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WED. 12:15

KINSMEN RENFREW CLUB  
ALT. THURS. 9:15

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MON. 12:15

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OPTIMIS RENFREW CL  
THURS. 12:15

ROTAR PALLISER HO  
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Calgary, Circa 1949  
Photo by John Abercrombie

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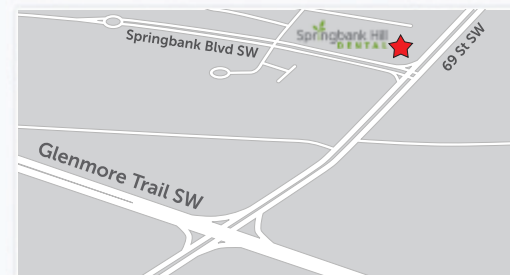
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### DIRECTIONS



### CONTACT INFO

Dr. Michael Sander, DMD  
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#133 - 7460 Springbank Blvd. SW  
Calgary, AB T3H 0W4

T: 403.454.4757  
W: www.springbankhilldental.com  
E: springbankhilldental@gmail.com

## CALLING LOCAL PHOTOGRAPHERS

SUBMIT YOUR PHOTOS FOR A CHANCE TO BE PUBLISHED IN THE NEXT EDITION OF THIS NEWSLETTER

Please submit your best captioned photos with your name for the photo credit and mention what community you're from. Send to [news@great-news.ca](mailto:news@great-news.ca). If you'd like to see your work on our social media channels—Twitter and Facebook—submit your social media information as well.



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All advertisements and editorial submissions must be submitted by the 1st of the month for the following month's publication.

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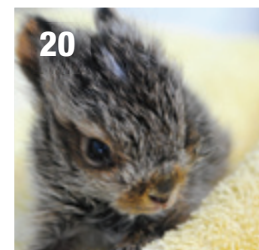
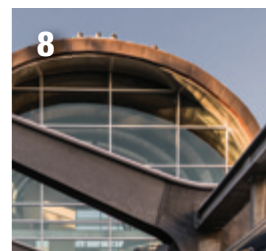
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## Strathcona Park • Christie Park Signal Hill

### ELECTED OFFICIALS



#### Councillor Richard Pootmans

##### Ward 6 Office

P.O. Box 2100, Station M  
Calgary, AB, Canada T2P 2M5  
Phone: 403-268-2430  
Fax: 403-268-3823  
Email: ward06@calgary.ca  
Web: www.calgary.ca/ward6



#### MLA Mike Ellis Calgary-West

Unit 234, 333 Aspen Glen Landing SW  
Calgary, AB Canada T3H 0N6  
Phone: (403) 216-5439  
Fax: (403) 216-5441  
Email: calgary.west@assembly.ab.ca



#### MP Ron Liepert Calgary Signal Hill

#2216, 8561 8A Avenue SW  
Calgary, Alberta T3H 0V5  
Phone: 403-292-6666 • Fax: 403-292-6670  
Email: ron.liepert.C1A@parl.gc.ca

### IMPORTANT NUMBERS

ALL EMERGENCY CALLS	911
Alberta Adolescent Recovery Centre	403-253-5250
Alberta Health Care	403-310-0000
AHS Addictions Hotline	1-866-332-2322
ATCO Gas – 24 Hour Emergency	403-245-7222
Calgary HEALTH LINK 24/7	811
Calgary Police – Non Emergency	403-266-1234
Calgary Women's Emergency Shelter	403-234-7233
Child Abuse Hotline	1-800-387-5437
Kids Help Line	1-800-668-6868
Child Safe Canada	403-202-5900
Distress/Crisis Line	403-266-4357
ENMAX – Power Trouble	403-514-6100
Poison Centre - Alberta	1-800-332-1414
HOSPITALS / URGENT CARE	
Alberta Children's Hospital	403-955-7211
Foothills Hospital	403-944-1110
Peter Lougheed Centre	403-943-4555
Rockyview General Hospital	403-943-3000
Sheldon M. Chumir Health Centre	403-955-6200
South Calgary Urgent Care Health Centre	403-943-9300
South Health Campus	403-956-1111
OTHER	
Calgary Humane Society	403-205-4455
Calgary Parking Authority	403-537-7000
SeniorConnect	403-266-6200
Calgary Kerby Elder Abuse Line	403-705-3250
Alberta One-Call Corporation	1-800-242-3447
City of Calgary	311
Social Service Info & Referral	211
Community Mediation Calgary Society	403-269-2707
RNR Lockworks Ltd.	403-479-6161
Road Conditions – Calgary	511
Weather Information	511
Gamblers Anonymous	403-237-0654

## LOSE UNWANTED FAT

403 281 0090

Frustrated by stubborn fat?

Suffering from chronic pain?

Unable to perform at the same level?

