

OCTOBER 2017

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THE OFFICIAL SUNALTA COMMUNITY NEWSLETTER



RE-ELECT **EVAN WOOLLEY**

MY PRIORITIES:

STRENGTHEN
OUR ECONOMY

CONNECT OUR
NEIGHBOURHOODS

REINVEST IN OUR
NEIGHBOURHOODS

SUPPORT THOUGHTFUL
DEVELOPMENT



ON MONDAY, OCTOBER 16, VOTE EVAN WOOLLEY

evan-woolley.ca

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HOBBIES & THE HOBBY OF KINGS



Rose hips
Photo by Bonnie Lalonde

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Great News Publishing and Sunalta Community Association does not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.

IMPORTANT NUMBERS

ALL EMERGENCY CALLS	911
Alberta Adolescent Recovery Centre	403-253-5250
Alberta Health Care	403-310-0000
AHS Addictions Hotline	1-866-332-2322
ATCO Gas – 24 Hour Emergency	403-245-7222
Calgary HEALTH LINK 24/7	811
Calgary Police – Non Emergency	403-266-1234
Calgary Women’s Emergency Shelter	403-234-7233
Child Abuse Hotline	1-800-387-5437
Kids Help Line	1-800-668-6868
Child Safe Canada	403-202-5900
Distress/Crisis Line	403-266-4357
ENMAX – Power Trouble	403-514-6100
Poison Centre - Alberta	1-800-332-1414
HOSPITALS / URGENT CARE	
Alberta Children’s Hospital	403-955-7211
Foothills Hospital	403-944-1110
Peter Lougheed Centre	403-943-4555
Rockyview General Hospital	403-943-3000
Sheldon M. Chumir Health Centre	403-955-6200
South Calgary Urgent Care Health Centre	403-943-9300
South Health Campus	403-956-1111
OTHER	
Calgary Humane Society	403-205-4455
Calgary Parking Authority	403-537-7000
SeniorConnect	403-266-6200
Calgary Kerby Elder Abuse Line	403-705-3250
Alberta One-Call Corporation	1-800-242-3447
City of Calgary	311
Social Service Info & Referral	211
Community Mediation Calgary Society	403-269-2707
RNR Lockworks Ltd.	403-479-6161
Road Conditions – Calgary	511
Weather Information	
Gamblers Anonymous	403-237-0654

THE GREAT SUNALTA PUMPKIN HUNT!

Sunday, October 22nd
1-3pm

At the Wildflower Garden
at the corner of 14th Ave and 16th St SW

Calling all Sunalta families, join us for pumpkins hunting, pumpkin decorating, and snacks!



Saving Today for Tomorrow's Education

Now that you've gotten your children back to school, you may be looking for ways to help them get the most from their learning. Are you also looking for ways to save for their education in the future? Putting money into a registered education savings plan (RESP) is a smart way to start. RESPs are becoming as essential to saving for a child's education as registered retirement savings plans (RRSPs) are to saving for retirement.

Both individual and family RESPs are available. Here are some details about becoming the subscriber for an individual plan:

- You can set up the plan with a joint subscriber.
 - Only one child can be named as the beneficiary, and the child does not have to be related to you.
 - You can set up the RESP for yourself.
 - There are no age limits on contributions. (Age limits may apply to government grant programs.)
- If you want to be the subscriber for a family plan, take note of these facts:
- You can set up the plan with a joint subscriber.
 - You can name more than one child as the beneficiary, but the children must be related by blood or adoption to each other.
 - The children must be related by blood or adoption to you.
 - Contributions can be made until the beneficiary turns 21.



Wildflower Garden Fall Clean-up

Corner of 14th Ave and 16th St SW
Saturday, October 14th from 1 to 3pm

All are welcome to come socialize, enjoy refreshments and help with our final garden clean-up of the season! This garden belongs to all Sunaltans so please join us - no experience necessary!

Wildflower Garden events sponsored by Strong Neighbourhood Initiatives.

Sunalta Community Association



How to contact us:

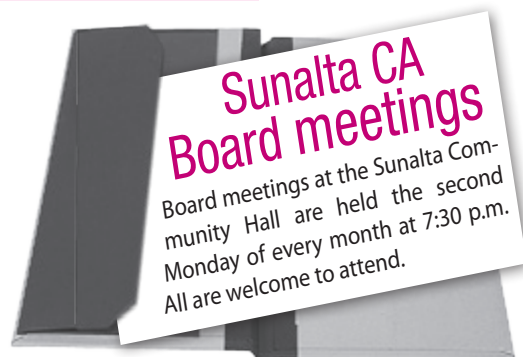
www.sunalta.net

"Like" us on Facebook:

