WOODCREEK

THE OFFICIAL WOODLANDS & WOODBINE COMMUNITY NEWSLETTER

COMMUNITY
CLEAN UP
SAT, SEPT 9

WOODCREEK
LIONS GARAGE SALE
SAT, SEPT 16

1991 Woodview Dr SW • Information 403 238 1611 • www.woodcreekcommunity.ca



Featured Listings



151 Woodacres Dr. S.W.

- Exclusive location!
- Stunning walkout bungalow
- Quad garage
- Over 6000 sq. ft.

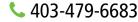
- 4 bedrooms
- 3.5 Baths
- Views!! Balcony overlooks Fish Creek Prov. Park

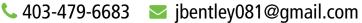


39 Woodglen Mews SW

- Newer shingles & most windows
- 3 bedroom, 2.5 bath
- South backvard
- Wood burning fireplace
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0

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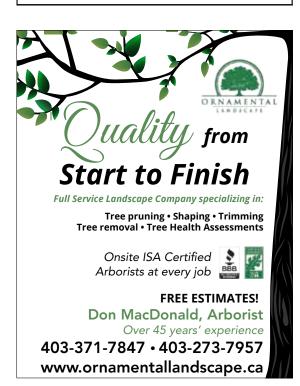
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Thanks for all your help, Sincerely, Laura

Owner of Buds and Blooms

Contact us today to find out how you can make this customer's experience your reality!

403-263-3044 sales@great-news.ca







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COUNCILLOR DIANE COLLEY-URQUHART'S REPORT









WOODCREEK COMMUNITY ASSOCIATION

1991 Woodview Dr. S.W. Calgary, AB – T2W 5E5 Phone: 403.238.1611 wca@woodcreekcommunity.ca www.woodcreekcommunity.ca

Delivered monthly to 6,700 households and businesses for 13 years!

Editorial Submissions

wca@woodcreekcommunity.ca

All editorial content must be submitted by the 12th of the month for the following month's publication.

Advertising Opportunities

403-263-3044 | sales@great-news.ca All advertisements must be submitted by the 1st of the month for the following month's publication.

Published by Great News Publishing

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Check out our website:

www.great-news.ca



The opinions expressed within any published article, report or submission reflect those of the author and should not be considered to reflect those of the Woodcreek Community Association and Great News Publishing

The information contained in this newsletter is believed to be accurate, but is not warranted to be so.

The Woodcreek Community Association and Great News Publishing do not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.

IMPORTANT NUMBERS

ALL EMERGENCY CALLS	911
Alberta Adolescent Recovery Centre	403-253-5250
Alberta Health Care	403-310-0000
AHS Addictions Hotline	1-866-332-2322
ATCO Gas – 24 Hour Emergency	403-245-7222
Calgary HEALTH LINK 24/7	811
Calgary Police – Non Emergency	403-266-1234
Calgary Women's Emergency Shelter	403-234-7233
Child Abuse Hotline	1-800-387-5437
Kids Help Line	1-800-668-6868
Child Safe Canada	403-202-5900
Distress/Crisis Line	403-266-4357
ENMAX – Power Trouble	403-514-6100
Poison Centre - Alberta	1-800-332-1414
HOSPITALS / URGENT CARE	
Alberta Children's Hospital	403-955-7211
Foothills Hospital	403-944-1110
Peter Lougheed Centre	403-943-4555
Rockyview General Hospital	403-943-3000
Sheldon M. Chumir Health Centre	403-955-6200
South Calgary Urgent Care Health Centre	403-943-9300
South Health Campus	403-956-1111
OTHER	
Calgary Humane Society	403-205-4455
Calgary Parking Authority	403-537-7000
SeniorConnect	403-266-6200
Calgary Kerby Elder Abuse Line	403-705-3250
Alberta One-Call Corporation	1-800-242-3447
City of Calgary	311
Social Service Info & Referral	211
Community Mediation Calgary Society	403-269-2707
RNR Lockworks Ltd.	403-479-6161
Road Conditions – Calgary Weather Information	511
Gamblers Anonymous	403-237-0654

PRESIDENT'S MESSAGE



Howdy All,

We are half way through the summer and thus far both the weather and our community events have been grand. On June 24th, we held our Canada 150 celebration. Given that we served nearly 40

dozen hot dogs, I'd have to say the event was well supported by the community. Thank you to everyone who shuffled schedules around and came together to make the event possible. Two weeks later the Stampede started and on July 8, WCA co-hosted, along with Gateway Victory Church, our 6th annual Pancake Breakfast. The pancakes and sausages were so good that people started lining up 45 minutes early and we ended up feeding about 900 people – well done team!

In August, your WCA board takes time off from hosting events, but that doesn't mean nothing is happening in the community. The Get Going Program has been well received and continues to run through August. Stop by our Woodbine location (36 Woodborough Road) or contact the WCA office (403-238-1611) for details. In addition, Pickleball, also out of the Woodbine location, continues to be a hit as well as tennis. Some lessons have been organized and anyone, from experienced to novice players, wishing to participate is encouraged to contact the WCA office.

Although September always saddens me as it signals the end of summer, it is also the start of a new year for your community association. If you have an idea for an event that you would like to see WCA host AND would be interested in being involved with the event, please contact the WCA office.

In addition to the fall Community Clean Up, which will have paper shredding services, September is membership month. We require 50 volunteers to properly canvas the community. Please contact the WCA office if you would be willing to support your community by volunteering to take a route.

Memberships can be purchased or renewed, online or via contacting the WCA office, starting in August. Three of our local businesses, Woodbine Cleaners, Fishman's Personal Care Cleaners and Crispy Crust Pizzeria, also support us by selling memberships. I would like to thank everyone, in advance, for renewing your community membership.

Sincerely,

Scott A. Eden, WCA President



Did you know the WCA is on Facebook? Like our page to get real-time community updates!

https://www.facebook.com/ WoodcreekCommunityAssociation/



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WOODCREEK COMMUNITY ASSOCIATION BOARD 2017

President	Scott Eden	403 560 3585
First Vice-President	Darlynn Linn	403 238 0998
Second Vice-President	Maureen Maraj	403 238 1302
Treasurer	Anne Christopoulos	403 238 4746
Secretary	Robin Parsons	403 697 9087
Past President	Cec Jahrig	403 251 1436
Grants Coordinator	Sharon Anderson	403 568 1922
Police Liaison	Joe Lazowski	403 238 2361
Volunteer Coordinator	Joanna Kowalewski	403 251 9053
Adult Events Coordinator	Darlynn Linn	403 238 0998
Membership	Cec Jahrig	403 251 1436
Youth Events Coordinator	Kelsey MacGregor	403 615 5581
Set up	Tom Ward	403 281 4125
Recreation Coordinator	Cheryl MacLeod	403 984 3777
St. Jude Liaison	VACANT	
Woodbine Liaison	Leanne Long	403 238 1611
Woodlands Liaison	Vacant	
Director	Joe Lazowski	403 238 2361
Director	Alain Carriere	403 251 5888
Community Engagement Coordinator	Robin Parsons	403 697 9087
Social Media	Kat Macaulay	403 809 6322
OTHER CONTACTS		
Fish Creek Soccer (Calgary SW United)	Barb Plicka	403 281 2798
Woodcreek Racquet Club	WCA Office	403 238 1611
Woodlands/Woodbine Badminton	Frank	403 281 7024
Graphics Specialist / Webmaster	Theresa Stanislow	403 251 6321
Community Reporter	Jessie Berzins	403 629 7999
Communications	WCA Office	403 238 1611



Online Memberships

We are trying to simplify our online membership purchase procedures. When you purchase online, you receive a confirmation. If you would like to have your actual membership card, please drop in to the community centre office any afternoon and you can pick it up there. This saves the cost of our mailing.

We appreciate the great membership support we get.



Community Office Hours

Monday 1:00 - 9:00 pm Tuesday to Friday 1:00 pm - 5:00 pm

Closed on statutory and civic holidays

Community Office Staff

Facility Manager Linda Roy

Buildings and Grounds

Superintendent Al Evenson Administrative Assistant Lorraine Townsend

Phone: 403-238-1611

1991 Woodview Drive SW Address:

Calgary, ABT2W 5E5

Email: wca@woodcreekcommunity.ca Website: www.woodcreekcommunity.ca

WOODCREEK COMMUNITY **ASSOCIATION**



BOARD MEETINGS No meetings July and August

1991 Woodview Drive SW

If you wish your name to be added to the meeting agenda, please contact Scott Eden at 403-560-3585.



Membership **Canvas**

The Woodcreek Community Association membership year runs from September 1 to August 31 the following year. In order to make renewing or purchasing your membership easier we do a door to door canvas the entire month of September. We use the City census route maps for this canvas so we need 50 volunteers to canvas the entire community. If you would be willing to support your community by volunteering to take a route, please call the Community Centre at 403-238-1611. The routes vary in size but average around 100 homes. Where possible we would give you a route close to your home.

We need your help to continue to provide additional programs and facilities to improve your community.

Cec Jahria Membership Chairman





2017 EVENTS

Oct 7

Nov 19

September Door to Door Canvas Membership Drive Sept 9 Community Clean UP (Shredding included) 9 a.m. – 2 p.m.

Drop off for Lions Club Garage Sale Sept 15

4 - 8 p.m.

Calgary Woodcreek Lions Club Sept 16

> Garage Sale 9 a.m. - 3 p.m. Oktoberfest 8 p.m. – Midnight

Children's Halloween Party Oct 21

6 – 7:30 p.m.

Spaghetti Dinner

WCA Craft Sale Nov 4 9 a.m. - 3 p.m.

5 - 7 p.m.

