

JULY 2017

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THE OFFICIAL SUNALTA COMMUNITY NEWSLETTER





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## CONTENTS

- 5 35<sup>TH</sup> ANNUAL SUNALTA  
STAMPEDE BREAKFAST
- 5 VOLUNTEERS NEEDED FOR SUNALTA  
STAMPEDE BREAKFAST
- 7 SUNALTA COMMUNITY MEMBERSHIP  
CARDS AVAILABLE AT STAMPEDE  
BREAKFAST
- 7 2017 CALGARY NEIGHBOURHOODS  
– COMMUNITY SUMMER PROGRAMS:  
SUNALTA
- 8 MLA BRIAN MALKINSON'S REPORT
- 9 MP KENT HEHR'S REPORT
- 10 FAMILY GAME NIGHT
- 10 YOUR CITY OF CALGARY: SUBSIDIES ARE  
AVAILABLE FOR CITY SERVICES
- 11 MY BABYSITTER LIST
- 11 "SUN-TOTS"





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All editorial content must be submitted by the 15th of the month for the following month's publication.

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The information contained in this newsletter is believed to be accurate, but is not warranted to be so.

Great News Publishing and Sunalta Community Association does not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.

IMPORTANT NUMBERS

ALL EMERGENCY CALLS		911
Alberta Adolescent Recovery Centre		403-253-5250
Alberta Health Care		403-310-0000
AHS Addictions Hotline		1-866-332-2322
ATCO Gas – 24 Hour Emergency		403-245-7222
Calgary HEALTH LINK 24/7		811
Calgary Police – Non Emergency		403-266-1234
Calgary Women’s Emergency Shelter		403-234-7233
Child Abuse Hotline		1-800-387-5437
Kids Help Line		1-800-668-6868
Child Safe Canada		403-202-5900
Distress/Crisis Line		403-266-4357
ENMAX – Power Trouble		403-514-6100
Poison Centre - Alberta		1-800-332-1414
HOSPITALS / URGENT CARE		
Alberta Children’s Hospital		403-955-7211
Foothills Hospital		403-944-1110
Peter Lougheed Centre		403-943-4555
Rockyview General Hospital		403-943-3000
Sheldon M. Chumir Health Centre		403-955-6200
South Calgary Urgent Care Health Centre		403-943-9300
South Health Campus		403-956-1111
OTHER		
Calgary Humane Society		403-205-4455
Calgary Parking Authority		403-537-7000
SeniorConnect		403-266-6200
Calgary Kerby Elder Abuse Line		403-705-3250
Alberta One-Call Corporation		1-800-242-3447
City of Calgary		311
Social Service Info & Referral		211
Community Mediation Calgary Society		403-269-2707
RNR Lockworks Ltd.		403-479-6161
Road Conditions – Calgary		511
Weather Information		
Gamblers Anonymous		403-237-0654

35<sup>th</sup> Annual Sunalta Stampede Breakfast  
July 15

Howdy Neighbour!

Join us for our 35th Annual Sunalta Stampede Breakfast sponsored by First Calgary Financial!

The Sunalta Community Association’s Stampede Breakfast is one of Calgary’s largest and longest running community events. The first SCA Stampede Breakfast took place in 1982 and has been proudly serving the neighbourhood for the last 34 years! Each year, over 2000 local residents come together to share in community - and enjoy a pancake or two! The Breakfast takes over the entire 1700 block of 13th avenue and includes a petting zoo, live music, a blow-up castle, face painting, and much more.

A big thank you to local business One Way Foods for donating ham for the event, Unique Blend Coffee - Office Coffee Service for providing the coffee, and the City of Calgary – Your Local Government for providing foodware that is 100% compostable!



Volunteers Needed for Sunalta Stampede Breakfast

Looks like fun, doesn't it? We are currently gathering names from anyone who might be interested in Volunteering. Shifts are 2-3 hours and you will be done by 1 p.m. The Stampede Breakfast is July 15th Saturday. The breakfast takes place on 13 Avenue between 16 St and 17 St. S.W. Please call 403-807-6419 or email keeley@sunalta.net



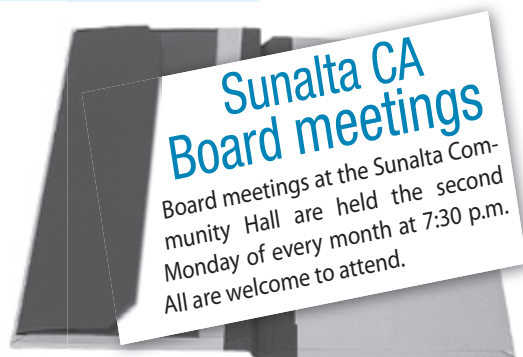
## Sunalta Community Association



How to contact us:  
[www.sunalta.net](http://www.sunalta.net)  
 "Like" us on Facebook:  
 Sunalta Community Association  
 403-244-2608 to leave a message  
[SunaltaCA@gmail.com](mailto:SunaltaCA@gmail.com)