Sunalta Community Association
403-244-2608 to leave a message
SunaltaCA@gmail.com

Officers and Directors List:

Tom Naested	President
Nick Twyman	Past President
Simon Shakibaei	VP
Craig Milligan	Treasurer
Meghan Grant	Secretary
Keeley Vickerson	Director at Large
Courtney Clarke	Director at Large
Kim Rondeau	Director at Large
Kevin Richot	Director at Large
Mohamed Abazinab	Director at Large



SCHOOLS

REGULAR PROGRAM

Sunalta	K-6
Mount Royal	7-9
Western Canada	10-12

TLC

Glamorgan	K-8
Henry Wise Wood	9-12

MONTESSORI

Killarney	K-6
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FRENCH IMMERSION & SPANISH BILINGUAL

Westgate	K-4 (FR & SP)
Bishop Pinkham	5-6 (FR & SP)
	7-9
Western Canada	10-12 (FR)
Robert Warren	8-9 (SP)
William Aberhart	10-12 (SP)

CATHOLIC SCHOOL DISTRICT

Sacred Heart	Elementary
St. Monica	Junior High
St. Mary's	Senior High
Holy Name	Elementary (FR)
St. Michael	Junior High (FR)

HALL RENTAL

Need a place for up to 150 people for your event?

Sunalta Hall has two great rooms and a fully stocked kitchen for your event. We are now booking for the summer and fall and there are still a lot of great evenings available.

Thanks to all our local businesses

for supporting the community association

- The Copy Cellar
- One Way Foods
- The Cellar Wine Store
- Parry Bros. Lock & Safe
- Zoe's Thrift Store
- Levis Fine Art Auctions & Appraisals
- Lux Laundromat
- The Sentry Box
- Mikey's Juke Joint

BUSINESS CLASSIFIEDS

For business classified ad rates call Great News Publishing at 403-263-3044 or sales@great-news.ca

CANINE ATELIER: is an inner city dog walking company. We provide a safe, affordable and reliable service. Our priority is the well-being of your pet with an exceptional level of care and attention. Our focus is to build and maintain positive and healthy habits. Contact us: info@canineatelier.com, www.canineatelier.com.

HOME BUSINESS OPPORTUNITY: Clinicair is the leading provider of indoor air quality and medical grade duct cleaning services in Canada. We are looking for a dealer in Calgary to represent our growing company. We offer a royalty-free business. Clinicair supplies you with the latest technology and training. Call Craig: 1-416-277-6067.

YARD BUSTERS LANDSCAPING: Snow removal \$129.95. Some conditions. Landscape construction and yard renovation: stone patios, walks, raised beds and rock walls, synthetic grass, sod and trees and shrubs, landscape lighting, water features and decks and fences and superhero window cleaning. Licensed. Insured. Seniors' discount. Phone: 403-265-4769. yardbusterslandscaping.com.

NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

THE GUTTER DOCTOR! We install, fix and clean eaves-troughs and downspouts. We also install and fix fascia, soffit, drip-edge, siding, roofing, cladding. Over 20,000 happy customers since 2003! Insured and guaranteed work with references. We take pride in doing a good job. A+ rated BBB member. 2017 Consumer Choice Award winner. www.gutterdoctor.ca, 403-714-0711.

K2 BOOKKEEPING: Are you too busy to keep up with your bookkeeping? Experienced bookkeeper now accepting new clients. Specializing in small to medium-sized businesses. Twelve years of experience with QuickBooks and Simply Accounting, GST, payroll, WCB, filing, T4 filing, and competitive rates. Phone Katie 403-870-0737.

SCHOOL SHOUT-OUTS

Queen Elizabeth High School

One month of the new school year has passed already! The students and staff at Queen Elizabeth High School have found their groove – and we are now well underway into the new semester.

Happy Thanksgiving to all. There will be no classes for Queen Elizabeth High School students on Monday October 9.

If you have refundables (bottles, cans and milk/juice cartons), Queen Elizabeth Band students would love to take them off your hands! We will now be in your neighbourhood on Saturday October 21. Please note that it was originally scheduled for October 14. The band concert will still happen on Wednesday October 18. Please visit the school website for more information.

Fall athletic teams are underway. Our Knights athletes would love your support. Please visit the school website for game times.

Queen Elizabeth Speech and Debate teams are already competing and on October 20 and 21 our Model United Nations students will put their skills and knowledge to the test in this exciting event held at the Sir Winston Churchill High School.

