTHWOOD COMMUNITY ASSOCIATION



11 Sackville Drive S.W., Calgary, Alberta, T2W 0W3  
 Telephone: 403 259 0919  
 Website: SouthwoodConnects.ca  
 Twitter: @SouthwoodYYC Facebook: Southwood Connects

## BOARD MEMBERS 2016/17

President	Vivien Jonathan	president@southwoodconnects.ca	403 253 5885
Treasurer	Alec Simpson	treasurer@southwoodconnects.ca	403-640-2730
Secretary	Lily Anne Wroblewski	TBA	TBA
Past President	Mark Zan	ecozaan@hotmail.com	403 255 0006
Vice-President	Ellen Close	TBA	TBA
Director of Memberships	Ellen Close	TBA	TBA
Director of Programs	Robert Dickinson	programs@southwoodconnects.ca	403-479-3750
Director of Transit	Dorothy Cornwall	dothome@shaw.ca	403-259-5048
Oriented Development			
Director of Development	Becky Poschmann	TBA	TBA
Director of Casino	Bob Jonathan	moneywiseman@shaw.ca	403-253-5885
Director of Ice Rink	Paul Webber	pdwebber@shaw.ca	403-253-5139
Director of Traffic	Amanda Taffs	TBA	TBA
Director at Large	Don Nauffts	don@naufftsaccounting.com	403-234-7705
Director at Large	Rick Kry	kryinternetuse@yahoo.ca	403-259-2951
Director at Large	Dorothy Rice	dorothy.rice@shaw.ca	403-919-7355
Director at Large	Susan Roszell	TBA	TBA
Director at Large	Thalia McRae	TBA	TBA

## ASSOCIATES

Newsletter	Barb Short	newsletter@southwoodconnects.ca	403-255-6049
Webmaster	Thalia McRae	webmaster@southwoodconnects.ca	
Facility maintenance	Robert Schiaroli	rschiaroli@shaw.ca	587-894-6104
Community garden	Teresa McLaren	southwoodcommunitygardens@gmail.com	
Learning Tree Pre School	Megan		
Skate park Liaison	Mark Zan	ecozaan@hotmail.com	
CPA Community Liaison	Cst. Josh Young		403-428-6642
Neighborhood partnership			
Co-ordinator	Pam Mc Hugh and JENN		
Air Cadets	Guy Varty -Chairperson	52ssc.chair@gmail.com	

## SOUTHWOOD COMMUNITY ASSOCIATION SUPPORTERS

Good Earth Cafe Glenmore Landing  
 Southwood Corner Planet Organic  
 Southwood Corner Chiropractic  
 Southwood Corners The Box  
 The Box Discount Store

## PLEASE SUPPORT OUR SCA FRIENDS

The businesses above have supported the efforts of the SWCA Board. Through their financial and/or material donations, they have encouraged Southwood residents to become members and to participate in community events. Help support these corporate members by keeping your business local.

# SOUTHWOOD COMMUNITY ASSOCIATION

This is your community newsletter with a mission to keep Southwood residents connected and involved in community life. The volunteer efforts of contributors and distributors ensure its success. This newsletter is printed monthly and is distributed without charge to all residents of Southwood.

Please check out our website, which contains useful information for you to access at SouthwoodConnects.ca.

## Newsletter Submissions

We welcome articles and letters from our readers. All submissions must be accompanied by a name and telephone number. Articles should be between 200 and 550 words and can be submitted to the Newsletter Editor.

We reserve the right to edit articles for appropriate content or length. Photographs of community events are also greatly appreciated. Editorial deadline is the 5th of the month prior to publication.

## Calendar Submissions

We want to make our newsletter and calendar as complete as possible, to include all community events and programs. If we missed yours, please contact the Newsletter Editor.

Newsletter Editor Barb Short barblshort@shaw.ca  
 Publisher Great News Publishing 403-263-3044  
 www.great-news.ca  
 Distribution Canada Post

# SOUTHWOOD BUSINESS MEMBERS

We thank the following businesses for their ongoing support of the Southwood Community Association.

## Please Support These Local Businesses

- Southwood Veterinary Hospital
- Bell Davidson Insurance Brokers Ltd.
- Apple Dental Group
- Psychology Plus
- Great News Publishing
- Kimberly Hull, CPM

To join this list, please email swca@shaw.ca.

# THE LEARNING TREE PRE-SCHOOL



The Learning Tree Preschool is located in the Southwood Community Centre. Register NOW for our 3 year old AM or 4 year old PM programs. There is very limited space available. For more information about the preschool program and registration, contact Meghan Collyer at www.thelearningtreepreschool.com.



## 6 LOCATIONS TO SERVE YOU

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**Beacon Hill**  
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**Forest Lawn**  
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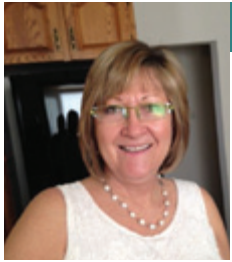
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# Hall Rentals

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rosemarykry@mac.com  
**Editorial Content DEADLINE**  
**5<sup>th</sup>** of each month for the next month's issue





## PRESIDENT'S MESSAGE

The AGM was a super success.