### ASPIRE HAS THE SOLUTION

#### Lindsay's Story...

Lindsay came to Aspire suffering from stubborn lower body fat and significant hip pain. After years of frustration with solutions that didn't work, she finally found us. Here is how we helped:

#### Step 1 – Free Assessment

We completed a full body assessment with measurements so she could track her progress:

#### Step 2 – Treatment

Using a combination of our unique services, Fascial Contouring, Fascial Therapy, and Intentional Movement, we delivered results. She was down to 39.5" in her glutes and 22.5" in her thighs after her first treatment.

#### Step 3 – Success!

Today, Lindsay has no hip pain, and recently won a contest for "best body on the beach"!

#### Step 4 – Maintenance

We support her transformation with our maintenance program and complementary services.

#### ASSESSMENT:

Fat percentage: 38%

Glutes: 41.5" - Thighs: 24" - Calves: 16.5"

Right hip imbalance, body compression

#### RESULTS:

Fat percentage: 23%

Glutes: 34.5" – Thighs: 20" – Calves: 14"

No hip pain, body in total balance

**Book your free consult today!**



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# PHOTO GALLERY



Strathcona Ravine



4th Street West Underpass



Old building, Calgary

Photos by John Abercrombie



69th Street LRT Station

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READY TO INCREASE YOUR CURB APPEAL?

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Signal Hill Real Estate Update

Last 12 Months Signal Hill

MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price
March 2017	\$635,000	\$613,000
February 2017	\$595,000	\$578,000
January 2017	\$607,000	\$600,000
December 2016	\$623,900	\$601,000
November 2016	\$660,000	\$635,000
October 2016	\$650,000	\$630,000
September 2016	\$669,900	\$636,500
August 2016	\$694,500	\$678,250
July 2016	\$689,950	\$672,500
June 2016	\$682,450	\$658,500
May 2016	\$607,400	\$589,750
April 2016	\$655,000	\$620,000

Last 12 Months Signal Hill

MLS Real Estate Number of Listings Update

	No. New Properties	No. Properties Sold
March 2017	24	17
February 2017	11	5
January 2017	11	5
December 2016	3	10
November 2016	18	13
October 2016	13	13
September 2016	11	8
August 2016	7	8
July 2016	14	10
June 2016	11	18
May 2016	16	14
April 2016	23	15

To view more detailed information that comprise the above MLS averages please visit [signal\\_hill.great-news.ca](http://signal_hill.great-news.ca)

COMMUNITY NEWSLETTER AD SALES



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YOUR COMMUNITY/CITY EVENTS AT A GLANCE...

Marda Loop Farmers' Market – 3130, 16 Street SW, June 3 – Oct. 7

Call for 2017 Farmers' Market vendors, food trucks and buskers! The Marda Loop outdoor Farmer's Market is growing this year, showcasing local makers, bakers and growers along with live music, kids' zone, cool activities for the whole family including monthly special events! More info for all vendors (and great stall rates starting at \$30/day) at [mardaloop.com/farmers-market/farmers-market](http://mardaloop.com/farmers-market/farmers-market).

Suncor Stage One Festival of New York – Lunchbox Theatre, June 9 – 24

Next June marks the 30th anniversary of Stage One. For 30 years Lunchbox Theatre has been dedicated to the creation, development and production of new Canadian one-act plays, many of which have gone on to great acclaim after their premiere on our stage. Celebrate 30 years of playwrighting history in our city with Lunchbox. Free admission. More info at [lunchboxtheatre.com/suncor-stage-one-festival](http://lunchboxtheatre.com/suncor-stage-one-festival).

Vintage with Flair – Bragg Creek Community Centre, June 16 – 17 at 4 p.m.

A country garden party in the woods; a gathering of Alberta artisans, designers, makers and curators of vintage inspired to rustic farmhouse fresh designs. Including unique, artisan-inspired art and stained glass, hand-designed jewelry with a story, rustic home decor, maker-made ceramics, curated vintage home and garden decor, repurposed shabby and chic finds and up-cycled and cool clothing. Join us for a garden party in the country.

Sled Island Festival – various venues, June 21 -25

Sled Island's thoughtful, eclectic programming and independent spirit have fused with Calgary's youthful energy to produce a one-of-a-kind festival experience. Each June, the five-day music and arts festival brings together a community of over 250 bands, comedians, filmmakers and artists, as well as over 30,000 attendees in more than 35 venues, transforming the city into an arts lover's paradise that has earned rave reviews from artists, fans and media from across the globe. More info at [sledisland.com](http://sledisland.com).

The Glenn Miller Orchestra – Jack Singer Concert Hall, June 29 at 7 p.m.

The world famous Glenn Miller Orchestra brings timeless classics like In the Mood, Moonlight Serenade, Chattanooga Choo Choo, Pennsylvania 6-5000, String of Pearls and Tuxedo Junction back to the stage. Even 50 years after founding his famous orchestra Glenn Miller's music is alive and well. More info at [artscommons.ca](http://artscommons.ca).