Dec 2 Children's Christmas Party

1 - 3:30 p.m.

New Year's Eve Dinner and Dance Dec 31

7 p.m. – 1 a.m.

Calling All Crafters!

The Woodcreek Community Association is currently planning our 7th Annual Fall Craft and Bake Sale on Saturday November 4th, 2017. Sale hours are 9:00 am to 3:00pm. We're looking for a variety of vendors with handmade and unique crafts for the sale. Please note that allotted tables for Baking, Jewellery, and Knitting/ crocheting have been filled.

If you are interested, please contact Anne (email below) for the application form or further information. Your application and cheque for a table reservation can be submitted to Woodcreek Community Office.

Review of the applications and selection is next scheduled in mid-August.

Email Anne: akbund954@gmail.com.

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WCA BULLETIN BOARD / VOLUNTEER OPPORTUNITIES



Kidsland Daycare

17 months to 12 years An excellent beginning to your child's education 403-251-2332 665 Woodbine Blvd SW

The Calgary Philatelic Society

Invites all Calgary youth to attend the monthly

Meeting of its Junior Stamp Club!

10 am to 12:00 noon

Third Saturday of the month, Sept-Nov, Jan-May (With adjustments as needed around holidays)

Woodcreek Community Association 1991 Woodview Dr SW, Calgary, AB

Learn about stamp collecting and enjoy digging through bins of stamps to find the ones that you want. No cost to attend.

For more information, phone (403) 547-7681 or 403-238-3435 https://calgaryphilatelicsociety.com/



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WHAT'S HAPPENING AT THE HALL



Community Hall Rental

Are you planning an event? Do you need a great local facility?

Come and check out the Woodcreek Community Centre.

We would be pleased to give you a tour of the facility and all it has to offer.

The Centre was renovated and extended in 2010 and is located at 1991 Woodview Drive SW.

As of August, 2016 we now have two new rooms in the lower level that are available to rent.

Main floor rooms are wheelchair accessible. We have very successfully offered many small and large group gatherings such as:

- Wedding Receptions
- Sports Banquets
- · Birthday and Anniversary Parties
- Business Meetings
- Condo Board Meetings
- AGMs
- Corporate Parties
- Product Launches
- Bridal Showers
- Political Forums
- Celebrations of Life

Main hall floor capacity: 150 with tables 200 theatre style

Kitchen Facilities

Sound System, Projector, WI-FI and Karaoke equipment Chairs and both rectangular and round tables

Main floor boardroom – seats up to 18

Three lower rooms with capacities: 50 – 70; 45 – 55; 25 (each has mirrored wall)

BOOK YOUR FUNCTION EARLY! CALL LINDA / LORRAINE AT 403-238-1611



Bookmark the site and check it regularly for all your community events!

www.woodcreekcommunity.ca

- Woodcreek Chronicle NOW ON-LINE!
- Membership Registration—NOW ON-LINE
- Events
- Facility Rental
- Senior's Programs
- Children's Programs
- Fitness Programs
- Executive Contacts

Please contact Theresa, our webmaster at woodcreek community.ca or dtstanislow@shaw.ca if you have any comments or suggestions for the site. Thank you!



Did you know the WCA is on Facebook? Like our page to get real-time community updates!

https://www.facebook.com/ WoodcreekCommunityAssociation/

NEWSLETTER SUBMISSIONS DEADLINE

Community Association – Linda / Lorraine 403-238-1611 or wca@woodcreekcommunity.ca

Articles and community announcements ONLY Submissions must be electronic, and preferably in Microsoft Word

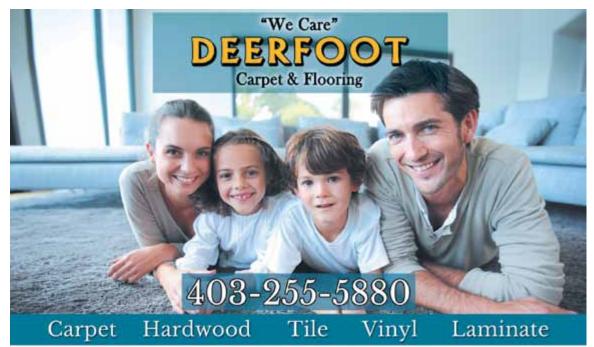
DEADLINE IS 6:00 PM ON THE 12th DAY OF EACH MONTH



We Have Enough Books For Now, Thank You!

To raise funds for their activities, the seniors have a rapidly growing book collection with a good selection of new and gently used novels for 50 cents each.

Thank you for donating your books. We appreciate your support and will advise when more books are needed.

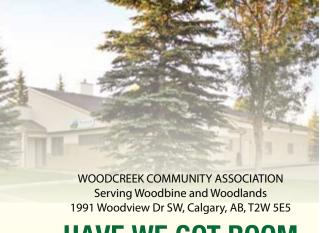






www.deerfootcarpet.com

6170 12th ST SE



HAVE WE GOT ROOM FOR YOU!

The newly renovated community centre is available for rent. It features:

Main floor hall capacity 150 with tables, 200 theatre style 👢

- kitchen facilities
- sound system, projector, WI-FI, Karaoke equipment
- tables (rectangular and round) and chairs
- ideal for large groups, parties, weddings

Boardroom seats up to 18 🔣

Three lower rooms with capacities: 50 - 70; 45 - 55; 25 (each has mirrored wall) - not wheelchair accessible

> See our website for rental rates: www.woodcreekcommunity.ca

We welcome groups on a long or short-term basis.

For more information contact: Linda / Lorraine 403-238-1611

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WHAT IS WOODCREEK?

If you ask people in our area where they live, they say Woodlands or Woodbine. So where does Woodcreek come from? A little history lesson will give you the answer.

Woodlands was established in 1976 and Woodbine 4 years later in 1980. The Woodlands Community Association was incorporated on May 21, 1980, and two years later the Woodbine Community Association was registered on October 19, 1982. In order to better serve the needs of the area, the Woodlands and Woodbine Communities amalgamated on January 29, 1992 and the Community Association name was changed to Woodcreek Community Association and represents the 15,399 residents of both communities. In 1987 a Community Centre building (approximately 1000 sq. Ft.) was built at 1991 Woodview Drive S. W. In 2010 we added a 2500 sq. ft. addition with a full basement. We now have a facility that can better serve the needs of the community and provide a venue for meetings, banquets, dances, birthday parties, you name it. A portion of the basement area provides storage for our community groups.

So when you hear the name WOODCREEK think both of the communities.

A further point is that Woodcreek does have two properties. Our main location is the Community Centre in Woodlands. We also have a Woodbine location on Woodborough Road where we have tennis courts, pickle ball courts, basketball hoop, skating rink, a skate board park and a full basketball court. These are all part of the Woodcreek Community Association.





1991 Woodview Drive SW 9:00 am - 2:00 pm

Cost: COMMUNITY MEMBERS: FREE (LOST YOUR MEMBERSHIP? WE CAN CHECK IT ON THE EVENT DAY) NON-MEMBERS: \$10 CASH ONLY

Shredding, household refuse, electronics, metal, paint, bagged clothing, tires and batteries (NO fridges or large appliances, BBQs, concrete, lawnmowers, mattresses or fencing)

Look for our popular "swap" table!!!!

Memberships available on the event day. Check out the Chronicle for easy ways to join. \$20 per family *** \$10 senior family (55+)

The Woodcreek Community Association reserves the right to decline any material not suitable for removal.

South Calgary PAP Clinic

PAP tests - BREAST exams - Early Prenatal Care

When was your last PAP test?

- · STI testing, Contraception, Prenatal Care.
- Our women's clinic provides a safe informative environment for sexual and reproductive health exams. Female physicians only.
- Welcome to Dr. Laura Huber who is now accepting patients in her family practice.

Evening and Saturday appointments available.
Call (403) 254-2030 to book an appointment.
Visit our website at www.thesundanceclinic.com

The Sundance Clinic FAMILY PRACTICE - SPECIALTY CLINICS - BABY CLINIC - SOUTH CALGARY PAP CLINIC

South Calgary Health Centre Building 31 Sunpark Plaza SE Calgary T2X 3W5





We get calls on occasion asking for names of babysitters. If you would like your name listed as available for babysitting, please contact the community centre at 403-238-1611. We will provide your first name, age and phone number to our residents looking for sitters. The community association will provide this information as a service and take no responsibility for the abilities of the sitter or references for those looking for sitters.

This is another community service we are trying to provide.