### Officers and Directors List:

Tom Naested	President
Nick Twyman	Past President
Simon Shakibaei	VP
Craig Milligan	Treasurer
Meghan Grant	Secretary
Keeley Vickerson	Director at Large
Courtney Clarke	Director at Large
Kim Rondeau	Director at Large
Kevin Richot	Director at Large
Mohamed Abazinab	Director at Large



## SCHOOLS

### REGULAR PROGRAM

Sunalta	K-6
Mount Royal	7-9
Western Canada	10-12

### TLC

Glamorgan	K-8
Henry Wise Wood	9-12

### MONTESSORI

Killarney	K-6
-----------	-----

### FRENCH IMMERSION & SPANISH BILINGUAL

Westgate	K-4 (FR & SP)
Bishop Pinkham	5-6 (FR & SP)
	7-9
Western Canada	10-12 (FR)
Robert Warren	8-9 (SP)
William Aberhart	10-12 (SP)

### CATHOLIC SCHOOL DISTRICT

Sacred Heart	Elementary
St. Monica	Junior High
St. Mary's	Senior High
Holy Name	Elementary (FR)
St. Michael	Junior High (FR)

## HALL RENTAL

### Need a place for up to 150 people for your event?

Sunalta Hall has two great rooms and a fully stocked kitchen for your event. We are now booking for the summer and fall and there are still a lot of great evenings available.

## Thanks to all our local businesses

for supporting the community association

- The Copy Cellar
- One Way Foods
- The Cellar Wine Store
- Parry Bros. Lock & Safe
- Zoe's Thrift Store
- Levis Fine Art Auctions & Appraisals
- Lux Laundromat
- The Sentry Box
- Mikey's Juke Joint

## Sunalta Community Membership Cards Available at Stampede Breakfast

Our membership program is designed to engage, to build community, and to increase pride in residency. However, we recognize that our program is in need of some improvements. Over the coming months, the SCA will work to enhance our membership program, including increasing member benefits and improving our system for processing memberships.

It is also important to us that our membership program compliment our re-branding. As such, the SCA has been working with local volunteer, and creative genius, Kathryn Valentine. This collaboration has led to the creation of digital membership cards and started the conversation around developing a membership app for mobile phones. Thanks Kathryn for all your hard work - we couldn't have done it without you!

Don't forget that being a card-carrying member offers a number of benefits:

- Access to great social events and the community garden
- Discounts on selected community programs and events (currently offering free yoga to SCA members on Sunday mornings and free martial arts classes on Wednesday and Friday evenings)
- Discounted rates for Hall rentals (\$40/hour for the public, \$25/hour for SCA members) - please note you MUST live in Sunalta for this to apply
- The chance to be a part of amazing neighbourhood groups and become a community leader
- Staying connected with new developments
- The opportunity to support your local CA
- Receive discounts at participating Sunalta Merchants (coming soon!)
- Members can receive discounts at Tri It Multisport: <http://www.tri-it.ca/home>



## 2017 Calgary Neighbourhoods – Community Summer Programs: Sunalta

Looking for some fun, FREE activities for children, youth and families this Summer? These safe, supervised programs are great for making new friends and learning new activities.

July 24-27: Breakout Youth FREE theme based programs for youth to learn new skills.

Mon-Thur. 1- 4 p.m. August 21-25: Stay n' Play (3 - 5 Y + parent) FREE outdoor program for preschoolers accompanied by an adult. Mon - Fri 10 a.m. – noon. Park n' Play (6 - 12 Y) FREE safe, supervised, outdoor program in your community. Mon - Fri 10 a.m. - 3:30 p.m.

For more information, visit [calgary.ca/CommunitySummerPrograms](http://calgary.ca/CommunitySummerPrograms) or contact 311.



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When I worked as mechanic and then later, as a diesel engine salesman, I was lucky to have had positive experiences with each of my employers. But my experience is not everyone's experience. And that is why I am proud of the changes our government is making to ensure that Alberta has fair, modern and family-friendly workplaces that support our growing economy.

One of the bills of this past session was Bill 17 - Fair and Family-friendly Workplaces Act. This brought our Employment Standards Code and Labour Relations Code legislation in line with trends and standards across Canada. These amendments will make life better for Alberta families and protect vulnerable Albertans by, for example, repealing the ability for employers to pay employees with disabilities less than minimum wage. Albertans also had to work for one year before they were

able to access compassionate care, maternity and parental leave. That was the longest wait period in Canada. Our government has reduced that period to 90 days like Saskatchewan, Manitoba, Quebec, and Nova Scotia.