JUNE 3 WHEELS FOR WELLS CHARITY BIKE RIDE – SOUTHVIEW CHURCH

Help Wheels for Wells bring clean water to those without. Choose to ride a 10 km family-friendly route or the longer 30, 50, 70, or 90 km on routes in and around Calgary. All rides are fully supported and the 10 km riders can take part in a skill building session. More info at [wheelsforwells.ca](http://wheelsforwells.ca).



JUNE 3 – 4 CALGARY UKRAINIAN FESTIVAL – ACADIA RECREATION COMPLEX

This festival celebrates our vibrant Ukrainian heritage, rich Ukrainian culture and cuisine, shop until you drop in the vendor market place, and join us for our Zabava and dance the evening away to live Ukrainian music. More info at [calgaryukrainianfestival.ca](http://calgaryukrainianfestival.ca).



JUNE 18 RAD DAD DAY – CALAWAY PARK

What better way to celebrate all things dad than treats and rides and games? It's Rad Dad Day at Calaway Park! Bring your father or grandfather to celebrate how great he is! The best part is dads and granddads get free admission when accompanied by a child. Open 10 am to 7 pm More info at [calawaypark.com](http://calawaypark.com).



JUNE JUNE JUNE JUNE JUNE JUNE JUNE JUNE JUNE JUNE JUNE

# Ornamental

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## Westhills my babysitter list

Name	Age	Contact	Course
Allison	15	403-475-3122	Yes
Brianna	13	403-686-1717	Yes
Brooke	15	403-212-1014	Yes
Brooke	18	403-874-3111	Yes
Christie	12	587-223-5952	Yes
Destyne	15	403-875-3069	Yes
Elizabeth & Michelle	21	403-918-2035	No
Hannah	12	403-246-6578	Yes
Izzy	16	403-863-1453	Yes
Jayde	18	403-481-3315	Yes
Karl	16	403-212-1014	Yes
Kyla	15	403-217-0282	Yes
Makayla	17	587-888-9389	Yes
Meg	13	403-702-6327	Yes
Megan	18	403-266-4610	Yes
Nabila	47	587-215-2673	Yes
NEGIN	43	403-217-5778	Yes
Olivia	17	403-246-0203	Yes
Priya	17	403-471-1033	No
Rahell	14	403-999-2851	Yes
Sarah	16	403-702-5549	Yes
Sarah	16	403-702-5549	Yes
Sophia	14	403-708-0601	No
Yasmin	16	403-402-9244	No
Yena	21	403-479-7911	Yes

**Calling All BABYSITTERS**  
 Enroll free at [mybabysitter.ca](http://mybabysitter.ca) and choose the Calgary communities you would like to babysit in.

**Calling All PARENTS**  
 Visit [mybabysitter.ca](http://mybabysitter.ca) and find available babysitters in and around your community.

**Disclaimer:** We recommend for your own peace of mind that references be checked when choosing your babysitter. This babysitter list is provided as a service to the community and is governed by the terms & conditions outlined at [mybabysitter.ca](http://mybabysitter.ca).



# The Indoor Gardener

by Cindy DeJager

## Peace Lily (Spathiphyllum wallisii)

Peace Lilies are native to the South American rain forests where they grow on the forest floor. The soil is rich in peat moss and humus, providing the plant with decayed organic material, bark, and aeration for the roots.

The rain forests are warm and humid, and being on the forest floor under the cover of the tall trees provides shade from the hot sun; this is the perfect growing environment for Spathiphyllum.

So, what is the perfect growing environment for a Peace Lily in your home?

Simulate the natural environment of the forest floor where the sunlight is indirect and dappled; a north or western exposure is the best. Keep your lily about 6 – 8 feet away from the window; this allows for consistent light levels; maintain temperatures 65 – 80 degrees Fahrenheit and avoid cold drafts. Misting your lily often provides humidity and keeps the leaves clean and glossy allowing for better photosynthesis. Rich potting soil with humus or peat moss, such as an orchid type of soil will allow for drainage and the necessary aeration for the roots. Avoid potting mixtures that contain soil as they will be too heavy and may contain fungus or pests, and may also contain fertilizer, which the Peace Lily needs very little of.

Even when we provide all the necessary requirements for our lily, we may still see some symptoms of problems. The most common symptom is brown leaf tips. This could indicate that your Peace Lily has too much light or too much fertilizer.

A droopy Peace Lily is wilted, usually from a lack of water, but will recover quite quickly. Be sure to water your lily until the excess water runs out the bottom of the pot. A Peace Lily that droops often (more than once a week) may mean that it needs to be re-potted.

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Calgary



**Upcoming Information Sessions:  
Sarcee Trail/Richmond Road S.W.  
Interchange Functional Planning Study**

The City of Calgary is undertaking a study for the Sarcee Trail/Richmond Road S.W. interchange. In late 2016, we sought input on potential designs and your priorities for the interchange. We are holding two information sessions to share the results of our evaluation and gather feedback on the recommended plan.

**Information Session #1: Tuesday, May 30**

Time: 5 to 8 p.m.  
Location: Glamorgan Community Centre,  
Main Hall – 4207 41 Ave. S.W.

