

FEBRUARY 2016

DELIVERED MONTHLY TO 3,800 HOUSEHOLDS

# **your** SUNALTA *sass*

THE OFFICIAL SUNALTA COMMUNITY NEWSLETTER

# It just doesn't get better than this

OUR JOB IS TO KEEP IT THIS WAY



Your city employees want to start the new year with a big *Thank You* for appreciating our efforts in keeping Calgary clean and green. You gave our garbage and recycling teams a *97% satisfaction* rating last year.

And we'd also like to thank the City for reaffirming their commitment to keeping this service public — and saying *No Thank You* to a for-profit service that would have cost taxpayers *5-20% more!*

**Here's to another great year, in Canada's greatest city.**

**CUPE**  
Calgary's city employees  
**Making your city  
work for you**

Photo by Jeff Wallace: facebook.com/jeffwallacephotography/  
Courtesy of Flickr Creative Commons: creativecommons.org/licenses/by-nc/2.0/adapted



Sunalta Community Association

1627-10 Ave SW

Calgary, AB – T3C 0J7

Phone: 403.244.2608

[sunaltaca@gmail.com](mailto:sunaltaca@gmail.com) | [www.sunalta.net/Home](http://www.sunalta.net/Home)

## CONTENTS

Parent & Tot Group 4

New Website Launch 5

Real Estate Update 6

Family Games Night 8

My Babysitter List 11

## NEWSLETTER AD SALES

**GREAT NEWS**  
PUBLISHING  **27**  
YEARS

Great News Publishing Ltd.

403.720.0762 | 403.263.3044

[sales@great-news.ca](mailto:sales@great-news.ca) | [www.great-news.ca](http://www.great-news.ca)

Photo by Dana Coldwell



**GREAT NEWS PUBLISHING HAS BEEN  
PROUDLY SERVING SUNALTA  
FOR 4 YEARS!**

# Parent & Tot Group



There is a new caregiver and toddler group forming at the Sunalta Community Hall!

**When:** Tuesdays from 10am-12pm  
**Where:** Sunalta Community Hall (1627 10th Ave SW)  
**How:** Joining the group is FREE and open to all Sunalta residents with young children.

We encourage anyone interested to bring their young ones for the opportunity to: participate in play dates; connect with other Sunalta families; take part in on-site programming; and hear from guest speakers on topics related to parenting.

For more information, please email Cindy at cindy.wilde@icloud.com.

# SCHOOLS

REGULAR PROGRAM	
Sunalta	K-6
Mount Royal	7-9
Western Canada	10-12
TLC	
Glamorgan	K-8
Henry Wise Wood	9-12
MONTESSORI	
Killamey	K-6
FRENCH IMMERSION & SPANISH BILINGUAL	
Westgate	K-4 (FR & SP)
Bishop Pinkham	5-6 (FR & SP) 7-9
Western Canada	10-12 (FR)
Robert Warren	8-9 (SP)
William Aberhart	10-12 (SP)
CATHOLIC SCHOOL DISTRICT	
Sacred Heart	Elementary
St. Monica	Junior High
St. Mary's	Senior High
Holy Name	Elementary (FR)
St. Michael	Junior High (FR)

**Editorial Content Deadline** 15th of each month for the next month's issue

keeley@gsunalta.net

**Sunalta CA Board meetings**

Board meetings at the Sunalta Community Hall are held the second Monday of every month at 7:30 p.m. All are welcome to attend.

Scotiabank CALGARY MARATHON  
 www.CALGARYMARATHON.com  
 MAY 29 2016  
 REGISTER TODAY!  
 CM  
 CALGARY MARATHON  
 IS A BIRDSON QUALIFIER  
 NO.52  
 CAPTAIN COMMITMENT  
 50KM Ultra • 42.2KM • 21.1KM • 10KM • 5KM Walk & Run • Kids Marathon  
 Scotiabank

# Sunalta Community Association



How to contact us:  
[www.sunalta.net](http://www.sunalta.net)  
 "Like" us on Facebook:  
 Sunalta Community Association  
 403-244-2608 to leave a message  
[SunaltaCA@gmail.com](mailto:SunaltaCA@gmail.com)