WCA Babysitters Register				
First Name	Age	Phone Number	Course	
Michaela	13	587-352-0028	С	
Joel	14	403-251-9825	C	
Ari	14	403-921-6272	C	
Neshama	14	587-352-0028	C	
Henry	15	403-719-8282	C	
Deia	15	403-921-6272	C	
Lilly	15	403-719-8282	C	
Marissa	16	403-251-7663	C	
Grace	14	587-888-2423	C	
Sharon	42	587-350-0172	No	
Tenisha	12	403-454-3472	C	
Natalie	20	403-238-0803	C	
Kiara	12	403-281-0908	C	
Carson	11	403-238-1527	C	
Brooke-Lynn	14	403-281-6899	No	
Robyn	37	587-438-4442	No	
Alexia	13	587-439-6842	C	
Jyotsna	52	403-802-1938	No	
Hailey	16	403-620-0609	C	
Emily	12	587-585-4316	C	
Febrilyn	26	403-478-8262	C	
Stephanie	12	403-540-9938	C	
Makenna	13	403-281-2653	C	
Talyssia	12	403-474-4400	C	
Avelyn	22	587-891-8324	C	
Ryan	12	403-988-1974	C	
Amelia	12	403-251-4462	C	
Songzi	15	403-251-9806	C	



Woodcreek Community Association Membership Advantages

- Members receive discounted rates on hall rentals. Call Linda / Lorraine at 403-238-1611.
- Members receive FREE Community Announcements in the Woodcreek Chronicle
- Members receive FREE recycling at Community Clean Up held each spring and fall.
- Members receive discounts on tickets for special events such as Pub Night, Wine & Cheese, Oktoberfest, Ice Breaker Dance, Children's Christmas Party and more.
- Members receive discounts at participating neighbourhood stores.
- Members have FREE use of tennis and pickle ball courts at our Woodbine location, as well as ice rinks at both Woodlands and Woodbine locations.
- Members are eligible to attend the Knitting Group and/or Seniors Group meetings.
- Members can influence the work of the community association and "give back to their community" though serving as a volunteer on the Woodcreek CA Board.
- Members in good standing have a vote at WCA annual general meetings.
- Members benefit indirectly membership fees help support free community events such as Family Fun Day and Pancake Breakfast, as well as the
 cost of running the community centre, hockey and pleasure rinks in Woodlands and Woodbine, and tennis and pickle ball courts in Woodbine.
- Members demonstrate a sense of community pride and stay informed and have a greater community connection.
- Easy Options to purchase a membership at Woodbine Cleaners, Fishman's Personal Care Cleaners, Crispy Crust Pizzeria and the Woodcreek Community Centre during office hours OR on-line at: https://www.compusim.com/woodcreek/membership.
- You can call the community centre at 403-238-1611 and give your credit card number for membership.
- Alternately, you can send the form below with a cheque or money order to the Woodcreek Community Association at 1991 Woodview Drive SW, Calgary, AB T2W 5E5.

Woodcreek JULY 1, 2017 –	AUGUST 31, 2018		
Please circle applicable membership type:			
\$20.00 - Family Membership \$10.00 - Sr.(55+) Family Membership \$20	ership \$20.00 - Business Membership		
Amount Paid:			
MAIN CONTACT SP	OUSE /PARTNER (IF APPLICABLE)		
.ast Name: Las	stName:		
First Name: First	st Name:		
Address:	Postal Code:		
Phone: Cel	IIPhone:		
mail:			
consent to receive emails from the Woodcreek Community Association	PLEASE FILL IN		
ignature:	Cash 🗆 Family Membership 🗅		
I WOULD CONSIDER VOLUNTEERING FOR THE FOLLOWING:	Cheque ☐ Senior Family 55+ ☐		
tampeder Concession Casino Adult Events	Cr Card Business Membership		
Outdoor Rinks Bartender Board of Directors Mambarship Drive Day Youth Events Community Clean Up D	Credit Card No:		
Membership Drive ☐ Youth Events ☐ Community Clean Up ☐	Expiry Date:		

No resident will be refused membership for financial reasons. Please call the office for a confidential discussion of your membership.

WOODCREEK BUSINESS MEMBERS

We thank the following businesses for their on-going support of the Woodcreek Community Association Support your local businesses

- 7 Eleven (Woodbine)
- Braeside Automotive
- Bright Path Early Learning & Child Care
- Canadian Projects Ltd
- Crispy Crust Pizzeria
- Cube Developments
- · Dave Rodney, MLA
- · DB Design Studio
- Ed's Barber & Hair Styling
- Edward Jones Investments
- Envision Custom Renovations
- Fishman's Personal Care Cleaners *
- Gagne Fitness
- Gateway Mechanical
- Gator's Sports Pub
- Good Nails
- · Great News Publishing Ltd
- Happy Cup Real Fruit Smoothie
- Kidsland Day Care

- Mac's
- · Massage-U-Well
- Mima & Cello Music School
- Mommy's Kids Childcare Centre
- · Paradise Nails and Spa
- · Pizza Hut (Woodbine)
- Ristoro Italiano Ltd
- · Roc's Grill
- Salon Serendipity Inc
- Scotia Bank
- Shoppers Drug Mart
- SouthWest Communities Resource Centre
- The Ultimate Look *
- Three Crowns Pub
- Universal Health Pharmacy
- Vlada Professional Tailoring
- Wing's Fine Foods
- Woodbine BK Liquor

- Woodbine Chiropractic
- Woodbine Cleaners *
- Woodbine Day Care Centre
- Woodbine Dental
- · Woodbine Husky Market
- Woodbine Medical Centre
- Woodbine Optometry
- Woodbine Safeway
- Woodcreek Dental Care
- Woodlands Family Medical Centre
- · Woodlands Veterinary Hospital & Animal Dental Centre
- · Woodpark Liquor Store

Other Woodcreek Sponsors

- Chabad Lubavitch of Alberta
- · Gateway Victory Church
- Al Madinah Calgary Islamic Assembly

Silverbirch District



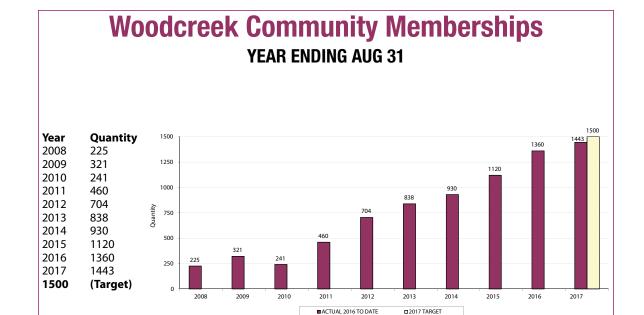
What Will You do for Fun **When Your Summer Toys are Put Away?**

The women volunteers in Silverbirch District will be having fun and advancing the empowerment of girls. Come join us! Volunteer and add skills to your resume for your own professional opportunities.

Here's a short list of skills honed in Girl Guides:

- Experience working with children and adults
- Tailoring your approach to different individuals' needs
- Public speaking
- Facilitation and workshop delivery
- Leadership
- Mentorship
- Providing motivation and inspiration
- Budgeting and financial planning
- Event planning and execution
- Teamwork
- Inter-generational collaboration
- Time management
- Organization and prioritization
- Record keeping
- · Identifying and negotiating with service providers
- Risk management

It's a win-win for all women! Contact Barb at 403-251-5169 or silverbirchgirlguides@gmail.com.



Woodcreek Show us your **Woodcreek Community Association** membership card and receive a 10% DISCOUNT

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SENIORS Woodcreek Seniors Club

The Woodcreek Seniors Club was started in 2001 and meets twice a month at the Woodcreek Community Centre. Membership in this club is open to anyone with a senior family community membership. The meetings are the first and third Tuesday of the month at 9:30 a.m. As well as fellowship, the club activities include speakers, entertainment, tours, dining out and luncheons at the Centre. In order to participate in the tours, luncheons or dining out, we do ask that you join the club. No additional membership fee is required.

For further information, please call Sheila Jahrig 403-251-1436 or June Logan 403-238-4916.





Program Criteria:

- Adults over 65 at risk for falling and losing their inde-
- Seniors not able to access regular programs due to income, culture, language, /or isolation

Fall Prevention group exercise classes offered two times a week

- Reduce falls by improving flexibility, leg strength, and balance
- Remain independent by increasing strength, range of motion and endurance.

NO CLASS

ON STAT OR CIVIC

HOLIDAYS

• Talks" about fall risk factors and healthy living

Started May 25, 2015

Woodcreek Community Association, 1991 Woodview Drive SW. Monday 3:00 - 3:45

Wednesday 1:00 - 1:45

Registration required.

To register or for more information call 403-955-1554 or 403-863-7708

Would an Evening **SENIORS FITNESS** Class Interest YOU?

Only if a minimum of 10 women and men enroll, will WCA be able to run a special 8-week session beginning late September. (The cost would be \$5 per 60-minute class.) However, only five have contacted us to date. Please call the WCA office at 403-238-1611 if interested.

Meetings are held the first and third TUESDAYS of the month at 9:30 a.m. at the Woodcreek Community Centre, 1991 Woodview Drive S.W.

All seniors are welcomed and the following are the scheduled programs:

- Seniors 55+ meet for **Bridge** at 1:00 p.m. at the hall every Tuesday
- The **Knitting** and **Crocheting** group meets at 1:00 p.m. every Monday

Updates:

BAR U RANCH: cancelled due to due poor attendance....

NO MEETINGS in August.

Lunch Bunch: for members only...Tuesday, August 29th at Swiss Chalet, same time.

FYI: Our president Sheila, is recuperating at this time after suffering a bad fall. We wish her a good recovery and hope see her at our meeting in the fall.

Next Meeting: September 5th, 2017

Looking forward to the next meeting for good fellowship. President: Sheila Jahrig phone: 403-251-1436 - June Logan 403-238-4916. If you have any questions please feel free to call or email: freeborn@telus.net

WANTED

Knitting Wool and Yarn

After a successful 2016 fall craft sale, the Woodcreek Seniors knitting group has started their planning and knitting/crocheting projects for the 7th annual Woodcreek Craft sale which is scheduled for November 4, **2017**. We are looking for unused knitting yarn and wool for various projects which will be sold at our 2017 fall sale. Sale proceeds are donated to local charities. Thank you for any donation to our group and projects.

Yarn and wool donations can be left at the Woodcreek Community Centre office during office hours. Office hours are: Monday 1-9:00 pm, Tuesday to Friday 1-5:00 pm. The knitting group meets MONDAY afternoon 1-3 pm in the main hall of the community centre. Please do not leave bags outside by the WCC door.