**Information Session #2: Wednesday, May 31**

Time: 5 to 8 p.m.  
Location: Glamorgan Community Centre,  
Main Hall – 4207 41 Ave. S.W.

*Please visit [www.calgary.ca/sarceerichmond](http://www.calgary.ca/sarceerichmond) for more information on the study. No RSVP is required.*



**SCA Real Estate Update**

**Last 12 Months Strathcona Park  
MLS Real Estate Sale Price Update**

	Average Asking Price	Average Sold Price
March 2017	\$674,450	\$657,550
February 2017	\$670,000	\$640,000
January 2017	\$574,950	\$562,250
December 2016	\$690,000	\$668,000
November 2016	\$589,450	\$564,500
October 2016	\$679,000	\$711,000
September 2016	\$652,450	\$618,000
August 2016	\$699,900	\$675,000
July 2016	\$759,000	\$758,000
June 2016	\$679,000	\$652,500
May 2016	\$649,500	\$635,000
April 2016	\$549,900	\$533,000

**Last 12 Months Christie Park  
MLS Real Estate Sale Price Update**

	Average Asking Price	Average Sold Price
March 2017	\$689,900	\$681,000
February 2017	\$857,450	\$840,000
January 2017	\$0	\$0
December 2016	\$800,000	\$757,500
November 2016	\$850,000	\$800,000
October 2016	\$799,900	\$767,000
September 2016	\$0	\$0
August 2016	\$975,000	\$930,000
July 2016	\$0	\$0
June 2016	\$929,900	\$895,000
May 2016	\$897,450	\$860,000
April 2016	\$859,900	\$855,000

To view more detailed information that comprise the above  
MLS averages please visit [strathcona.great-news.ca](http://strathcona.great-news.ca) or  
[christie\\_park.great-news.ca](http://christie_park.great-news.ca)

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# Traveling the Skies with Your Pet

Many of us approach flying with our pets with a great deal of fear and trepidation. People with allergies might complain and pets might misbehave. Some airlines have elected to no longer accept pets; most airlines have blackout periods around holidays. The airline industry and international import/export laws are constantly changing rules and regulations. If you intend on flying with your pet, do your research and have a backup plan is, never assume the same rules apply this week as last week.

Small pets traveling as hand luggage can check in with you through security. You carry them through the scanner, while the cage is screened on the belt. I have been able to reserve premium seats at the front of the plane with my dog, but I was warned if anyone complained I would be consigned to the back rows of the plane. I have also encountered problems flying with a large dog in a crate that didn't fit through the baggage door of a smaller plane. Always know the dimensions of your cage and total weight of the pet and cage when booking a flight.

Animals flying as cargo alone tend to be much more difficult to coordinate. Pets must be delivered to the airline's cargo depot hours prior to flight time. Cage requirements are strict. Pets must be able to stand fully upright within the cage. Two bowls for food and water must accompany the pet. Food requirements depend on the length of the flight. You can teach your dog to use one of the closed water bottles to avoid spillage in the cage. A leash must be attached to the cage. The cage must be clearly marked and the doors secure. Make sure your pet is adequately identified. Tattoo, microchip, and a collar with identification identify my pets. I'll take no chances.

Try to only book your pet on a direct flight or keep to the same carrier. There are pet travel brokers who will take care of all the hassle if you fly your pet around the globe. If you're taking a pet to Australia, New Zealand, or the British Isles, complicated and extensive vaccination protocols, blood tests, deworming protocols, and documentation make a broker absolutely necessary. Preparations take several months and schedules are engraved in stone. Errors in paperwork to Australia can cost thousands with your pet consigned to quarantine.

A current rabies certificate is required to travel with a dog into the U.S.A., but airlines may require a recent health certificate. Dogs under twelve weeks of age are too young to have a rabies vaccine and cannot enter the United States although exceptions can be applied for. Cats don't require a rabies certificate to enter the United States but most states do require it, and they do require rabies vaccination to return to Canada.

Avoid sedating your pet when flying. Only sedate your pet if you fear his panic could result in injury. A non-sedated pet may be scared, but he is better able to control his body's temperature, and less likely to aspirate vomit if air sick.

If you arrive at the airport and the outdoor temperature at your destination or current location are too extreme for your pet's safety on the tarmac, the airline may refuse to accept your pet. Have an alternative plan and be flexible. Most major cities including Calgary have kennels that will pick up and deliver pets to flights.

As a professional worrier, I still find flying my furry children extremely stressful but adequate preparation has allowed me to have many wonderfully uneventful journeys.

*Jennifer L. Scott D.V.M.*



## IN & AROUND CALGARY

### EMS

**National Paramedic Services Week is May 28 – June 3, 2017.**

National Paramedic Services Week honors the Emergency Medical Services (EMS) profession and recognizes the men and women providing this key public service. It is also an opportunity for the public to better understand the important role EMS has within both the health care system and our communities.

The year's national theme is, Paramedics: Always In Service.