## Officers and Directors List:

Nick Twyman	President
Courtney Clarke	Vice-President
Tom Naested	Treasurer
Simon Shakibaei	Secretary
Mohamed Abazinab	Director-at-large
Gracelyn Masangkay	Director-at-large
Kari Peperkorn Marlowe	Director-at-large
Keeley Vickerson	Director-at-large
Kevin Richot	Director-at-large
Wylie Spicer	Director-at-large

## Thanks to all our local businesses

for supporting the community association

- Sabroso Restaurant
- The Copy Cellar
- Parry Bros. Lock & Safe
- Zoe's Thrift Store
- One Way Foods
- Groovy Lotus Tea Shop
- The Cellar Wine Store
- The Sentry Box
- Mikey's Juke Joint
- Lux Laundromat



## New Website Launch Announcement:

Sunalta Community Association launches new site at [www.sunalta.net](http://www.sunalta.net)

We are very excited to announce the launch of our newly designed website. Visit us at our new web address [www.sunalta.net](http://www.sunalta.net). The site's homepage features bright colors and an uncluttered design and our logo, which is orange. We wanted to make the new website faster, easier to navigate, and more user-friendly. A HUB where you can get all the information.

As community participants, it's important for us to make information regarding events, services and organizations easily accessible.

We also wanted to give Sunalta residents an opportunity to know us better, who we are as a board, what service associations are doing and our connection to the city at large. Shout out to the volunteers who lead this massive project with the help of Local Marketing Team OOH Marketing Solutions.

Meet us at [Sunalta.net](http://Sunalta.net) and join the conversation!

**Scarboro Community Preschool Ongoing Registration**

25+ years of outstanding social and educational programs

Spaces Still Available for 2015/2016

[www.scarboropreschool.com](http://www.scarboropreschool.com)  
 403-560-4881 / [scarboropreschool@gmail.com](mailto:scarboropreschool@gmail.com)

# Leading a Jane's Walk in Calgary

## A "How To" Workshop

**Date:** Tuesday, February 9

**Time:** 7:00 – 9:00 pm (light supper provided at 6:30 pm)

**Location:** Christ Church (3602 8th St SW)

Jane's Walk is a weekend of free neighbourhood walking tours held in cities around the world each May. If you're curious about leading a Jane's Walk, The Calgary Foundation and The City of Calgary invite you to attend a "how-to" session where you will receive step-by-step instructions on how to bring your ideas and neighbourhood to life through a walking tour. This event is free and light dinner will be provided at 6:30pm. For more info or to register by February 8, go to: [www.calgaryjanewalk.eventbrite.ca](http://www.calgaryjanewalk.eventbrite.ca).

## Winter Walk Day

On the first Wednesday of February each year, hundreds of thousands of Albertans take it outside to celebrate living in a beautiful winter province.

More people walking is great for our health, the environment, and helps strengthen communities.

On February 3, join over 160,000 Albertans for #WinterWalkDay! Grab a co-worker, a friend, or meet some neighbours, and remember to track your steps, as we show the rest of Canada that Alberta knows how to embrace winter!

Share your Winter Walk Day experiences using the hashtag #WinterWalkDay!



## Sunalta Real Estate Update

Last 12 Months Sunalta  
MLS Real Estate Sale Price Stats

	Average Asking Price	Average Sold Price
December 2015	\$0	\$0
November 2015	\$0	\$0
October 2015	\$674,900	\$667,500
September 2015	\$490,000	\$482,000
August 2015	\$0	\$0
July 2015	\$0	\$0
June 2015	\$0	\$0
May 2015	\$0	\$0
April 2015	\$591,300	\$560,000
March 2015	\$499,500	\$490,500
February 2015	\$538,500	\$490,000
January 2015	\$524,900	\$562,000

Last 12 Months Sunalta  
MLS Real Estate Number of Listings Stats

	No. New Properties	No. Properties Sold
December 2015	0	0
November 2015	3	0
October 2015	1	1
September 2015	4	1
August 2015	1	0
July 2015	1	0
June 2015	1	0
May 2015	0	0
April 2015	1	3
March 2015	3	1
February 2015	0	1
January 2015	2	1
<b>Total</b>	<b>17</b>	<b>8</b>

