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SUNALTA COMMUNITY ASSOCIATION

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keeley@sunalta.net
 All editorial content must be submitted by the 15th of the month for the following month's publication.

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The information contained in this newsletter is believed to be accurate, but is not warranted to be so.

Great News Publishing and Sunalta Community Association does not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.

IMPORTANT NUMBERS

ALL EMERGENCY CALLS	911
Alberta Adolescent Recovery Centre	403-253-5250
Alberta Health Care	403-310-0000
AHS Addictions Hotline	1-866-332-2322
ATCO Gas – 24 Hour Emergency	403-245-7222
Calgary HEALTH LINK 24/7	811
Calgary Police – Non Emergency	403-266-1234
Calgary Women's Emergency Shelter	403-234-7233
Child Abuse Hotline	1-800-387-5437
Kids Help Line	1-800-668-6868
Child Safe Canada	403-202-5900
Distress/Crisis Line	403-266-4357
ENMAX – Power Trouble	403-514-6100
Poison Centre - Alberta	1-800-332-1414
HOSPITALS / URGENT CARE	
Alberta Children's Hospital	403-955-7211
Foothills Hospital	403-944-1110
Peter Lougheed Centre	403-943-4555
Rockyview General Hospital	403-943-3000
Sheldon M. Chumir Health Centre	403-955-6200
South Calgary Urgent Care Health Centre	403-943-9300
South Health Campus	403-956-1111
OTHER	
Calgary Humane Society	403-205-4455
Calgary Parking Authority	403-537-7000
SeniorConnect	403-266-6200
Calgary Kerby Elder Abuse Line	403-705-3250
Alberta One-Call Corporation	1-800-242-3447
City of Calgary	311
Social Service Info & Referral	211
Community Mediation Calgary Society	403-269-2707
RNR Lockworks Ltd.	403-479-6161
Road Conditions – Calgary	
Weather Information	511
Gamblers Anonymous	403-237-0654



Sunalta Membership Benefits

The Sunalta community membership program is designed to engage, to build community, and to increase pride in residency. Over the coming months, the SCA will work to enhance our membership program, including increasing member benefits and improving our system for processing memberships. It is also important to us that our membership program compliment our re-branding. As such, the SCA has been working with local volunteer, and creative genius, Kathryn Valentine. This collaboration has led to the creation of digital membership cards and started the conversation around developing a membership app for mobile phones.

Don't forget that being a card-carrying member offers a number of benefits:

- Access to great social events and the community garden
- Discounts on selected community programs and events (currently offering free yoga to SCA members on Sunday mornings and free martial arts classes on Wednesday and Friday evenings)
- Discounted rates for Hall rentals (\$40/hour for the public, \$25/hour for SCA members) - please note you MUST live in Sunalta for this to apply
- The chance to be a part of amazing neighbourhood groups and become a community leader
- Staying connected with new developments
- The opportunity to support your local CA
- Receive discounts at participating Sunalta Merchants (coming soon!)
- Members can receive discounts at Tri It Multisport: <http://www.tri-it.ca/home>

Martial Arts Training

Bujinkan YYC-Traditional Japanese martial arts training for self-defense and self-improvement

Cost: FREE for SCA Members otherwise \$15/drop-in or \$60 monthly

Location: Sunalta Community Center, 1627 10 Avenue SW

The Bujinkan is an international martial arts organization based in Japan, headed and developed by Masaaki Hatsumi. The organization is centered on the teaching of Tai-jutsu, or the "art of the body". Bujinkan YYC is a Calgary based group dedicated to the continued study and cultivation of Tai-jutsu, a traditional non-competitive martial art of self-defense. The instructors at Bujinkan YYC received their teaching certifications in Japan and travel to Japan for further study and continued improvement.

Training: Bujinkan is not a competitive art or a sport. Partners in class help each other learn and study the techniques. In time, speed and counters are added in to ensure the technique holds up under pressure. Most of the practice is slow, deliberate and studious. The focus is always on good biomechanical movement and proper alignment over speed and power. Both weapons and unarmed techniques are taught in the classes. As a whole, the art is principle based, meaning the principles learned in a given technique can be applied in a range of situations.

What to wear: any loose fitting clothing or a training gi. Questions: email bujinkanyyc@gmail.com www.bujinkanyyc.com



Sunalta Community Association



How to contact us:

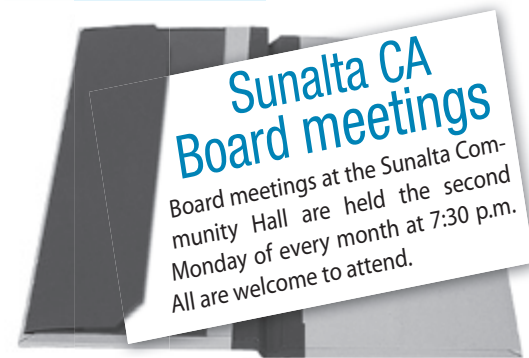
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Sunalta Community Association
403-244-2608 to leave a message
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Courtney Clarke	Director-at-large
Kevin Richot	Director-at-large
Mohamed Abazinab	Director-at-large