Because all Albertans deserve to be treated fairly at work, you are now eligible for new unpaid leaves that would provide up to 36 weeks of job protection for parents with critically ill or injured children. Parents caring for a critically ill child should not have the extra stress of worrying about if they will have a job once they return to work. In addition, 36 weeks of job protected leave applies to those fleeing domestic violence. A new unpaid leave provides up to 10 days of job protection per year for employees addressing a situation of domestic violence. And as we celebrate Canada Day this July first, I am happy that we are providing new Canadians with a half-day leave so they will not lose their job for attending their Canadian citizenship ceremony.

This session also saw the passing of Bill 205 – Advocate for Persons with Disabilities Act – We will be one of three provinces in Canada to have such an advocate. I continued my consultative work on my own bill, The Henson trust. I travelled to Lethbridge in June, and in July I will hold a consultation in Medicine Hat. Thanks to all for your excellent contributions. I look forward to this becoming the law of land in Alberta.

Here in Calgary Currie I recently attended the opening of a newly renovated affordable housing unit in Bankview. This Calgary Housing Company renovation provides 26 households with modern, safe, and affordable housing, and is part of a \$1.3 million investment in senior and affordable housing in our riding. In June, I saw many of you at the Lilac Festival and I look forward to seeing many more of you at my Stampede Breakfast at the Glenbrook Community Association on July 9<sup>th</sup> from 9:00-11:30pm. We will have food with halal options, face painting, music, and even wiener dog racing! I'd love to visit your events too - please contact me at the office, or on Facebook or Twitter @BrianMalkinson.



**MP Calgary Centre  
Hon. Kent Hehr**  
950 6 Ave SW  
Calgary, Alberta T2P 1E4  
✉ kent.hehr@parl.gc.ca  
📞 403-244-1880  
🌐 www.KentHehrMP.ca

2017 is Canada 150<sup>th</sup> anniversary, and this July celebrate with friends, family, and the greater community our nation's sesquicentennial!

**The 2017 Calgary Stampede | July 7-16<sup>th</sup> 2017**

The Calgary Stampede is more than the greatest outdoor shown on earth - it's our opportunity for the community to come together and celebrate our heritage, traditions, diversity, and civic pride. After all, Calgary is the heart of the new west.

So, take the time, get out, and enjoy! And like every year, the Calgary Stampede has special days on offer so the fun times last longer.

- Parade Day | July 7<sup>th</sup> free entry from 11 a.m. – 1:30 p.m. Go straight from the Parade to the Park!
- Cenovus Family Day | July 9<sup>th</sup> free entry 8 a.m. – Noon and the first 20,000 guests get a FREE Breakfast!
- Canada 150 Day | July 11<sup>th</sup> free all day entry for seniors 65+ plus a free WestJet Skyride!

For all the details and more special Stampede events go to [www.calgarystampede.com](http://www.calgarystampede.com)

**Canada 150: Beyond July 1<sup>st</sup>**

**Calgary Chinese Cultural Centre Street Festival | July 1-7**  
To Celebrate Canada 150, the Calgary Chinese Cultural Centre Street Festival is a new week-long festival of Chinese Culture that will bring Calgarians to the core of their City's Chinatown. This event is open to all Calgarians and offers tours, tea tastings, and street performances. Attendees will make their own Chinese handcrafts and learn about fusions between Chinese and Western medicines.

2017 Discovery Pass | Free admission to Parks Canada – Come visit Canada's parks for free and pick up your pass at [www.KentHehrMP.ca/Canada-150](http://www.KentHehrMP.ca/Canada-150)

The weather is warming up and camping and hiking season is in full swing. So, grab your free 2017 Discovery Pass that provides you free admission for the entire year to Parks Canada! So, this year's trips to Banff, Lake Louise, and Jasper become that much more affordable for you and your family!

As always, you can contact my office by email or by phone. My door is always open to you. You can follow my work in Parliament online and sign up for my e-newsletter at [www.KentHehrMP.ca](http://www.KentHehrMP.ca).

# BUSINESS CLASSIFIEDS

For business classified ad rates call Great News Publishing at 403-263-3044 or [sales@great-news.ca](mailto:sales@great-news.ca)

**HOME BUSINESS OPPORTUNITY:** Clinicair is the leading provider of Indoor Air Quality and Medical Grade Duct Cleaning services in Canada. We are looking for a dealer in Calgary to represent our growing company. We offer a royalty free business. Clinicair supplies you with the latest technology, and training. Call Craig: 1-416-277-6067.

**NEIGHBOURHOOD CONFLICT?** Community Mediation Calgary Society (CMCS) is a no cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! [www.communitymediation.ca](http://www.communitymediation.ca), 403-269-2707.