Our audited financial reports were presented and approved. We had a solid year due to our

good financial budgeting and careful watch of our monetary resources, thanks to Alec, our Treasurer. Thanks to Bob for his 20 years of managing the Casino. For those who do not know; Casino Funds cannot be used for programs or events. They have to be dedicated to the maintenance and day to day operation of the facility.

We had a special membership drive in March 2016. We incorporated the ability to accept payments on-line. We are pleased to tell you that we have been able to increase our active membership base, but of course more work needs to be done on that front.

Thank you to those residents who have come forward and put their names up for election to the board. There

is quite a list: Lily-Anne, Ellen, Becky, Amanda, Susan, and Thalia. We look forward to working with you all over the next year.

Southwood is blessed to have a group so dedicated to making our community a better place. My thanks go out to Alec, Rick, Mark, Dorothy C, Dorothy R, Rob, Bob J, Paul, Don, and Nicole, who between them have logged a total of just under 90 years of time spent on the board since about the mid 90's. Which was as far back as we could remember!

Anyone interested in taking the position of Treasurer but wanting a bit of time to learn about the position, (since this is an important portfolio), can start as a Director at Large. You would have the portfolio of Assistant to the Treasurer, in order to shadow Alec. You would transition to Treasurer at a later date. Please can someone come forward to volunteer, Alec needs a break.

Remember that you can buy your membership any time of the year. Just to remind you to go to [Southwoodconnects.ca/Memberships](http://Southwoodconnects.ca/Memberships) to purchase your memberships.

Rhubarb fest was fabulous. We will give more info in upcoming newsletters. We had about 900 people attend. It was a great day weather wise for a festival and we saw a lot of lovely smiling faces. Thank you to all the volunteers who worked so hard and even brought in neighbors, friends and relatives to work on the day. Rob, you are a star. Thank you for all your hard work organizing this event.

We are adjourning for our summer break after the festival. The meetings will commence in September. Please note: starting in September, our monthly meetings will be held on the LAST Thursday of each month. The first formal Board meeting after the summer break will be on September 29<sup>th</sup> at 7.00pm. We may hold an informal meeting earlier in the month to orient the new board.

In the meantime, have a wonderful summer. Relax, enjoy the sunshine, and the beautiful attractions of our vibrant city and province.

Kind regards,

Vivien Jonathan

## SOUTHWOOD COMMUNITY SUPPORTERS

### OUR NEXT



## CASINO



### IS SCHEDULED FOR SUNDAY JULY 3 AND MONDAY JULY 4 2016

WE NEED YOUR HELP!!

Please let me know as soon as possible if you can help our community with raising the funds we need to keep our community alive.

If you are able to volunteer and would like a certain position, let me know and I will do my best to accommodate your request.

I look forward to hear from you in the near future.

Sincerely,

Bob Jonathan  
403-253-5885

[Moneywiseman@shaw.ca](mailto:Moneywiseman@shaw.ca)

# Stampede is Coming it's PANCAKE BREAKFAST time

- Riverbend Community July 10 9 am to noon
- Shawnee-Evergreen Community June 25 9 am to 11 am
- Rocky Ridge Royal Oak Community July 9 8 am to 11 am
- Acadia Community July 14 4:30 pm to 6:30 pm
- Springbank Community June 18
- Milican-Ogden Community June 18 9 am to 10:30 am at Jack Setter Arena
- Auburn Bay Community July 9  
Food sponsored by A&W, 3<sup>rd</sup> annual breakfast
- McKenzie Towne Community July 14 9 am to 11 am on High St.
- Willow Ridge Community July 9 9 am to 11 am, 680-Acadia Dr. SE



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## PROGRAMS AT THE HALL

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For more information or to register email: [info@can-dacemckim.com](mailto:info@can-dacemckim.com)

Dates: August 19-21, 2016

Times: Friday 9:00-8:00 pm, Saturday 9:00-8:00 pm, Sunday 1:00-4:00 pm

Location: 11 Sackville Drive S.W. Southwood Community Hall

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## Important News to Southwood Residents Upcoming Executive Vacancies on SCA Board Urgent Attention Required!

Unless the executive positions of Vice President, Secretary, and Treasurer are filled at the Annual General Meeting on June 2, the Southwood Community Association will be forced to close.

### What does this mean to you?

- No ice rinks in the winter
- No Community Gardens in the summer
- No Winterfest
- No Rhubarb Fest
- No Halloween Howler
- No Hall Rentals or Programs
- No Community Representation on City Council
- No monthly Community Newsletter

Don't wait for someone else to volunteer. Get involved! Attend the AGM and volunteer. It's fun and informative and it keeps you involved in what's happening with your community.