Come take part in a weekly fitness class led by Nancy Ehle, a group fitness instructor

Sept 22 – Dec 8

PROGRAM DETAILS

Friday, 10:30 - 11:30 am Woodcreek Community Centre 1991 Woodview Drive SW 403-238-1611 \$5 per class or \$50 for 12 classes

PROGRAM/ACTIVITY	DAY AND TIME	SCHEDULE MAY BE SUBJECT TO CHANGE	
Ballroom and Latin Dance for Adults & Children Dima Levita and Sasha Antonova (Levita Dance) 403-613-5070	Friday, 5:30 – 8 p.m.	Ongoing	
Ballroom Dance for Adults Joanne Haslock 403-532-8933	No classes currently scheduled Private lessons available	Private Lessons available	
Beavers Tim Tratch 403-251-4878	Wednesday, 6:30 – 8:30 p.m.	No meetings until Sept	
Boot Camp Christine Shudra (Step into Fitness) 403-815-4016	Mon and Fri, 9 – 10 a.m. Tuesday, 5:30 – 6:30 p.m.	No classes until Sept	
Calgary Woodcreek Lions Club Dennis Belanger 403-660-1201	Second & fourth Mon of month, 7 – 9 p.m.	No meetings Jul and Aug	
Calgary Woodcreek Lions Garage Sale Drop Off only (no purchases) Roy Freeborn 403-238-0278	Friday, 4 – 8 p.m.	Sept 15	
Calgary Woodcreek Lions Garage Sale Roy Freeborn 403-238-0278	Saturday, 9 a.m. – 3 p.m.	Sept 16	
Children's Halloween Party Kelsey MacGregor 403-615-5581	Saturday, 6 – 7:30 p.m.	Oct 28	
Children's Christmas Party Kelsey MacGregor 403-615-5581	Saturday, 1 – 3:30 p.m.	Dec 2	
Community Clean Up (Fall) – shredding WCA Office 403-238-1611	Saturday, 9 a.m. – 2 p.m.	Sept 9	
Friday Prayers for Muslims Dr. Mahmood 403-708-1055	Friday, 1:45 p.m. Khutaba/2 p.m. Prayers	Ongoing	
Gateway Victory Church Pastors Rowan and Mara Fraser 403-816-1684	Sunday, 10:30 a.m.	Ongoing	
Girl Guides Barb Augustyn 403-251-5169	Wednesday, 6:30 – 8:30 p.m.	No meetings until Sept	
Glorious Reign Evangelical Ministry Open Heaven All Night's Prayer Helen 403-807-3548	First Sat of month, 4 – 6 p.m. Third Fri of month, Midnight – 6 a.m.	Begins Sept Sept 2, Oct 7, Nov 4 Sept 15, Oct 20, Nov 17 Will resume Feb 2018	
Group Fitness Class Body weight & free weight training Danielle Szabo (FITWorx) 587-351-1230	Tues and Thurs, 7:10 – 8:10 p.m.	Ongoing No classes Aug 1 - 15	
Junior Stamp Club (The Calgary Philatelic Society) Jim Senecal 403-547-7681 or 403-238-3435	Third Sat of month, 10 a.m Noon Sept – Nov and Jan – May (with adjustments as needed around holidays)	First meeting Sept 16	
Karate for Children Karate for Adults Hermann Pirela (Tenshi Dojo) 403-880-0992	Tues, Wed and Thurs, 5:30 – 6:15 p.m. Tues, Wed and Thurs, 6:20 – 7:30 p.m.	Ongoing No classes until Sept	

Knitting Group Anne Bundgaard 403-238-1611	Monday, 1 – 3 p.m.	Ongoing
Membership Drive Door to Door Canvass WCA Office 403-238-1611	Month of September	Month of September
Mima & Cello Music School Children's Choir Kinder (3 – 6 years) Mima Jovanovic 403-399-2255	Mon to Thurs, 5:30 – 8 p.m. Saturday, 3 – 4 p.m. Tues and Thurs, 10 – 11:30 a.m. / 12:30 – 2 p.m.	Jun 27 last day of classes until Sept
Move N Mingle Alberta Health Services 403-955-1554 / 403-863-7708	Monday, 3 – 3:45 p.m. Wednesday, 1 – 1:45 p.m.	Ongoing No class on Stat/Civic holidays
New Year's Eve Dinner and Dance WCA Office 403-238-1611	Sunday, 7 p.m. – 1 a.m.	Dec 31
Oktoberfest WCA Office 403-238-1611	Saturday, 8 p.m. – Midnight	Oct 7
Parents & Tots (up to 4 years) Program Kelsey MacGregor 403-615-5581	Thursday, 9 – 11 a.m.	Ongoing
Scouts Tim Tratch 403-251-4878	Second Tues of month, 7 – 9:30 p.m.	No meetings until Sept
Seniors Bridge/Cards (Summer) Dorothy MacDonnell 403-254-2401	Tuesday, 1 – 4 p.m.	Ongoing
Seniors Fitness Nancy Ehle 403-354-4905	Friday, 10:30 – 11:30 a.m.	Sept 22 – Dec 8
Seniors Group Sheila Jahrig 403-251-1436 June Logan 403-238-4916	First and third Tues of month 9:30 – 11:30 a.m. The group has decided not to meet in Aug	Ongoing No meetings until Sept
Silk Road Dance A variety of dance styles for ages 2 - Adult Abu Maliya (Maliya) 403-510-9059	Monday, 5 – 7:15 p.m. Tuesday, 6:30 – 8:30 p.m. Saturday, 10 – 11 a.m.	No classes until Sept
Spaghetti Dinner WCA Office 403-238-1611	Sunday, 5 – 7 p.m.	Nov 19
Tai Chi Christine Tao 403-208-3564	Monday, 10– 11 a.m.	Sept 18 – Dec 11 No class Oct 9
WCA Board Meeting Scott Eden 403-560-3585	First Tues of month, 7:15 – 9 p.m.	No meetings Jul and Aug
Woodcreek Craft Sale Anne Bundgaard 403-238-1611	Saturday, 9 a.m. – 3 p.m.	Nov 4
Woodcreek Group of Alcoholics Anonymous Steve Molloy 403-999-1711	Thursday, 7 – 8 p.m.	Ongoing
Zumba Dance Fitness Rita Olsen 403-401-0090	Monday, 10:30 – 11:30 a.m. Saturday, 11 a.m Noon	Ongoing No class Aug 7
Zumba Fitness Ana Utrilla 403-630-5756	Saturday, 9 – 10 a.m.	Ongoing Classes resume Sept 9

UPCOMING EVENTS AT THE WOODCREEK COMMUNITY CENTRE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 Seniors Bridge/Cards Group 1 – 4 p.m.	2 Move N Mingle 1 – 1:45 p.m.	Parents & Tots (up to 4 years) 9 — 11 a.m. Woodcreek Group AA Meeting 7 — 8 p.m.	Friday Prayers for Muslims, Khutaba 1:20 p.m. / Prayer 1:30 p.m. Ballroom and Latin Dance for Adults/Children 5:30 — 8 p.m.	5 Zumba Dance Fitness 11 a.m Noon
6 Gateway Victory Church 10:30 a.m.	7	8 Seniors Bridge/Cards Group 1 – 4 p.m.	9 Move N Mingle 1 – 1:45 p.m.	Parents & Tots (up to 4 years) 9 — 11 a.m. Woodcreek Group AA Meeting 7 — 8 p.m.	Friday Prayers for Muslims, Khutaba 1:20 p.m. / Prayer 1:30 p.m. Ballroom and Latin Dance for Adults/Children 5:30 — 8 p.m.	12 Zumba Dance Fitness 11 a.m Noon
13 Gateway Victory Church 10:30 a.m.	Zumba Dance Fitness 10:30 – 11:30 a.m. Knitting Group 1 – 3 p.m. Move N Mingle 3 – 3:45 p.m.	15 Seniors Bridge/Cards Group 1 – 4 p.m.	16 Move N Mingle 1 – 1:45 p.m.	Parents & Tots (up to 4 years) 9 — 11 a.m. Woodcreek Group AA Meeting 7 — 8 p.m. Group Fitness 7:10 — 8:10 p.m.	Friday Prayers for Muslims, Khutaba 1:20 p.m. / Prayer 1:30 p.m. Ballroom and Latin Dance for Adults/Children 5:30 — 8 p.m.	Zumba Dance Fitness 11 a.m Noon
20 Gateway Victory Church 10:30 a.m.	Zumba Dance Fitness 10:30 — 11:30 a.m. Knitting Group 1 — 3 p.m. Move N Mingle 3 — 3:45 p.m.	Seniors Bridge/Cards Group 1 – 4 p.m. Group Fitness 7:10 – 8:10 p.m.	23 Move N Mingle 1 – 1:45 p.m.	Parents & Tots (up to 4 years) 9 – 11 a.m. Woodcreek Group AA Meeting 7 – 8 p.m. Group Fitness 7:10 – 8:10 p.m.	Priday Prayers for Muslims, Khutaba 1:20 p.m. / Prayer 1:30 p.m. Ballroom and Latin Dance for Adults/Children 5:30 — 8 p.m.	26 Zumba Dance Fitness 11 a.m Noon
Gateway Victory Church 10:30 a.m.	Zumba Dance Fitness 10:30 – 11:30 a.m. Knitting Group 1 – 3 p.m. Move N Mingle 3 – 3:45 p.m.	Seniors Bridge/Cards Group 1 – 4 p.m. Group Fitness 7:10 – 8:10 p.m.	30 Move N Mingle 1 – 1:45 p.m.	Parents & Tots (up to 4 years) 9 – 11 a.m. Woodcreek Group AA Meeting 7 – 8 p.m. Group Fitness 7:10 – 8:10 p.m.	FOR MORE INFORMATION WOODCREEK COMMUNITY O	
					WOODCREEK COMMU Serving the communities of 1991 Woodview Dr.	f Woodbine & Woodlands



profits are going to the Woodcreek Community Association and stay in our community!

