AUGUST 2017 DELIVERED MONTHLY TO 3,400 HOUSEHOLDS **SOUTHOUSEHOLDS** THE OFFICIAL SOUTHWOOD COMMUNITY NEWSLETTER COMMUNITY CLEAN UP SEPTEMBER 16 NEXT BOARD MEETING

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SEPTEMBER 28

7 PM

OUTHWOOD MMUNITY GARDEN



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SOUTHWOOD CONNECTS

Delivered monthly to 3,400 households and businesses for 9 years!

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Editorial Submissions

newsletter@southwoodconnects.ca All editorial submissions must be submitted by the 5th of the month for the following month's publication.

Published by Great News Publishing

Serving Calgary communities for 28 years 87 newsletters reaching over 391,000 households in Calgary and surrounding areas.

#34-4550 112 Ave SE Calgary, AB T2C 2K2

Check out our website: www.great-news.ca



The opinions expressed within any published article, report or submission reflect those of the author and should not be considered to reflect those of Southwood Community Association and Great News Publishing.

The information contained in this newsletter is believed to be accurate, but is not warranted to be so.

Southwood Community Association and Great News Publishing do not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.

IMPORTANT NUMBERS

ALL EMERGENCY CALLS	911
Alberta Adolescent Recovery Centre	403-253-5250
Alberta Health Care	403-310-0000
AHS Addictions Hotline	1-866-332-2322
ATCO Gas – 24 Hour Emergency	403-245-7222
Calgary HEALTH LINK 24/7	811
Calgary Police – Non Emergency	403-266-1234
Calgary Women's Emergency Shelter	403-234-7233
Child Abuse Hotline	1-800-387-5437
Kids Help Line	1-800-668-6868
Child Safe Canada	403-202-5900
Distress/Crisis Line	403-266-4357
ENMAX – Power Trouble	403-514-6100
Poison Centre - Alberta	1-800-332-1414
HOSPITALS / URGENT CARE	
Alberta Children's Hospital	403-955-7211
Foothills Hospital	403-944-1110
Peter Lougheed Centre	403-943-4555
Rockyview General Hospital	403-943-3000
Sheldon M. Chumir Health Centre	403-955-6200
South Calgary Urgent Care Health Centre	403-943-9300
South Health Campus	403-956-1111
OTHER	
Calgary Humane Society	403-205-4455
Calgary Parking Authority	403-537-7000
SeniorConnect	403-266-6200
Calgary Kerby Elder Abuse Line	403-705-3250
Alberta One-Call Corporation	1-800-242-3447
City of Calgary	311
Social Service Info & Referral	211
Community Mediation Calgary Society	403-269-2707
RNR Lockworks Ltd.	403-479-6161
Road Conditions – Calgary	511
	511

Weather Information

Gamblers Anonymous

403-237-0654



11 Sackville Drive S.W., Calgary, Alberta, T2W 0W3 Telephone: 403 259 0919 Website: SouthwoodConnects.ca Twitter: @SouthwoodYYC Facebook: Southwood Connects