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## Notice of General Meeting of Southwood Community Association

2016, September 29, Thursday, 7-9 PM  
at the Community Hall

11 Sackville Dr. SW Calgary, AB – T2W 0W3

### To Vote on

### Proposed By-law Amendment on membership

The SWCA Board has determined that the business of the Community association can be done more effectively if we make two changes. One is to fix the membership validity to the membership year, rather than having a myriad of start and end dates for membership, which is very time consuming to track. The other is to change the Membership Year to correspond to our Fiscal Year. This requires the following two amendments to the ByLaws of the Association and this can be done at a General Meeting of the Association. This notice is for that General Meeting.

### Amendment 1:

Section 2.2, currently stating:

"...All memberships described above with the exception of honorary memberships and volunteer memberships shall be valid for exactly one year from the date it was purchased by payment of the required fee of the ensuing year and verified by the Association..."

Is amended to state:

"...All memberships described above with the exception of honorary memberships and volunteer memberships shall be valid for exactly one Membership Year and may be purchased by payment of the required fee of that year and be verified by the Association..."

### Amendment 2:

Section 6.3, currently stating

"...The membership year of the Association shall commence on the first day of July each year, and shall continue until the last day in June each year..."

Is amended to state:

"...The membership year of the Association shall commence on the first day of March each year, and shall continue until the last day in February each year..."

Please plan on coming to the General meeting to vote on these amendments and meet the Board and other community members.

## IN & AROUND SCHOOLS St. Gerard School

Cher Parents,

*It's hard to believe that this will be my last principal's message for St. Gerard. It has been a great ride and I have enjoyed serving this community for the last 7 years. I am thankful to have had the opportunity to work with such great teachers and kids; they made it easy to come to work every day. I was also blessed to have a supportive and collaborative parent community to work with; together we have made our school even more amazing. St. Gerard has had principals before me and will have others after me; however, although we steer the ship, it is the community that makes this a great school and that will never change.*

*God Bless and thank you for giving me the privilege of working with your kids.*

Mme Wozny

Changes at St. Gerard: Our school is excited to welcome our **new Principal, Christian Harries**. He began his position in May. This has allowed him to observe all functions of the school and get a feel for our community. Welcome! Another change in our building was **saying goodbye to St. Cyril School**. It has been a pleasure having you in our building for the last 2 years. We are excited for you as you begin the next school year in your renovated building. Thanks for the awesome BBQ you hosted for us on June 9th!

School Supplies - the deadline for ordering school supplies is July 11th. Details are on our website. If you are not ordering supplies through the service, please refer to the lists published.

### Top 10 Highlights of the 2015-16 School Year

1. Story Telling Residency with Jeff Stockton
2. Special Lunches every Monday
3. In-line skating (gr. K, 1, 2), Skiing/snowboarding (gr. 5, 6), Swimming (gr. 3, 4)
4. A presentation from Calgary Opera: The Magic Flute
5. Carnival Day
6. Celebrating our school and student achievements at monthly assemblies
7. Artist in Residence Gail Bartel
8. Mission Impossible unit in phys. ed.
9. Daily SPARK (physical activity)
10. Openminds to Glenbow School (Mme. Cote's grade 4/5 class)

Wishing EVERYONE a wonderful SUMMER!

# Rhubarb Fest 2016

Rob Dickinson

What an amazing day Saturday June 4<sup>th</sup> was. Our 4<sup>th</sup> annual Rhubarb Fest was held on a beautiful sunny day and the attendance was fantastic. Our permanent skatepark had an official grand opening and has been a very popular addition to our community.

It was wonderful seeing all our various attractions being thoroughly enjoyed. Kid Bouncers, the craft and activity zone, Pedalheads obstacle course, James Jordan magic shows, face painting, petting zoo, the marketplace, the BBQ and pie, the beer & wine garden and the live music. I hope you were able to attend and that you had a great time!

I would like to thank all our wonderful volunteers that came out and helped set up, clean up and run the various aspects of the festival. Without the power of volunteers we would not be able to put on this successful and popular event. Thank you for being part of the vibrancy that makes our community great!

We had a number of supporters that contributed in various ways to this festival:

Planet Organic, Blush Lane Organic Market, Alberta Bike Swap, Western One, Village Brewery, Green Event Services, Field Stone Fruit Wines, BassBuss, Landlocked Management, Amaze Arts, James Jordan (magician), Rob Milton (caricature artist), Pedalheads, Spolumbos, Councilor Brian Pincott, City of Calgary, MLA Brandy Payne, Butterfield Acres, Terrific Face Painting, Sky High Bouncers, ATCO Gas, Calgary Association of Skateboard Enthusiasts, Servus Credit Union, and X92.9 radio station.

Have a great summer and see you next year!