Drop off donations only Friday September 15 between 4:00 and 8:00 pm at the Woodcreek Community Centre (Drop off only - no purchasing)

Habitat for Humanity will be accepting good used furniture (no rips) September 16 - 9:00 am - Noon only

Please ensure all donations are in good working order

NO mattresses, futons, large appliances, stuffed toys, baby furniture, car seats, large exercise equipment or lawn mowers. Thank you!

> Saturday September 16, 2017 9:00 - 3:00 pm Woodcreek Community Centre 1991 Woodview Drive SW

Contact Roy Freeborn at (403) 238-0238 or freeborn@telus.net for more information

Woodcreek **Recreation Area** in Woodbine 36 Woodborough Road S.W.

Photos by Ken Brown



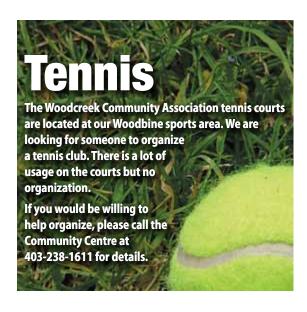






WOODCREEK **Racquet Club**

We have great tennis and pickleball courts at our Woodbine location on 36 Woodborough Road. Sue Larson has stepped up and will be organizing the pickleball courts and will assist with tennis. We will be holding pickleball evenings on Mon. & Wed. from 6:30 - 8 p.m. commencing Monday May 8. Open to experienced and novice players. If you wish to participate, please call the community centre at 403-238-1611 or come out on a Mon. Or Wed. evening. Community membership is required to use the courts.



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GET GOING

Free outdoor drop in summer and recreation program for kids 7-14

Location:

Woodborough Park -36 Woodborough Road

Hut beside the Tennis Courts and Skate Park

Hours:

May 23 - June 30: Tues - Fri 3:30 - 7:30

July 3 – Aug 25 Mon - Fri 10 - 5

Kids from the ages of 7 to 14 can participate in a variety of sports and activities such as basketball, tennis, pickle ball. badminton, volleyball, slacklinina, ladder aolf and more.

Leaders will help run and facilitate games and sports throughout the day.

There will also be auest instructors throughout the months to teach various sports.

Registration: for forms please email Myranda or you can pick one up from the Hut during Get Going hours. A WCA membership is required in order to register. Upon signing the consent form you will need to know your WCA membership number. To check vour membership status please contact

the Community Center. Memberships are \$20 for the year and if you do not live in the WCA area you can still buy a membership for your child/children to participate in Get Going.

Ensure that your child has a hat, adequate water and sunscreen while at Get Goina. There is no extra water on site.

Please note that this is not a day camp or a babysitting service.

Kids can come and go anytime Get Going is running. In the event of inclement weather

Get Going will be closing. Children should be able to ao back to their house or have alternative arranaements.

Please check www.facebook.com/ getgoingyyc for schedules, updates and special events or demos.

Contact:

All questions and concerns can be addressed by contacting:

Myranda Weild Phone: 587-917-0969

getgoingyyc@gmail.c

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Owning your home free and clear of a mortgage is a great feeling. If becoming mortgage-free faster is one of your primary financial goals, here are some strategies to help you get there.

- · Make a larger down payment. Don't borrow as much money to begin with, and you'll have your mortgage paid off sooner.
- Increase your payment frequency. Make mortgage payments weekly or bi-weekly and pay more toward your principal. You'll save thousands of dollars in interest and shorten the amount of time it takes to pay off your mortgage.
- · Increase your payment amount. If your mortgage has an option to increase your payment amount, and you can afford it, boost your payments a little.
- Make lump sum payments. If you have an open mortgage, you can pay money toward your principal any time. If you have a closed mortgage, you may have the option to make annual lump sum payments. You can also make a lump sum payment when your mortgage term comes up for renewal, before your new term comes into effect.
- Choose a shorter amortization period. Decide how much you can afford each month. If you can afford higher mortgage payments, select a shorter amortization and save thousands of dollars in interest.

CALGARY WOODCREEK LIONS CLUB



P.O. Box 73039 #206 2525 Woodview Drive S.W. Calgary, Alberta, Canada T2W 6E4

We Serve Visit us on the Web at: http://www.calgarywoodcreeklions.ca

CALGARY WOODCREEK LIONS CLUB IS CELEBRATING OUR 16TH YEAR - August 2017

Our Calgary Woodcreek Lions Club meets at 7 PM on the 2nd and 4th Mondays of each month at the Woodcreek Community Association Building.

WE DO NOT MEET IN THE SUMMER MONTHS -- JULY & AUGUST

RETIRED / LOOKING TO HELP / LOOKING FOR SOMETHING TO DO

- Surprisingly we have something you might be interested in doing!

Anyone is welcome to come to our meetings – If you require more info. Please call Lion Dennis Belanger 403-660-1201 or email magicmtn@telusplanet.net

WE CONTINUE OUR WORK WITH THE BLOOD DONOR CLINICS

Next clinic is August 12 from 9 am – 3 pm - call and make appointment - blood banks are low during the summer - clinics at Cardel Sports.

MARK YOUR CALENDARS FOR WOODCREEK LIONS

Community Garage Sale - Proceeds to WCA

September 16 at 9 am to 2 pm - drop off on Friday Sept 15 at 5 - 8 pm

No large furniture, no mattresses, no appliances, no clothes. At the Woodcreek Community Center.

We thank the community in advance for your always generous donations and support.

SCHOLARSHIP WINNERS will be notified by the end of august – as the deadline for submissions was July 31, 2017.

The successful candidates will receive a call from the committee.

Over the last 6 years we will have given out \$ 59,000 to postsecondary students

HOPE YOU ALL HAD A GOOD TIME AT THE HULL / WCA STAMPEDE

Even though it was wet – all that came seemed to have fun.

STAMPS SW BBQ IS BACK - AUGUST GAMES ARE 1ST & 26TH

Any questions can be emailed to info@calgarywoodcreeklions. ca or go to the Calgary Woodcreek Lions website http://www. calgarywoodcreeklions.ca for more info.

Calgary Woodcreek Lions Club Presents



Lions Centennial Gala

A Benefit Concert for STARS & Hull Services

Performances celebrating Canadian artists and the holiday season. Featuring Silver Stars Musical Revue Society, Prairie Mountain Fiddlers, Calgary & District Round & Square Dance Association. Alberta Firefighters Pipe Band. Including special guest soloists Lions Evelyn Cruz Porter and Claire Butler

> Saturday, December 2nd 7:30pm Bella Concert Hall. Taylor Centre for the Performing Arts

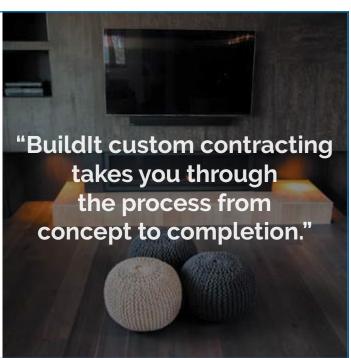
Doors Open 7pm - Tickets \$25 and \$35 Available online https://tickets.mru.ca/ and at The Bella Concert Hall Box Office 4825 Mount Royal Gate SW Calgary Telephone 403 440 7770



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Mon - Thur 8:30 am - 4:30 pm Fri 8:30 am - 12:00 noon



August and September in Fish Creek

Score an Ace for Calgary Kids - Support Outdoor **Education in Fish Creek**

Birdies for Kids presented by Altalink provides a truly remarkable opportunity for the Friends of Fish Creek to support the TD Learning Naturally program, but we need your help! Many of the students who visit the park through their TD Learning Naturally field trip experience the wonders of this cherished natural area for the first time. This program has immense potential, as any amount you donate through BFK will be matched by up to 50%. The Shaw Charity Classic will run August 30 – September 3 but you can donate now! For more information, please visit www.friendsoffishcreek.org/ birdies

25th Anniversary Brick Program

Celebrate the 25th anniversary of the Friends of Fish Creek by dedicating a brick! Show your support for the park by having a brick inscribed with a message, your name or the name of a loved one. There is a limited number of bricks available. Get yours today! For more information contact the Friends or visit www. friendsoffishcreek.org/brick

A Taste of Autumn – Wine & Beer Tasting and Silent **Auction Fundraiser**

Friday, Sep. 15, 2017 6:30 - 9:30pm Meadow Muse Pavilion, Bow Valley Ranch, Fish Creek **Provincial Park**

Celebrate the Friends 25th Anniversary at *A Taste* of Autumn - Wine & Beer Tastina and Silent Auction Fundraiser. Sample beer and wine from local producers and enjoy a presentation from Kevin Van Tighem, keynote speaker and author of Our Place/Changing the Nature of Alberta. A Taste of Autumn also provides a great opportunity to meet with the Friends' Board of Directors and bid on amazing silent auction items donated by local organizations, www.friendsoffishcreek.org/ autumn17

Autumn Birding

Autumn is one of the best times of year for birding, during which you can see, hear and learn about more than 150 bird species. In Calgary we are fortunate to have an abundance of natural areas and waterways where birds congregate. All birding course sessions are held in the great outdoors - in Fish Creek Provincial Park and other natural areas. Outings are conducted by Gus Yaki, a lifelong naturalist who has birded around the world - and other experienced instructors. Course starts September 4. Registration required and fees apply. www.friendsoffishcreek.org/programs/birding-course

Planned Giving for Healthy Families - Leaving a Legacy, Planning Your Estate, and Charitable Giving

Wednesday, September 27, 7:00 pm - 8:00 pm Presented by Aaron Bickman, Trust and Estate Practitioner in the Wills & Estates group of McLeod Law

Creating a solid and comprehensive estate plan will minimize the tax your family pays, ensure harmony within your family, preserve wealth and protect your family's future. To ensure the proper management and distribution of the funds you leave behind, it is important to learn when to change or update your will and what happens if you do not have a will. Learn why proper estate planning is important, what documents you need to have in place, and the basics of planned giving with a focus on charities that you value the most. www.friendsoffishcreek.org/event/plan

Wellness in Fish Creek!