BOARD MEMBERS 2016/	17			
President	Ellen Close	president@southwoodconnects.ca	403-826-6797	-
Past President	Vivien Jonathan	wiznzim@shaw.ca	403-253-5885	
Vice President	Vacant			SOUTHWOOD
Secretary	Lily Anne Wroblewski	secretary@southwoodconnects.ca	403-671-7459	COMMUNITY
Treasurer	Alec Simpson	treasurer@southwoodconnects.ca	403-640-2730	ASSOCIATION
Director Membership	Thalia McRae	membership@southwoodconnects.ca	403-698-9133	SUPPORTERS
Director Programs	Susan Roszell	programs@southwoodconnects.ca	403-483-2209	
Director of Transit Oriented Development	Dorothy Cornwall	dothome@shaw.ca		Good Earth Cafe Glenmore La Southwood Corner Planet Or
Director of Ice Rink	Paul Webber	pdwebber@shaw.ca	403-253-5139	Southwood Corner Chiroprac
Director of Casino	Bob Jonathan	moneywiseman@shaw.ca	403-253-5885	Southwood Corners
Director of Development	Becky Poschmann	becky.poschmann@gmail.com	403-460-1451	The Box Discount Store
Director of Traffic	Amanda Taffs	amandataffs@gmail.com	403-830-2727	
Director at Large	Don Nauffts	don@naufftsaccounting.com	403-234-7705	
Director at Large	Rick Kry	kryinternetuse@yahoo.ca	403-259-2951	PLEASE SUPPOR
Director at Large	Dorothy Rice	dorothy.rice@shaw.ca	403-919-7355	OUR SCA FRIEND
Director at Large	Barbara Short	barblshort@shaw.ca	403-255-6049	The businesses above have
ASSOCIATES				supported the efforts of the S
Newsletter	Barb Short	newsletter@southwoodconnects.ca	403-255-6049	Board. Through their financia and/or material donations, tl
Webmaster	Thalia McRae	webmaster@southwoodconnects.ca		have encouraged Southwood
Facility Maintenance	Rob Schiaroli	schiarolirobert@gmail.com	403-815-1079	residents to become member
Community Garden	Teresa McLaren	southwoodcommunitygardens@gmail.com	403-539-1364	and to participate in commu
Learning Tree Pre School	Megan	thelearningtreepre-school@shaw.ca	403-680-9868	events. Help support these
CPA Community Liaison	Cst. Josh Young		403-428-6642	corporate members by keepi
Neighborhood	Jenna Findlater	Jenna.Findlater@calgary.ca		your business local.
partnership Co-ordinator				
Air Cadets	Guy Varty -Chairperson	52ssc.chair@gmail.com		
Hall Rental	Lola Medjedovich	hallrental@southwoodconnects.ca	403-474-3845	

COMMUNITY ANNOUNCEMENTS

 Free announcements: lost/found, household items for sale, wanted, garage sale, student/senior services, etc.
 Forty word limit

FREE CLOTHING GIVEAWAY: McDougall United Church, 8516 Athabasca Drive S.E. 403-252-1620. September 23 from 10 am –1 P.M.

Hall Rentals

Looking for a space to hold your next function or weekly/monthly meeting? The Southwood Community Hall is the perfect spot for birthdays/anniversaries, seminars/ workshops, book clubs, day camps & playgroups, fitness classes and more! Discounted rental fees for community members! For more info, visit our website at www. southwoodconnects.ca or call Lola at 403-474-3845.

4 AUGUST 2017 I Call 403-263-3044 for advertising opportunities

PRESIDENT'S MESSAGE



I moved with my husband and daughter to Southwood only a year and a half ago. While this makes it a bit odd to now be writing this message as your

new President of the Community Association, it really speaks to my experience of the community so far as I quickly got to know my new neighbours while volunteering at the phenomenal Rhubarb Fest, enlisting family members to build the 'vegetable' Little Free Library outside the community hall, and then as a new board member. I'm excited to build on all the great work that's been done, to keep making Southwood as welcoming, safe and fun for residents of all ages as it has been for my family already.

Because I'm new to the neighbourhood, many of you know far better than I how vital our outgoing President Vivien Jonathan has been to the Southwood Community Association over the years. I can certainly speak to how wonderful she has been to shadow this past year – generous, relentlessly energetic and full of good humour even while working extraordinarily hard! Although she's not quite off the hook (as our Past President), I hope the year to come brings more time for other pursuits after so, so many hours put towards the Community Association and this neighbourhood. Thank you!

In addition to the new 2017-18 board that was elected at our Annual General Meeting in June, there are also many opportunities for new people to step forward into volunteer roles big and small in the coming months.

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Dr. PARTHA BORUAH B.D.S D.M.D & Associates

Family Dentistry

403-278-4322

Suite 580, 10655 Southport Rd SW

smile32dentistry1@gmail.com owww.smile32dentistry.com

A few to highlight:

• Our long-serving **Treasurer** is looking to retire. Whether you're already a whiz with QuickBooks or just willing to learn, you can shadow the role for several months before taking on more duties with mentorship.

 Our Director of Casino is similarly looking ahead to succession with the opportunity to assist and shadow on the planning for our next fundraising event in early 2018 including pulling together forty-odd volunteers to work a variety of shifts.

• We will be rebooting our **Programs Committee** this year! Whether you're looking to lend a hand planning our core events like the Halloween Howler, Winter Fest in January or Rhubarb Fest next June, or you have ideas for other initiatives the Association can offer, this is a great chance to work alongside others to make great events happen for your neighbours to enjoy.