Whether directly or indirectly, every Albertan has felt the importance of the service paramedics provide. Paramedics are trained health care professionals who sta-

bilize and treat patients before and during transport to hospital. In some areas of the province, paramedics are now working side-by-side their health care colleagues in hospitals and community care facilities.

- There are over 4,000 EMS practitioners and 550 ambulances in the Alberta Health Services system province-wide;
- Approximately 5,500 patients will be transferred by fixed wing aircraft through contracted air ambulance providers in Alberta this year;
- EMS dispatch receives over 500,000 ground ambulance calls each year.

EMS practitioners across the Alberta and Canada will be celebrating National Paramedic Services Week in a variety of ways. Watch for information in your local media as well as AHS EMS Twitter and Facebook about events in your community.

Alberta Health Services is the provincial health authority responsible for planning and delivering health supports and services for more than four million Albertans and it's more than 661,848 square kilometers. Its mission is to provide a patient-focused, quality health system that is accessible and sustainable for all Albertans.



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## DISCOVER NEW & FAMILIAR PLACES

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All walks are designed and led by author Lori Beattie & are at various locations in May, June & beyond.

To register, visit [calgarylibrary.ca](http://calgarylibrary.ca) or call 403.260.2620.

Multilingual Walk 150 Guides provided by The Centre for Newcomers.  
This initiative is made possible by the Community Fund for Canada's 150th, a collaboration between Calgary Foundation, the Government of Canada, and extraordinary leaders from coast to coast to coast.



# Do they really need our help?

Article by J.G. Turner  
Photo by Andrea Hunt

In the spring and summer, Calgarians often come across little critters that are a part of our urban wildlife population. Humans are often eager to assist young animals and birds that they think are on their own, but how do you tell if they really need our help?

### Is it orphaned/abandoned?

If you are not sure if the animal is orphaned or abandoned, watch it from a distance so as not to frighten the parents from returning. Check on the animal periodically for 24 to 48 hours to see if it is still there. DO NOT touch or move the young animal unless you are absolutely certain that it is orphaned or is in immediate danger. With some species, it is normal for parents to leave their offspring alone for extended periods of time. Many infant mammals are left on their own while their parents are foraging for food. In many bird species, the offspring outgrow their nest and their parents continue to raise them on the ground. Many species return to their young to care for them near dusk and dawn.

A young animal that looks well-fed, has bright eyes and clean fur or feathers, and is showing no signs of distress, is probably not orphaned.

### See a Hare, Leave it There!

Both Snowshoe and White-tailed Prairie Hares will be having babies throughout the spring and summer. Hares are born fully furred and with their eyes open. They can hop around within hours of birth. It is the strategy of hares to leave their young for long periods of time under bushes and in the grass to protect the babies from predators since young hares have no scent. Mother hares return to feed their young as little as twice per day and baby hares will freeze (not moving at all) when threatened. Most baby hares are not orphaned and will have best chance of survival with their own mothers.

### Fledgling Birds

Did you know that many young birds spend time on the ground? Fledgling birds that are too big for the nest but cannot quite fly yet, may end up spending some time on the ground while learning how to fly. This is normal behavior! Parents will be nearby protecting and feeding their young during this transition. Most fledglings have almost all their feathers, and are only slightly smaller

~continued on page 22~

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# Calgary Wildlife: Do they really need our help?

cont'd

than adults. If you see a fledgling bird, admire it from afar. As long as the parents are around, and it is not being threatened, it doesn't need help.

## Fawns

Most fawns are born in May and June. They are routinely left alone by the mother deer (a doe) during the first two weeks of life. They are simply unable to keep up with mum during that time. These babies, like the hare, have no odor to attract predators, and have natural camouflage because of their colouring. The doe feeds well away from their baby, leaving the fawn hidden in long grass or underbrush, and returning to feed, clean, and move them regularly. Even if you think a fawn is not being cared for by its mother, DO NOT TOUCH IT or your scent will be transferred to it, discouraging the mother from caring for it if she does return. Come back the next day to check on it. If it is in exactly the same spot and bleating (crying), or wandering around appearing to be distressed, it may need help. Most fawns have the best chance of survival with their own mothers.

If you find an injured or orphaned wild bird or animal in distress, please contact the Calgary Wildlife Rehabilitation Society hotline at 403-239-2488, for tips, instructions and advice, or look at the website at [www.calgarywildlife.org](http://www.calgarywildlife.org) for more information.

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## IN & AROUND CALGARY



### 3 Things for Canada

We are in the midst of our sesquicentennial—the 150<sup>th</sup> anniversary of Confederation—and I find myself with two goals.

The first is to say and write the word sesquicentennial as often as possible. Seriously, it's super fun. Grab a pen and write it into this page right now. I'm sure the next person to read this after you won't mind.

The second is to encourage every Canadian to do a very Canadian thing: give an anniversary gift to the nation—a gift of service. Imagine if every Canadian did just three things for their neighbourhood, their nation, and their world in 2017. Over the course of a year, we'll have done over 100 million acts of community building. Over 3 million acts in Calgary alone!