Experience Yoga, Spring Forest Qi-Gong, Full Moon Guided Meditations, and Painting Courses, all held outdoors in beautiful Fish Creek Provincial Park. Engage your senses in the outdoors and allow the beauty of the park's natural surroundings to nurture and support physical, mental, and spiritual health and creativity. For more information visit www.friendsoffishcreek.org/ programs/wellness-clinics

Photography Minibus Course with Bob Bakker

Learn some of the basics of Photography. Tour Fish Creek Provincial Park in the open-air minibus, while making a few stops along the way take some photos, try out technique, and ask questions.

Bring your camera, camera manual, and enthusiasm. www.friendsoffishcreek.org/programs/minibus



Residents of partnered communities' pay 20% less for memberships than those who reside outside partnered communities. Phone: 403-278-7542 or see www.tricocentre.ca to find out more.

August at Trico Centre

Trico Centre for Family Wellness is a non-profit, community-owned and operated recreation facility. Our passes are affordable and our programs are family-friendly. With a pass, you can work out in the fitness centre, take more than 70-drop-in fitness classes a week, use the gymnasium, swim, skate, or play shinny, plus you get 20% off our fun, active registered programs. Trico Centre supports community: a small portion of your pass fee is sent to your community association.

Day Camps

- Register now for summer day camps: ages 3 to 14; full day and half-day camps, early care and late care.
- Don't need a full week of camp? Come to daily camps for a full day or half day, 6-12 years and NEW this summer for 3-5 years too!
- · Camp leaders are experienced, trained and committed. Each camp has 1 or more leaders and volunteers.
- Featured camps for 6-12 years: Canada 150 Play, Discover Calgary, Harry Potter Camp, and Just for Girls. Cool Camps for preschoolers include Sportarama, Nature Wonders, Kinder Karate, and Mini Chefs.

Adults/Older Adults

- Summer adult registered fitness: Focus on Powerlifting, Focus on Learning the Basics, Strong is the New Skinny: Weight Training for Women by Women, Straighten Up Posture Series, and Myofascial Stretch and Release.
- First Aid and CPR training: August dates, check Spring Summer Program Guide for details.
- Summer registered programs for older adults: Balance Builders Level 1 (Fall Prevention), Balance Builders Level 2 (Bones and Balance), Chair Yoga, Straighten Up Posture Series.

Children & Youth

 Summer registered child and youth programs: Summer Outdoor Soccer (16-24 months, 2-3 years, 3-5 years, 6-8 years), Dance with Me (2-3 years with parent), Gotta Dance (3-5 years), Little Ballerina 3-5 years), Kinder Gym Kids (4-6 years), Sportarama (3-4 years),



Explorasport (4-6 years), DANCEPL3Y Kids (6-12 years.) See Spring Summer Program Guide or www.tricocentre.ca for details.

- Register now for summer swim lessons: parent & tot, preschool, Swimmer, and Swim Patrol.
- July 17-21 is registered skating and hockey week: skating lessons all levels, intro to hockey (4-5years, 6-8 years, adult & child) and powerskating/hockey (7-12 years.)
- NEW SUMMER FUN: Summer-only fun registered programs for kids aged 6 and up: Rhythmic Gymnastics, Circus Arts, Cross Country Running, Badminton Club, and Dodgeball. See www.tricocentre.ca for details.

Canada 150 Play List Event at Trico Centre

• Saturday, September 2 from 10am to 2pm - come to Trico Centre and complete 20+ events from the Canada 150 Play List including dodgeball, boxing, rowing, skating, karate, Pilates, cycling, tag, kinball, stick pull, and more. Check www.tricocentre.ca for details in the coming weeks.

Registration for Fall Programs

• Registration for Fall programs is ongoing. Check the new program guide – online and in our stands.

Trico Centre is located at 11150 Bonaventure Drive SE. Phone: 403-278-7542 or see www.tricocentre.ca to find out more.

A total solar eclipse—the aligning of the Sun, Moon and Earth—will occur on August 21. The total phase will not be visible in Calgary, but can be observed as a partial solar eclipse here. It will be at its maximum at 11:33 a.m., so get out your pinhole camera and enjoy the spectacle; the last one was in 1979.



We are accepting new patients.

Dr. Kayode Oloniyo and Dr. Yasmine Halat

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Women's Health Appointments **AVAILABLE WEEKLY**

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Junk Removal \$325 a load

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Community Preparedness Building Safe Communities Program

As Calgarians we know that emergencies can affect our communities at any point. Many emergencies may not be preventable but we can minimize the risk by being prepared. Here is a list of ways you and your neighbours can be prepared.

1. Know your neighbours

If an emergency does arise, if you know your neighbours you can readily identify neighbours who may have special needs, mobility or those who need additional assistance in an event of emergency.

2. Know the potential risks and hazards in your community

The more residents are aware of areas in their community that are potential risks, the better prepared a community can be. Be proactive!

3. Know the evacuation routes

Knowing how to get of your neighbourhood can reduce traffic congestion and allow for emergency personal easy access.

Emergency numbers, Calgary and area:

- Ambulance, Fire, Police, Hazardous Materials Spills: 9-1-1
- Gas Emergency ATCO Gas: 403-245-7222
- Electrical Emergency ENMAX Power: 403-514-6100
- All other City services: 3-1-1
- Poison & Drug Information Service: 1-800-332-1414
- Calgary Emergency Management Agency 3-1-1: calgary.ca/cema



YOUR CITY OF CALGARY

Improving stormwater drainage for SW communities

The Community Drainage Improvements program was launched in 2010 to mitigate flooding in areas throughout the city. Drainage studies were undertaken to identify solutions for communities frequently hit by flooding due to extreme rainfall. Such solutions can include adding additional storm drainage pipes, increasing the size of pipes, and adding wet or dry storm ponds to help manage stormwater.

In recent years the communities of Woodlands, Woodbine, Cedarbrae and Braeside have experienced an unusually high number of high volume rainfall events.

These communities currently have a storm level service of a one-in-five year rainfall event or less. That means that there is a 20 percent chance (or greater) that the storm system will not handle rainfall events causing local flooding in any given year.

Drainage improvements being looked at for these communities target a 1-in-50 year level of service. Once upgrades are in place there will be a two percent chance in any given year that rain events would overwhelm the storm system.

Installation of a dry pond

The City of Calgary will be constructing a new dry pond in the fields located east of the John Ware and St. Benedict schools. This dry pond will greatly reduce flooding during extreme rain events, specifically the flooding that occurs at the intersection of Southland Drive and Braeside Drive. Construction is expected to begin in the fall of 2017 with completion by fall of 2018. The fields will remain inaccessible to the public for the entire duration of construction.

Construction impacts

Construction of the dry pond consists of earthworks (excavation and grading), underground piping and landscaping. Construction impacts will include:

- · Increased traffic to site (construction crews, trucks hauling materials to and from site) on Southland Drive and on Palliser Drive
- Construction noise

- Fields will remain fenced off and closed to the public for the duration of construction
- Traffic and sidewalk detours

Community benefits

The dry pond will significantly reduce flooding that occurs at Southland Drive and Palliser Drive, and along Braeside Drive. During heavy rainfall, overall vehicle and pedestrian safety will be improved, traffic congestion reduced and emergency vehicle access unimpeded by flooding. John Ware and St. Benedict schools will each receive a new soccer field (two in total) and a new baseball diamond will be built allowing for more recreational opportunities for the community.

For ongoing updates visit Calgary.ca/WWCDI.

Fire pit regulations help create good neighbour relationships

When you ask Calgarians what they love about this city, the answer is often "the people". While most of us do our best to be good neighbours, sometimes we need a little guidance to do the right thing. That's where the Community Standards Bylaw comes in.

Did you know that the Community Standards Bylaw lays out the requirements for using backyard woodburning fire pits? The regulations for fire pits include:

- · Using a mesh screen or spark guard to reduce the spread of embers and sparks
- · Extinguishing the flame by midnight on weekdays and 1 a.m. on weekends
- · Restricting the height of the flame to one metre
- Building a fire pit within maximum size limits
- Listing materials that cannot be burned
- Ensuring the fire pit is at least two metres from other structures and is not under a tree or overhanging branches
- Ensuring you have a means of extinguishing the fire on hand and that you put it out before you leave it unattended

Fines for unsafe fires and burning prohibited materials have recently been increased, so it pays to understand the bylaw. For more information, visit Calgary.ca/firepits. If you have a concern or complaint about fire pits, call 311.

Backyard Fire Safety tips from your Calgary Fire Department

Enjoying a recreational fire in your backyard can be a great way to spend a summers evening. Here are some Safety and bylaw considerations for you.

- Always confirm that a Fire Ban is not in effect before starting a fire for recreational purposes.
- Fires may only be burned in fire pits between 10 a.m. and 1 a.m.