Please feel free to reach out to me at president@southwoodconnects.ca about any of these volunteer opportunities or other ways to get involved. Another great way to support the Community Association's work is by buying a membership at southwoodconnects.ca/memberships – they're now only \$15! One of our next events is the **Community Clean Up** on **September 16**th held with the Southwood United Church. You can find more details in the newsletter and on our website as to what you can drop off – we hope you'll take good advantage. Our next Board Meeting will be on **September 28**th at 7:00 pm at the Community Hall – all are welcome.

Looking forward to meeting many more of you soon! Ellen Close

A total solar eclipse—the aligning of the Sun, Moon and Earth—will occur on August 21. The total phase will not be visible in Calgary, but can be observed as a partial solar eclipse here. It will be at its maximum at 11:33 a.m., so get out your pinhole camera and enjoy the spectacle; the last one was in 1979.

SOUTHWOOD COMMUNITY ASSOCIATION

This is your community newsletter with a mission to keep Southwood residents connected and involved in community life. The volunteer efforts of contributors and distributors ensure its success. This newsletter is printed monthly and is distributed without charge to all residents of Southwood.

Please check out our website, which contains useful information for you to access at SouthwoodConnects.ca.

Newsletter Submissions

We welcome articles and letters from our readers. All submissions must be accompanied by a name and telephone number. Articles should be between 200 and 550 words and can be submitted to the Newsletter Editor.

We reserve the right to edit articles for appropriate content or length. Photographs of community events are also greatly appreciated. Editorial deadline is the 5th of the month prior to publication.

Calendar Submissions

We want to make our newsletter and calendar as complete as possible, to include all community events and programs. If we missed yours, please contact the Newsletter Editor.

Newsletter Editor	Barb Short	barblshort@shaw.ca
Publisher	Great News Publishing	403-263-3044
	www.great-news.ca	
Distribution	Canada Post	

THE LEARNING TREE PRE-SCHOOL

The Learning Tree Preschool is located in the Southwood Community Centre. Register NOW for our 3 year old AM or 4 year old PM programs. There is very limited space available. For more information about the preschool program and registration, contact Meghan Collyer at www.thelearningtreepreschool.com.



403-///-49/4 *This ad must be presented at the centre for the offer to be valid.



SOUTHWOOD BUSINESS MEMBERS

We thank the following businesses for their ongoing support of the Southwood Community Association.

Please Support These Local Businesses

Southwood Veterinary Hospital
Bell Davidson Insurance Brokers Ltd.
Apple Dental Group
Psychology Plus
Great News Publishing

• Kimberly Hull, CPM

To join this list, please email swca@shaw.ca.



Buy a membership and be part of Southwood

Southwood Resident Memberships purchases are growing! Membership purchase helps Southwood be a vibrant and sustainable community.

Three annual events a year - Winter Fest, Rhubarb Fest, & the Halloween Howler

- Community representation on City Development Issues (i.e.: Transit Oriented Development)
- Management, upkeep, maintenance of our hall, hockey rink, community gardens, labyrinth etc...
- Manage hall rentals (creating needed income for Southwood Community Association)
- Funding for special programs (i.e: Music in the Park)
- Applications for available grants helping to pay for our community playgrounds & green space improvements & upkeep
- Keeping residents informed through articles in the monthly community newsletter and on line at www.Southwoodconnects.ca
- Discounts at the Trico Centre when signing up for classes/programs
- Exclusive offerings for Southwood Community Association Members at community events

Please take a moment to use one of the following payment options to purchase or renew your Membership

 Go to Southwoodconnects.ca/Memberships to purchase your membership online.
 Complete the form below and drop it off or mail it to the community association with a cheque payable to Southwood Community Association (11 Sackville Dr SW Calgary, Alberta T2W 0W3)

Southwood Community Association MEMBERSHIP

MARCH 1, 2017 to FEBRUARY 28, 2018

As per the Privacy Act, any information you provide will be held in strictest confidence and will not be disclosed to third parties.

