

MARCH 2016

DELIVERED MONTHLY TO 7,000 HOUSEHOLDS

# your **WOODCREEK** CHRONICLE

THE OFFICIAL WOODLANDS & WOODBINE COMMUNITY NEWSLETTER

## **FAMILY SPAGHETTI NIGHT**

**SUNDAY MARCH 13, 2016**

**5:00 - 7:00 PM**

**SEE PG 11**



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**WOODCREEK COMMUNITY  
ASSOCIATION**



**BOARD MEETINGS**  
First Tuesday of each month  
7:15-9 pm

1991 Woodview Drive SW

If you wish your name to be added to the meeting agenda, please contact Cec Jahrig at 403-251-1436.

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**Community Office Hours**

Monday 1:00 - 9:00 pm

Tuesday to Friday 1:00 pm - 5:00 pm

Closed on statutory and civic holidays

**Community Office Staff**

Facility Manager Linda Roy  
Building and Grounds Superintendent Al Evenson  
Administrative Assistant Lorraine Townsend

Phone: 403-238-1611  
Address: 1991 Woodview Drive SW  
Calgary, AB T2W 5E5  
Email: [wca@hotmail.ca](mailto:wca@hotmail.ca)  
Website: [www.woodcreekcommunity.ca](http://www.woodcreekcommunity.ca)

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wca@hotmail.ca | www.woodcreekcommunity.ca

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## NEWSLETTER AD SALES

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Cover photo by Ken Brown

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## WOODCREEK COMMUNITY ASSOCIATION BOARD 2016

President	Cec Jahrig	403 251 1436
First Vice-President	Scott Eden	403 560 3585
Second Vice-President	Darlynn Linn	403 238 0998
Treasurer	Anne Christopoulos	403 238 4746
Secretary	Debbie White	403 238 1611
Past President	Phil Barg	403 281 6110
Grants Coordinator	Sharon Anderson	403 568 1922
Police Liaison	Joe Cavar	403 238 2483
Volunteer Coordinator	Joanna Kowalewski	403 251 9053
Adult Events Coordinator	Darlynn Linn	403 238 0998
Membership	Maureen Maraj	403 238 1302
Graphics Specialist / Webmaster / Facebook	Theresa Stanislow	403 251 6321
Youth Events Coordinator	Vacant	
Set up	Tom Ward	403 281 4125
Chabad Liaison	Vacant	
Recreation Coordinator	Cheryl MacLeod	403 984 3777
St. Jude Liaison	Shannon Phelan	403 207 9484
Woodbine Liaison	Leanne Long	403 238 1611
Woodlands Liaison	Vacant	
Director	Jianwen Zhou	403 251 9806
Director	Alain Carriere	403 251 5888
Director	Dave Stanislow	403 251 6321
Community Engagement Coordinator	Robin Parsons	403 697 9087
Communications	WCA Office	403 238 1611

## FISH CREEK SPORTS ASSOCIATION

After many years of great service to the Woodcreek Community, the Fish Creek Sports Association has been dissolved and sports in the Community will now be handled by the WCA. Many thanks to the great volunteers who have served over the years. The sports scene has changed and sports are now organized on a club or quadrant basis.

## PRESIDENT'S MESSAGE



Well, you can take last month's Chronicle and throw it out. Particularly the President's Message. We had our Special Membership election meeting on January 26 and wow did we have a turn out. Standing room

only and over 200 Woodcreek residents in attendance. Great to see such a response to settle a very contentious issue. After the nominations, speeches and questions to the four candidates, we only required one vote to settle the issues. Both Darlynn Lynn as 2<sup>nd</sup> Vice President and I as President were elected with over a 92 % vote count. I would like to sincerely thank those of you who took the time to come to the election and those who could not make it but used their proxies. Your Board has spent the last two months spinning its wheels and can now get on with the business of improving the community facilities, programs and events.

This election illustrated that our bylaws needed some serious changes. We are now in the process of reviewing and making changes to ensure that the bylaws properly govern the operation of the Woodcreek Community association. These bylaw changes will be published in an upcoming Chronicle issue and another Special Membership meeting will be called for approval of these changes. We want these amendments in place before the next Annual General meeting in November.

Enough of the past so let's get on with what is coming up. Our next event is another spaghetti dinner on Sunday March 13. Watch the Chronicle for details.

In April we will have a Spring Fling dance and then in May we will commence the renovations of the lower level of the Community Centre.

Note the membership graph in the Chronicle; we have now passed the 1200 mark. Again many thanks for your support.

*Cec Jahrig - President*

**VOLUNTEERING....**  
*Good for the Soul*

### DECKS & FENCES

DECKSMITH DEVELOPMENTS INC.

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CONTACT RANDY CHOMISTEK [decksmt@telus.net](mailto:decksmt@telus.net)

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## MARK YOUR CALENDAR!

### WOODCREEK COMMUNITY ASSOCIATION EVENTS

#### 2016 EVENTS

- March 13** Spaghetti Dinner  
5 – 7 p.m.
- March 26** Easter Egg Hunt  
10 a.m. – Noon
- April 9** Spring Fling Dance  
8 p.m. – Midnight
- May 14** Community Clean Up  
9 a.m. – 2 p.m.
- June 11** Family Fun Day  
Noon – 3 p.m.
- July 10** Pancake Breakfast  
9 a.m. – Noon
- September** Door to Door Canvas  
Membership Drive
- September 24** Community Clean Up  
(Shredding included)  
9 a.m. – 2 p.m.
- October 1** Oktoberfest  
8 p.m. – Midnight
- October 16** Spaghetti Dinner  
5 – 7 p.m.
- October 29** Children's Halloween Party  
6 – 7:30 p.m.
- November 5** Woodcreek Craft Sale  
9 a.m. – 3 p.m.
- December 3** Children's Christmas Party  
1 – 3:30 p.m.
- December 31** New Year's Eve Dinner and Dance  
7 p.m. – 1 a.m.



**WOODCREEK CHRONICLE**

**Extra Copies Available at**








- Safeway Customer Service
- Fishman's Personal Care Cleaners
- Crispy Crust Pizzeria
- Woodbine Cleaners



**Food Bank**

Due to the continued downturn in the economy, the WCA will have a food bank donation box on hand. Please support if you can.

**"We Care"**  
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## WOODCREEK SENIORS MOMENT

Meetings are held the **first** and **third TUESDAYS** of the month at 9:30am at the Woodcreek Community Centre, 1991 Woodview Drive SW

All seniors 55+ meet for **Bridge** at 1:00pm at the hall every Tuesday

**Knitting** and **crocheting** group meet at 1:00pm every Monday

We welcome all seniors in our community to join us twice a month for fellowship and fun

Please come and join us and give us some suggestions/ideas that you would like to do for entertainment.

Last month we had line-dancing and that was fun...

*For the upcoming months we will have excursions and bus trips to places you can request... Come and join us...*

*If you have any questions or inquiries please call as follows...*

Sheila Jahrig at 403-251-1436 & or/ Denise Freeborn at 403-238-0278 or email: freeborn@telus.net.



## WANTED

### Paperbacks in good condition for the Woodcreek Seniors

To raise funds for their activities, the seniors have a rapidly growing book collection with a good selection of new and gently used novels for 50 cents each.

Drop off your books at the community centre during office hours (Mon, 5 – 9 p.m., Tues to Fri, 1 – 5 p.m.). No hard covered books or magazines please.

**YOGA**


**RED DEER LAKE COMMUNITY CENTRE**  
[4.5 km west of Spruce Meadows, off 22X, south of Red Deer Lake School]

**Spring Classes start April 5<sup>th</sup>, 2016**

**Tuesday 9:30 - 11:00 AM**  
**Thursday 7:30 - 9:00 PM**

**Beginners Welcome!**

For more information, phone Tracy Borden at 403-281-5558 or email: jtborder@shaw.ca



## WANTED

# Knitting Wool and Yarn

The Woodcreek Seniors knitting group is knitting/crocheting projects for the 6<sup>th</sup> annual Woodcreek Craft sale which is scheduled for **November 5, 2016**. We are looking for unused knitting yarn and wool for various projects which will be sold at our fall sale. Thank you for any donation to our group and projects.

Yarn and wool donations can be left at the WCA office during office hours. Office hours are: Monday 1-9:00 pm, Tuesday to Friday 1-5:00 pm. The knitting group meets **MONDAY** afternoon 1-3 pm in the main hall of the community centre. Please do not leave bags outside by the WCA door.

## WHAT'S HAPPENING AT THE HALL



### Community Hall Rental

Are you planning an event?

Do you need a great local facility?

Come and check out the Woodcreek Community Centre.

We would be pleased to give you a tour of the facility and all it has to offer.

The Centre was renovated and extended in 2010 and is located at 1991 Woodview Drive SW.