Rules for Fire Pits:

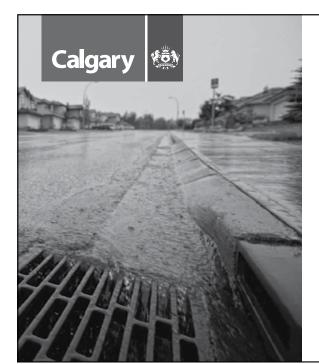
- Backyard fire pits should be built into the ground, on brick or stone, or in a fire-proof container. Portable fire pits may be used on a deck as long as they sit on brick or stone, and not directly on your wooden deck. Always refer to the Fire pit manufacturer for approved fir pit locations.
- 2. Fire pits must be at least two metres away from your property line, house, garage, or fence.

- 3. Fire pits must **NOT** be under any trees, branches, plants or other materials that can catch fire.
- All fires in your fire pit must be kept to a reasonable size; 1 metre high and wide.
- A mesh screen or "spark guard" is now required in order to reduce the spread of embers. The openings of the mesh must not be greater than 1.24 cm.
- 5. Only burn clean, dry firewood.

7. Do Not Burn:

- Wood that is painted, treated or contains glue or resin
- Wet or green/fresh cut wood
- Yard waste (cut grass or leaves)
- Garbage
- Rubber or plastic
- Furniture
- Always have a way to extinguish the fire in the event of an emergency. Easy options are having your watering hose or a bucket of water nearby.
- 9. All fires in your fire pit must never be left unattended.
- Aside from safety considerations, not following these rules can lead to fines of \$500, \$1000 or even \$5000.

For more information go to Calgary.ca/fire.



Improving stormwater drainage in your community

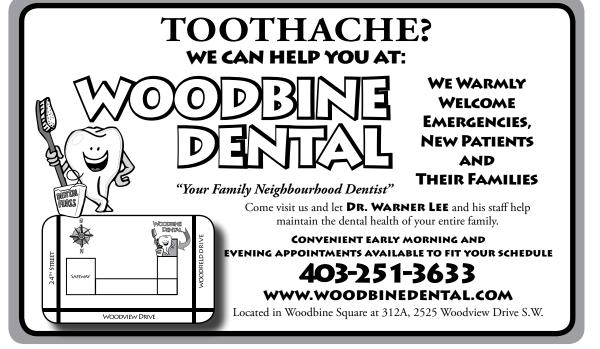
In recent years, Woodlands, Woodbine, Cedarbrae and Braeside have had an unusually high number of heavy rainfall events resulting in flooding.

To better manage this stormwater, recommendations from a drainage study include a dry pond and upgrading existing drainage infrastructure. Work will begin in your community in August.

To learn more and stay up to date, please visit calgary.ca/wwcdi

17-14







Summer Safety

Happy August, everyone!

With summer in full swing we hope you have been enjoying long days, warm sun and family holidays! If you are planning to hit the road with your pet here are a few simple tips to make the holidays run smoother.

- 1. Never, ever, leave an animal in a car. Hot cars are dangerous for pets and people alike. On summer days, the temperature inside a parked vehicle begins to climb immediately and can reach dangerous levels in as little as 10-15 minutes. Even a few moments in a hot car can lead to heat stroke and even death. Cracking the windows or leaving water in the car is not enough to keep the heat manageable. If you know you will be stopping leave your pet at home or bring someone else along who can take your pet for a walk in the shade while you pick up what you need.
- 2. Watch out for Fido at the BBQ! As with your kitchen at home, if you are cooking or carrying hot foods it pays to keep your pets out from under foot. In the case of social gatherings, ask your guests not to share food with your pets and to pick up any food that is dropped. Rich summer foods like ice cream, hamburgers, hotdogs and chips can cause digestive upset or even problems like pancreatitis in some pets.
- 3. Think safety when it comes to social situations! Just like people not all pets are keen to be friends. When out for a walk, keep your dog on a leash and under control at all times. Avoid letting your dog greet other dogs without first asking the owner. When at a location like a dog park, pay attention to the body language of your dog and any other dogs in the area to watch for signs of stress or conflict. Unsure about what to look for? Check out our free animal training resources at www.calgaryhumane.ca.
- 4. Travelling? Plan ahead! Summer road trips can be fun for both pets and people, but they do require some advance planning. Before hitting the road, visit your vet to update any necessary vaccines or health certificates and ensure your pet's microchip/tattoo in-

formation in up to date. Load your pet's information. including a photo or two onto your smart phone just in case your pet gets lost. When you are packing include extra food and medication for your pet in case you are delayed in getting home. Finally, the safest place for your pet in a vehicle will be in a crate or restrained by a seatbelt harness. Bringing your pet's bed or some favorite toys will provide comfort for the ride.

Do you have more questions about summer safety and your pet? Curious about some behaviour you saw at the dog park? Want to find out more about adopting a new family member? Check out our website at www. calgaryhumane.ca for information and resources!



COMMUNITY ANNOUNCEMENTS

Deadline: 1st of each month for the next month's publication. Please contact wca@woodcreekcommunity.ca.

Community Announcements are free of charge with a paid community membership to advertise household items for sale, wanted, garage sale, lost/ found, general interest announcements or student/ senior services, etc. Forty word limit.

BUSINESS CLASSIFIED ADS

Business Classified Ads are available through the newsletter publisher, Great News Publishing at \$37.00 per ad per month (plus GST). Please contact Great News Publishing at 403-263-3044 or e-mail sales@ great-news.ca. The cost of producing this newsletter is offset by Display and Business Classified advertising sold directly to commercial interests.

Woodcreek Community Association and Great News Publishing do not endorse any products or services offered by advertisers.

LOST: iPad Air with red apple flip cover case. Many thousands of memories of pictures, especially my mom's last trip home to Saskatchewan. Please call Barb 403-630-2313 if found. Thank you.

ANNUAL USED BOOK SALE: Saturday, September 16, from 9 a.m. to 3 p.m. Holy Spirit Church: 10827 -24th street SW. All books are 50¢. All funds raised will go to scholarships. Thank you. For information call Gail Poshtar, 403-281-7666 or 403-803-6543 or email gailposh@telusplanet.net.

WOODCREEK ROAD RUNNERS: Are you a runner in SW Calgary and interested in group runs? Commencing Wednesday August 23rd please come by the east side of the Woodbine Safeway at 7:00pm for a meet and greet and an evening run, all levels welcome. After years of running experience and coaching I look forward to developing a long term run club based in the Woodlands/Woodbine community. My name is Don Mann and you can call me at 403-620-3036 or donsherrymann@gmail.com

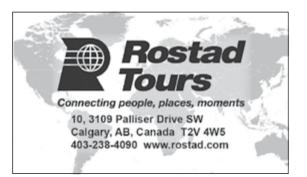


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ELECTRICITY IS NOT A HOBBY: Call a licensed Flectrician and Pot Light Specialist. No job is too small. Excellent rates. Please call John at 403-281-5002 / 403-708-6555.

BEST HOT WATER TANK PRICES IN TOWN: 40 Gal-Ion Bradford White \$800 installed, 50 Gallon Bradford White \$975 installed, X-Stream Plumbing And Heating Ltd. Serving your community for over 20 years. Free furnace quotes, furnace repairs and replacements, plumbing repairs, drain cleaning, renovations, basement development, gas-fitting. Licensed and insured. Call 403-726-2226.

ABOVE & BEYOND CONSTRUCTION LTD.: Serving Calgary for over 25 years. For free estimates on any interior or exterior renovations, additions, basement development, kitchens, bathrooms, flooring, painting and roofing division etc. Check us out at www. aboveandbeyondconstruction.ca or call 403-278-3433.

ALL TYPES OF DRYWALL: Boarding, taping, and texturing. Complete basement developments and renovations. Licensed and insured. References. Call Austin Construction 403-852-2785.

GARAGES, DECKS, RENOVATIONS: We are locally and provincially licensed, bonded, insured, with an A+ BBB rating. We would love to work with you on your home projects! Please visit www.bigcitydevelopments.com to view some of our completed projects, then call 403-612-8220 for a free consultation.

GARDENING: Want more time to enjoy your garden? Let our team of mature, detail oriented gardeners care for your flower beds on a weekly, bi-weekly or monthly schedule. We will weed, cultivate, prune shrubs, manage pests, fertilize, and divide and relocate plants if needed. We have been maintaining gardens of all sizes in south Calgary for over a decade. For a free estimate, call GardenWise at 403-278-6109. Our name says it all.

WELL EXPERIENCED HOUSE CLEANER AVAILABLE: Very thorough. Excellent references. I do weekly, biweekly or monthly cleanings. I also specialize in post construction clean ups, move in or move out cleanings as well. Please call Malou at 403-698-3958.

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BRICOR ROOFING LTD.: Concerned about your roof and need a quote? Bricor Roofing has been expertly installing quality roofs since 1983 and is ready to work for you. We are fully insured, licensed, with WCB coverage and certified by our shingle manufacturers. For a free quote: 403-720-3582 or online: www.bricorroofing.com.

HOME STAGING CONSULTATION: Captivate home buyers by improving the marketability of your property with a detailed staging consultation at a competitive rate. Home staging highlights your home's appeal to sell in less time. Website: captivatehome.ca, email, captivatehomestaging@gmail.com.

YARD BUSTERS LANDSCAPING: Snow removal \$129.95. Some conditions. Landscape construction and yard renovation: stone patios, walks, raised beds and rock walls, synthetic grass, sod and trees and shrubs, landscape lighting, water features and decks and fences and superhero window cleaning. Licensed. Insured. Seniors discount. Phone: 403-265-4769. yardbusterslandscaping.com.

HARMONY LANDSCAPES INC: A small landscaping company with big landscaping experience! Let us take care of your landscape designs, installation and maintenance needs. Now booking spring clean-ups. Call today! 403-629-5842 or email harmonylandscapes@live.ca.