Family Name:	First Name:	
Address:		Postal Code
Email:	(Used only by SCA to se	nd occasional emails about community issues & events,
Phone #:	Cell #:	
Flate Rate for All \$15		
Donation to the Community	YES	NO
Interested in Volunteering?	YES	NO



Upcoming Events:

Community Clean Up September 16 Next Board Meeting September 28 at 7 pm



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YOUR CITY OF CALGARY

New pilot signage aims to hit the mark with Calgarians

The City of Calgary places a Notice Posting sign on sites where a proposed land use change, or development application has been received by The City. The sign helps inform citizens about a proposed application, and how they can get involved in helping build our city.

We're working to enhance our signs to make them simple, informative and transparent. Thanks to your input last year, we're piloting a new Notice Posting sign and we want your comments. Take our quick survey at **calgary.ca/noticeposting** before August 31, 2017.

Planning Services Centre

403-268-5311 Monday to Friday 8 a.m. – 4:15 p.m.

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FIND SOLUTION ON PAGE 17									

9-2pm Chakra Therapy Southwood 9 am-5 pm Chakra Therapy (Chateau) 5 œ 52 1-3:30 pm - (P) - Home-schoolers'Girl Guides 6-9 pm - (P) - Moh Pai Martial Arts schoolers' Girl Guides 6-9 pm - (P) - Moh Pai Martial Arts schoolers'Girl Guides 6-9 pm - (P) - Moh Pai Martial Arts 1-3:30 pm - (P) - Home schoolers'Girl Guides 6-9 pm - (P) - Moh Pai Martial Arts 1-3:30 pm - (P) - Ноте 1-3:30 pm - (P) - Hom AUGUS 음 1 24 3 6-9 pm - (P) - Moh Pai Martial Arts (1st & 2nd Thursdays of each month only) 6-9 pm - (P) - Moh Pai Martial Arts (1st & 2nd Thursdays of each month only) 6-10 pm - (C) - BridgeNutz Bridge Club 7-9 pm - (P) - Narcotics Anonymous 9 23 6-10 pm - (C) - BridgeNutz Bridge Club 7-9 pm - (P) - Narcotics Anonymous 10 pm - (C) - BridgeNutz 6-10 pm - (C) - BridgeNutz 6-10 pm - (C) - BridgeNutz דייי ייי ייישפראעל Bridge Club 7-9 pm - (P) - Narcotics Anonymous Bridge Club 7-9 pm - (P) - Narcotics Anonymous Bridge Club 7-9 pm - (P) - Narcotics Anonymous Bridge (5 2 ង June Kwak Yoga 6:30-7:30 pm - (P) - Sparks 6:30-8:30 pm - (C) - Brownies 8-10 pm - (P) - Moh Pai Martial Arts June Kwak Yoga 6:30-7:30 pm - (P) - Sparks 6:30-8:30 pm - (C) - Brownies 8-10 pm - (P) - Moh Pai Martial Arts June Kwak Yoga 6:30-7:30 pm - (P) - Sparks 6:30-8:30 pm - (C) - Brownies 8-10 pm - (P) - Moh Pai Martial Arts 6:30-7:30 pm - (P) - Sparks 6:30-8:30 pm - (C) - Brownies 8-10 pm - (P) - Moh Pai Martial Arts Sparks Brownie - (P) - Moh Pai 6:30-7:30 pm - (P) -6:30-8:30 pm - (C) - Br 10-11:15 am - (P) -10-11:15 am - (P) 10-11:15 am - (P) 10-11:15 am - (P) 10-11:15 am - (P) June Kwak Yoga June Kwak Yoga 8-10 pm - (P) Martial Arts 4 5 8 7-9 pm - (P) - Gamblers' Anonymous 7-9 pm - (P) - Gamblers' Anonymous Gamblers' 7-9 pm - (P) - Gamblers' Anonymous 7-9 pm - (P) - G Anonymous (P) indicates Pioneer Room (C) indicates Chateau Room 3am-1pm - (P) - ECC Church 3 2 5 3am-1pm - (P) - ECC Church pm - (C) - Chihuahua 3am-1pm - (P) - ECC m-1pm - (P) - ECC Mother's Day Church лсh





Dear Constituents:

I hope all of you enjoyed Canada 150 Celebrations, Citizenship and Stampede events. As I was able to attend and share many of these events with you, we had numerous opportunities to have good conversations, also on how we can work together to strengthen our communities and welcome new Canadians.