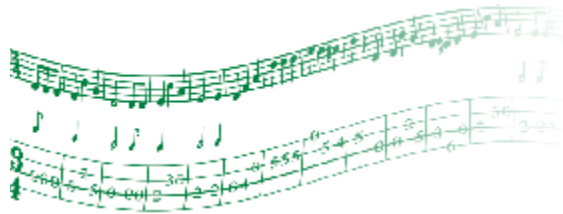
We are still looking for members of the community who would like to connect with our fabulous students. This could be in the form of a guest speaker, a volunteer in the classroom, or a mentor. Please contact Rachel Pruitt at rdpruitt@cbe.ab.ca for further conversation.

LOG DRIVER'S WALTZ

Saturday, October 7th from 6pm on at the Sunalta Hall!

Partnership with the Quickdraw Animation Society – some important changes from last year, so let me know if you are interested in getting involved or have any suggestions.

Contact Keeley at keeley@sunalta.net.



YOUR CITY OF CALGARY



Calgary AfterSchool

Never again hear the phrase, "I'm bored."

Calgary AfterSchool offers fun, safe and FREE after school programs for children and youth. A collaborative effort between The City of Calgary and its community partners, Calgary AfterSchool drop-in programs run on school days and begin after school hours. Activities may include basketball, swimming, arts, leadership, cooking, music, skating, sports, games and much more. The goals of the program are to develop self-esteem, develop positive relationships and assist children and youth in becoming successful adults.

For more information, visit calgary.ca/afterschool.

SAFE & SOUND

Halloween Safety

Alberta Health Services EMS would like to remind parents and trick-or-treaters of some Halloween safety tips as October 31st approaches. Take some time to review these simple tips and reminders to help ensure your Halloween is a fun and safe night for everyone.

Trick-or-Treaters

- Remember: all regular pedestrian rules still apply. Be sure to cross the road at marked crosswalks, or well-lit corners only. It is safest to work your way up one side of the street, and then cross once to the other side.
- Stay away from houses that are not well lit. Do not accept rides from strangers, or enter any home you feel is unsafe.
- Let your parents know where you are going to be at all times (route) and advise them if you will be late returning.

Parents

- Be certain that young trick-or-treaters are accompanied by an adult. Older children should stay in groups.
- Pre-determine boundaries to trick-or-treat within, and establish a firm time to return home.
- Advise children not to eat anything until they return home. Dispose of any items that appear to have been tampered with, or that are not properly wrapped.

Costumes

- Choose bright colored costumes that are highly visible. Adding reflective tape to costumes further increases visibility.
- Consider sending your children with a flashlight for additional safety and increased visibility.
- When purchasing, or making costumes, look for materials and accessories that are labeled flame-resistant.
- All costume accessories, such as sticks, rods, or wands, should be soft and flexible, with no sharp edges.
- Consider using hypoallergenic make-up kits instead of masks that may impair breathing, or vision.
- Be sure costumes are loose enough to be worn over warm clothing, but not so long that they become a tripping hazard. Costumes should not be longer than your child's ankles.
- Ensure your child is wearing adequate foot wear that takes into consideration weather conditions and walking.



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☎ 403-246-4794
📠 403-686-1543
✉ calgary.currie@assembly.ab.ca

I hope you had the chance to take in Alberta Culture Days that took place from September 29 to October 2, and if you have not, I recommend a visit to southwest Calgary's newest art and cultural hub - Cspace - that I had the opportunity to designate as an official Alberta Cultural site.

Many of you are aware there are civic and school board elections taking place across the province this month. I am proud of the work done by Alberta's new Ministry of Status of Women to increase the number of women running for elected office across our province. I encourage you to attend a debate in your community, watch for candidates on your doorstep, and make a plan to vote on October 16.

The legislative session resumes the day before Halloween (there is a joke in there somewhere) and that means after nearly a year of consultation work in Lethbridge, Calgary, Medicine Hat, and Edmonton I hope to present my first piece of legislation - a private Member's Bill that seeks to bring Henson Trust legislation to Alberta. This has been a moving, eye-opening experience as I have been told time and time again how such legislation would make life better for so many Alberta families. There is a petition circling to support this bill that you can sign by visiting Inclusion Alberta, Autism Alberta, or Connections Counselling, and we have one at the Currie Constituency Office.

It continues to be important that I hear from you. I'm hosting my annual constituency office open house on Friday, October 27 between **4:00 – 6:00pm**. It is only by hearing from you directly that I am able to be your voice in Edmonton and make your concerns known to the government. There will also be pizza!

If you wish to learn more about community and government events and initiatives, please sign up for my electronic newsletter on my Facebook page or by emailing the office.



MP Calgary Centre
Hon. Kent Hehr
950 6 Ave SW Calgary, Alberta T2P 1E4
✉ kent.hehr@parl.gc.ca
☎ 403-244-1880
🌐 www.KentHehrMP.ca

With the ground breaking of Line 3 pipeline in Hardisty in August of this year, and the approval of Kinder Morgan's TMX expansion last year, we are moving forward in building this country for generations to come.