## SOUTHWOOD COMMUNITY CALENDAR

# JULY 2016

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
9 am - 1 pm ECC Church (takes both rooms - Sunday School in Chateau) Usually 3 <sup>rd</sup> Sun of each month. They have a Potluck after, so stay until 3pm 3 - 5 pm Chihuahua Playgroup (Chateau - usually 3 <sup>rd</sup> Sun of each month)	7 - 9 pm Meeting (Pioneer) 6 - 9 pm Dancing til Dawn (Chateau - hours vary & not every Mon night)	10 - 11:30 am Yoga with June Kwak (Pioneer) 6:30 - 7:30 pm Sparks (Pioneer) 6:30-8:30 pm Brownies (Chateau) 8 - 9 pm Moh Pai Martial Arts (Pioneer)	9:30 - 11 am Hot Mama Fitness (Both Rooms - switched from Thurs mornings - starts in Oct) 6 - 10 pm Bridge Nutz (Chateau) 7 - 9 pm Meeting (Pioneer)	6 - 9 pm Moh Pai Martial Arts (Pioneer - usually 2 <sup>nd</sup> & 4 <sup>th</sup> Thurs of each month)	6 - 9 pm Moh Pai Martial Arts (Pioneer)	6 - 9 pm Moh Pai Martial Arts (Pioneer)
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Guides Canada **BLACKFOOT DISTRICT**

**Even in the Summer!**  
 July and August are a great time to practice your Guiding skills with your family and friends. Try a new physical activity, do some gardening, go tenting, start a campfire or help out around the neighborhood. Some Blackfoot units are travelling this summer and others are attending the national camp - Guiding Mosaic. Guiding is a year round experience! Why not give it a try!

- The communities within Blackfoot District are:
- |                |              |                 |
|----------------|--------------|-----------------|
| Acadia         | Elboya       | Meadowlark Park |
| Britannia      | Erlton       | Mission         |
| Bel-Aire       | Fairview     | Parkhill        |
| Beltline       | Haysboro     | Ramsay          |
| Canyon Meadows | Highfield    | Rideau          |
| Chinook Park   | Inglewood    | Roxboro         |
| Connaught      | Kelvin Grove | Southwood       |
| Downtown East  | Kingsland    | Stanley Park    |
| Village        |              |                 |
| Downtown West  | Manchester   | Victoria Park   |
| Eagle Ridge    | Mapleridge   | Willowpark      |
| Elbow Park     | Mayfair      | Windsor Park    |

If you live in one of these communities we can find a unit near you!

On-line registration for the 2016-2017 season has started and is on-going. We are actively looking for not only youth members but adults as well! For more information go to [www.girlguides.ca](http://www.girlguides.ca)

**Girl Greatness Starts Here  
 Have a Great Summer!**



# Buy a membership and be part of Southwood

Current Membership participation is increasing 5% of Southwood residents.

Membership purchase helps Southwood be a vibrant and sustainable community.

- Three annual events a year - Winter Fest, Rhubarb Fest, & the Halloween Howler
- Community representation on City Development Issues (i.e.: Transit Oriented Development)
- Management, upkeep, maintenance of our hall, hockey rink, community gardens, labyrinth etc...
- Manage hall rentals (creating needed income for Southwood Community Association)
- Funding for special programs (i.e: Music in the Park)
- Applications for available grants helping to pay for our community playgrounds & green space improvements & upkeep
- Keeping residents informed through articles in the monthly community newsletter and on line at [www.Southwoodconnects.ca](http://www.Southwoodconnects.ca)
- Discounts at the Trico Centre when signing up for classes/programs
- Exclusive offerings for Southwood Community Association Members at community events

## Upcoming Events:

July 3-4, 2016

Casino

September 17, 2016  
Community Clean Up



Please take a moment to use one of the following payment options to purchase or renew your Membership

1. Go to [Southwoodconnects.ca/Memberships](http://Southwoodconnects.ca/Memberships) to purchase your membership online.
2. Complete the form below and drop it off or mail it to the community association with a cheque payable to Southwood Community Association (11 Sackville Dr SW Calgary, Alberta T2W 0W3)

# Southwood Community Association MEMBERSHIP

Effective March 1, 2016 – February 28, 2017

As per the Privacy Act, any information you provide will be held in strictest confidence and will not be disclosed to third parties.

Family Name:..... First Name: .....

Address: .....Postal Code.....

Email:..... (Used only by SCA to send occasional emails about community issues & events)

Phone #: ..... Cell #: .....

SCA Family Membership	\$30		
SCA Seniors Membership	\$20		
Donation to the Community	(Tax receipt	Yes	No)
Interested in Volunteering?	YES		NO

**SOUTHWOOD COMMUNITY ASSOCIATION MEETINGS ARE HELD THE FIRST THURSDAY OF EVERY MONTH @ 7 P.M. - ALL ARE WELCOME 11 SACKVILLE DR SW**

**HAVE A VOICE AND BE INFORMED ABOUT ISSUES AFFECTING OUR COMMUNITY**

**VOLUNTEER AT EVENTS JOIN THE SOUTHWOOD COMMUNITY BOARD**





Residents of partnered communities' pay 20% less for memberships than those who reside outside partnered communities. Phone: 403-278-7542 or see [www.tricocentre.ca](http://www.tricocentre.ca) to find out more.