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If market volatility is making you second-guess your investments strategy, contact me today for a no obligation, objective evaluation of your portfolio. An unbiased review can help you answer key questions including:

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- Are you taking too much risk in your portfolio?
- Which investments are likely to recover and which ones aren't?

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You are invited to Sunalta's



An evening of your favourite board games with friends and neighbours!

Friday, July 28, 2017

6 pm – 8:30 pm

Sunalta Community Hall  
(1627- 10th Avenue SW)

**FREE!**

Snacks, prizes and guaranteed fun!

Interested to volunteer? Please contact  
Jenn ([info@sunalta.net](mailto:info@sunalta.net)) / Silvia ([Silvia.Ross@calgary.ca](mailto:Silvia.Ross@calgary.ca))







Do you love taking photos around the community?  
If so, we'd love to hear from you!

**Who:** Sunalta residents  
**What:** The Sunalta Sass is looking for local photographers who would like to see their work published as the cover art of our community newsletter. Photo resolution should be no less than 5 megapixels or a resolution of 2560 x 1920.  
**When:** Submissions are due the 15th of each month  
**Where:** Send your photos (a maximum of two submissions, per person, each month) to [keeley@sunalta.net](mailto:keeley@sunalta.net). Please include your full name and contact information.



Name	Age	Contact	Course
Alisha	23	587-434-8205	No
Becky	27	403-710-0970	Yes
Kisella	19	587-777-7725	Yes
Marise	48	403-399-8430	No

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Enroll free at [mybabysitter.ca](http://mybabysitter.ca) and choose the Calgary communities you would like to babysit in.  
**Calling All PARENTS**  
Visit [mybabysitter.ca](http://mybabysitter.ca) and find available babysitters in and around your community.  
**Disclaimer:** We recommend for your own peace of mind that references be checked when choosing your babysitter. This babysitter list is provided as a service to the community and is governed by the terms & conditions outlined at [mybabysitter.ca](http://mybabysitter.ca).



**YOUR VOICE MATTERS**  
[CHRISDAVIS.CA](http://CHRISDAVIS.CA)



# "Sun-Tots"

Sunalta Toddlers, Parents and Caregivers, you are invited to meet neighbours as you socialize with your babies, toddlers and preschoolers, up to 5 years of age, right in the community!  
Tuesdays, 10 am - 12 pm  
Sunalta Community Hall - 1627 - 10th Ave. SW  
Coffee and healthy snacks provided!  
For more information contact: [info@sunalta.net](mailto:info@sunalta.net).

## YOUR CITY OF CALGARY

### Subsidies are available for City services

Need help accessing City of Calgary programs, services or facilities? The City has several programs that are offered at a subsidized rate, and some Transit passes are now available on a sliding scale, for Calgarians who may have trouble affording them. The new Fair Entry process makes applying for fee subsidized City-services easier.  
One application allows Calgarians to have their income

level assessed for several subsidy programs and services. Apply for:  
1. Calgary Transit Low-Income Transit Pass Program and Low-Income Seniors Yearly Pass  
2. Recreation Fee Assistance Program  
3. Property Tax Assistance Program  
4. No Cost Spay/Neuter Program  
5. Seniors Services Home Maintenance  
For more information or to apply, visit [calgary.ca/fairentry](http://calgary.ca/fairentry).



## Letter to the editor

Dear Great News Publishing,

Please **DO NOT** run my ad next month. My ad has been **WAY TOO EFFECTIVE**. My phone won't stop ringing with people saying they saw my ad in the newsletter. I'm amazed at how well this worked!

Thanks for all your help,  
Sincerely,  
Laura  
Owner of Buds and Blooms

Contact us today to find out how you can make this customer's experience your reality!

**403-263-3044**  
**[sales@great-news.ca](mailto:sales@great-news.ca)**

\*Actual customer experience.



# OH, CANADA!

Great News Publishing asked Calgary residents what they love about Canada and being Canadian. Thank you to everyone who submitted their answers!

The 4-season day



Universal health care

Canadian Tire money

Respect for wilderness

Heritage Minutes

We have a strong multicultural identity with a multitude of various backgrounds and religions.



Our differences are not only accepted, but celebrated.

House Hippo



We know the French equivalents of "free," "prize," and "no sugar added," thanks to our extensive education in bilingual cereal packaging.

There is a sense of community that people can and want to contribute to.

Mr. Dressup

Kraft Dinner

Equal access to necessities of life.

Best beef in the world!



Wayne Gretzky

Beautiful Canadian natural landscapes that we are actively trying to preserve.



Sorry!

Canadians seek commonalities when meeting someone new.

All Dressed/ Ketchup Chips

Canadians have the right and freedom to practice our choice of religion.