Main floor rooms are wheelchair accessible. We have very successfully offered many small and large group gatherings such as:

- Wedding Receptions
- Sports Banquets
- Birthday and Anniversary Parties
- Business Meetings
- Condo Board Meetings
- AGMs
- Corporate Parties
- Product Launches
- Bridal Showers
- Political Forums
- Celebrations of Life

Main hall floor capacity:

150 with tables

200 theatre style

#### Kitchen Facilities

Sound System, Projector, WI-FI and Karaoke equipment

Chairs and both rectangular and round tables

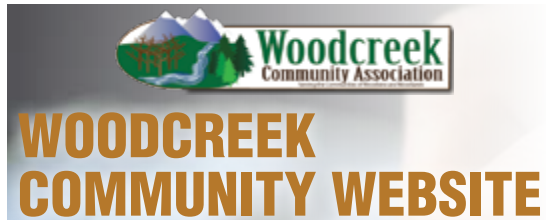
Main floor boardroom – seats up to 18

Lower room capacity: 50 – 70

Dance Studio with Mirror

**BOOK YOUR FUNCTION EARLY!**

**CALL LINDA / LORRAINE AT 403-238-1611**



Bookmark the site and check it regularly for all your community events!

[www.woodcreekcommunity.ca](http://www.woodcreekcommunity.ca)

- Woodcreek Chronicle – NOW ON-LINE!
- Membership Registration – NOW ON-LINE
- Events
- Facility Rental
- Senior's Programs
- Children's Programs
- Fitness Programs
- Executive Contacts

Please contact Theresa, our webmaster at woodcreekcommunity.ca or tstanislow@gmail.com if you have any comments or suggestions for the site. Thank you!



### NEWSLETTER SUBMISSIONS DEADLINE

Community Association – Linda / Lorraine  
403-238-1611 or wca@hotmail.ca

Articles and community announcements ONLY  
Submissions must be electronic, and preferably in  
Microsoft Word

**DEADLINE IS 6:00 PM ON THE 15<sup>th</sup> DAY OF EACH MONTH**



Woodcreek Community Association

# Family Spaghetti Night

Sunday March 13, 2016

5:00 - 7:00 pm

(Dinner at 5:30 pm)

Members: \$5 per family; \$3 single

Non-Members: \$10 per family; \$7 single



Join us for a spaghetti dinner made by Crispy Crust Pizza and entertainment and games for the whole family!

Tickets and memberships can be purchased through the office (403) 238-1611





WOODCREEK COMMUNITY ASSOCIATION  
Serving Woodbine and Woodlands  
1991 Woodview Dr SW, Calgary, AB, T2W 5E5

## HAVE WE GOT ROOM FOR YOU!

The newly renovated community centre is available for rent. It features:

**Main floor hall capacity 150 with tables, 200 theatre style**

- kitchen facilities
- sound system, projector, WI-FI, Karaoke equipment
- tables (rectangular and round) and chairs
- ideal for large groups, parties, weddings

**Boardroom seats up to 18**

**Lower meeting room capacity 50 – 70** not wheelchair accessible

See our website for rental rates:  
[www.woodcreekcommunity.ca](http://www.woodcreekcommunity.ca)

We welcome groups on a long or short-term basis.

**For more information contact:**  
**Linda / Lorraine 403-238-1611**



## Kidsland Daycare

17 months to 12 years  
An excellent beginning to your child's education  
**403 251-2332**  
665 Woodbine Blvd SW

## WHAT IS WOODCREEK?

If you ask people in our area where they live, they say Woodlands or Woodbine. So where does Woodcreek come from? A little history lesson will give you the answer.

Woodlands was established in 1976 and Woodbine 4 years later in 1980. The Woodlands Community Association was incorporated on May 21, 1980, and two years later the Woodbine Community Association was registered on October 19, 1982. In order to better serve the needs of the area, the Woodlands and Woodbine Communities amalgamated on January 29, 1992 and the Community Association name was changed to Woodcreek Community Association and represents the 15,399 residents of both communities. In 1987 a Community Centre building (approximately 1000 sq. Ft.) was built at 1991 Woodview Drive S. W. In 2010 we added a 2500 sq. ft. addition with a full basement. We now have a facility that can better serve the needs of the community and provide a venue for meetings, banquets, dances, birthday parties, you name it. A portion of the basement area provides storage for our community groups.

So when you hear the name WOODCREEK think both of the communities.

A further point is that Woodcreek does have two properties. Our main location is the Community Centre in Woodlands. We also have a Woodbine location on Woodborough Road where we have tennis courts, pickle ball courts, basketball hoop, skating rink, a skate board park and a full basketball court. These are all part of the Woodcreek Community Association.

### FISH CREEK SPORTS ASSOCIATION


After many years of great service to the Woodcreek Community, the Fish Creek Sports Association has been dissolved and sports in the Community will now be handled by the WCA. Many thanks to the great volunteers who have served over the years. The sports scene has changed and sports are now organized on a club or quadrant basis.

## WCA BULLETIN BOARD / VOLUNTEER OPPORTUNITIES



**WANTED: Volunteers for Ice Rink Flooding Woodbine and Woodlands Rinks**

Please call 403-238-1611 or e-mail [wca@hotmail.ca](mailto:wca@hotmail.ca)



If your organization is planning a **bottle drive**, please call the Woodcreek Community Association at 403-238-1611 to coordinate the date with other bottle drives in the community.

**Woodcreek Scouts next bottle drive: April 23, 2016 at WCA**

**WANTED Volunteer Youth Events Coordinator**

The Woodcreek Community Association has an opening for a Volunteer Youth Events Coordinator. Responsibilities: With the assistance of other Board members and volunteers, will organize and hold events for Easter, Family Fun Day, Halloween and Christmas. Also, will propose and organize other events and activities for the Woodcreek youths.

If interested, please contact the Community Centre at 403-238-1611 for further information.



## Move 'n Mingle

### Program Criteria:

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- Seniors not able to access regular programs due to income, culture, language, /or isolation

### Fall Prevention group exercise classes offered two times a week

- Reduce falls by improving flexibility, leg strength, and balance
- Remain independent by increasing strength, range of motion and endurance.
- Talks" about fall risk factors and healthy living

### Started May 25, 2015

Woodcreek Community Association ,  
1991 Woodview Drive SW.  
Monday 3:00 – 3:45  
Wednesday 1:00 – 1: 45

### Registration required.

To register or for more information call 403-955-1554 or 403-863-7708





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- Gateway Mechanical
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- Great News Publishing Ltd
- Happy Cup Real Fruit Smoothie, Bubble Tea
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- **Woodbine Cleaners \***
- Woodbine Day Care Centre
- Woodbine Dental
- Woodbine Husky Market
- Woodbine Optometry
- Woodbine Pharmacy
- Woodbine Safeway
- Woodcreek Dental Care
- Woodlands Family Medical Centre
- Woodlands Veterinary Hospital & Animal Dental Centre
- Woodpark Liquor Store

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- Al Madinah Calgary Islamic Assembly



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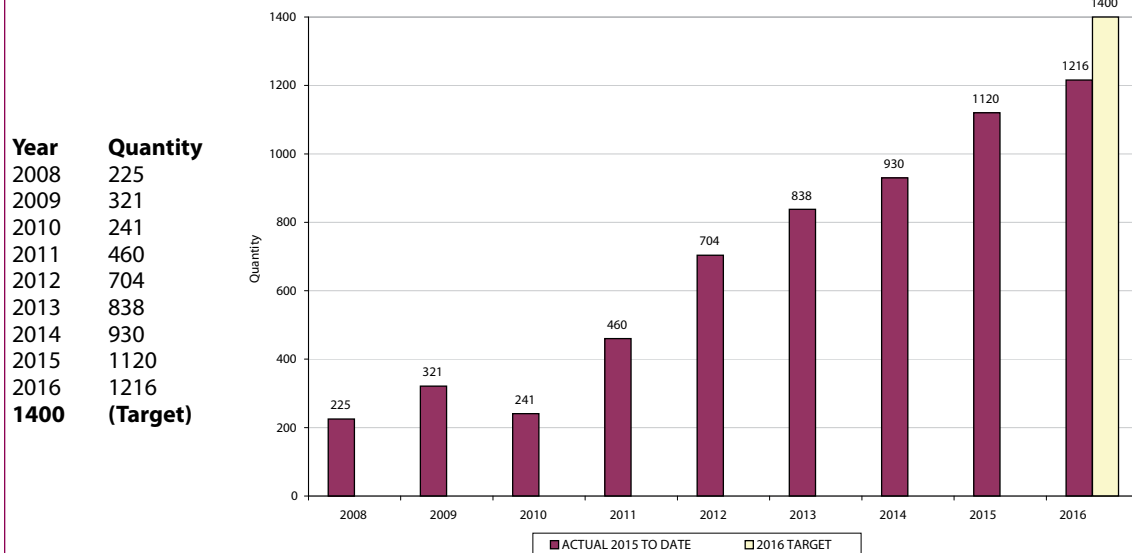
**Girl Guide classic sandwich cookies. Only \$5 April 1**



Please support the Sparks, Brownie, Guides, Pathfinders and Rangers in Woodcreek. Need more?