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Renovation experts. Complete renovations from start to finish. Interior - kitchens, bathrooms, basements, windows, doors. Exterior - roofing, siding, soffit, eavestrough. Members of BBB, licensed and insured. Email: info@disciplehomes.com, 403-207-5708, www. disciplehomes.com. Visa and MasterCard accepted. Financing available upon approval.

JUNK TO THE DUMP / ODD JOBS: Disposal of any household unwants. Reno clean-ups. Move in/out garbage removal. Disposal/recycling of appliances/ electronics. Reno moves. Very prompt service, best prices and satisfaction always quaranteed! We load. Senior discount. Please call Sanil for your free estimate at 403-616-2758.

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A 24 hour residential service company with qualified journeyman plumbers. As qualified journeyman plumbers, we are here to address any issues for you. We are your local plumbing and heating experts - call us first and let our service shine! Call 403-875-0166 or Email: doublediamondplumbingltd@gmail.com. www. doublediamondplumbingltd.com.

GIBBS ELECTRICAL SERVICES LTD: Family owned and operated since 2010. Offering all residential and commercial electrical services. Master Electrician with over 17 years of experience. WCB coverage, fully insured and bonded. For our current specials and your free estimate please call Chris @ 403-710-4411. Visit us online at www.Gibbs-Electric.com.

HUNTER'S HEATING AND COOLING: Woodbine-based Red Seal journeyman committed to honest, quality work and fair pricing. Top Quality Lennox Air Conditioners and Furnaces. We also install tank-less hot water heaters, garage heaters and more. Payment plans available. For a free quote and trustworthy advice, call Breck at 403-969-2735 or visit www.huntersheating.com.

KLEIN HOME IMPROVEMENTS: Bathroom renos, tiles, drywall and taping, interior doors and mouldings. Interior and Exterior painting, complete basement development. Licensed, insured, referrals, competitive rates. Call 403-680-3259.

THE GUTTER DOCTOR! We install, fix and clean eavestroughs and downspouts. We also install and fix fascia, soffit, drip-edge, siding, roofing, cladding. Over 20,000 happy customers since 2003! Insured and guaranteed work with references. We take pride in doing a good job. A+ rated BBB Member. 2017 Consumer's Choice Award Winner, www.gutterdoctor.ca 403-714-0711.

NEW, RENO AND REPAIRS: Stucco, siding, stone, soffit and fascia, gutters, painting. 40 years' experience, insured and guaranteed work. Many local neighbourhood references and examples to look at. Call Poldom Construction - Julian at 403-804-0974.

ROOFING, 5 YEAR WARRANTY: Express reroofing - shingles, flat, cedar, tiles, insurance claims. Consultative approach, pre-installation inspection. 23 years of experience. E-mail or call with your name and address and we will provide a free estimate within 72 hours. P&S Construction and Roofing: estimates@psroofing.ca. Slavek, 403-835-1393. Paul 403-714-3644.

ROCK'IN LANDSCAPES: Offers landscape construction services such as delivery of any materials (loam, gravel, rock, etc.). Bobcat services (grading, post holes, parking pads, etc.). Landscape construction (tree/shrub planting, patios, rock walls, etc.). 25+ years' experience, informative, reliable. Call Ken 403-259-5226.

SCHECK TILE & STONE: A professional with over 20 years of experience from Germany and Canada offers you high-quality installation of porcelain and ceramic tiles: mosaics and natural stone in bathrooms, kitchens and fireplaces. All types of wall and floor tiling, as well as click/interlocking flooring. Contact Alex at 403-402-8923.

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~continued next page~

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INTERIOR PAINTING: Ready for a change? A fresh coat of paint throughout your home may be just what you need. Unique Interiors will do the job for you or work along side you. We can teach you painting techniques and offer advice on painting supplies.18 years' business experience, references call Colleen at Unique Interiors 403-830-3456.

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VERN'S INSTALLATIONS & HOME REPAIRS: Affordable for all window coverings and home repairs. Plus 40 years' experience, caring for your home as much as you do. Just a call, text or email away. C: 403-771-1344 or email: blindmedic@telus.net.

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MAKING YOUR HOME SPARKLE: Spotless and Smelling wonderful, we provide all types of cleaning services. We love to clean, so let us do the work for you! Call Ally 587-583-2046.

HANDYMAN! Need help around the house? Big or small jobs! My services include bathrooms, drywall, mudding, painting, flooring, decks, fences, basements and much more, contact Peter at 403-671-0646 or by email at info@wprenovations.ca.

HOME BUSINESS OPPORTUNITY: Clinicair is the leading provider of Indoor Air Quality and Medical Grade Duct Cleaning services in Canada. We are looking for a dealer in Calgary to represent our growing company. We offer a royalty free business. Clinicair supplies you with the latest technology, and training. Call Craig: 1-416-277-6067.

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WOODLANDS FAMILY MEDICAL CLINIC: Walk-ins are welcome. Open Monday - Friday: 9:00am - 8:00pm and Saturdays: 10:00am- 3:00pm. Male and Female Doctors Available! Women's Clinic available monthly at this Clinic. Call 403-453-3833 to book appointment, or simply walk in.

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CHILDCARE / DAYHOMES

WOODBINE DAY HOME: Full-time and before and after school care for 2 years old to grade 6. We back onto Woodbine Elementary school park and pick up/drop off to this school. Some other schools may be possible. High quality meals and snacks. Red Cross and police clearance. Loads of space with lots to do! Contact Marianne for more details, 403-238-2348 or mariannesimms@shaw.ca.

LESSONS / TUTORS

PIANO LESSONS: Offered by experienced, enthusiastic teacher with European background. Individualized approach for every learning type. Exams, recitals, festivals are offered. Register for September and receive the best time table. For more information call Sonia 403-305-8543 or email gellersonia@gmail.com.

PIANO AND KEYBOARD LESSONS: Oualified and experienced instruction of classical, popular and theory. Exam and recital preparation or learn for personal enjoyment. Programs for ages 5 and up. Adults welcome. "Nurture Your Child's Individual Music Ability". For fall registration, call Lydia 403-281-4406.

PIANO LESSONS: Reasonable rates. Preparation for Toronto Royal Conservatory of Music exams, both in practical piano and theory, as well as contemporary music. Ages 6 to adult welcome. Lots of spaces available for home-schooled students in the early afternoons. Woodlands area. Contact Kathryn: 403-281-7955.

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PROFESSIONAL MUSIC LESSONS: Discover your potential with music lessons at Sak's Music. A friendly atmosphere with caring, professional teachers offering lessons in all styles and most instruments including voice. From beginner to advanced, just for fun or conservatory prep. Nine studio teaching rooms and convenient times, day or evening. 403-251-2443.

MISCELLANEOUS

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WOODLANDS SOFTWARE: Set up an on-line store for selling your small business products using PDshop. An example website is at www.jjhcraig2.com. Please call John at 403-481-4259.







Councillor, Ward 13

- **Diane Colley-Urquhart**
- ✓ dcolley@calgary.ca
- 403.268.1624
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- f Facebook.com/dianecu
- CouncillorDiane.ca

Road and Pedestrian Safety in Ward 13

With the summer break in full swing, and the summer driving season upon us, Ward 13 and its residents must ensure traffic safety is top of mind. Thanks to the tireless work of City staff, many of the concerns raised during the Traffic Tour were reviewed by the Roads department with many seeing immediate attention directly from Troy McLeod, Director of Roads.

Rectangular Rapid Flashing Beacon Installations (RRFB) Listed below are the RRFB installations completed this year in Ward 13:

- Shawnessy Boulevard & Millrise Square SW (East Crosswalk)
- Bridleridge Way & Bridlewood Road SW (South Leg)
- Woodbine Boulevard & Woodfield Way SW (West Leg)
- Millrise Drive & Millcrest Road SW (East Leg)
- 6th Street & Shawnee Drive SW (East Leg)
- In addition to the RRFB list, below is the list of planned signals for this year and helpful links regarding traffic safety.

New Signal Installations

- James McKevitt Road & Millrise Way/Shawnee Street SW (Developer)
- 162 Avenue & Macleod Trail SE (Transportation Infrastructure)

Traffic Calming Curbs Installations

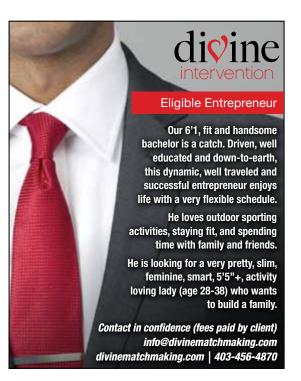
- Everridge Drive & Everwoods Gate SW
- 24th Street & Eversyde Avenue SW
- Everridge Drive & Evermeadow Ave SW
- Everridge Drive & Everridge Road SW
- Everridge Drive & Everstone Drive SW

Glenmore Dam Update and Closure

Residents of Ward 13 enjoy one of the more expansive pathways in The City, with many frequenting the top of the Glenmore Dam, an integral part of the SW pathways. This fall, pedestrians and cyclists will lose access to the top of the dam as The City approved an \$82mil renovation project to improve flood protection along the Bow River. The renovation will mean closure to the public for three years beginning in autumn until 2020.

The City recently completed a tunnel under the Elbow River, just downstream of the dam. A new water feeder main and a natural gas line we built inside that tunnel, which clears the way for the removal of those utility lines that are currently running across the top of the dam. That structure is needed to operate new steel control gates, which will boost the reservoir's capacity.

The new gates replace an older system of wooden stop logs. However, even with the improvements, it won't prevent all flooding downstream on the Elbow River but will help mitigate damage. The City is applying to have the province pay \$10mil balance coming out of The City's capital budget.







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