### July at Trico Centre

Trico Centre for Family Wellness is a non-profit, community-owned and operated recreation facility. Our memberships are affordable and our programs are family-friendly. With a membership, you can work out in the fitness centre, take more than 70-drop-in fitness classes a week (more than 55 in the summer months), use the gymnasium, skate, or play shinny, plus with a membership you get 20% off our fun, active registered programs. Residents of communities partnered with Trico Centre (yours!) pay 20% less for a Trico Centre membership with presentation of a community association membership or payment of the Community Support Fee (which is sent to your community association.)

### Membership Specials while the Pool is Closed

After 33 years in operation, Trico Centre's Aquatics Centre is undergoing a major refurbishment. This project will address lifecycle issues, improve health and safety components. **The target reopen date is August 15, 2016.** There is still lots to do at Trico while the pool is closed. We will be hosting a pool grand opening, so watch for details.

- Purchase a new membership up until August 14, 2016 and RECEIVE 14 MONTHS FOR THE PRICE OF 12.
- Purchase an All-Inclusive 10-Visit Pass up until July 31, 2016 and receive 13 VISITS FOR THE PRICE OF 10.
- If you were a member on Feb 19, 2016 when the pool closed for its makeover, make sure to drop by Guest Services and fill out your form to receive A THREE-MONTH FREE EXTENSION ON YOUR MEMBERSHIP and 5 FREE PASSES\*

### Summer Fun for Families, Children, Youth

- **Summer Day Camps:** Trico Centre is known for its summer camps. Want your child to have fun *and* learn over the summer? Good quality themed camps. 3-14 yrs, weekly or daily, full day, half, day, pre and post care.
- More registered summer programs than ever before including Parent & Tot classes, preschool, children and youth. See the Summer Program Guide or check [www.tricocentre.ca](http://www.tricocentre.ca) for all the details.
- Summer drop-ins include Drop-In Playtime (walking and up, Thursdays, 5-6:30pm, Drop-In Craft (2 yrs and up) Drop-In Dodgeball (10-14 yrs.) Check the Summer 2016 Program Guide for details.

- Skating Lessons – what could be a better way to spend a hot summer than in a cool skating rink. Parent & Tot, Pre-school Learn to skate, Youth Learn to Skate, Teen Learn to Skate, and private lessons.
- Intro to Hockey for 6-8 yrs, Intro to Hockey Adult & Child (4-6 yrs with parent/caregiver), and Power Skating & Recreational Hockey (7-12 yrs.)

### Summer Programs for Adults

- Check out these registered summer programs: Core Fusion Barre, Obstacle Race Training, Stroller Fit, Fit 101: For the Absolute Beginner, and Sore Joints Training.
- Even though it is summer, there is still lots to do in the Fitness Centre. Choose from more than 55 dryland drop-in fitness classes every week. Free for members, drop-in fee for non-members.

### Summer Programs for Older Adults

- Balance Builders: Fall Prevention for Older Adults, Bone Builders: Weight Training for Older Adults, Chair Yoga, and Sore Joints Training are registered fitness classes for older adults offered over the summer.
- Drop-in Pickleball is offered several times a week over the summer. Check out the Drop-In Gym schedule (available on the website or at Guest Services.) Free for members or drop-in fee for non-members.

# Skateboard Park Grand Opening



AN ADVENTURE AWAITS...  
**SUMMER AT TRICO CENTRE**  
 Trico Centre for Family Wellness  
 11150 Bonaventure Drive SE  
[www.tricocentre.ca](http://www.tricocentre.ca)

Trico offers something for everyone this summer, with over 40 different day camp themes for kids 3 to 14 years. From Jedi Wars to Survivor Kids, campers can find the perfect fit for an adventure in fun!

## BRAIN GAMES SUDOKU

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FIND SOLUTION ON PAGE 20

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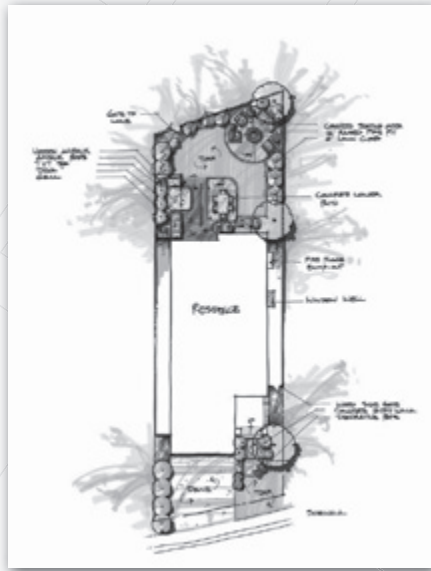


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## IN & AROUND CALGARY

### Southland Leisure Centre

2000 Southland Drive SW  
calgary.ca/leisurecentres

**Summer Daycamps 2016** -Southland Leisure Centre's **Summer Daycamps are now registering** look for our program guide online ([www.calgary.ca/recreation](http://www.calgary.ca/recreation)) and on stands.

#### Stampede Breakfast

July 14, 9 to 11 am - Come to Southland Leisure Centre's annual Stampede Breakfast for food, music, dancing, petting zoo, face painting and much more!