Our government continues to take new initiatives to make life better for Albertans as follows:

Expanded Cancer Treatment: Expanding treatment hours for cancer patients in Calgary and Edmonton by offering evening and weekend care at the Tom Baker Cancer Centre and the Cross Cancer Institute.

Home Care and Community Care: An increase of \$200 million to home and community care, helping more Albertans get care right in their communities where they live, increasing total funding for home and community care to over \$2 billion.

Seniors' Travel for Specialist Medical Appointments: Budget 2017 invests an additional \$550,000 to help low-income seniors cover costs, like transportation and accommodation, associated with travel for specialist medical appointments.

Library Funding: Our government is providing \$50 million this year to improve access and services at libraries; including increased operating grants to help keep pace with the province's growing population, and



to ensure that all Albertans have a welcoming space to learn, play, share and research.

\$25 per Day Child Care: 22 pilot Early Learning and Child Care Centers will receive funding to demonstrate the importance and viability of \$25-a-day child care in Alberta.

More Supports for those with Addictions: Investing in housing for Albertans overcoming addictions with a \$7-million to support 46 individuals and their families in Calgary who are recovering from addictions.

University of Calgary: Alberta invests in much-needed space with \$270.6 million over four years to 500 new study and classroom spaces with the renovation of the MacKimmie Complex and Professional Faculties building.

Deerfoot Interchange: Interchange at Deerfoot Trail and 212 Ave SE. supports 25,000 jobs and potential for more than \$4 billion in economic opportunity.

Cleaner Energy: An investment of \$10 million to convert carbon dioxide emissions into usable products at the Alberta Carbon Conversion Technology Centre helping us transition to a cleaner energy future and create jobs.

Supports for Immigrant and Indigenous Women: \$100,000 in funding for Making Changes Association to prepare immigrant and Indigenous women for careers in technology.

Schools: Budget 2017 allocates \$500 million for 8 new schools, 9 replacements and 7 modernization funds for 2 additional schools.

Apprentices: We are helping put hardworking Albertans back on the job: 1,000 more Apprentice Training Awards have been introduced to reduce financial barriers for apprentices returning to technical training.

Affordable Housing: Funding of \$5.7 million for planning 14 affordable housing projects across the province has been provided. The government is renewing or building more than 6,000 affordable housing units over the next 5 years.

For more details, please contact our office.



LOOK WHAT WE DID!

Way to go Southwood! We collected 245 pounds of food for the FOOD BANK during Rhubarb Fest.

Thank you! Thank you! Thank you!



Calling All BABYSITTERS Enroll free at mybabysitter.ca and choose the Calgary communities you would like to babysit in.

Disclaimer: We recommend for your own peace of mind that references be checked when choosing your babysitter. This babysitter list is provided as a service to the community and is governed by the terms & conditions outlined at mybabysitter.ca.





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HOME BUSINESS OPPORTUNITY: Clinicair is the leading provider of Indoor Air Quality and Medical Grade Duct Cleaning services in Canada. We are looking for a dealer in Calgary to represent our growing company. We offer a royalty free business. Clinicair supplies you with the latest technology, and training. Call Craig: 1-416-277-6067.

EARN \$\$\$ FOR SUMMER: We train you to clean nice homes in South Calgary. Work 8:30 am - 4:30 pm, Mon-day-Friday. No evenings! No weekends! All holidays off! Must have car. Mileage paid. \$15 per hour to start. Call 403-225-3441.

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NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

ROOFING, 5 YEAR WARRANTY: Express reroofing - shingles, flat, cedar, tiles, insurance claims. Consultative approach, pre-installation inspection. 23 years of experience. E-mail or call with your name and address and we will provide a free estimate within 72 hours. P&S Construction and Roofing: estimates@psroofing.ca. Slavek, 403-835-1393. Paul 403-714-3644.

HELP WITH RECYCLING EMPTIES FOR SRI-LANKA POST-TSUNAMI RELIEF WORK: One step at a time, work still continues. Please donate empty cans, bottles, milk cartons and juice containers. Please contact Siri or Indranie to donate 403-253-1993. Yes we can make a difference when we team together.