3 Things for Canada ([www.ThreeThingsforCanada.ca](http://www.ThreeThingsforCanada.ca)) is all about doing just that. It helps us consider what gifts of service we can give to our nation—be they large or small—by considering our own passions and how we can help. What you do is up to you. Shoveling a neighbour's sidewalk, hosting a community BBQ, volunteering for a non-profit that is making a difference around the world, taking a role on your community association, running for office. Your 3 Things for Canada are limited only by your imagination.

In this time when it may seem dark in many parts of the world—when hearts, minds, and borders may be closing—the world needs Canada more than ever. It needs our capacity to do great things be they large and small.

So let's get out there and celebrate our sesquicentennial the best way we know how. Because Canada, and the world, deserves it.

—Naheed Nenshi, Mayor of Calgary

**TRIVIA** Anna Jarvis, the creator of Mother's Day wanted "Mother's" to be spelled "singular possessive, for each family to honour its own mother, not a plural possessive commemorating all mothers in the world."




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Walk150 takes place in May & June

## Book Discussion Groups

May Theme: Great Canadians!

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Various Library Locations & Dates

## Bill's Book Café with Julie Van Rosendaal

Join Library CEO Bill Ptacek & local cookbook author Julie Van Rosendaal on a rich culinary journey as they talk about *Feast: Recipes and Stories from a Canadian Road Trip*.

Alexander Calhoun Library

May 12 | 7 pm

## Sage Hill Library

Temporary location to open in June! Visit our website for details.

To register or learn about other events, visit [calgarylibrary.ca](http://calgarylibrary.ca) or call 403.260.2620.

# Canada 150 'Celebration on the Hill'

September 2, 9-4pm

This celebration is being hosted by the communities of Strathcona, Christie, Aspen, Coach Hill, Patterson, Springbank Hill and Signal Hill.

We have lots planned for the day! For more info, visit [www.scacalgary.ca](http://www.scacalgary.ca)

If you would like to get involved please contact Maureen at [150volunteers@scacalgary.ca](mailto:150volunteers@scacalgary.ca)

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FIND SOLUTION ON PAGE 32

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## Dog Safety at Summer Festivals

Happy May!

We hope you are enjoying the beautiful spring weather. At Calgary Humane Society we are very busy getting ready for this year's Dog Jog! On June 3 we will welcome hundreds of awesome people, and their dogs, for a day of family fun with proceeds going directly to animals in need! Enjoy delicious food, fun activities and a scenic run or walk through South Glenmore Park! To learn more about how to join us for this family-friendly event, please visit [www.calgaryhumane.ca/dogjog](http://www.calgaryhumane.ca/dogjog).

Dog Jog is just one of the great festivals around Calgary that you can enjoy with your pet, but before you set out with Fido here are a few safety tips to keep in mind!

### Pet-Friendly Festivals

- 1. Check that the festival is pet friendly!** Each year Calgary Humane Society receives many calls about dogs locked in hot cars at festivals and events. Dogs left in hot cars (even with the windows cracked) can quickly fall victim to heat stroke.
- 2. Stick to less crowded areas.** Large crowds can be stressful for dogs and each year several dogs in Calgary are injured when they are accidentally stepped on in a large crowd.
- 3. Watch for signs of stress.** Dogs have a number of 'calming signals' that indicate stress. If your dog is lip licking, yawning, dry panting, trying to leave or has a stiff body/tense facial muscles, it's time to find a quiet space!
- 4. Stay away from stray snacks.** Festivals mean food, and food + walking = a LOT of snacks on the ground! Scarfing up these stray snacks could make your dog sick or could even be fatal.
- 5. Watch for friendly strangers.** Lots of people love dogs! Unfortunately they may forget to ask before trying to pet Fido. If you choose to bring your dog to a festival you are responsible to ensure your dog's safety and the safety of others.
- 6. Please don't let dogs visit.** Most pets find meeting on leash to be more stressful than meeting off-leash.
- 7. Bring lots of water.** Keep Fido well hydrated and happy!
- 8. Keep it on leash.** Unless you are in a designated off-leash area, Calgary bylaws state that your dog MUST be on a leash. Festivals are no exception.
- 9. Training is key.** Loose leash walking, sitting, staying and heeling are important skills for any dog that will be attending crowded places. Calgary Humane Society offers training classes and private consultations to help Fido work on his manners.
- 10. Watch out for heat and sun!** Just like people, pets can wind up with sunburns. The sun can also heat up asphalt, making it dangerous to unprotected paws.

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**Research shows that children can lose up to three months of academic progress over one summer vacation.**

Keep in mind: children in Alberta spend 950 to 1,000 hours in school annually, compared to 1,500 to 1,700 hours outside of school over the summer.

Reading a minimum of six 'Just Right' books can help your child maintain their reading level when school is out.