For too long now, Canadian middle-class families have found it hard to get ahead. That's why our government has a plan to grow the economy and strengthen the middle class. Canadians know that the environment and the economy go hand-in-hand. Our government has made a commitment to restore the confidence of Canadians in our natural resources development.

Our government is moving ahead with making smart, necessary investments. We've lowered taxes for 9 million Canadians, and introduced the Canada Child Benefit which will help 9 in 10 families to be better off. We've increased the Guaranteed Income Supplement for almost 1 million single seniors, and reached an historic agreement to strengthen the Canada Pension Plan to help provide Canadians with the strong, secure and stable retirement they deserve.

Moreover, our government is doing the hard work in partnership with provinces — through pricing carbon pollution, through the climate change plan, and through making the most significant investment ever to protect our oceans and coastlines — creating the conditions that will allow us to get our resources to market safely and sustainably.

If you'd like to read more, please visit my website at the below address.
www.KentHehrMP.ca/Pipelines

I am proud to be able to be an ally to the community and work with Canadians as your Member of Parliament in supporting good public policy. As always, my door is open to you. You can subscribe to e-updates online through my website at www.KentHehrMP.ca/ email-updates, come by my office at 950-6 Ave SW, call at 403.244.1880, or send me an email at kent.hehr@parl.gc.ca.



King of Hobbies & the Hobby of Kings



Stamp collecting started with a Young Queen Victoria of England of the British Empire, later the British Commonwealth.

A member of the British Parliament was at a post office, where mail was sent and received with the receiver paying the rate charged to deliver a letter. A woman came in to see if there was any mail for her. The postman found a letter and asked for the money to pay for delivery. She examined the envelope and returned it. The Member of Parliament, Roland Hill, stepped forward and offered to pay the rate, but the woman thanked him, but refused to allow payment.

As she left the Post office, Mr. Hill followed her and asked why she refused his offer. The lady was embarrassed and told him that the letter was a sign that her brother was alive and fine, thus she did not need to pay. Roland Hill then considered that many people probably had some way to not pay for delivery. He then proposed that there should be a better and more efficient system. He researched the system and came up with a plan to have the mail paid by the sender.

He convinced the government and after much discussion it was discussed to use a universal rate inside England for all mail. He devised an adhesive stamp bearing the picture of Queen Victoria to be placed on an envelope for a letter. It was decided that the mail rate would be determined by weight with 1 English penny (about 2 cents) per ounce. The stamps were printed on sheets of 100 which were separated by cutting with scissors. Therefore, the first postage stamps were without perforation. Perforation machines were then developed. The sheets were then changed to be a red color for the penny rate and after that other stamps in different denominations were used to handle larger and heavier mail.

Other countries followed this featuring their monarch/leader's pictures. Gradually all countries joined a Universal Postal Union to regulate rates between countries. Countries found the opportunity to tell stories on the stamps of their homeland and promote their parks, animals, historic figures and more.

Canada has told the story of our history on stamps. This year we celebrate 150 years as a self-governing country. Our first Prime Minister, John A. MacDonald was first along the Fathers of Confederation.

The Calgary Philatelic Society, and the British North America Society-Calgary are clubs for those who are interested in the wonderful hobby of philately.

AN EXCITING NEW LANDMARK ON CALGARY'S VIBRANT 17TH AVENUE

Sitting at the gateway of downtown, Arlington Street Investments' 17 Project will give Calgarians the chance to live, work and play in one of Calgary's most desirable inner-city neighbourhoods.

Located at the intersection of 14th Street SW and 17th Avenue SW, the 17 Project will embody modern architecture through simple design, easy-to-access boutique retail on the first two levels and residential units above.



LEARN MORE ABOUT
OUR IDEAS TO ENHANCE
17TH AVENUE

Join us at our first open house and meet the project team, ask questions and give us your feedback on our vision.

📅 **WEDNESDAY, OCTOBER 25TH**
🕒 **5PM-8PM**
📍 **The Condon, 1434A 17 Avenue SW**

If you are unable to attend the open house, visit us at our temporary storefront (at The Condon) on:
OCTOBER 26TH (4PM-7PM) • OCTOBER 29TH (11AM-3PM) • OCTOBER 30TH (4PM-7PM)
Project representatives will be on hand to share information and answer your questions.



Letter to the editor

Dear Great News Publishing,

Please **DO NOT** run my ad next month. My ad has been **WAY TOO EFFECTIVE**. My phone won't stop ringing with people saying they saw my ad in the newsletter. I'm amazed at how well this worked!

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Owner of Buds and Blooms

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