To view the specific SOLD Listings that comprise the above MLS averages please visit [sunalta.great-news.ca](http://sunalta.great-news.ca)



**MLA CALGARY CURRIE**  
**BRIAN MALKINSON**

2108 B - 33 Avenue SW  
Calgary, AB, Canada T2T 1Z6  
Phone: (403) 246-4794; Fax: (403) 686-1543  
[calgary.currie@assembly.ab.ca](mailto:calgary.currie@assembly.ab.ca)

Winter in Calgary is unlike anywhere else in Canada. Bitter cold and blowing snow can be followed up the next day with chinook winds melting it all away. Even with those chinook winds, sometimes winter can get to us.

I find one of the best ways to kick the wintertime blues is to get out in the community and take advantage of some of the snowy weather recreational activities that this city has to offer.

While I like taking advantage of the mountains close by for skiing, with so many community skating rinks scattered throughout Calgary Currie, you don't need to go far to enjoy the benefits of living in such a great place as Calgary.

February is the Heart and Stroke foundation's Heart month. It is important to remember to stay physically active for both our bodies and our minds. The Heart and Stroke Foundation recommends that adults do at least 150 minutes of moderate to vigorous physical activity per week, in bouts of 10 minutes or more. The activity doesn't have to be non-stop, nor does it need to be strenuous. You can do 10 minutes or more at a time throughout the day to reach your daily total. A brisk 10 minute walk during lunch, playing for 10 minutes with your kids after work, and then another 15 minutes walking your dog in the evening. Five minutes here and there add up to better health.

If you're like me and sometimes like a bit more excitement, there is little that exemplifies the Canadian spirit more than a game of pickup shinny at the outdoor community rink where coming together for community recreation has no need for formal organization. All it takes is people coming together to have fun.

I love the sense of community these rinks bring to our city, and despite my busy schedule with my work at the Legislature in Edmonton, I spend as much time as I can at these meeting places at the heart of our communities. You may have seen me out there over the past couple months warming people up with coffee and hot chocolate, and if you keep your eyes open, you might catch me out there again before the end of skating season.

# BUSINESS CLASSIFIEDS

**RIGHTWAY PLUMBING AND HEATING:** Has been happily serving the Sunalta area with quality work, happy clients and fair pricing; with second generation experience, there is no job we can't handle. Furnaces, softeners, garburators, appliances, humidifiers, faucets, water heaters, bathroom renos and gas lines also! Installed with great warranties. Call 403-968-6630.

**CONCRETE CUTTING FOR BASEMENT WINDOWS, DOORS & FLOORS:** New openings or enlargements cut into foundation for basement windows and doors. Enlarge your existing basement windows to meet fire code for bedrooms, from cutting basement windows, doorways to supply and install quality windows, window-well, weeping-tile, core drilling, excavation and anything concrete cutting. Call 403-570-0555 or text 403-680-0611. Email: [info@asapconcretecutting.com](mailto:info@asapconcretecutting.com).

**HOME BUSINESS OPPORTUNITY:** Clinicair is the leading provider of Indoor Air Quality and Medical Grade Duct Cleaning services in Canada. We are looking for a dealer in Calgary to represent our growing company. We offer a royalty free business. Clinicair supplies you with the latest technology, and training. Call Craig: 1-416-277-6067

**NEIGHBOURHOOD CONFLICT?** Community Mediation Calgary Society (CMCS) is a no cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! [www.communitymediation.ca](http://www.communitymediation.ca), 403-269-2707.

**K2 BOOKEEPING:** Are you too busy to keep up with your bookkeeping? Experienced bookkeeper now accepting new clients. Specializing in small to medium sized business. Twelve years of experience with QuickBooks and Simply Accounting, GST, Payroll, WCB Filing, T4 Filing, and competitive rates. Phone Katie 403-870-0737.



Do you love taking photos around the community?  
If so, we'd love to hear from you!

**Who:** Sunalta residents

**What:** The Sunalta Sass is looking for local photographers who would like to see their work published as the cover art of our community newsletter. Photo resolution should be no less than 5 megapixels or a resolution of 2560 x 1920.