**How to select a 'Just Right' Book**

- Open a book to any page and have your child begin reading
  - Each time they come to a word they don't know – have them hold up one finger
  - After they finish the page, check how many fingers they are holding up
- One finger – the book is too easy. Five fingers – the book is too hard. **Three fingers – the book is 'Just Right'**

**eBooks are an option too!**

Parents tell us that setting limits for their child's screen time can be difficult during the summer. So, keep in mind that eBooks can be a fun way to keep your child reading—even when they are on a device!

**Lots of websites share free children's eBooks. Here are a few sites to check out:**

- www.magickeys.com/books/
- www.freechildrenstories.com
- http://www.kidsworldfun.com/ebooks.php
- https://freekidsbooks.org/

*The **CBC Calgary Reads Big Book Sale** runs from May 12 to 14, 2017 at the Calgary Curling Club, 720 - 3 St NW. This is Calgary Reads' signature fundraising event. With children's books at just \$2, the Book Sale is a great time to stock up on summer reading for the entire family, keep books in circulation locally and to support our work to help children read with confidence and joy! Find full event details on our website [www.calgaryreads.com](http://www.calgaryreads.com)*



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On March 18<sup>th</sup>, the Progressive Conservative Association of Alberta (PC Alberta) elected the Hon. Jason Kenney as its new permanent leader. As you may know, Jason ran on a platform of unification of conservatives across the province. As a PC MLA, I was proud to support Jason throughout his campaign, and am excited for what lies ahead for conservatives across Alberta in general. I hope you'll allow me, in this column, to speak more about the recent leadership election.

For me, politics has never been about titles, or about names of parties. It is about ensuring Albertans have representation that is a reflection of the very best of themselves. Some have expressed sadness that this may be the beginning of the end of the party known by the name PC Alberta, but to me, this is simply its continued evolution to be in sync with what the views of Albertans today are.

Albertans have demonstrated their belief in a unification of conservatives for some time. Polling indicates strong support, and donations of time and money to the efforts of unification have been also strong. Albertans expect, I believe, that we as politicians put our team names and titles aside to work together for their best interest.

Indeed, now is the time for strong leadership. Alberta's economy remains fragile, and the recent NDP budget will do little to help. Gross overspending on pet projects like updating light bulbs, and a lack of focus on continued structural deficits is cause for concern. I am working hard, as your MLA, not only in the legislature to hold the government to account, but also outside of the legislature to make sure that in the next election, you have an alternative to this government that you can believe in.

If you have ever considered becoming involved in the political process, I would encourage you to pick this moment to do so. Now is a very exciting time, filled with fresh ideas and the opportunity to bring your voice to the table. I would appreciate your insight as we move forward to create a plan for an Alberta that is truly the best reflection of ourselves.

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### Budget 2017 Represents a Lack of the Real Change the Government Promised

As part of the Official Opposition, when we see the federal budget, we are naturally going to look for places to criticize. Budget 2017 doesn't give me a lot of opportunities to do that – not because the measures it takes aren't questionable – but instead it refuses to make nearly any choices or take nearly any measures at all. Most of the funding is being earmarked away for things that most of us would find difficult to even understand – like funding for innovation “superclusters” (pg. 79), or an “infrastructure bank” (pg. 129). The initiatives that we do understand won't see actual dollars being spent until 2019 or later.

Nevertheless here are a few tangible takeaways from the budget:

- No plan to balance the budget before 2050-2051.
- Forecasted, structural deficits of around \$20 billion per year for the next five years.
- \$8.4 billion cut to defense procurement.
- An acknowledgement that Gross Domestic Product (GDP) growth was significantly below the expectations of the last budget.
- A plan with more funding for the CRA to continue to target small businesses for additional audits, as well as new restrictions on how family members can be involved in small businesses.
- Taxes on alcohol rise by 2%
- GST will now be collected on ride sharing services, such as Uber.

I'm disappointed not only that Budget 2017 doesn't represent the priorities of Albertan families, nor does it provide any tangible relief for those who are unemployed (a \$30 million one-time grant to the Alberta is offset with higher taxes on oil and gas drilling), but even more so that the Government doesn't really seem to care. The Finance Committee, which I am Vice Chair of, had its meetings typically devoted to pre-budget preparation cancelled because the Government put forward no business to study, and used their majority to defeat multiple motions from myself and my colleagues to study

both the long term financial impact of the last budget, and Alberta unemployment.

The media has been equally negative in its assessment of the budget. Here are two quotes that have stood out to me:

- Andrew Coyne (National Post): “I have read a good many tedious, empty budgets in my time. I cannot recall ever reading one quite as mind-bendingly empty as this one.”
- Konrad Yakabuski (Globe and Mail): “... barely 18 months into their mandate – the Liberals are stuck. They can neither move ahead with their progressive agenda – all Mr. Morneau's recent talk about soaking even more the rich turned out to be just talk – nor turn off the spending taps they opened last year, lest they repudiate more or less everything they proclaim to stand for.”

I am always grateful to hear your feedback on Budget 2017, or any other matter. Please feel free to call my office or email me at any time.