PROFESSIONAL MUSIC LESSONS: Discover your potential with music lessons at Sak's Music. A friendly atmosphere with caring, professional teachers offering lessons in all styles and most instruments including voice. From beginner to advanced, just for fun or conservatory prep. Nine studio teaching rooms and convenient times, day or evening. 403-251-2443.



McDougall United Church, 8516 Athabasca Street SE (No religious content, non-denominational)

Artisans in quilting, knitting, crocheting, card making, as well as a "do-as-you-wish" table meet to learn and practice their art in a community setting. No experience is required. Come and learn from instructors, obtain advice, but mostly enjoy the company of women across the ages, make friends, and have a personal time out!

Wednesday mornings, 9:00 – 11:00 a.m., our current session is April 5 to June 21. Our fall session will start Wednesday, September 6 and finish November 29. Registration is preferred, but drop in is available, babysitting supplied. Please contact Lori at McDougall United Church 403-252-1620.

BRAIN SUDOKU

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- 3 www.nikoroofing.com
- \square nikoroofing@yahoo.ca



Dear Great News Publishing,

Please DO NOT run my ad next month. My ad has been WAY TOO EFFECTIVE. My phone won't stop ringing with people saying they saw my ad in the newsletter. Now I need to hire more people to keep up with all my new customers! I'm amazed at how well this worked!

Thanks for all your help, Sincerely, Laura Owner of Buds and Blooms

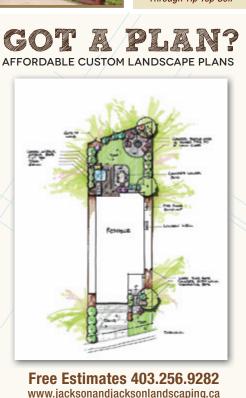
Contact us today to find out how you can make this customer's experience your reality!

403-263-3044 sales@great-news.ca

*Actual customer experience



Custom Decks Retaining Walls Stamped and Exposed Concrete Affordable Custom Landscape Plans Bulk Topsoil Deliveries Through Tip Top Soil







We have state of the art programs and services to help you reach your personal health goals.

 Comprehensive Immunization Services Shingles, Flu, Meningococcal, Pneumonia, HPV, Travel Vaccinations and more

• Certified Diabetes Educator Pharmacists Insulin starts, Diabetes Management Classes, Medication Reviews, Blood Pressure Education at selected sites

- Travel Medicine Pharmacists Travel Consultations available, Travel Health Services and Immunizations available at selected sites
- MEDREMINDERSTM Automatic refills of selected prescription several days before they run out

■ MEDPAKS[™] Blister cards grouping multiple medications to help patients take the right ones at the right time

• 7x AIR MILES[®] Reward Miles on the full value of your prescriptions

> For a detailed list of our pharmacy programs and services visit www.safeway.ca Simply click on the pharmacy tab.

Your Resident Realtor Selling Southwood



Southwood - Great Bungalow! Oversized & over height garage. South backyard fully landscaped. 3 bedrooms. Refinished HW floors. Newer windows, shingles, & HE furnace. Super convenient location.



Southwood - Classic comfort, modern style & functional simplicity collide in this fully upgraded home. Renovated kitchen & baths. Windows, shingles, furnace & fence all replace. HW floors, 4 Bdrms. Beautiful outdoor living space + garage.

Curious what your home is worth? Contact me!

Dorothy.rice@shaw.ca 403-919-7355

Not intended to solicit properties already listed for sale.



Modern Solutions for Missing Teeth

STOP:

- Avoiding foods you love
- Using messy adhesives
- · Being self-conscious of your smile
- · Looking older than your age

WE OFFER:

- Denture on implant options
- · Conventional and flexible denture options
- Direct billing for private insurance
- Complimentary consultations

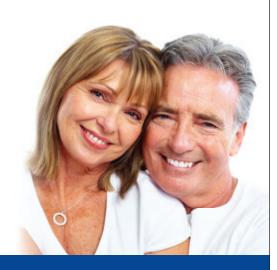
Southcentre Mall

Suite 126A, 100 Anderson Rd SE (403) 269-8308

www.academydenture.com

MLS

Dorothy Rice



Mon - Thur 8:30 am - 4:30 pm Fri 8:30 am - 12:00 noon