NEW "Did you know Southland Leisure Centre has a Proshop? We have a great selection of swimsuits for all ages. Proshop sharpens skates using the Blackstone Stealth Skate Sharpening machine, CHECK US Out"

Wednesday Soccer Drop-in Southland Leisure Centre

Age: All ages

Soccer in the gymnasium. Develop foot skills, practice drills or play a game. Nets and standards are available. Please supply your own soccer ball.

#### Drop-in Climbing and Gymnastics

There's so much to do at Southland Leisure Centre! Come have some fun and unique experiences in our rock wall climbing and gymnastics gym drop-in times. All equipment is provided and instructors are present to guide you.

#### Drop-in Badminton and Basketball

Please see [calgary.ca/recreation](http://calgary.ca/recreation) or contact 311 for the latest schedules as cancellations may be in effect for special events or holiday hours.

#### SOUTHLAND LEISURE CENTRE PLAYSCHOOL

Phone: 403-648-6582

Southland Leisure Centre's Playschool is recreation-based and includes educational activities which allows children to learn through play. Playschool programs are for two to four year olds from September to June. Registration is ongoing throughout the year, based on availability. Spaces are still available for the 2 1/2 and 4 year old programs for the 2016 to 2017 school year. NEW - Check out our new "Playschool Pick your day" for a flexible and affordable active social experience for your preschooler.

#### Every Sunday, 8 am to noon. Family Swim at Southland Leisure Centre.

It's a designated family swim time. Come enjoy our waterpark, including a trip or two to the Aqua-Play structure. Be prepared to get wet! Adults must be accompanied by a child and all children must be accompanied by an adult. Regular admission applies.

## Insects and Technology

The spider's web is the inspiration for a new technology that prevents birds from flying into tall building's windows. Embedded in the glass sheet is a pattern of chaotic UV-reflecting strands that birds can see.



Discovery Magazine



Name	Age	Contact	Course
Alana	25	587-888-4854	Yes
Alana	25	403-869-1993	Yes
Ella	12	403-991-3108	Yes
Kim	24	587-585-4647	Yes
Kyra	15	403-397-3870	Yes
Rexilla	39	403-478-9465	Yes

**Calling All BABYSITTERS**  
Enroll free at [mybabysitter.ca](http://mybabysitter.ca) and choose the Calgary communities you would like to babysit in.

**Calling All PARENTS**  
Visit [mybabysitter.ca](http://mybabysitter.ca) and find available babysitters in and around your community.

Disclaimer: We recommend for your own peace of mind that references be checked when choosing your babysitter. This babysitter list is provided as a service to the community and is governed by the terms & conditions outlined at [mybabysitter.ca](http://mybabysitter.ca).



### Carewell Medical Clinic & Pharmacy

Unit 202 580 Acadia Drive SE, Calgary AB, T2J 0B6  
Clinic: 587.318.7156 Pharmacy: 587-318-7150  
[www.carewellmedicalclinic.com](http://www.carewellmedicalclinic.com)

#### SERVICES

- |                            |                             |
|----------------------------|-----------------------------|
| Physical Exams             | Internal Medicine           |
| Obstetrics / Prenatal Care | Health Surveillance         |
| WCB Services               | Weight Loss & Nutrition     |
| Diagnostic Imaging         | Post Acute Care             |
| Men's Health               | Complex Care                |
| Travel Vaccinations Advice | Cancer Screening            |
| Pharmacy Consultation      | Cardio-Respiratory Services |

#### HOURS OF OPERATION

Monday - Friday ..... 9 am - 7 pm  
Saturday..... 10 am - 4 pm  
Sundays & Holidays..... closed



**NOW ACCEPTING PATIENTS**





## MLA CALGARY-GLENMORE ANAM KAZIM

#A208, 1600 - 90th Avenue SW  
Calgary, AB Canada T2V 5A8  
Ph: (403) 216-5421, Fax: (403) 216-5423  
Email: calgary.glenmore@assembly.ab.ca

Dear Constituents:

**Happy Canada Day** to all - united as provinces and territories celebrating our 150th birthday!

In this month of Calgary Stampede, we ready cowboy hats, boots, belts, scarves to celebrate our strong western roots with family and friends. I am delighted to host my first Stampede Breakfast and have you join me personally to share the joys of our community we are all very proud of. Please mark your calendars and refer below for more info regarding our MLA Stampede Breakfast:

### MLA Anam Kazim Calgary Glenmore Stampede Breakfast Details:

**Date:** July 13, 2016 **Time:** 7:00 am- 10:00 am **Location:** Heritage Park

**Join Us For:** Free Breakfast, Entertainment, VIP Guest Speakers, and Face Painting

### Agenda:

6:30-7:00am	Greeting in the Plaza and escort to tent on the green with friends/ volunteers
7:00am-7:30am	Opening w Blessing of Treaty Six Lands. VIP Guest Speakers
7:00am- 9:00am	Matt Masters Band and MC - while refreshments served
7:30- 9:30 am	Pancakes and Breakfast served
9:00am – 10:00am	Paul Finkleman: Songs and Stories VIP Guest Speakers
9:30 – 10:00Am	Breakfast Buffet closed - mingling and entertainment
10:00am	Farewell