**When:** Submissions are due the 15th of each month

**Where:** Send your photos (a maximum of two submissions, per person, each month) to keeley@sunalta.net. Please include your full name and contact information.

## PLUMBER

PLUMBOB For All Your Plumbing Needs



- ✓ Small Company
- ✓ Low Overhead, Great Rates
- ✓ Sewer and Drain Cleaning
- ✓ Free Estimates & Advice
- ✓ Hot Water Tank Specials

Call Mark: 403.862.3973



## Family Games Night

Join us for an evening of your favourite board games and bingo fun!

All ages welcome! Snacks, door prizes and much more!

**Friday, March 18**

**6pm – 8pm**

**Sunalta Community Hall  
(1627- 10th Avenue SW)**

Interested in volunteering?

Please contact Silvia Ross 403-221-3831  
or [silvia.ross@calgary.ca](mailto:silvia.ross@calgary.ca).



## IMPORTANT NUMBERS

ALL EMERGENCY CALLS	911
Alberta Adolescent Recovery Centre	403.253.5250
Alberta Health Care	403.310.0000
AHS Addictions Hotline	1.866.332.2322
ATCO Gas – 24 Hour Emergency	403.245.7222
Calgary HEALTH LINK 24/7	811
Calgary Police – Non Emergency	403.266.1234
Calgary Women's Emergency Shelter	403.234.7233
Child Abuse Hotline	1.800.387.5437
Kids Help Line	1.800.668.6868
Child Safe Canada	403.202.5900
Distress/Crisis Line	403.266.4357
ENMAX – Power Trouble	403-514-6100
Poison Centre - Alberta	1-800-332-1414
HOSPITALS / URGENT CARE	
Alberta Children's Hospital	403.955.7211
Foothills Hospital	403.944.1110
Peter Lougheed Centre	403.943.4555
Rockyview General Hospital	403.943.3000
Sheldon M. Chumir Health Centre	403.955.6200
South Calgary Urgent Care Health Centre	403.943.9300
South Health Campus	403.956.1111
OTHER	
Calgary Humane Society	403.205.4455
Calgary Parking Authority	403.537.7000
SeniorConnect	403.266.6200
Calgary Kerby Elder Abuse Line	403.705.3250
Alberta One-Call Corporation	1.800.242.3447
City of Calgary	311
Kerby Centre for the 55 plus	403-265-0661
Community Mediation Calgary Society	403.269.2707
RNR Lockworks Ltd.	403.479.6161
Road Conditions – Calgary	511
Weather Information	
Gamblers Anonymous	403.237.0654

## DISCLAIMER

The opinions expressed within any published article, report or submission reflect those of the author and should not be considered to reflect those of the Sunalta Community Association and Great News Publishing. The information contained in this newsletter is believed to be accurate, but is not warranted to be so.

The Sunalta Community Association and Great News Publishing do not endorse any person or persons advertising in this newsletter. Publication of these ads should not be considered an endorsement of any goods or services.

## COMMUNITY ANNOUNCEMENTS

**Deadline – 1<sup>st</sup> of each month for the next month's publication**

**Contact [news@great-news.ca](mailto:news@great-news.ca)**

- ◆ Free announcements: lost/found, household items for sale, wanted, garage sale, student/senior services, etc.
- ◆ Forty word limit



The Colosseum is the largest Roman amphitheatre ever built. This elliptical amphitheatre in the centre of Rome is considered as one of the greatest architectural feats achieved by the Ancient Romans. The stadium was capable of seating 50,000 spectators and used mainly for gladiatorial games.

Published by:



ADVERTISE YOUR BUSINESS NOW!  
REACHING OVER 400,000 HOUSEHOLDS  
ACROSS 138 CALGARY COMMUNITIES

DELIVERED BY  
*Canada Post*

Phone: 403-263-3044 | [sales@great-news.ca](mailto:sales@great-news.ca)



**SAFETY SYNC**  
ONLINE SAFETY MANAGEMENT SYSTEM

"An effective health and safety management system can help prevent losses, reduce costs and provide evidence of due diligence."