Contact [Silverbirchgirlguides@gmail.com](mailto:Silverbirchgirlguides@gmail.com)

## Woodcreek Community Memberships YEAR ENDING AUG 31



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Cst. Steve Henderson • Cst. Marsha Kutarna •  
Cst. Miranda Dilschneider

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■ Canyon Meadows ■ Cedarbrae ■ Oakridge  
■ Palliser ■ Pump Hill ■ Woodbine ■ Woodlands

**Location:** BraeCentre Mall, 11430 Braeside Dr. S.W.

**Telephone:** 403-974-6150 ■ Fax: 403-974-0618

■ **Office Hours:** Weekdays – 9:00 am to 7:00 pm

■ Closed - Saturdays, Sundays and Holidays

**The Calgary Police Service can be reached  
at any time by calling 403-266-1234**

### DID YOU KNOW?

The BraeCentre Community Police Station has been located at 11430 Braeside Drive SW since 1996 and serves Calgarians in a variety of ways! The station is staffed entirely by volunteers from the adjoining communities and is managed by three Calgary Police Service constables.

### HOW CAN WE ASSIST YOU?

- Have you been in an accident and require a damage sticker to legally get your car fixed?
- Have you had your vehicle broken into?
- Were items stolen from your vehicle?
- Have you had your personal property damaged and need to complete a report for insurance purposes?
- Have you lost or found property and are not sure what to do about it?

We can assist you with these types of situations and other police related problems!

Whether you require assistance with paperwork or are simply looking for advice with police related problems we are here to assist you.

Please contact us at 403-974-6150 to inquire about ways in which we may be able to serve you.

We are open Monday- Friday from 9A.M. – 7 P.M. We are closed on Saturdays, Sundays and statutory holidays.



## CALGARY WOODCREEK LIONS CLUB

P.O. Box 73039 #206 2525 Woodview Drive S.W. Calgary,  
Alberta, Canada T2W 6E4

Visit us on the Web at: <http://www.calgarywoodcreekions.ca>

The Calgary Woodcreek Lions Club meets at **7 PM on the 2<sup>nd</sup> and 4<sup>th</sup> MONDAYS AT 1991 WOODVIEW DRIVE SW – WOODCREEK COMMUNITY ASSOCIATION BUILDING**

**NEXT MEETINGS IN MARCH ARE MONDAY MARCH 14<sup>TH</sup> & 28<sup>TH</sup> at 7 PM --- COME JOIN US**

On FEBRUARY 20-16 we helped by contributing and serving lunch at the DROP IN CENTER IF YOU WISH MORE INFORMATION Please call Lion Dennis Belanger 403 660 1201 or go to our website <http://www.calgarywoodcreekions.ca>

ONE OF OUR NEXT PROJECTS IS OUR F U N CAR RALLYE

**Welcome to the 13th Annual Car Rallye  
Sponsored by the Calgary Woodcreek Lions Club**

Our 13th annual Car Rallye and BBQ will be held on Saturday, May 28, 2016 - Location: Hull Services, 2266 – Woodpark Avenue SW, Calgary Check in: 8:30 AM Open to the Public. AGAIN -We are looking for strong participation from the Community. Our Car Rallye involves navigating a pre-determined course for approximately 1.5 – 2.0 hours into the Foothills of Alberta while completing a fun and challenging observational questionnaire. Enter a two-person team into the Car Rallye, or joining us for our BBQ.PROCEEDS to HULL SERVICES

\*\*\* Watch for our scholarship notice soon – we will again have scholarship opportunities available FOR POST SECONDARY EDUCATION

STAMPS GAMES WILL BE STARTING SOON -- COME SEE US AND SOME OF

YOUR COMMUNITY ASSOCIATION FRIENDS IN THE SW BBQ CORNER

Our club continues to help at the Blood Donor Clinics in the Fish Creek Community Center



# CAR RALLYE & BBQ

CALGARY WOODCREEK LIONS CLUB

13th ANNUAL FUNDRAISER

Rain or Shine \*

Limited number of entries - Registration at 8:30 AM

## SATURDAY MAY 28, 2016

Hull Services

2266 – Woodpark Ave. S.W.

\$50 per car (2 persons) \*

Includes barbequed beef on a bun & cold soft drink\*  
\$15.00 per person for barbeque only available on site\*

RALLYE PRIZES FOR FIRST 3 PLACES\*

DRAW PRIZES / SILENT AUCTION / 50/50 TICKET SALES

**JOIN YOUR FRIENDS IN A GREAT CAUSE WHILE HAVING A BLAST!**

### NET PROCEEDS TO HULL SERVICES

FOR TICKETS OR INFORMATION CALL:

Larry Sandul 403-238-0360 Ron Kitt 403 281 9298

**CAR RALLYE CONSISTS OF NAVIGATING A PRE-DETERMINED COURSE**

**WITH AN APPROXIMATE 1½ HOURS DURATION INTO THE FOOTHILLS OF ALBERTA ACCOMPANYING AN OBSERVATIONAL QUESTIONNAIRE**



## CAR RALLYE & BBQ PARTICIPATION FORM

Return this portion with payment by April 30, 2016 to:

Calgary Woodcreek Lions Club  
Box 73039  
206 – 2525 – Woodview Dr. S.W.  
Calgary, Alberta T2W 6E4

NAME: \_\_\_\_\_

TELEPHONE NUMBER: \_\_\_\_\_

NUMBER OF PERSONS ATTENDING: RALLYE \_\_\_\_\_ BBQ ONLY \_\_\_\_\_

PAYMENT ATTACHED \$ \_\_\_\_\_ EMAIL \_\_\_\_\_

# Contact Information for Programs at the Woodcreek Community Centre

PROGRAM	CONTACT	PHONE
Ballroom Dance for Adults	Joanne Haslock	403 532 8933
Ballroom and Latin Dance	Dima Levita (Levita Dance)	403 613 5070
Beavers	Tim Tratch	403 251 4878
Boot Camp	Christine Shudra (Step into Fitness)	403 815 4016
Bulldogs Football	Bill Monks	403 620 4366
Calgary Woodcreek Lions Club	Dennis Belanger	403 660 1201
Classy Heels Dance School	Janina	587 707 0753
Fish Creek Soccer	Jim Flintoff	403 875 8941
Friday Prayers for Muslims	Dr. Mahmood	403 708 1055
Gateway Victory Church	Pastors Rowan and Mara Fraser	403 816 1684
Gentle Yoga	Dionne Cohen	403 669 9365
Karate for Children/Adults	Hermann Pirela	403 880 0992
Knitting Group	Anne Bundgaard	403 281 2571
Mima and Cello Music School	Mima Jovanovic	403 399 2255
Move N Mingle	Alberta Health Services	403 955 1554 / 403 863 7708
Scouts / Venturers	Tim Tratch	403 251 4878
Seniors Bridge/Cards	Wendy Mackenzie	587 350 5415
Seniors Fitness	Nancy Ehle	403 354 4905
Seniors Group	Sheila Jahrig June Logan	403 251 1436 403 238 4916
Silk Road Dance	Abu Maliya (Maliya)	403 510 9059
Tai Chi	Christine Tao	403 208 3564
The Truth About Cancer – Documentary Series	Lorraine Clifford	403 605 9216
Woodcreek Group of Alcoholics Anonymous	Steve Molloy	403 999 1711
Woodcreek Racquet Club	WCA Office	403 238 1611
Zumba Fitness	Ana Utrilla	403 630 5756