SCHOOLS

REGULAR PROGRAM

Sunalta	K-6
Mount Royal	7-9
Western Canada	10-12

TLC

Glamorgan	K-8
Henry Wise Wood	9-12

MONTESSORI

Killarney	K-6
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FRENCH IMMERSION & SPANISH BILINGUAL

Westgate	K-4 (FR & SP)
Bishop Pinkham	5-6 (FR & SP) 7-9
Western Canada	10-12 (FR)
Robert Warren	8-9 (SP)
William Aberhart	10-12 (SP)

CATHOLIC SCHOOL DISTRICT

Sacred Heart	Elementary
St. Monica	Junior High
St. Mary's	Senior High
Holy Name	Elementary (FR)
St. Michael	Junior High (FR)

HALL RENTAL

Need a place for up to 150 people for your event?

Sunalta Hall has two great rooms and a fully stocked kitchen for your event. We are now booking for the summer and fall and there are still a lot of great evenings available.

Thanks to all our local businesses

for supporting the community association

- The Copy Cellar
- One Way Foods
- The Cellar Wine Store
- Parry Bros. Lock & Safe
- Zoe's Thrift Store
- Levis Fine Art Auctions & Appraisals
- Lux Laundromat
- The Sentry Box
- Mikey's Juke Joint

SUNALTA HISTORY

Sunalta looking north from Bankview, 1967
Photo credit: U of C Library



Jane's Walk in Sunalta

Sunalta Safe Community Initiative (SSCI) is hosting a Jane's walk in our neighbourhood on Saturday May 6th. Don't miss it!

Check Sunalta Community Association Facebook for more details or <http://janewalk.org/canada/calgary/>

Join the Community Clean-up!

Get your hands dirty and join us for our annual spring clean-up! Help make our Wildflower Garden beautiful while enjoying sunshine (hopefully) and refreshments. All are welcome.

Date: Saturday May 27th
Time: 1pm to 3pm

Place: Wildflower Garden the corner of 16th St. and 14th Ave. S.W. For more information please contact: sunalta.communitygarden@gmail.com



MP Calgary Centre
Hon. Kent Hehr
 950 6 Ave SW • Calgary, Alberta T2P 1E4
 kent.hehr@parl.gc.ca • 403-244-1880
 www.KentHehrMP.ca

Budget 2017 is about putting people first and delivers the programs that Albertans – and all Canadians – can benefit from today, not a decade from now. It is an essential step to restore prosperity to the middle class and support Alberta.

As one of the youngest and most innovative and dynamic provinces, Alberta is at the forefront of those who can most benefit from investment and support for young families. With an average median age of 36.1 years old (according to Statistics Canada), Alberta has the highest proportion of working-age persons of any province (70.6%) and is characterized by a high birth rate and immigration from other provinces.

With these realities in mind, Budget 2017 positively impacts our city, province, and country directly with our commitment to middle class families.

Let's take a look at some of the key points for Alberta.

There is a strong connection between child care and the economic security of families. To support Canada's families, Budget 2017 proposes measures that will increase support for early learning and child care, so that more parents here in Alberta can pursue new opportunities to learn and to work. To make sure Canadian children get the best start in life, and to better support Canadian families, #Budget2017 invests \$7 billion over 10 years, to support and create more high-quality, affordable child care spaces across the country.

Being a working parent is hard. That's why we're committing \$152 million over five years and \$27.5 million per year thereafter to help working parents navigate the challenges that come with a growing family by allowing them to choose to receive EI parental benefits over an extended period of up to 18 months at a lower benefit rate. And, for expecting parents, \$43.1 million over five years and \$9.2 million per year thereafter to allow expectant mothers to claim EI maternity benefits up to 12 weeks before their due date—expanded from the current standard of 8 weeks—if they so choose.

For too many families, the lack of affordable, high-quality child care means difficult choices—some parents may have to sacrifice retirement savings to pay for child care, while others may leave their careers because child care is unavailable or unaffordable. These choices are especially hard for single parents – we all know single parents who are making incredible sacrifices for their children, and how a lack of affordable, high quality child-care places even more stress on them and their children.

It's why I ran for office and that's what I'm promoting in Ottawa every day I am there: help for families and the middle class, along

with those we are helping to join them.

As always, you can contact my office by email at kent.hehr@parl.gc.ca or by phone at 403.244.1880. My office is located at 950 6 Ave SW and my door is always open to you. You can follow my work in Parliament online and sign up for my e-newsletter at www.KentHehrMP.ca.