## BRAIN GAMES SUDOKU

5	4	6	3	8	9	2	7	1
3	1	7	2	5	6	8	4	9
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8	2	5	6	1	4	9	3	7
1	3	9	5	7	8	4	6	2
7	5	1	8	2	3	6	9	4
4	6	2	7	9	5	1	8	3
9	8	3	4	6	1	7	2	5

# COMMUNITY ANNOUNCEMENTS

**Deadline – 1<sup>st</sup> of each month for the next month's publication**

**Contact [news@great-news.ca](mailto:news@great-news.ca)**


- ◆ Free announcements: lost/found, household items for sale, wanted, garage sale, student/senior services, etc.
- ◆ Forty word limit

**HELPING HAND, CASH PAID:** Need a helping hand—with truck preferably—for household odds and ends and errands. One or two caring young people would be great. Will pay cash. Please call 403-719-7900.



## Calling All Neighbours!

To have your Family profiled (Story and Professional Pictures) in the next edition of this Community Newsletter, please send us an email to [W@great-news.ca](mailto:W@great-news.ca)



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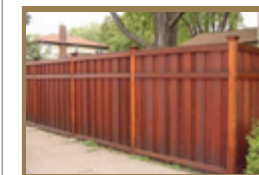
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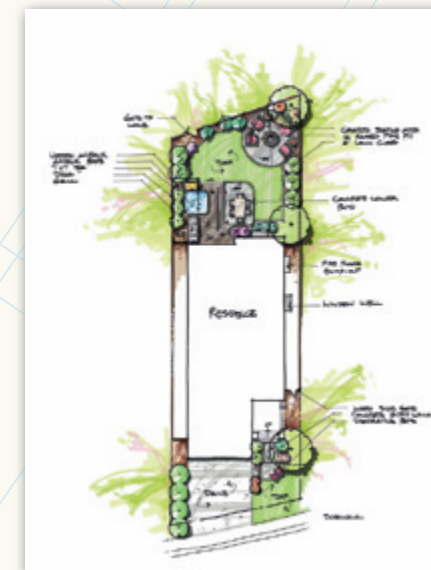


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 🌐 www.calgary.ca/ward6 📱 📧

Finally spring is here! Here are some things you should be aware of this month, and various ways to get involved:

**Spring Clean-up**

The City's annual Spring Clean-up program is well underway and runs until June. Crews sweep up winter sanding materials and other debris from over 16,000 lane kilometres of city roads and along major sidewalks and boulevards. We're asking all Calgarians to help make the city beautiful by moving vehicles from the street when you see the No Parking signs in your neighbourhood, which will be placed at least 12 hours prior to sweeping.

Visit [calgary.ca/sweep](http://calgary.ca/sweep) to check the schedule for your street, track sweeper progress on the online map, and sign up for notifications.

**Take part in your Community Cleanup!**

Have you participated in a Community Cleanup yet? This is a great opportunity to meet your neighbours and save a trip to the landfill. Each year the City teams up with local community associations to help residents get rid of unwanted household items and property waste. Last year, a record of one million kg of waste and nearly 200,000 kg of organics was collected!

Some of Ward 6's Community Cleanups finished in April. Here are the remaining dates:

- May 6 - Coach Hill/Patterson Heights - 6229 Patina Drive SW
- May 13 - Springbank Hill - 150 Ambrose Close SW
- May 28 - Discovery Ridge - 532 Discovery Ridge Boulevard SW
- June 4 - West Springs/Cougar Ridge - 700 77 Street SW
- June 24 - Signal Hill - 3200 Signal Hill Drive SW
- September 23 - Glenbrook - 3524 45 Street SW AND Glamorgan - 4207 41 Avenue SW

The City will supply three packer trucks with crews (two for waste and one for organic materials) and funds for gloves, garbage bags, food and refreshments for the group of community volunteers. If you would like to help out, please contact your community association.

Visit [calgary.ca](http://calgary.ca) and search "Community Cleanups" for more information.

If you are looking for other ways to contribute and get engaged, visit [calgary.ca](http://calgary.ca) and search "Volunteer" for opportunities with the Calgary Police Service, Parks, Recreation, Animal and Bylaw, Calgary Neighbourhoods, and more!

**Get ready for Neighbour Day!**

Calgary celebrates its fourth annual Neighbour Day on June 17, and anyone can plan an event! Reach out to your neighbours and host a block party on your street, hold a street chalk drawing competition, or share a picnic potluck or afternoon tea in the park. Whatever you do, be sure to invite The Mayor, me (please email Richard.Pootmans@calgary.ca), the Calgary Fire and Calgary Police Services—we'd love to join. Last year I attended 12 events on Neighbour Day, I'd love to increase that number this year!

An important note: If you are thinking of closing your street or hosting your event at the local park, you must get your block party permit or greenspace permit by May 26, 2017. The City will be waiving the fees for this day.

Visit [calgary.ca/neighbourday](http://calgary.ca/neighbourday) or call 3-1-1 for more information.

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