## PROGRAMS AND ACTIVITIES AT THE WOODCREEK COMMUNITY CENTRE

Program/Activity	Day and Time	Schedule may be subject to change
Gateway Victory Church	Sunday, 10:30 a.m.	Ongoing
Friday Prayers for Muslims	Friday, 1:45 p.m. Khutaba/2 p.m. Prayers	Ongoing
Seniors Group	First and third Tues of month	9:30 – 11:30 a.m. Ongoing
Seniors Bridge/Cards Group	Tuesday, 1 – 4 p.m.	Ongoing
Knitting Group	Monday, 1 – 3 p.m.	Ongoing
WCA Board Meeting	First Tues of month, 7:15 – 9 p.m.	Ongoing
Beavers	Wednesday, 6:30 – 8:30 p.m.	Ongoing
Cub Car Nights	Monday, 6:15 – 8:15 p.m.	Feb 29, Mar 7
Scouts	Second Tues of month, 7 – 9:30 p.m.	Ongoing
Karate for Children (Hermann)	Tues, Wed and Thurs, 5:30 – 6:15 p.m.	Ongoing
Karate for Adults (Hermann))	Tues, Wed and Thurs, 6:20 – 7:30 p.m.	Ongoing
Silk Road Dance (Maliya)	Monday, 4:15 – 5 p.m. (Preschool) Monday, 5 – 6 p.m. (Children) Monday, 6 – 7:15 p.m. (Adults)	Ongoing No class Mar 28
Ballroom Dance for Adults (Joanne)	Monday, 7:30 p.m. – 8:30 p.m.	Ongoing No class Mar 28
Ballroom and Latin Dance (Dima) (For adults and children)	Friday, 6 – 9:30 p.m.	Ongoing No class Mar 25
Mima and Cello Music School	Monday to Thursday, 5:30 – 8 p.m.	Ongoing No classes Mar 20 - 28
Mima and Cello Music School (Kinder 3 – 6 years)	Tuesday and Thursday 10 – 11:30 a.m. 12:30 – 2 p.m.	Oct – Jun No classes Mar 20 - 28
Mima and Cello Music School – Children's Choir	Saturday, 3:30 – 4:30 p.m.	Ongoing No classes Mar 20 - 28
Tai Chi (Christine Tao)	Monday, 10 – 11 a.m.	Jan 11 – Mar 7 Mar 14 – May 16
Class Heels Dance School (Janina)	Thursday, 8 – 9 p.m. Second and fourth Thurs of month	Mar 10 – Jun 23
Gentle Yoga, suitable for beginners (Dionne)	Tuesday, 10:30 – 11:30 a.m. Thursday, 10:30 – 11:30 a.m.	Ongoing No class Mar 22-28
Move N Mingle	Monday, 3 – 3:45 p.m. Wednesday, 1 – 1:45 p.m.	Ongoing
Seniors Fitness (Nancy)	Friday, 10:30 – 11:30 a.m.	Jan 15 – Mar 4 Mar 11 – May 20 No class Mar 25
Boot Camp (Christine)	Saturday, 8 – 8:45 a.m.	Jan 30 – Mar 12 No class Feb 13
Zumba Fitness (Ana)	Saturday, 9 – 10 a.m.	Jan 9 – Mar 12
Calgary Woodcreek Lions Club	Second & fourth Mon of month, 7 – 9 p.m.	Ongoing
Woodcreek Group of Alcoholics Anonymous	Thursday, 7 – 8 p.m.	Ongoing
The Truth About Cancer – Documentary Series	Sunday, 2 – 4 p.m.	Program cancelled
Spaghetti Dinner	Sunday, 5 – 7 p.m.	Mar 13
Easter Egg Hunt	Saturday, 10 – Noon	Mar 26
Spring Fling Dance	Saturday, 8 p.m. – Midnight	Apr 9
Community Clean Up	Saturday, 9 a.m. – 2 p.m.	May 14
Family Fun Day	Saturday, Noon – 3 p.m.	June 11

For more information please contact the Woodcreek Community Centre at 403-238-1611.

# WHAT'S HAPPENING AROUND YOUR COMMUNITY

## UPCOMING EVENTS AT THE WOODCREEK COMMUNITY CENTRE

# FOR MORE INFORMATION PLEASE CONTACT THE

## WOODCREEK COMMUNITY CENTRE AT 403-238-1611

WOODCREEK COMMUNITY ASSOCIATION - Serving the communities of Woodbine & Woodlands - 1991 Woodview Dr. SW. CALGARY, AB

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		<p><b>1</b></p> <p>Seniors Group 9:30 – 11:30 a.m. Mima and Cello Music School (Kinder 3 – 6 yrs) 10 – 11:30 a.m. /12:30 – 2 p.m. Gentle Yoga (Dionne) 10:30 – 11:30 a.m. Seniors Bridge/Cards Group 1 – 4 p.m. Mima and Cello Music School 5:30 p.m. – 8 p.m. Karate for Children (Hermann) 5:30 – 6:15 p.m. Karate for Adults (Hermann) 6:20 – 7:30 p.m. WCA Board Meeting 7:15 – 9 p.m.</p>	<p><b>2</b></p> <p>Move N Mingle 1 – 1:45 p.m. Mima and Cello Music School 5:30 p.m. – 8 p.m. Karate for Children (Hermann) 5:30 – 6:15 p.m. Karate for Adults (Hermann) 6:20 – 7:30 p.m. Beavers 6:30 – 8:30 p.m.</p>	<p><b>3</b></p> <p>Mima and Cello Music School (Kinder 3 – 6 yrs) 10 – 11:30 a.m. /12:30 – 2 p.m. Gentle Yoga (Dionne) 10:30 – 11:30 a.m. Mima and Cello Music School 5:30 p.m. – 8 p.m. Karate for Children (Hermann) 5:30 – 6:15 p.m. Karate for Adults (Hermann) 6:20 – 7:30 p.m. Woodcreek Group AA Meeting 7 – 8 p.m.</p>	<p><b>4</b></p> <p>Seniors Fitness (Nancy) 10:30 – 11:30 a.m. Friday Prayers for Muslims, Khutaba 1:20 p.m. / Prayer 1:30 p.m. Ballroom and Latin Dance for Adults/Children (Dima) 6 – 9:30 p.m.</p>	<p><b>5</b></p> <p>Boot Camp (Christine) 8 – 8:45 a.m. Zumba Fitness (Ana) 9-10 a.m. Mima and Cello Music School – Children's Choir 3:30 – 4:30 p.m.</p>
<p><b>6</b></p> <p>Gateway Victory Church 10:30 a.m.</p>	<p><b>7</b></p> <p>Tai Chi 10 – 11 a.m. Knitting Group 1 – 3 p.m. Move N Mingle 3 – 3:45 p.m. Silk Road Dance for Preschool (Maliya) 4:15 – 5 p.m. Silk Road Dance for Children (Maliya) 5 – 6 p.m. Mima and Cello Music School 5:30 p.m. – 8 p.m. Silk Road Dance for Adults (Maliya) 6 – 7:15 p.m. Cub Car Night 6:15 – 8:15 p.m. Ballroom Dance for Adults (Joanne) 7:30 – 8:30 p.m.</p>	<p><b>8</b></p> <p>Mima and Cello Music School (Kinder 3 – 6 yrs) 10 – 11:30 a.m. /12:30 – 2 p.m. Gentle Yoga (Dionne) 10:30 – 11:30 a.m. Seniors Bridge/Cards Group 1 – 4 p.m. Mima and Cello Music School 5:30 p.m. – 8 p.m. Karate for Children (Hermann) 5:30 – 6:15 p.m. Karate for Adults (Hermann) 6:20 – 7:30 p.m. Scouts 7 – 9:30 p.m.</p>	<p><b>9</b></p> <p>Move N Mingle 1 – 1:45 p.m. Mima and Cello Music School 5:30 p.m. – 8 p.m. Karate for Children (Hermann) 5:30 – 6:15 p.m. Karate for Adults (Hermann) 6:20 – 7:30 p.m. Beavers 6:30 – 8:30 p.m.</p>	<p><b>10</b></p> <p>Mima and Cello Music School (Kinder 3 – 6 yrs) 10 – 11:30 a.m. /12:30 – 2 p.m. Gentle Yoga (Dionne) 10:30 – 11:30 a.m. Mima and Cello Music School 5:30 p.m. – 8 p.m. Karate for Children (Hermann) 5:30 – 6:15 p.m. Karate for Adults (Hermann) 6:20 – 7:30 p.m. Woodcreek Group AA Meeting 7 – 8 p.m. Classy Heels Dance School (Janina) 8 – 9 p.m.</p>	<p><b>11</b></p> <p>Seniors Fitness (Nancy) 10:30 – 11:30 a.m. Friday Prayers for Muslims, Khutaba 1:20 p.m. / Prayer 1:30 p.m. Ballroom and Latin Dance for Adults/Children (Dima) 6 – 9:30 p.m.</p>	<p><b>12</b></p> <p>Boot Camp (Christine) 8 – 8:45 a.m. Zumba Fitness (Ana) 9-10 a.m. Mima and Cello Music School – Children's Choir 3:30 – 4:30 p.m.</p>
<p><b>13</b></p> <p>Gateway Victory Church 10:30 a.m. Spaghetti Dinner 5 – 7 p.m.</p>	<p><b>14</b></p> <p>Tai Chi 10 – 11 a.m. Knitting Group 1 – 3 p.m. Move N Mingle 3 – 3:45 p.m. Silk Road Dance for Preschool (Maliya) 4:15 – 5 p.m. Silk Road Dance for Children (Maliya) 5 – 6 p.m. Mima and Cello Music School 5:30 p.m. – 8 p.m. Silk Road Dance for Adults (Maliya) 6 – 7:15 p.m. Calgary Woodcreek Lions Club 7 – 9 p.m. Ballroom Dance for Adults (Joanne) 7:30 – 8:30 p.m.</p>	<p><b>15</b></p> <p>Seniors Group 9:30 – 11:30 a.m. Mima and Cello Music School (Kinder 3 – 6 yrs) 10 – 11:30 a.m. /12:30 – 2 p.m. Gentle Yoga (Dionne) 10:30 – 11:30 a.m. Seniors Bridge/Cards Group 1 – 4 p.m. Mima and Cello Music School 5:30 p.m. – 8 p.m. Karate for Children (Hermann) 5:30 – 6:15 p.m. Karate for Adults (Hermann) 6:20 – 7:30 p.m.</p>	<p><b>16</b></p> <p>Move N Mingle 1 – 1:45 p.m. Mima and Cello Music School 5:30 p.m. – 8 p.m. Karate for Children (Hermann) 5:30 – 6:15 p.m. Karate for Adults (Hermann) 6:20 – 7:30 p.m. Beavers 6:30 – 8:30 p.m.</p>	<p><b>17</b></p> <p>Mima and Cello Music School (Kinder 3 – 6 yrs) 10 – 11:30 a.m. /12:30 – 2 p.m. Gentle Yoga (Dionne) 10:30 – 11:30 a.m. Mima and Cello Music School 5:30 p.m. – 8 p.m. Karate for Children (Hermann) 5:30 – 6:15 p.m. Karate for Adults (Hermann) 6:20 – 7:30 p.m. Woodcreek Group AA Meeting 7 – 8 p.m.</p>	<p><b>18</b></p> <p>Seniors Fitness (Nancy) 10:30 – 11:30 a.m. Friday Prayers for Muslims, Khutaba 1:20 p.m. / Prayer 1:30 p.m. Ballroom and Latin Dance for Adults/Children (Dima) 6 – 9:30 p.m.</p>	<p><b>19</b></p> <p>Mima and Cello Music School – Children's Choir 3:30 – 4:30 p.m.</p>
<p><b>20</b></p> <p>Gateway Victory Church 10:30 a.m.</p>	<p><b>21</b></p> <p>Tai Chi 10 – 11 a.m. Knitting Group 1 – 3 p.m. Move N Mingle 3 – 3:45 p.m. Silk Road Dance for Preschool (Maliya) 4:15 – 5 p.m. Silk Road Dance for Children (Maliya) 5 – 6 p.m. Silk Road Dance for Adults (Maliya) 6 – 7:15 p.m. Ballroom Dance for Adults (Joanne) 7:30 – 8:30 p.m.</p>	<p><b>22</b></p> <p>Seniors Bridge/Cards Group 1 – 4 p.m. Karate for Children (Hermann) 5:30 – 6:15 p.m. Karate for Adults (Hermann) 6:20 – 7:30 p.m.</p>	<p><b>23</b></p> <p>Move N Mingle 1 – 1:45 p.m. Karate for Children (Hermann) 5:30 – 6:15 p.m. Karate for Adults (Hermann) 6:20 – 7:30 p.m. Beavers 6:30 – 8:30 p.m.</p>	<p><b>24</b></p> <p>Karate for Children (Hermann) 5:30 – 6:15 p.m. Karate for Adults (Hermann) 6:20 – 7:30 p.m. Woodcreek Group AA Meeting 7 – 8 p.m. Classy Heels Dance School (Janina) 8 – 9 p.m.</p>	<p><b>25</b></p> <p>Friday Prayers for Muslims, Khutaba 1:20 p.m. / Prayer 1:30 p.m.</p>	<p><b>26</b></p> <p>Easter Egg Hunt 10 a.m. – Noon</p>
<p><b>27</b></p> <p>Gateway Victory Church 10:30 a.m.</p>	<p><b>28</b></p> <p>Tai Chi 10 – 11 a.m. Knitting Group 1 – 3 p.m. Move N Mingle 3 – 3:45 p.m. Calgary Woodcreek Lions Club 7 – 9 p.m.</p>	<p><b>29</b></p> <p>Mima and Cello Music School (Kinder 3 – 6 yrs) 10 – 11:30 a.m. /12:30 – 2 p.m. Gentle Yoga (Dionne) 10:30 – 11:30 a.m. Seniors Bridge/Cards Group 1 – 4 p.m. Mima and Cello Music School 5:30 p.m. – 8 p.m. Karate for Children (Hermann) 5:30 – 6:15 p.m. Karate for Adults (Hermann) 6:20 – 7:30 p.m.</p>	<p><b>30</b></p> <p>Move N Mingle 1 – 1:45 p.m. Mima and Cello Music School 5:30 p.m. – 8 p.m. Karate for Children (Hermann) 5:30 – 6:15 p.m. Karate for Adults (Hermann) 6:20 – 7:30 p.m. Beavers 6:30 – 8:30 p.m.</p>	<p><b>31</b></p> <p>Mima and Cello Music School (Kinder 3 – 6 yrs) 10 – 11:30 a.m. /12:30 – 2 p.m. Gentle Yoga (Dionne) 10:30 – 11:30 a.m. Mima and Cello Music School 5:30 p.m. – 8 p.m. Karate for Children (Hermann) 5:30 – 6:15 p.m. Karate for Adults (Hermann) 6:20 – 7:30 p.m. Woodcreek Group AA Meeting 7 – 8 p.m.</p>		