Councillor, Ward 8
Evan Woolley
 P.O. Box 2100, Station M
 Calgary, AB, Canada T2P 2M5
 Phone: 403-268-2430

Making Democracy More Accessible for Calgarians

Election season is right around the corner and there are a few things you should know about how everything will go down this year. We need to tackle the challenge of declining voter turnout at the municipal level and encourage everyone to participate in democracy. I put forward a Notice of Motion this past November to look at ways that Election Day can be as easy and accessible as possible which has resulted in some great new initiatives for the upcoming Municipal election. Starting this year, everyone will receive a brochure in the mail which will have a free transit pass for Election Day! Not only that, but the Advance Polling Bus will be making a lot more rounds this year to help those who may have accessibility issues. The reality is that not everyone lives or works close to a voting booth, so doing what we can to make the polling stations as accessible as possible is the least we can do to encourage democratic engagement by Calgarians. Another initiative that the City of Calgary is undertaking is creating a candidate profile page on its website. It'll be a one stop shop for information on all candidates in both the Councillor and Mayoral races.

Further to that, a full week of advance polls will be happening at Mount Royal University, University of Calgary, and SAIT. Students have busy schedules and Election Day falls right around mid-term time, so this is another way to ensure that polling stations are as easy to access as possible. If you or someone you know attends one of these post secondary institutions, make sure that you take advantage of the advance polls!

If you ever have any questions, concerns, or ideas about how to better your community please reach us by email at ward08@calgary.ca or give us a call at 403-268-2431.



MLA Calgary Currie
Brian Malkinson
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 ☎ 403-246-4794 📠 403-686-1543
 ✉ calgary.currie@assembly.ab.ca

Wow, what a two years it has been! As I gear up for another busy month in the Legislature I thought I would reflect on what we have accomplished together and share some of the work I have been doing around Calgary Currie. Back in 2015 I was selling large diesel generators to oil rigs and, like so many of you, I was concerned with the direction of the economy and the government of the day. Sales were slowing, and the solution being proposed was cuts and increased costs to average families. Health care premiums were increasing; no investments in schools were being made. Progress on the construction of new pipelines had stalled.

I offered Calgary Currie residents a more progressive, inclusive vision for our province's future, and I am honoured you trust me to do that work. I promised to support an increase to the minimum wage, because a person working full time shouldn't need to go to the food bank. I promised that we would invest in new schools and affordable housing. In Calgary Currie this year alone \$1.3 million is being spent on housing for seniors, while new schools opening to the west will ease the burden on those within our riding. I am also proud that your NDP government kept its promise to reduce school fees. Many have told me that come September it will be a welcome change to no longer scramble to cobble together the funds to get their kids out the door and into their schools. Every day our government is working to make life better and more affordable for families in Calgary Currie and across Alberta.

My office and I have also been hosting consultations for my first Private Member's Bill - Bill 211 - which seeks to ensure that persons with disabilities who inherit assets following a parent's death cannot have their government benefits terminated. Alberta is the only province where the government is allowed to claw back the access a person with disabilities has to government services if they inherit assets. Many have shared with me their worry that a loved one's AISH would be cut or that their child would no longer be able to afford the medication they need. If this issue impacts you, please contact my office. We would love to hear your concerns and keep you informed as this bill progresses.

After having spent much time working with the fine seniors organizations in our riding, this April I had the pleasure of taking the Minister of Seniors and Housing Lori Sigurdson on a tour of some those very facilities that provide care and support for so many. I was also happy to attend Richmond Knob Hill Community Association Earth Day Fair that brought together local businesses, musicians, and community members to cel-

brate the installation of the new solar panels on their hall. And finally, I invite you to join me on July 9 - to enjoy and celebrate our community - at my annual Stampede Breakfast. This year's breakfast is at the Glenbrook Community Centre from 9:00AM to Noon. All are invited to

attend. And for those keen to volunteer, please do contact my office. Helping hands are always welcome!

Sunalta Community Garden

Would you like to grow your own vegetable but don't have the space?

The Sunalta Community Garden still has a few plots available. The garden group meets the second Monday of each month during the spring and summer. If you are interested and would like to receive more information the email is krondeau@gmail.com.

We supply the water and some gardening supplies as well as we have access to seeds to get you started!

STRONG NEIGHBOURHOODS INITIATIVE

Got a great idea for a project that strengthen connections between SUNALTA residents and makes the neighbourhood an even better place to live for 2017? **Grants of up to \$600 are available for your idea via the Strong Neighbourhood Initiative (SNI) funds.** The grants support and encourage community resident-led activities that bring people together to build a stronger sense of community and build leadership. Examples of successful grant ideas and projects submitted for 2016 include: Senior's Tea, Neighbourhood Day Celebration, Wildflower Garden-Stepping Stones Project, Sun-Tot's (Parent and Toddler program) and Regional Community Garden Workshops.

Sunalta residents: If you would like to get more information on the grant or would be interested to volunteer to be part of the **Sunalta Neighbourhood Grant Committee**, please contact **Silvia Ross at silvia.ross@calgary.ca or 403-540-0160.**



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your
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in the Sunalta Sass

Do you love taking photos around the community? If so, we'd love to hear from you!

Who: Sunalta residents
What: The Sunalta Sass is looking for local photographers who would like to see their work published as the cover art of our community newsletter. Photo resolution should be no less than 5 megapixels or a resolution of 2560 x 1920.
When: Submissions are due the 15th of each month
Where: Send your photos (a maximum of two submissions, per person, each month) to keeley@sunalta.net. Please include your full name and contact information.

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