**Recognitions:** I would like to congratulate two high school constituents from Calgary-Glenmore who participated in the **MLA for a Day Program** this year in May 2016 at the legislature. Also, many thanks and congratulations to the students of Grade 6 from Calgary Jewish Academy who visited the legislature and learned about politics by actually experiencing it. I was happy to introduce them in the chamber and the introduction can be watched by scrolling to 1:31:45 pm using the following link: [http://assemblyonline.assembly.ab.ca/Harmony/pb3/powerbrowser\\_Desktop.aspx?ContentEntityId=3424&EssenceFormatID=73&date=20160525&browser=0](http://assemblyonline.assembly.ab.ca/Harmony/pb3/powerbrowser_Desktop.aspx?ContentEntityId=3424&EssenceFormatID=73&date=20160525&browser=0)

[http://assemblyonline.assembly.ab.ca/Harmony/pb3/powerbrowser\\_Desktop.aspx?ContentEntityId=3424&EssenceFormatID=73&date=20160525&browser=0](http://assemblyonline.assembly.ab.ca/Harmony/pb3/powerbrowser_Desktop.aspx?ContentEntityId=3424&EssenceFormatID=73&date=20160525&browser=0)

**My Participation in the House:** Question to the Hon. Min of Education-David Eggen about the measures being taken for better education of our children especially in First Nations' communities. Please scroll to 2:30:04

[http://assemblyonline.assembly.ab.ca/Harmony/pb3/powerbrowser\\_Desktop.aspx?ContentEntityId=3432&EssenceFormatID=73&date=20160531&browser=0](http://assemblyonline.assembly.ab.ca/Harmony/pb3/powerbrowser_Desktop.aspx?ContentEntityId=3432&EssenceFormatID=73&date=20160531&browser=0)

-Question to the Hon. Min of Transportation-Brian Mason on public transit. Please scroll to 2:45:33 pm.

[http://assemblyonline.assembly.ab.ca/Harmony/pb3/powerbrowser\\_Desktop.aspx?ContentEntityId=3407&EssenceFormatID=73&date=20160518&browser=0](http://assemblyonline.assembly.ab.ca/Harmony/pb3/powerbrowser_Desktop.aspx?ContentEntityId=3407&EssenceFormatID=73&date=20160518&browser=0)

For continuous updates please check:

**Facebook:** Anam Kazim MLA Calgary-Glenmore  
**Twitter:**@anamkazimMLA

## BRAIN GAMES SUDOKU

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## COUNCILLOR, WARD 11 BRIAN PINCOTT

P.O. Box 2100 Stn. M, #8001A  
Calgary, AB T2P 2M5  
403-268-2430 • [www.ward11calgary.ca](http://www.ward11calgary.ca)

I was also glad to stop by the great Neighbour Day Events in our ward. Through BBQs, bike parades, and block parties, I've seen that getting out, meeting your neighbours and learning more about each other is a fundamental of building community! Thank you to all of the volunteers who worked so hard to organize these great events!

Thanks to all who joined my team and I on June 9<sup>th</sup>, 2016 for our information session on Little Free Libraries. It was great to see so much interest in the little libraries, and another great example of building community! We were honoured to have Calgary's newly appointed Poet Laureate, Micheline Maylor share her words; to have Calgary Reads share on Calgary's reading landscape; and volunteers from the Lincoln Park Tool Shed to share about sharing tools! We'd also like to thank Voltage Creative Garage for hosting us in their awesome collaborative arts space, and the expertise that some of their artists shared with us. If you missed this event, please get in touch, and we'll be happy to share the information with you.

We've got many projects and project studies happening in our ward: the 50<sup>th</sup> Avenue Corridor Study; the construction of the 20<sup>th</sup> Street Bikeway; the construction of the 61<sup>st</sup> Avenue Greenway Corridor; the phasing of the SW Transitway BRT; the construction of the Crowchild-Flanders Avenue interchange; the River Park, Sandy Beach, Britannia Slopes redevelopment; the new Southwood Skatepark, and more.

As we move into the summer season, you will notice the Roads crews out repairing sidewalks, curbs, gutters, guard rails, fences, concrete barriers, and roadway surfaces like cracks, manholes, potholes and sinkholes. Please be patient as the crews take to maintaining over 1400 hectares of boulevard green space along major roadways, and continue sweeping where needed.

Remember to subscribe to your Ward 11 updates at [www.ward11calgary.ca](http://www.ward11calgary.ca) to stay informed about projects, and if you haven't yet – ask to receive our seasonal electronic newsletter for a summary of Ward 11 happenings mentioned above!