## IN & AROUND SCHOOLS

### St. Jude School

February was a short month with Teachers Convention, Family Day and a Professional Day. The whole school went to Mount Royal Conservatory to watch the CPO. Students celebrated the 100th day of school on February 19th. Grade 1's and 2's made floats with 100 items and paraded them around the whole school. All the students participated in our annual "Sock Hop" a week later.

Join us for Ladies Night Out on Friday, April 8th. An evening of good friends, cocktails, wine and food pairings catered by Sauce Italian Market. Tickets are \$20 each. Email [stjudesc@gmail.com](mailto:stjudesc@gmail.com) for more information and tickets. Please help us spread the word - tell your friends and neighbors! This fundraising event will help us raise funds to enhance technology, field trips and special events at St. Jude.

Students are out and about with field trips to Heritage Park, Swimming program, Safety Expo and creating Pysanky eggs. The school will be closed for Easter break March 25th - April 4th. We accept bottle donations on the last Friday of each month, but due to Easter Break our March bottle drop date is Thursday, March 24th. If you have bottles to donate please drop them in front of the school by the flag pole. Thank you!



### Woodbine School

Before heading into the start of spring break, Woodbine school has many activities planned for staff and students.

Along with the weekly intramural activities the first week in March, there will be several opportunities for students to participate in. Evergreen Theater will be coming to the school for a presentation on March 1<sup>st</sup>, grade 3 students will have their assembly March 3<sup>rd</sup> and Clay for Kids will be visiting the grade 4's, also on March 3<sup>rd</sup>.

The week before spring break students will have the chance to participate in a drumming residency, which is sure to be fun! March 30<sup>th</sup> we will also have an owl visit to our grade 1 students.

Due to the break, school council will run a week earlier this month on March 15<sup>th</sup>. It will take place in the school library at 6:30pm of that day. If you are unable to make it to the meeting, please watch for updates in the school newsletter. Should have you concerns about the Woodbine neighborhood, please feel free to contact the Woodbine School Community Liaison - Leanne Long - [leannelong@shaw.ca](mailto:leannelong@shaw.ca)

March 17<sup>th</sup> will be the last day of classes before spring break. That evening parents and students can participate in student-led conferences, or can choose to opt for March 18<sup>th</sup> from 8-12:00. As spring break also coincides with Easter this year, Monday the 28<sup>th</sup> will also be a holiday. Classes resume on Tuesday March 29<sup>th</sup>.

Ladies! Join us on Friday, April 8<sup>th</sup> from 7-9pm at St. Jude School for a wine tasting with food pairings catered by Sauce Italian Market.

Tickets: \$20 per person. Can be purchased at St. Jude School (730 Woodbine Blvd) or by emailing [stjudesc@gmail.com](mailto:stjudesc@gmail.com)

This event will sell out, so be sure to get your tickets soon!  
For more information email [stjudesc@gmail.com](mailto:stjudesc@gmail.com)  
All funds raised will support St. Jude School.

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AT THE  
CALGARY TOWER**

**CLIMB  
802 STAIRS**  **OR RACE 1KM & CLIMB  
802 STAIRS**

IN SUPPORT OF  **APRIL 23, 2016**

[www.ClimbForWilderness.ca](http://www.ClimbForWilderness.ca)

With all this great weather we have been having it feel like spring is just around the corner! Our Group sections will be planning more and more activities outside as it warms up. Just a reminder that we set our clocks ahead one hour on March 12 before you go to bed.

You might want to consider taking a drive to our Scout Shop located at 2140 Brownsea Drive NW if you need any good camping equipment and good quality clothing. You can also go to their website to shop on line at [www.scoutshop.ca](http://www.scoutshop.ca).

Cub Scouting is celebrating 100 years since its original formation in 1916 this year! If your child in between 8-10 years old they can become a cub. Their motto is "Do Your Best." Cubs are encouraged to try new and challenging activities each year. They learn basic knots, first aid skills, paddling a canoe, leading games at camps and so many outdoor adventures. Adult Leaders of a cub pack take the names of The Jungle Book characters. By-the-way, did you know Disney is releasing a new Jungle Book movie — an upcoming American live-action/CGI film to be released in 3D and opening on April 15, 2016. This will tie in well with this Anniversary!