Enform IRP 9 (Revised)  
[safetysync.com](http://safetysync.com)  
403.668.6402

A Safety Management System (SMS) is all about managing the safety interaction you have with your workers. It's an overall strategy to help you communicate information on hazards and best practices in your workplace so you can develop a stronger, lasting culture of safety within all stakeholders in your organization.

# FOOD TRIVIA

A honey bee must tap two million flowers to make one pound of honey.

RBC Dominion Securities Inc.



LOOKING TO BUILD & RETAIN A PRODUCTIVE, MOTIVATED WORKFORCE?

RBC Group Advantage is a comprehensive program designed to help business owners meet their employees' financial needs by providing:

- In-person financial advice for all employees
- Group retirement savings plans
- Comprehensive and discounted banking solutions

Support your employees and keep your competitive advantage. Call Investment Advisor Michael Martin at 403-266-9655 to learn more.



**RBC Wealth Management**  
Dominion Securities

There's Wealth in Our Approach.™

RBC Dominion Securities Inc.\* and Royal Bank of Canada are separate corporate entities which are affiliated. \*Member-Canadian Investor Protection Fund. RBC Dominion Securities Inc. is a member company of RBC Wealth Management, a business segment of Royal Bank of Canada. ©Registered trademarks of Royal Bank of Canada. Used under license. © RBC Dominion Securities Inc. 2015. All rights reserved. 15\_09701\_010\_011



**COUNCILLOR, WARD 8  
EVAN WOOLLEY**

P.O. Box 2100, Station M  
Calgary, AB, Canada T2P 2M5  
Phone: 403-268-2430

### Housing and Homelessness

At the end of last year I wrote an article for CBC's "Calgary at a Crossroads", in which I expressed my optimism for our city's future as well as my frustration with how we take care of those less fortunate. I said that we have failed on affordable housing and homelessness. With our shelters full and housing too expensive, people sleep out in the cold every night. It's getting worse, and pretty soon we will be too far behind.

I am determined to do what I can as the Councillor for Ward 8 to turn this around. We will need to build a future from our shared dreams and strengths, not our precedents. We will need to embrace the idea of progress and work our asses off in order to achieve it. But this is no easy feat, and it will require all of us to pitch in. Here's how you can help.

### Volunteer

There are many organizations across Calgary that care for those who don't have a place to stay, and all of them rely on volunteers. It is not only important for us as citizens to help out where we can, but it is personally enriching and rewarding as well. Serve lunches and suppers, teach a child to read, assist with special events. There are a number of groups you can approach, but aside from the obvious four (The Mustard Seed, The Drop-In Centre, Inn from the Cold, and Alpha House) a good start is the Calgary Homeless Foundation's list of all agencies they fund – visit [calgaryhomeless.com](http://calgaryhomeless.com).

### Donate

Donate your used clothes, purses, backpacks, bedding, curtains, towels and shoes at locations all around Calgary. An easy way to find out where to go is to contact the Alberta Recycling Hotline: call 1-800-463-6326 or visit [recyclinghotline.ca](http://recyclinghotline.ca).

### Make Your Voice Heard

To solve the complex issues of affordable housing and homelessness, we need new energy and fresh ideas. We need you to speak up and speak out, and join the conversation about how we can end homelessness instead of just bandage it day after day, year after year. Write me. Join your community association. Reach out to those who live on the street, or in a shelter, or in affordable housing. Help build inclusive communities and a compassionate city – it all starts with you and your voice.

As always, please don't hesitate to contact me by email ([ward08@calgary.ca](mailto:ward08@calgary.ca)), phone (403-268-2430) or on my website ([www.calgary.ca/ward8](http://www.calgary.ca/ward8)). Let's be real. Let's be smart. Let's be bold. Let's tackle these challenges once and for all.