## MLA CALGARY - ACADIA BRANDY PAYNE

#10, 8318 Fairmount Drive SE  
Calgary, AB, Canada T2H 0Y8  
Phone: (403) 640-1363; Fax: (403) 640-2970  
[calgary.acadia@assembly.ab.ca](mailto:calgary.acadia@assembly.ab.ca)

Hi friends and neighbours,

Enjoy the wonderful days of summer holidays and community events near and far, I hope that you all continue to stay safe, hydrated, and enjoy the great weather (fingers crossed)!

As you are reading this, I will likely have welcomed our new addition to our family. Given that the Legislature will not be in session until the Fall, I will be primarily based in Calgary for the summer. I expect to be around the office and at community events during July and August so if you see me out and about with the little one, please come and say hi.

My staff and I continue to hear that traffic and speed in our neighbourhoods continues to be a cause of concern. We are all concerned about the safety and security of everyone whether they are walking, biking or in a vehicle. Please ensure that you report traffic concerns to 311 on a consistent basis so that they can be addressed.

The last thing that anyone needs this summer is a ticket so please remember that government reminders for vehicle registration and license renewal reminders will no longer be mailed to you. Albertans with disabilities will continue to receive their reminders in the mail. Seniors over the age of 70 will continue to receive mailed reminders until April 1, 2017. Sign up for email reminders by visiting your local registry agent, or sign up online at one of the following:

- E-registry (Vehicle Registration and Driver's Licence) <http://reminders.e-registry.ca/>
- Alberta Motor Association (Vehicle Registration) <https://ama.ab.ca/registries/vehicle-registration-online/>
- MyAlberta (Available April 1, 2016) <https://eservices.alberta.ca/notify>

As always, my staff and I are here to help and love to hear your feedback. If you need assistance accessing government programs, want some support for a community event or initiative or just want to say "Hi," you can reach us by email at [Calgary.Acadia@assembly.ab.ca](mailto:Calgary.Acadia@assembly.ab.ca), by phoning 403-640-1363 or visiting #10, 8318 Fairmount Dr SE. Our office hours may be reduced during the summer to accommodate staff holidays, but we expect to be open Tues-Fri 10-4.



# RHUBARB FEST





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**NEIGHBOURHOOD CONFLICT?** Community Mediation Calgary Society (CMCS) is a no cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

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**HELP WITH RE-CYCLING EMPTIES FOR SRI-LANKA POST TSUNAMI RELIEF WORK:** One step at a time, work still continues. Please donate empty cans, bottles, milk cartons and juice containers. Please contact Siri or Indranie to donate 403-253-1993. Yes we can make a difference when we team together.

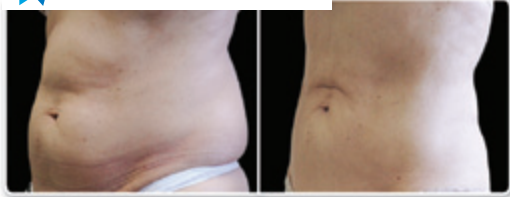
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10<sup>TH</sup> AVENUE MARKET  
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CHINOOK STATION MARKET  
202 - 61 Avenue SW

CROWFOOT MARKET  
850 Crowfoot Crescent NW

ONLINE MARKET  
[communitynaturalfoods.com](http://communitynaturalfoods.com)

customer care: 403-930-6363 | [communitynaturalfoods.com](http://communitynaturalfoods.com)

# ACADEMY DENTURE CLINIC

[www.academydenture.com](http://www.academydenture.com)

Modern Solutions for Missing Teeth

## STOP:

- Avoiding foods you love
- Using messy adhesives
- Being self-conscious of your smile
- Looking older than your age

## WE OFFER:

- Denture on implant options
- Conventional and flexible denture options
- Direct billing for private insurance
- Complimentary consultations



## Southcentre Mall

Suite 126A, 100 Anderson Rd SE (403) 269-8308

Mon - Thur 8:30 am - 4:30 pm Fri 8:30 am - 12:00 noon





**Dorothy Rice + Lori Beaton**  
 Helping you is what we do.



## Your Resident Realtors Selling Southwood



**\$469,900**

West Southwood - 4 Level Split on a large, private lot. Renovated kitchen, HW floors, floor to ceiling windows, vaulted ceilings, gas FP, 4 bdrms, 3 baths Ovs dbl garage **\$23,495. Down, \$1,976. Mo-New Mtge\*\***



**\$429,900**

Queensland - 2 Storey ON THE RIDGE. Beautiful unobstructed view. Gleaming HW floors, newer white kitchen, 4 bdrms,

**SOLD**



**\$454,900**

Sundance - Upgraded 4 Level split Lake privileges. Newer doors, triple pane windows, shingles, fence, Ovz dbl garage finished & heated.

**SOLD**

Calculated on a 25 yr Amortization @ 2.39% Interest on a 5 yr fixed rate with base down payment, including 3.6% CMHC

## Call Today for your FREE Home Evaluation

**Your Condo Certified & Resident Southwood Specialists**  
**403 252 5900**

**dorothy.rice@shaw.ca or lkbeaton@shaw.ca**

Not intended to solicit properties already listed for sale