If you have any questions about our programming please feel free to call our Group Commissioner Tim Tratch at (403) 251-4878. A big thank you to our ongoing supporters of our efforts, the local Lions Club and the Woodcreek Community Association.




# WOODCREEK BABYSITTERS

We get calls on occasion asking for names of babysitters. If you would like your name listed as available for babysitting, please contact the community centre at 403-238-1611. We will provide your first name, age and phone number to our residents looking for sitters. The community association will provide this information as a service and take no responsibility for the abilities of the sitter or references for those looking for sitters.

*This is another community service we are trying to provide.*

WCA Babysitters Register			
First Name	Age	Phone Number	Course
Michaela	13	587-352-0028	C
Joel	14	403-251-9825	C
Ari	14	403-921-6272	C
Fiona	13	403-251-3838	C
Neshama	14	587-352-0028	C
Julie	14	587-435-9277	C
Henry	15	403-719-8282	C
Deia	15	403-921-6272	C
Lilly	15	403-719-8282	C
Marissa	16	403-251-7663	C
Grace	14	587-888-2423	C
Sharon	42	587-350-0172	No
Anna	66	587-707-9999	C
Tenisha	12	403-454-3472	C
Natalie	20	403-238-0803	C
Kiara	11	403-281-0908	C
Carson	11	403-238-1527	C
Brooke-Lynn	14	403-281-6899	No
Robyn	37	587-438-4442	No
Alexia	12	587-439-6842	C
Jyotsna	55	403-802-1938	No
Hailey	16	403-620-0609	C
Emily	11	403-479-3362	C

## WCA Tai Chi Program



WCA Tai Chi Instructor **Christine Tao**

# TAI CHI

**NEW SESSION  
10 – 11 a.m.  
Monday,  
Mar 14-May 16**

Woodcreek Community Centre  
1991 Woodview Drive SW

Please call the office at  
403-238-1611 to register

\$5 per class or \$40 for 10 classes

*Everyone is welcome.  
We look forward to seeing you!*

Premium Care Denture Centre

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# WOODCREEK GIRL GUIDES



## A Walk in the Park in the Dark with the Woodcreek Girl Guides

### Be Prepared

We waited for the whole group to get together when we came to a fork in the trail, or an intersection. We learned about "counting off" so we would know if someone went missing and who, quickly. The night sky had no moon, but the stars were beautiful. We found one of the winter constellations, *Orion*. It is a constellation easily seen in the winter, but not in the summer. We shared our knowledge of the urban environment and the things we saw and heard on the edge of the park.

We talked about not leaving litter. Plastic takes about 100 years to break down if left out in the environment. We had a garbage bag, and took some of the litter home to put into a recycle bin. Things like apple cores and orange peels are biodegradable, but they can attract wildlife. If wildlife like bears and coyotes start to associate people-trails with food in the wilderness, the bears will start to come to the people-trails looking for food. That is when the bears can become dangerous and will have to be removed from the area by the Park Wardens. That could be very bad for the bears.

We picked up our own trail markers (flagging tape) on the way back out of our walk in the forest. Dog *scat* that is not picked up can attract wild animals, can contaminate the rivers and our drinking water supply. Even though Calgary's water intake is upstream of most of Calgary the Siksika Nation, the town of Brooks and everything from here to Hudson Bay is downstream of us.

Some of the things we talked about while we were having so much fun...

- If we take care of our parks and wilderness areas, the bears can still live there, and not be a problem to us.
- Deer and other wild life walk along the *game trails*. They don't like crashing through the underbrush any more than we do.
- By looking at the tips of the willow bushes we can see if a bunch of small branches have been bitten off and know a deer was there. This is called *deer browse*.
- The difference between dog scat and coyote scat is that the coyote scat will have hair in it. Dogs eat kibble and canned food, but coyotes eat things like mice and voles and hare. Both dogs and coyotes eat grass.
- Members of the dog family (domestic dogs and coyotes) leave footprints where we can see the claws. Members of the cat family (domestic cat, bobcat and cougars) tuck their claws in when they walk, so their footprint won't have claws.
- Bear footprints are bigger and look quite different, but we did not see any. We did not see any cat footprints either. Good thing.

### Why don't you come join us for our next walk in the park in the dark??

For more info just email Barb, Johanne or Susan at [silverbirchgirlguides@gmail.com](mailto:silverbirchgirlguides@gmail.com)




## WILL POWER Wills and Estate Planning 101+

As neighbours, volunteers, supporters, colleagues and friends we invite you to attend this free workshop the morning of Saturday, April 23, 2016.

Having a proper, up-to-date will is important for everyone. This workshop will help you understand the reasons why to have a will; what happens if you don't have a will; what to consider when making your will; the legal issues that affect wills; how to prepare a will, plus how to select an Executor. In addition, you will understand the Enduring Power of Attorney and how to ensure that your Personal Directives are followed.

This is a valuable presentation and will be beneficial to everyone.

Please accept our invitation to this free presentation. **It is important that everyone pre-registers.**

Jonathan Ng, Estate Lawyer, will cover all the essentials about sound planning to ensure your wishes are fulfilled and you optimize what you do with your estate (otherwise, the government decides for you).

- What:** WILL POWER: Wills and Estate Planning 101+
- When:** Saturday, April 23, 2016
- Time:** 9:15 to 11:45 a.m.
- Where:** Social Room of Hull Campus  
2266 Woodpark Avenue S.W.
- Cost:** There is no charge.
- Registration:** <https://helping.hullservices.ca/event-wills>

If you have any questions, please contact Lou at [louzag@hullservices.ca](mailto:louzag@hullservices.ca)

If you are interested but unavailable, please let us know and we will send you notifications of our future Wills Workshops.

Hope to see you February 6!

Thank you,  
Lou

**Our Kids, Their Future, Your Legacy**  
- include the kids at Hull in your will or estate plan.

Lou Zaganelli, M.A., Planned Giving Advisor  
Resource Development  
Hull Services  
2266 Woodpark Avenue SW, Calgary, AB T2W 2Z8  
403-251-8016 [louzag@hullservices.ca](mailto:louzag@hullservices.ca)

Hull Services - Effective Behavioural and Mental Health  
Services for Kids and Families  
[www.hullservices.ca](http://www.hullservices.ca)

## Sports Donation To Haiti



As we pointed out at some of our recent membership meetings, sports are no longer organized on a community basis. South West United handles soccer so this has left Fish Creek Sports with a large number of soccer shirts and shorts. Fish Creek Sports and the Woodcreek Community Association in cooperation with the Cedarbrae Oak Park Church of Christ have donated 350 sets of soccer uniforms to the children of Haiti. We also included soccer balls, basketballs and softballs. When we donated soccer balls last year to Zambia, the kids wrote back and said it is great to have a real soccer ball instead of a plastic bag filled with paper.

## Cell Tower In Woodbine

In March of 2014 we held a community information meeting with the City of Calgary and Telus regarding the installation of a cell tower in the parking lot on the west side of 24<sup>th</sup> Street at the north end of the playing fields. Nothing has happened over the past two years and I have now received notice that Telus will proceed with this construction. This is meant to keep our residents aware of what is happening in the community.



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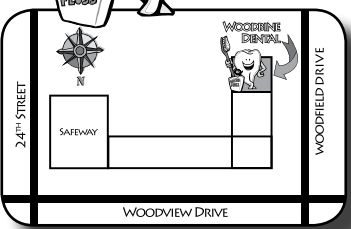
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# Fentanyl Kills Kids



Take home naloxone kits will be readily available to all Albertans through the expanded walk-in clinics

By Police Commissioner Diane Colley-Urquhart

The street use of the narcotic Fentanyl is a public health crisis in Calgary. It is killing and maiming our kids. In 2015, 90 people died from a fatal, unintentional overdose, after taking just one tablet of fentanyl in Calgary – that's more than all the homicides and traffic fatalities in 2015 combined. Last year in Alberta, there were 272 overdose deaths involving fentanyl, up from more than 100 in 2014.

Fentanyl is a synthetic narcotic 100 times more lethal than morphine, which makes it highly addictive. Illegal fentanyl is made in clandestine drug factories, cutting it with any number of chemical compounds and binding agents. These shady operators use lethal ingredients such as caffeine, xylazine (animal tranquilizer), cocaine and/or heroin. Thousands of these pills are pumped out of machines, packaged up and shipped to Calgary from China where there is no oversight or regulatory controls. The strength and mix is unknown 'til autopsy. These mass production operators can make the drug for cheap, thus flooding our communities and making it easily accessible and attainable. They are even making them in different colors and shapes to make them look cool.

Drug dealers have no idea how much fentanyl might be in the pills they are selling and frankly, they don't care. A deadly dose of fentanyl is just 2 mg, which is equal to two grains of salt. However, a kid's response depends on their size, metabolism and tolerance. The Calgary Police Service (CPS) and the Medical Examiner's Office have seen a wide variety of concentrations found in the pills being sold on the streets of Calgary. The highest levels have come back at 4.7 to 5.6 mg per tablet. If they don't kill our kids, they get them addicted. This concentration is more than enough to kill. Innocent kids take one and can die instantly.