Name	Age	Contact	Course
Evelyn	12	403-475-0919	Yes
Sophia	13	403-708-0601	No
Maxine	13	403-455-8427	Yes
Sam	15	403-287-3740	Yes
Lilly	15	403-719-8282	Yes
Samantha	15	403-287-3740	Yes
Kaitlynn	15	403-874-4034	Yes
Henry	15	403-719-8282	Yes
Emma	15	403-220-1537	Yes
Latto	16	587-577-0047	Yes
Connie	16	403-862-2081	No
Izzy	17	403-483-1218	Yes
Charlee	17	587-225-6323	Yes
Nia	17	403-991-8045	Yes
Jakarta	18	403-808-8503	No
Makenzie	18	403-796-7733	Yes
Elaura	18	403-471-5051	Yes
Maddy	18	587-888-7298	Yes
Maddy	18	587-888-7298	Yes
Erika	18	403-685-4645	Yes
Eugene	18	403-703-4488	Yes
Abigail	18	705-706-4338	No
Yena	19	403-479-7911	Yes
Taryn	19	403-999-1777	Yes
Olivia	20	587-889-9043	Yes
Danita	21	403-990-0205	Yes
Jamie-Lyn	21	403-892-0176	No
Siobhan	22	403-923-9499	No
Emily	23	403-999-8525	Yes
Kelsea	23	403-370-7170	Yes
Sarah	23	819-679-3059	Yes
Sydney	24	403-993-5441	Yes
Alison	24	587-999-1278	Yes
Christoph	24	587-998-6172	Yes
Alana	24	587-888-4854	Yes
Megan	24	403-861-3718	Yes
Blaise	24	587-223-8583	Yes
Christina	24	587-855-5074	Yes
Jordan	25	403-966-1647	No

Josefa	25	587-437-1252	Yes
Genevieve	25	581-307-6165	Yes
Chandria	26	587-227-4107	Yes
Camila	27	403-680-0942	No
Catherine	27	514-293-1395	Yes
Heather	29	403-966-5233	Yes
Cathy	29	403-390-8600	No
Amber	30	587-438-4789	Yes
Michelle	31	403-923-5111	Yes
Harvinder Kaur	31	587-830-6217	Yes
Carla	32	403-890-9467	Yes
Antares	33	403-383-2527	Yes
Salma	38	403-252-5052	Yes
Maria	45	403-818-0560	No
Marise	47	403-399-8430	No

**Calling All BABYSITTERS** Enroll free at [mybabysitter.ca](http://mybabysitter.ca) and choose the Calgary communities you would like to babysit in.

**Calling All PARENTS** Visit [mybabysitter.ca](http://mybabysitter.ca) and find available babysitters in and around your community.

**Disclaimer:** We recommend for your own peace of mind that references be checked when choosing your babysitter. This babysitter list is provided as a service to the community and is governed by the terms & conditions outlined at [mybabysitter.ca](http://mybabysitter.ca).

The Best Neighbourhoods Survey is now open.

# HAVE YOUR SAY

Tell us what makes great neighbourhoods great and what's most important to you in choosing where to live.

**Closes February 28, 2016**  
[AvenueCalgary.com/survey](http://AvenueCalgary.com/survey)

**avenue magazine**

Calgary



# Interested in doing a job that counts?

## The City of Calgary is accepting applications for Census Takers from Jan. 18 to Feb. 29, 2016.

Starting in late April, Census Takers will go door-to-door visiting homes in their assigned area to collect census information using tablets. Consider applying to become a Census Taker if you are:

- 18 years of age or older.
- Available to collect census information starting late April.
- Able to complete online training at home and in-person in March.
- Able to walk in seasonable weather conditions.
- Able to operate a tablet computer (training is provided).

Applications are accepted in-person only and a written assessment test must be completed at that time.

To learn more or download an application form, visit [calgary.ca/census](http://calgary.ca/census).

2015-2900

## 113 Auburn Shores Ld SE

A stunning, custom lakefront home, with your own private dock in the amazing lake community of Auburn Bay!

Only 2 years new, this home has a spectacular location on a quiet cul de sac with a sunny west yard and mountain views. Only steps to the tennis courts, community centre & all it has to offer.

Open concept home with gorgeous tiger hardwood floors on both main and upper levels, 9 foot ceilings on the main floor and a fantastic open kitchen.



3 BEDS



3 BATHS



4 CARS



3,215 ft<sup>2</sup>

## Living the Dream Lakefront in Auburn Bay



\$1,625,000



Ryan MacDonald, B.Sc.  
Sheri MacDonald, M.Sc.

403.519.9102

info@calgaryhometeam.com

www.calgaryhometeam.com



Not intended to solicit buyers or sellers currently under contract with a broker