Once addicted, our young people will do anything to get money to acquire more of the drug from organized crime operators in our community. CPS report that residential property crimes and thefts throughout Calgary have escalated substantially in the past 12 months.

High concentrations of fentanyl can result in decreasing irregular and shallow respirations, muscle rigidity, seizures, unconsciousness, coma and/or death. Fentanyl overdoses often go unnoticed because it may appear that the person is simply be sleeping it off, but are actually left to die. If kids don't die, they can end up with severe brain damage and have no recollection as to what happened to them.

Walk-in clinics can now prescribe and supply naloxone, a drug that can temporarily reverse a fentanyl overdose, buying time for the user to seek potentially life-saving medical treatment. Alberta Health Services (AHS), with funding from Alberta Health, is distributing 4,000 take-home naloxone kits and providing training as part of its response to the rapid rise in fentanyl-related deaths in the province.

The kits are going to the walk-in clinics in addition to the eight existing harm reduction sites, making it easier for Albertans at risk of fentanyl overdose to increase their chance of survival in life-or-death situations. Additional sites such as emergency department, correctional facilities and addiction and mental health clinics will also have kits available for clients and patients.

The naloxone kits contain instructions on how and when to administer the drug, two vials of naloxone, syringes, alcohol swab, latex gloves and a one-way rescue breathing mask. The training provides instruction on mouth-to-mouth breathing and how to administer naloxone.

Naloxone, in combination with mouth-to-mouth breathing, is safe and effective in temporarily reversing the effects of a fentanyl overdose, providing it is administered immediately. Users then need to call 911 for further medical treatment. A full list of the walk-in dispensing sites is available online at [www.drugsfool.ca](http://www.drugsfool.ca).

Please talk to your kids or any young people you know about the dangers of fentanyl. Anyone with information about illicit drug dealing is asked to contact the CPS at 403-266-1234, or Crime Stoppers anonymously. We need to do all we can to curb this public health crisis in our community.

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# Get Going!

Employment Position - Summer Program

**Position:** 2 Program Leaders

**Employment Term:**

Mid May - end of June approximately 18 hours /week  
July - August 35 hours / week

**Location:** Woodcreek Community Park Building  
36 Woodborough Rd SW  
Calgary, AB T2W 5C1  
(Behind St. Jude School)

**Hourly Wage:** \$17-18

**Competencies:**

- Leadership and or coaching ages 7-14
- Strong Communication and computer Skills
- Self starter

**Requirements:**

- High School Certificate and post secondary schooling an asset
- Recreation or Sports ability (Tennis, Basketball, Skateboarding an asset)
- First Aid Certificate + CPR certificate
- CPS check

**Program Description:**

Get Going is a drop in recreation program for children ages 7-14. Each day the program leaders with supervise children in organized sports/recreation activities and loaning various sporting equipment. Several times during the course of the program, specialized instructional events will also be held.

Membership to WCA is mandatory for children to participate. All children must also have a signed waiver.

**Please contact Cheryl MacLeod with your resume.**  
[cheryla.macleod@gmail.com](mailto:cheryla.macleod@gmail.com)



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~continued next page~

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**DIANE COLLEY-URQUHART**

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 Twitter / Instagram: BigRedYYC  
 FB: [Facebook.com/dianecu](https://www.facebook.com/dianecu)  
 Website: [CouncillorDiane.ca](http://CouncillorDiane.ca)



Cllr. Colley-Urquhart speaking with constituents at the Evergreen AGM



Cllr. Colley-Urquhart at the SW Transitway Open House held at Cardel Rec South

### Exciting Woodcreek Presidency Revote

I'm delighted that our wonderful President Cec Jahrig won the presidency re-vote by such a huge margin. It is unfortunate that both he and Darlynn Linn (second Vice President) had to go through their elections a second time. Thank you both so much for your dedicated community service and leadership.

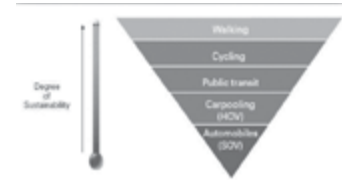
### Pedestrian Strategy Update

With all the focus on RouteAhead and the future infrastructure of our City, we sometimes forget about those who choose to commute using the smallest carbon footprint possible. Back in 2009, Calgary adopted a Municipal Development Plan (MDP) that emphasized Calgarians' desire to build a city more economically, socially and environmentally sustainable. I will be doing a bus tour to all Ward 13 communities with the Community Association Presidents and City transportation staff to focus on traffic and pedestrian areas of concern. Please let them know your concerns and hotspots as well.

As a Pedestrian Strategy Steering Committee member, our plan is simple; to keep pedestrians safe and people driving defensively.

- Short-term (2016 - 2018): focus is on **safety**. Quick to deliver, effective, inexpensive actions.
- Medium-term (2019 - 2022): focus is on **connections**.
- Long-term (2022+): focus is on **walkability**.

As with RouteAhead, there will be a ton of community engagement, consultation and dialogue. As with the Safer Mobility Plan, the Pedestrian Strategy is aligned with "Vision Zero", ultimately striving for zero pedestrian



Transportation Sustainability Triangle

casualties in Calgary. To get there, we have set an aggressive target of a 50% reduction in injuries and fatalities by 2025.

In addition to traditional pedestrian designs, a number of

new technologies are being proposed:

- Action #4: Pilot installations for street lighting to illuminate roadway crossings
- Action #5: Pilot installations of 'pedestrian-zones' where pedestrian desire lines cannot be easily confined to a specific crosswalk location
- Action #41: Collaborate with partner organizations to develop three innovative pedestrian projects

The capital requirement in the short term (2016 - 2018) is \$15million. \$4million of the 2016 capital funding is available and will be applied to priority actions. The 2017 and 2018 capital requirements will be revisited as part of the mid-cycle budget adjustments.

The Pedestrian Strategy is vital for the liveability of our citizens in our City as the need for more sustainable resources. We want to do everything we can for family safety and for this to become the standard.

Please visit [Calgary.ca/PedestrianStrategy](http://Calgary.ca/PedestrianStrategy) for all up to date and accurate information. If you have any other questions or feedback, please do not hesitate to contact my office.



Theobromine, the compound in chocolate that makes it poisonous to dogs, can kill a human as well. You'd have to be a real glutton to go out this way though, as an average 10-year-old child would have to eat 1,900 Hershey's miniature milk chocolates to reach a fatal dose.

## Specializing in new beginnings

Sold in the Last 60 Days

### Woodbine

2 storey split avg. sale \$576,500

2 storeys avg. sale \$543,900

2 storey attached avg. sale \$282,500

Bungalows avg. sale \$329,500

### Woodlands

2 Storey split avg. sale \$544,667

2 storeys avg. sale \$462,333

4 level split attached avg. sale \$315,000

Bungalows avg. sale \$561,000



Thinking of buying or selling?

**Lynda Kisil**, Associate  
 c: 403.836.0947 | o: 403.256.3888 | e: [lkisil@telus.net](mailto:lkisil@telus.net)



## MLA CALGARY - LOUGHEED DAVE RODNEY

311A - 2525 Woodview Drive SW T2W 4N4  
Phone: 403-238-1212 calgary.lougheed@assembly.ab.ca  
Woodbine, Woodlands, Evergreen & Bridlewood

**Please join me for a very important event:  
MLA Dave Rodney's Alberta Pre- Budget Roundtable  
Glenmore Christian Academy: 16520—24th St SW  
Tuesday, March 1, 7:00 - 8:30 pm**

Friends, this is a pivotal time in Alberta history—especially considering job losses here at home—and the economic situation around the world. This is a great opportunity for you to have your say: what do you hope the new NDP government will have—and will not have—in their upcoming budget? What other advice do you have for them—or for me? Let's make our suggestions before the budget, rather than waiting until it's too late; and please bring a friend!



### Alberta's Students are our Future

It was a pleasure to attend GCA's Career Day in Bridlewood. I was asked to share my personal, professional, and political journeys, while focussing on the students' future. As a former educator, adventurer, entrepreneur, and humanitarian, it was special to be part of an event such as this, and to witness the passion and commitment of the staff and students. I send everyone my best wishes—especially those preparing to finish their high school career, and move on to their next phase of their lives!

### High School Students: Would you like to be an "MLA for a Day"?

This unique 3-day program (May 1 - 3) provides students with a deeper understanding of the roles and responsibilities of an MLA. Students participate in workshops and discussions, conduct personal interviews with current and former MLAs, and take part in a debate in the Legislative Assembly Chamber. It results in new friendships and perspectives; and transportation, meals, and accommodation are provided free for successful applicants. For more details, please contact me asap!

### Show your Appreciation for a Special Teacher—Today!

Nominations for the 28th annual Excellence in Teaching Awards are open—until March 4. Please help to identify that outstanding educator who deserves recognition! For more, please visit: <https://archive.education.alberta.ca/teachers/excellence/info/>



### An Unforgettable Albertan

I was humbled to attend the funeral of Ron Southern recently. Over the years, I have learned a great deal from this Albertan icon who was an incredible family man, a great friend and mentor, a generous philanthropist, the founder of the worldwide family of ATCO companies,

and the co-visionary of the best facility of its kind in the world—Spruce Meadows (on the Southern boundary of Calgary-Lougheed). Our PC caucus joined me in paying respects to Mr Southern, and we offer our sincere condolences to the Southern family, who will carry on his amazing work in our city, province, country and world!

### Making a Respectful Mark as Opposition Advocate

I was pleased to offer congratulations to the two new ministers appointed to the portfolios for which I am the PC advocate: Advanced Education, and Indigenous Relations. It was gratifying to see the government finally change the name of the ministry to Indigenous Relations (a more inclusive title), from the former Aboriginal Relations. (I recommended that to the former minister, while questioning her during budget estimates last fall. She indicated she would consider the suggestion, and I am glad that she did!) Respectful discourse is my preferred method of acting in a way that effects positive change.

### Royalties in Alberta

After the election, the new NDP government announced a review of AB's system for collecting royalties from energy companies. While in opposition, the NDP harshly criticized our former PC government for failing to maintain a system that benefited AB's first and foremost; but the NDP recently released the report, which concluded that the royalty system was good (!); and AB's have been indeed been receiving their fair share. While pleased with that expected result, our PC caucus did not support the review in the first place: it created unnecessary instability in a crucial sector of our economy (which was already shaken by the drop in the price of oil); and that directly affect the lives of AB's in crucial ways! My PC colleagues and I will continue to stand up loud and proud for what is best for Albertans; and I encourage your feedback in the process!

## IMPORTANT NUMBERS

ALL EMERGENCY CALLS	911
Alberta Adolescent Recovery Centre	403.253.5250
Alberta Health Care	403.310.0000
AHS Addictions Hotline	1.866.332.2322
ATCO Gas – 24 Hour Emergency	403.245.7222
Calgary HEALTH LINK 24/7	811
Calgary Police – Non Emergency	403.266.1234
Calgary Women's Emergency Shelter	403.234.7233
Child Abuse Hotline	1.800.387.5437
Kids Help Line	1.800.668.6868
Child Safe Canada	403.202.5900
Distress/Crisis Line	403.266.4357
ENMAX – Power Trouble	403-514-6100
Poison Centre - Alberta	1-800-332-1414
HOSPITALS / URGENT CARE	
Alberta Children's Hospital	403.955.7211
Foothills Hospital	403.944.1110
Peter Lougheed Centre	403.943.4555
Rockyview General Hospital	403.943.3000
Sheldon M. Chumir Health Centre	403.955.6200
South Calgary Urgent Care Health Centre	403.943.9300
South Health Campus	403.956.1111
OTHER	
Calgary Humane Society	403.205.4455
Calgary Parking Authority	403.537.7000
SeniorConnect	403.266.6200
Calgary Kerby Elder Abuse Line	403.705.3250
Alberta One-Call Corporation	1.800.242.3447
City of Calgary	311
Kerby Centre for the 55 plus	403-265-0661
Community Mediation Calgary Society	403.269.2707
RNR Lockworks Ltd.	403.479.6161
Road Conditions – Calgary	511
Weather Information	
Gamblers Anonymous	403.237.0654

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## COMMUNITY ANNOUNCEMENTS

Deadline: 1<sup>st</sup> of each month for the next month's publication. Please contact [wca@hotmail.ca](mailto:wca@hotmail.ca).

Community Announcements are free of charge **with a paid community membership** to advertise household items for sale, wanted, garage sale, lost/found, general interest announcements or student/senior services, etc. Forty word limit.

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Business Classified Ads are available through the newsletter publisher, Great News Publishing at \$35.00 per ad per month (plus GST). Please contact Great News Publishing at 403-263-3044 or e-mail [sales@great-news.ca](mailto:sales@great-news.ca). The cost of producing this newsletter is offset by Display and Business Classified advertising sold directly to commercial interests.

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**SENIOR LADIES:** I am wondering if there may be some German speaking senior ladies who are interested in a Kaffeeklatsch once a month. We could reconnect with our first language and share memories! Please call Erika 403-281-8872.

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Dear SW Calgary Neighbours,

Join thousands of Calgarians and sign the petition that asks City Council to reconsider the SW Transitway & Bus Rapid Transit (BRT). Go to our website [www.readytoengage.ca](http://www.readytoengage.ca) to find out more on where to sign the petition and get involved.

**Will the SW Transit Way be cancelled?**

*ready to engage!* is asking City Council to reconsider this costly project. The SW Transitway & BRT has never been properly debated at City Council; was passed based on a deficient preliminary engineering report; has not had adequate consultation with affected landowners; was misrepresented at Council and has lain dormant for the past 5 years. Most residents alongside the route have never even heard of the project, until *ready to engage!* brought it to their attention.

**Does the City care what I think?**

Actions speak louder than words. The City is intent on ramming this project through regardless of legitimate concerns from the public about safety, construction chaos and unforeseen budget overruns. To date, the City has indicated no intention of meaningfully consulting with impacted individuals or communities or changing its plans, regardless of concerns expressed. The Mayor and ward Councillors have repeatedly said this project is "done" and will be proceeding. We disagree.

**Will parks be removed? What about parking?**

The City has stated that all construction will be contained within road right-of-ways and City-owned land. Road right-of-ways include medians, shoulders, and berms/green space along streets. The City of Calgary owns the majority of the parks and recreational fields and dog parks that are found throughout the city. Green spaces and parks the public now enjoy will be removed and replaced with asphalt, concrete, and bus platforms along the route. Increased traffic and parking in communities will come with BRT commuters. Parking lots could eventually be built along the route to accommodate commuters.

**Why not wait for the SW Ring Road?**

The SW Ring Road will be available at approximately the same time as the proposed SW Transitway & BRT and will provide extensive relief to traffic congestion along 14th Street SW, making this project a waste of taxpayer dollars. Existing public transit service along this route already exceeds demand. Many buses running on 14th Street SW, 24th Street SW, 90th Avenue SW, Southland Drive SW and in Woodbine/Woodlands are currently running far below their passenger capacity. The City has stated that the BRT will serve students going to Mount Royal University without the need for transfers and will shorten the length of travel for students from Woodbine. Adding a direct bus route to Mount Royal University would be a much more cost effective use of taxpayer money versus a full blown SW BRT.

**Will the City be doing Transit Oriented Development (TOD) at the SW Transitway bus stations?**

When asked whether transit oriented developments are likely around all BRT stations, Mac Logan, General Manager of Transportation at The City of Calgary stated, **"Intensification around every bus stop? Yes, eventually."** (CBC Eyeopener, Jan 8, 2016). Private Landowners are being encouraged by the City to use Transit Oriented Development principles. This means there will eventually be densification around each BRT transit stop. A motion put forward by Councillor Pincott directing the City staff to work with the owners of Glenmore Landing to facilitate the sale of city land for development was passed by City Council. This purchase will allow for a high density development on the site replacing 5.4 acres of City-owned green space which we all enjoy today.

**We are *ready to engage!* - concerned citizens who have joined together to give Calgarians a voice on the City's SW Transit Way and Bus Rapid Transit (BRT) project. We are in support of well-planned, efficient and cost-effective public transit improvements for all Calgarians.**

**Information published by *ready to engage!* is sourced from City publications and the City website.**



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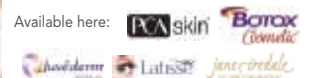
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# WOODBINE / WOODLANDS REAL ESTATE NEWS

## Sales for 2016

January 1, 2016 - February 10, 2016

Total Sales:	13
Sale Price Range:	\$315,000 - \$650,000
Average List Price:	\$514,845
Average Sale Price:	\$493,273
Average DOM:	62
Average Size:	1868 sq. ft.

## Active Listings

As of February 10, 2016

Total Actives Listings:	39
Price Range:	\$237,000 - \$1,149,000
Average List Price:	\$546,971
Average DOM:	44
Average Size:	1811.3 sq. ft.

## CURRENT LISTINGS



217 WOODBRIAR CIRCLE SW

Woodbriar Estates family home with triple garage, tasteful updates throughout, finished basement backs onto green space.



248 WOOD VALLEY BAY SW

Beautiful 2300 square foot custom designed home with master retreat on main floor. Soaring vaulted ceilings and grand entry staircase take your breath away as you enter this wonderful home.

## RECENTLY SOLD BY TERRY



120 WOODFORD CLOSE SW



103 CANDLE TERRACE SW



6 HUTTON PLACE SW



**Terry Watson**

Phone: 403-252-5900

terrywatson@shaw.ca

www.terrywatson.ca

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